

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

Indoor State Championships
Liberty University Indoor Track Complex
Results

Girls 55 Meter Dash Class 3

Name	Yr	School	Prelims
Preliminaries			
1	Oakes, Alaysia	12 Heritage (Ly	7.11Q
2	Foster, NaKayla	11 Rustburg	7.21Q
3	Beatty, Sela	12 William Byrd	7.31q
4	Coates, Emily	12 Rustburg	7.40q
5	Tate, Natashe	11 Booker T. Wa	7.40q
6	Monroe, Kamryn	9 Lakeland	7.53q
7	Clennon, Swayne	12 Booker T. Wa	7.55q
8	Hathaway, Julia	12 New Kent	7.61q
9	Ferguson, Jaidyn	11 Caroline Hig	7.64
10	Okoronkwo, Amara	12 Christiansbu	7.65
11	Jones, Emma	12 Northside Hi	7.68
12	Roberts, Jaylin	9 I.C. Norcom	7.78
13	Unice, Cameron	11 Maggie Walke	7.83
---	Deane, Yasmin	12 James Monroe	DNS

Girls 55 Meter Dash Class 3

Name	Yr	School	Finals
Finals			
1	Oakes, Alaysia	12 Heritage (Ly	7.09 10
2	Foster, NaKayla	11 Rustburg	7.24 8
3	Coates, Emily	12 Rustburg	7.26 6
4	Beatty, Sela	12 William Byrd	7.37 5
5	Tate, Natashe	11 Booker T. Wa	7.45 4
6	Monroe, Kamryn	9 Lakeland	7.54 3
7	Clennon, Swayne	12 Booker T. Wa	7.59 2
8	Hathaway, Julia	12 New Kent	7.59 1

Girls 300 Meter Dash Class 3

Name	Yr	School	Finals
Finals			
1	Oakes, Alaysia	12 Heritage (Ly	40.86 10
2	Foster, NaKayla	11 Rustburg	40.92 8
3	Coates, Emily	12 Rustburg	41.64 6
4	Clennon, Swayne	12 Booker T. Wa	42.29 5
5	Odum, Chloe	11 Abingdon Hig	42.30 4
6	Hamlar, Simone'	10 Northside Hi	42.60 3
7	Hathaway, Julia	12 New Kent	43.59 2
8	Navarrete Guerrero, Kimberly	12 Culpeper Cou	43.60 1
			43.591 (43.591)
9	Sherard, Iyana	11 Rustburg	43.92
10	Wynn, Sydney	12 James Monroe	44.61
11	Beatty, Sela	12 William Byrd	45.09
			45.081 (45.081)
12	Tate, Natashe	11 Booker T. Wa	46.64
---	Deane, Yasmin	12 James Monroe	DNS
---	Ream, Charlotte	11 Maggie Walke	DNS

Girls 500 Meter Dash Class 3

Name	Yr	School	Finals
Finals			
1	Oakes, Alaysia	12 Heritage (Ly	1:17.42 10
			42.966 (42.966) 1:17.412 (34.446)
2	Wynn, Sydney	12 James Monroe	1:17.96 8
			42.862 (42.862) 1:17.953 (35.092)
3	Hollington, Danielle	9 York	1:20.65 6
			46.075 (46.075) 1:20.643 (34.569)
4	Jackson, Josie	9 Abingdon Hig	1:20.94 5
			45.838 (45.838) 1:20.931 (35.093)
5	Howells, Maddy	10 Brentsville	1:21.67 4
			45.551 (45.551) 1:21.665 (36.115)
6	Natysin, Reese	9 Brentsville	1:22.18 3
			49.540 (49.540) 1:22.171 (32.632)
7	Rountree, Kimari	12 Lakeland	1:22.38 2
			47.968 (47.968) 1:22.371 (34.403)
8	Ruiz, Kaity	11 Fort Defianc	1:23.46 1
			47.766 (47.766) 1:23.457 (35.692)
9	Ice, Alexis	10 Staunton Riv	1:23.67
			45.823 (45.823) 1:23.662 (37.839)
10	Wheeler, Dagon	12 Fort Defianc	1:25.64
			48.487 (48.487) 1:25.640 (37.153)
11	Lemus, Valentina	12 Culpeper Cou	1:25.92
			48.368 (48.368) 1:25.914 (37.546)
12	Gill, Tabitha	12 New Kent	1:28.46
			48.800 (48.800) 1:28.457 (39.658)
13	Gordon, Emma	11 William Byrd	1:29.53
			51.073 (51.073) 1:29.527 (38.455)
---	Odum, Taylor	9 Abingdon Hig	DNS

Girls 1000 Meter Run Class 3

Name	Yr	School	Finals
Finals			
1	Palisca, Jessica	12 Cave Spring	3:00.75 10
			35.229 (35.229) 1:12.366 (37.138) 1:50.493 (38.128)
			2:27.283 (36.790) 3:00.742 (33.459)
2	Pegher, Lauren	10 Tabb	3:03.33 8
			35.653 (35.653) 1:12.649 (36.996) 1:50.230 (37.582)
			2:27.313 (37.083) 3:03.327 (36.015)
3	Bordner, Ava	11 Skyline	3:06.79 6
			35.213 (35.213) 1:12.507 (37.295) 1:50.559 (38.052)
			2:28.896 (38.338) 3:06.786 (37.890)
4	Baxter, Christina	10 Tabb	3:14.15 5
			36.592 (36.592) 1:14.837 (38.246) 1:55.663 (40.826)
			2:36.755 (41.092) 3:14.145 (37.390)
5	Hamlin, Summer	10 Christiansbu	3:14.70 4
			36.265 (36.265) 1:15.412 (39.148) 1:57.066 (41.655)
			2:37.732 (40.666) 3:14.696 (36.965)
6	Hurd, Olivia	11 William Byrd	3:16.00 3
			36.896 (36.896) 1:15.957 (39.062) 1:57.435 (41.478)
			2:37.240 (39.806) 3:15.992 (38.752)

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Girls 1000 Meter Run Class 3)			
Name	Yr	School	Finals
7 Lane, Abby	10	Fort Defianc	3:16.64 2
36.299 (36.299)	1:15.567 (39.269)	1:57.799 (42.232)	
2:39.526 (41.728)	3:16.640 (37.115)		
8 Luczak, Brenna	11	Maggie Walke	3:16.71 1
36.559 (36.559)	1:16.375 (39.816)	1:57.997 (41.623)	
2:38.693 (40.696)	3:16.703 (38.010)		
9 Riley, Amber	11	Warren Count	3:17.24
36.933 (36.933)	1:15.752 (38.819)	1:57.752 (42.000)	
2:38.377 (40.626)	3:17.236 (38.859)		
10 Lombardo, Corinne	10	Tabb	3:17.39
36.662 (36.662)	1:15.450 (38.789)	1:57.610 (42.160)	
2:39.429 (41.819)	3:17.385 (37.956)		
11 Amato, Anna	9	Fluvanna Cou	3:17.41
36.010 (36.010)	1:15.187 (39.178)	1:57.462 (42.275)	
2:39.463 (42.002)	3:17.407 (37.945)		
12 Brumfield, Josephine	12	Turner Ashby	3:28.83
35.469 (35.469)	1:15.423 (39.955)	1:57.445 (42.022)	
2:41.646 (44.202)	3:28.822 (47.176)		

Girls 1600 Meter Run Class 3			
Name	Yr	School	Finals
Finals			
1 Palisca, Jessica	12	Cave Spring	5:05.72 10
38.136 (38.136)	1:17.276 (39.140)	1:55.830 (38.555)	
2:34.177 (38.348)	3:13.416 (39.239)	3:51.833 (38.418)	
4:29.767 (37.935)	5:05.713 (35.946)		
2 Myers, Taylor	10	Spotswood	5:09.12 8
38.026 (38.026)	1:17.653 (39.628)	1:56.376 (38.723)	
2:34.956 (38.580)	3:14.084 (39.129)	3:53.259 (39.175)	
4:31.830 (38.572)	5:09.116 (37.286)		
3 Garrison, Catherine	12	Maggie Walke	5:13.16 6
38.439 (38.439)	1:18.273 (39.835)	1:56.243 (37.970)	
2:34.714 (38.472)	3:13.760 (39.046)	3:52.643 (38.883)	
4:31.296 (38.653)	5:13.160 (41.865)		
4 Tanner, Kaley	10	Warren Count	5:16.97 5
37.856 (37.856)	1:18.601 (40.746)	1:58.173 (39.572)	
2:38.453 (40.280)	3:18.993 (40.540)	4:00.397 (41.405)	
4:40.756 (40.359)	5:16.970 (36.215)		
5 Pegher, Lauren	10	Tabb	5:19.56 4
38.156 (38.156)	1:17.891 (39.736)	1:56.697 (38.806)	
2:35.730 (39.033)	3:17.349 (41.619)	3:59.850 (42.502)	
4:40.437 (40.588)	5:19.551 (39.115)		
6 Luczak, Brenna	11	Maggie Walke	5:29.23 3
38.577 (38.577)	1:18.929 (40.352)	1:57.671 (38.743)	
2:37.233 (39.562)	3:19.360 (42.128)	4:01.607 (42.248)	
4:44.890 (43.283)	5:29.226 (44.336)		
7 Katzer, Grace	10	York	5:31.51 2
40.059 (40.059)	1:22.251 (42.193)	2:04.906 (42.655)	
2:47.441 (42.536)	3:30.001 (42.560)	4:12.983 (42.982)	
4:54.211 (41.229)	5:31.504 (37.293)		

8 Lombardo, Corinne	10	Tabb	5:32.26 1
39.334 (39.334)	1:21.401 (42.068)	2:04.386 (42.985)	
2:47.260 (42.875)	3:29.830 (42.570)	4:12.670 (42.840)	
4:53.891 (41.222)	5:32.254 (38.363)		
9 Driver, Taylor	10	Broadway	5:33.80
38.870 (38.870)	1:19.696 (40.826)	2:00.376 (40.680)	
2:42.627 (42.252)	3:26.593 (43.966)	4:10.269 (43.676)	
4:53.826 (43.558)	5:33.800 (39.975)		
10 Hurd, Olivia	11	William Byrd	5:42.49
39.543 (39.543)	1:21.671 (42.129)	2:04.607 (42.936)	
2:47.394 (42.788)	3:30.120 (42.726)	4:13.124 (43.005)	
4:57.739 (44.615)	5:42.486 (44.748)		
11 Dorn, Aleah	9	Abingdon Hig	5:48.47
39.920 (39.920)	1:21.997 (42.078)	2:05.064 (43.068)	
2:48.207 (43.143)	3:32.267 (44.060)	4:19.049 (46.782)	
5:06.276 (47.228)	5:48.469 (42.193)		
12 McCullough, Hope	11	Monticello	5:50.87
42.284 (42.284)	1:26.091 (43.808)	2:11.983 (45.892)	
2:57.157 (45.175)	3:41.791 (44.635)	4:26.574 (44.783)	
5:11.564 (44.990)	5:50.870 (39.306)		
13 Malcolm, Mary	10	Liberty (Bed	5:54.82
42.666 (42.666)	1:26.424 (43.759)	2:12.384 (45.960)	
2:57.341 (44.958)	3:41.634 (44.293)	4:27.401 (45.768)	
5:12.759 (45.358)	5:54.819 (42.060)		
---	10	William Monr	DNS
---	12	Tabb	DNS
---	11	Skyline	DNS
---	10	Bassett	DNS

Girls 3200 Meter Run Class 3			
Name	Yr	School	Finals
Finals			
1 Garrison, Catherine	12	Maggie Walke	11:24.32 10
40.397 (40.397)	1:24.475 (44.079)	2:10.277 (45.802)	
2:55.547 (45.270)	3:39.234 (43.688)	4:21.701 (42.468)	
5:06.038 (44.338)	5:50.834 (44.796)	6:34.490 (43.656)	
7:18.111 (43.622)	8:01.573 (43.462)	8:43.355 (41.783)	
9:25.097 (41.742)	10:06.814 (41.718)	10:48.453 (41.639)	
11:24.311 (35.859)			
2 Jessee, Makaleigh	11	Abingdon Hig	11:24.82 8
39.640 (39.640)	1:23.310 (43.670)	2:08.508 (45.199)	
2:54.367 (45.859)	3:36.855 (42.489)	4:20.737 (43.882)	
5:05.143 (44.406)	5:49.800 (44.658)	6:33.424 (43.625)	
7:17.481 (44.058)	8:01.104 (43.623)	8:42.644 (41.540)	
9:24.517 (41.873)	10:06.554 (42.038)	10:48.067 (41.513)	
11:24.818 (36.752)			
3 Aulenbach, Katryna	12	Tabb	11:29.49 6
39.488 (39.488)	1:23.320 (43.832)	2:08.828 (45.509)	
2:54.695 (45.868)	3:37.168 (42.473)	4:21.090 (43.922)	
5:05.481 (44.392)	5:50.138 (44.658)	6:33.795 (43.658)	
7:17.823 (44.028)	8:01.163 (43.340)	8:42.730 (41.568)	
9:24.643 (41.913)	10:07.070 (42.428)	10:48.800 (41.730)	
11:29.488 (40.689)			

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**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Girls 3200 Meter Run Class 3)			
Name	Yr	School	Finals
4 Tanner, Kaley	10	Warren Count	11:33.01 5
39.928 (39.928)	1:24.024 (44.096)	2:09.421 (45.398)	
2:55.110 (45.689)	3:38.827 (43.718)	4:21.781 (42.955)	
5:06.515 (44.735)	5:51.284 (44.769)	6:34.895 (43.612)	
7:18.830 (43.935)	8:02.341 (43.512)	8:44.510 (42.169)	
9:27.433 (42.923)	10:11.064 (43.632)	10:53.790 (42.726)	
11:33.010 (39.220)			
5 Myers, Taylor	10	Spotswood	11:39.57 4
40.127 (40.127)	1:24.093 (43.966)	2:09.408 (45.316)	
2:54.794 (45.386)	3:37.848 (43.055)	4:21.383 (43.535)	
5:05.774 (44.392)	5:50.578 (44.805)	6:34.214 (43.636)	
7:18.447 (44.233)	8:02.010 (43.563)	8:44.805 (42.796)	
9:28.013 (43.208)	10:12.120 (44.108)	10:56.163 (44.043)	
11:39.570 (43.408)			
6 Phillips, Allyson	11	Maggie Walke	11:46.88 3
41.868 (41.868)	1:25.667 (43.799)	2:10.483 (44.816)	
2:55.720 (45.238)	3:39.685 (43.966)	4:21.968 (42.283)	
5:06.327 (44.359)	5:51.124 (44.798)	6:35.521 (44.398)	
7:20.017 (44.496)	8:04.068 (44.052)	8:48.675 (44.608)	
9:33.745 (45.070)	10:18.873 (45.128)	11:04.255 (45.383)	
11:46.880 (42.625)			
7 Katzer, Grace	10	York	12:05.70 2
40.723 (40.723)	1:25.535 (44.813)	2:11.033 (45.498)	
2:56.654 (45.622)	3:40.658 (44.005)	4:23.443 (42.785)	
5:07.010 (43.568)	5:51.970 (44.960)	6:37.507 (45.538)	
7:23.898 (46.392)	8:10.945 (47.048)	8:59.070 (48.125)	
9:46.797 (47.728)	10:34.053 (47.256)	11:22.551 (48.499)	
12:05.695 (43.145)			
8 Craun, Rachel	12	Turner Ashby	12:10.67 1
41.174 (41.174)	1:25.348 (44.175)	2:10.981 (45.633)	
2:56.454 (45.473)	3:41.093 (44.639)	4:25.168 (44.076)	
5:10.224 (45.056)	5:56.463 (46.239)	6:42.681 (46.219)	
7:29.191 (46.510)	8:16.187 (46.996)	9:03.324 (47.138)	
9:50.551 (47.228)	10:38.164 (47.613)	11:26.021 (47.858)	
12:10.665 (44.645)			
9 Dickel, Ashland	9	Spotswood	12:13.78
41.553 (41.553)	1:25.934 (44.382)	2:11.248 (45.315)	
2:56.888 (45.640)	3:41.848 (44.960)	4:26.647 (44.799)	
5:13.258 (46.612)	5:59.940 (46.682)	6:47.131 (47.192)	
7:35.035 (47.905)	8:23.095 (48.060)	9:11.453 (48.358)	
9:58.844 (47.392)	10:45.081 (46.238)	11:30.334 (45.253)	
12:13.775 (43.442)			
10 Dickel, Marika	9	Spotswood	12:13.87
41.677 (41.677)	1:25.945 (44.269)	2:11.230 (45.285)	
2:56.950 (45.720)	3:41.833 (44.883)	4:26.748 (44.916)	
5:13.327 (46.579)	6:00.033 (46.706)	6:47.145 (47.113)	
7:35.044 (47.899)	8:23.181 (48.138)	9:11.573 (48.392)	
9:58.875 (47.303)	10:45.188 (46.313)	11:30.297 (45.109)	
12:13.870 (43.573)			

11 Bailey, Sienna	10 Bassett	12:17.67
41.500 (41.500)	1:25.543 (44.043)	2:10.548 (45.006)
2:56.144 (45.596)	3:39.995 (43.852)	4:23.570 (43.575)
5:08.327 (44.758)	5:53.884 (45.558)	6:41.064 (47.180)
7:28.811 (47.748)	8:16.960 (48.149)	9:05.283 (48.323)
9:54.485 (49.203)	10:44.674 (50.189)	11:33.404 (48.730)
12:17.665 (44.262)		
12 Hunt, Jill	9 Lafayette	12:20.93
40.218 (40.218)	1:24.828 (44.610)	2:10.747 (45.919)
2:56.430 (45.683)	3:41.371 (44.942)	4:26.268 (44.898)
5:13.643 (47.375)	6:01.441 (47.799)	6:50.791 (49.350)
7:39.385 (48.595)	8:26.688 (47.303)	9:14.408 (47.720)
10:02.630 (48.222)	10:50.188 (47.559)	11:37.677 (47.489)
12:20.927 (43.250)		
13 Dorn, Aleah	9 Abingdon Hig	12:23.05
40.885 (40.885)	1:25.257 (44.372)	2:10.714 (45.458)
2:56.378 (45.665)	3:41.018 (44.640)	4:24.635 (43.618)
5:10.643 (46.008)	5:59.818 (49.176)	6:46.844 (47.026)
7:34.773 (47.929)	8:22.877 (48.105)	9:11.155 (48.279)
9:58.728 (47.573)	10:46.607 (47.879)	11:36.914 (50.308)
12:23.047 (46.133)		
14 Parker, Hannah	11 Christiansbu	12:26.22
41.367 (41.367)	1:26.343 (44.976)	2:12.094 (45.752)
2:58.965 (46.872)	3:45.708 (46.743)	4:32.993 (47.285)
5:20.187 (47.195)	6:07.128 (46.942)	6:53.408 (46.280)
7:40.038 (46.630)	8:27.037 (46.999)	9:14.150 (47.113)
10:02.105 (47.956)	10:51.085 (48.980)	11:40.490 (49.405)
12:26.211 (45.722)		
15 Ackerman, Kendall	10 Colonial Hei	12:26.23
40.655 (40.655)	1:25.007 (44.352)	2:10.808 (45.802)
2:55.704 (44.896)	3:40.314 (44.610)	4:26.444 (46.130)
5:14.090 (47.646)	6:01.895 (47.806)	6:51.338 (49.443)
7:39.735 (48.398)	8:27.903 (48.168)	9:16.715 (48.813)
10:05.958 (49.243)	10:54.737 (48.779)	11:42.920 (48.183)
12:26.230 (43.310)		

Girls 55 Meter Hurdles Class 3

Name	Yr	School	Prelims
Preliminaries			
1 Hart, Shea	12	Fluvanna Cou	8.81Q
2 Lynch, Jaelyn	11	Charlottesvi	9.04Q
3 Molette, Akera	10	Heritage (Ly	9.19q
4 Brantley, Evelyn	11	Charlottesvi	9.27q
5 Spencer, Mya	12	Lafayette	9.40q
6 Ngai, Hanna	12	Maggie Walke	9.43q
7 Malue, Maddie	12	Lord Botetou	9.44q
8 Taylor, Jadelyn	10	Goochland Hi	9.47q
9 Moore, Kona	9	Liberty Chri	9.53
10 Massey, Kori	12	New Kent	9.59
11 Murray, Norah	12	New Kent	9.97
12 Marshall, Danae	12	Northside Hi	10.05
13 Cater, Anisha	10	Skyline	10.68
14 Harris, Jillian	9	Lord Botetou	11.03

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**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Girls 55 Meter Hurdles Class 3

Name	Yr	School	Finals
Finals			
1 Hart, Shea	12	Fluvanna Cou	8.64 10
2 Lynch, Jaelyn	11	Charlottesvi	8.89 8
3 Brantley, Evelyn	11	Charlottesvi	9.06 6
4 Ngai, Hanna	12	Maggie Walke	9.17 5
5 Molette, Akera	10	Heritage (Ly	9.18 4
6 Spencer, Mya	12	Lafayette	9.26 3
7 Malue, Maddie	12	Lord Botetou	9.31 2
8 Taylor, Jadelyn	10	Goochland Hi	9.32 1

Girls 4x200 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Cave Spring	A	1:50.87 10
25.162 (25.162)	55.693 (30.531)	1:23.984 (28.291)
1:50.868 (26.884)		
2 Heritage (Lynchburg)	A	1:51.87 8
25.396 (25.396)	56.665 (31.269)	1:25.157 (28.492)
1:51.867 (26.710)		
3 Lakeland	A	1:51.97 6
27.266 (27.266)	56.118 (28.852)	1:24.910 (28.792)
1:51.966 (27.056)		
4 Maggie Walker	A	1:52.03 5
26.294 (26.294)	56.246 (29.952)	1:24.274 (28.028)
1:52.026 (27.752)		
5 Culpeper County	A	1:52.60 4
25.197 (25.197)	57.024 (31.827)	1:24.889 (27.865)
1:52.591 (27.702)		
6 Phoebus	A	1:52.77 3
28.337 (28.337)	57.447 (29.110)	1:25.680 (28.233)
1:52.767 (27.087)		
7 Booker T. Washington	A	1:53.07 2
27.337 (27.337)	54.111 (26.774)	1:22.018 (27.907)
1:53.069 (31.051)		
8 Liberty Chri	A	1:53.19 1
27.713 (27.713)	57.709 (29.996)	1:25.457 (27.748)
1:53.185 (27.728)		
9 Northside High School	A	1:53.52
28.079 (28.079)	57.382 (29.303)	1:26.297 (28.915)
1:53.512 (27.215)		
10 Brentsville District	A	1:54.10
28.105 (28.105)	58.506 (30.401)	1:26.610 (28.104)
1:54.098 (27.488)		
11 William Byrd	A	1:54.60
27.459 (27.459)	57.091 (29.632)	1:26.708 (29.617)
1:54.595 (27.887)		
12 Goochland High School	A	1:55.14
26.770 (26.770)	56.581 (29.811)	1:26.735 (30.154)
1:55.137 (28.402)		
13 Charlottesville	A	1:56.01
26.409 (26.409)	55.420 (29.011)	1:24.108 (28.688)
1:56.002 (31.894)		

14 Rustburg	A	2:12.69
42.454 (42.454)	1:13.256 (30.802)	1:38.085 (24.829)
2:12.683 (34.598)		

Girls 4x400 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Liberty Chri	A	4:12.56 10
1:07.409 (1:07.409)	2:10.357 (1:02.948)	3:10.291 (59.935)
4:12.557 (1:02.266)		
2 Tabb	A	4:16.67 8
1:03.155 (1:03.155)	2:07.789 (1:04.635)	3:12.945 (1:05.156)
4:16.664 (1:03.719)		
3 Abingdon High School	A	4:17.42 6
1:03.858 (1:03.858)	2:10.914 (1:07.056)	3:16.395 (1:05.482)
4:17.414 (1:01.019)		
4 Charlottesville	A	4:17.79 5
1:02.561 (1:02.561)	2:06.131 (1:03.570)	3:13.287 (1:07.156)
4:17.781 (1:04.495)		
5 Fort Defiance	A	4:20.30 4
1:04.554 (1:04.554)	2:11.792 (1:07.239)	3:15.079 (1:03.288)
4:20.292 (1:05.213)		
6 Culpeper County	A	4:20.67 3
1:03.296 (1:03.296)	2:09.843 (1:06.548)	3:15.694 (1:05.852)
4:20.666 (1:04.972)		
7 Cave Spring	A	4:24.09 2
1:05.449 (1:05.449)	2:15.699 (1:10.250)	3:22.694 (1:06.996)
4:24.090 (1:01.396)		
8 Maggie Walker	A	4:25.36 1
1:05.520 (1:05.520)	2:11.613 (1:06.093)	3:17.617 (1:06.005)
4:25.353 (1:07.736)		
9 Northside High School	A	4:26.15
1:11.660 (1:11.660)	2:18.664 (1:07.005)	3:24.530 (1:05.866)
4:26.149 (1:01.619)		
10 William Byrd	A	4:26.42
1:06.044 (1:06.044)	2:15.636 (1:09.592)	3:20.337 (1:04.702)
4:26.416 (1:06.079)		
11 New Kent	A	4:28.22
1:07.737 (1:07.737)	2:13.479 (1:05.743)	3:21.877 (1:08.398)
4:28.211 (1:06.335)		
12 Caroline High School	A	4:32.91
1:09.756 (1:09.756)	2:14.547 (1:04.792)	3:25.257 (1:10.710)
4:32.910 (1:07.653)		
13 York	A	4:37.26
1:15.114 (1:15.114)	2:30.032 (1:14.918)	3:32.822 (1:02.790)
4:37.254 (1:04.433)		

Girls 4x800 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Tabb	A	9:49.26 10
2:25.611 (2:25.611)	4:52.590 (2:26.979)	7:27.052 (2:34.462)
9:49.253 (2:22.201)		

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Finals ... (Girls 4x800 Meter Relay Class 3)

Team	Relay	Finals	
2 Maggie Walker	A	9:50.06	8
2:31.392 (2:31.392)	4:59.583 (2:28.191)	7:27.474 (2:27.891)	
9:50.052 (2:22.578)			
3 Spotswood	A	10:03.55	6
2:21.945 (2:21.945)	4:58.024 (2:36.079)	7:29.828 (2:31.804)	
10:03.543 (2:33.715)			
4 Fluvanna County	A	10:16.26	5
2:30.948 (2:30.948)	5:11.330 (2:40.382)	7:42.565 (2:31.235)	
10:16.251 (2:33.686)			
5 Fort Defiance	A	10:20.35	4
2:33.854 (2:33.854)	5:11.269 (2:37.415)	7:49.950 (2:38.681)	
10:20.350 (2:30.400)			
6 New Kent	A	10:27.68	3
2:32.375 (2:32.375)	5:09.145 (2:36.770)	7:50.488 (2:41.343)	
10:27.679 (2:37.191)			
7 Warren County	A	10:30.16	2
2:34.444 (2:34.444)	5:19.384 (2:44.940)	7:59.609 (2:40.225)	
10:30.157 (2:30.548)			
8 Christiansburg	A	10:36.56	1
2:33.815 (2:33.815)	5:21.643 (2:47.828)	7:57.304 (2:35.661)	
10:36.552 (2:39.248)			
9 Culpeper County	A	10:46.25	
2:42.023 (2:42.023)	5:24.777 (2:42.754)	8:10.446 (2:45.669)	
10:46.246 (2:35.800)			
10 Northside High School	A	10:52.93	
2:44.510 (2:44.510)	5:32.548 (2:48.038)	8:16.336 (2:43.788)	
10:52.930 (2:36.594)			
11 Lafayette	A	11:13.74	
2:37.770 (2:37.770)	5:26.771 (2:49.001)	8:27.223 (3:00.452)	
11:13.734 (2:46.511)			
12 Abingdon High School	A	12:34.63	
2:44.266 (2:44.266)	5:37.532 (2:53.266)	9:02.387 (3:24.855)	
12:34.627 (3:32.240)			

Girls High Jump Class 3

Name	Yr	School	Finals	
Finals				
1 Somers, Ella	11	Broadway	5-04.00	10
2 Shepherd, Lilly	12	Christiansbu	4-10.00	8
3 Molette, Akera	10	Heritage (Ly	J4-10.00	6
4 Moles, Maddie	11	Christiansbu	J4-10.00	5
5 Porter, Taylor	10	Heritage (Ly	J4-10.00	4
6 Littleford-Qreiten, Samantha	9	Brentsville	J4-10.00	3
7 Hou, Camille	12	Maggie Walke	4-08.00	2
8 Figart, Remi	12	William Byrd	J4-08.00	0.3
8 Fiest, Kate	11	Tabb	J4-08.00	0.3
8 Harrilla, Chloe	12	William Byrd	J4-08.00	0.3
--- Hardie, Kate	12	Rustburg	NH	
--- Schultz, Faith	11	Warren Count	NH	
--- Oneal, Amaya	10	Booker T. Wa	NH	
--- Massey, Kori	12	New Kent	NH	

Girls Pole Vault Class 3

Name	Yr	School	Finals	
Finals				
1 Moles, Maddie	11	Christiansbu	11-03.00	10
2 Unice, Cameron	11	Maggie Walke	10-06.00	8
3 Baker, Kaitlyn	12	Maggie Walke	J10-06.00	6
4 Moore, Kona	9	Liberty Chri	J10-06.00	5
5 Allen, Susannah	12	Liberty (Bed	9-06.00	4
6 Verry, Giuliana	11	York	J9-06.00	3
7 Rudolph, Amy	12	New Kent	8-06.00	2
8 Luna, Mercedes	9	Maggie Walke	J8-06.00	1
9 Logwood, Lauren	11	Christiansbu	8-00.00	
10 Edwards, Rachel	11	Brentsville	J8-00.00	
10 Krcynski, Haley	9	Liberty Chri	J8-00.00	
12 Ruhland, McKayla	9	Brookville H	7-06.00	
12 Farruggio, Olivia	12	Fluvanna Cou	7-06.00	
12 Johnson, Caroline	11	Maggie Walke	7-06.00	
--- York, Meagan	10	New Kent	NH	
--- Hernandez, Laura	11	Fluvanna Cou	NH	

Girls Long Jump Class 3

Name	Yr	School	Finals	
Finals				
1 Oakes, Alaysia	12	Heritage (Ly	19-10.75	10
2 Navarrete Guerrero, Kimberly	12	Culpeper Cou	16-09.00	8
3 Connor, Corryn	12	Phoebus	16-08.00	6
4 Foster, NaKayla	11	Rustburg	16-07.50	5
5 Shifflett, Avrie	12	Turner Ashby	16-04.50	4
6 Coates, Emily	12	Rustburg	16-00.75	3
7 Shepherd, Lilly	12	Christiansbu	J16-00.75	2
8 Rountree, Kimari	12	Lakeland	15-11.00	1
9 Porter, Taylor	10	Heritage (Ly	15-10.00	
10 Harrilla, Chloe	12	William Byrd	15-09.25	
11 Fults, Afton	12	Maggie Walke	15-08.50	
12 Schwaner, Aurora	11	Staunton Hig	15-05.00	
13 Bowles, Charlotte	11	Brookville H	15-03.00	
14 Moore, Ciarra	11	York	15-02.75	
15 Odum, Chloe	11	Abingdon Hig	J15-02.75	
16 Ferguson, Jaidyn	11	Caroline Hig	15-01.00	
17 Jones, Emma	12	Northside Hi	14-10.50	
18 Lynch, Jaelyn	11	Charlottesvi	14-09.75	
19 Molette, Akera	10	Heritage (Ly	14-07.75	
--- Moles, Maddie	11	Christiansbu	DNS	
--- Moore, Kona	9	Liberty Chri	DNS	

Girls Triple Jump Class 3

Name	Yr	School	Finals	
Finals				
1 Oakes, Alaysia	12	Heritage (Ly	39-02.50	10
2 Moore, Ciarra	11	York	36-01.25	8
3 Porter, Taylor	10	Heritage (Ly	35-02.25	6
4 Lynch, Jaelyn	11	Charlottesvi	35-01.00	5
5 Navarrete Guerrero, Kimberly	12	Culpeper Cou	34-02.50	4
6 Molette, Akera	10	Heritage (Ly	J34-02.50	3

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Finals ... (Girls Triple Jump Class 3)

Name	Yr	School	Finals
7 Luna, Mercedes	9	Maggie Walke	33-08.75 2
8 Ferguson, Jaidyn	11	Caroline Hig	32-10.50 1
9 Schwaner, Aurora	11	Staunton Hig	32-09.75
10 Figart, Remi	12	William Byrd	32-03.25
11 Buchman, Ara	10	New Kent	32-02.50
12 Cvetkovski, Riley	11	Abingdon Hig	31-04.75
13 Hathaway, Julia	12	New Kent	31-00.25
14 Gossier, Toleah	12	Hopewell	30-07.50
15 Jones, Emma	12	Northside Hi	30-05.75

Girls Shot Put Class 3

Name	Yr	School	Finals
1 Young, Jamie	11	I.C. Norcom	37-09.00 10
2 Breckley, Theresa	10	Culpeper Cou	37-08.00 8
3 Lauritzen, Ashley	12	Culpeper Cou	36-10.00 6
4 Arnold, Jaelyn	11	Heritage (Ly	35-09.50 5
5 Thornton, Aja	11	I.C. Norcom	35-01.00 4
6 Coldsnow, Emma	12	Tabb	34-03.00 3
7 Robbins, Jordyn	12	Liberty Chri	33-08.75 2
8 Blewett, Sydney	10	William Byrd	33-04.50 1
9 Ford, Jayla	12	Culpeper Cou	33-03.00
10 Mayes, Amanti	10	I.C. Norcom	32-10.00
11 Rosser, Mya	12	William Byrd	31-02.00
12 Nunley, Sydney	12	Abingdon Hig	30-01.00
13 Miller, Katie	10	Turner Ashby	29-02.50

Boys 55 Meter Dash Class 3

Name	Yr	School	Prelims
1 Brown, Xander	12	Abingdon Hig	6.43Q
2 Crawford, Kenneth	12	Heritage (Ly	6.44Q
3 Johnson, Jaidyn	10	Heritage (Ly	6.57Q
4 Jones, Jerome	12	Booker T. Wa	6.60Q
5 Pretlow, Jaylen	11	Lafayette	6.63Q
6 Wilson, Darryl	10	I.C. Norcom	6.63Q
7 Bratton, KJ	12	Lord Botetou	6.65q
8 McGinnis, TJ	10	Northside Hi	6.66q
9 Steele, Jordan	12	Liberty (Bed	6.67
10 Reid, Isaiah	11	Caroline Hig	6.69
11 Isaacs, Joey	12	Lord Botetou	6.69
12 Gamble, JaRon	11	I.C. Norcom	6.71
13 Walters, Thariq	12	Lake Taylor	6.72
14 Bailey, Logan	12	Skyline	6.72
15 Cowles, Ricky	12	Lafayette	6.73
16 Steele, Zach	11	Heritage (Ly	6.75
17 Lawson, Deontae	12	Magna Vista	6.75
18 Bass, Jordan	11	Phoebus	6.76
19 Campbell, Tyrieon	11	Booker T. Wa	6.77
20 Taylor, Tyreon	11	Phoebus	6.77
21 Lundgren, Trevor	12	Maggie Walke	6.78
22 Mayo, Terrance	12	Lake Taylor	6.84

Boys 55 Meter Dash Class 3

Name	Yr	School	Finals
1 Crawford, Kenneth	12	Heritage (Ly	6.37 10
2 Brown, Xander	12	Abingdon Hig	6.40 8
3 Johnson, Jaidyn	10	Heritage (Ly	6.53 6
4 Wilson, Darryl	10	I.C. Norcom	6.67 5
5 McGinnis, TJ	10	Northside Hi	6.70 4
6 Pretlow, Jaylen	11	Lafayette	6.74 3
7 Jones, Jerome	12	Booker T. Wa	6.74 2
8 Bratton, KJ	12	Lord Botetou	6.77 1

Boys 300 Meter Dash Class 3

Name	Yr	School	Finals
1 Crawford, Kenneth	12	Heritage (Ly	34.98 10
2 Brown, Xander	12	Abingdon Hig	35.00 8
3 Dudley, Bryan	11	James Monroe	35.04 6
4 Jones III, Billy	12	Phoebus	35.27 5
5 Branch, Ellis	11	New Kent	36.31 4
6 Moon, Jeb	9	Liberty Chri	36.36 3
7 Pennix, McKinley	12	Heritage (Ly	36.67 2
8 Hughes, Dylan	11	William Byrd	36.73 1
9 Wesolowski, Brent	12	Brookville H	36.78
10 Bass, Jordan	11	Phoebus	36.93
11 Johnson, Jaidyn	10	Heritage (Ly	36.96
12 Heffinger, Brandon	11	New Kent	37.18
13 Finney, Alfred	10	Staunton Riv	37.70
14 Lundgren, Trevor	12	Maggie Walke	37.86
15 Green, Kameren	9	Fluvanna Cou	38.12
16 Blackstone, Logan	11	Brentsville	38.31
--- Uscilowski, Kevin	12	Lafayette	DNS
--- Covil, Montrell	12	I.C. Norcom	DNS

Boys 500 Meter Dash Class 3

Name	Yr	School	Finals
1 Smith, Chris	12	Lafayette	1:05.10 10
38.478 (38.478)		1:05.098 (26.620)	
2 Girard, Aidan	12	Fluvanna Cou	1:06.89 8
38.767 (38.767)		1:06.881 (28.115)	
3 Wesolowski, Brent	12	Brookville H	1:06.98 6
37.684 (37.684)		1:06.972 (29.289)	
4 Breen, Bronson	12	Skyline	1:09.29 5
39.835 (39.835)		1:09.284 (29.449)	
5 Koontz, Lance	10	Tabb	1:09.77 4
41.820 (41.820)		1:09.766 (27.946)	
6 Sealey, Simon	12	Hidden Valle	1:09.87 3
40.185 (40.185)		1:09.870 (29.686)	
7 Gemerek, Beckman	12	Lafayette	1:09.98 2
40.270 (40.270)		1:09.980 (29.710)	
8 Tindall, Sam	12	Fort Defianc	1:10.19 1
40.376 (40.376)		1:10.183 (29.808)	

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Finals ... (Boys 500 Meter Dash Class 3)			
Name	Yr	School	Finals
9 Ryder, Kayden	12	Staunton Riv	1:10.40
39.994 (39.994)	1:10.392 (30.399)		
10 Seeney, Christian	12	Brookville H	1:10.96
39.959 (39.959)	1:10.957 (30.999)		
11 Bailey, Wyatt	10	William Byrd	1:11.21
41.517 (41.517)	1:11.201 (29.685)		
12 Wollen, Kamron	10	James Monroe	1:11.31
40.865 (40.865)	1:11.301 (30.436)		
13 Driver, Kemon	12	Phoebus	1:22.19
43.953 (43.953)	1:22.183 (38.230)		
--- Hoy, Landon	11	Liberty Chri	DNS
--- Chenoweth, Roman	12	Maggie Walke	DNS

Boys 1000 Meter Run Class 3			
Name	Yr	School	Finals
Finals			
1 Corbin, Ramsey	12	Fort Defianc	2:35.91 10
30.589 (30.589)	1:02.246 (31.658)	1:33.861 (31.615)	
2:04.309 (30.449)	2:35.902 (31.593)		
2 Smerlis, Nick	11	Tabb	2:36.58 8
30.179 (30.179)	1:01.775 (31.596)	1:33.989 (32.215)	
2:05.411 (31.422)	2:36.579 (31.169)		
3 Pillion II, Todd	11	Abingdon Hig	2:39.12 6
30.606 (30.606)	1:02.292 (31.686)	1:34.741 (32.449)	
2:07.474 (32.733)	2:39.112 (31.639)		
4 Phillips, Dylan	12	Abingdon Hig	2:39.17 5
30.954 (30.954)	1:02.711 (31.758)	1:34.795 (32.085)	
2:07.665 (32.870)	2:39.168 (31.503)		
5 Jones-Wilson, Anton	11	Caroline Hig	2:39.57 4
31.225 (31.225)	1:02.689 (31.465)	1:34.876 (32.188)	
2:07.705 (32.829)	2:39.562 (31.858)		
6 Hunt, Chasen	12	Brookville H	2:39.90 3
31.215 (31.215)	1:03.228 (32.013)	1:35.606 (32.379)	
2:07.858 (32.252)	2:39.896 (32.039)		
7 Dana, Clark	11	Wilson Memor	2:41.39 2
30.851 (30.851)	1:02.524 (31.673)	1:35.784 (33.260)	
2:08.811 (33.028)	2:41.381 (32.570)		
8 Lee, Braden	10	Lafayette	2:45.50 1
32.056 (32.056)	1:04.208 (32.152)	1:38.059 (33.852)	
2:13.979 (35.920)	2:45.494 (31.515)		
9 Kearns, Spencer	12	Staunton Riv	2:45.54
31.611 (31.611)	1:03.729 (32.119)	1:36.534 (32.805)	
2:11.178 (34.645)	2:45.535 (34.358)		
10 Castillo, Jacob	12	Phoebus	2:47.91
31.825 (31.825)	1:04.418 (32.593)	1:38.895 (34.478)	
2:14.682 (35.788)	2:47.909 (33.228)		
11 Binns-Loveman, Andrew	12	Northside Hi	2:49.28
31.709 (31.709)	1:03.474 (31.765)	1:36.486 (33.013)	
2:12.454 (35.968)	2:49.276 (36.823)		
12 Goodman, Charlie	11	Maggie Walke	2:51.23
32.226 (32.226)	1:04.789 (32.563)	1:39.511 (34.722)	
2:15.991 (36.480)	2:51.228 (35.238)		

13 Zetterwall, Justin	11	Tabb	2:53.18
31.951 (31.951)	1:04.585 (32.635)	1:39.566 (34.982)	
2:16.724 (37.158)	2:53.175 (36.452)		
--- Neary, Quinn	12	Maggie Walke	DNS
--- Blanchard, Ben	12	Maggie Walke	DNS
Boys 1600 Meter Run Class 3			
Name	Yr	School	Finals
Finals			
1 Phillips, Dylan	12	Abingdon Hig	4:21.96 10
32.611 (32.611)	1:08.211 (35.600)	1:42.625 (34.415)	
2:17.433 (34.809)	2:50.872 (33.439)	3:23.699 (32.828)	
3:53.111 (29.412)	4:21.959 (28.849)		
2 Thiessen, Isaac	12	Abingdon Hig	4:22.65 8
32.079 (32.079)	1:07.496 (35.418)	1:42.405 (34.909)	
2:16.981 (34.576)	2:50.652 (33.672)	3:23.502 (32.850)	
3:53.201 (29.699)	4:22.641 (29.440)		
3 Bundy, Jack	11	Abingdon Hig	4:25.55 6
32.628 (32.628)	1:08.361 (35.733)	1:42.702 (34.342)	
2:17.689 (34.988)	2:50.546 (32.858)	3:23.713 (33.168)	
3:53.912 (30.199)	4:25.546 (31.635)		
4 Hunt, Chasen	12	Brookville H	4:30.41 5
32.492 (32.492)	1:08.285 (35.793)	1:42.883 (34.599)	
2:17.639 (34.756)	2:50.905 (33.266)	3:24.263 (33.359)	
3:57.085 (32.822)	4:30.406 (33.322)		
5 Mathes, Bazil	10	Monticello	4:32.29 4
32.746 (32.746)	1:08.029 (35.283)	1:43.106 (35.078)	
2:18.438 (35.332)	2:51.999 (33.562)	3:27.095 (35.096)	
4:02.016 (34.922)	4:32.286 (30.270)		
6 Mecom, Lawson	11	Christiansbu	4:32.73 3
32.361 (32.361)	1:07.738 (35.378)	1:42.192 (34.455)	
2:17.886 (35.695)	2:51.361 (33.475)	3:26.191 (34.830)	
4:00.409 (34.219)	4:32.721 (32.312)		
7 Cook, Eli	12	Charlottesvi	4:36.64 2
32.276 (32.276)	1:08.005 (35.729)	1:42.849 (34.845)	
2:18.151 (35.302)	2:51.453 (33.303)	3:26.769 (35.316)	
4:02.182 (35.413)	4:36.636 (34.455)		
8 Roney, Evan	11	Rockbridge C	4:40.27 1
32.469 (32.469)	1:08.721 (36.252)	1:43.755 (35.035)	
2:19.571 (35.816)	2:55.261 (35.690)	3:31.481 (36.220)	
4:07.488 (36.008)	4:40.263 (32.776)		
9 Lamprecht, Isaac	10	New Kent	4:43.30
33.541 (33.541)	1:09.743 (36.203)	1:45.033 (35.290)	
2:20.971 (35.938)	2:56.938 (35.968)	3:33.191 (36.253)	
4:09.135 (35.945)	4:43.299 (34.165)		
10 Young, Evan	11	William Monr	4:43.87
33.051 (33.051)	1:09.206 (36.156)	1:45.556 (36.350)	
2:21.426 (35.870)	2:57.675 (36.249)	3:34.046 (36.372)	
4:09.655 (35.609)	4:43.868 (34.213)		
11 Treutlein, Patrick	12	Warren Count	4:44.71
32.996 (32.996)	1:08.866 (35.870)	1:44.856 (35.990)	
2:20.706 (35.850)	2:57.348 (36.642)	3:33.756 (36.409)	
4:09.835 (36.079)	4:44.703 (34.869)		

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 1600 Meter Run Class 3)

Name	Yr	School	Finals
12 Zetterwall, Justin	11	Tabb	4:44.97
33.433 (33.433)	1:09.448 (36.015)	1:45.302 (35.855)	
2:21.273 (35.972)	2:57.149 (35.876)	3:33.631 (36.482)	
4:10.628 (36.998)	4:44.962 (34.335)		
13 Tietz, Davin	10	Tabb	5:10.34
33.301 (33.301)	1:11.353 (38.053)	1:51.335 (39.982)	
2:31.233 (39.899)	3:11.578 (40.345)	3:52.333 (40.756)	
4:23.678 (31.345)	5:10.332 (46.655)		
--- Roberts, Ben	12	Maggie Walke	DNS

Boys 3200 Meter Run Class 3

Name	Yr	School	Finals
Finals			
1 Thiessen, Isaac	12	Abingdon Hig	9:32.47 10
35.138 (35.138)	1:13.672 (38.535)	1:49.922 (36.250)	
2:24.940 (35.018)	3:00.418 (35.479)	3:36.602 (36.185)	
4:12.785 (36.183)	4:48.455 (35.670)	5:23.825 (35.370)	
5:59.600 (35.775)	6:35.365 (35.766)	7:11.468 (36.103)	
7:47.780 (36.312)	8:24.500 (36.720)	9:00.025 (35.526)	
9:32.464 (32.439)			
2 Bundy, Jack	11	Abingdon Hig	9:48.07 8
35.408 (35.408)	1:13.957 (38.549)	1:50.192 (36.236)	
2:25.434 (35.242)	3:01.217 (35.783)	3:38.575 (37.359)	
4:17.225 (38.650)	4:56.235 (39.010)	5:33.400 (37.165)	
6:10.630 (37.230)	6:49.704 (39.075)	7:27.542 (37.839)	
8:05.185 (37.643)	8:40.370 (35.185)	9:15.230 (34.860)	
9:48.064 (32.835)			
3 Mathes, Bazil	10	Monticello	9:48.70 6
35.482 (35.482)	1:14.158 (38.676)	1:51.607 (37.449)	
2:27.084 (35.478)	3:03.014 (35.930)	3:39.532 (36.519)	
4:17.787 (38.255)	4:56.344 (38.558)	5:34.622 (38.279)	
6:12.210 (37.588)	6:50.207 (37.998)	7:28.075 (37.869)	
8:05.717 (37.642)	8:41.647 (35.930)	9:16.904 (35.258)	
9:48.700 (31.796)			
4 Lamprecht, Isaac	10	New Kent	9:52.14 5
35.681 (35.681)	1:14.471 (38.790)	1:51.275 (36.805)	
2:26.918 (35.643)	3:03.261 (36.343)	3:40.277 (37.016)	
4:18.454 (38.178)	4:56.652 (38.199)	5:34.970 (38.318)	
6:11.955 (36.986)	6:49.567 (37.612)	7:27.438 (37.872)	
8:05.118 (37.680)	8:41.110 (35.992)	9:17.208 (36.099)	
9:52.135 (34.928)			
5 Boltwood, Rives	10	Abingdon Hig	9:54.66 4
35.720 (35.720)	1:14.534 (38.815)	1:51.855 (37.322)	
2:27.317 (35.462)	3:03.290 (35.973)	3:39.798 (36.509)	
4:17.904 (38.106)	4:56.562 (38.659)	5:34.720 (38.158)	
6:12.272 (37.553)	6:50.270 (37.998)	7:28.210 (37.940)	
8:05.871 (37.662)	8:42.930 (37.059)	9:19.928 (36.999)	
9:54.657 (34.729)			

6 Mecom, Lawson	11 Christiansbu	10:00.00 3
34.927 (34.927)	1:13.385 (38.459)	1:50.511 (37.126)
2:26.002 (35.492)	3:02.167 (36.165)	3:38.871 (36.705)
4:17.307 (38.436)	4:55.974 (38.668)	5:33.681 (37.708)
6:11.435 (37.755)	6:49.992 (38.558)	7:27.954 (37.962)
8:06.130 (38.176)	8:44.492 (38.363)	9:23.112 (38.620)
9:59.995 (36.883)		
7 Poisson, Gregory	9 Abingdon Hig	10:09.14 2
35.998 (35.998)	1:14.802 (38.805)	1:52.261 (37.459)
2:28.234 (35.973)	3:04.481 (36.248)	3:41.222 (36.742)
4:19.530 (38.308)	4:57.815 (38.286)	5:36.654 (38.839)
6:15.570 (38.916)	6:55.124 (39.555)	7:35.118 (39.995)
8:14.717 (39.599)	8:54.138 (39.422)	9:33.215 (39.078)
10:09.131 (35.916)		
8 Roberts, Ben	12 Maggie Walke	10:17.46 1
35.931 (35.931)	1:14.754 (38.823)	1:51.932 (37.179)
2:27.584 (35.652)	3:03.657 (36.073)	3:40.618 (36.962)
4:18.875 (38.258)	4:57.078 (38.203)	5:35.331 (38.253)
6:13.981 (38.650)	6:53.801 (39.820)	7:34.114 (40.313)
8:15.120 (41.006)	8:56.350 (41.230)	9:38.354 (42.005)
10:17.457 (39.103)		
9 Kramer, Russell	11 Spotswood	10:18.72
35.252 (35.252)	1:14.228 (38.976)	1:50.835 (36.608)
2:26.168 (35.333)	3:01.924 (35.756)	3:38.717 (36.793)
4:17.035 (38.319)	4:56.032 (38.998)	5:34.315 (38.283)
6:13.062 (38.748)	6:53.300 (40.238)	7:34.214 (40.915)
8:15.295 (41.082)	8:56.808 (41.513)	9:38.685 (41.878)
10:18.712 (40.028)		
10 Way, Joshua	11 Tabb	10:29.20
36.487 (36.487)	1:15.282 (38.796)	1:53.595 (38.313)
2:32.021 (38.426)	3:10.798 (38.778)	3:50.215 (39.418)
4:30.128 (39.913)	5:09.997 (39.869)	5:50.380 (40.383)
6:31.302 (40.923)	7:13.008 (41.706)	7:54.064 (41.056)
8:34.401 (40.338)	9:15.688 (41.288)	9:55.181 (39.493)
10:29.197 (34.016)		
11 Rajappa, Kavi	9 Maggie Walke	10:29.23
36.260 (36.260)	1:15.222 (38.963)	1:54.092 (38.870)
2:31.448 (37.356)	3:09.674 (38.226)	3:48.731 (39.058)
4:27.867 (39.136)	5:07.357 (39.490)	5:47.167 (39.810)
6:27.437 (40.270)	7:07.514 (40.078)	7:49.087 (41.573)
8:30.541 (41.455)	9:12.207 (41.666)	9:52.837 (40.630)
10:29.228 (36.392)		
12 Contrucci, John	11 Lafayette	10:33.93
36.591 (36.591)	1:15.268 (38.678)	1:53.551 (38.283)
2:32.360 (38.809)	3:11.230 (38.870)	3:50.631 (39.402)
4:30.505 (39.875)	5:10.390 (39.885)	5:50.831 (40.442)
6:31.650 (40.819)	7:13.407 (41.758)	7:54.460 (41.053)
8:34.811 (40.352)	9:17.215 (42.405)	9:59.078 (41.863)
10:33.925 (34.848)		

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 3200 Meter Run Class 3)

Name	Yr	School	Finals
13 Rankin, Clayton	11	Warren Count	10:34.34
35.317 (35.317)	1:15.015 (39.699)	1:52.548 (37.533)	
2:28.187 (35.639)	3:04.040 (35.853)	3:42.041 (38.002)	
4:22.751 (40.710)	5:03.482 (40.732)	5:44.772 (41.290)	
6:27.305 (42.533)	7:09.028 (41.723)	7:52.664 (43.636)	
8:35.130 (42.466)	9:16.740 (41.610)	9:57.310 (40.570)	
10:34.335 (37.026)			
14 Emley, Kaden	11	Tabb	10:46.62
36.807 (36.807)	1:15.575 (38.769)	1:53.871 (38.296)	
2:32.621 (38.750)	3:11.530 (38.909)	3:51.098 (39.569)	
4:30.991 (39.893)	5:12.501 (41.510)	5:54.861 (42.360)	
6:37.405 (42.545)	7:19.747 (42.342)	8:02.410 (42.663)	
8:44.897 (42.488)	9:27.218 (42.322)	10:08.838 (41.620)	
10:46.612 (37.775)			
15 Petrylak, Ryder	10	Fluvanna Cou	11:13.61
37.081 (37.081)	1:15.867 (38.786)	1:54.887 (39.020)	
2:33.942 (39.056)	3:13.452 (39.510)	3:54.124 (40.672)	
4:35.464 (41.340)	5:17.395 (41.932)	6:00.411 (43.016)	
6:44.335 (43.925)	7:28.712 (44.378)	8:13.098 (44.386)	
8:58.168 (45.070)	9:43.887 (45.719)	10:29.301 (45.415)	
11:13.605 (44.305)			

Boys 55 Meter Hurdles Class 3

Name	Yr	School	Prelims
Preliminaries			
1 Cumbie, Mason	11	Hopewell	7.82Q
2 Bailey, Logan	12	Skyline	7.97Q
3 Hundley, Cameron	12	Lafayette	8.08q
4 Moore, Kai	12	Liberty Chri	8.29q
5 Knick, Dylan	12	Lord Botetou	8.36q
6 Pennix, McKinley	12	Heritage (Ly	8.44q
7 Smith, William	12	Skyline	8.48q
8 Hoy, Landon	11	Liberty Chri	8.52q
9 Nance, Walker	12	William Byrd	8.58
10 Easley, Brendon	11	Bassett	8.71
11 Artis, Damarion	10	Lakeland	9.02
12 Storke, Baylor	9	Caroline Hig	9.24

Boys 55 Meter Hurdles Class 3

Name	Yr	School	Finals
Finals			
1 Cumbie, Mason	11	Hopewell	7.72 10
2 Bailey, Logan	12	Skyline	8.08 8
3 Hundley, Cameron	12	Lafayette	8.18 6
4 Moore, Kai	12	Liberty Chri	8.25 5
5 Knick, Dylan	12	Lord Botetou	8.27 4
6 Smith, William	12	Skyline	8.57 3
7 Hoy, Landon	11	Liberty Chri	8.90 2
--- Pennix, McKinley	12	Heritage (Ly	DQ

Boys 4x200 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Heritage (Lynchburg)	A	1:31.45 10
21.080 (21.080)	46.067 (24.987)	1:09.701 (23.634)
1:31.443 (21.742)		
2 Lafayette	A	1:32.85 8
21.647 (21.647)	46.404 (24.757)	1:09.966 (23.562)
1:32.841 (22.875)		
3 I.C. Norcom	A	1:32.93 6
22.533 (22.533)	46.557 (24.024)	1:09.671 (23.114)
1:32.921 (23.250)		
4 Liberty Chri	A	1:33.39 5
24.040 (24.040)	47.535 (23.495)	1:09.995 (22.460)
1:33.386 (23.391)		
5 Phoebus	A	1:34.06 4
23.112 (23.112)	48.035 (24.923)	1:12.159 (24.124)
1:34.059 (21.900)		
6 Lord Botetourt	A	1:34.30 3
23.312 (23.312)	47.633 (24.321)	1:11.415 (23.782)
1:34.297 (22.882)		
7 Maggie Walker	A	1:34.75 2
21.029 (21.029)	46.894 (25.865)	1:10.326 (23.432)
1:34.743 (24.417)		
8 Booker T. Washington	A	1:35.15 1
23.144 (23.144)	48.139 (24.995)	1:12.762 (24.623)
1:35.141 (22.379)		
9 Skyline	A	1:35.59
22.801 (22.801)	48.276 (25.475)	1:12.054 (23.778)
1:35.589 (23.535)		
10 Fort Defiance	A	1:35.73
24.493 (24.493)	48.714 (24.221)	1:12.592 (23.878)
1:35.726 (23.134)		
11 Abingdon High School	A	1:35.82
21.859 (21.859)	48.937 (27.078)	1:13.037 (24.100)
1:35.811 (22.774)		
12 New Kent	A	1:36.46
25.055 (25.055)	49.115 (24.060)	1:12.888 (23.773)
1:36.452 (23.564)		
13 William Byrd	A	1:36.60
22.406 (22.406)	48.420 (26.014)	1:12.918 (24.498)
1:36.599 (23.681)		
14 Hopewell	A	1:36.84
22.243 (22.243)	49.319 (27.076)	1:13.699 (24.380)
1:36.837 (23.138)		
15 Staunton High School	A	1:39.48
24.427 (24.427)	50.389 (25.962)	1:14.795 (24.406)
1:39.480 (24.685)		
16 James Monroe	A	1:48.46
25.856 (25.856)	1:01.847 (35.991)	1:24.475 (22.628)
1:48.460 (23.985)		
--- Fluvanna County	A	DQ
22.885 (22.885)	48.804 (25.919)	1:13.286 (24.482)
1:37.175 (23.889)		

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

**Indoor State Championships
Liberty University Indoor Track Complex**

Results

Finals ... (Boys 4x200 Meter Relay Class 3)

Team	Relay	Finals
--- Bassett	A	DQ
22.221 (22.221)	48.147 (25.926)	1:12.770 (24.623)
1:36.259 (23.489)		

Boys 4x400 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Phoebus	A	3:30.89 10
53.056 (53.056)	1:47.490 (54.435)	2:40.583 (53.093)
3:30.890 (50.308)		
2 Brookville H	A	3:32.14 8
54.967 (54.967)	1:47.746 (52.779)	2:41.597 (53.852)
3:32.137 (50.540)		
3 I.C. Norcom	A	3:34.26 6
52.050 (52.050)	1:46.040 (53.990)	2:41.341 (55.302)
3:34.251 (52.910)		
4 Staunton Riv	A	3:34.98 5
55.880 (55.880)	1:49.063 (53.183)	2:42.154 (53.092)
3:34.974 (52.820)		
5 Fort Defiance	A	3:35.45 4
54.679 (54.679)	1:48.072 (53.393)	2:42.277 (54.206)
3:35.450 (53.173)		
6 Tabb	A	3:37.49 3
53.107 (53.107)	1:48.094 (54.988)	2:42.329 (54.235)
3:37.483 (55.155)		
7 Fluvanna County	A	3:38.59 2
56.233 (56.233)	1:51.951 (55.719)	2:46.838 (54.888)
3:38.588 (51.750)		
8 Liberty Chri	A	3:38.75 1
53.973 (53.973)	1:48.806 (54.833)	2:45.426 (56.620)
3:38.746 (53.320)		
9 New Kent	A	3:40.98
57.226 (57.226)	1:53.047 (55.822)	2:46.800 (53.753)
3:40.978 (54.179)		
10 Bassett	A	3:41.91
54.947 (54.947)	1:50.181 (55.235)	2:47.120 (56.939)
3:41.906 (54.786)		
11 Caroline High School	A	3:43.86
52.730 (52.730)	1:51.024 (58.295)	2:47.554 (56.530)
3:43.860 (56.306)		
12 Maggie Walker	A	3:44.17
58.416 (58.416)	1:53.874 (55.459)	2:50.390 (56.516)
3:44.170 (53.780)		
13 Heritage (Lynchburg)	A	3:44.26
56.287 (56.287)	1:54.480 (58.193)	2:51.150 (56.670)
3:44.256 (53.106)		
14 Brentsville District	A	3:52.18
57.308 (57.308)	1:57.655 (1:00.348)	2:56.827 (59.172)
3:52.173 (55.346)		
--- Abingdon High School	A	DNS

Boys 4x800 Meter Relay Class 3

Team	Relay	Finals
Finals		
1 Abingdon High School	A	8:10.33 10
2:04.963 (2:04.963)	4:08.111 (2:03.148)	6:11.266 (2:03.155)
8:10.323 (1:59.057)		
2 Fort Defiance	A	8:25.03 8
2:08.413 (2:08.413)	4:23.603 (2:15.190)	6:25.994 (2:02.391)
8:25.024 (1:59.030)		
3 Tabb	A	8:25.88 6
2:05.598 (2:05.598)	4:14.451 (2:08.853)	6:20.995 (2:06.544)
8:25.876 (2:04.881)		
4 Staunton Riv	A	8:26.03 5
2:06.893 (2:06.893)	4:15.534 (2:08.641)	6:24.845 (2:09.311)
8:26.024 (2:01.179)		
5 Northside High School	A	8:30.49 4
2:14.052 (2:14.052)	4:24.020 (2:09.968)	6:30.886 (2:06.866)
8:30.484 (1:59.598)		
6 Charlottesville	A	8:33.12 3
2:03.741 (2:03.741)	4:15.601 (2:11.860)	6:30.057 (2:14.456)
8:33.115 (2:03.058)		
7 Lafayette	A	8:37.14 2
2:05.972 (2:05.972)	4:13.393 (2:07.421)	6:30.355 (2:16.962)
8:37.133 (2:06.778)		
8 Spotswood	A	8:37.89 1
2:08.880 (2:08.880)	4:20.363 (2:11.483)	6:28.126 (2:07.763)
8:37.884 (2:09.758)		
9 Fluvanna County	A	8:40.87
2:10.615 (2:10.615)	4:21.465 (2:10.850)	6:36.812 (2:15.347)
8:40.863 (2:04.051)		
10 Maggie Walker	A	8:43.09
2:12.489 (2:12.489)	4:24.912 (2:12.423)	6:35.392 (2:10.480)
8:43.082 (2:07.690)		
11 Phoebus	A	9:01.02
2:09.592 (2:09.592)	4:19.073 (2:09.481)	6:47.113 (2:28.040)
9:01.014 (2:13.901)		
12 Caroline High School	A	9:14.39
2:28.102 (2:28.102)	4:34.523 (2:06.421)	6:49.270 (2:14.747)
9:14.389 (2:25.119)		
--- Brentsville District	A	DQ
2:13.546 (2:13.546)	4:35.439 (2:21.893)	6:55.058 (2:19.619)
9:25.108 (2:30.050)		

Boys High Jump Class 3

Name	Yr	School	Finals
Finals			
1 Lloyd, Trey	12	Brookville H	6-02.00 10
2 Covil, Montrell	12	I.C. Norcom	J6-02.00 8
3 Whitted, James	12	Abingdon Hig	6-00.00 6
4 Burns, Kameron	12	Heritage (Ly	5-10.00 5
5 Banks, Carter	12	Heritage (Ly	J5-10.00 4
6 Driver, Kemon	12	Phoebus	J5-10.00 2
6 Mackey, Conner	12	Spotswood	J5-10.00 2
6 Brown, Tyshawn	11	Heritage (Ly	J5-10.00 2

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022

Indoor State Championships
Liberty University Indoor Track Complex
Results

Finals ... (Boys High Jump Class 3)

Name	Yr	School	Finals
9 Miller, Tanner	12	Fort Defianc	J5-10.00
10 Lawhorne, Mason	12	Waynesboro	5-08.00
10 Garber, Luke	12	Broadway	5-08.00
10 Bass, Jordan	11	Phoebus	5-08.00
--- Diamond, Marcellis	10	Skyline	NH
--- LaSasso, Lawrence	10	Culpeper Cou	NH
--- Lawson, Deontae	12	Magna Vista	DNS
--- Pierce, Derek	10	Goochland Hi	DNS

Boys Pole Vault Class 3

Name	Yr	School	Finals
1 Black, Tyler	11	Goochland Hi	13-03.00 10
2 Sawyer, Dylan	11	Brentsville	12-09.00 8
3 Moore, Kai	12	Liberty Chri	11-09.00 6
4 Knicely, Walker	11	Broadway	J11-09.00 5
5 Sydnor, Markus	12	New Kent	J11-09.00 4
6 Hennessy II, Thomas	12	Brentsville	11-03.00 2.5
6 Brown, James	10	Brookville H	11-03.00 2.5
8 Thrash, Carter	12	Lafayette	J11-03.00 1
9 Mleziva, Dan	10	Liberty Chri	10-09.00
10 Uchida, Jacob	11	Tabb	J10-09.00
11 Miller, Owen	10	Maggie Walke	10-03.00
12 Kearns, Spencer	12	Staunton Riv	J10-03.00
--- Herman, Wyatt	12	Fort Defianc	NH
--- Cook, Bryce	11	Staunton Riv	NH

Boys Long Jump Class 3

Name	Yr	School	Finals
1 Covil, Montrell	12	I.C. Norcom	22-06.50 10
2 Thompson, Dequan	12	Culpeper Cou	21-07.50 8
3 Whitted, James	12	Abingdon Hig	21-06.00 6
4 Gray, Kymari	12	Phoebus	21-02.50 5
5 Dudley, Bryan	11	James Monroe	21-01.50 4
6 Lundgren, Trevor	12	Maggie Walke	20-10.50 3
7 Lloyd, Trey	12	Brookville H	20-08.75 2
8 White, Markus	11	Heritage (Ly	20-03.50 1
9 Belford, Jaylin	12	Liberty Chri	20-03.25
10 Jones III, Billy	12	Phoebus	19-11.75
11 Steele, Zach	11	Heritage (Ly	19-07.75
12 Bass, Jordan	11	Phoebus	19-06.00
13 Gregory, Malakhi	12	Staunton Riv	19-03.50
14 Moon, Jeb	9	Liberty Chri	19-01.75
15 Ragland, Kareem	12	Fluvanna Cou	19-00.00
16 Hughes, Dylan	11	William Byrd	18-11.50
17 Pretlow, Jaylen	11	Lafayette	18-09.00
18 Walters, Thariq	12	Lake Taylor	J18-09.00
19 O'Regan, Samuel	11	Liberty Chri	18-06.00
20 Patchett, Addison	11	Fluvanna Cou	18-02.75
21 Brown, Darius	12	Heritage (Ly	18-01.50

Boys Triple Jump Class 3

Name	Yr	School	Finals
1 Covil, Montrell	12	I.C. Norcom	46-05.50 10
2 Brown, Darius	12	Heritage (Ly	44-07.00 8
3 Branch, Ellis	11	New Kent	42-11.00 6
4 Lawson, Deontae	12	Magna Vista	42-08.50 5
5 White, Markus	11	Heritage (Ly	J42-08.50 4
6 Thompson, Dequan	12	Culpeper Cou	J42-08.50 3
7 Guye, Sam	10	Tabb	42-07.00 2
8 Briggs, Sam	10	Turner Ashby	41-11.00 1
9 Patchett, Addison	11	Fluvanna Cou	41-09.00
10 Walters, Thariq	12	Lake Taylor	41-05.25
11 Gregory, Malakhi	12	Staunton Riv	40-11.75
12 Brown, Tyshawn	11	Heritage (Ly	40-04.75
13 Lundgren, Trevor	12	Maggie Walke	38-02.00
14 Ashbrook, Quinn	11	Brentsville	37-00.50
--- Barr, Owen	9	Abingdon Hig	DNS

Boys Shot Put Class 3

Name	Yr	School	Finals
1 Boyer, Sam	12	Lafayette	47-01.75 10
2 Battle, Paul	11	I.C. Norcom	45-11.50 8
3 Bazzichi, Ross	12	Maggie Walke	45-05.00 6
4 Toliver, Dmetri	10	Lord Botetou	44-04.00 5
5 DeLuca, Matteo	12	Maggie Walke	44-03.50 4
6 Taylor, Tyrique	12	Christiansbu	42-09.00 3
7 Divers, Gabe	12	Bassett	42-07.00 2
8 Wilson, Antwon	11	Heritage (Ly	42-04.25 1
9 Scott, Christian	12	James Monroe	41-07.00
10 Castle, Connor	12	Tabb	40-11.00
11 Conyers, Dmonique	11	I.C. Norcom	40-09.00
12 Loya, Miguel	12	Waynesboro	40-01.50
13 Rao, Casper	12	Broadway	39-11.75
14 Little, Jakobe	11	Lakeland	39-07.50
15 Banks, Alijah	10	Culpeper Cou	38-08.00

Women - Class 3 - Team Rankings - 15 Events Scored

1) Heritage (Lynchburg)	86
2) Maggie Walker	61
3) Tabb	45.3333
4) Rustburg	36
5) Culpeper County	34
6) Cave Spring High School	32
7) Christiansburg	30
8) Charlottesville	24
9) Abingdon High School	23
10) York	21
11) Spotswood	18
11) Liberty Christian Academy	18
13) Fluvanna County	15
14) I.C. Norcom	14
15) Booker T. Washington	13
16) Warren County	12
16) Lakeland	12
18) Fort Defiance	11

Class 3, Class 4 Indoor Championships 2022 - 3/1/2022**Indoor State Championships
Liberty University Indoor Track Complex
Results**

19) Brentsville District	10	21) William Byrd High School	9.66666
19) Broadway	10	22) Phoebus	9
		23) New Kent	8
		23) James Monroe	8
		25) Skyline	6
		26) Turner Ashby	5
		27) Liberty (Bedford)	4
		28) Northside High School	3
		28) Lafayette	3
		30) Lord Botetourt	2
		31) Goochland High School	1
		31) Caroline High School	1

Women - Class 4 - Team Rankings - 15 Events Scored

1) Heritage (Newport News)	59
2) Atlee	58
2) Jefferson Forest	58
4) Western Albemarle	56.5
5) Deep Creek High School	37
6) Hanover	36.5
7) Great Bridge High School	30
8) Blacksburg High School	27
8) Kings Fork	27
10) Fauquier	22
11) Jamestown	19.5
12) Monacan High School	15
12) Loudoun Valley	15
14) Amherst County	12
15) Dominion	11
16) Eastern View High School	10
16) John Handley	10
18) Courtland	9
18) Louisa County High School	9
18) King George	9
21) George Washington	8
22) Kettle Run	7.5
23) Tuscarora High School (VA)	6
24) Churchland	5
24) Heritage (Leesburg)	5
24) Patrick Henry (Ashland)	5
27) Orange County	4
27) Liberty (Bealeton) High School	4
27) Grafton High School	4
30) Lightridge High School	2
30) E.C. Glass	2
32) James Wood High School	1

Men - Class 3 - Team Rankings - 15 Events Scored

1) Abingdon High School	97
2) Heritage (Lynchburg)	63
3) I.C. Norcom	53
4) Lafayette	43
5) Brookville High School	36.5
6) Phoebus	26
7) Tabb	23
7) Fort Defiance	23
9) Liberty Christian Academy	22
10) New Kent	19

