

## Valley District Meet - 5/18/2022

## Spotswood High School

## Results - Meet Order

**Event 6 Girls 4x800 Meter Relay**  
Region: 9:55.24 # 1996

Norris, Thomas, O'Connell, Fu

Team	Relay	Finals
<b>Finals</b>		
1 Rockbridge County	A	11:12.59
1) Rolon, Grace	2) Black, Nicole	
3) Timmes, Megan	4) Ludtke, Deena	
2 Turner Ashby	A	12:54.52
1) Teshome, Eliana	2) Wilburn, Lauren	
3) Olah, Maggie	4) Anderson, Audrey	

**Event 5 Boys 4x800 Meter Relay**  
Region: 8:10.43 # 2008

Nafziger, Clopper, thomas, Wenos

Team	Relay	Finals
<b>Finals</b>		
1 Rockbridge County	A	8:54.97
1) Ivins, Jacob	2) Imler, Jordan	
3) Roney, Evan	4) Brannon, Andrew	
2 Broadway	A	9:02.78
1) Kerr, Jayden	2) Nelson, Luke	
3) Armentrout, Rhett	4) Showalter, Scott	
3 Spotswood	A	9:16.62
1) Heeringa, Ian	2) Tomei, Ben	
3) Lam, Dylan	4) McClure, Kasey	

**Event 10 Girls 100 Meter Hurdles**  
Region: 15.18 # 2013

Name	School	Finals
<b>Finals</b>		
1 Flory, Mia	Turner Ashby	20.47
2 Watts, Natalie	Broadway	20.63
3 Flora, Natalie	Broadway	21.39

**Event 9 Boys 110 Meter Hurdles**  
Region: 14.74 # 1992

Name	School	Finals
<b>Finals</b>		
1 Amlacher, Joey	Turner Ashby	17.18
2 Ennis, Jordan	Broadway	19.15
3 Galgano, Ole	Spotswood	20.02
4 Gilette, Aiden	Turner Ashby	21.25
5 Beck, Kristian	Broadway	21.44
6 Estep, Caleb	Broadway	22.18

**Event 8 Girls 100 Meter Dash**  
Region: 12.24 # 1996

Name	School	Finals
<b>Finals</b>		
1 Shifflett, Avrie	Turner Ashby	12.87
2 Doss, Madison	Spotswood	12.91
3 Cyzick, Makenzie	Turner Ashby	13.47
4 Ryan, Mia	Broadway	14.16
5 Frias, Azari	Spotswood	14.25
6 Navarro, Dial	Spotswood	14.31

7 McCoy, Anna	Turner Ashby	14.48
8 Marando, Mia	Rockbridge C	14.59
9 Good, Hannah	Broadway	14.92
10 Mejia, Melissa	Rockbridge C	15.32

**Event 7 Boys 100 Meter Dash**

Region: 10.75 # 1992

Jermaine Thurston

Name	School	Finals
<b>Finals</b>		
1 Gonzalez Santiago, Jowell	Broadway	11.21
2 Quintanilla, Jalin	Turner Ashby	11.42
3 Mackey, Conner	Spotswood	11.65
4 Spence, Justen	Turner Ashby	11.67
5 Shickel, Sam	Turner Ashby	11.73
6 Shank, Micah	Turner Ashby	11.76
7 Kim, Kris	Spotswood	11.89
8 Post, Ryder	Broadway	12.06
9 McCain, Luke	Turner Ashby	12.35
10 Goins, Tristin	Broadway	12.36
11 Howald, Hunter	Rockbridge C	13.54
12 Miller, Brady	Spotswood	13.78
13 Martin, Scottie	Rockbridge C	14.16
14 Pfaff, Spencer	Rockbridge C	14.26

**Event 20 Girls 1600 Meter Run**

Region: 5:13.94 # 1996

Melanie Matthews

Name	School	Finals
<b>Finals</b>		
1 Craun, Rachel	Turner Ashby	5:37.90
2 Dickel, Ashland	Spotswood	5:40.46
3 Dickel, Marika	Spotswood	5:40.59
4 Ludtke, Deena	Rockbridge C	5:51.87
5 Anderson, Audrey	Turner Ashby	6:31.45
6 Teshome, Eliana	Turner Ashby	6:57.09

**Event 19 Boys 1600 Meter Run**

Region: 4:13.74 # 1991

Mark Smith

Name	School	Finals
<b>Finals</b>		
1 Kramer, Russell	Spotswood	4:31.17
2 Roney, Evan	Rockbridge C	4:35.28
3 Sigmon, Brody	Spotswood	5:01.19
4 Kerr, Jayden	Broadway	5:02.21
5 Mussie, Bisrat	Turner Ashby	5:03.96
6 Gibbs, Will	Rockbridge C	5:20.09
7 Miller, Alexander	Rockbridge C	5:26.59
8 Kramer, Troy	Spotswood	5:32.03
9 Kulp, Evan	Turner Ashby	5:32.72
10 Diehl, Gavin	Broadway	5:45.98
11 Curry, Jackson	Turner Ashby	6:08.15

## Valley District Meet - 5/18/2022

## Spotswood High School

## Results - Meet Order

## Event 2 Girls 4x100 Meter Relay

Region: 49.77 # 2009

Mitchell, Matthews, Moubray, Young

Team	Relay	Finals
<b>Finals</b>		
1 Spotswood	A	55.48
1) Navarro, Dial	2) Frias, Azari	
3) Collazo, Lis	4) Dabaghyan, Anna	
2 Rockbridge County	A	1:00.29
1) Mejia, Melissa	2) Mastin, Elizabeth	
3) Singleton, Zhyasia	4) Marando, Mia	
--- Turner Ashby	A	DQ
1) McCoy, Anna	2) Fox, Adara	
3) Cyzick, Makenzie	4) Shifflett, Avrie	

## Event 1 Boys 4x100 Meter Relay

Region: 43.24 # 1995

Alexander, Bell, Banks, Webb

Team	Relay	Finals
<b>Finals</b>		
1 Turner Ashby	A	44.35
1) Shickel, Sam	2) Shank, Micah	
3) Spence, Justen	4) Quintanilla, Jalin	
2 Broadway	A	46.67
1) Goins, Tristin	2) Knicely, Cole	
3) Post, Ryder	4) Hinkle, Davis	
3 Spotswood	A	48.98
1) Harding, Jonathan	2) Kim, Kris	
3) Miller, Brady	4) Galgano, Ole	
4 Rockbridge County	A	53.75
1) Martin, Scottie	2) Howald, Hunter	
3) Pfaff, Spencer	4) Buren, John	

## Event 16 Girls 400 Meter Dash

Region: 56.74 # 1996

Keena Schuler

Name	School	Finals
<b>Finals</b>		
1 Doss, Madison	Spotswood	1:01.89
2 Driver, Taylor	Broadway	1:02.36
3 Fox, Savannah	Broadway	1:06.09
4 Sanders, Ella	Turner Ashby	1:06.68
5 Stasyuk, Anna	Turner Ashby	1:09.35
6 Koogler, Annabeth	Spotswood	1:10.46
7 Collazo, Lis	Spotswood	1:10.90
8 Olah, Maggie	Turner Ashby	1:12.35

## Event 15 Boys 400 Meter Dash

Region: 49.64 # 1995

Clay Rein

Name	School	Finals
<b>Finals</b>		
1 Kerr, Joseph	Broadway	52.19
2 Amlacher, Joey	Turner Ashby	52.26
3 Mackey, Conner	Spotswood	53.68
4 Parlee, Jack	Spotswood	54.68
5 Tinnell, Ryley	Broadway	54.79

6	Harding, Jonathan	Spotswood	55.00
7	Ivins, Jacob	Rockbridge C	56.74
8	Simmons, Will	Turner Ashby	56.80
9	Davidson, Ethan	Turner Ashby	59.41
10	Orebaugh, Konner	Rockbridge C	1:00.19
11	Nelson, Hans-Pieter	Rockbridge C	1:06.58

## Event 14 Girls 300 Meter Hurdles

Region: 46.22 # 2000

Erin Halle

Name	School	Finals
<b>Finals</b>		
1 Black, Nicole	Rockbridge C	54.50
2 Watts, Natalie	Broadway	55.46
3 Flory, Mia	Turner Ashby	58.64
4 Flora, Natalie	Broadway	59.59

## Event 13 Boys 300 Meter Hurdles

Region: 39.34 # 1984

Shawn O'Connell

Name	School	Finals
<b>Finals</b>		
1 Harmes, Adam	Turner Ashby	45.06
2 Ennis, Jordan	Broadway	46.18
3 Gillette, Aiden	Turner Ashby	46.99
4 Galgano, Ole	Spotswood	47.08
5 Beck, Kristian	Broadway	53.24
6 Estep, Caleb	Broadway	54.09

## Event 18 Girls 800 Meter Run

Region: 2:19.54 # 1996

Lucy O'Connell

Name	School	Finals
<b>Finals</b>		
1 Ruebke, Kate	Spotswood	2:30.88
2 Brumfield, Josephine	Turner Ashby	2:34.86
3 Ludtke, Deena	Rockbridge C	2:40.26
4 Rolon, Grace	Rockbridge C	2:41.47
5 Dabaghyan, Anna	Spotswood	2:47.95
6 McClung, Elizabeth	Rockbridge C	2:49.72
7 Brumfield, Jessie	Turner Ashby	3:12.61
8 Wilburn, Lauren	Turner Ashby	3:18.60

## Event 17 Boys 800 Meter Run

Region: 1:55.74 # 1991

Mark Smith

Name	School	Finals
<b>Finals</b>		
1 McClure, Kasey	Spotswood	2:09.98
2 Lam, Dylan	Spotswood	2:10.22
3 Heeringa, Ian	Spotswood	2:11.48
4 Showalter, Scott	Broadway	2:16.78
5 Gibbs, Will	Rockbridge C	2:19.82
6 Teter, Drew	Turner Ashby	2:20.95
7 Rogers, Daniel	Turner Ashby	2:21.05
8 Brannon, Andrew	Rockbridge C	2:21.71
9 Imler, Jordan	Rockbridge C	2:21.74
10 Armentrout, Rhett	Broadway	2:27.53
11 Tinnell, Ryley	Broadway	2:29.17
12 Missal, Max	Turner Ashby	2:50.30

## Valley District Meet - 5/18/2022

## Spotswood High School

## Results - Meet Order

## Event 12 Girls 200 Meter Dash

Region: 24.74 # 1996

Keena Schuler

Name	School	Finals
<b>Finals</b>		
1 Doss, Madison	Spotswood	26.86
2 Shifflett, Avrie	Turner Ashby	26.90
3 Ryan, Mia	Broadway	29.17
4 Frias, Azari	Spotswood	29.33
5 Fox, Savannah	Broadway	29.55
6 McCoy, Anna	Turner Ashby	29.80
7 Navarro, Dial	Spotswood	31.00
8 Marando, Mia	Rockbridge C	31.26
9 Michael-Lee, Maya	Turner Ashby	31.59
10 Good, Hannah	Broadway	32.19
11 Mejia, Melissa	Rockbridge C	32.74
12 Mastin, Elizabeth	Rockbridge C	33.18

## Event 11 Boys 200 Meter Dash

Region: 22.04 # 1992

Jermaine Thurston

Name	School	Finals
<b>Finals</b>		
1 Gonzalez Santiago, Jowell	Broadway	22.71
2 Knicely, Walker	Broadway	23.62
3 Quintanilla, Jalin	Turner Ashby	23.66
4 Mackey, Conner	Spotswood	23.87
5 Kerr, Joseph	Broadway	23.94
6 Shank, Micah	Turner Ashby	24.00
7 Kim, Kris	Spotswood	24.02
8 Knicely, Cole	Broadway	24.32
9 Parlee, Jack	Spotswood	24.39
10 Goins, Tristin	Broadway	24.79
11 Shickel, Sam	Turner Ashby	24.95
12 Ivins, Jacob	Rockbridge C	25.04
13 Amlacher, Joey	Turner Ashby	25.90
14 Buren, John	Rockbridge C	26.49
15 Orebaugh, Konner	Rockbridge C	27.31

## Event 22 Girls 3200 Meter Run

Region: 11:21.04 # 1996

Carlin Ward

Name	School	Finals
<b>Finals</b>		
1 Dickel, Marika	Spotswood	11:51.39
2 Craun, Rachel	Turner Ashby	11:51.87
3 Dickel, Ashland	Spotswood	11:52.68
4 Lantz-Trissel, Magdalena	Turner Ashby	12:43.06
5 Timmes, Megan	Rockbridge C	12:49.44
6 Brumfield, Josephine	Turner Ashby	12:55.77

## Event 21 Boys 3200 Meter Run

Region: 9:38.14 # 1983

Robert Greathead

Name	School	Finals
<b>Finals</b>		
1 Kramer, Russell	Spotswood	10:34.83
2 Kenee, Peyton	Spotswood	10:37.50
3 Salmeron, Kenneth	Spotswood	10:55.16

4 Souders, Christian	Turner Ashby	11:00.56
5 Kite, Bunte	Spotswood	11:12.33
6 Nelson, Luke	Broadway	11:37.61
7 Bair, Cooper	Turner Ashby	12:08.41
8 Kline, Ryan	Broadway	13:00.39

## Event 4 Girls 4x400 Meter Relay

Region: 4:08.40 # 2006

Moats, Slater, Coleman, Hopkins

Team	Relay	Finals
<b>Finals</b>		
1 Broadway	A	4:33.01
1) Fox, Savannah	2) Ryan, Mia	
3) Watts, Natalie	4) Driver, Taylor	
2 Spotswood	A	4:46.98
1) Ruebke, Kate	2) Dabaghyan, Anna	
3) Collazo, Lis	4) Koogler, Annabeth	
3 Turner Ashby	A	4:53.50
1) Sanders, Ella	2) Stasyuk, Anna	
3) Michael-Lee, Maya	4) Olah, Maggie	
4 Rockbridge County	A	5:01.77
1) Rolon, Grace	2) McClung, Elizabeth	
3) Mastin, Elizabeth	4) Black, Nicole	

## Event 3 Boys 4x400 Meter Relay

Region: 3:25.94 # 1984

Hill, Garrison, Finch, O'Connell

Team	Relay	Finals
<b>Finals</b>		
1 Broadway	A	3:33.98
1) Kerr, Joseph	2) Tinnell, Ryley	
3) Knicely, Walker	4) Gonzalez Santiago, Jowell	
2 Spotswood	A	3:40.81
1) Harding, Jonathan	2) Parlee, Jack	
3) Lam, Dylan	4) McClure, Kasey	
3 Turner Ashby	A	4:04.88
1) Simmons, Will	2) Ostlund, Troy	
3) Davidson, Ethan	4) Teter, Drew	
4 Rockbridge County	A	4:10.74
1) Miller, Alexander	2) Brannon, Andrew	
3) Imler, Jordan	4) Orebaugh, Konner	

## Event 34 Girls Discus Throw

Region: 131-10 # 2005

Amber Showatter

Name	School	Finals
<b>Finals</b>		
1 Miller, Katie	Turner Ashby	92-08
2 Marando, Brianna	Rockbridge C	87-05
3 Gatesmen, Lily	Broadway	79-06
4 Arey, Serenity	Rockbridge C	65-00
5 Singleton, Zhyasia	Rockbridge C	64-09
6 Pastrana, Briana	Turner Ashby	64-08
7 Hatton, Hope	Turner Ashby	44-07

## Valley District Meet - 5/18/2022

## Spotswood High School

## Results - Meet Order

**Event 33 Boys Discus Throw**

Region: 169-06 # 1995 Dillon Taylor

Name	School	Finals
<b>Finals</b>		
1 Taylor, Dillon	Spotswood	139-10
2 Garber, Cliff	Broadway	118-09
3 Post, Ryder	Broadway	104-07
4 Hoffeditz, Herschel	Broadway	99-04
5 Cruz-Bonilla, Fernando	Spotswood	95-00
6 Porter, Emikal	Turner Ashby	94-10
7 Duncan, Ryan	Spotswood	84-02
8 Batis, Ben	Rockbridge C	80-01
9 Keppell, Jackson	Turner Ashby	78-09
10 Eberly, Ethan	Turner Ashby	76-07
11 Dorey, Kellan	Rockbridge C	74-06
12 Whitten, Luke	Rockbridge C	66-11

**Event 36 Girls High Jump**

Region: 5-06 # 1986 Molly fisher/ Christina Fenske

Name	School	Finals
<b>Finals</b>		
1 Somers, Ella	Broadway	5-05.00
2 Driver, Taylor	Broadway	5-02.00
3 Good, Hannah	Broadway	4-10.00
4 Dabaghyan, Anna	Spotswood	4-08.00
5 Ruebke, Kate	Spotswood	4-02.00
5 Mastin, Elizabeth	Rockbridge C	4-02.00

**Event 35 Boys High Jump**

Region: 6-08 # 1995 Vaughn/ VanPelt/ Hinkle

Name	School	Finals
<b>Finals</b>		
1 Garber, Luke	Broadway	5-10.00
2 Mackey, Conner	Spotswood	J5-10.00
3 Garber, Ian	Broadway	5-08.00
4 Harding, Jonathan	Spotswood	J5-08.00
5 Teter, Drew	Turner Ashby	5-06.00
6 Kelley, Gageq	Turner Ashby	5-02.00
6 Moyers, Tyler	Broadway	5-02.00
6 Eckelman, Jacob	Turner Ashby	5-02.00
--- Pfaff, Spencer	Rockbridge C	NH

**Event 28 Girls Long Jump**

Region: 19-03 # 1983 Darlene Jenkins

Name	School	Finals
<b>Finals</b>		
1 Doss, Madison	Spotswood	17-01.50
2 Shifflett, Avrie	Turner Ashby	16-08.00
3 Cyzick, Makenzie	Turner Ashby	15-09.75
4 Fox, Adara	Turner Ashby	15-03.75
5 Frias, Azari	Spotswood	13-03.25

**Event 27 Boys Long Jump**

Region: 23-10.50 # 1995 Arthur Alexander

Name	School	Finals
<b>Finals</b>		
1 Gonzalez Santiago, Jowell	Broadway	19-06.00
2 Parlee, Jack	Spotswood	18-11.50
3 Briggs, Sam	Turner Ashby	18-06.75
4 Harding, Jonathan	Spotswood	18-00.50
5 Young, Calvin	Turner Ashby	17-03.50
6 Ostlund, Troy	Turner Ashby	16-10.25
7 Kim, Kris	Spotswood	16-09.00
8 Morris, Payton	Broadway	16-06.75

**Event 32 Girls Shot Put**

Region: 43-10.50 # 2011 Darquaa Scott

Name	School	Finals
<b>Finals</b>		
1 Miller, Katie	Turner Ashby	31-09.25
2 Marando, Brianna	Rockbridge C	28-07.50
3 Pastrana, Briana	Turner Ashby	26-07.75
4 Gatesmen, Lily	Broadway	24-10.50
5 Fierro, Rebecca	Turner Ashby	23-04.50
6 Singleton, Zhyasia	Rockbridge C	20-07.50

**Event 31 Boys Shot Put**

Region: 59-02 # 1995 Dillon Taylor

Name	School	Finals
<b>Finals</b>		
1 Taylor, Dillon	Spotswood	53-09.00
2 Cruz-Bonilla, Fernando	Spotswood	41-03.25
3 Rao, Casper	Broadway	40-09.25
4 Hoffeditz, Herschel	Broadway	40-08.50
5 Bieber, Blaine	Broadway	36-09.50
6 Huffman, Greyson	Turner Ashby	36-04.50
7 Duncan, Ryan	Spotswood	36-00.00
8 Porter, Emikal	Turner Ashby	35-05.75
9 Whitten, Luke	Rockbridge C	34-01.75
10 Batis, Ben	Rockbridge C	31-11.25
11 Keppell, Jackson	Turner Ashby	28-10.00

**Event 30 Girls Triple Jump**

Region: 36-11.50 # 2002 Tai Blakey

Name	School	Finals
<b>Finals</b>		
1 Doss, Madison	Spotswood	35-05.00
2 Fox, Adara	Turner Ashby	34-09.00
3 Cyzick, Makenzie	Turner Ashby	32-06.50
4 McCoy, Anna	Turner Ashby	28-00.00

**Event 29 Boys Triple Jump**

Region: 46-08.50 # 1987 Dwight Simmons

Name	School	Finals
<b>Finals</b>		
1 Parlee, Jack	Spotswood	40-02.50
2 Briggs, Sam	Turner Ashby	39-07.00
3 Harding, Jonathan	Spotswood	38-01.00

## Valley District Meet - 5/18/2022

## Spotswood High School

## Results - Meet Order

**Finals ... (Event 29 Boys Triple Jump)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
4	Ostlund, Troy	Turner Ashby	36-10.25
5	Showalter, Scott	Broadway	35-11.50
6	Simmons, Will	Turner Ashby	35-02.25
7	Galgano, Ole	Spotswood	34-06.00
8	Estep, Caleb	Broadway	33-11.25
9	Beck, Kristian	Broadway	33-08.50

**Event 38 Girls Pole Vault**

Region: 11-03 # 2002 Megan Milinarchik

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Tatro, Ella	Turner Ashby	6-06.00
2	Navarro, Dial	Spotswood	6-00.00
---	Flory, Mia	Turner Ashby	NH
---	Watts, Natalie	Broadway	NH
---	Koogler, Annabeth	Spotswood	NH

**Event 37 Boys Pole Vault**

Region: 15-00 # 2000 J.B. Rosson

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Knicely, Walker	Broadway	12-06.00
2	Casarubius, Austin	Turner Ashby	10-06.00
3	Ennis, Jordan	Broadway	9-06.00
4	Miller, Gavin	Spotswood	J9-06.00
5	Beck, Kristian	Broadway	9-00.00
6	Haskell, Wyatt	Turner Ashby	J9-00.00
7	Doughty, Homer	Turner Ashby	8-06.00

**Women - Team Rankings - 17 Events Scored**

1)	Turner Ashby	88
2)	Spotswood	71.5
3)	Broadway	50
4)	Rockbridge County	35.5

**Men - Team Rankings - 17 Events Scored**

1)	Spotswood	99
2)	Broadway	93
3)	Turner Ashby	57
4)	Rockbridge County	11