

**Region 5A - 2/17/2021**  
**Albemarle High School**  
**Results**

**Girls 55 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Woods, Ayanna	North Staffo	7.56 10
2 Hawkins, Kaydence	Albemarle	7.71 8
3 Watson, Ayeshia	William Flem	7.81 6
4 Bayard, Nella	Mountain Vie	8.01 5
5 Downing, Latoya	North Staffo	8.02 4
6 Hawes, Malye	Brooke Point	8.18 3
7 Peloquin, Marquesa	Albemarle	8.22 2
8 Kahoun, Grace	Patrick Henr	8.27 1
9 Jones, Kimora	William Flem	8.30
10 McGinnia, Kira	Patrick Henr	8.61
11 Saunders, Jocelyn	Brooke Point	8.95
12 Grooms, Samantha	Stafford Hig	9.04

**Girls 300 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 McGinnis, Megan	Patrick Henr	43.91 10
2 Bayard, Nella	Mountain Vie	44.87 8
3 Duffy, Skylar	Stafford Hig	44.89 6
4 Peloquin, Marquesa	Albemarle	45.23 5
5 Owens, Karrington	Mountain Vie	46.59 4
6 Watson, Ayeshia	William Flem	46.62 3
7 Shults, Caroline	Stafford Hig	48.63 2
8 Kahoun, Grace	Patrick Henr	49.63 1
9 Hawes, Malye	Brooke Point	51.98
10 Saunders, Jocelyn	Brooke Point	52.58
11 Jones, Kimora	William Flem	53.80

**Girls 500 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 McGinnis, Megan	Patrick Henr	1:19.03 10
2 Duffy, Skylar	Stafford Hig	1:19.77 8
3 Owens, Karrington	Mountain Vie	1:19.84 6
4 Anderson, Madelyn	Mountain Vie	1:25.40 5
5 Yow, Liz	Albemarle	1:27.50 4
6 Branscom, Thea	Patrick Henr	1:28.20 3
7 Snider, Ashley	Albemarle	1:28.21 2
8 Hawkins, Kira	Brooke Point	1:33.63 1
9 Orneval, Iyana	Brooke Point	1:38.49
10 Eagleton, Paige	Stafford Hig	1:39.13

**Girls 1000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Simmons, Rebekah	Mountain Vie	3:12.84 10
2 Hughlett, Courtney	Albemarle	3:13.34 8
3 Bonham, Reese	Albemarle	3:14.08 6
4 Peterson, Laura	Mountain Vie	3:16.29 5
5 Berck, Grace	Stafford Hig	3:36.05 4
6 Yirmibesoglu, Aylin	Patrick Henr	3:41.30 3
7 Spencer-Hamm, Amalie	Brooke Point	3:47.19 2

8 Dewire, Sophie	Patrick Henr	3:56.39 1
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**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Hughlett, Caroline	Albemarle	5:32.82 10
2 St Amand, Olivia	Albemarle	5:39.02 8
3 Wunderly, Emma	Mountain Vie	5:46.03 6
4 Kingston, Natalie	Mountain Vie	5:47.89 5
5 Craig, Katherine	North Staffo	5:48.35 4
6 Sherman, Alice	Patrick Henr	6:10.30 3
7 Allen, Jaci	Stafford Hig	6:44.35 2

**Girls 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 DeBoer, Arianna	Albemarle	11:39.08 10
2 Gypson, Madelyn	Albemarle	12:14.15 8
3 Craig, Katherine	North Staffo	12:30.69 6
4 Wunderly, Emma	Mountain Vie	12:37.16 5

**Girls 55 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Vinzant, Callie	Albemarle	10.13 10
2 Jones, Kimora	William Flem	10.50 8
3 Smeltzer, Elizabeth	Patrick Henr	11.06 6
4 Cumins, Kate	Patrick Henr	11.32 5
5 Elward, Mackenzie	Albemarle	11.45 4

**Girls 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Albemarle	A	1:51.20 10
1) Yow, Liz	2) St. Amand, Madeline	
3) Snider, Ashley	4) Peloquin, Marquesa	
2 Brooke Point	A	1:55.66 8
1) Orneval, Iyana	2) Hawes, Malye	
3) Hawkins, Kira	4) Krebs, Emily	
3 North Stafford	A	1:59.08 6
1) Downing, Latoya	2) Todd, A'Mya	
3) Kyle, Asija	4) Woods, Ayanna	
4 Patrick Henr	A	2:00.97 5
1) Cumins, Kate	2) Kahoun, Grace	
3) McGinnia, Kira	4) Smeltzer, Elizabeth	

**Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Albemarle	A	4:20.46 10
1) Yow, Liz	2) St. Amand, Madeline	
3) Snider, Ashley	4) Hughlett, Caroline	
2 Patrick Henr	A	4:21.87 8
1) McGinnis, Megan	2) Yirmibesoglu, Aylin	
3) Dewire, Sophie	4) Branscom, Thea	
3 Mountain Vie	A	4:25.44 6

**Region 5A - 2/17/2021**  
**Albemarle High School**

**Results**

**Finals ... (Girls 4x400 Meter Relay)**

Team	Relay	Finals
4 Stafford High School	A	4:32.91 5
1) Harris, Annabelle	2) Shults, Caroline	
3) Eagleton, Paige	4) Duffy, Skylar	

**Girls 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Albemarle	A	10:11.12 10
1) DeBoer, Arianna	2) Hughlett, Courtney	
3) Hughlett, Caroline	4) Bonham, Reilly	
2 Patrick Henr	A	11:05.52 8
1) Yirmibesoglu, Aylin	2) Branscom, Thea	
3) Dewire, Sophie	4) Sherman, Alice	
3 Mountain View	A	11:38.24 6

**Girls High Jump**

Name	School	Finals
<b>Finals</b>		
1 Vinzant, Callie	Albemarle	4-02.00 10
2 Opoku-Mensah, Casandra	Mountain Vie	J4-02.00 8
--- Amin, Suhani	Mountain Vie	NH

**Girls Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Snider, Ashley	Albemarle	15-07.75 10
2 Watson, Ayeshia	William Flem	15-03.75 8
3 Peloquin, Marquesa	Albemarle	14-10.00 6
4 Jones, Kimora	William Flem	13-08.75 5
5 Opoku-Mensah, Casandra	Mountain Vie	13-05.25 4
6 Amin, Suhani	Mountain Vie	11-10.75 3

**Girls Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Watson, Ayeshia	William Flem	32-01.00 10
2 Opoku-Mensah, Casandra	Mountain Vie	30-01.50 8
3 Jones, Kimora	William Flem	29-02.25 6
4 Amin, Suhani	Mountain Vie	27-00.00 5
--- Klosek, Stella	Albemarle	FOUL

**Girls Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Dunbar, Kayla	Mountain Vie	30-01.50 10
2 Grooms, Samantha	Stafford Hig	27-08.00 8
3 Mensah, Elizabeth	Mountain Vie	27-01.00 6
4 Kahoun, Grace	Patrick Henr	21-08.00 5
5 Krebs, Emily	Brooke Point	19-03.50 4
6 Maxwell, Abigail	Brooke Point	18-06.50 3

**Boys 55 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Jones, Micah	William Flem	6.59 10

2 Taylor, Christopher	North Staffo	6.61 8
3 Martinez, Nigel	North Staffo	6.83 6
4 Taylor, Carmelo	Patrick Henr	6.87 5
5 Penn, Steven	Patrick Henr	7.03 4
6 Boni, Jean-Bandama	Stafford Hig	7.14 3
7 Breeden, Jackson	Brooke Point	7.24 2
8 Long, Erik	Albemarle	7.37 1
9 Mensah, Eric	Mountain Vie	7.39
10 Hyman, Isaiiah	Brooke Point	7.41
11 Harrington, Xavier	William Flem	7.59

**Boys 300 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Taylor, Carmelo	Patrick Henr	37.07 10
2 Gaymon, Ronald	Stafford Hig	38.26 8
3 Nelson, Christopher	William Flem	38.65 6
4 Richardson, Elias	Mountain Vie	38.68 5
5 Prince, Gloire	Albemarle	40.53 4
6 Long, Erik	Albemarle	40.66 3
7 Estes, Daveon	Brooke Point	40.90 2
8 Johnson, Davian	North Staffo	43.36 1

**Boys 500 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Billings, Aidan	Mountain Vie	1:10.23 10
2 Sepulveda, Thomas	Stafford Hig	1:11.38 8
3 Cahoon, Noah	Mountain Vie	1:11.79 6
4 Gaymon, Ronald	Stafford Hig	1:12.31 5
5 Johnson, Davian	North Staffo	1:14.57 4
6 Pearl, Garrett	Brooke Point	1:23.19 3
7 Leftwich, Tyrece	William Flem	1:23.90 2

**Boys 1000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Polcha, Justin	Stafford Hig	2:59.05 10
2 Yakulis Jr., Samuel	North Staffo	3:00.96 8
3 Petska, Jacob	Mountain Vie	3:01.09 6
4 Wiley, Misha	Patrick Henr	3:03.53 5
5 Belt, Russell	North Staffo	3:05.06 4
6 Swain, Craig	Mountain Vie	3:07.89 3
7 Reeves, Kamren	Stafford Hig	3:10.43 2

**Boys 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Polcha, Justin	Stafford Hig	4:46.52 10
2 Swain, Craig	Mountain Vie	4:47.52 8
3 Yakulis Jr., Samuel	North Staffo	4:47.76 6
4 Williams, Edward	Patrick Henr	4:49.05 5
5 McClung, Luke	Albemarle	5:02.15 4
6 Wiley, Misha	Patrick Henr	5:02.34 3
7 Grubbs, Adrian	Albemarle	5:08.25 2
8 Mott, William	North Staffo	5:18.99 1

**Region 5A - 2/17/2021**  
**Albemarle High School**  
**Results**

**Finals ... (Boys 1600 Meter Run)**

Name	School	Finals
9 Braun, Hayden	Brooke Point	5:53.21

**Boys 3200 Meter Run**

Name	School	Finals
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**Finals**

1 LeCain, Noah	North Staffo	10:11.41	10
2 Webb, Joshua	North Staffo	10:25.56	8
3 Putka, Ben	Stafford Hig	10:33.75	6
4 Schilling, Charles	Mountain Vie	10:34.41	5
5 Williams, Edward	Patrick Henr	11:09.70	4
6 DeBoer, Kuyper	Albemarle	11:13.46	3
7 Caley, Andrew	Brooke Point	11:31.35	2
8 MacDonald, Chris	Albemarle	12:10.27	1

**Boys 55 Meter Hurdles**

Name	School	Finals
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**Finals**

1 Jones, Micah	William Flem	8.06	10
2 Penn, John	Patrick Henr	8.57	8
3 Mas, Emilio	Brooke Point	9.92	6
4 Anderson, Jayden	Brooke Point	11.08	5

**Boys 4x200 Meter Relay**

Team	Relay	Finals
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**Finals**

1 Patrick Henr	A	1:38.10	10
1) Penn, Steven	2) Taylor, Carmelo		
3) Penn, John	4) Alonzo, Daniel		
2 Brooke Point	A	1:40.05	8
1) Lane, Nathan	2) Zelaya, Giovanni		
3) Estes, Daveon	4) Breeden, Jackson		
3 North Stafford	A	1:41.03	6
1) Green, Jahiem	2) Martinez, Nigel		
3) Ivey, Joshua	4) Taylor, Christopher		
4 Albemarle	A	1:41.28	5
1) Marshall, Zane	2) Long, Erik		
3) Prince, Gloire	4) Skadron, Micah		
5 Mountain View	A	1:50.09	4

**Boys 4x400 Meter Relay**

Team	Relay	Finals
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**Finals**

1 Mountain View	A	3:41.22	10
2 Stafford High School	A	3:41.67	8
1) Barham, Tyler	2) Boni, Jean-Bandama		
3) Sepulveda, Thomas	4) Gaymon, Ronald		
3 William Fleming	A	3:51.92	6
4 Brooke Point	A	4:01.90	5
1) Thomas, Jordell	2) Ramos, Logan		
3) Pearl, Garrett	4) Lane, Nathan		

**Boys 4x800 Meter Relay**

Team	Relay	Finals
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**Finals**

1 North Stafford	A	8:49.03	10
1) Belt, Russell	2) Webb, Joshua		
3) LeCain, Noah	4) Yakulis Jr., Samuel		
2 Albemarle	A	8:54.33	8
1) Hartogensis, Jake	2) Pellissier, Chris		
3) Teweles, Brian	4) Drumheller, Austin		
3 Mountain View	A	9:09.31	6
4 Brooke Point	A	9:18.54	5
1) Andros, Liam	2) Andros, Logan		
3) Caley, Andrew	4) Thomas, Jordell		
5 Stafford High School	A	9:32.84	4
1) Reeves, Kamren	2) Herbert, Owen		
3) Meline, Nathan	4) Godsey, Nathan		

**Boys High Jump**

Name	School	Finals
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**Finals**

1 Jones, Micah	William Flem	5-10.00	10
2 Annor, Reginald	Mountain Vie	5-08.00	8
3 Andros, Logan	Brooke Point	5-06.00	6
--- Andros, Liam	Brooke Point	NH	

**Boys Long Jump**

Name	School	Finals
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**Finals**

1 Jones, Micah	William Flem	21-11.50	10
2 Nelson, Christopher	William Flem	19-03.75	8
3 Richardson, Elias	Mountain Vie	18-08.00	6
4 Riley, Michael	Brooke Point	18-03.75	5
5 Mas, Emilio	Brooke Point	17-04.50	4

**Boys Triple Jump**

Name	School	Finals
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**Finals**

1 Jones, Micah	William Flem	41-01.00	10
2 Barham, Tyler	Stafford Hig	J41-01.00	8
3 Nelson, Christopher	William Flem	39-10.00	6
4 Richardson, Elias	Mountain Vie	39-03.50	5
5 Riley, Michael	Brooke Point	37-06.00	4
6 Johnson, Camren	Brooke Point	36-03.50	3

**Boys Shot Put**

Name	School	Finals
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**Finals**

1 Mensah, Eric	Mountain Vie	40-07.00	10
2 Watson, Justin	Mountain Vie	40-02.00	8
3 Poindexter, Tylertyriq	William Flem	36-08.00	5.5
3 Jaredic, Kevin	Albemarle	36-08.00	5.5
5 Riley, Michael	Brooke Point	34-02.00	4
6 Harrington, Xavier	William Flem	32-05.00	3

**Region 5A - 2/17/2021****Albemarle High School****Results**

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**Women - Team Rankings - 14 Events Scored**

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1) Albemarle	141
2) Mountain View	115
3) Patrick Henry (Roanoke)	69
4) William Fleming	46
5) Stafford High School	35
6) North Stafford	30
7) Brooke Point	21

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**Men - Team Rankings - 14 Events Scored**

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1) Mountain View	100
2) William Fleming	86.5
3) Stafford High School	72
3) North Stafford	72
5) Brooke Point	64
6) Patrick Henry (Roanoke)	54
7) Albemarle	36.5