

Shenandoah University presents *The South Region NCAA Final Qualifier & Multi Friday, March 4th - Saturday, March 5th, 2022*

Entry Information: The deadline to enter athletes will be Wednesday, March 2nd at 5:00pm. Entries will be done through Direct Athletics. Please contact the meet director, Andrew Marrocco (amarrocc@su.edu), with any questions. Projected entries *will not* be accepted, only verifiable marks within calendar year. We will however look at NTs with notes (IE entered in, but has not run 3k, but has verified marks in mile or 5k) and seed appropriately.

- Entries will be accepted from outside the South Region in order to create the best possible competitive fields.
- Unattached athletes are welcome who have VERIFIED 2021-22 indoor marks, but will not advance to finals.
- Top 8 NCAA D3 athletes will advance in 60m/60HH finals, top 9 NCAA D3 athletes will advance in field events.

Entry Fee: Entries will be \$40 per athlete. The maximum will be \$400/gender with 10+ athletes (per gender). This meet will require to pay directly on Direct Athletics, no checks or cash will be accepted on day of meet.

Timing & Results: Blue Ridge Timing is the official timer for Shenandoah University / Wilkins AEC. Blue Ridge Timing will have unofficial live results online. Official results will be posted online immediately following the meet at www.blueridgetiming.com, TFFRS, and www.suhornets.com. There will be no team scores for the meet.

Facilities: The Kaye & JJ Smith track, within the James R. Wilkins Jr. Athletics Center, is a flat 6-lane, 200m Mondo Super-X 720 track, expanding to an 8-lane sprint/hurdle straight, with two pole vault runways (configuration dependent upon entries), a single runway for long/triple jumps (triple jump boards are at 28' 36' and 41'), and a Polanik throwing circle for shot and weight. Team camps will be on the covered basketball court on the infield of the track.

Spikes: 1/4" pyramid spikes (or shorter) only – no needle or other spikes allowed; spikes will be checked by the clerk at event check in. If not compliant, spikes will be available at \$.25/spike. Spikes will be rechecked at corral; noncompliant spikes will be confiscated at that point, meet will not wait once corralling has begun.

Athletic Training: A certified athletic trainer will be on site for the meet. If you are not traveling with a trainer, please supply your own taping materials and arrange any use of modalities in advance by calling Ashley Schuster at (607)229-2032 or email to aschuste14@su.edu.

COVID-19 Protocols:

- Officials should be masked at all times regardless of vaccination status.
- Where possible host institutions should consider creating marked and visually separate team areas. Team areas should be at least 6 feet from spectator seating. Chairs in team areas do not need to be distanced.
- Masking is not required when Tier 1 individuals are in team areas.
- Masking is recommended outside of team areas. This could include: traveling to warm-up and cool down areas, walking to and from team areas, and in coaching areas.
- Event planning should examine spectator seating and proximity to competition areas when determining masking requirements.
- A complete Shenandoah University / ODAC COVID-19 Policy can be found here:





Parking & Athlete Drop Off: Teams must unload and pick up at west entrance of Wilkins A&E Center (between building and I-81) and enter through southern most door on that side (closest to main parking lot). *Teams are NOT TO ENTER main entrance / Rotunda at all through course of meet.* Busses and Vans can be parked behind the building in the designated bus parking areas.

Athlete Warm Ups / Cool Downs: Please inform athletes they are absolutely not permitted to use adjacent golf course for warming up. Please instruct athletes the North entrance (all glass) is the only in/out for athlete access to building once meet has begun for warming up and cooling down. Athletes may not use the stadium turf for warm ups for THIS meet, we will have 3 home contests in stadium that weekend. Again, *Teams are not to exit/enter main entrance / Rotunda at all through course of meet*.

Spectators: Admission is \$6 for 13 and older, youth admission is \$4 for (7 -12 year olds), under 7 years old is free. No cash transactions, must have a ticket via subornets.com/tickets. Concessions are available at main entrance of Wilkins Athletic Center, no outside food is permitted in Wilkins Athletics and Events Center.

There will be designated spectator areas to which meet staff can escort to proper areas for best viewing of their athletes. <u>Fans and</u> <u>spectators are not allowed at all in team camp area at all, as space is limited</u>; please help enforce that with your teams. Masking is required by all spectators AND athletes inside spectator areas at all times, no matter vaccination status, this will be strictly enforced. Fans and spectators violating these policies will be asked to leave with no refund.



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| Meet Schedule | |
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| Friday: | ~~ James R. Wilkins Athletics & Event Center will be open to teams at 1:30 pm. ~~ |
| 3:00 pm – | Men's Heptathlon 60m Dash |
| - | Men's Heptathlon Long Jump |
| | Men's Heptathlon Shot Put |
| | Men's Heptathlon High Jump |
| Saturday: | \sim James R. Wilkins Athletics & Event Center will be open to teams at 9:30 am. \sim |
| Field Events – Schedule will stay on time as listed. | |
| 11:00 am – | Women's Pole Vault |
| | Women's long Jump |
| | Men's Weight Throw |
| | Men's High Jump |
| 12:00 pm – | Men's Pole Vault |
| | Men's Long Jump |
| 12:30 pm – | Women's Weight Throw |
| 1:15 pm – | Women's Triple Jump |
| ~ 1:30 pm – | Women's Pentathlon High Jump |
| ~ 1:40 pm – | Men's Heptathlon Pole Vault |
| 1:40 pm – | Men's Triple Jump |
| 2.40 | Men's Shot Put |
| 2:40 pm – | Women's Shot Put |
| ~ 2:30 pm – | Women's Pentathlon Shot Put |
| ~ 3:15 pm – | Women's Pentathlon Long Jump |
| Track Events – Schedule will stay on time as listed. | |
| 12:55 pm – | Women's Pentathlon 60m High Hurdles |
| 1:00 pm – | Men's Heptathlon 60m High Hurdles |
| 1:40 pm – | Women's 5,000m |
| 2:00 pm – | Men's 60m Dash Trials |
| 2:10 pm – | Men's 1 Mile |
| 2:15 pm – | Women's 1 Mile |
| 2:22 pm – | Men's 400m |
| 2:25 pm – | Women's 400m |
| 2:28 pm – | Men's 60m Dash Finals |
| 2:30 pm – | Women's 60m Dash Finals |
| 2:35 pm – | Men's 60m High Hurdle Finals |
| 2:40 pm – | Women's 60m High Hurdle Finals |
| \sim 2:42 pm – | Men's Heptathlon 1,000m |
| 2:45 pm – | Men's 800m |
| 2:50 pm – | Women's 800m |
| 2:55 pm – | Men's 200m |
| 3:00 pm – | Women's 200m |
| 3:04 pm – | Men's 3,000m |
| 3:15 pm – | Women's 3,000m |
| $\sim 4.00 \text{ pm} -$ | Women's Pentathlon 800m |