

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Girls 60 Meter Dash High School

Name	School	Finals
Finals		
1 Whyte, Madison	Unattached	7.62
2 Badal, Taejha	Unattached	7.64
3 Ellis, Jada	Unattached	7.72
4 Powell, Leah	Unattached	7.83
5 Evans, Raven	Mvp League	7.94
6 Saunders, Marissa	Ohio Speed A	8.06

Girls 200 Meter Dash High School

Name	School	Finals
Finals		
1 Whyte, Madison	Unattached	23.80
2 Badal, Taejha	Unattached	24.14
3 Ballard, Na'Taja	Western Bran	24.45
4 O'Neil, Mia	Virginia Bea	24.78

Girls 600 Meter Run High School

Name	School	Finals
Finals		
1 Paige, Makayla 1:37.276 (1:37.276)	Unattached	1:37.28
2 Sharpe, Amirah 1:39.246 (1:39.246)	Sharpe Athle	1:39.25
3 Hebron, Sanaa 1:39.272 (1:39.272)	Unattached	1:39.28
4 McLean, Lucy 1:41.028 (1:41.028)	New England	1:41.03
5 Umlauf, Anna 1:51.058 (1:51.058)	Unattached	1:51.06

Girls 2 Mile Run High School

Name	School	Finals
Finals		
1 Lehmen, Caroline 5:11.685 (5:11.685) 10:20.981 (5:09.296)	Project Dark	10:20.99
2 McGill, Emma 5:14.773 (5:14.773) 10:35.809 (5:21.036)	Unattached	10:35.81
3 Wennersten, Camryn 5:14.569 (5:14.569) 10:42.767 (5:28.198)	Garden State	10:42.77
4 Gillooly, Ali 5:26.057 (5:26.057) 10:59.489 (5:33.432)	New England	10:59.49
5 Goeson, Tiani 5:26.975 (5:26.975) 10:59.737 (5:32.762)	Pacific Coas	10:59.74
6 Petranek, Lauren 5:33.016 (5:33.016) 11:02.958 (5:29.942)	Xc-Elite	11:02.96
7 Bauer, Caroline 5:34.500 (5:34.500) 11:05.000 (5:30.500)	Greater Will	11:05.00
8 Hesler, Delaney 5:33.607 (5:33.607) 11:08.121 (5:34.514)	Unattached	11:08.13
9 Frost, Hope 5:26.447 (5:26.447) 11:08.665 (5:42.218)	Unattached	11:08.67
10 Kuzma, Molly 5:34.274 (5:34.274) 11:15.724 (5:41.450)	Unattached	11:15.73

11 Fetterolf, Scarlet 5:33.948 (5:33.948) 11:15.906 (5:41.958)	Unattached	11:15.91
12 Sweeney, Madelaine 5:37.416 (5:37.416) 11:18.594 (5:41.178)	Unattached	11:18.60
13 Vanderkolk, Kaitlyn 5:31.821 (5:31.821) 11:18.647 (5:46.826)	Unattached	11:18.65
14 Till, Madeline 5:33.738 (5:33.738) 11:24.556 (5:50.818)	Unattached	11:24.56
15 Kezal, Mia-Claire 5:34.140 (5:34.140) 11:26.946 (5:52.806)	Unattached	11:26.95
16 Pickett, Elizabeth 5:45.906 (5:45.906) 11:29.007 (5:43.102)	Unattached	11:29.01
17 Gibson, Taylor 5:35.394 (5:35.394) 11:32.526 (5:57.132)	Xc-Elite	11:32.53
18 Collins, Caroline 5:51.794 (5:51.794) 11:37.772 (5:45.978)	New England	11:37.78
19 Robertson, Elizabeth 5:35.032 (5:35.032) 11:38.940 (6:03.908)	Unattached	11:38.94
20 Boonshaft, Morgan 5:36.351 (5:36.351) 11:39.093 (6:02.742)	Providence D	11:39.10
21 Pendleton, Emmaline 5:45.630 (5:45.630) 11:39.198 (5:53.568)	Unattached	11:39.20
22 Murphy, Madison 5:51.700 (5:51.700) 11:41.892 (5:50.192)	Frederick Co	11:41.90
23 Jappe, Olivia 5:46.595 (5:46.595) 11:42.095 (5:55.500)	Unattached	11:42.10
24 Pavese, Lexi 5:47.098 (5:47.098) 11:45.886 (5:58.788)	Unattached	11:45.89
25 Mui, Jennifer 5:51.638 (5:51.638) 11:52.924 (6:01.286)	Unattached	11:52.93
26 Haworth, Allison 5:54.350 (5:54.350) 11:57.821 (6:03.472)	Garden State	11:57.83
27 Albergo, Anna 5:51.470 (5:51.470) 11:57.908 (6:06.438)	Unattached	11:57.91
28 Graham, Lillia 5:47.316 (5:47.316) 12:01.862 (6:14.547)	Xc-Elite	12:01.87
29 Fetterolf, Cecelia 5:53.603 (5:53.603) 12:04.850 (6:11.247)	Unattached	12:04.85
30 Adams, Sadie 5:55.035 (5:55.035) 12:07.870 (6:12.835)	Crozet Crew	12:07.87
31 Meadows, Lindsay 5:53.886 (5:53.886) 12:09.562 (6:15.676)	Unattached	12:09.57
32 Smith, Ryan 6:02.642 (6:02.642) 12:14.225 (6:11.583)	New Energy S	12:14.23
33 Liu, Victoria 6:04.878 (6:04.878) 12:14.623 (6:09.745)	Unattached	12:14.63
34 Montini, Olivia 5:56.766 (5:56.766) 12:16.382 (6:19.616)	Unattached	12:16.39
35 Newman, Isabella 5:59.232 (5:59.232) 12:17.101 (6:17.869)	Unattached	12:17.11
36 Cook, Grace 6:00.580 (6:00.580) 12:17.113 (6:16.534)	Crozet Crew	12:17.12
37 Dillard, Sadie 6:02.863 (6:02.863) 12:17.341 (6:14.478)	Unattached	12:17.35
38 Farinholt, Elena 5:59.463 (5:59.463) 12:23.212 (6:23.749)	Unattached	12:23.22

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Results - Saturday

Finals ... (Girls 2 Mile Run High School)

Name	School	Finals
39 Ross, Maya	Real Trainin	12:23.73
6:13.328 (6:13.328)	12:23.722 (6:10.394)	
40 Brown, Faith	Unattached	12:23.98
6:01.872 (6:01.872)	12:23.975 (6:22.103)	
41 Jarama, Leila	Xc-Elite	12:26.15
6:00.973 (6:00.973)	12:26.142 (6:25.169)	
42 Lackey, Eryn	Unattached	12:34.62
6:22.380 (6:22.380)	12:34.611 (6:12.232)	
43 Stiltner, Julia	Unattached	12:40.69
6:22.715 (6:22.715)	12:40.683 (6:17.969)	
44 Loewe, Morgan	Unattached	13:05.75
6:15.966 (6:15.966)	13:05.742 (6:49.777)	

Girls 60 Meter Hurdles High School

Name	School	Finals
1 Stelly, Zamia	Virginia Bea	8.50
2 Duren, Katharine	New England	8.57
3 Ballard, Na'Taja	Western Bran	8.62
4 Bentley, Camden	Ohio Speed A	8.92
5 Rollins, Peyton	Metro-Cobras	8.97
6 Clemens, Cassidy	All American	8.98
7 Lemelin, Annie	Unattached	9.06
8 Saunders, Marissa	Ohio Speed A	9.57

Girls 4x200 Meter Relay High School

Team	Relay	Finals
1 Track 757	A	1:43.40
51.869 (51.869)	1:17.313 (25.444)	1:43.397 (26.084)
2 Ohio Speed A	A	1:44.34
51.895 (51.895)	1:18.347 (26.452)	1:44.335 (25.988)
3 F.I.A. Lions	A	1:49.99
54.215 (54.215)	1:22.755 (28.540)	1:49.985 (27.230)

Girls Distance Medley High School

Team	Relay	Finals
1 Img Elite	A	12:00.36
1) David, Tatum	2) McNatt, Carly	
3) Puskas, Emilia	4) Ward, Jais	
3:41.199 (3:41.199)	4:40.439 (59.240)	7:03.139 (2:22.700)
12:00.357 (4:57.218)		
2 Island Expre	A	12:47.71
1) Aguilera, Kristen	2) Ferrer, Alepha	
3) Olah, Angelina	4) Altieri, Kathryn	
3:51.295 (3:51.295)	4:58.129 (1:06.834)	7:34.189 (2:36.060)
12:47.701 (5:13.512)		
3 New England	A	12:49.35
1) Budzinski, Anya	2) Brent, Alexandra	
3) McLean, Lucy	4) Simonds, Finleigh	
3:52.681 (3:52.681)	4:53.909 (1:01.228)	7:18.461 (2:24.552)
12:49.349 (5:30.888)		

4 Crozet Crew	A	12:59.77
1) Ratcliffe, Kate	2) Frank, Maeci	
3) Stone, Jordan	4) Stutzman, Jenna	
4:06.403 (4:06.403)	5:09.815 (1:03.412)	7:38.389 (2:28.574)
12:59.763 (5:21.374)		
5 Real Training	A	13:11.38
1) Hawk, Skylar	2) Rudolph, Julia	
3) Madine, Kendall	4) Carroll, Kathryn	
3:52.725 (3:52.725)	4:53.253 (1:00.528)	7:38.835 (2:45.582)
13:11.379 (5:32.544)		
6 Nova AC	A	13:25.34
1) Abbe, Amelia	2) Smith, Madison	
3) Slovak, Katherine	4) Fetterolf, Cecelia	
4:00.267 (4:00.267)	5:02.963 (1:02.696)	7:44.063 (2:41.100)
13:25.335 (5:41.272)		
7 Crozet Crew	B	13:56.50
1) Cook, Grace	2) Smith, Lily	
3) Hodson, Hailey	4) Adams, Sadie	
4:11.729 (4:11.729)	5:26.115 (1:14.386)	8:06.049 (2:39.934)
13:56.499 (5:50.450)		

Girls 800 Meter Run HS Invitational

Name	School	Finals
1 James, Taylor	Real Trainin	2:12.31
31.869 (31.869)	1:05.731 (33.862)	1:40.011 (34.280)
2:12.307 (32.296)		
2 Nagle, Sonja	Unattached	2:12.66
32.237 (32.237)	1:06.127 (33.890)	1:41.245 (35.118)
2:12.653 (31.408)		
3 Kelly, Fajr	Unattached	2:14.54
31.775 (31.775)	1:05.835 (34.060)	1:40.939 (35.104)
2:14.535 (33.596)		
4 Bellamy-Reid, Trinity	Philadelphia	2:38.63
33.631 (33.631)	1:10.831 (37.200)	1:52.961 (42.130)
2:38.623 (45.662)		

Women 60 Meter Dash College Univ

Name	School	Prelims
Preliminaries		
1 Davis, Tamari	Adidas	7.29Q
2 Campbell-Brown, Veronica	Modern Sprin	7.43Q
3 Pierre, Barbara	Unattached	7.46Q
4 Ray, Shannon	Empire Athle	7.48Q
5 Dirks, Samatha	Empire Athle	7.53q
6 Stiverne, Aiyanna	Unattached	7.62q
7 Ali, Latifa	Coppin State	7.66q
8 Patterson, Rikianne	Empire Athle	7.73q
9 Battle, Shenequa	Bryant & Str	7.79
10 Minor, Tenae	Bryant & Str	7.82
11 Woods, Kayla	Richmond	7.85
12 Tugade-Watson, Regine	Unattached	7.86
13 McCoy, Sydney	Mount Olive	7.87
14 Juskeviciute, Beatrice	Unattached	7.89
15 McCormick, Dy'Air	Unc Pembroke	7.91
16 Chambers, Britney	Unc Pembroke	8.03

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Results - Saturday

Preliminaries ... (Women 60 Meter Dash College_ Univ)

Name	School	Prelims
17 Clarke, Kristen	Mount Olive	8.04
18 Smith, Saniya	Unc Pembroke	8.09
19 Blair, Nyla	Old Dominion	8.19
20 Mcneill, Kierra	Mount Olive	8.19
21 Pulley, Lacendria	Lincoln (Pa.	8.24
22 Thomas, Essica	William Peac	8.41
23 Lane, Jaylyn	Virginia Wes	8.45
24 Washington, Shirell	Virginia Wes	8.47
25 Stedman, Casey	Virginia Wes	8.75
26 Adams, Grace	Virginia Wes	9.08
--- Stewart, Azariah	Unc Pembroke	FS

Women 60 Meter Dash College_ Univ

Name	School	Finals
1 Davis, Tamari	Adidas	7.18
2 Campbell-Brown, Veronic	Modern Sprin	7.34
3 Pierre, Barbara	Unattached	7.35
4 Ali, Latifa	Coppin State	7.36
5 Ray, Shannon	Empire Athle	7.49
6 Dirks, Samatha	Empire Athle	7.53
7 Stiverne, Aiyanna	Unattached	7.60

Women 200 Meter Dash College_ Univ

Name	School	Finals
1 Ali, Latifa	Coppin State	24.01
2 Beard, Jessica	Adidas	24.30
3 Overholt, Brooke	Unattached	24.92
4 Muir, Carline	Empire Athle	25.05
5 Tomlinson, Shenelle	Coppin State	25.10
6 Lane, Cathryn	Coppin State	25.57
7 Tugade-Watson, Regine	Unattached	25.79
8 McCoy, Sydney	Mount Olive	26.14
9 Clarke, Kristen	Mount Olive	26.38
10 Minor, Tena	Bryant & Str	26.49
11 Smith, Saniya	Unc Pembroke	26.56
12 Thring, Jacqueline	Mount Olive	26.61
13 Stewart, Azariah	Unc Pembroke	26.75
14 Mcneill, Kierra	Mount Olive	27.00
15 Blair, Nyla	Old Dominion	27.00
16 Chambers, Britney	Unc Pembroke	27.04
17 Thomas, Asharee	Bryant & Str	27.14
18 Littleton, Kieana	Voorhees	28.10
19 Crocker, Niya	Virginia Wes	28.52
20 Adams, Grace	Virginia Wes	29.01
21 Stedman, Casey	Virginia Wes	29.17

Women 400 Meter Dash College_ Univ

Name	School	Finals
1 Trevisan, Gia	Empire Athle	54.01
25.576 (25.576)	54.006 (28.430)	

2 Claxton, Grace	Empire Athle	54.01
25.436 (25.436)	54.010 (28.574)	
3 Chambers, Verone	Elite Perfor	56.15
25.646 (25.646)	56.148 (30.502)	
4 Tomlinson, Shenelle	Coppin State	56.18
25.774 (25.774)	56.176 (30.402)	
5 Helbling, Rachel	Richmond	57.10
26.722 (26.722)	57.096 (30.374)	
6 Lane, Cathryn	Coppin State	58.23
26.492 (26.492)	58.226 (31.734)	
7 Jackson, Leisha	Unc Pembroke	1:00.70
28.282 (28.282)	1:00.694 (32.412)	
8 Thring, Jacqueline	Mount Olive	1:02.38
26.900 (26.900)	1:02.374 (35.474)	
9 Cannon-Lawry, Shania	Lincoln (Pa.	1:05.07
29.468 (29.468)	1:05.062 (35.594)	
10 Beckford, Brittany	Mount Olive	1:05.27
27.970 (27.970)	1:05.270 (37.300)	
11 Crocker, Niya	Virginia Wes	1:05.54
31.234 (31.234)	1:05.538 (34.304)	
12 Stedman, Casey	Virginia Wes	1:06.44
31.658 (31.658)	1:06.434 (34.776)	
13 Hardy, Charlotte	Lincoln (Pa.	1:06.74
30.432 (30.432)	1:06.738 (36.306)	
14 Adams, Grace	Virginia Wes	1:08.42
32.032 (32.032)	1:08.412 (36.380)	
15 Pantoon-Whitehead, Jerme	Lincoln (Pa.	1:10.19
31.444 (31.444)	1:10.186 (38.742)	

Women 800 Meter Run College_ Univ

Name	School	Finals
1 Fazio, Brooke	Richmond	2:08.81
30.732 (30.732)	1:02.186 (31.454)	1:34.826 (32.640)
2:08.810 (33.984)		
2 Monroque, Kamillah	Coppin State	2:17.33
31.744 (31.744)	1:05.606 (33.862)	1:42.178 (36.572)
2:17.328 (35.150)		
3 Schulties, Kyra	Unattached	2:17.55
31.568 (31.568)	1:05.654 (34.086)	1:41.652 (35.998)
2:17.542 (35.890)		
4 Martinez, Angie	Unattached	2:20.45
31.956 (31.956)	1:04.914 (32.958)	1:41.500 (36.586)
2:20.448 (38.948)		
5 Barnes, Bahiyyah	Bryant & Str	2:31.40
31.652 (31.652)	1:06.662 (35.010)	1:47.592 (40.930)
2:31.400 (43.808)		
6 Wilson, Selena	Bryant & Str	2:31.45
33.922 (33.922)	1:11.416 (37.494)	1:51.534 (40.118)
2:31.446 (39.912)		
7 Whiteman, Monique	Mount Olive	2:34.33
32.258 (32.258)	1:08.018 (35.760)	1:50.112 (42.094)
2:34.330 (44.218)		
8 Fleurilus, Celine	Mount Olive	2:34.60
35.768 (35.768)	1:14.758 (38.990)	1:55.058 (40.300)
2:34.592 (39.534)		

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Results - Saturday

Finals ... (Women 800 Meter Run College_Univ)

Name	School	Finals
9 Hippert, Neva	Mount Olive	2:34.67
35.292 (35.292)	1:13.830 (38.538)	1:53.578 (39.748)
2:34.664 (41.086)		
10 Woodrum, Kaelyn	Bryant & Str	2:35.77
34.242 (34.242)	1:11.926 (37.684)	1:53.848 (41.922)
2:35.762 (41.914)		
11 Lopez, Elizabeth	Mount Olive	2:41.43
36.488 (36.488)	1:15.696 (39.208)	1:58.758 (43.062)
2:41.426 (42.668)		
12 Ndanemah, Dixonna	Lincoln (Pa.	2:58.16
35.010 (35.010)	1:15.854 (40.844)	2:04.480 (48.626)
2:58.156 (53.676)		

Women 1 Mile Run College_Univ

Name	School	Finals
Finals		
1 Schulties, Kyra	Unattached	5:24.21
35.320 (35.320)	1:15.546 (40.226)	1:57.546 (42.000)
2:40.150 (42.604)	3:20.810 (40.660)	4:03.120 (42.310)
4:45.068 (41.948)	5:24.206 (39.138)	
2 Whiteman, Monique	Mount Olive	5:44.26
41.446 (41.446)	1:23.620 (42.174)	2:06.756 (43.136)
2:49.962 (43.206)	3:34.940 (44.978)	4:20.094 (45.154)
5:04.938 (44.844)	5:44.258 (39.320)	
3 Lopez, Elizabeth	Mount Olive	6:02.14
42.006 (42.006)	1:25.578 (43.572)	2:12.020 (46.442)
2:59.184 (47.164)	3:45.836 (46.652)	4:32.942 (47.106)
5:19.854 (46.912)	6:02.138 (42.284)	
4 Hippert, Neva	Mount Olive	6:09.11
44.640 (44.640)	1:30.168 (45.528)	2:17.534 (47.366)
3:05.516 (47.982)	3:53.948 (48.432)	4:41.900 (47.952)
5:27.724 (45.824)	6:09.106 (41.382)	
5 Macdonald, Sydney	Mount Olive	6:11.56
44.288 (44.288)	1:29.934 (45.646)	2:17.248 (47.314)
3:05.098 (47.850)	3:53.522 (48.424)	4:41.582 (48.060)
5:27.854 (46.272)	6:11.558 (43.704)	
6 Witteborg, Paige	Mount Olive	6:36.97
44.942 (44.942)	1:30.574 (45.632)	2:19.534 (48.960)
3:10.344 (50.810)	4:02.304 (51.960)	4:54.512 (52.208)
5:46.734 (52.222)	6:36.966 (50.232)	
7 Glenn, Jessica	Mount Olive	6:46.85
49.142 (49.142)	1:39.248 (50.106)	2:30.842 (51.594)
3:22.744 (51.902)	4:15.326 (52.582)	5:08.170 (52.844)
5:59.662 (51.492)	6:46.844 (47.182)	
8 Fleurilus, Celine	Mount Olive	6:48.58
45.426 (45.426)	1:31.396 (45.970)	2:21.454 (50.058)
3:13.632 (52.178)	4:07.556 (53.924)	5:02.040 (54.484)
5:57.290 (55.250)	6:48.576 (51.286)	

Women 3000 Meter Run College_Univ

Name	School	Finals
Finals		
1 Macdonald, Sydney	Mount Olive	12:16.85
46.819 (46.819)	1:36.423 (49.604)	2:24.527 (48.104)
3:13.909 (49.382)	4:02.841 (48.932)	4:52.257 (49.416)
5:42.939 (50.682)	6:33.805 (50.866)	7:24.247 (50.442)
8:14.265 (50.018)	9:05.017 (50.752)	9:55.031 (50.014)
10:46.125 (51.094)	11:35.969 (49.844)	12:16.845 (40.876)
2 Lopez, Elizabeth	Mount Olive	12:21.75
46.111 (46.111)	1:35.847 (49.736)	2:23.491 (47.644)
3:13.037 (49.546)	4:02.159 (49.122)	4:50.903 (48.744)
5:40.815 (49.912)	6:32.385 (51.570)	7:23.797 (51.412)
8:14.753 (50.956)	9:05.853 (51.100)	9:56.731 (50.878)
10:48.667 (51.936)	11:39.367 (50.700)	12:21.743 (42.376)
3 Lanier, Erin	Mount Olive	12:45.64
46.419 (46.419)	1:36.099 (49.680)	2:23.781 (47.682)
3:13.321 (49.540)	4:02.601 (49.280)	4:51.575 (48.974)
5:42.551 (50.976)	6:33.333 (50.782)	7:25.017 (51.684)
8:17.337 (52.320)	9:11.129 (53.792)	10:05.183 (54.054)
11:01.095 (55.912)	11:55.415 (54.320)	12:45.635 (50.220)

Women 60 Meter Hurdles College_Univ

Name	School	Prelims
Preliminaries		
1 Overholt, Brooke	Unattached	8.73Q
2 Connor, Mckenzie	Mount Olive	8.91Q
3 Harrison, Quanterra	Unc Pembroke	8.98Q
4 Dunbar, Tania	Bryant & Str	8.95q
5 Ross, Kamryn	Richmond	9.08q
6 Watkins, Savannah	Unc Pembroke	9.09q
7 Venters, Jada	Bryant & Str	9.43q
8 Carter, Jaysha	Coppin State	9.49q
9 Washington, Shirell	Virginia Wes	9.49
10 Yeoman, Keyana	Voorhees	9.52
11 Triggs, Tylyia	Mount Olive	9.73
12 Weeks, L'Tamra	Bryant & Str	10.60
13 Thompson, Lauryn	Mount Olive	10.63
14 Tisdale, Kayla	Lincoln (Pa.	10.69
15 Daniels, Nakila	Voorhees	10.78
--- Stutzke, Luisa	Mount Olive	DQ
--- Taylor, Elizabeth	Bryant & Str	DQ

Women 60 Meter Hurdles College_Univ

Name	School	Finals
Finals		
1 Overholt, Brooke	Unattached	8.70
2 Harrison, Quanterra	Unc Pembroke	8.93
3 Ross, Kamryn	Richmond	8.97
4 Connor, Mckenzie	Mount Olive	8.98
5 Watkins, Savannah	Unc Pembroke	9.11
6 Venters, Jada	Bryant & Str	9.26
7 Carter, Jaysha	Coppin State	9.34
8 Dunbar, Tania	Bryant & Str	9.47

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Virginia Beach Sports Center

Results - Saturday

Women 4x400 Meter Relay College_Univ

Team	Relay	Finals
Finals		
1 Bryant & Str	A	3:54.68
1) Woodrum, Kaelyn	2) Minor, Tenae	
3) Battle, Shenequa	4) Idugboe, Tracy	
59.141 (59.141)	1:57.897 (58.756)	2:56.829 (58.932)
3:54.679 (57.850)		
2 Lincoln (Pa.)	A	4:24.69
1) Pulley, Lacendria	2) Cannon-Lawry, Shania	
3) Hardy, Charlotte	4) Ndanemah, Dixonna	
1:06.215 (1:06.215)	2:11.457 (1:05.242)	3:16.523 (1:05.066)
4:24.687 (1:08.164)		
3 Virginia Wesleyan	A	4:26.56
1) Crocker, Niya	2) Adams, Grace	
3) Lane, Jaylyn	4) Stedman, Casey	
1:05.935 (1:05.935)	2:16.069 (1:10.134)	3:20.635 (1:04.566)
4:26.551 (1:05.916)		

Women High Jump College_Univ

Name	School	Finals
Finals		
1 Aycock, Deja	Unc Pembroke	1.55m
2 Beckford, Brittany	Mount Olive	J1.55m
3 Watkins, Savannah	Unc Pembroke	1.50m
4 Wilson, Natalyah	Mount Olive	J1.50m
4 Thring, Jacqueline	Mount Olive	J1.50m

Women Pole Vault College_Univ

Name	School	Finals
Finals		
1 Richardson, Alayna	Unc Pembroke	2.75m
--- Flax, Caroline	Unc Pembroke	NH

Women Long Jump College_Univ

Name	School	Finals
Finals		
1 Woods, Kayla	Richmond	5.76m
2 Patterson, Rikianne	Empire Athle	5.72m
3 Dunbar, Tania	Bryant & Str	5.64m
4 Venters, Jada	Bryant & Str	5.56m
5 Watkins, Savannah	Unc Pembroke	5.55m
6 Juskeviciute, Beatrice	Unattached	5.48m
7 Ray, Keionna	Unc Pembroke	5.33m
8 Darity, Micaiah	Unc Pembroke	5.17m
9 Palmer, Destini	Lincoln (Pa.)	5.07m
10 Ervin, Breze	Unc Pembroke	5.06m
11 Smith, Mora	Mount Olive	5.02m
12 Weeks, L'Tamra	Bryant & Str	4.95m
13 Taylor, Elizabeth	Bryant & Str	4.94m
14 Lane, Jaylyn	Virginia Wes	4.90m
15 Triggs, Tylyia	Mount Olive	4.82m

Women Triple Jump College_Univ

Name	School	Finals
Finals		
1 LaFond, Thea	Unattached	14.54m
2 Panton, Domanique	Unattached	12.70m
3 Idugboe, Tracy	Bryant & Str	11.88m
4 Darity, Micaiah	Unc Pembroke	10.86m
5 Smith, Mora	Mount Olive	10.60m
6 Ervin, Breze	Unc Pembroke	10.38m
--- Washington, Shirell	Virginia Wes	FOUL
--- Lane, Jaylyn	Virginia Wes	FOUL

Women Shot Put College_Univ

Name	School	Finals
Finals		
1 Juskeviciute, Beatrice	Unattached	13.84m
2 Newby, Alanna	Coppin State	13.06m
3 Evans, Raigan	Unc Pembroke	12.06m
4 Brooks, Keyana	Lincoln (Pa.)	12.03m
5 Sutton, Kaliya	Mount Olive	11.11m
6 Morrison, Tameia	Mount Olive	10.71m
7 Keck, Mary Brigid	Mount Olive	10.67m
8 Tobin, Samantha	Mount Olive	10.55m
9 Artman, Alycia	Unc Pembroke	10.44m
10 Lockett, Candy	Mount Olive	10.35m
11 Holder, Trinity	Mount Olive	9.92m
12 Johnson, Serena	Lincoln (Pa.)	9.78m
13 Marino, Lillian	Unc Pembroke	9.35m
14 Kenan, Kaitlin	Mount Olive	8.78m
15 Garland, Bryonna	Bryant & Str	8.12m
--- Laforest, Loriele	Lincoln (Pa.)	FOUL

Women Weight Throw College_Univ

Name	School	Finals
Finals		
1 Keck, Mary Brigid	Mount Olive	15.43m
2 Evans, Raigan	Unc Pembroke	15.32m
3 Morrison, Tameia	Mount Olive	14.07m
4 Marino, Lillian	Unc Pembroke	14.05m
5 Tobin, Samantha	Mount Olive	12.36m
6 Kenan, Kaitlin	Mount Olive	12.06m
7 Holder, Trinity	Mount Olive	10.83m
8 Artman, Alycia	Unc Pembroke	10.30m
--- Lockett, Candy	Mount Olive	FOUL
--- Sutton, Kaliya	Mount Olive	FOUL

Women 300 Meter Dash Professional

Name	School	Finals
Finals		
1 Beard, Jessica	Adidas	37.30
2 Stiverne, Aiyanna	Unattached	37.99
3 Dirks, Samantha	Belize	38.26
4 Trevisan, Gia	Italy	38.42
5 Claxton, Grace	Puerto Rico	38.51
6 Chambers, Verone	Elite Perfor	38.64

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Women 300 Meter Dash Professional)

Name	School	Finals
7 Muir, Carline	Canada	38.98
8 Ray, Shannon	Empire Athle	39.67

Boys 60 Meter Dash High School

Name	School	Finals
Finals		
1 Harbor, Nyckoles	Archbishop C	6.86
2 Staats, Shavar	Milford Mill	6.93
3 White, Carlson	Unattached	6.94
4 Roberts, Jamir	Quick 6	6.99
5 Price-Whitehead, Jaden	Unattached	7.02
6 Small, Almond	Unattached	7.03
7 Hairston, Korey	FK Elite	7.08

Boys 200 Meter Dash High School

Name	School	Finals
Finals		
1 Whittle, Shamali	Trenton TC	21.40
2 Harbor, Nyckoles	Archbishop C	21.46
3 Landen, Adam	Img Elite	22.09

Boys 600 Meter Run High School

Name	School	Finals
Finals		
1 Mathis, Ethan	Unattached	1:24.26
2 Quainoo, Justice	Usa-Ja	1:28.79
3 Blagoojee, Daniel	DeMatha Cath	1:31.11

Boys 2000 Meter Run High School

Name	School	Finals
Finals		
1 Merchant, Tristian	Alaska Runni	5:24.14
32.246 (32.246)	1:04.496 (32.250)	1:37.609 (33.114)
2:09.713 (32.104)	2:41.946 (32.233)	3:15.734 (33.789)
3:49.647 (33.913)	4:22.937 (33.290)	4:54.441 (31.504)
5:24.133 (29.693)		
2 Martin, Gary	Final Lap	5:25.71
32.071 (32.071)	1:04.614 (32.544)	1:37.381 (32.767)
2:09.471 (32.090)	2:41.682 (32.212)	3:15.556 (33.874)
3:49.812 (34.257)	4:22.762 (32.950)	4:54.201 (31.439)
5:25.704 (31.504)		

Boys 2 Mile Run High School

Name	School	Finals
Finals		
1 Martin, Gary	Unattached	9:13.85
4:33.001 (4:33.001)	9:13.843 (4:40.842)	
2 Giffin, Brogan	Xc-Elite	9:18.90
4:37.773 (4:37.773)	9:18.895 (4:41.122)	
3 Coffin, Luke	Goon Squad T	9:19.65
4:41.945 (4:41.945)	9:19.649 (4:37.704)	
4 McDonnell, Declan	Unattached	9:21.51
4:40.059 (4:40.059)	9:21.509 (4:41.450)	
5 Synowiec, Timothy	Unattached	9:22.27
4:40.567 (4:40.567)	9:22.265 (4:41.698)	

6 Jones, William	Unattached	9:23.52
4:38.891 (4:38.891)	9:23.517 (4:44.626)	
7 Schell, Andrew	Unattached	9:23.92
4:42.905 (4:42.905)	9:23.911 (4:41.006)	
8 Bush, Ryan	Racing City	9:24.18
4:38.407 (4:38.407)	9:24.179 (4:45.772)	
9 Ptack, James	Unattached	9:24.21
4:40.731 (4:40.731)	9:24.201 (4:43.470)	
10 Forrest, Josh	Unattached	9:25.55
4:41.629 (4:41.629)	9:25.549 (4:43.920)	
11 Baranoski, Kevin	Unattached	9:27.72
4:41.399 (4:41.399)	9:27.713 (4:46.314)	
12 Wedding, Zachary	Unattached	9:28.06
4:39.157 (4:39.157)	9:28.051 (4:48.894)	
13 Healey, Hayden	Goon Squad T	9:32.91
4:50.682 (4:50.682)	9:32.910 (4:42.228)	
14 Long, Weber	Unattached	9:35.45
4:51.044 (4:51.044)	9:35.444 (4:44.400)	
15 Vanderkolk, Kevin	Unattached	9:38.94
4:53.252 (4:53.252)	9:38.934 (4:45.682)	
16 Bivens, Garrett	Goon Squad T	9:39.83
4:52.442 (4:52.442)	9:39.826 (4:47.384)	
17 Lopez, Nathan	New England	9:42.14
4:50.544 (4:50.544)	9:42.140 (4:51.596)	
18 Holbrook, Alex	Unattached	9:44.07
4:53.776 (4:53.776)	9:44.062 (4:50.286)	
19 Coleman, Frederick	New England	9:47.41
4:52.030 (4:52.030)	9:47.408 (4:55.378)	
20 Nathan, Aidan	Xc-Elite	9:47.45
4:42.695 (4:42.695)	9:47.449 (5:04.754)	
21 Collins, Freddy	New England	9:47.46
4:52.256 (4:52.256)	9:47.452 (4:55.196)	
22 Saran, Ayush	Unattached	9:48.35
4:53.466 (4:53.466)	9:48.346 (4:54.880)	
23 McDougall IV, Willam	Goon Squad T	9:48.67
4:53.680 (4:53.680)	9:48.664 (4:54.984)	
24 White, Chris	Frederick Co	9:48.95
4:54.196 (4:54.196)	9:48.946 (4:54.750)	
25 Young, Ryan	New England	9:51.56
4:41.823 (4:41.823)	9:51.553 (5:09.730)	
26 Hayden, Nick	Frederick Co	9:53.90
4:53.136 (4:53.136)	9:53.892 (5:00.756)	
27 Woshner, Nathaniel	Frederick Co	9:54.39
4:54.830 (4:54.830)	9:54.388 (4:59.558)	
28 Adams, Brannon	Forest Runni	9:54.59
4:53.862 (4:53.862)	9:54.588 (5:00.726)	
29 Brady, William	Unattached	9:57.23
4:56.456 (4:56.456)	9:57.226 (5:00.770)	
30 Clark, Grayson	Unattached	9:58.79
4:53.438 (4:53.438)	9:58.790 (5:05.352)	
31 Caldwell, Cary	Greater Will	10:01.51
5:01.506 (5:01.506)	10:01.502 (4:59.996)	
32 Marwaha, Ayush	Xc-Elite	10:05.63
4:58.726 (4:58.726)	10:05.628 (5:06.902)	
33 Moseman, Benjamin	Unattached	10:05.80
4:58.506 (4:58.506)	10:05.798 (5:07.292)	

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Boys 2 Mile Run High School)

Name	School	Finals
34 Stephenson, Tafari	Unattached	10:08.81 4:58.354 (4:58.354) 10:08.810 (5:10.456)
35 Frost, Tate	Unattached	10:10.12 5:03.166 (5:03.166) 10:10.118 (5:06.952)
36 Hendricks, Sean	Unattached	10:10.41 4:56.000 (4:56.000) 10:10.408 (5:14.408)
37 Weekes, Alex	Img Elite	10:11.78 4:54.352 (4:54.352) 10:11.778 (5:17.426)
38 Wethington, Preston	Unattached	10:13.93 4:53.216 (4:53.216) 10:13.922 (5:20.706)
39 Tarapchak, Ryan	Unattached	10:15.20 4:58.506 (4:58.506) 10:15.192 (5:16.686)
40 McMackin, Jackson	Unattached	10:16.65 4:59.732 (4:59.732) 10:16.650 (5:16.918)
41 Nicholson, Ralph	Unattached	10:22.29 5:08.404 (5:08.404) 10:22.288 (5:13.884)
42 Wells, Rylan	Unattached	10:22.98 5:03.636 (5:03.636) 10:22.978 (5:19.342)
43 Mills, Evan	Real Trainin	10:30.63 5:04.378 (5:04.378) 10:30.622 (5:26.244)
44 Chelidona, Zachary	Goon Squad T	10:32.98 5:14.030 (5:14.030) 10:32.974 (5:18.944)
45 Krone, Timothy	Forest Runni	10:33.51 5:07.688 (5:07.688) 10:33.506 (5:25.818)
46 Johnson, Kai	Frederick Co	10:33.85 5:20.986 (5:20.986) 10:33.848 (5:12.862)
47 Mitchell, Zach	Xc-Elite	10:33.88 5:07.142 (5:07.142) 10:33.872 (5:26.730)
48 Pratt-Perez, Ethan	Unattached	10:34.43 5:19.818 (5:19.818) 10:34.426 (5:14.608)
49 Shahbazian, Will	New England	10:37.62 5:23.218 (5:23.218) 10:37.618 (5:14.400)
50 Wood, Ethan	New England	10:39.99 5:19.314 (5:19.314) 10:39.990 (5:20.676)
51 Merchant, Preston	Alaska Runni	10:40.56 5:08.490 (5:08.490) 10:40.560 (5:32.070)
52 Crosen, Chance	Frederick Co	10:40.69 5:22.278 (5:22.278) 10:40.688 (5:18.410)
53 Cooper, Jett	Xc-Elite	10:42.57 5:23.248 (5:23.248) 10:42.566 (5:19.318)
54 Myers, Nolan	Frederick Co	10:42.76 5:22.604 (5:22.604) 10:42.760 (5:20.156)
55 Quindoza, Ian	Unattached	10:43.26 5:19.278 (5:19.278) 10:43.256 (5:23.978)
56 Enis, Jaden	Unattached	10:47.15 5:13.588 (5:13.588) 10:47.142 (5:33.554)
57 Comins, Peyton	Frederick Co	10:49.23 5:22.162 (5:22.162) 10:49.226 (5:27.064)
58 Johnson, Carter	Frederick Co	10:49.72 5:22.846 (5:22.846) 10:49.718 (5:26.872)
59 Garcia, Alec	Xc-Elite	10:56.22 5:23.882 (5:23.882) 10:56.214 (5:32.332)
60 Brenn, Dylan	New England	10:59.34 5:16.608 (5:16.608) 10:59.340 (5:42.732)

61 Martin, Josh	Xc-Elite	11:16.62 5:25.444 (5:25.444) 11:16.614 (5:51.170)
62 McMeen, Grayson	Goon Squad T	11:26.97 5:29.336 (5:29.336) 11:26.970 (5:57.634)

Boys 60 Meter Hurdles Interference High School

Name	School	Finals
1 Pinnock, Devoy	Golden Eagle	8.37

Boys 60 Meter Hurdles High School

Name	School	Finals
1 Coles, Vannie	Mvp League	7.97
2 Broiles, Winston	Unattached	8.21
3 Flaker, Jayden	Unattached	8.23
4 Hardy, Deondre	War TC	8.86
--- Imhotep, Nazir	Western Bran	DNF
--- Warmington, David	Archbishop C	DNF
--- Pinnock, Devoy	Golden Eagle	DNF

Boys 4x200 Meter Relay High School

Team	Relay	Finals
1 Ohio Speed A	A	1:32.57 45.842 (45.842) 1:09.924 (24.082) 1:32.564 (22.640)
2 F.I.A. Lions	A	1:32.59 46.050 (46.050) 1:10.874 (24.824) 1:32.588 (21.714)
3 Track 757	A	1:32.83 45.258 (45.258) 1:09.294 (24.036) 1:32.830 (23.536)
4 New England	A	1:34.34 46.112 (46.112) 1:09.356 (23.244) 1:34.336 (24.980)
5 Sprint Athletics	A	1:36.46 48.690 (48.690) 1:12.478 (23.788) 1:36.456 (23.978)

Boys Distance Medley High School

Team	Relay	Finals
1 Img Elite	A	10:20.26 1) Carney, Isaac 2) Winters, Noah 3) Piotrowski, Cole 4) Mwangi, Vince 3:12.556 (3:12.556) 4:02.580 (50.024) 6:03.182 (2:00.602) 10:20.256 (4:17.074)
2 New Energy S	A	10:44.88 1) Bolger, Aidan 2) Lipps, Owen 3) Ladd, Harrison 4) Bowers, Gabe 3:11.266 (3:11.266) 4:01.062 (49.796) 6:04.950 (2:03.888) 10:44.874 (4:39.924)
3 Island Expre	A	10:51.43 1) Abdalla, Tariq 2) Connelly, Keith 3) Cook, Isaiah 4) Perazzo, Joseph 3:20.584 (3:20.584) 4:14.050 (53.466) 6:20.934 (2:06.884) 10:51.430 (4:30.496)

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Boys Distance Medley High School)

Team	Relay	Finals
4 Chesapeake D	A	11:09.89
1) Hurst, Cooper	2) Jones, Michael	
3) McCue, Evan	4) Sivils, Trent	
3:20.514 (3:20.514)	4:19.538 (59.024)	6:26.406 (2:06.868)
11:09.888 (4:43.482)		
5 F.I.A. Lions	A	11:10.28
1) Lovelace, Charles	2) Kerlin, Aiden	
3) Voyles, Noah	4) Williams, Grant	
3:26.076 (3:26.076)	4:17.418 (51.342)	6:22.992 (2:05.574)
11:10.278 (4:47.286)		

Boys 800 Meter Run HS Invitational

Name	School	Finals
Finals		
1 Schulties, Isaiah	Unattached	1:55.06
27.983 (27.983)	57.045 (29.062)	1:26.671 (29.626)
1:55.057 (28.386)		
2 Griffin, Matthew	New England	1:55.07
28.439 (28.439)	57.173 (28.734)	1:26.635 (29.462)
1:55.063 (28.428)		
3 Plummer, Myles	Unattached C	1:55.79
28.187 (28.187)	57.373 (29.186)	1:27.005 (29.632)
1:55.781 (28.776)		
4 Rodriguez-King, Michael	Island Expre	1:56.25
28.371 (28.371)	57.655 (29.284)	1:27.287 (29.632)
1:56.249 (28.962)		
5 Doherty, Robert	Unattached	1:59.04
28.789 (28.789)	57.881 (29.092)	1:28.117 (30.236)
1:59.035 (30.918)		
6 Ridgeway, Jalen	Unattached	1:59.11
28.907 (28.907)	58.105 (29.198)	1:28.531 (30.426)
1:59.107 (30.576)		
7 Donnelly, Patrick	Unattached	1:59.28
28.795 (28.795)	57.927 (29.132)	1:27.671 (29.744)
1:59.275 (31.604)		
8 Macdonald, Clay	Marshfield T	1:59.88
28.623 (28.623)	57.791 (29.168)	1:27.949 (30.158)
1:59.879 (31.930)		
9 Duran, Cai	Unattached	2:10.84
29.099 (29.099)	57.725 (28.626)	1:30.589 (32.864)
2:10.831 (40.242)		

Men 60 Meter Dash College Unseeded

Name	School	Finals
Finals		
1 Jackson-Fair, Jalen	Old Dominion	7.13
2 Nixon, Jacob	Bryant & Str	7.14
3 Coker, Preston	Unc Pembroke	7.15
4 Crenshaw, Tru	Bryant & Str	7.21
5 Reaves, Shymeik	Unc Pembroke	7.23
6 Rodriguez, Da'avionce	Lincoln (Pa.	7.30
7 Chandler, Antwan	Voorhees	7.32
8 Powers, Billy	Unattached	7.39
8 Moffo, Landry	Virginia Wes	7.39

10 Andjelic, Nikola	Croatia	7.40
11 Hatchett, Damaj	Mount Olive	7.45
12 Jones, Darrius	Old Dominion	7.46
13 Johnson, Aaron	Virginia Wes	7.52
14 White, Carlson	Unattached	7.52
15 Alston, Ki'van	Virginia Wes	7.70
16 Holmes, Frank	Lincoln (Pa.	7.88
17 Jacobs, Julius	Virginia Wes	7.95
18 Lee, Noah	Unattached	8.40

Men 60 Meter Dash College Univ

Name	School	Prelims
Preliminaries		
1 Webb, Jackson	Unattached	6.73Q
2 Manu, Joseph	Coppin State	6.78Q
3 Okezie, Chidi	Unattached	6.84Q
4 Adams, Jamar	Unc Pembroke	6.96Q
5 Donigian, Alexander	Armenia	6.85q
6 McLean, Sean	Allstarz Man	6.87q
7 Gittens, Ramon	Unattached	6.90q
8 Holloway, Trey	Unattached	6.96q
9 Parker, Irshad	Old Dominion	7.01
10 Colley, Gavin	Moore Elite	7.01
11 Lawrence, Skyy	Run U Xpress	7.01
11 Rivera, Julius	Puerto Rico	7.01
13 Gamble, Orlandus	Unc Pembroke	7.06
14 Cannon, Kenneth	Voorhees	7.10
15 Burnette, Justen	Mount Olive	7.10
16 Walker, Kamari	Mount Olive	7.19
17 McKeever, Cheneniah	Voorhees	7.24
18 Mack, Jeffery	Unattached	7.25
19 Agard, Jervonne	Coppin State	7.26
20 Jenkins, Zach	Mount Olive	7.42
21 Jones-Benson, Tyrone	Unattached	7.43
22 Damon, Raymon	Central Inte	7.43
23 daley, jason	Unattached	7.56
24 Coston, Myles	Lincoln (Pa.	7.62
25 Omdahl, Adrian	Unattached	7.80

Men 60 Meter Dash College Univ

Name	School	Finals
Finals		
1 Webb, Jackson	Unattached	6.64
2 Manu, Joseph	Coppin State	6.66
3 Gittens, Ramon	Unattached	6.79
4 Donigian, Alexander	Armenia	6.79
5 Okezie, Chidi	Unattached	6.84
6 Holloway, Trey	Unattached	6.92
7 Adams, Jamar	Unc Pembroke	7.03
--- McLean, Sean	Allstarz Man	FS

Men 200 Meter Dash College Univ

Name	School	Finals
Finals		
1 Gardiner, Steven	Adidas	20.71
2 Manu, Joseph	Coppin State	21.24

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Men 200 Meter Dash College_ Univ)

Name	School	Finals
3 Okezie, Chidi	Unattached	21.36
4 Opuni, Abayie	Coppin State	21.81
5 Burnette, Justen	Mount Olive	22.18
6 Mahana, Eddie	Unattached	22.37
7 Nixon, Jacob	Bryant & Str	22.40
8 Coker, Preston	Unc Pembroke	22.49
9 Rivera, Julius	Puerto Rico	22.50
10 Colley, Gavin	Moore Elite	22.51
11 Jackson-Fair, Jalen	Old Dominion	22.58
12 Harris, Jhalen	Bryant & Str	22.73
13 Agard, Jervonne	Coppin State	22.94
13 Johnson, Dante	Sprint Athle	22.94
15 Walker, Kamari	Mount Olive	22.95
16 Kee, Lathan	Voorhees	23.13
17 McKeever, Cheneniah	Voorhees	23.14
18 Lawrence, Skyy	Run U Xpress	23.17
19 Kee, Nathan	Voorhees	23.35
20 Parker, Irshad	Old Dominion	23.46
21 Mabe, Walker	Unc Pembroke	23.61
22 Mack, Jeffery	Unattached	23.63
23 Daniel, Isaiah	Unc Pembroke	23.71
24 Crenshaw, Tru	Bryant & Str	23.72
25 Phifer, Michael	Unattached	23.92
26 Chandler, Antwan	Voorhees	24.44
27 Moffo, Landry	Virginia Wes	24.48
28 Iherjirka, Obinna	Lincoln (Pa.	24.50
29 Anderson, Tim	Virginia Wes	24.82
30 Johnson, Aaron	Virginia Wes	24.86
31 Jenkins, Zach	Mount Olive	25.21
32 Jacobs, Julius	Virginia Wes	25.44
33 Omdahl, Adrian	Unattached	25.61
34 Willcox, Xavier	Voorhees	25.90
35 Alston, Ki'van	Virginia Wes	26.00
36 Clarke, Tyrone	Old Dominion	26.25
37 Hunter, Larry	Voorhees	28.09
--- Atangana, Christian	Unattached	FS
--- Damon, Raymon	Central Inte	DNF
--- Weller, Solomon	Mount Olive	DNF

Men 400 Meter Dash College_ Univ

Name	School	Finals
Finals		
1 Hazel, Warren	Elite Perfor	46.97
21.776 (21.776)	46.964 (25.188)	
2 Owusu Antwi, Martin	Unattached	47.82
22.018 (22.018)	47.818 (25.800)	
3 Opuni, Abayie	Coppin State	48.02
22.752 (22.752)	48.014 (25.262)	
4 Amoah, Joseph	Unattached	48.32
22.312 (22.312)	48.320 (26.008)	
5 Rhoden-Stevens, Jamal-M	Unattached	48.49
23.042 (23.042)	48.484 (25.442)	
6 Lawrence, Rayon	Unattached	49.54
23.544 (23.544)	49.532 (25.988)	

7 Mahana, Eddie	Unattached	49.60
23.432 (23.432)	49.598 (26.166)	
8 Morell, Joshua	Mount Olive	51.88
24.349 (24.349)	51.879 (27.530)	
9 Daniel, Isaiah	Unc Pembroke	52.21
24.235 (24.235)	52.203 (27.968)	
10 Kee, Lathan	Voorhees	52.29
23.255 (23.255)	52.287 (29.032)	
11 Kee, Nathan	Voorhees	52.31
23.467 (23.467)	52.309 (28.842)	
12 Cherry, Allen	Bryant & Str	52.47
24.533 (24.533)	52.467 (27.934)	
13 Fabian, Carlo	Unattached	52.58
24.423 (24.423)	52.579 (28.156)	
14 Lawrence, Skyy	Run U Xpress	52.61
24.365 (24.365)	52.603 (28.238)	
15 Mabe, Walker	Unc Pembroke	53.14
24.729 (24.729)	53.135 (28.406)	
16 Custodio, Koby	Prolific Per	53.18
24.416 (24.416)	53.180 (28.764)	
17 Julien, Joshua	Old Dominion	53.27
25.925 (25.925)	53.265 (27.340)	
18 Atangana, Christian	Unattached	53.63
23.857 (23.857)	53.623 (29.766)	
19 Blackley, Jahkwan	Unattached	54.78
23.739 (23.739)	54.771 (31.032)	
20 Anderson, Tim	Virginia Wes	59.15
27.559 (27.559)	59.145 (31.586)	
21 Jones, Zeek	Unattached	1:03.49
28.525 (28.525)	1:03.485 (34.960)	
22 Willcox, Xavier	Voorhees	1:07.18
25.917 (25.917)	1:07.171 (41.254)	

Men 800 Meter Run College_ Univ

Name	School	Finals
Finals		
1 Ba, Amadou	Coppin State	1:54.55
27.488 (27.488)	56.214 (28.726)	1:25.512 (29.298)
1:54.550 (29.038)		
2 Kopmels, Cas	Mount Olive	1:58.79
29.316 (29.316)	1:00.626 (31.310)	1:30.074 (29.448)
1:58.782 (28.708)		
3 Marci, Mattia	Mount Olive	1:59.16
29.834 (29.834)	1:00.786 (30.952)	1:30.156 (29.370)
1:59.152 (28.996)		
4 Griffin, Dae'Shawn	Bryant & Str	2:00.85
26.936 (26.936)	57.908 (30.972)	1:30.454 (32.546)
2:00.842 (30.388)		
5 Ameer, Jelani	Unattached	2:01.17
28.666 (28.666)	58.304 (29.638)	1:29.060 (30.756)
2:01.164 (32.104)		
6 Burkhart, Delsin	Unc Pembroke	2:01.85
29.088 (29.088)	59.884 (30.796)	1:31.150 (31.266)
2:01.846 (30.696)		

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Men 800 Meter Run College_ Univ)

Name	School	Finals
7 Ferrell, Jason	Bryant & Str	2:01.89
28.658 (28.658)	1:00.428 (31.770)	1:32.916 (32.488)
2:01.886 (28.970)		
8 Cooney, Eamon	Unattached	2:03.76
29.122 (29.122)	1:00.684 (31.562)	1:32.738 (32.054)
2:03.760 (31.022)		
9 Goodman, Tymique	Lincoln (Pa.	2:04.41
27.160 (27.160)	58.072 (30.912)	1:30.634 (32.562)
2:04.408 (33.774)		
10 Epps, Amir	Bryant & Str	2:05.87
28.790 (28.790)	1:00.624 (31.834)	1:33.660 (33.036)
2:05.868 (32.208)		
11 Bridges, DeAnte	Bryant & Str	2:07.12
27.826 (27.826)	59.954 (32.128)	1:34.060 (34.106)
2:07.114 (33.054)		
12 Wilson, Austin	Lincoln (Pa.	2:07.48
28.080 (28.080)	59.624 (31.544)	1:33.826 (34.202)
2:07.478 (33.652)		
13 Luckey, Isaiah	Virginia Wes	2:07.77
28.280 (28.280)	59.856 (31.576)	1:34.006 (34.150)
2:07.762 (33.756)		
14 Daniels, Benaleo	Unattached	2:08.51
29.944 (29.944)	1:01.706 (31.762)	1:34.740 (33.034)
2:08.504 (33.764)		
15 Miller, Cody	Unc Pembroke	2:09.04
28.226 (28.226)	58.990 (30.764)	1:33.464 (34.474)
2:09.034 (35.570)		
16 Massie, Quinton	Unattached	2:14.88
28.768 (28.768)	1:01.028 (32.260)	1:36.606 (35.578)
2:14.876 (38.270)		
17 Kuhnemann, Wyatt	Unc Pembroke	2:15.37
28.430 (28.430)	1:00.688 (32.258)	1:38.040 (37.352)
2:15.368 (37.328)		
18 McGire, Caleb	Bryant & Str	2:16.12
29.596 (29.596)	1:03.038 (33.442)	1:38.806 (35.768)
2:16.120 (37.314)		
19 Powers, Andrew	Virginia Wes	2:19.01
29.042 (29.042)	1:01.930 (32.888)	1:39.932 (38.002)
2:19.010 (39.078)		
20 McCue, Logan	Hampton Road	2:23.53
31.534 (31.534)	1:08.008 (36.474)	1:46.082 (38.074)
2:23.528 (37.446)		

Men 1 Mile Run College_ Univ

Name	School	Finals
1 Kopmels, Cas	Mount Olive	4:19.84
32.436 (32.436)	1:04.478 (32.042)	1:37.134 (32.656)
2:10.354 (33.220)	2:43.648 (33.294)	3:17.006 (33.358)
3:49.378 (32.372)	4:19.832 (30.454)	
2 Marci, Mattia	Mount Olive	4:31.47
35.442 (35.442)	1:09.002 (33.560)	1:43.642 (34.640)
2:18.772 (35.130)	2:52.388 (33.616)	3:26.610 (34.222)
4:00.004 (33.394)	4:31.466 (31.462)	

3 Gilbride, Aidan	Mount Olive	4:40.62
35.012 (35.012)	1:08.672 (33.660)	1:43.528 (34.856)
2:19.344 (35.816)	2:54.840 (35.496)	3:32.128 (37.288)
4:07.464 (35.336)	4:40.612 (33.148)	
4 Olmstead, Ashton	Mount Olive	4:45.17
34.706 (34.706)	1:08.490 (33.784)	1:43.398 (34.908)
2:19.174 (35.776)	2:54.730 (35.556)	3:32.378 (37.648)
4:10.036 (37.658)	4:45.168 (35.132)	
5 Cravens, Ethan	Virginia Wes	4:54.79
36.000 (36.000)	1:11.794 (35.794)	1:49.576 (37.782)
2:28.782 (39.206)	3:06.430 (37.648)	3:44.580 (38.150)
4:22.452 (37.872)	4:54.788 (32.336)	
6 McLean, Andre	Unattached	4:56.52
35.292 (35.292)	1:08.912 (33.620)	1:43.804 (34.892)
2:20.370 (36.566)	2:58.770 (38.400)	3:39.460 (40.690)
4:18.648 (39.188)	4:56.512 (37.864)	
7 Golub, Jason	Virginia Wes	5:00.68
35.904 (35.904)	1:11.582 (35.678)	1:49.302 (37.720)
2:28.514 (39.212)	3:07.262 (38.748)	3:46.156 (38.894)
4:24.810 (38.654)	5:00.678 (35.868)	

Men 3000 Meter Run College_ Univ

Name	School	Finals
1 Kopmels, Cas	Mount Olive	8:35.24
34.789 (34.789)	1:09.139 (34.350)	1:43.907 (34.768)
2:18.895 (34.988)	2:53.679 (34.784)	3:28.525 (34.846)
4:03.711 (35.186)	4:38.423 (34.712)	5:13.391 (34.968)
5:48.145 (34.754)	6:23.189 (35.044)	6:58.373 (35.184)
7:33.177 (34.804)	8:06.517 (33.340)	8:35.235 (28.718)
2 Conjelko, Jack	Unattached	8:38.72
34.473 (34.473)	1:08.817 (34.344)	1:43.621 (34.804)
2:18.601 (34.980)	2:53.381 (34.780)	3:28.271 (34.890)
4:03.403 (35.132)	4:38.181 (34.778)	5:13.143 (34.962)
5:47.919 (34.776)	6:22.977 (35.058)	6:58.101 (35.124)
7:32.969 (34.868)	8:07.163 (34.194)	8:38.711 (31.548)
3 Levy, Hunter	Unc Pembroke	9:00.69
35.951 (35.951)	1:11.787 (35.836)	1:48.543 (36.756)
2:24.719 (36.176)	3:02.011 (37.292)	3:39.405 (37.394)
4:15.573 (36.168)	4:51.287 (35.714)	5:26.873 (35.586)
6:03.099 (36.226)	6:40.561 (37.462)	7:18.379 (37.818)
7:54.171 (35.792)	8:28.111 (33.940)	9:00.683 (32.572)
4 Marci, Mattia	Mount Olive	9:05.58
1:11.955 (1:11.955)	1:11.985 (0.030)	1:47.933 (35.948)
2:22.579 (34.646)	2:57.767 (35.188)	3:33.667 (35.900)
4:10.543 (36.876)	4:47.299 (36.756)	5:24.417 (37.118)
6:02.121 (37.704)	6:40.293 (38.172)	7:18.133 (37.840)
7:55.955 (37.822)	8:32.247 (36.292)	9:05.575 (33.328)
5 Burkhart, Delsin	Unc Pembroke	9:10.49
35.563 (35.563)	1:11.661 (36.098)	1:48.623 (36.962)
2:24.963 (36.340)	3:02.263 (37.300)	3:39.877 (37.614)
4:15.859 (35.982)	4:52.057 (36.198)	5:28.303 (36.246)
6:05.749 (37.446)	6:44.461 (38.712)	7:22.705 (38.244)
8:00.667 (37.962)	8:37.239 (36.572)	9:10.487 (33.248)

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Finals ... (Men 3000 Meter Run College_Univ)

Name	School	Finals
6 Osborne, Andrew	Growing Runn	9:14.91
35.875 (35.875)	1:11.971 (36.096)	1:48.711 (36.740)
2:24.751 (36.040)	3:01.487 (36.736)	3:38.139 (36.652)
4:15.303 (37.164)	4:51.803 (36.500)	5:28.587 (36.784)
6:06.121 (37.534)	6:44.647 (38.526)	7:22.947 (38.300)
8:01.283 (38.336)	8:39.073 (37.790)	9:14.909 (35.836)
7 Phieffer, Jack	Unc Pembroke	9:16.28
35.331 (35.331)	1:11.439 (36.108)	1:48.317 (36.878)
2:24.485 (36.168)	3:01.767 (37.282)	3:39.377 (37.610)
4:16.131 (36.754)	4:53.005 (36.874)	5:30.773 (37.768)
6:09.031 (38.258)	6:47.581 (38.550)	7:25.973 (38.392)
8:04.713 (38.740)	8:42.445 (37.732)	9:16.277 (33.832)
8 Olmstead, Ashton	Mount Olive	9:27.71
36.199 (36.199)	1:12.465 (36.266)	1:48.965 (36.500)
2:25.287 (36.322)	3:02.583 (37.296)	3:40.217 (37.634)
4:17.113 (36.896)	4:55.119 (38.006)	5:34.741 (39.622)
6:14.731 (39.990)	6:55.045 (40.314)	7:35.507 (40.462)
8:16.759 (41.252)	8:55.913 (39.154)	9:27.701 (31.788)
9 Bierly, Nathanael	Mount Olive	9:30.88
36.295 (36.295)	1:12.535 (36.240)	1:48.995 (36.460)
2:24.931 (35.936)	3:02.081 (37.150)	3:39.643 (37.562)
4:16.583 (36.940)	4:53.513 (36.930)	5:31.565 (38.052)
6:10.777 (39.212)	6:50.083 (39.306)	7:31.621 (41.538)
8:14.419 (42.798)	8:55.215 (40.796)	9:30.879 (35.664)
10 Johnson, James	Virginia Wes	10:39.31
36.635 (36.635)	1:12.995 (36.360)	1:51.055 (38.060)
2:31.075 (40.020)	3:12.905 (41.830)	3:55.193 (42.288)
4:38.561 (43.368)	5:21.415 (42.854)	6:06.155 (44.740)
6:50.045 (43.890)	7:36.093 (46.048)	8:24.353 (48.260)
9:12.715 (48.362)	9:58.455 (45.740)	10:39.305 (40.850)

Men 60 Meter Hurdles College_Univ

Name	School	Prelims
Preliminaries		
1 Holloway, Trey	Unattached	7.80Q
2 Lewis, Aaron	Unattached	8.02Q
3 Davis, Ian	Unattached	8.14q
4 Johnson, Dante	Sprint Athle	8.43q
5 Deberry, Jathan	Unc Pembroke	8.46q
6 Simon, Ramoye	Unattached	8.46q
7 Andjelic, Nikola	Croatia	8.61q
8 Moffo, Landry	Virginia Wes	8.83q
9 Gunter, Jeffery	Unc Pembroke	8.91
10 Martin, Jordan	Mount Olive	9.02
11 Robertson, Isaiah	Old Dominion	9.06
12 Elmore, Darrin	Unc Pembroke	9.56

Men 60 Meter Hurdles College_Univ

Name	School	Finals
Finals		
1 Holloway, Trey	Unattached	7.90
2 Davis, Ian	Unattached	8.11
3 Deberry, Jathan	Unc Pembroke	8.33
4 Simon, Ramoye	Unattached	8.44

5 Andjelic, Nikola	Croatia	8.48
6 Johnson, Dante	Sprint Athle	8.56
7 Moffo, Landry	Virginia Wes	8.62
8 Lewis, Aaron	Unattached	8.82

Men 4x400 Meter Relay College_Univ

Team	Relay	Finals
Finals		
1 Bryant & Str	A	3:26.63
1) McGire, Caleb	2) Epps, Amir	
3) Nixon, Jacob	4) Powell Jr, Anthony	
50.229 (50.229)	1:40.435 (50.206)	2:33.103 (52.668)
3:26.629 (53.526)		
2 Road Runners	A	3:26.75
1) Ameer, Jelani	2) Blackley, Jahkwan	
3) Cooney, Eamon	4) Jones, Ezekiel	
52.321 (52.321)	1:43.093 (50.772)	2:34.621 (51.528)
3:26.749 (52.128)		
3 Lincoln (Pa.)	A	3:39.91
1) Goodman, Tymique	2) Clark, Jordan	
3) Rodriguez, Da'avionce	4) Wilson, Austin	
55.357 (55.357)	1:49.083 (53.726)	2:47.607 (58.524)
3:39.905 (52.298)		
4 Virginia Wesleyan	A	3:47.49
1) Alston, Ki'van	2) Powers, Andrew	
3) Luckey, Isaiah	4) Anderson, Tim	
1:00.327 (1:00.327)	1:56.999 (56.672)	2:52.259 (55.260)
3:47.481 (55.222)		
--- Virginia Wesleyan	B	DNF
1:01.105 (1:01.105)	2:01.117 (1:00.012)	2:56.643 (55.526)

Men 1600 Sprint Medley College_Univ

Team	Relay	Finals
Finals		
1 Bryant & Str	A	3:50.85
1) Griffin, Dae'Shawn	2) Bridges, DeAnte	
3) Cherry, Allen	4) Ferrell, Jason	
47.759 (47.759)	1:40.849 (53.090)	3:50.845 (2:09.996)

Men High Jump College_Univ

Name	School	Finals
Finals		
1 Butler, Glenn	Lincoln (Pa.)	2.08m
2 Deberry, Jathan	Unc Pembroke	2.04m
3 Gamble, Orlandus	Unc Pembroke	1.93m
4 Washington, Jawann	Mount Olive	1.83m
5 Johnson, Kamden	Mount Olive	1.83m
6 Pray, Nykie	Mount Olive	1.78m
--- Lee, Derrick	Unattached	NH

Men Pole Vault College_Univ

Name	School	Finals
Finals		
1 Smith, Tanner	Mount Olive	3.90m
2 March, Hunter	Unc Pembroke	2.90m

East Coast Invitational - 2/6/2021

Virginia Beach Sports Center

Results - Saturday

Men Long Jump College_Univ

Name	School	Finals
Finals		
1 Butler, Glenn	Lincoln (Pa.	7.57m
2 Roberts, Geni	Virginia Wes	7.07m
3 Small, Todzah	Unc Pembroke	6.91m
4 Hines, Ethan	Mount Olive	6.90m
5 Hines, Eian	Mount Olive	6.76m
6 Pray, Nykie	Mount Olive	6.72m
7 Harris, Jhalen	Bryant & Str	6.52m
8 Foster, Isaiah	Mount Olive	6.48m
9 Johnson, Kamden	Mount Olive	6.43m
10 Washington, Jawann	Mount Olive	6.18m
11 Heyward, Jakheem	Voorhees	6.16m
12 Whitaker, Andrew	Unc Pembroke	6.11m
13 Harrell, Jaden	Lincoln (Pa.	5.93m
14 Jones, Darrius	Old Dominion	5.81m
15 Johnson, Aaron	Virginia Wes	5.53m
16 Lee, Derrick	Unattached	5.30m
17 Alston, Cory	Virginia Wes	J5.30m

Men Triple Jump College_Univ

Name	School	Finals
Finals		
1 Jones, Brandon	Belize	15.38m
2 Hines, Eian	Mount Olive	13.59m
3 Whitaker, Andrew	Unc Pembroke	13.47m
4 Elmore, Darrin	Unc Pembroke	13.42m
5 Hines, Ethan	Mount Olive	13.31m
6 Pray, Nykie	Mount Olive	13.14m
7 Washington, Jawann	Mount Olive	12.98m
8 Jones, Darrius	Old Dominion	12.89m
9 Johnson, Kamden	Mount Olive	12.71m
10 Foster, Isaiah	Mount Olive	12.23m
11 Parker, Irshad	Old Dominion	12.17m
12 Johnson, Aaron	Virginia Wes	11.78m
13 Alston, Cory	Virginia Wes	11.52m
--- Roberts, Geni	Virginia Wes	FOUL

Men Shot Put College_Univ

Name	School	Finals
Finals		
1 Faison, Josh	Mount Olive	14.84m
2 Kalliske, Tom	Mount Olive	13.67m
3 Boyles, Brandon	Unc Pembroke	J13.67m
4 Govan, Cosray	Virginia Wes	13.15m
5 Lotts, Michael	Mount Olive	12.96m
6 Oxendine, Bennie	Unc Pembroke	12.62m
7 Tolbert, Dorian	Mount Olive	12.50m
8 Wojcuich, Jon	Mount Olive	11.87m
9 Smith-Forte, Alex	Mount Olive	11.32m
10 Chapman, Kevon	Bryant & Str	11.14m
11 Crawford, Billy	Mount Olive	11.03m
12 Oakley, Cameron	Unc Pembroke	10.95m
13 Andjelic, Nikola	Croatia	10.66m

14 Howard, Ben	Mount Olive	10.28m
15 Lee, Noah	Unattached	10.03m
16 Brathwaite, Darrell	Voorhees	9.05m
17 Fyffe, Keive	Virginia Wes	8.15m
18 Osipov, Gregory	Virginia Wes	6.10m

Men Weight Throw College_Univ

Name	School	Finals
Finals		
1 Wojcuich, Jon	Mount Olive	17.28m
2 Lotts, Michael	Mount Olive	16.21m
3 Tolbert, Dorian	Mount Olive	14.25m
4 Faison, Josh	Mount Olive	13.78m
5 Boyles, Brandon	Unc Pembroke	12.85m
6 Kalliske, Tom	Mount Olive	12.82m
7 Govan, Cosray	Virginia Wes	12.77m
8 Crawford, Billy	Mount Olive	11.87m
9 Oxendine, Bennie	Unc Pembroke	11.63m
10 Fyffe, Keive	Virginia Wes	6.68m
11 Osipov, Gregory	Virginia Wes	4.63m
--- Chapman, Kevon	Bryant & Str	FOUL
--- Howard, Ben	Mount Olive	FOUL
--- Smith-Forte, Alex	Mount Olive	FOUL
--- Oakley, Cameron	Unc Pembroke	FOUL

Men 500 Meter Dash Professional

Name	School	Finals
Finals		
1 Weekly, Ian	Allstarz Man	1:11.69
37.227 (37.227)	1:11.681 (34.454)	