

Region 4C Indoor Track Championships - 2/17/2020

James R. Wilkins, Jr. Athletics Center

Results - Track

Girls 55 Meter Dash

Name	School	Finals
Finals		
1 Powell, Danielle	Heritage (Le	7.56 10
2 McKay, Mary	John Handley	7.60 8
3 Trussell, Sydney	Fauquier	7.61 6
4 Addo, Sidnee	Culpeper Cou	7.65 4
5 Cleaves, Ashlei	Dominion	7.70 2
6 Penberthy, Charlotte	Loudoun Coun	7.75 1
7 Coleman, Adalia	Kettle Run	7.76
7 Wilson, Kyra	Loudoun Vall	7.76
9 Snuffer, Kaitlyn	Culpeper Cou	7.91
10 Battaglia, Molly	Dominion	7.97
11 Lim, Kyra	Dominion	8.17

Girls 300 Meter Dash

Name	School	Finals
Finals		
1 Trussell, Sydney	Fauquier	42.72 10
2 Bland, Camryn	Fauquier	43.22 8
3 Robson, Alyssa	Fauquier	43.95 6
4 Heidebrecht, Megan	Culpeper Cou	44.48 4
5 Purdy, Sarah	Millbrook	44.65 2
6 Soly, Maria	Loudoun Vall	44.75 1
7 Penberthy, Charlotte	Loudoun Coun	45.62
8 Lim, Kyra	Dominion	45.70
9 Powell, Danielle	Heritage (Le	46.40
10 Schray, Juliana	Loudoun Vall	46.50
11 Stubbs, Anastasia	Loudoun Vall	46.79

Girls 500 Meter Dash

Name	School	Finals
Finals		
1 Fernandez, Aubrey	Fauquier	1:19.97 10
2 Soly, Maria	Loudoun Vall	1:21.08 8
3 McDaniel-Neff, Ryan	Fauquier	1:23.10 6
4 Yager, Trinity	Loudoun Vall	1:23.62 4
5 Scalia, Cara	Loudoun Coun	1:24.20 2
6 Galvis, Stephany	Loudoun Vall	1:24.94 1
7 Turner, Maya	Liberty (Bea	1:25.53
8 Schray, Juliana	Loudoun Vall	1:25.54
9 Lemus, Valentina	Culpeper Cou	1:26.10
10 Moghaddam, Kayla	Dominion	1:26.51
11 Mason, Lauren	John Handley	1:26.96
12 Gaylor, Samantha	Sherando	1:27.57
13 Aufdenberg, Lea	Sherando	1:28.73
14 Sandy, Audrey	James Wood H	1:28.96
15 Halbrook, Ashley	Fauquier	1:29.01
16 Flower, Ellie	Millbrook	1:29.01
17 Honesty, Taylor	Kettle Run	1:31.36
18 Bixler, Marina	Loudoun Coun	1:32.17
--- Sprouse, Savannah	Culpeper Cou	DQ

Girls 1000 Meter Run

Name	School	Finals
Finals		
1 Holland, Hannah	Loudoun Vall	3:03.37 10
2 Murphy, Madison	Millbrook	3:03.76 8
3 Pugsley, Cecelia	Dominion	3:04.02 6
4 Holland, Kyra	Loudoun Vall	3:04.03 4
5 Gray, Abby	Fauquier	3:07.45 2
6 Guerrero, Angelina	Millbrook	3:09.46 1
7 Wine, Kiki	Fauquier	3:14.56
8 Flynn, Riley	Loudoun Vall	3:15.69
9 Bolen, Samantha	Loudoun Vall	3:15.72
10 Winston, Eva	Sherando	3:30.37

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Murphy, Madison	Millbrook	5:06.56 10
2 Fetterolf, Ricky	Loudoun Vall	5:09.75 8
3 Roberts, Alice	Loudoun Vall	5:20.60 6
4 Snyder, Leah	Loudoun Vall	5:21.30 4
5 Fetterolf, Scarlet	Loudoun Vall	5:24.53 2
6 Robinson, Molly	Sherando	5:25.95 1
7 Bolen, Samantha	Loudoun Vall	5:30.84
8 Winston, Eva	Sherando	5:35.60
9 Hardaway, Isabella	Culpeper Cou	5:40.95

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Fetterolf, Ricky	Loudoun Vall	11:15.72 10
2 Keane, Abby	Loudoun Vall	11:48.16 8
3 Konyar, Mackenzie	James Wood H	11:48.32 6
4 Fetterolf, Scarlet	Loudoun Vall	11:54.53 4
5 Beatty, Lauren	James Wood H	11:58.74 2
6 Fetterolf, Cecelia	Loudoun Vall	11:59.34 1
7 Roberts, Alice	Loudoun Vall	12:03.95
8 Snyder, Leah	Loudoun Vall	12:09.25
9 Jain, Anusha	Dominion	12:10.45
10 DiLorenzo, Suzie	Loudoun Coun	12:12.93
11 Hurley, Mckenzie	Fauquier	12:15.50
12 Borland, Katie	Millbrook	12:33.08
13 Hughes, Liv	Loudoun Coun	12:40.05
14 Newman, Isabella	James Wood H	12:48.58
15 Ulewicz, Mikhaela	Fauquier	12:48.63
16 Bravo, Sydney	Dominion	13:36.87
17 Santiago, Alanis	Heritage (Le	13:56.23

Girls 55 Meter Hurdles

Name	School	Finals
Finals		
1 Robson, Alyssa	Fauquier	8.57 10
2 Purdy, Sarah	Millbrook	8.94 8
3 Wilson, Kyra	Loudoun Vall	9.01 6
4 Winston, Cammi	Fauquier	9.11 4

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Results - Track

Finals ... (Girls 55 Meter Hurdles)

Name	School	Finals	
5 Villafior, Lorelei	Loudoun Coun	9.90	2
6 Bayne, Sydney	Millbrook	10.02	1
7 Wright, Bryana	Heritage (Le	10.50	
8 French, Allie	Loudoun Vall	10.53	
9 Sanders, Noelle	Loudoun Coun	10.66	
10 Johnson, Zadriana	John Handley	10.79	
11 Kidd, Isabelle	Loudoun Vall	12.40	

Girls 4x200 Meter Relay

Team	Relay	Finals	
Finals			
1 Fauquier	A	1:50.50	10
2 Loudoun Valley	A	1:50.71	8
1) Wilson, Kyra	2) Hunter, Grace		
3) Soly, Maria	4) Galvis, Stephany		
3 Culpeper County	A	1:51.47	6
1) Addo, Sidnee	2) Snuffer, Kaitlyn		
3) Mize, Kasey	4) Heidebrecht, Megan		
4 John Handley	A	1:51.72	4
1) Imoh, Liz	2) McClosky, Megan		
3) Turner, Brittnay	4) Posadas, Sofia		
5 Heritage (Leesburg)	A	1:53.43	2
1) Costanza, Nina	2) Royal, Sarah		
3) Powell, Danielle	4) Wright, Bryana		
6 Dominion	A	1:54.86	
1) Lim, Kyra	2) Battaglia, Molly		
3) Koerner, Chastity	4) Cleaves, Ashlei		

Girls 4x400 Meter Relay

Team	Relay	Finals	
Finals			
1 Fauquier	A	4:11.03	10
2 Dominion	A	4:13.26	8
1) Saljuki, Mina	2) Cerino, Ashley		
3) Pugsley, Cecelia	4) Mansoor, Abigail		
3 Loudoun Valley	A	4:15.86	6
1) Holland, Hannah	2) Yager, Trinity		
3) Flynn, Riley	4) Galvis, Stephany		
4 John Handley	A	4:21.87	4
1) Mason, Lauren	2) Posadas, Sofia		
3) Turner, Brittnay	4) Ingham, Julia		
5 Millbrook	A	4:24.00	2
6 Loudoun County	A	4:29.33	
1) Ahedo, Miren	2) Novak, Alexa		
3) Peterson, Elizabeth	4) Sanders, Noelle		
7 James Wood H	A	4:39.21	
1) Johnson, Mia	2) Farinholt, Elena		
3) Rose, Riley	4) Stovall, Ja' Niyah		
8 Sherando	A	4:39.82	
1) Robinson, Molly	2) Aufdenberg, Lea		
3) Winston, Eva	4) Gaylor, Samantha		

Girls 4x800 Meter Relay

Team	Relay	Finals	
Finals			
1 Loudoun Valley	A	9:45.09	10
1) Flynn, Riley	2) Keane, Abby		
3) Gordon, Ava	4) Smith, Maddie		
2 Fauquier	A	10:10.15	8
1) Wine, Kiki	2) Gray, Abby		
3) Rosenberger, Shelby	4) Delgallo, Annie		
3 Dominion	A	10:16.20	6
1) Cerino, Ashley	2) Sandridge, Natalie		
3) Moghaddam, Kayla	4) Hale, Ryan		
4 James Wood H	A	10:24.79	4
1) Angel-Perez, Quetzali	2) Farinholt, Elena		
3) Beatty, Lauren	4) Konyar, Mackenzie		
5 Loudoun County	A	10:30.54	2
1) Goeckeritz, Cora	2) Hughes, Alyssa		
3) Sanders, Eden	4) Watson, Andrea		
6 Culpeper County	A	10:40.54	
1) Hardaway, Isabella	2) Lemus, Valentina		
3) Thelin, Amy	4) Sprouse, Savannah		

Girls High Jump

Name	School	Finals	
Finals			
1 Robson, Stephanie	Fauquier	5-02.00	10
2 Giannos, McKenna	Loudoun Coun	5-00.00	8
3 Sandy, Audrey	James Wood H	J5-00.00	6
4 Sandy, Brooke	James Wood H	J5-00.00	4
5 Robson, Alyssa	Fauquier	4-08.00	2
6 Heidebrecht, Megan	Culpeper Cou	J4-08.00	1
--- Winston, Cammi	Fauquier	NH	
--- Fleckner, Paige	Dominion	NH	
--- Flaherty, Fiona	Loudoun Coun	NH	
--- Kutz, Alycia	Dominion	NH	

Girls Pole Vault

Name	School	Finals	
Finals			
1 McKay, Mary	John Handley	11-00.00	10
2 Schaner, Colleen	Kettle Run	9-06.00	8
3 Robson, Alyssa	Fauquier	9-00.00	6
4 Robson, Stephanie	Fauquier	8-06.00	4
5 Arthur, Brooke	Kettle Run	8-00.00	1.5
5 Nickerson, Ashley	Kettle Run	8-00.00	1.5
7 Moralas, Kassandra	Culpeper Cou	J8-00.00	

Girls Long Jump

Name	School	Finals	
Finals			
1 Robson, Alyssa	Fauquier	17-01.25	10
2 Robson, Stephanie	Fauquier	16-07.50	8
3 Heidebrecht, Megan	Culpeper Cou	16-03.50	6
4 Quinn, Kylee	Culpeper Cou	16-00.25	4
5 Ahedo, Miren	Loudoun Coun	15-06.25	2

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Results - Track

Finals ... (Girls Long Jump)

Name	School	Finals	
6 Serttas, Madison	Liberty (Bea	15-05.75	1
7 Duckworth, Claire	Liberty (Bea	14-09.50	
8 Strauss, Rylie	Dominion	13-10.00	
9 Giannos, McKenna	Loudoun Coun	13-07.50	
10 Hall, Camille	Dominion	13-03.25	

Girls Triple Jump

Name	School	Finals	
1 Robson, Stephanie	Fauquier	37-00.00	10
2 Robson, Alyssa	Fauquier	36-09.00	8
3 Ahedo, Miren	Loudoun Coun	34-05.00	6
4 Hall, Camille	Dominion	33-07.00	4
5 Damewood, Grace	Culpeper Cou	33-02.00	2
6 Winston, Cammi	Fauquier	32-07.00	1
7 Strauss, Rylie	Dominion	31-11.00	
8 Sandy, Brooke	James Wood H	31-02.25	
9 Johnson, Zadriana	John Handley	30-04.25	
10 Giannos, McKenna	Loudoun Coun	29-07.00	
11 Tiokeng, Lucy	Heritage (Le	28-03.00	

Girls Shot Put

Name	School	Finals	
1 Behan, Mary Kate	Kettle Run	40-06.25	10
2 Rogers, Nia	Kettle Run	35-11.00	8
3 Wilson, Meara	Loudoun Vall	35-06.00	6
4 Bolen, Kayla	Loudoun Vall	34-11.75	4
5 Cedeno, MoShea	Dominion	33-05.00	2
6 Newman, Amyra	John Handley	32-05.25	1
7 Jones, Faith	Fauquier	30-11.00	
8 Owings, Chloe	Millbrook	29-01.25	
9 Kibler, Kat	Millbrook	27-10.00	
10 Nappi, Jessi	Loudoun Vall	25-03.25	
11 Qadir, Layla	Heritage (Le	24-10.50	
12 Thornburgh, Jillian	Loudoun Vall	22-05.00	

Boys 55 Meter Dash

Name	School	Finals	
1 Crowder, William	James Wood H	6.50	10
2 Ashe, Miles	John Handley	6.58	8
3 Aggrey, Justin	Culpeper Cou	6.66	6
4 Vardaro, Jayden	John Handley	6.69	4
5 Franklin, Mi'keguel	James Wood H	6.79	2
6 Burnett, Gavin	Kettle Run	6.83	1
7 Daley, Stephen	John Handley	6.84	
8 Chappelle, Cameron	Heritage (Le	6.93	
9 Mayo, Zachary	Dominion	6.96	
10 Summers, Demetrius	Dominion	6.97	
11 Stokes, Isaiah	Loudoun Vall	7.00	
12 Casey, Brendan	Loudoun Coun	7.00	
13 Chiluveru, Sreepal	Dominion	7.11	

Boys 300 Meter Dash

Name	School	Finals	
1 Burnett, Gavin	Kettle Run	37.14	10
2 Summers, Demetrius	Dominion	37.35	8
3 Brown, Jeremiah	Loudoun Coun	37.46	6
4 Poncione, Dominic	Culpeper Cou	37.80	4
5 Moore, Blake	Loudoun Vall	38.04	2
6 Crowder, William	James Wood H	39.30	1
7 Supplee, Colin	Loudoun Vall	41.00	

Boys 500 Meter Dash

Name	School	Finals	
1 Rodman, Sam	Liberty (Bea	1:07.10	10
2 Elhajj, Essa	Loudoun Vall	1:08.57	8
3 Supplee, Colin	Loudoun Vall	1:09.04	6
4 St.Clair, Kyle	Fauquier	1:09.75	4
5 Hartzel, Blake	Dominion	1:10.82	2
6 Tersoglio, Justin	Fauquier	1:11.19	1
7 DiGirolamo, Josh	Loudoun Vall	1:11.40	
8 Gates, Jonathan	Sherando	1:11.45	
9 Rogers, Andrew	Culpeper Cou	1:11.91	
10 Romps, Jason	Heritage (Le	1:12.12	
11 Grimes, Dylan	Loudoun Coun	1:12.22	
12 Giannos, Christian	Loudoun Coun	1:12.49	
13 Emerson, Owen	James Wood H	1:12.92	
14 Davis, Jack	Loudoun Coun	1:12.98	
15 Fernandez, Austin	Fauquier	1:13.40	
16 Montgomery, Scott	Millbrook	1:14.19	
17 Rogers, Austin	Culpeper Cou	1:14.59	
18 Phelps, Jacob	Liberty (Bea	1:16.53	
19 Robinson, Drew	Kettle Run	1:16.62	
20 Miller, Noah	James Wood H	1:16.92	
21 Grose, Owen	Sherando	1:19.80	

Boys 1000 Meter Run

Name	School	Finals	
1 Barreto, Mateo	Loudoun Vall	2:37.79	10
2 Rodman, Sam	Liberty (Bea	2:38.01	8
3 Pendergast, Ryan	Heritage (Le	2:39.14	6
4 Paccassi, John	Fauquier	2:39.68	4
5 Wolfson, Jacob	Heritage (Le	2:40.48	2
6 Bernstein, Joshua	Loudoun Coun	2:41.10	1
7 Soto, Aidan	Loudoun Vall	2:43.29	
8 Mussmon, Graham	Loudoun Vall	2:44.12	
9 Esatto, Timothy	Loudoun Vall	2:44.40	
10 Arellano, Christian	Loudoun Vall	2:46.16	
11 Anderson, Matthew	Liberty (Bea	2:46.66	
12 Iman, Nicolas	Heritage (Le	2:48.46	
13 Sangiuliano, Jason	Loudoun Coun	2:49.47	
14 Schroer, Silas	Millbrook	2:52.91	
15 Shade, Nathan	James Wood H	3:09.73	

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Results - Track

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Smith, Matthew	Loudoun Vall	4:15.77 10
2 Ney, Taylor	Loudoun Vall	4:20.38 8
3 Carlson, Kevin	Loudoun Vall	4:21.08 6
4 Barreto, Mateo	Loudoun Vall	4:21.97 4
5 Shultz, Carlos	Loudoun Vall	4:22.62 2
6 Hasle, Kellen	Loudoun Vall	4:23.39 1
7 Esatto, Timothy	Loudoun Vall	4:31.11
8 Cupps, Bennett	John Handley	4:31.90
9 Walker, Josh	Loudoun Vall	4:34.07
10 Mussmon, Graham	Loudoun Vall	4:40.61
11 Arellano, Christian	Loudoun Vall	4:41.66
12 Rimmel, Jake	Loudoun Vall	4:45.96
13 Hayden, Nicholas	Millbrook	4:50.07
14 Stanton, Aidan	Fauquier	4:53.02

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Mussmon, Jeremiah	Loudoun Vall	9:48.08 10
2 Walker, Josh	Loudoun Vall	9:58.55 8
3 Moseman, Benjamin	Loudoun Vall	9:58.98 6
4 Bolles, Brian	Fauquier	9:59.03 4
5 Stansbury, Ethan	Loudoun Coun	10:01.53 2
6 French, Ryan	Loudoun Vall	10:04.28 1
7 Abbe, Truman	Loudoun Vall	10:08.02
8 Johnson, Carter	Millbrook	10:28.44
9 Aougab, Amir	Dominion	10:33.96
10 Rimmel, Jake	Loudoun Vall	10:37.82
11 Woshner, Nathaniel	James Wood H	10:47.79
12 Myers, Nolan	Millbrook	10:55.27
13 Crosen, Chance	Millbrook	10:59.29

Boys 55 Meter Hurdles

Name	School	Finals
Finals		
1 Wearing, Giovanni	Heritage (Le	7.73 10
2 Miller, Mason	Loudoun Vall	7.85 8
3 Smith, Aalijah	Heritage (Le	7.91 6
4 Agard, Eldon	Sherando	7.92 4
5 Mercuro, Steven	Loudoun Vall	8.09 2
6 Myers, Cameron	Sherando	8.27 1
7 Alexander, Benjamin	Kettle Run	8.34
8 Owens, Logan	James Wood H	8.43
9 Gribbin, Daniel	Loudoun Coun	8.88
10 Burke, Henry	Fauquier	8.90
11 Torrence-Johnson, Kyle	Loudoun Coun	8.91
12 Reindorf, Osmond	Culpeper Cou	11.51

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 John Handley	A	1:35.05 10
1) Imoh, Malachi	2) Lee, Aaron	
3) Vardaro, Jayden	4) Ashe, Miles	
2 Loudoun Valley	A	1:35.23 8
1) Miller, Mason	2) Stokes, Isaiah	
3) Moore, Blake	4) Mercuro, Steven	
3 Culpeper County	A	1:35.42 6
1) Aggrey, Justin	2) Delettre, Alex	
3) Reindorf, Osmond	4) Poncione, Dominic	
4 James Wood H	A	1:36.01 4
1) Franklin, Mi'keguel	2) Serio, Jack	
3) Sandy, Blake	4) Crowder, William	
5 Dominion	A	1:36.70 2
1) Summers, Demetrius	2) Heinze, Logan	
3) Kysela, Dylan	4) Chiluveru, Sreepal	
6 Heritage (Leesburg)	A	1:36.85
1) McGovern, Jesse	2) Wearing, Giovanni	
3) Smith, Aalijah	4) Huang, Craig	
7 Sherando	A	1:37.45
1) Bridgeman, Darien	2) Sherman, Tristan	
3) Rivas, David	4) Myers, Cameron	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Loudoun Valley	A	3:33.44 10
1) Supplee, Colin	2) Smith, Matthew	
3) Moore, Blake	4) Esatto, Timothy	
2 Fauquier	A	3:35.22 8
3 Heritage (Leesburg)	A	3:37.28 6
1) Boris, Thomas	2) Wolfson, Jacob	
3) Romps, Jason	4) Smith, Aalijah	
4 Dominion	A	3:37.43 4
1) Hartzel, Blake	2) Wang, Matthew	
3) Wang, Justin	4) Demangos, Ryan	
5 Loudoun County	A	3:42.86 2
1) Davis, Jack	2) Dick, James	
3) Freese, Adin	4) Giannos, Christian	
6 Culpeper County	A	3:43.43
1) Rogers, Austin	2) Hoffman, Armani	
3) Woodward, Jonah	4) Rogers, Andrew	
7 Sherando	A	3:45.96
1) Gates, Jonathan	2) Myers, Cameron	
3) Agard, Eldon	4) Sheetz, Eric	
8 Liberty (Bea	A	3:46.64
1) Phelps, Jacob	2) Lilly, Nathan	
3) Crews, Tyler	4) Anderson, Matthew	
9 Millbrook	A	3:47.31
10 James Wood H	A	3:53.04
1) Owens, Logan	2) Emerson, Owen	
3) Miller, Noah	4) Franklin, Mi'keguel	

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Results - Track

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Loudoun Valley	A	8:16.01 10
1) Arellano, Christian	2) Soto, Aidan	
3) Elhajj, Essa	4) Clites, Lukas	
2 Fauquier	A	8:17.96 8
1) St.Clair, Kyle	2) Tersoglio, Justin	
3) Fernandez, Austin	4) Paccassi, John	
3 Liberty (Bea)	A	8:27.99 6
1) Rogers, Conner	2) Anderson, Matthew	
3) Paratore, Matthew	4) Rodman, Sam	
4 Heritage (Leesburg)	A	8:29.96 4
1) Wolfson, Jacob	2) Pendergast, Ryan	
3) Mendieta, Fernando	4) Iman, Nicolas	
5 Millbrook	A	8:37.64 2
1) Schroer, Silas	2) Simonelli, Christopher	
3) Johnson, Carter	4) Wiseman, Jonathan	
6 James Wood H	A	8:39.47
1) McDonald, Liam	2) White, Chris	
3) Kemer, Caleb	4) Shade, Nathan	
7 Dominion	A	8:42.92
1) Vilorio, Joseph	2) Hartzel, Blake	
3) Foster, Kyle	4) Miller, Luke	

Boys High Jump

Name	School	Finals
Finals		
1 Lowry, Isaiah	John Handley	5-10.00 10
2 Miller, Mason	Loudoun Vall	J5-10.00 8
3 Lacy, Cameron	Culpeper Cou	5-06.00 6
4 Mangan, Liam	Loudoun Coun	J5-06.00 3
4 Mantena, Arun	Dominion	J5-06.00 3
6 Rivas, David	Sherando	J5-06.00 1
7 Sandy, Blake	James Wood H	J5-06.00
8 Myers, Cameron	Sherando	5-04.00
8 Croyle, William	Millbrook	5-04.00
--- Mascall, Darrien	Fauquier	NH
--- Chang, Jacob	Dominion	NH

Boys Pole Vault

Name	School	Finals
Finals		
1 Torpy, Evan	Kettle Run	12-06.00 10
2 Schreher, Jackson	Fauquier	11-00.00 8
--- Stevens, Ben	Fauquier	NH

Boys Long Jump

Name	School	Finals
Finals		
1 Miller, Mason	Loudoun Vall	20-00.75 10
2 Franklin, Mi'keguel	James Wood H	20-00.50 8
3 Owens, Logan	James Wood H	19-07.50 6
4 Lacy, Cameron	Culpeper Cou	18-04.00 4
5 Lowry, Isaiah	John Handley	18-03.75 2

6 Shaikh, Asaad	Dominion	18-02.50 1
7 Dwivedi, Ankush	Loudoun Coun	17-00.25
8 Mantena, Arun	Dominion	16-11.00
9 Lopez, Ricardo	Loudoun Coun	16-08.00

Boys Triple Jump

Name	School	Finals
Finals		
1 Owens, Logan	James Wood H	40-10.50 10
2 Agard, Eldon	Sherando	40-02.50 8
3 Beaver, Donald	Culpeper Cou	40-01.75 6
4 Shaikh, Asaad	Dominion	40-00.50 4
5 Miller, Mason	Loudoun Vall	39-11.00 2
6 Lowry, Isaiah	John Handley	39-09.75 1
7 Lacy, Cameron	Culpeper Cou	39-07.75
8 Chang, Jacob	Dominion	37-11.75
9 Chappelle, Cameron	Heritage (Le	37-00.00
10 Mangan, Liam	Loudoun Coun	34-11.00
--- Sandy, Blake	James Wood H	FOUL

Boys Shot Put

Name	School	Finals
Finals		
1 Newman, Quinton	John Handley	48-10.00 10
2 Gaertner, Thomas	Loudoun Vall	48-01.00 8
3 Fletcher, William	Sherando	45-03.25 6
4 Heisler, Paul	Fauquier	44-03.00 4
5 Slebrch, Ian	Dominion	42-05.00 2
6 Cutler, Gage	Fauquier	41-10.50 1
7 Thorne, Andrew	Loudoun Coun	40-06.50
8 Cunningham, Hayden	James Wood H	39-08.00
9 Young, Daniel	Loudoun Coun	39-03.25
10 Demonte, Ryan	Heritage (Le	38-01.25
11 Ferris, Andrew	Dominion	37-01.50
--- Madagan, Connor	Sherando	FOUL

Women - Team Rankings - 15 Events Scored

1) Fauquier	149
2) Loudoun Valley	111
3) Millbrook	32
4) Kettle Run	29
5) Dominion	28
6) Culpeper County	27
6) John Handley	27
8) Loudoun County	23
9) James Wood High School	22
10) Heritage (Leesburg)	12
11) Liberty (Bealeton) High School	1
11) Sherando	1

Men - Team Rankings - 15 Events Scored

1) Loudoun Valley	148
2) John Handley	45
3) Fauquier	42
4) James Wood High School	41
5) Heritage (Leesburg)	34
6) Culpeper County	32

Region 4C Indoor Track Championships - 2/17/2020

James R. Wilkins, Jr. Athletics Center

Results - Track

7) Dominion	26
8) Liberty (Bealeton) High School	24
9) Kettle Run	21
10) Sherando	20
11) Loudoun County	14
12) Millbrook	2