

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

Indoor State Championships
Liberty University Indoor Track Complex
Results

Girls 55 Meter Dash Class 4

Name	Yr	School	Prelims
Preliminaries			
1	Whyte, Madison	11 Heritage (Ne	6.97Q
2	Powell, Asia	12 Kings Fork	7.05Q
3	Solomon, Myzhane	11 Heritage (Ne	7.20Q
4	Wilson, Kadence	12 Great Bridge	7.23q
5	Johnson, Courtney	11 Kings Fork	7.32q
6	Cavins, Isabelle	11 Liberty (Bea	7.42q
7	Foreman, Jada	12 Atlee	7.46q
8	Koumondji, Jennifer	11 Courtland	7.46q
9	Ward, Deja	11 Kings Fork	7.47
10	Powell, Danielle	12 Heritage (Le	7.49
11	Penberthy, Charlotte	12 Loudoun Coun	7.52
12	Carter, Dezmajia	12 Louisa Count	7.56
13	Matheson, Sierra	12 Rock Ridge H	7.57
14	Deen, Elizabeth	9 George Washi	7.59
15	Joiner, Jaelynn	9 Hanover	7.60
16	Jackson, Makayla	10 Grafton High	7.62
17	Krouscas, Sophia	11 Blacksburg H	7.67
18	Cabel, Cyanna	12 Amherst Coun	7.69
19	Russell, Renya	9 E.C. Glass	7.81
---	Jones, Lilia	9 Rock Ridge H	DNS

Girls 55 Meter Dash Class 4

Name	Yr	School	Finals
Finals			
1	Whyte, Madison	11 Heritage (Ne	6.97 10
2	Powell, Asia	12 Kings Fork	7.02 8
3	Wilson, Kadence	12 Great Bridge	7.22 6
4	Solomon, Myzhane	11 Heritage (Ne	7.29 5
5	Cavins, Isabelle	11 Liberty (Bea	7.44 4
6	Koumondji, Jennifer	11 Courtland	7.49 3
7	Johnson, Courtney	11 Kings Fork	7.50 2
---	Foreman, Jada	12 Atlee	DNS

Girls 300 Meter Dash Class 4

Name	Yr	School	Finals
Finals			
1	Whyte, Madison	11 Heritage (Ne	37.96 10
2	Wilson, Kadence	12 Great Bridge	40.30 8
3	Wooden, Sanaa	11 Heritage (Ne	40.99 6
4	Rempe, Josie	10 Atlee	41.88 5
5	Houston, Sa'Nijah	10 King George	42.18 4
6	McIvor, Kandace	12 Jefferson Fo	42.31 3
7	Powell, Asia	12 Kings Fork	42.64 2
8	Imoh, Elizabeth	11 John Handley	42.68 1
9	Joiner, Jaelynn	9 Hanover	42.83
10	Lim, Kyra	12 Dominion	43.60
11	Cavins, Isabelle	11 Liberty (Bea	43.75
12	Russell, Renya	9 E.C. Glass	45.56

Girls 500 Meter Dash Class 4

Name	Yr	School	Finals
Finals			
1	Wilson, Kadence	12 Great Bridge	1:15.42 10
	42.097 (42.097)	1:15.412 (33.316)	
2	Anderson, Evelyn	11 Eastern View	1:16.92 8
	43.434 (43.434)	1:16.911 (33.478)	
3	Tolbert, Dasya	12 Deep Creek H	1:17.84 6
	44.775 (44.775)	1:17.838 (33.063)	
4	Fernandez, Aubrey	12 Fauquier	1:18.93 5
	45.272 (45.272)	1:18.928 (33.656)	
5	Wooden, Sabria	11 Heritage (Ne	1:19.79 4
	45.122 (45.122)	1:19.789 (34.668)	
6	Stone, Jordan	11 Western Albe	1:20.03 3
	46.854 (46.854)	1:20.027 (33.173)	
7	Hassebrock, Charlotte	12 Tuscarora Hi	1:21.22 2
	46.659 (46.659)	1:21.219 (34.560)	
8	Thomas, Asia	11 Heritage (Le	1:21.25 1
	46.163 (46.163)	1:21.243 (35.080)	
9	Cook, Micailah	10 Henrico	1:22.12
	46.393 (46.393)	1:22.114 (35.722)	
10	Joiner, Jaelynn	9 Hanover	1:22.32
	46.253 (46.253)	1:22.312 (36.059)	
11	Farley, Mia	11 Blacksburg H	1:23.75
	49.279 (49.279)	1:23.741 (34.462)	
12	McDonald, Sydney	12 Manor	1:23.96
	48.497 (48.497)	1:23.957 (35.460)	
13	Chandler, Madison	11 Louisa Count	1:25.39
	48.758 (48.758)	1:25.382 (36.625)	
---	Gross, Sophie	10 Lightridge H	DNS

Girls 1000 Meter Run Class 4

Name	Yr	School	Finals
Finals			
1	Lamanna, Zoie	10 Jefferson Fo	3:00.18 10
	34.867 (34.867)	1:12.166 (37.299)	1:50.277 (38.112)
	2:26.313 (36.036)	3:00.180 (33.868)	
2	Hodson, Hailey	10 Western Albe	3:03.52 8
	35.106 (35.106)	1:11.800 (36.695)	1:48.601 (36.802)
	2:26.014 (37.413)	3:03.514 (37.500)	
3	Adams, Sadie	9 Western Albe	3:04.55 6
	35.330 (35.330)	1:14.210 (38.880)	1:51.660 (37.450)
	2:29.180 (37.520)	3:04.550 (35.370)	
4	Nuckols, Logan	12 Patrick Henr	3:06.20 5
	34.844 (34.844)	1:12.433 (37.589)	1:50.106 (37.673)
	2:28.279 (38.173)	3:06.193 (37.915)	
5	Stutzman, Jenna	12 Western Albe	3:06.67 4
	35.553 (35.553)	1:13.010 (37.458)	1:51.000 (37.990)
	2:28.876 (37.876)	3:06.670 (37.795)	
6	Montgomery, Madeline	9 Monacan High	3:07.51 3
	35.306 (35.306)	1:13.677 (38.372)	1:52.693 (39.016)
	2:31.847 (39.155)	3:07.506 (35.659)	

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Girls 1000 Meter Run Class 4)									
Name	Yr	School	Finals						
7	Gross, Sophie	10 Lightridge H	3:07.68	2	6	Bradbury, Reese	10 Blacksburg H	5:06.99	3
	35.236 (35.236)	1:12.603 (37.368)	1:50.596 (37.993)			36.550 (36.550)	1:12.775 (36.225)	1:50.282 (37.508)	
	2:29.209 (38.613)	3:07.673 (38.465)				2:29.097 (38.816)	3:08.835 (39.738)	3:49.899 (41.065)	
8	Mudd, Courtney	11 Atlee	3:08.13	1		4:29.910 (40.012)	5:06.985 (37.075)		
	35.480 (35.480)	1:13.327 (37.848)	1:52.043 (38.716)		7	Agustin, Ellie	9 Hanover	5:10.59	2
	2:30.939 (38.896)	3:08.127 (37.189)				37.052 (37.052)	1:14.333 (37.282)	1:52.337 (38.005)	
9	McDonald, Allie	10 Blacksburg H	3:09.57			2:30.929 (38.592)	3:10.965 (40.036)	3:50.780 (39.816)	
	35.064 (35.064)	1:12.817 (37.753)	1:51.324 (38.508)			4:31.052 (40.272)	5:10.589 (39.538)		
	2:30.383 (39.059)	3:09.569 (39.186)			8	Beatty, Lauren	12 James Wood H	5:12.16	1
10	Beatty, Lauren	12 James Wood H	3:09.93			36.603 (36.603)	1:13.267 (36.665)	1:51.419 (38.152)	
	35.920 (35.920)	1:13.750 (37.830)	1:52.814 (39.065)			2:30.305 (38.886)	3:10.685 (40.380)	3:51.420 (40.736)	
	2:32.649 (39.835)	3:09.930 (37.282)				4:32.789 (41.369)	5:12.153 (39.365)		
11	Wine, Kiki	11 Fauquier	3:10.49		9	Brooks, Kylie	10 Jamestown	5:12.92	
	35.526 (35.526)	1:13.873 (38.348)	1:52.220 (38.348)			38.435 (38.435)	1:17.226 (38.792)	1:55.921 (38.695)	
	2:32.346 (40.126)	3:10.489 (38.143)				2:36.025 (40.105)	3:15.108 (39.083)	3:55.558 (40.450)	
12	Long, Parker	10 Jamestown	3:10.62			4:37.741 (42.183)	5:12.911 (35.170)		
	36.543 (36.543)	1:15.219 (38.676)	1:54.961 (39.743)		10	Sisk, Jillian	11 Varina	5:16.04	
	2:34.743 (39.782)	3:10.620 (35.878)				38.874 (38.874)	1:15.881 (37.008)	1:54.348 (38.468)	
13	Fields, Kayla	11 Grafton High	3:11.07			2:33.866 (39.519)	3:14.675 (40.809)	3:55.675 (41.000)	
	37.059 (37.059)	1:14.741 (37.683)	1:53.627 (38.886)			4:37.452 (41.778)	5:16.032 (38.580)		
	2:32.423 (38.796)	3:11.063 (38.640)			11	Skow, Shauna	12 Jefferson Fo	5:16.08	
14	Sipe, Madeline	10 Warhill	3:18.60			38.636 (38.636)	1:18.735 (40.099)	1:58.329 (39.595)	
	36.294 (36.294)	1:14.921 (38.628)	1:54.656 (39.735)			2:37.759 (39.430)	3:16.839 (39.080)	3:58.096 (41.258)	
	2:36.803 (42.148)	3:18.594 (41.792)				4:38.338 (40.242)	5:16.075 (37.738)		
---	Anderson, Evelyn	11 Eastern View	DNS		12	Fields, Kayla	11 Grafton High	5:17.58	
---	Cool, Ashlyn	12 Loudoun Vall	DNS			37.805 (37.805)	1:16.189 (38.385)	1:55.182 (38.993)	
						2:35.699 (40.518)	3:14.476 (38.778)	3:55.356 (40.880)	
						4:37.144 (41.788)	5:17.576 (40.433)		
Girls 1600 Meter Run Class 4					13	Johnson, Abby	11 E.C. Glass	5:21.28	
Name	Yr	School	Finals			37.456 (37.456)	1:16.594 (39.138)	1:55.755 (39.162)	
Finals						2:36.355 (40.600)	3:17.882 (41.528)	3:59.738 (41.856)	
1	Crytser, Alli	11 Hanover	4:54.38	10		4:41.415 (41.678)	5:21.278 (39.863)		
	35.985 (35.985)	1:11.980 (35.996)	1:49.350 (37.370)		14	Plaster, Alexis	9 Jefferson Fo	5:23.92	
	2:26.960 (37.610)	3:04.486 (37.526)	3:42.376 (37.890)			38.586 (38.586)	1:18.078 (39.492)	1:58.864 (40.786)	
	4:19.546 (37.170)	4:54.377 (34.832)				2:39.664 (40.800)	3:22.265 (42.602)	4:05.358 (43.093)	
2	Lamanna, Zoie	10 Jefferson Fo	4:54.98	8		4:45.918 (40.560)	5:23.915 (37.998)		
	36.360 (36.360)	1:12.466 (36.106)	1:49.776 (37.310)		15	Dillard, Sadie	11 Tuscarora Hi	5:25.54	
	2:27.232 (37.456)	3:04.820 (37.589)	3:42.623 (37.803)			38.334 (38.334)	1:16.929 (38.596)	1:56.448 (39.519)	
	4:19.755 (37.132)	4:54.977 (35.223)				2:37.145 (40.698)	3:18.461 (41.316)	4:00.715 (42.255)	
3	Adams, Sadie	9 Western Albe	4:59.68	6		4:43.231 (42.516)	5:25.534 (42.303)		
	36.876 (36.876)	1:14.056 (37.180)	1:51.933 (37.878)		16	Lackey, Eryn	10 Loudoun Vall	5:29.52	
	2:29.489 (37.556)	3:07.675 (38.186)	3:46.419 (38.745)			38.195 (38.195)	1:16.951 (38.756)	1:57.276 (40.326)	
	4:24.019 (37.600)	4:59.673 (35.655)				2:40.019 (42.743)	3:24.921 (44.902)	4:10.032 (45.112)	
4	Fetterolf, Scarlet	11 Loudoun Vall	5:00.75	5		4:52.138 (42.106)	5:29.515 (37.378)		
	36.266 (36.266)	1:12.529 (36.263)	1:49.523 (36.995)		17	Hughes, Abby	11 Mechanicsvil	5:38.15	
	2:27.142 (37.619)	3:04.720 (37.579)	3:43.063 (38.343)			38.254 (38.254)	1:17.719 (39.466)	1:57.654 (39.935)	
	4:22.289 (39.226)	5:00.745 (38.456)				2:40.089 (42.436)	3:24.121 (44.032)	4:09.634 (45.513)	
5	Scott, Cassidy	10 Fauquier	5:03.98	4		4:54.239 (44.606)	5:38.141 (43.902)		
	36.899 (36.899)	1:13.559 (36.660)	1:51.890 (38.332)		---	Bauer, Caroline	12 Jamestown	DNS	
	2:30.712 (38.822)	3:10.140 (39.429)	3:50.049 (39.909)		---	Jones, Mia	12 Blacksburg H	DNS	
	4:27.577 (37.529)	5:03.980 (36.403)							

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Girls 3200 Meter Run Class 4

Name	Yr	School	Finals
Finals			
1 Bauer, Caroline	12	Jamestown	10:32.75 10
38.443 (38.443)	1:18.409 (39.966)	1:59.258 (40.849)	
2:39.463 (40.206)	3:19.723 (40.260)	3:59.588 (39.865)	
4:38.949 (39.362)	5:17.642 (38.693)	5:55.893 (38.252)	
6:34.576 (38.683)	7:13.412 (38.836)	7:52.868 (39.456)	
8:32.132 (39.265)	9:12.168 (40.036)	9:52.903 (40.736)	
10:32.750 (39.848)			
2 Crytser, Alli	11	Hanover	10:46.21 8
38.560 (38.560)	1:19.122 (40.562)	2:00.068 (40.946)	
2:41.222 (41.155)	3:21.153 (39.932)	4:00.986 (39.833)	
4:40.655 (39.669)	5:21.140 (40.486)	6:01.660 (40.520)	
6:42.455 (40.795)	7:23.705 (41.250)	8:05.013 (41.309)	
8:46.173 (41.160)	9:27.423 (41.250)	10:07.836 (40.413)	
10:46.210 (38.375)			
3 Fetterolf, Scarlet	11	Loudoun Vall	10:52.09 6
38.716 (38.716)	1:19.268 (40.552)	2:00.156 (40.889)	
2:41.300 (41.145)	3:21.220 (39.920)	4:00.776 (39.556)	
4:40.136 (39.360)	5:20.040 (39.905)	6:00.779 (40.739)	
6:41.813 (41.035)	7:23.012 (41.199)	8:05.213 (42.202)	
8:47.226 (42.013)	9:29.459 (42.233)	10:11.582 (42.123)	
10:52.086 (40.505)			
4 Bradbury, Reese	10	Blacksburg H	11:12.27 5
39.820 (39.820)	1:21.603 (41.783)	2:03.610 (42.008)	
2:44.960 (41.350)	3:27.158 (42.198)	4:09.865 (42.708)	
4:52.472 (42.608)	5:35.089 (42.618)	6:17.780 (42.692)	
7:01.522 (43.742)	7:46.228 (44.706)	8:30.508 (44.280)	
9:13.119 (42.612)	9:57.359 (44.240)	10:38.803 (41.445)	
11:12.268 (33.465)			
5 Workman, Michaela	11	Tuscarora Hi	11:13.54 4
38.922 (38.922)	1:19.580 (40.659)	2:00.460 (40.880)	
2:41.665 (41.205)	3:21.739 (40.075)	4:01.620 (39.882)	
4:41.872 (40.252)	5:23.875 (42.003)	6:07.375 (43.500)	
6:51.499 (44.125)	7:36.092 (44.593)	8:20.315 (44.223)	
9:04.646 (44.332)	9:49.199 (44.553)	10:33.555 (44.356)	
11:13.539 (39.985)			
6 Jones, Mia	12	Blacksburg H	11:25.57 3
40.435 (40.435)	1:22.570 (42.136)	2:05.086 (42.516)	
2:47.385 (42.299)	3:30.253 (42.869)	4:13.865 (43.612)	
4:56.843 (42.979)	5:40.558 (43.715)	6:26.239 (45.682)	
7:10.132 (43.893)	7:53.702 (43.570)	8:37.259 (43.558)	
9:21.690 (44.432)	10:05.933 (44.243)	10:48.453 (42.520)	
11:25.562 (37.109)			
7 Johnson, Abby	11	E.C. Glass	11:28.48 2
40.746 (40.746)	1:22.929 (42.183)	2:05.613 (42.685)	
2:47.959 (42.346)	3:29.956 (41.998)	4:13.226 (43.270)	
4:56.208 (42.982)	5:40.595 (44.388)	6:25.006 (44.412)	
7:08.999 (43.993)	7:53.272 (44.273)	8:37.888 (44.616)	
9:21.429 (43.542)	10:06.252 (44.823)	10:49.435 (43.183)	
11:28.476 (39.042)			

8 Agustin, Ellie	9 Hanover	11:28.66 1
40.529 (40.529)	1:22.265 (41.736)	2:04.055 (41.790)
2:45.829 (41.775)	3:28.905 (43.076)	4:11.465 (42.560)
4:55.356 (43.892)	5:39.759 (44.403)	6:25.039 (45.280)
7:09.215 (44.176)	7:53.375 (44.160)	8:36.769 (43.395)
9:21.409 (44.640)	10:05.666 (44.258)	10:48.206 (42.540)
11:28.653 (40.448)		
9 Cook, Grace	10 Western Albe	11:36.35
40.086 (40.086)	1:21.992 (41.906)	2:04.002 (42.010)
2:45.463 (41.462)	3:28.600 (43.138)	4:12.085 (43.485)
4:56.236 (44.152)	5:40.332 (44.096)	6:25.955 (45.623)
7:10.570 (44.616)	7:55.182 (44.612)	8:40.682 (45.500)
9:26.736 (46.055)	10:13.102 (46.366)	10:57.492 (44.390)
11:36.350 (38.859)		
10 Skow, Shauna	12 Jefferson Fo	11:36.74
41.093 (41.093)	1:23.226 (42.133)	2:06.128 (42.902)
2:47.423 (41.296)	3:29.595 (42.172)	4:13.835 (44.240)
4:57.570 (43.736)	5:42.470 (44.900)	6:27.012 (44.542)
7:12.189 (45.178)	7:57.090 (44.902)	8:42.860 (45.770)
9:28.839 (45.979)	10:14.932 (46.093)	10:55.416 (40.485)
11:36.735 (41.319)		
11 Murphy, Madison	11 Millbrook	11:43.05
42.998 (42.998)	1:26.282 (43.285)	2:09.548 (43.266)
2:52.870 (43.323)	3:36.520 (43.650)	4:20.220 (43.700)
5:04.296 (44.076)	5:48.556 (44.260)	6:32.709 (44.153)
7:17.212 (44.503)	8:01.585 (44.373)	8:46.683 (45.099)
9:31.706 (45.023)	10:16.916 (45.210)	11:02.435 (45.519)
11:43.049 (40.615)		
12 Ahrens, Emma	11 Sherando	11:47.17
43.379 (43.379)	1:27.076 (43.698)	2:10.609 (43.533)
2:53.245 (42.636)	3:36.199 (42.955)	4:19.655 (43.456)
5:03.156 (43.502)	5:47.818 (44.662)	6:31.749 (43.932)
7:16.095 (44.346)	8:00.659 (44.565)	8:45.479 (44.820)
9:30.945 (45.466)	10:16.732 (45.788)	11:02.245 (45.513)
11:47.162 (44.918)		
13 Sisk, Jillian	11 Varina	11:48.24
40.603 (40.603)	1:22.282 (41.679)	2:03.796 (41.515)
2:45.685 (41.889)	3:28.789 (43.105)	4:11.276 (42.488)
4:55.308 (44.032)	5:39.826 (44.519)	6:25.522 (45.696)
7:11.605 (46.083)	7:56.506 (44.902)	8:44.909 (48.403)
9:33.925 (49.016)	10:21.108 (47.183)	11:07.543 (46.436)
11:48.233 (40.690)		
14 Campbell, Katelyn	10 Grafton High	12:03.96
43.775 (43.775)	1:27.583 (43.809)	2:11.206 (43.623)
2:54.395 (43.189)	3:37.750 (43.356)	4:22.052 (44.302)
5:06.748 (44.696)	5:52.358 (45.610)	6:38.698 (46.340)
7:26.568 (47.870)	8:14.516 (47.949)	9:00.668 (46.152)
9:47.052 (46.385)	10:34.593 (47.542)	11:21.926 (47.333)
12:03.958 (42.032)		

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**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Girls 3200 Meter Run Class 4)			
Name	Yr	School	Finals
15 Weimer, Ellen	9	Powhatan Hig	12:09.81
40.005 (40.005)	1:23.330 (43.326)	2:07.168 (43.838)	
2:50.870 (43.703)	3:35.889 (45.019)	4:20.696 (44.808)	
5:05.880 (45.185)	5:52.096 (46.216)	6:38.498 (46.402)	
7:26.416 (47.919)	8:14.360 (47.945)	9:01.546 (47.186)	
9:50.533 (48.988)	10:39.593 (49.060)	11:27.912 (48.319)	
12:09.803 (41.892)			

Girls 55 Meter Hurdles Class 4			
Name	Yr	School	Prelims
Preliminaries			
1 Richardson, Jazmyn	12	Deep Creek H	8.46Q
2 Tolbert, Dasya	12	Deep Creek H	8.46Q
3 Solomon, Myzhane	11	Heritage (Ne	8.56q
4 Foreman, Jada	12	Atlee	8.56q
5 Ashley, Kara	10	Heritage (Ne	8.72q
6 McIvor, Kandace	12	Jefferson Fo	8.74q
7 Imoh, Elizabeth	11	John Handley	8.88q
8 James, Anijah	10	King George	8.90q
9 Rhodes, Nyomi	10	Warhill	9.03
10 Deen, Elizabeth	9	George Washi	9.20
11 Greenidge, Jasmine	10	Monacan High	9.32
12 Kim, Suzie	11	Blacksburg H	9.36
13 Lewis, Tori	10	Monacan High	9.67
14 Hartman, Clarice	10	Loudoun Vall	9.76
15 Upson, Kaylin	12	Millbrook	9.87

Girls 55 Meter Hurdles Class 4			
Name	Yr	School	Finals
Finals			
1 Richardson, Jazmyn	12	Deep Creek H	8.29 10
2 Tolbert, Dasya	12	Deep Creek H	8.48 8
3 Foreman, Jada	12	Atlee	8.51 6
4 McIvor, Kandace	12	Jefferson Fo	8.75 5
5 Imoh, Elizabeth	11	John Handley	8.77 4
6 Ashley, Kara	10	Heritage (Ne	8.79 3
7 James, Anijah	10	King George	8.96 2
8 Solomon, Myzhane	11	Heritage (Ne	9.18 1

Girls 4x200 Meter Relay Class 4			
Team	Relay	Finals	
Finals			
1 Heritage (Ne	A	1:43.23	10
23.857 (23.857)	51.494 (27.637)	1:17.043 (25.549)	
1:43.224 (26.181)			
2 Kings Fork	A	1:44.19	8
22.879 (22.879)	51.208 (28.329)	1:18.062 (26.854)	
1:44.185 (26.123)			
3 Atlee	A	1:48.62	6
27.184 (27.184)	53.823 (26.639)	1:20.265 (26.442)	
1:48.615 (28.350)			

4 Monacan High School	A	1:49.60	5
27.410 (27.410)	55.238 (27.828)	1:23.104 (27.866)	
1:49.597 (26.493)			
5 Heritage (Leesburg)	A	1:49.94	4
26.027 (26.027)	55.751 (29.724)	1:23.719 (27.968)	
1:49.933 (26.214)			
6 Courtland	A	1:51.05	3
28.634 (28.634)	56.300 (27.666)	1:23.525 (27.225)	
1:51.050 (27.525)			
7 Dominion	A	1:51.56	2
25.576 (25.576)	55.694 (30.118)	1:24.110 (28.416)	
1:51.553 (27.443)			
8 Louisa Count	A	1:52.32	1
29.172 (29.172)	57.368 (28.196)	1:25.310 (27.942)	
1:52.315 (27.005)			
9 Deep Creek H	A	1:52.43	
29.188 (29.188)	58.846 (29.658)	1:25.888 (27.042)	
1:53.852 (27.964)			
10 Amherst County	A	1:52.49	
25.159 (25.159)	55.492 (30.333)	1:23.450 (27.958)	
1:52.483 (29.033)			
11 Rock Ridge H	A	1:52.50	
25.617 (25.617)	55.775 (30.158)	1:24.410 (28.635)	
1:52.496 (28.086)			
--- Smithfield	A	DQ	
26.441 (26.441)	56.852 (30.411)	1:27.827 (30.975)	
1:54.514 (26.687)			
--- Blacksburg H	A	DQ	
26.351 (26.351)	54.629 (28.278)	1:22.413 (27.784)	
1:50.801 (28.388)			

Girls 4x400 Meter Relay Class 4			
Team	Relay	Finals	
Finals			
1 Heritage (Ne	A	3:59.10	10
1:01.021 (1:01.021)	2:02.396 (1:01.376)	3:03.724 (1:01.328)	
3:59.095 (55.372)			
2 Deep Creek H	A	4:06.80	8
1:01.182 (1:01.182)	2:05.999 (1:04.818)	3:10.699 (1:04.700)	
4:06.795 (56.096)			
3 Western Albemarle	A	4:07.17	6
1:01.716 (1:01.716)	2:03.846 (1:02.130)	3:06.264 (1:02.418)	
4:07.162 (1:00.899)			
4 Fauquier	A	4:10.36	5
1:05.624 (1:05.624)	2:06.766 (1:01.143)	3:11.588 (1:04.822)	
4:10.351 (58.763)			
5 Monacan High School	A	4:10.41	4
1:04.244 (1:04.244)	2:08.182 (1:03.939)	3:11.182 (1:03.000)	
4:10.406 (59.225)			
6 Dominion	A	4:13.27	3
1:05.244 (1:05.244)	2:08.789 (1:03.546)	3:12.172 (1:03.383)	
4:13.269 (1:01.098)			
7 Blacksburg H	A	4:17.58	2
1:04.922 (1:04.922)	2:09.274 (1:04.352)	3:14.372 (1:05.099)	
4:17.572 (1:03.200)			

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Finals ... (Girls 4x400 Meter Relay Class 4)			
Team	Relay	Finals	
8 Jamestown	A	4:17.58	1
1:04.260 (1:04.260)	2:08.458 (1:04.199)	3:14.200 (1:05.742)	
4:17.578 (1:03.379)			
9 Jefferson Forest	A	4:17.63	
1:03.658 (1:03.658)	2:11.684 (1:08.026)	3:17.407 (1:05.723)	
4:17.621 (1:00.215)			
10 Kings Fork	A	4:18.34	
1:02.898 (1:02.898)	2:09.772 (1:06.875)	3:15.182 (1:05.410)	
4:18.332 (1:03.150)			
11 Lightridge H	A	4:21.05	
1:06.215 (1:06.215)	2:14.302 (1:08.088)	3:19.532 (1:05.230)	
4:21.048 (1:01.516)			
12 Courtland	A	4:22.16	
1:04.544 (1:04.544)	2:10.512 (1:05.969)	3:15.424 (1:04.912)	
4:22.157 (1:06.733)			
13 Patrick Henr	A	4:24.47	
1:03.835 (1:03.835)	2:09.894 (1:06.059)	3:17.655 (1:07.762)	
4:24.469 (1:06.815)			

Girls 4x800 Meter Relay Class 4			
Team	Relay	Finals	
1 Western Albemarle	A	9:32.90	10
2:24.374 (2:24.374)	4:48.866 (2:24.492)	7:11.657 (2:22.791)	
9:32.893 (2:21.236)			
2 Jamestown	A	9:37.11	8
2:24.662 (2:24.662)	4:50.497 (2:25.835)	7:20.155 (2:29.658)	
9:37.110 (2:16.955)			
3 Fauquier	A	9:37.29	6
2:34.216 (2:34.216)	5:00.143 (2:25.927)	7:21.675 (2:21.532)	
9:37.289 (2:15.614)			
4 Hanover	A	9:47.04	5
2:33.798 (2:33.798)	4:59.526 (2:25.728)	7:34.783 (2:35.257)	
9:47.038 (2:12.255)			
5 Blacksburg H	A	9:47.07	4
2:25.689 (2:25.689)	4:51.787 (2:26.098)	7:25.053 (2:33.266)	
9:47.068 (2:22.015)			
6 Loudoun Valley	A	10:04.25	3
2:28.780 (2:28.780)	4:58.091 (2:29.311)	7:33.700 (2:35.609)	
10:04.249 (2:30.549)			
7 Eastern View	A	10:04.57	2
2:37.299 (2:37.299)	5:07.987 (2:30.688)	7:41.568 (2:33.581)	
10:04.561 (2:22.993)			
8 Grafton High School	A	10:04.75	1
2:28.309 (2:28.309)	5:00.385 (2:32.076)	7:30.210 (2:29.825)	
10:04.750 (2:34.540)			
9 Patrick Henr	A	10:07.97	
2:30.008 (2:30.008)	4:55.137 (2:25.129)	7:34.190 (2:39.053)	
10:07.970 (2:33.780)			
10 Tuscarora Hi	A	10:12.34	
2:31.536 (2:31.536)	5:03.300 (2:31.764)	7:34.198 (2:30.898)	
10:12.340 (2:38.142)			

11 James Wood H	A	10:12.84	
2:30.915 (2:30.915)	5:09.372 (2:38.457)	7:46.913 (2:37.541)	
10:12.838 (2:25.925)			
12 Millbrook	A	10:24.01	
2:29.679 (2:29.679)	5:12.071 (2:42.392)	7:51.146 (2:39.075)	
10:24.004 (2:32.858)			
13 Great Bridge	A	10:30.89	
2:31.903 (2:31.903)	5:06.107 (2:34.204)	7:47.474 (2:41.367)	
10:30.886 (2:43.412)			
14 Dominion	A	10:39.36	
2:34.868 (2:34.868)	5:20.836 (2:45.968)	8:08.080 (2:47.244)	
10:39.359 (2:31.279)			
15 Loudoun County	A	10:40.20	
2:29.171 (2:29.171)	5:13.373 (2:44.202)	7:51.871 (2:38.498)	
10:40.196 (2:48.325)			
16 Salem (Roanoke)	A	11:23.00	
2:42.585 (2:42.585)	5:38.917 (2:56.332)	8:24.772 (2:45.855)	
11:22.992 (2:58.220)			
--- Louisa Count	A	DQ	
2:31.574 (2:31.574)	5:04.077 (2:32.503)	7:35.197 (2:31.120)	
10:06.075 (2:30.878)			

Girls High Jump Class 4				
Name	Yr	School	Finals	
Finals				
1 Foreman, Jada	12	Atlee	5-06.00	10
2 Kehlenbeck, Katja	11	Blacksburg H	5-04.00	8
3 Pettyjohn, Hannah	12	Jefferson Fo	5-02.00	6
4 Imoh, Elizabeth	11	John Handley	J5-02.00	5
5 Colson, Arianna	12	Orange Count	5-00.00	4
6 Miller, Madelyn	12	Courtland	4-10.00	2
6 Lee, Kelsey	11	Atlee	4-10.00	2
6 Hill, Caroline	11	Western Albe	4-10.00	2
9 Arnold, Justice	12	Deep Creek H	J4-10.00	
10 Anderson, Evelyn	11	Eastern View	J4-10.00	
11 Dillard, Jada	10	Churchland	J4-10.00	
12 Hartman, Clarice	10	Loudoun Vall	4-08.00	
12 Johnson, Znyah	11	John Handley	4-08.00	
--- Szeffc, Anna	11	Blacksburg H	NH	
--- McIvor, Kandace	12	Jefferson Fo	NH	
--- Strauss, Rylie	11	Dominion	NH	
--- Pentel, Emily	10	Grafton High	NH	
--- Tolbert, Dasya	12	Deep Creek H	DNS	
--- Hull, Julia	9	E.C. Glass	DNS	
--- Pfallmer, Johnnie	11	Loudoun Coun	DNS	

Girls Pole Vault Class 4				
Name	Yr	School	Finals	
Finals				
1 Pettyjohn, Hannah	12	Jefferson Fo	12-06.00	10
2 Harvey, Taryn	11	Jefferson Fo	10-06.00	7
2 Fitzwater, Raina	9	Western Albe	10-06.00	7
4 Schaner, Colleen	12	Kettle Run	J10-06.00	4.5
4 Halloran, Cierra	11	Western Albe	J10-06.00	4.5
6 Nickerson, Ashley	11	Kettle Run	10-00.00	3

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Finals ... (Girls Pole Vault Class 4)

Name	Yr	School	Finals
7 Zier, Maggie	12	Blacksburg H	J10-00.00 2
8 Smith, Erin	11	Hanover	9-06.00 0.5
8 Knowles, Lily	11	Jamestown	9-06.00 0.5
10 Sell, Emma	11	Hanover	J9-06.00
11 Pearson, Caroline	9	Western Albe	J9-06.00
12 Tonetti, Alyssa	11	King George	9-00.00
12 Bowman, Lauren	12	Mechanicsvil	9-00.00
14 Lacombe, Elizabeth	11	Amherst Coun	J9-00.00
15 Zambos, Kaylie	10	Atlee	8-06.00
--- Strobach, Elizabeth	11	Western Albe	NH
--- Kelly, Ilena	12	Warhill	NH
--- Ricci, Alivia	11	John Handley	NH
--- Smith, Kaelynn	9	Amherst Coun	NH
--- Hunter, Mirabella	10	Jamestown	NH

Girls Long Jump Class 4

Name	Yr	School	Finals
1 Foreman, Jada	12	Atlee	19-02.25 10
2 Deen, Elizabeth	9	George Washi	18-04.00 8
3 Wilson, Kadence	12	Great Bridge	18-02.00 6
4 Tolbert, Dasya	12	Deep Creek H	17-10.50 5
5 Cabel, Cyanna	12	Amherst Coun	17-04.25 4
6 James, Anijah	10	King George	17-02.75 3
7 Ward, Deja	11	Kings Fork	16-08.75 2
8 McIvor, Kandace	12	Jefferson Fo	16-08.50 1
9 Carter, Dezmajia	12	Louisa Count	16-07.50
10 Battaglia, Molly	12	Dominion	15-04.25
11 Boyce, Olivia	9	James Wood H	15-02.00
12 Artis, Zoey	10	Atlee	J15-02.00
13 Goetz, Evie	11	Fauquier	15-00.50

Girls Triple Jump Class 4

Name	Yr	School	Finals
1 Foreman, Jada	12	Atlee	40-09.50 10
2 Cabel, Cyanna	12	Amherst Coun	36-10.75 8
3 Carter, Dezmajia	12	Louisa Count	36-07.00 6
4 Ward, Deja	11	Kings Fork	34-03.25 5
5 McIvor, Kandace	12	Jefferson Fo	34-01.25 4
6 Greenidge, Jasmine	10	Monacan High	33-03.75 3
7 Hodul, Mackenzie	10	Fauquier	33-02.50 2
8 Hartman, Clarice	10	Loudoun Vall	32-10.75 1
9 Van Pelt, Ciara	12	Churchland	32-08.50
10 Nolte, Rylie	9	Lightridge H	30-10.50
11 Artis, Zoey	10	Atlee	29-06.50
--- Jackson, Abeni	11	Heritage (Ne	FOUL

Girls Shot Put Class 4

Name	Yr	School	Finals
1 Turner, Rachael	12	Hanover	37-06.00 10
2 Nash, Savannah	12	Atlee	34-08.00 8

3 Summers, Breanna	11	Dominion	34-02.00 6
4 Norfleet, Ka'mya	11	Churchland	33-09.50 5
5 Pettyjohn, Hannah	12	Jefferson Fo	33-07.00 4
6 Anderson, Talia	12	Grafton High	33-02.25 3
7 Waddy, Taylor	9	Louisa Count	32-04.50 2
8 Pendleton, Michelle	10	Courtland	30-04.25 1
9 Bayliff, Madison	11	Fauquier	29-08.00
10 Clark, Stephanie	10	Fauquier	29-00.00
11 Kearney, Nicole	12	Kings Fork	27-08.50
12 Rucker, Kya	12	E.C. Glass	26-05.50

Boys 55 Meter Dash Class 4

Name	Yr	School	Prelims
1 Peyton, Lewis	10	Salem (Roano	6.40Q
2 Brown, Lawrence	12	Amherst Coun	6.47Q
3 Fair, Antoinne	12	Deep Creek H	6.61Q
4 Sloan, Devin	12	Kings Fork	6.52q
5 Mosley, Devin	12	Heritage (Ne	6.52q
6 Basking, Christopher	11	Smithfield	6.57q
7 Lyman III, John	12	Pulaski Coun	6.62q
8 Carter, Sheldon	12	Churchland	6.62q
9 Williams, Shamar	11	Patrick Henr	6.66
10 Intihar, Jack	11	Western Albe	6.67
11 Moore, Blake	12	Loudoun Vall	6.68
12 Niemiec, Michael	11	Tuscarora Hi	6.72
13 Logan, Chauncey	12	Salem (Roano	6.77
14 Dick, James	12	Loudoun Coun	6.79
15 Porter, Quemaar	11	Pulaski Coun	6.80
16 Persinger, Joshia	9	Salem (Roano	6.81
17 Campbell, Daniel	12	Dinwiddie	6.82
18 Cook, Malachi	12	Matoaca High	6.84

Boys 55 Meter Dash Class 4

Name	Yr	School	Finals
1 Peyton, Lewis	10	Salem (Roano	6.41 10
2 Brown, Lawrence	12	Amherst Coun	6.47 8
3 Sloan, Devin	12	Kings Fork	6.59 6
4 Basking, Christopher	11	Smithfield	6.63 5
5 Carter, Sheldon	12	Churchland	6.65 4
6 Mosley, Devin	12	Heritage (Ne	6.66 3
7 Fair, Antoinne	12	Deep Creek H	6.68 2
8 Lyman III, John	12	Pulaski Coun	6.70 1

Boys 300 Meter Dash Class 4

Name	Yr	School	Finals
1 Hilton, Addison	12	Jefferson Fo	35.12 10
2 Obrimah, Efe	12	Atlee	35.39 8
3 Harrell, Amarion	11	Deep Creek H	35.42 6
4 Basking, Christopher	11	Smithfield	35.64 5
5 Moore, Blake	12	Loudoun Vall	35.81 4
6 Intihar, Jack	11	Western Albe	35.93 3
7 Williams, Shamar	11	Patrick Henr	36.04 2

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Finals ... (Boys 300 Meter Dash Class 4)

Name	Yr	School	Finals	
8 Mateo, Amir	10	Courtland	36.07	1
9 Aveson, Brian	12	Jefferson Fo	36.22	
10 Camobreco, Lorenzo	12	Grafton High	36.25	
11 Moody, Blake	11	Mechanicsvil	36.34	
12 Mosley, Devin	12	Heritage (Ne	36.64	
13 Bile, Jean-Claude	12	Kings Fork	36.67	
14 Gregory, Will	12	Amherst Coun	36.97	
15 Branch III, Barlowe	12	Dinwiddie	37.00	
16 Whitaker, Kwame	11	Courtland	37.02	
17 Vazquez, Joseph	12	Grafton High	37.14	
18 Quan, Henry	12	Heritage (Le	37.46	
19 Blum, Evan	12	Tuscarora Hi	39.24	
20 Cook, Malachi	12	Matoaca High	42.83	
--- Bynaker, John	12	Fauquier	DNS	

Boys 500 Meter Dash Class 4

Name	Yr	School	Finals	
Finals				
1 Davis, Leo	11	Warhill	1:06.37	10
39.289 (39.289)	1:06.361 (27.072)			
2 Hilton, Addison	12	Jefferson Fo	1:07.09	8
39.495 (39.495)	1:07.082 (27.588)			
3 Camobreco, Lorenzo	12	Grafton High	1:07.34	6
39.077 (39.077)	1:07.335 (28.259)			
4 Alston, Neil	12	Churchland	1:07.39	5
38.619 (38.619)	1:07.385 (28.766)			
5 Aveson, Brian	12	Jefferson Fo	1:07.53	4
39.622 (39.622)	1:07.525 (27.903)			
6 Gregory, Will	12	Amherst Coun	1:07.79	3
38.826 (38.826)	1:07.781 (28.955)			
7 Sterling, Eli	11	Blacksburg H	1:07.83	2
39.294 (39.294)	1:07.829 (28.536)			
8 Epperson, Landon	12	Jefferson Fo	1:07.99	1
39.075 (39.075)	1:07.981 (28.906)			
9 Moody, Blake	11	Mechanicsvil	1:08.20	
39.572 (39.572)	1:08.191 (28.619)			
10 Stickle, Ryan	12	John Handley	1:08.51	
39.394 (39.394)	1:08.504 (29.110)			
11 Burch, Matthew	12	Western Albe	1:09.03	
39.424 (39.424)	1:09.030 (29.606)			
12 Macchiarolo, Nic	12	Loudoun Coun	1:09.14	
40.304 (40.304)	1:09.140 (28.836)			
13 Wang, Matthew	12	Dominion	1:10.43	
39.998 (39.998)	1:10.421 (30.423)			
14 Carter, Cullen	12	Atlee	1:10.66	
39.359 (39.359)	1:10.658 (31.299)			
--- Harrell, Amarion	11	Deep Creek H	DNF	
39.812 (39.812)				
--- Hager, Ben	11	Blacksburg H	DNS	

Boys 1000 Meter Run Class 4

Name	Yr	School	Finals	
Finals				
1 Coleman, Ethan	12	Hanover	2:27.25	10
29.391 (29.391)	58.175 (28.785)	1:27.054 (28.879)		
1:56.965 (29.912)	2:27.242 (30.278)			
2 Kumer, Jonathan	12	Western Albe	2:29.70	8
29.601 (29.601)	59.227 (29.626)	1:29.252 (30.026)		
2:00.104 (30.852)	2:29.691 (29.588)			
3 Soto, Aidan	12	Loudoun Vall	2:30.09	6
29.692 (29.692)	58.589 (28.898)	1:28.475 (29.886)		
1:59.315 (30.840)	2:30.088 (30.773)			
4 Madrigal, Ben	12	Grafton High	2:30.37	5
29.501 (29.501)	58.774 (29.273)	1:28.434 (29.660)		
1:58.408 (29.975)	2:30.369 (31.962)			
5 Rimmel, Jake	11	Loudoun Vall	2:31.12	4
29.899 (29.899)	59.989 (30.090)	1:30.109 (30.120)		
2:00.369 (30.260)	2:31.114 (30.745)			
6 Dachos, Alexander	12	King George	2:32.20	3
30.148 (30.148)	1:00.522 (30.375)	1:30.841 (30.319)		
2:01.028 (30.188)	2:32.191 (31.163)			
7 Amole, Gary	11	Grafton High	2:33.09	2
29.779 (29.779)	59.589 (29.810)	1:29.548 (29.959)		
2:00.507 (30.959)	2:33.085 (32.579)			
8 Stansbury, Ethan	12	Loudoun Coun	2:34.50	1
30.018 (30.018)	1:00.052 (30.035)	1:30.565 (30.513)		
2:02.202 (31.638)	2:34.497 (32.295)			
9 Smith, Carter	11	Mechanicsvil	2:37.30	
30.165 (30.165)	1:00.245 (30.080)	1:31.351 (31.106)		
2:03.995 (32.645)	2:37.295 (33.300)			
10 Davis, Alex	12	Patrick Henr	2:37.51	
30.231 (30.231)	1:00.324 (30.093)	1:31.018 (30.695)		
2:03.777 (32.759)	2:37.508 (33.732)			
11 Davis, Zach	11	Blacksburg H	2:37.84	
1:02.467 (1:02.467)	1:35.108 (32.642)	2:07.108 (32.000)		
2:37.831 (30.723)				
12 Carson, Logan	12	Grafton High	2:37.92	
1:02.656 (1:02.656)	1:35.314 (32.659)	2:07.343 (32.029)		
2:37.918 (30.576)				
13 Moore, William	10	Louisa Count	2:38.57	
1:02.858 (1:02.858)	1:35.530 (32.672)	2:07.827 (32.298)		
2:38.568 (30.742)				
14 Le Gouellec, Gabriel	12	Jamestown	2:39.91	
1:03.400 (1:03.400)	1:37.087 (33.688)	2:09.496 (32.409)		
2:39.906 (30.410)				
15 Eldred, William	12	Grafton High	2:40.20	
1:03.611 (1:03.611)	1:36.871 (33.260)	2:09.223 (32.352)		
2:40.191 (30.969)				
16 Chavez, Andre	11	Atlee	2:40.83	
30.441 (30.441)	1:01.019 (30.579)	1:32.882 (31.863)		
2:06.538 (33.656)	2:40.825 (34.288)			
17 Rutherford, Conner	11	Blacksburg H	2:41.79	
1:02.644 (1:02.644)	1:37.620 (34.976)	2:10.103 (32.483)		
2:41.790 (31.688)				

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 1000 Meter Run Class 4)			
Name	Yr	School	Finals
18 Blair, Alexander	11	Chancellor	2:41.92
1:02.880 (1:02.880)	1:36.096 (33.216)	2:09.660 (33.565)	2:41.911 (32.252)
19 Emmert, Nicholas	12	Louisa Count	2:44.14
1:03.110 (1:03.110)	1:35.433 (32.323)	2:09.041 (33.609)	2:44.133 (35.092)
20 McDonald, Liam	12	James Wood H	2:45.38
29.925 (29.925)	59.914 (29.989)	1:30.832 (30.919)	2:05.555 (34.723)
2:05.555 (34.723)	2:45.372 (39.818)		
21 Barnes, Nathaniel	12	Churchland	2:51.69
1:03.350 (1:03.350)	1:37.347 (33.998)	2:13.270 (35.923)	2:51.686 (38.416)

Boys 1600 Meter Run Class 4			
Name	Yr	School	Finals
Finals			
1 Mussmon, Graham	12	Loudoun Vall	4:13.26 10
31.836 (31.836)	1:03.546 (31.710)	1:35.118 (31.572)	2:07.226 (32.109)
2:07.226 (32.109)	2:39.032 (31.806)	3:11.359 (32.328)	3:43.362 (32.003)
3:43.362 (32.003)	4:13.255 (29.893)		
2 Mason, Trevor	12	Patrick Henr	4:14.32 8
31.974 (31.974)	1:03.824 (31.850)	1:35.329 (31.506)	2:07.491 (32.162)
2:07.491 (32.162)	2:39.278 (31.788)	3:11.184 (31.906)	3:43.126 (31.943)
3:43.126 (31.943)	4:14.312 (31.186)		
3 Emmert, Nicholas	12	Louisa Count	4:16.23 6
32.125 (32.125)	1:04.224 (32.099)	1:35.906 (31.683)	2:08.188 (32.282)
2:08.188 (32.282)	2:40.664 (32.476)	3:13.029 (32.366)	3:44.388 (31.359)
3:44.388 (31.359)	4:16.221 (31.833)		
4 Stansbury, Ethan	12	Loudoun Coun	4:16.85 5
32.616 (32.616)	1:05.084 (32.468)	1:36.364 (31.280)	2:08.362 (31.999)
2:08.362 (31.999)	2:40.911 (32.549)	3:13.254 (32.343)	3:45.111 (31.858)
3:45.111 (31.858)	4:16.842 (31.732)		
5 Soto, Aidan	12	Loudoun Vall	4:19.09 4
32.068 (32.068)	1:04.459 (32.392)	1:35.595 (31.136)	2:07.812 (32.218)
2:07.812 (32.218)	2:40.384 (32.572)	3:13.688 (33.305)	3:46.891 (33.203)
3:46.891 (33.203)	4:19.081 (32.190)		
6 Adams, Brannon	12	Jefferson Fo	4:19.29 3
32.268 (32.268)	1:04.609 (32.342)	1:36.001 (31.392)	2:07.936 (31.936)
2:07.936 (31.936)	2:40.452 (32.516)	3:12.764 (32.312)	3:44.771 (32.008)
3:44.771 (32.008)	4:19.285 (34.515)		
7 Rutherford, Conner	11	Blacksburg H	4:22.79 2
32.416 (32.416)	1:04.858 (32.442)	1:36.716 (31.859)	2:09.445 (32.729)
2:09.445 (32.729)	2:43.554 (34.109)	3:19.451 (35.898)	3:52.952 (33.502)
3:52.952 (33.502)	4:22.786 (29.835)		
8 Allen, Patrick	10	Atlee	4:24.00 1
32.446 (32.446)	1:04.928 (32.482)	1:36.831 (31.903)	2:09.791 (32.960)
2:09.791 (32.960)	2:42.451 (32.660)	3:16.436 (33.986)	3:50.481 (34.045)
3:50.481 (34.045)	4:23.992 (33.512)		
9 Taylor, Luke	12	Patrick Henr	4:24.10
32.199 (32.199)	1:04.361 (32.162)	1:36.504 (32.143)	2:08.935 (32.432)
2:08.935 (32.432)	2:42.149 (33.215)	3:15.771 (33.622)	3:49.029 (33.259)
3:49.029 (33.259)	4:24.094 (35.065)		

10 Paccassi, Peter	11 Fauquier	4:27.20
34.327 (34.327)	1:08.987 (34.660)	1:42.705 (33.719)
2:17.034 (34.329)	2:50.948 (33.915)	3:24.811 (33.863)
3:57.437 (32.626)	4:27.192 (29.756)	
11 Moseman, Benjamin	12 Loudoun Vall	4:30.97
34.104 (34.104)	1:08.690 (34.586)	1:42.458 (33.769)
2:16.885 (34.428)	2:51.172 (34.288)	3:25.157 (33.985)
3:58.150 (32.993)	4:30.962 (32.813)	
12 Gray, Josh	11 Mechanicsvil	4:33.30
34.605 (34.605)	1:09.260 (34.655)	1:42.650 (33.390)
2:17.530 (34.880)	2:51.904 (34.375)	3:25.907 (34.003)
4:00.318 (34.412)	4:33.297 (32.979)	
13 Miller, Layton	11 Jamestown	4:33.42
34.868 (34.868)	1:09.472 (34.605)	1:43.402 (33.930)
2:17.682 (34.280)	2:52.208 (34.526)	3:26.195 (33.988)
3:59.421 (33.226)	4:33.415 (33.995)	
14 Yesli, Yanis	11 Park View (S)	4:33.44
34.424 (34.424)	1:09.337 (34.913)	1:42.891 (33.555)
2:17.240 (34.349)	2:51.557 (34.318)	3:25.561 (34.005)
3:59.782 (34.222)	4:33.438 (33.656)	
15 Tompkins, Luke	12 Jamestown	4:37.33
34.582 (34.582)	1:09.182 (34.600)	1:43.290 (34.108)
2:17.918 (34.629)	2:52.602 (34.685)	3:27.208 (34.606)
4:02.671 (35.463)	4:37.321 (34.650)	
16 Schianchi, Nicolo	12 John Handley	4:43.13
34.817 (34.817)	1:09.085 (34.269)	1:42.954 (33.869)
2:17.775 (34.822)	2:52.495 (34.720)	3:27.885 (35.390)
4:04.671 (36.786)	4:43.125 (38.455)	
--- Rimmel, Jake	11 Loudoun Vall	DNS
--- Price, Taylor	12 Smithfield	DNS
--- Dachos, Alexander	12 King George	DNS
--- Albon, Travis	11 Atlee	DNS

Boys 3200 Meter Run Class 4			
Name	Yr	School	Finals
Finals			
1 Mussmon, Graham	12	Loudoun Vall	9:13.48 10
35.279 (35.279)	1:12.665 (37.386)	1:47.788 (35.123)	2:22.629 (34.842)
2:22.629 (34.842)	2:58.009 (35.380)	3:33.648 (35.639)	4:09.671 (36.023)
4:09.671 (36.023)	4:45.331 (35.660)	5:18.823 (33.493)	5:52.582 (33.759)
5:52.582 (33.759)	6:28.386 (35.805)	7:03.326 (34.940)	7:38.925 (35.599)
7:38.925 (35.599)	8:13.026 (34.102)	8:44.326 (31.300)	9:13.476 (29.150)
9:13.476 (29.150)			
2 Taylor, Luke	12	Patrick Henr	9:15.45 8
33.803 (33.803)	1:11.363 (37.560)	1:47.512 (36.149)	2:22.369 (34.858)
2:22.369 (34.858)	2:57.835 (35.466)	3:33.522 (35.688)	4:09.569 (36.048)
4:09.569 (36.048)	4:45.241 (35.672)	5:18.201 (32.960)	5:52.391 (34.190)
5:52.391 (34.190)	6:28.113 (35.723)	7:03.148 (35.035)	7:38.745 (35.598)
7:38.745 (35.598)	8:12.473 (33.729)	8:44.075 (31.602)	9:15.448 (31.373)
9:15.448 (31.373)			

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 3200 Meter Run Class 4)							
Name	Yr	School	Finals				
3	Shifflett, Owen	11 Western Albe	9:20.07	6	10 Linehan, Connor	9 Grafton High	9:41.60
	33.636 (33.636)	1:11.996 (38.360)	1:48.063 (36.068)		34.375 (34.375)	1:12.312 (37.938)	1:48.288 (35.976)
	2:22.822 (34.759)	2:58.228 (35.406)	3:33.713 (35.486)		2:24.013 (35.726)	2:59.656 (35.643)	3:34.715 (35.059)
	4:09.798 (36.085)	4:45.429 (35.632)	5:17.903 (32.475)		4:10.651 (35.936)	4:46.838 (36.188)	5:23.002 (36.165)
	5:52.108 (34.205)	6:27.862 (35.755)	7:02.795 (34.933)		5:59.735 (36.733)	6:36.559 (36.825)	7:12.898 (36.339)
	7:38.451 (35.656)	8:12.662 (34.212)	8:45.503 (32.842)		7:51.138 (38.240)	8:27.246 (36.109)	9:05.495 (38.249)
	9:20.062 (34.559)				9:41.596 (36.102)		
4	Albon, Travis	11 Atlee	9:22.76	5	11 Madrigal, Ben	12 Grafton High	9:47.42
	35.422 (35.422)	1:12.055 (36.633)	1:48.045 (35.990)		34.221 (34.221)	1:11.903 (37.683)	1:48.509 (36.606)
	2:23.246 (35.202)	2:58.655 (35.409)	3:33.906 (35.252)		2:23.789 (35.280)	2:59.586 (35.798)	3:35.542 (35.956)
	4:09.979 (36.073)	4:45.592 (35.613)	5:19.675 (34.083)		4:11.419 (35.878)	4:47.163 (35.745)	5:23.319 (36.156)
	5:53.091 (33.416)	6:28.769 (35.679)	7:03.691 (34.922)		5:59.213 (35.895)	6:36.659 (37.446)	7:15.716 (39.058)
	7:39.026 (35.336)	8:14.013 (34.988)	8:48.263 (34.250)		7:54.533 (38.818)	8:33.475 (38.942)	9:12.239 (38.765)
	9:22.753 (34.490)				9:47.412 (35.173)		
5	Mason, Trevor	12 Patrick Henr	9:27.19	4	12 Jordan, Alex	10 Jefferson Fo	9:48.28
	35.495 (35.495)	1:12.398 (36.903)	1:47.923 (35.526)		35.198 (35.198)	1:12.803 (37.606)	1:49.161 (36.358)
	2:23.123 (35.200)	2:58.503 (35.380)	3:33.933 (35.430)		2:24.448 (35.288)	3:00.311 (35.863)	3:35.952 (35.642)
	4:10.002 (36.069)	4:45.626 (35.625)	5:19.203 (33.578)		4:12.129 (36.178)	4:48.139 (36.010)	5:24.396 (36.258)
	5:52.801 (33.598)	6:28.626 (35.826)	7:03.826 (35.200)		6:01.365 (36.969)	6:39.286 (37.922)	7:17.429 (38.143)
	7:39.363 (35.538)	8:15.706 (36.343)	8:51.555 (35.849)		7:56.083 (38.655)	8:34.042 (37.959)	9:11.906 (37.865)
	9:27.185 (35.630)				9:48.279 (36.373)		
6	Woshner, Nathaniel	12 James Wood H	9:36.13	3	13 Price, Taylor	12 Smithfield	9:53.84
	34.003 (34.003)	1:11.573 (37.570)	1:47.239 (35.666)		35.682 (35.682)	1:12.555 (36.873)	1:48.813 (36.259)
	2:22.116 (34.878)	2:57.646 (35.530)	3:33.465 (35.819)		2:25.686 (36.873)	3:03.043 (37.358)	3:40.503 (37.460)
	4:09.398 (35.933)	4:45.176 (35.779)	5:20.128 (34.952)		4:18.539 (38.036)	4:57.331 (38.792)	5:36.055 (38.725)
	5:54.762 (34.635)	6:30.886 (36.125)	7:07.693 (36.808)		6:14.543 (38.489)	6:54.105 (39.562)	7:31.343 (37.239)
	7:44.799 (37.106)	8:22.865 (38.066)	9:00.252 (37.388)		8:09.115 (37.772)	8:46.951 (37.836)	9:24.171 (37.220)
	9:36.121 (35.869)				9:53.832 (29.662)		
7	Adams, Brannon	12 Jefferson Fo	9:37.30	2	14 Johnson, Kai	11 Millbrook	9:54.82
	34.981 (34.981)	1:11.008 (36.028)	1:45.766 (34.759)		36.282 (36.282)	1:14.441 (38.159)	1:50.826 (36.386)
	2:20.893 (35.128)	2:56.742 (35.849)	3:32.449 (35.708)		2:26.982 (36.156)	3:04.509 (37.528)	3:41.712 (37.203)
	4:08.911 (36.462)	4:45.761 (36.850)	5:23.163 (37.403)		4:19.685 (37.973)	4:58.339 (38.655)	5:35.546 (37.208)
	6:00.092 (36.929)	6:36.849 (36.758)	7:13.219 (36.370)		6:14.089 (38.543)	6:53.411 (39.322)	7:31.841 (38.430)
	7:51.046 (37.828)	8:28.596 (37.550)	9:04.583 (35.988)		8:09.318 (37.478)	8:46.519 (37.202)	9:22.426 (35.908)
	9:37.292 (32.709)				9:54.812 (32.386)		
8	Pratt-Perez, Ethan	10 James Wood H	9:38.21	1	15 Moseman, Benjamin	12 Loudoun Vall	9:59.80
	35.211 (35.211)	1:11.345 (36.135)	1:46.386 (35.042)		36.476 (36.476)	1:13.829 (37.353)	1:49.948 (36.119)
	2:21.899 (35.513)	2:57.596 (35.698)	3:33.938 (36.342)		2:26.518 (36.570)	3:03.955 (37.438)	3:41.522 (37.568)
	4:10.759 (36.822)	4:47.622 (36.863)	5:24.791 (37.169)		4:19.328 (37.806)	4:57.809 (38.482)	5:35.826 (38.018)
	6:01.758 (36.968)	6:38.556 (36.799)	7:15.275 (36.719)		6:13.798 (37.972)	6:53.463 (39.666)	7:31.753 (38.290)
	7:52.293 (37.019)	8:28.799 (36.506)	9:05.023 (36.225)		8:09.673 (37.920)	8:47.378 (37.705)	9:24.619 (37.242)
	9:38.203 (33.180)				9:59.795 (35.176)		
9	Mawn, Jade	12 Western Albe	9:38.32		16 Sullivan, Nate	11 Western Albe	10:00.65
	34.649 (34.649)	1:12.561 (37.912)	1:48.853 (36.293)		35.813 (35.813)	1:12.802 (36.989)	1:49.106 (36.305)
	2:24.388 (35.535)	2:59.803 (35.416)	3:35.199 (35.396)		2:26.103 (36.998)	3:03.682 (37.579)	3:41.412 (37.730)
	4:11.502 (36.303)	4:47.322 (35.820)	5:23.628 (36.306)		4:19.223 (37.812)	4:57.922 (38.699)	5:36.108 (38.186)
	5:59.466 (35.839)	6:35.952 (36.486)	7:13.135 (37.183)		6:14.569 (38.462)	6:54.072 (39.503)	7:32.852 (38.780)
	7:50.881 (37.746)	8:27.482 (36.602)	9:03.756 (36.275)		8:10.691 (37.839)	8:48.796 (38.106)	9:26.255 (37.459)
	9:38.319 (34.563)				10:00.648 (34.393)		

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 3200 Meter Run Class 4)			
Name	Yr	School	Finals
17 Amole, Gary	11	Grafton High	10:01.43
34.463 (34.463)	1:12.356 (37.893)	1:48.629 (36.273)	
2:24.058 (35.429)	2:59.889 (35.832)	3:34.729 (34.840)	
4:10.166 (35.438)	4:45.852 (35.686)	5:21.871 (36.019)	
5:59.352 (37.482)	6:38.745 (39.393)	7:19.408 (40.663)	
8:00.406 (40.999)	8:42.668 (42.262)	9:23.132 (40.465)	
10:01.421 (38.289)			
18 Caldwell, Cary	12	Warhill	10:04.31
35.595 (35.595)	1:12.179 (36.585)	1:48.718 (36.539)	
2:25.838 (37.120)	3:03.483 (37.646)	3:41.146 (37.663)	
4:19.049 (37.903)	4:57.589 (38.540)	5:36.272 (38.683)	
6:15.155 (38.883)	6:54.609 (39.455)	7:33.299 (38.690)	
8:11.401 (38.102)	8:50.085 (38.685)	9:27.691 (37.606)	
10:04.309 (36.619)			
19 Pardue, William	10	John Handley	10:12.34
35.498 (35.498)	1:11.765 (36.268)	1:48.233 (36.469)	
2:25.571 (37.338)	3:03.799 (38.229)	3:40.811 (37.012)	
4:18.788 (37.978)	4:57.655 (38.868)	5:36.462 (38.808)	
6:13.639 (37.178)	6:53.836 (40.198)	7:33.521 (39.685)	
8:12.322 (38.802)	8:53.312 (40.990)	9:34.226 (40.915)	
10:12.339 (38.113)			
20 Carson, Logan	12	Grafton High	10:13.65
35.996 (35.996)	1:13.532 (37.536)	1:50.258 (36.726)	
2:27.053 (36.796)	3:04.701 (37.648)	3:41.942 (37.242)	
4:19.856 (37.915)	4:58.275 (38.419)	5:36.078 (37.803)	
6:14.369 (38.292)	6:53.882 (39.513)	7:32.641 (38.759)	
8:12.709 (40.069)	8:54.842 (42.133)	9:36.361 (41.519)	
10:13.642 (37.282)			
--- Le Gouellec, Gabriel	12	Jamestown	DNS
--- Allen, Patrick	10	Atlee	DNS
--- Goerlich, Jonathan	12	Blacksburg H	DNS

Boys 55 Meter Hurdles Class 4			
Name	Yr	School	Prelims
Preliminaries			
1 Sullivan, Henry	12	Western Albe	7.71Q
2 Smith, Ja'mar	9	E.C. Glass	7.94Q
3 Branch III, Barlowe	12	Dinwiddie	7.91q
4 Idore, Isaiah	12	Amherst Coun	8.03q
5 Zurbach, Matt	12	Broad Run	8.03q
6 Glanville, Marcus	10	Smithfield	8.06q
7 Allen, Jordan	12	Patrick Henr	8.17q
8 Freimann, Caiden	12	Lightridge H	8.36q
9 Cassidy, Brendan	12	James Wood H	8.36
10 Harris, Deonte	11	Hanover	8.46
11 Wallace, Isaiah	11	Warwick	8.82
12 Morales, Paul	10	Churchland	8.85

Boys 55 Meter Hurdles Class 4			
Name	Yr	School	Finals
Finals			
1 Sullivan, Henry	12	Western Albe	7.62 10
2 Smith, Ja'mar	9	E.C. Glass	7.84 8

3 Branch III, Barlowe	12	Dinwiddie	7.95	6
4 Allen, Jordan	12	Patrick Henr	8.01	5
5 Zurbach, Matt	12	Broad Run	8.06	4
6 Idore, Isaiah	12	Amherst Coun	8.26	3
7 Glanville, Marcus	10	Smithfield	8.32	2
8 Freimann, Caiden	12	Lightridge H	8.63	1

Boys 4x200 Meter Relay Class 4				
Team	Relay	Finals		
Finals				
1 Atlee	A	1:33.00	10	
23.020 (23.020)	46.754 (23.734)	1:10.596 (23.842)		
1:33.000 (22.404)				
2 Loudoun Valley	A	1:33.08	8	
23.751 (23.751)	47.159 (23.408)	1:10.284 (23.125)		
1:33.073 (22.789)				
3 Patrick Henr	A	1:33.40	6	
21.370 (21.370)	46.091 (24.721)	1:09.893 (23.802)		
1:33.393 (23.500)				
4 Hampton	A	1:33.64	5	
23.300 (23.300)	46.363 (23.063)	1:10.562 (24.199)		
1:33.633 (23.071)				
5 Smithfield	A	1:33.84	4	
23.311 (23.311)	49.072 (25.761)	1:12.387 (23.315)		
1:33.839 (21.452)				
6 Blacksburg H	A	1:33.97	3	
21.026 (21.026)	46.126 (25.100)	1:10.214 (24.088)		
1:33.966 (23.752)				
7 Grafton High School	A	1:33.98	2	
22.958 (22.958)	46.597 (23.639)	1:11.220 (24.623)		
1:33.971 (22.751)				
8 Deep Creek H	A	1:34.07	1	
21.160 (21.160)	48.457 (27.297)	1:11.377 (22.920)		
1:34.070 (22.693)				
9 Pulaski County	A	1:34.80		
22.338 (22.338)	47.465 (25.127)	1:10.910 (23.445)		
1:34.792 (23.882)				
10 Loudoun County	A	1:35.24		
22.309 (22.309)	47.534 (25.225)	1:10.484 (22.950)		
1:35.231 (24.747)				
11 E.C. Glass	A	1:35.34		
23.754 (23.754)	47.595 (23.841)	1:11.482 (23.887)		
1:35.340 (23.858)				
12 Monacan High School	A	1:35.69		
23.700 (23.700)	47.943 (24.243)	1:11.644 (23.701)		
1:35.684 (24.040)				
13 Mechanicsvil	A	1:36.41		
21.587 (21.587)	47.369 (25.782)	1:12.480 (25.111)		
1:36.403 (23.923)				
14 Fauquier	A	1:36.84		
22.247 (22.247)	47.216 (24.969)	1:11.471 (24.255)		
1:36.837 (25.366)				
15 Dinwiddie	A	1:36.99		
23.006 (23.006)	46.647 (23.641)	1:12.204 (25.557)		
1:36.984 (24.780)				

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 4x200 Meter Relay Class 4)

Team	Relay	Finals
16 Matoaca High School	A	1:37.31
23.989 (23.989)	47.683 (23.694)	1:13.524 (25.841)
1:37.305 (23.781)		
17 Great Bridge	A	1:39.50
21.911 (21.911)	46.777 (24.866)	1:16.688 (29.911)
1:39.493 (22.805)		
18 John Handley	A	1:41.26
22.111 (22.111)	48.183 (26.072)	1:18.250 (30.067)
1:41.259 (23.009)		
--- Salem (Roanoke)	A	DNF
22.635 (22.635)	47.205 (24.570)	1:11.503 (24.298)
--- Courtland	A	DQ
22.307 (22.307)	47.059 (24.752)	1:11.153 (24.094)
1:33.321 (22.168)		
--- Western Albemarle	A	DQ
22.388 (22.388)	45.388 (23.000)	1:09.550 (24.162)
1:33.032 (23.482)		

Boys 4x400 Meter Relay Class 4

Team	Relay	Finals
1 Western Albemarle	A	3:28.26 10
52.662 (52.662)	1:44.647 (51.986)	2:36.904 (52.258)
3:28.260 (51.356)		
2 Warhill	A	3:31.05 8
54.743 (54.743)	1:47.813 (53.070)	2:39.968 (52.156)
3:31.048 (51.080)		
3 Grafton High School	A	3:32.09 6
54.267 (54.267)	1:48.463 (54.196)	2:41.313 (52.850)
3:32.084 (50.772)		
4 Blacksburg H	A	3:32.17 5
54.361 (54.361)	1:46.371 (52.010)	2:40.581 (54.210)
3:32.167 (51.586)		
5 Atlee	A	3:33.15 4
54.607 (54.607)	1:50.344 (55.738)	2:41.459 (51.115)
3:33.149 (51.690)		
6 Dominion	A	3:37.27 3
55.262 (55.262)	1:48.798 (53.536)	2:43.641 (54.843)
3:37.269 (53.629)		
7 Jefferson Forest	A	3:37.36 2
52.904 (52.904)	1:53.333 (1:00.429)	2:45.177 (51.845)
3:37.356 (52.179)		
8 Fauquier	A	3:38.19 1
55.853 (55.853)	1:48.523 (52.670)	2:43.762 (55.239)
3:38.185 (54.423)		
9 Mechanicsvil	A	3:39.90
57.201 (57.201)	1:52.477 (55.276)	2:47.914 (55.438)
3:39.900 (51.986)		
--- Deep Creek H	A	FS
--- Courtland	A	DQ
55.310 (55.310)	1:44.962 (49.652)	2:40.410 (55.449)
3:33.666 (53.256)		

--- Patrick Henr	A	DQ
53.426 (53.426)	1:45.932 (52.506)	2:43.753 (57.822)
3:37.283 (53.530)		
--- Millbrook	A	DQ
54.858 (54.858)	1:47.961 (53.103)	2:40.461 (52.500)
3:32.826 (52.365)		

Boys 4x800 Meter Relay Class 4

Team	Relay	Finals
1 Loudoun Valley	A	7:50.99 10
2:02.906 (2:02.906)	4:00.701 (1:57.795)	5:55.643 (1:54.942)
7:50.984 (1:55.341)		
2 Patrick Henr	A	7:56.73 8
2:05.167 (2:05.167)	4:01.162 (1:55.995)	6:00.338 (1:59.176)
7:56.726 (1:56.388)		
3 Grafton High School	A	7:58.98 6
1:59.954 (1:59.954)	4:01.104 (2:01.150)	6:01.263 (2:00.159)
7:58.975 (1:57.712)		
4 Western Albemarle	A	8:00.27 5
2:02.483 (2:02.483)	4:00.452 (1:57.969)	6:02.993 (2:02.541)
8:00.268 (1:57.275)		
5 Blacksburg H	A	8:01.19 4
2:01.750 (2:01.750)	3:58.671 (1:56.921)	5:56.298 (1:57.627)
8:01.184 (2:04.886)		
6 Atlee	A	8:11.88 3
2:04.247 (2:04.247)	4:02.524 (1:58.277)	6:00.858 (1:58.334)
8:11.880 (2:11.022)		
7 Warhill	A	8:16.78 2
2:07.669 (2:07.669)	4:08.279 (2:00.610)	6:16.044 (2:07.765)
8:16.773 (2:00.729)		
8 Mechanicsvil	A	8:17.81 1
2:06.209 (2:06.209)	4:05.435 (1:59.226)	6:13.486 (2:08.051)
8:17.805 (2:04.319)		
9 Hanover	A	8:20.53
1:55.512 (1:55.512)	4:04.316 (2:08.804)	6:13.446 (2:09.130)
8:20.530 (2:07.084)		
10 Jamestown	A	8:24.06
2:04.769 (2:04.769)	4:07.141 (2:02.372)	6:11.991 (2:04.850)
8:24.051 (2:12.060)		
11 Fauquier	A	8:27.16
2:11.043 (2:11.043)	4:12.230 (2:01.187)	6:19.151 (2:06.921)
8:27.154 (2:08.003)		
12 Millbrook	A	8:28.59
2:03.503 (2:03.503)	4:14.597 (2:11.094)	6:21.215 (2:06.618)
8:28.584 (2:07.369)		
13 Liberty (Bea	A	8:29.45
2:09.137 (2:09.137)	4:15.351 (2:06.214)	6:20.966 (2:05.615)
8:29.450 (2:08.484)		
14 Jefferson Forest	A	8:36.27
2:11.512 (2:11.512)	4:24.101 (2:12.589)	6:30.333 (2:06.232)
8:36.263 (2:05.930)		
15 Dominion	A	8:40.48
2:07.405 (2:07.405)	4:18.307 (2:10.902)	6:33.229 (2:14.922)
8:40.478 (2:07.249)		

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

Indoor State Championships
Liberty University Indoor Track Complex

Results

Finals ... (Boys 4x800 Meter Relay Class 4)

Team	Relay	Finals
16 Orange County	A	8:46.11
2:02.632 (2:02.632)	4:16.286 (2:13.654)	6:31.236 (2:14.950)
8:46.102 (2:14.866)		

Boys High Jump Class 4

Name	Yr	School	Finals
Finals			
1 Gulley, JJ	12	Pulaski Coun	6-05.00 10
2 Mantena, Arun	12	Dominion	6-00.00 7
2 Nwakor, Mobu	10	Jefferson Fo	6-00.00 7
4 Savage, Jahmari	11	Churchland	5-10.00 4.5
4 Lyman III, John	12	Pulaski Coun	5-10.00 4.5
6 Harris, Deonte	11	Hanover	J5-10.00 3
7 Taylor, Gregory	10	Churchland	J5-10.00 2
8 Bowden, Matthew	12	Grafton High	J5-10.00 1
9 Johnson, Mark	12	Orange Count	5-08.00
--- Anand, Tanush	11	Broad Run	NH
--- Collins, Jon	12	Spotsylvania	NH
--- Cassidy, Brendan	12	James Wood H	NH
--- Holloway, CJ	12	Patrick Henr	DNS

Boys Pole Vault Class 4

Name	Yr	School	Finals
Finals			
1 Van Kirk, Walker	12	Jamestown	15-07.00 10
2 Benhase, Todd	10	Hanover	13-00.00 8
3 Torbush, Tyler	11	Louisa Count	12-06.00 6
4 Gathje, R.K.	11	Atlee	12-00.00 5
5 Sullivan, Henry	12	Western Albe	J12-00.00 4
6 Durgin, Greg	12	Atlee	11-06.00 3
7 Gregory, Will	12	Amherst Coun	J11-06.00 2
8 Strobach, Charlie	9	Western Albe	11-00.00 1
9 Frank, Jeremy	12	Jamestown	J11-00.00
9 Ellis, Austin	12	Jefferson Fo	J11-00.00
11 Cash, Lucas	12	Louisa Count	J11-00.00
11 Chatterson, Nate	11	Western Albe	J11-00.00
--- Daley, Matthew	12	Jamestown	NH
--- Burke, Josh	11	Fauquier	NH
--- Damer, Dylan	10	Fauquier	NH
--- Gillette, Aidan	10	Jamestown	NH
--- Pasquale, Steven	10	Fauquier	NH

Boys Long Jump Class 4

Name	Yr	School	Finals
Finals			
1 Brown, Lawrence	12	Amherst Coun	22-01.00 10
2 Hill-Lewis, Armonte	12	Pulaski Coun	21-08.00 8
3 Lyman III, John	12	Pulaski Coun	21-04.50 6
4 Smith, Ja'mar	9	E.C. Glass	21-04.25 5
5 Whitaker, Kwame	11	Courtland	20-10.50 4
6 Mitchell, Jaime	12	Manor	20-09.50 3
7 Simmons, Nicolas	11	Manor	20-08.00 2
8 Mantena, Arun	12	Dominion	20-02.50 1

9 Ahedo, Alex	11	Loudoun Coun	19-07.50
10 Harrell, Amarion	11	Deep Creek H	19-06.75
11 Jones, Zamavion	11	E.C. Glass	18-11.00
12 Shaw, Wyatt	10	Fauquier	18-06.50
--- Collins, Jon	12	Spotsylvania	FOUL
--- Logan, Chauncey	12	Salem (Roano	DNS
--- Robinson, Alexander	12	Kings Fork	DNS

Boys Triple Jump Class 4

Name	Yr	School	Finals
Finals			
1 Mitchell, Jaime	12	Manor	44-08.25 10
2 Simmons, Nicolas	11	Manor	44-07.25 8
3 Mantena, Arun	12	Dominion	43-07.50 6
4 Idore, Isaiah	12	Amherst Coun	43-07.00 5
5 Lyman III, John	12	Pulaski Coun	42-09.50 4
6 Hill-Lewis, Armonte	12	Pulaski Coun	42-06.00 3
7 Harrell, Amarion	11	Deep Creek H	41-04.75 2
8 Elmore, Tripp	12	Loudoun Coun	41-04.25 1
9 Monts, Jeremiah	12	Matoaca High	40-02.50
10 Kennedy, Keyontae	12	Pulaski Coun	39-09.25
10 Harris, Deonte	11	Hanover	39-09.25
12 Green, Keith	12	Atlee	39-01.00
--- Harris, Carson	11	John Handley	FOUL

Boys Shot Put Class 4

Name	Yr	School	Finals
Finals			
1 Turner, Deigo	11	Pulaski Coun	51-05.25 10
2 Hawk, Shinobu	11	Grafton High	51-01.00 8
3 Nolan, Ryan	12	Deep Creek H	49-03.00 6
4 Daley, Stephen	12	John Handley	49-02.50 5
5 Young, Daniel	12	Loudoun Coun	45-11.00 4
6 Barnett, Walter	12	Deep Creek H	44-11.00 3
7 Hrcka, Josiah	12	Courtland	44-07.25 2
8 Perkins, Malachi	12	E.C. Glass	44-06.00 1
9 Greenidge, Jaden	12	Monacan High	43-01.00
10 Currie, Kyree	11	Varina	42-09.00
11 Mele, Jake	11	Blacksburg H	41-01.00
12 Kibble, Chase	10	Loudoun Coun	39-05.00

Women - Class 3 - Team Rankings - 15 Events Scored

1) Heritage (Lynchburg)	86
2) Maggie Walker	61
3) Tabb	45.3333
4) Rustburg	36
5) Culpeper County	34
6) Cave Spring High School	32
7) Christiansburg	30
8) Charlottesville	24
9) Abingdon High School	23
10) York	21
11) Spotswood	18
11) Liberty Christian Academy	18
13) Fluvanna County	15
14) I.C. Norcom	14
15) Booker T. Washington	13
16) Warren County	12

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022**Indoor State Championships
Liberty University Indoor Track Complex
Results**

16) Lakeland	12
18) Fort Defiance	11
19) Brentsville District	10
19) Broadway	10
21) William Byrd High School	9.66666
22) Phoebus	9
23) New Kent	8
23) James Monroe	8
25) Skyline	6
26) Turner Ashby	5
27) Liberty (Bedford)	4
28) Northside High School	3
28) Lafayette	3
30) Lord Botetourt	2
31) Goochland High School	1
31) Caroline High School	1

Women - Class 4 - Team Rankings - 15 Events Scored

1) Heritage (Newport News)	59
2) Atlee	58
2) Jefferson Forest	58
4) Western Albemarle	56.5
5) Deep Creek High School	37
6) Hanover	36.5
7) Great Bridge High School	30
8) Blacksburg High School	27
8) Kings Fork	27
10) Fauquier	22
11) Jamestown	19.5
12) Monacan High School	15
12) Loudoun Valley	15
14) Amherst County	12
15) Dominion	11
16) Eastern View High School	10
16) John Handley	10
18) Courtland	9
18) Louisa County High School	9
18) King George	9
21) George Washington	8
22) Kettle Run	7.5
23) Tuscarora High School (VA)	6
24) Churchland	5
24) Heritage (Leesburg)	5
24) Patrick Henry (Ashland)	5
27) Orange County	4
27) Liberty (Beaeton) High School	4
27) Grafton High School	4
30) Lightridge High School	2
30) E.C. Glass	2
32) James Wood High School	1

Men - Class 3 - Team Rankings - 15 Events Scored

1) Abingdon High School	97
2) Heritage (Lynchburg)	63
3) I.C. Norcom	53
4) Lafayette	43
5) Brookville High School	36.5
6) Phoebus	26

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

7) Tabb	23
7) Fort Defiance	23
9) Liberty Christian Academy	22
10) New Kent	19
11) Skyline	16
11) Maggie Walker	16
13) Lord Botetourt	13
14) Culpeper County	11
15) Brentsville District	10.5
16) Hopewell	10
16) Staunton River High School	10
16) Monticello	10
16) Fluvanna County	10
16) James Monroe	10
16) Goochland High School	10
22) Christiansburg	9
23) Northside High School	8
24) Broadway	5
24) Charlottesville	5
24) Magna Vista	5

27) Caroline High School	4
28) Hidden Valley High School	3
28) Booker T. Washington	3
28) Spotswood	3
31) Bassett	2
31) Wilson Memorial	2
33) Turner Ashby	1
33) Rockbridge County	1
33) William Byrd High School	1

Men - Class 4 - Team Rankings - 15 Events Scored

1) Loudoun Valley	56
2) Western Albemarle	47
3) Pulaski County	46.5
4) Patrick Henry (Ashland)	41
5) Atlee	39
6) Jefferson Forest	37
7) Grafton High School	36
8) Amherst County	31
9) Manor	23
10) Hanover	21
11) Deep Creek High School	20
11) Warhill	20
13) Dominion	17
14) Blacksburg High School	16
14) Smithfield	16
16) Churchland	15.5
17) E.C. Glass	14
18) Louisa County High School	12
19) Loudoun County	11
20) Jamestown	10
20) Salem (Roanoke)	10
22) Courtland	7
23) Kings Fork	6
23) Dinwiddie	6
25) Hampton	5
25) John Handley	5
27) James Wood High School	4
27) Broad Run	4
29) Heritage (Newport News)	3
29) King George	3
31) Fauquier	1
31) Lightridge High School	1
31) Mechanicsville High School	1