

Dr. Jack M. Toms Alumni Invitational - 3/26/2022

University of Lynchburg

Results - Friday Events

Women 10000 Meter Run

Name	School	Finals
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Finals

1	Miller, Emily	Shenandoah	41:37.33
	1:37.127 (1:37.127)	3:21.302 (1:44.175)	5:04.908 (1:43.607)
	6:50.072 (1:45.164)	8:36.584 (1:46.513)	10:17.174 (1:40.590)
	11:54.605 (1:37.432)	13:37.187 (1:42.582)	15:19.848 (1:42.662)
	17:01.557 (1:41.709)	18:42.233 (1:40.677)	20:20.478 (1:38.245)
	22:00.225 (1:39.748)	23:40.660 (1:40.435)	25:24.528 (1:43.868)
	27:05.593 (1:41.065)	28:45.410 (1:39.818)	30:25.673 (1:40.263)
	32:06.487 (1:40.814)	33:48.060 (1:41.574)	
	37:01.819 (1:36.383)	38:34.189 (1:32.370)	40:08.863 (1:34.674)
	41:37.325 (1:28.463)		
2	Lotts, Madeline	Shenandoah	41:47.40
	1:37.454 (1:37.454)	3:21.574 (1:44.120)	5:04.280 (1:42.707)
	6:49.468 (1:45.188)	8:36.897 (1:47.429)	10:17.553 (1:40.657)
	11:54.948 (1:37.395)	13:37.460 (1:42.513)	15:19.225 (1:41.765)
	17:00.909 (1:41.684)	18:42.564 (1:41.655)	20:20.884 (1:38.320)
	22:00.547 (1:39.663)	23:40.944 (1:40.398)	25:24.203 (1:43.259)
	27:05.263 (1:41.060)	28:45.928 (1:40.665)	30:25.977 (1:40.049)
	32:06.132 (1:40.155)	33:47.774 (1:41.643)	
	37:02.494 (1:36.518)	38:40.193 (1:37.699)	40:20.399 (1:40.207)
	41:47.400 (1:27.002)		
3	Hale, Hannah	Shenandoah	44:11.74
	1:37.778 (1:37.778)	3:21.890 (1:44.113)	5:04.553 (1:42.663)
	6:49.713 (1:45.160)	8:36.215 (1:46.503)	10:17.118 (1:40.903)
	11:55.273 (1:38.155)	13:37.722 (1:42.449)	15:19.500 (1:41.779)
	17:01.219 (1:41.719)	18:41.845 (1:40.627)	20:25.475 (1:43.630)
	22:14.258 (1:48.783)	24:03.410 (1:49.153)	25:53.180 (1:49.770)
	27:43.460 (1:50.280)	29:33.332 (1:49.872)	31:22.958 (1:49.627)
	33:13.415 (1:50.458)	35:05.543 (1:52.128)	
	38:50.399 (1:51.615)	40:44.618 (1:54.219)	42:33.227 (1:48.609)
	44:11.732 (1:38.505)		

Women 3000 Meter Steeplechase

Name	School	Finals
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Finals

1	O'Sullivan, Erin	Concord	11:51.01
2	Atkinson, Erin	Shenandoah	12:03.37
3	Gardiner, Vanessa	Eastern Menn	12:38.38

Women Javelin Throw

Name	School	Finals
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Finals

1	Grayson, Kali	Liberty	40.26m
2	Reasoner, Abby	Shippensburg	38.18m
3	Engle, Meredith	Liberty	37.38m
4	White, Mackenzie	Liberty	36.38m
5	Pugge, Nicola	Shippensburg	35.99m
6	Mancino, Catherine	Shippensburg	34.84m
7	Guerra, Jillian	Lynchburg	33.40m
8	Sieg, Madison	Shippensburg	30.52m
9	Hoover, Katya	Shenandoah	27.20m
10	Rendfrey, Jessica	Shenandoah	27.01m
11	Maher, Madeleine	Southern Vir	25.66m

12	Pedersen, Jilane	Southern Vir	25.30m
13	Scott, Myiah	Liberty	24.70m
14	Mills, Aliana	Concord	24.59m
15	Hunt, Madeline	Liberty	24.55m
16	Richard, Lea	Nazareth	20.66m
17	Johnson, Brenna	Nazareth	20.50m
18	Ebersole, Erika	Shippensburg	19.17m
19	Bendall, Lauren	Nazareth	18.29m
20	Brown, Kylie	Virginia Wes	11.58m
---	Merriwether, Sarah	Nazareth	FOUL
---	Reeder, Gillian	Rochester	FOUL

Men 10000 Meter Run

Name	School	Finals
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Finals

1	Gonder, Aiden	Shippensburg	32:54.72
	1:19.580 (1:19.580)	2:42.729 (1:23.149)	4:02.237 (1:19.508)
	5:22.804 (1:20.568)	6:43.925 (1:21.122)	8:04.973 (1:21.048)
	9:25.630 (1:20.658)	10:45.805 (1:20.175)	12:06.743 (1:20.938)
	13:27.818 (1:21.075)	14:48.474 (1:20.657)	16:09.558 (1:21.084)
	17:30.628 (1:21.070)	18:51.302 (1:20.674)	20:10.992 (1:19.690)
	21:32.367 (1:21.375)	22:54.518 (1:22.152)	24:13.440 (1:18.923)
	25:32.740 (1:19.300)	26:52.489 (1:19.749)	
	29:20.679 (1:10.048)	30:31.595 (1:10.917)	31:43.224 (1:11.629)
	32:54.718 (1:11.494)		
2	Harding, Nate	Shippensburg	33:16.52
	1:19.717 (1:19.717)	2:42.273 (1:22.557)	4:01.793 (1:19.520)
	5:23.218 (1:21.425)	6:44.284 (1:21.067)	8:04.648 (1:20.364)
	9:25.328 (1:20.680)	10:46.149 (1:20.822)	12:07.070 (1:20.922)
	13:27.474 (1:20.404)	14:48.193 (1:20.719)	16:10.009 (1:21.817)
	17:30.958 (1:20.949)	18:50.963 (1:20.005)	20:10.717 (1:19.754)
	21:32.155 (1:21.439)	22:54.884 (1:22.729)	24:13.755 (1:18.872)
	25:32.440 (1:18.685)	26:52.220 (1:19.780)	
	29:29.238 (1:17.843)	30:46.609 (1:17.372)	32:03.082 (1:16.473)
	33:16.520 (1:13.439)		
3	Cochran, Tanner	Randolph	34:00.84
	1:20.070 (1:20.070)	2:43.172 (1:23.102)	4:02.610 (1:19.439)
	5:23.532 (1:20.922)	6:44.577 (1:21.045)	8:05.339 (1:20.763)
	9:26.118 (1:20.779)	10:46.718 (1:20.600)	12:07.857 (1:21.139)
	13:28.765 (1:20.909)	14:49.978 (1:21.213)	16:11.998 (1:22.020)
	17:34.790 (1:22.793)	18:57.214 (1:22.424)	20:21.388 (1:24.174)
	21:46.525 (1:25.138)	23:10.014 (1:23.489)	24:34.044 (1:24.030)
	25:57.939 (1:23.895)	27:21.777 (1:23.838)	
	30:08.182 (1:23.212)	31:29.277 (1:21.095)	32:48.855 (1:19.579)
	34:00.835 (1:11.980)		
4	Jacobs, Jackson	Washington a	34:53.26
	1:23.308 (1:23.308)	2:47.239 (1:23.932)	4:10.624 (1:23.385)
	5:33.230 (1:22.607)	6:57.039 (1:23.809)	8:19.384 (1:22.345)
	9:43.857 (1:24.473)	11:08.912 (1:25.055)	12:33.612 (1:24.700)
	13:58.452 (1:24.840)	15:23.113 (1:24.662)	16:47.569 (1:24.457)
	18:12.307 (1:24.738)	19:37.663 (1:25.357)	21:03.394 (1:25.732)
	22:30.043 (1:26.649)	23:56.074 (1:26.032)	25:22.053 (1:25.979)
	26:48.284 (1:26.232)	28:13.299 (1:25.015)	
	31:01.915 (1:23.743)	32:24.319 (1:22.404)	33:39.560 (1:15.242)
	34:53.255 (1:13.695)		

Dr. Jack M. Toms Alumni Invitational - 3/26/2022

University of Lynchburg

Results - Friday Events

Finals ... (Men 10000 Meter Run)

Name	School	Finals
5 Scott, Aaron	Randolph	36:54.37
1:22.805 (1:22.805)	2:47.513 (1:24.708)	4:12.645 (1:25.133)
5:38.590 (1:25.945)	7:06.187 (1:27.597)	8:32.787 (1:26.600)
10:01.103 (1:28.317)	11:29.883 (1:28.780)	12:59.193 (1:29.310)
14:28.239 (1:29.047)	15:57.927 (1:29.688)	17:28.168 (1:30.242)
18:57.937 (1:29.769)	20:28.827 (1:30.890)	22:00.433 (1:31.607)
23:32.962 (1:32.529)	25:01.312 (1:28.350)	26:30.020 (1:28.709)
27:59.742 (1:29.722)	29:32.545 (1:32.804)	
32:34.955 (1:30.197)	34:04.665 (1:29.710)	35:33.065 (1:28.400)
36:54.362 (1:21.297)		

28 Sweeney, Jonny	Concord	22.41m
29 DeVasto, A.J.	Nazareth	20.37m
30 Wood, Matthew	Southern Vir	14.43m

Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Thibault, Drew	Unattached	9:16.97
2 Johnson, Mitchell	Southern Vir	10:06.38
3 Allen, Justice	Eastern Menn	10:08.94
4 Allinger, Jeremy	Shenandoah	10:18.36
5 Harrower, Ethan	Shenandoah	10:21.50
6 Robinson, Holden	Washington a	10:23.88
7 Harris, Cole	Shippensburg	10:49.54
8 Lawson, Jacob	Shippensburg	10:50.48
9 Chandler, Kedryn	Southern Vir	10:58.63

Men Javelin Throw

Name	School	Finals
Finals		
1 Folcarelli, Mike	Shippensburg	56.37m
2 Mylin, Ethan	Unat-Liberty	54.03m
3 Crawl, Nate	Shippensburg	53.97m
4 Reed, Nate	Shippensburg	52.11m
5 Degenshein, Jake	Unattached	51.88m
6 Roy, Adam	Washington a	51.33m
7 Harrell, Andrew	Unat-Liberty	48.66m
8 Harman, Daniel	Unattached	48.04m
9 O'Neill, James	Rochester	47.39m
10 Bryan, Anthony	Liberty	46.47m
11 Jacobs, Zachary	Lynchburg	45.05m
12 Shughart, Ben	Unat-Liberty	43.77m
13 Csorba, Alex	Lynchburg	40.31m
14 Boyd, Mason	Shippensburg	40.30m
15 Hagadorn, Brooks	Lynchburg	38.12m
16 Rykert, Dylan	Rochester	36.96m
17 Arnold, Parker	Southern Vir	36.77m
18 Porterfield, Dwain	Concord	36.56m
19 Romsdahl, Isaiah	Lynchburg	36.51m
20 Novak, Evan	Washington a	34.27m
21 Lang, Casey	Virginia Wes	34.12m
22 Bajski, Stevan	Washington a	32.49m
23 Lissner, Robert	Shippensburg	29.84m
24 Bastow, Cliff	Southern Vir	29.06m
25 Taylor, Christian	Virginia Wes	27.27m
26 Leavitt, Aaron	Southern Vir	26.25m
27 Armstrong, Isaac	Southern Vir	25.17m