

**ODAC Indoor Track & Field Championships - 2/26/2022 to 2/27/2022**

**Cregger Center**

**Results - Saturday Order of Events**

**Women 60 Meter Dash**

**ODAC Rec: 7.46 # 2018 Harlan Quinn**  
**Meet Rec: 7.46 S 2018 Harlan Quinn**

Name	School	Prelims
<b>Preliminaries</b>		
1 Gamble, Katelyn	Washington a	7.72Q
2 Coleman, Adalia	Bridgewater	7.74Q
3 Seward, Aniya	Lynchburg	7.98Q
4 Cammarata, Jessica	Lynchburg	7.96q
5 Lane, Jaylyn	Virginia Wes	8.00q
6 Hinckley, Eleanor	Roanoke	8.01q
7 Oguamena, Kendra	Eastern Menn	8.04q
8 Evans, Destini	Virginia Wes	8.15q
9 Poole, Taylor	Roanoke	8.18
10 Hamlin, Haleigh	Bridgewater	8.18
11 Snodgrass, Hannah	Roanoke	8.20
12 Anderson, Janelle	Shenandoah	8.27
13 Dubois, Ashantayye	Virginia Wes	8.27
14 Crocker, Niya	Virginia Wes	8.29
15 Gheen, Savannah	Roanoke	8.29
16 Measell, Kaitlin	Shenandoah	8.30
17 Wenger, Elizabeth	Lynchburg	8.34
18 Carey, Tiffany	Eastern Menn	8.38
19 Williams, Dymond	Hollins	8.83
20 Lanzer, Emily	Bridgewater	8.83
21 Bryant, Jamya	Guilford	9.08

**Women 5000 Meter Run**

**ODAC Rec: 17:06.99 # 2001 Casey Smith**  
**Meet Rec: 17:35.81 S 2020 English Jackson**

Name	School	Finals
<b>Finals</b>		
1 Burnett, Stephanie	Lynchburg	18:43.93 10
45.413 (45.413)	1:32.175 (46.762)	2:19.294 (47.119)
3:06.431 (47.137)	3:54.517 (48.086)	4:41.601 (47.084)
5:28.714 (47.113)	6:14.987 (46.273)	7:00.980 (45.993)
7:47.166 (46.186)	8:33.259 (46.093)	9:19.819 (46.560)
10:08.469 (48.650)	10:57.446 (48.977)	11:44.028 (46.582)
12:27.707 (43.679)	13:12.495 (44.788)	13:54.376 (41.881)
14:37.708 (43.332)	15:19.013 (41.305)	
16:44.127 (42.063)	17:25.616 (41.489)	18:06.269 (40.653)
18:43.923 (37.654)		
2 Todd, Carolyn	Washington a	18:49.26 8
45.693 (45.693)	1:32.345 (46.652)	2:19.542 (47.197)
3:06.538 (46.996)	3:54.565 (48.027)	4:41.437 (46.872)
5:28.567 (47.130)	6:15.275 (46.708)	7:00.771 (45.496)
7:47.108 (46.337)	8:32.940 (45.832)	9:19.889 (46.949)
10:08.340 (48.451)	10:57.322 (48.982)	11:43.843 (46.521)
12:27.940 (44.097)	13:12.771 (44.831)	13:54.593 (41.822)
14:39.380 (44.787)	15:23.057 (43.677)	
16:49.830 (42.359)	17:32.442 (42.612)	18:13.589 (41.147)
18:49.251 (35.662)		

3	Lagunas, Kelsey	Lynchburg	18:52.57 6
	45.501 (45.501)	1:32.262 (46.761)	2:19.458 (47.196)
	3:06.598 (47.140)	3:54.216 (47.618)	4:41.242 (47.026)
	5:28.300 (47.058)	6:14.739 (46.439)	7:00.697 (45.958)
	7:46.961 (46.264)	8:32.748 (45.787)	9:19.648 (46.900)
	10:08.212 (48.564)	10:57.121 (48.909)	11:43.926 (46.805)
	12:27.984 (44.058)	13:12.858 (44.874)	13:54.901 (42.043)
	14:38.546 (43.645)	15:21.856 (43.310)	
	16:50.139 (43.771)	17:33.457 (43.318)	18:14.129 (40.672)
	18:52.567 (38.438)		
4	James, Sarah	Lynchburg	18:58.81 5
	45.621 (45.621)	1:32.447 (46.826)	2:19.597 (47.150)
	3:06.595 (46.998)	3:54.374 (47.779)	4:41.783 (47.409)
	5:28.612 (46.829)	6:15.073 (46.461)	7:01.058 (45.985)
	7:47.516 (46.458)	8:33.420 (45.904)	9:20.085 (46.665)
	10:08.682 (48.597)	10:57.621 (48.939)	11:44.321 (46.700)
	12:27.835 (43.514)	13:12.567 (44.732)	13:54.816 (42.249)
	14:38.242 (43.426)	15:22.184 (43.942)	
	16:50.581 (43.893)	17:34.131 (43.550)	18:17.448 (43.317)
	18:58.805 (41.357)		
5	Shelly, Allison	Eastern Menn	19:15.38 4
	45.805 (45.805)	1:32.828 (47.023)	2:19.926 (47.098)
	3:06.902 (46.976)	3:55.070 (48.168)	4:42.314 (47.244)
	5:29.313 (46.999)	6:15.543 (46.230)	7:01.238 (45.695)
	7:47.750 (46.512)	8:33.108 (45.358)	9:20.172 (47.064)
	10:08.691 (48.519)	10:57.656 (48.965)	11:44.238 (46.582)
	12:28.130 (43.892)	13:13.057 (44.927)	13:56.838 (43.781)
	14:43.022 (46.184)	15:29.876 (46.854)	
	17:02.217 (45.724)	17:48.625 (46.408)	18:33.821 (45.196)
	19:15.379 (41.558)		
6	Young, Mackenzie	Bridgewater	19:15.45 3
	46.426 (46.426)	1:33.406 (46.980)	2:20.460 (47.054)
	3:07.555 (47.095)	3:55.536 (47.981)	4:42.504 (46.968)
	5:29.616 (47.112)	6:16.164 (46.548)	7:02.367 (46.203)
	7:48.454 (46.087)	8:34.585 (46.131)	9:21.049 (46.464)
	10:09.222 (48.173)	10:57.991 (48.769)	11:45.053 (47.062)
	12:30.620 (45.567)	13:17.372 (46.752)	14:03.159 (45.787)
	14:49.481 (46.322)	15:36.288 (46.807)	
	17:07.726 (45.400)	17:54.158 (46.432)	18:37.673 (43.515)
	19:15.445 (37.772)		
7	Smeds, Emily	Bridgewater	19:19.00 2
	46.284 (46.284)	1:33.110 (46.826)	2:20.112 (47.002)
	3:07.144 (47.032)	3:54.612 (47.468)	4:41.841 (47.229)
	5:29.384 (47.543)	6:15.821 (46.437)	7:01.299 (45.478)
	7:48.073 (46.774)	8:34.002 (45.929)	9:20.712 (46.710)
	10:09.077 (48.365)	10:57.080 (48.003)	11:43.643 (46.563)
	12:28.717 (45.074)	13:14.414 (45.697)	14:00.381 (45.967)
	14:47.709 (47.328)	15:34.993 (47.284)	
	17:07.502 (45.974)	17:53.913 (46.411)	18:38.600 (44.687)
	19:18.995 (40.395)		

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

Finals ... (Women 5000 Meter Run)			
Name	School	Finals	
8	Molinaro, Elise	Washington a	19:20.44 1
	46.075 (46.075)	1:32.768 (46.693)	2:19.811 (47.043)
	3:06.887 (47.076)	3:54.635 (47.748)	3:54.752 (0.117)
	4:41.822 (47.070)	5:28.977 (47.155)	6:15.386 (46.409)
	7:00.932 (45.546)	7:47.629 (46.697)	8:33.515 (45.886)
	9:20.366 (46.851)	10:08.607 (48.241)	11:44.620 (1:36.013)
	12:29.007 (44.387)	13:14.106 (45.099)	13:59.497 (45.391)
	14:45.586 (46.089)	15:32.082 (46.496)	
	17:04.747 (46.096)	17:52.007 (47.260)	18:38.295 (46.288)
	19:20.432 (42.137)		
9	Atkinson, Erin	Shenandoah	19:32.95
	45.974 (45.974)	1:32.604 (46.630)	2:19.688 (47.084)
	3:06.680 (46.992)	3:54.814 (48.134)	4:42.011 (47.197)
	5:29.115 (47.104)	6:15.477 (46.362)	7:00.880 (45.403)
	7:47.343 (46.463)	8:33.478 (46.135)	9:20.408 (46.930)
	10:08.881 (48.473)	10:57.791 (48.910)	11:44.412 (46.621)
	12:28.452 (44.040)	13:13.677 (45.225)	13:58.777 (45.100)
	14:48.189 (49.412)	15:37.101 (48.912)	
	17:15.361 (49.046)	18:04.443 (49.082)	18:50.337 (45.894)
	19:32.944 (42.607)		
10	Lotts, Madeline	Shenandoah	19:52.35
	45.121 (45.121)	1:31.927 (46.806)	2:19.120 (47.193)
	3:06.289 (47.169)	3:53.953 (47.664)	4:41.124 (47.171)
	5:27.984 (46.860)	6:14.511 (46.527)	7:00.469 (45.958)
	7:46.851 (46.382)	8:32.707 (45.856)	9:19.566 (46.859)
	10:08.528 (48.962)	10:57.515 (48.987)	11:44.767 (47.252)
	12:30.865 (46.098)	13:20.212 (49.347)	14:09.692 (49.480)
	15:00.130 (50.438)	15:51.399 (51.269)	
	17:33.237 (49.780)	18:23.277 (50.040)	19:12.167 (48.890)
	19:52.341 (40.174)		
11	Hale, Hannah	Shenandoah	21:08.64
	46.768 (46.768)	1:34.627 (47.859)	2:22.732 (48.105)
	3:11.379 (48.647)	4:00.482 (49.103)	4:49.671 (49.189)
	5:39.025 (49.354)	6:29.310 (50.285)	7:18.894 (49.584)
	8:09.726 (50.832)	9:00.306 (50.580)	9:51.279 (50.973)
	10:42.597 (51.318)	11:35.093 (52.496)	12:26.404 (51.311)
	13:18.367 (51.963)	14:09.917 (51.550)	15:02.217 (52.300)
	15:55.863 (53.646)	16:49.545 (53.682)	
	18:36.919 (53.508)	19:29.331 (52.412)	20:20.975 (51.644)
	21:08.633 (47.658)		
12	Thrush, Makenna	Shenandoah	21:43.05
	45.881 (45.881)	1:33.157 (47.276)	2:20.220 (47.063)
	3:07.301 (47.081)	3:55.290 (47.989)	4:42.672 (47.382)
	5:29.963 (47.291)	6:16.385 (46.422)	7:04.229 (47.844)
	7:55.166 (50.937)	8:47.449 (52.283)	9:40.928 (53.479)
	10:34.947 (54.019)	11:29.343 (54.396)	12:24.676 (55.333)
	13:18.901 (54.225)	14:13.340 (54.439)	15:10.756 (57.416)
	16:07.405 (56.649)	17:04.915 (57.510)	
	18:58.858 (56.008)	19:56.877 (58.019)	20:48.682 (51.805)
	21:43.042 (54.360)		
13	Chambers, Samantha	Shenandoah	21:56.52
	47.251 (47.251)	1:36.082 (48.831)	2:25.779 (49.697)
	3:15.675 (49.896)	4:05.849 (50.174)	4:56.967 (51.118)
	5:49.520 (52.553)	6:41.676 (52.156)	7:33.989 (52.313)
	8:27.418 (53.429)	9:21.796 (54.378)	10:16.630 (54.834)
	11:10.364 (53.734)	12:03.841 (53.477)	12:57.070 (53.229)
	13:50.624 (53.554)	14:45.844 (55.220)	15:41.048 (55.204)
	16:34.757 (53.709)	17:28.639 (53.882)	
	19:18.035 (54.968)	20:12.979 (54.944)	21:06.580 (53.601)
	21:56.518 (49.938)		
14	Dillon, Harper	Hollins	22:41.97
	48.170 (48.170)	1:39.968 (51.798)	2:32.210 (52.242)
	3:24.648 (52.438)	4:16.919 (52.271)	5:11.217 (54.298)
	6:05.543 (54.326)	6:59.681 (54.138)	7:53.955 (54.274)
	8:48.831 (54.876)	9:43.714 (54.883)	10:38.283 (54.569)
	11:33.252 (54.969)	12:28.087 (54.835)	13:22.929 (54.842)
	14:18.856 (55.927)	15:14.954 (56.098)	16:10.748 (55.794)
	17:06.418 (55.670)	18:02.546 (56.128)	
	19:54.266 (56.281)	20:50.432 (56.166)	21:46.060 (55.628)
	22:41.964 (55.904)		
15	Hart, Lydia	Bridgewater	23:03.75
	50.344 (50.344)	1:43.858 (53.514)	2:38.749 (54.891)
	3:34.543 (55.794)	4:30.642 (56.099)	5:27.162 (56.520)
	6:23.452 (56.290)	7:20.057 (56.605)	8:16.307 (56.250)
	9:12.981 (56.674)	10:08.956 (55.975)	11:04.667 (55.711)
	12:00.602 (55.935)	12:56.389 (55.787)	13:52.252 (55.863)
	14:47.860 (55.608)	15:43.760 (55.900)	16:39.185 (55.425)
	17:34.830 (55.645)	18:30.759 (55.929)	
	20:21.789 (55.464)	21:16.804 (55.015)	22:11.429 (54.625)
	23:03.743 (52.314)		
16	Sarver, Allison	Roanoke	23:15.09
	48.632 (48.632)	1:40.340 (51.708)	2:32.179 (51.839)
	3:25.354 (53.175)	4:18.668 (53.314)	5:14.208 (55.540)
	6:10.487 (56.279)	7:06.954 (56.467)	8:02.151 (55.197)
	8:58.501 (56.350)	9:55.560 (57.059)	10:52.685 (57.125)
	11:48.602 (55.917)	12:46.100 (57.498)	13:44.249 (58.149)
	14:41.139 (56.890)	15:38.355 (57.216)	16:36.320 (57.965)
	17:33.392 (57.072)	18:31.650 (58.258)	
	20:27.995 (58.364)	21:25.018 (57.023)	22:21.407 (56.389)
	23:15.087 (53.680)		
17	Larcombe, Elena	Bridgewater	26:03.51
	56.687 (56.687)	1:56.117 (59.430)	2:56.874 (1:00.757)
	3:58.008 (1:01.134)	4:59.596 (1:01.588)	6:01.680 (1:02.084)
	7:04.571 (1:02.891)	8:06.987 (1:02.416)	9:09.985 (1:02.998)
	10:13.226 (1:03.241)	11:16.272 (1:03.046)	12:19.716 (1:03.444)
	13:23.107 (1:03.391)	14:27.235 (1:04.128)	15:30.781 (1:03.546)
	16:34.013 (1:03.232)	17:37.762 (1:03.749)	18:42.096 (1:04.334)
	19:46.666 (1:04.570)	20:52.082 (1:05.416)	
	23:02.859 (1:05.527)	24:08.469 (1:05.610)	25:11.996 (1:03.527)
	26:03.505 (51.509)		

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

## Women 60 Meter Hurdles

ODAC Rec: 8.69 # 2019 Emily Valle  
Meet Rec: 8.89 \$ 2019 Emily Valle

Name	School	Prelims
<b>Preliminaries</b>		
1 Seward, Aniya	Lynchburg	8.92Q
2 Snodgrass, Hannah	Roanoke	9.23Q
3 Washington, Shirell	Virginia Wes	9.38q
4 Koepfinger, Hannah	Roanoke	9.52q
5 Evans, Destini	Virginia Wes	9.55q
6 Venable, Madelyn	Washington a	9.57q
7 Romano, Amanda	Washington a	9.58q
8 Winston, Cammi	Roanoke	9.64q
9 Mohnkern, Betsy	Lynchburg	9.65
10 Hurst, Anna	Washington a	9.99
11 Tulenko, Paige	Washington a	10.08
12 Jackson, Aanykka	Virginia Wes	10.11
13 Hurley, Olivia	Roanoke	10.24
14 Blanton, Sha'Dymon	Eastern Menn	10.65

## Women Distance Medley

ODAC Rec: 11:58.66 # 2017 Washington and Lee

Seybold, Lee, Fonvielle, Yates

Meet Rec: 12:37.64 \$ 2015 Eastern Mennonite

Paden, Brumfield, Schirch, Chappell-Dick

Team	Relay	Finals
<b>Finals</b>		
1 Lynchburg	A	12:48.83 10
1) Massey, Lauren	2) Mohnkern, Betsy	
3) Packer, Christa	4) Dell, Allison	
3:52.540 (3:52.540)	4:55.390 (1:02.850)	7:20.427 (2:25.037)
12:48.827 (5:28.400)		
2 Washington and Lee	A	13:05.12 8
1) Kemp, Mimi	2) Romano, Amanda	
3) Becker, Emilee	4) Clodgo, Kristen	
3:58.281 (3:58.281)	5:00.782 (1:02.501)	7:31.798 (2:31.016)
13:05.118 (5:33.320)		
3 Shenandoah	A	13:27.37 6
1) Gray, Madison	2) Nicely, Emma	
3) Plowman, Mackenzie	4) Atkinson, Erin	
3:55.500 (3:55.500)	5:01.192 (1:05.692)	7:40.250 (2:39.058)
13:27.364 (5:47.114)		
4 Eastern Mennonite	A	13:29.73 5
1) Mast, Halie	2) Roberts, Chyna	
3) Gardiner, Vanessa	4) Shelly, Allison	
4:06.931 (4:06.931)	5:12.660 (1:05.729)	7:54.181 (2:41.521)
13:29.729 (5:35.548)		
5 Bridgewater	A	14:00.32 4
1) Dodd, Ashley	2) Oliver, Cassidy	
3) Carter, Grace	4) Earle, Sarah	
4:20.953 (4:20.953)	5:25.068 (1:04.115)	8:06.900 (2:41.832)
14:00.311 (5:53.411)		

6 Roanoke	A	14:41.75 3
1) Sullivan, Rebekah	2) Sow, Fatumata	
3) Brown, Ashley	4) Brown, Lauren	
4:51.159 (4:51.159)	6:00.836 (1:09.677)	8:46.751 (2:45.915)
14:41.743 (5:54.992)		
7 Randolph	A	15:00.14 2
1) Redlich, Marlene	2) Torres, Joanne	
3) Moore, Jennifer	4) Fuentes, Sara	
4:39.772 (4:39.772)	5:47.148 (1:07.376)	8:34.934 (2:47.786)
15:00.136 (6:25.202)		
8 Hollins	A	15:48.48 1
1) Dillon, Harper	2) Brousseau, Madison	
3) Johnston, Jenna	4) Stuhlmiller, Samantha	
5:00.475 (5:00.475)	6:11.981 (1:11.506)	9:13.953 (3:01.972)
15:48.476 (6:34.523)		
9 Ferrum	A	15:56.09
1) Vasquez, Escarlen	2) Ojeda, Stephanie	
3) Hairston, Jordan	4) Pineiro, Genesis	
5:34.439 (5:34.439)	6:48.690 (1:14.251)	9:36.914 (2:48.224)
15:56.082 (6:19.168)		

## Women High Jump

ODAC Rec: 1.72m # 2000 Vicki Osinga  
Meet Rec: 1.67m \$ 2000 Vicki Osinga

Name	School	Finals
<b>Finals</b>		
1 Nguyen, Kaitlyn	Roanoke	1.57m 10
2 Chaffins, Meghan	Randolph	1.54m 8
3 Winston, Cammi	Roanoke	J1.54m 6
4 McLaughlin, Tiffany	Hollins	J1.54m 5
5 Hinkley, Eleanor	Roanoke	1.49m 3.5
5 Heifner, Sydney	Washington a	1.49m 3.5
7 Hunley, Taja	Randolph	J1.49m 2
8 Hertzberg, Elizabeth	Washington a	J1.49m 1
9 Jackson, Aanykka	Virginia Wes	1.44m
10 Hoover, Katya	Shenandoah	J1.44m
11 Russell, Abby	Lynchburg	1.39m
--- Sweet, Caitlyn	Shenandoah	NH

## Women Long Jump

ODAC Rec: 5.89m # 2017 Amber Celen  
Meet Rec: 5.89m \$ 2017 Amber Celen

Name	School	Finals
<b>Finals</b>		
1 Lane, Jaylyn	Virginia Wes	5.40m 10
2 Seward, Aniya	Lynchburg	5.38m 8
3 Measell, Kaitlin	Shenandoah	5.19m 6
4 Koepfinger, Hannah	Roanoke	5.16m 5
5 Guerra, Jillian	Lynchburg	5.01m 4
6 Hunley, Taja	Randolph	4.96m 3
7 Oliver, Cassidy	Bridgewater	4.94m 2
8 Smith, Kiara	Lynchburg	4.93m 1
9 Heifner, Sydney	Washington a	4.90m
10 Gheen, Savannah	Roanoke	4.74m
11 Chaffins, Meghan	Randolph	4.72m
12 Hertzberg, Elizabeth	Washington a	4.70m

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

## Finals ... (Women Long Jump)

Name	School	Finals
13 Longood, Parker	Washington a	4.66m
14 Wenger, Elizabeth	Lynchburg	4.64m
15 Gray, Kylah	Bridgewater	4.60m
16 Winston, Cammi	Roanoke	4.59m
17 Devraj, Bella	Washington a	4.55m
18 Venable, Madelyn	Washington a	4.53m
19 Gamble, Katelyn	Washington a	4.48m
20 Hamlin, Haleigh	Bridgewater	4.41m
21 Evans, Destini	Virginia Wes	4.32m
22 Nguyen, Kaitlyn	Roanoke	4.31m
--- Hubbard, Alexis	Shenandoah	FOUL

## Women Weight Throw

ODAC Rec: 16.18m # 2015

Kim Alfaro

Meet Rec: 15.98m \$ 2011

Whitney Fitzwater

Name	School	Finals
<b>Finals</b>		
1 Felston, Kiara	Shenandoah	15.35m 10
2 Fowler, Grace	Roanoke	14.72m 8
3 Benefield, Elle	Lynchburg	14.71m 6
4 Hudson, Tiera	Roanoke	13.77m 5
5 Tennyson, Liberty	Shenandoah	13.65m 4
6 Rendfrey, Jessica	Shenandoah	13.30m 3
7 Diallo, Mariama	Virginia Wes	12.98m 2
8 Culhane, Caitlin	Roanoke	12.31m 1
9 Gajkowski, Abbey	Roanoke	12.11m
10 Cullen, Elisabeth	Roanoke	12.00m
11 Kloster, Olivia	Bridgewater	11.87m
12 Decker, Andrea	Shenandoah	11.50m
13 Wheatly, Olivia	Shenandoah	11.27m
14 Babbs, Logan	Lynchburg	11.17m
15 Wolde, Yoben	Randolph	9.25m
16 Mosley, Quiana	Roanoke	9.22m
17 Blanks, Tamara	Lynchburg	9.11m
18 Struble, Joselyn	Roanoke	8.41m
19 Harlow, Gracie	Hollins	7.80m

## Men 60 Meter Dash

ODAC Rec: 6.76 # 2012

Johnathan Smith

Meet Rec: 6.78 \$ 2020

Davonta Womack

Name	School	Prelims
<b>Preliminaries</b>		
1 Crowder, William	Shenandoah	6.86Q
2 Fowler, Brady	Roanoke	6.94Q
3 Johnson, Alijah	Eastern Menn	7.01Q
4 Shadhkoo, Alex	Lynchburg	7.00q
5 Jackson, Andre	Shenandoah	7.04q
6 Douglas, Julian	Lynchburg	7.05q
7 Ellerbe, Joshua	Ferrum	7.06q
8 Lopez, John	Shenandoah	7.06q
9 Clanton, Kyle	Bridgewater	7.07
10 Moore, Miles	Shenandoah	7.07
11 Clark, Jaden	Ferrum	7.11
12 Roeschley, Eli	Eastern Menn	7.11

13 Moon, Aaron	Bridgewater	7.13
14 Moffo, Landry	Virginia Wes	7.14
15 alexander, trevel	Guilford	7.14
16 Morgan, Damon	Eastern Menn	7.15
17 Fauntleroy, Kennedy	Bridgewater	7.18
18 Howard Jr., Maurice	Roanoke	7.27
19 Morin, Blake	Roanoke	7.33
20 Spradlin, Aiden	Roanoke	7.33
21 hunter, Jamaal	Guilford	7.37
--- Clark, Isaiah	Ferrum	FS

## Men 5000 Meter Run

ODAC Rec: 14:28.98 # 2009

Ricky Flynn

Meet Rec: 14:54.53 \$ 2019

Jamie Hiegel

Name	School	Finals
<b>Finals</b>		
1 Sparks, Maximillian	Lynchburg	15:33.91 10
37.649 (37.649)	1:15.405 (37.756)	1:52.837 (37.432)
2:30.295 (37.458)	3:08.146 (37.851)	3:46.380 (38.234)
4:23.594 (37.214)	5:01.947 (38.353)	5:40.000 (38.053)
6:18.394 (38.394)	6:56.996 (38.602)	7:36.049 (39.053)
8:15.323 (39.274)	8:54.285 (38.962)	9:32.698 (38.413)
10:06.920 (34.222)	10:42.730 (35.810)	11:18.891 (36.161)
11:54.348 (35.457)	12:32.325 (37.977)	
13:47.108 (37.065)	14:25.089 (37.981)	15:02.270 (37.181)
15:33.910 (31.640)		
2 Smith, Peter	Roanoke	15:35.15 8
37.195 (37.195)	1:15.183 (37.988)	1:52.706 (37.523)
2:30.389 (37.683)	3:08.215 (37.826)	3:46.279 (38.064)
4:23.536 (37.257)	5:02.054 (38.518)	5:40.264 (38.210)
6:18.693 (38.429)	6:57.118 (38.425)	7:35.940 (38.822)
8:15.039 (39.099)	8:54.170 (39.131)	9:33.255 (39.085)
10:08.090 (34.835)	10:44.439 (36.349)	11:20.596 (36.157)
11:57.106 (36.510)	12:34.532 (37.426)	
13:50.279 (37.784)	14:27.794 (37.515)	15:03.605 (35.811)
15:35.144 (31.539)		
3 Davis, Bryce	Lynchburg	15:36.51 6
38.829 (38.829)	1:14.865 (36.036)	1:52.281 (37.416)
2:30.028 (37.747)	3:07.764 (37.736)	3:45.772 (38.008)
4:23.024 (37.252)	5:01.223 (38.199)	5:39.542 (38.319)
6:18.991 (39.449)	6:56.507 (37.516)	7:35.375 (38.868)
8:14.546 (39.171)	8:53.898 (39.352)	9:32.638 (38.740)
10:07.169 (34.531)	10:42.944 (35.775)	11:19.394 (36.450)
11:56.169 (36.775)	12:33.439 (37.270)	
13:48.108 (37.616)	14:25.982 (37.874)	15:02.991 (37.009)
15:36.506 (33.515)		
4 Fingerhut, Josh	Washington a	15:42.90 5
36.516 (36.516)	1:14.482 (37.966)	1:51.631 (37.149)
2:29.316 (37.685)	3:07.221 (37.905)	3:45.150 (37.929)
4:22.557 (37.407)	5:00.668 (38.111)	5:38.996 (38.328)
6:17.611 (38.615)	6:56.188 (38.577)	7:35.143 (38.955)
8:14.280 (39.137)	8:53.424 (39.144)	9:32.587 (39.163)
10:08.456 (35.869)	10:46.031 (37.575)	11:24.269 (38.238)
12:02.608 (38.339)	12:40.718 (38.110)	
13:57.488 (38.577)	14:36.224 (38.736)	15:11.481 (35.257)
15:42.898 (31.417)		

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

## Finals ... (Men 5000 Meter Run)

	Name	School	Finals	
5	Kaufman, Clay	Eastern Menn	15:44.96	4
	37.273 (37.273)	1:16.239 (38.966)	1:53.419 (37.180)	
	2:31.111 (37.692)	3:08.701 (37.590)	3:46.778 (38.077)	
	4:24.269 (37.491)	5:02.614 (38.345)	5:41.103 (38.489)	
	6:19.570 (38.467)	6:58.142 (38.572)	7:36.752 (38.610)	
	8:16.218 (39.466)	8:54.808 (38.590)	9:33.715 (38.907)	
	10:10.699 (36.984)	10:48.403 (37.704)	11:25.467 (37.064)	
	12:02.939 (37.472)	12:41.591 (38.652)		
	13:58.381 (38.745)	14:36.979 (38.598)	15:13.376 (36.397)	
	15:44.960 (31.584)			
6	Jacobs, Jackson	Washington a	15:45.21	3
	38.098 (38.098)	1:15.576 (37.478)	1:52.952 (37.376)	
	2:30.526 (37.574)	3:08.349 (37.823)	3:46.057 (37.708)	
	4:23.348 (37.291)	5:01.494 (38.146)	5:39.503 (38.009)	
	6:18.073 (38.570)	6:56.678 (38.605)	7:35.574 (38.896)	
	8:14.764 (39.190)	8:53.912 (39.148)	9:32.976 (39.064)	
	10:08.999 (36.023)	10:46.406 (37.407)	11:24.350 (37.944)	
	12:02.202 (37.852)	12:40.459 (38.257)		
	13:56.241 (37.903)	14:34.302 (38.061)	15:11.746 (37.444)	
	15:45.207 (33.461)			
7	Straits, Brennan	Lynchburg	15:47.73	2
	36.795 (36.795)	1:14.465 (37.670)	1:51.859 (37.394)	
	2:29.615 (37.756)	3:07.452 (37.837)	3:45.397 (37.945)	
	4:22.820 (37.423)	5:00.976 (38.156)	5:39.265 (38.289)	
	6:17.908 (38.643)	6:56.435 (38.527)	7:35.430 (38.995)	
	8:14.595 (39.165)	8:53.666 (39.071)	9:32.730 (39.064)	
	10:07.436 (34.706)	10:43.475 (36.039)	11:20.279 (36.804)	
	11:57.787 (37.508)	12:36.776 (38.989)		
	13:55.753 (39.257)	14:34.559 (38.806)	15:12.261 (37.702)	
	15:47.722 (35.461)			
8	Graham, Sam	Lynchburg	15:49.39	1
	36.909 (36.909)	1:14.707 (37.798)	1:52.170 (37.463)	
	2:29.918 (37.748)	3:07.725 (37.807)	3:45.692 (37.967)	
	4:23.117 (37.425)	5:01.726 (38.609)	5:39.748 (38.022)	
	6:18.295 (38.547)	6:56.844 (38.549)	7:35.844 (39.000)	
	8:14.984 (39.140)	8:54.067 (39.083)	9:32.802 (38.735)	
	10:07.822 (35.020)	10:44.103 (36.281)	11:20.342 (36.239)	
	11:59.639 (39.297)	12:38.398 (38.759)		
	13:55.726 (38.256)	14:35.038 (39.312)	15:13.416 (38.378)	
	15:49.388 (35.972)			
9	Kallen, Thomas	Washington a	15:50.62	
	38.649 (38.649)	1:16.636 (37.987)	1:54.247 (37.611)	
	2:31.741 (37.494)	3:09.256 (37.515)	3:46.972 (37.716)	
	4:24.217 (37.245)	5:02.178 (37.961)	5:40.452 (38.274)	
	6:18.843 (38.391)	6:57.331 (38.488)	7:36.167 (38.836)	
	8:15.274 (39.107)	8:54.336 (39.062)	9:33.060 (38.724)	
	10:09.637 (36.577)	10:46.998 (37.361)	11:24.991 (37.993)	
	12:03.565 (38.574)	12:42.292 (38.727)		
	14:00.216 (39.107)	14:39.362 (39.146)	15:16.926 (37.564)	
	15:50.614 (33.688)			

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

				<b>Finals ... (Men 5000 Meter Run)</b>			
				<b>Name</b>	<b>School</b>	<b>Finals</b>	
10	Haden, Henry	Washington a	16:02.84	15 Knight, Abenezer	Bridgewater	16:43.46	
	37.430 (37.430)	1:15.867 (38.437)	1:53.595 (37.728)	39.586 (39.586)	1:17.644 (38.058)	1:55.700 (38.056)	
	2:31.420 (37.825)	3:08.946 (37.526)	3:47.079 (38.133)	2:33.819 (38.119)	3:12.316 (38.497)	3:51.411 (39.095)	
	4:24.460 (37.381)	5:02.448 (37.988)	5:40.548 (38.100)	4:31.149 (39.738)	5:11.457 (40.308)	5:52.201 (40.744)	
	6:19.027 (38.479)	6:57.604 (38.577)	7:36.297 (38.693)	6:33.414 (41.213)	7:14.307 (40.893)	7:55.785 (41.478)	
	8:15.564 (39.267)	8:54.559 (38.995)	9:33.332 (38.773)	8:36.160 (40.375)	9:16.846 (40.686)	9:58.236 (41.390)	
	10:10.139 (36.807)	10:48.043 (37.904)	11:26.194 (38.151)	10:39.601 (41.365)	11:20.503 (40.902)	12:01.118 (40.615)	
	12:05.033 (38.839)	12:44.463 (39.430)		12:42.715 (41.597)	13:24.174 (41.459)		
	14:03.144 (39.332)	14:43.230 (40.086)	15:23.755 (40.525)	14:46.688 (41.572)	15:28.241 (41.553)	16:09.406 (41.165)	
	16:02.836 (39.081)			16:43.456 (34.050)			
11	Gregory, Jacob	Bridgewater	16:09.65	16 Duncan, Ethan	Bridgewater	16:46.40	
	38.941 (38.941)	1:16.903 (37.962)	1:54.822 (37.919)	39.310 (39.310)	1:17.379 (38.069)	1:55.419 (38.040)	
	2:32.255 (37.433)	3:09.911 (37.656)	3:47.968 (38.057)	2:33.483 (38.064)	3:12.085 (38.602)	3:51.106 (39.021)	
	4:26.132 (38.164)	5:04.277 (38.145)	5:43.179 (38.902)	4:30.892 (39.786)	5:11.147 (40.255)	5:51.926 (40.779)	
	6:22.049 (38.870)	7:01.337 (39.288)	7:40.859 (39.522)	6:33.111 (41.185)	7:14.151 (41.040)	7:55.511 (41.360)	
	8:20.619 (39.760)	9:00.498 (39.879)	9:40.566 (40.068)	8:35.894 (40.383)	9:16.567 (40.673)	9:57.907 (41.340)	
	10:20.515 (39.949)	11:00.462 (39.947)	11:39.660 (39.198)	10:39.257 (41.350)	11:20.212 (40.955)	12:00.790 (40.578)	
	12:18.970 (39.310)	12:57.990 (39.020)		12:42.423 (41.633)	13:23.936 (41.513)		
	14:15.682 (38.941)	14:54.808 (39.126)	15:33.131 (38.323)	14:46.415 (41.531)	15:27.926 (41.511)	16:09.141 (41.215)	
	16:09.645 (36.514)			16:46.392 (37.251)			
12	Clarke, Kyle	Washington a	16:13.91	17 Yoder, Nathan	Eastern Menn	17:12.94	
	38.352 (38.352)	1:16.351 (37.999)	1:53.942 (37.591)	40.487 (40.487)	1:19.706 (39.219)	1:57.843 (38.137)	
	2:31.503 (37.561)	3:09.024 (37.521)	3:47.204 (38.180)	2:36.429 (38.586)	3:16.322 (39.893)	3:56.364 (40.042)	
	4:24.899 (37.695)	5:03.206 (38.307)	5:41.686 (38.480)	4:37.193 (40.829)	5:17.903 (40.710)	5:58.443 (40.540)	
	6:19.847 (38.161)	6:58.409 (38.562)	7:37.380 (38.971)	6:39.490 (41.047)	7:20.360 (40.870)	8:01.126 (40.766)	
	8:16.595 (39.215)	8:55.380 (38.785)	9:34.537 (39.157)	8:42.655 (41.529)	9:24.122 (41.467)	10:05.485 (41.363)	
	10:13.389 (38.852)	10:52.673 (39.284)	11:32.712 (40.039)	10:48.306 (42.821)	11:32.787 (44.481)	12:14.908 (42.121)	
	12:12.710 (39.998)	12:53.098 (40.388)		12:57.758 (42.850)	13:41.632 (43.874)		
	14:14.251 (40.472)	14:54.867 (40.616)	15:34.611 (39.744)	15:09.868 (43.709)	15:51.966 (42.098)	16:35.328 (43.362)	
	16:13.907 (39.296)			17:12.935 (37.607)			
13	Robinson, Holden	Washington a	16:22.38	18 Bradley, Caleb	Bridgewater	17:19.94	
	38.748 (38.748)	1:16.811 (38.063)	1:54.569 (37.758)	40.030 (40.030)	1:18.149 (38.119)	1:56.063 (37.914)	
	2:32.049 (37.480)	3:09.586 (37.537)	3:47.588 (38.002)	2:34.145 (38.082)	3:12.625 (38.480)	3:51.645 (39.020)	
	4:25.430 (37.842)	5:03.877 (38.447)	5:42.811 (38.934)	4:31.342 (39.697)	5:11.639 (40.297)	5:52.488 (40.849)	
	6:21.824 (39.013)	7:01.086 (39.262)	7:40.616 (39.530)	6:33.650 (41.162)	7:14.611 (40.961)	7:56.054 (41.443)	
	8:20.330 (39.714)	9:00.274 (39.944)	9:40.316 (40.042)	8:37.018 (40.964)	9:19.771 (42.753)	10:03.932 (44.161)	
	10:20.287 (39.971)	11:00.625 (40.338)	11:40.030 (39.405)	10:47.978 (44.046)	11:32.448 (44.470)	12:17.361 (44.913)	
	12:19.784 (39.754)	12:59.966 (40.182)		13:02.136 (44.775)	13:46.655 (44.519)		
	14:20.978 (41.050)	15:02.205 (41.227)	15:43.060 (40.855)	15:14.628 (43.827)	15:58.316 (43.688)	16:40.571 (42.255)	
	16:22.375 (39.315)			17:19.936 (39.365)			
14	Cadle, Anthony	Bridgewater	16:26.60	19 Maneval, Patrick	Shenandoah	17:20.33	
	38.398 (38.398)	1:16.105 (37.707)	1:53.286 (37.181)	39.953 (39.953)	1:17.989 (38.036)	1:56.640 (38.651)	
	2:30.912 (37.626)	3:08.659 (37.747)	3:46.624 (37.965)	2:34.876 (38.236)	3:13.520 (38.644)	3:52.872 (39.352)	
	4:23.976 (37.352)	5:02.281 (38.305)	5:40.896 (38.615)	4:32.710 (39.838)	5:12.244 (39.534)	5:52.813 (40.569)	
	6:18.952 (38.056)	6:57.877 (38.925)	7:36.472 (38.595)	6:33.973 (41.160)	7:15.294 (41.321)	7:57.522 (42.228)	
	8:15.995 (39.523)	8:54.839 (38.844)	9:34.156 (39.317)	8:40.140 (42.618)	9:23.869 (43.729)	10:07.525 (43.656)	
	10:13.575 (39.419)	10:53.699 (40.124)	11:34.501 (40.802)	10:51.109 (43.584)	11:35.441 (44.332)	12:20.021 (44.580)	
	12:16.237 (41.736)	12:58.436 (42.199)		13:04.647 (44.626)	13:49.850 (45.203)		
	14:23.195 (42.821)	15:05.323 (42.128)	15:47.240 (41.917)	15:18.077 (44.648)	16:01.865 (43.788)	16:44.242 (42.377)	
	16:26.591 (39.351)			17:20.328 (36.086)			

**ODAC Indoor Track & Field Championships - 2/26/2022 to 2/27/2022**

**Cregger Center**

**Results - Saturday Order of Events**

20	Smith, Tyler	Shenandoah	18:02.11
	40:247 (40.247)	1:19.423 (39.176)	1:59.929 (40.506)
	2:39.878 (39.949)	3:19.463 (39.585)	3:59.111 (39.648)
	4:38.824 (39.713)	5:19.112 (40.288)	6:00.436 (41.324)
	6:42.433 (41.997)	7:25.598 (43.165)	8:09.879 (44.281)
	8:53.985 (44.106)	9:38.878 (44.893)	10:24.394 (45.516)
	11:10.287 (45.893)	11:55.888 (45.601)	12:42.170 (46.282)
	13:28.539 (46.369)	14:14.808 (46.269)	
	15:47.510 (46.402)	16:33.635 (46.125)	17:19.392 (45.757)
	18:02.102 (42.710)		
---	Munoz, Zach	Eastern Menn	DNF
	41.246 (41.246)	1:21.116 (39.870)	2:02.541 (41.425)
	2:44.256 (41.715)	3:28.043 (43.787)	5:02.381 (1:34.338)
	5:49.173 (46.792)	6:38.145 (48.972)	7:28.505 (50.360)
	8:18.996 (50.491)		
---	Hostetler, Caleb	Eastern Menn	DNF
	1:14.190 (1:14.190)	1:53.964 (39.774)	
---	Zulauf, Chamberlain	Roanoke	DQ
	37.056 (37.056)	1:14.974 (37.918)	1:52.459 (37.485)
	2:30.127 (37.668)	3:07.973 (37.846)	3:45.960 (37.987)
	4:23.385 (37.425)	5:01.389 (38.004)	5:40.097 (38.708)
	6:18.051 (37.954)	6:57.358 (39.307)	7:55.296 (57.938)
	8:59.063 (1:03.767)	9:37.216 (38.153)	10:17.358 (40.142)
	11:27.787 (1:10.429)	12:07.474 (39.687)	12:48.214 (40.740)
	13:46.487 (58.273)	14:25.617 (39.130)	
	16:07.421 (42.752)		

**Men 60 Meter Hurdles**

**ODAC Rec: 8.22 # 2022 Landry Moffo**  
**Meet Rec: 8.23 \$ 2019 Darren Petty**

Name	School	Prelims
1 O'Brien, Xavier	Roanoke	8.27Q
2 Moffo, Landry	Virginia Wes	8.34Q
3 Harvey, Malik	Lynchburg	8.38q
4 Fore, Ryan	Lynchburg	8.47q
5 Gatling, Michael	Virginia Wes	8.69q
6 Powell, Ty	Washington a	8.75q
7 Day, Jaylen	Washington a	8.79q
8 Holliday, Kyle	Shenandoah	8.84q
9 Watters, Seamus	Washington a	8.86
10 Kavounis, Corey	Lynchburg	8.88
11 Romsdahl, Isaiah	Lynchburg	8.89
12 Klocke, Matthew	Shenandoah	9.03
13 Bohon, Hunter	Roanoke	9.29

**Men Distance Medley**

**ODAC Rec: 9:55.08 # 2022 Lynchburg**  
**Sparks, Lauffenberger, Hotung- Davidsen, Llanaeza**  
**Meet Rec: 10:34.09 \$ 2012 Virginia Wesleyan**  
**Driscoll, Elmore, Shelton, Whitson**

Team	Relay	Finals
<b>Finals</b>		
1 Lynchburg	A	10:17.21\$ 10
1) Hotung-Davidsen, Tor	2) Hodnett, Jacob	
3) Lauffenberger, Kyle	4) Green, Corbin	
3:07.207 (3:07.207)	3:58.971 (51.764)	5:56.728 (1:57.757)
10:17.203 (4:20.475)		
2 Eastern Mennonite	A	10:22.26\$ 8
1) Allen, Justice	2) Johnson, Alijah	
3) Immanuel, Bellamy	4) Alderfer, Isaac	
3:15.465 (3:15.465)	4:06.530 (51.065)	6:08.914 (2:02.384)
10:22.255 (4:13.341)		
3 Washington and Lee	A	10:28.74\$ 6
1) Roberts, Hayden	2) Weaver, Max	
3) Ruiz, Chris	4) Verrett, Connor	
3:09.230 (3:09.230)	4:01.601 (52.371)	6:00.337 (1:58.736)
10:28.736 (4:28.399)		
4 Bridgewater	A	10:40.23 5
1) Leo, Vincent	2) Sheets, Michael	
3) Varney, Bowen	4) Cupps, Bennett	
3:16.934 (3:16.934)	4:10.563 (53.629)	6:10.887 (2:00.324)
10:40.222 (4:29.335)		
5 Shenandoah	A	10:56.83 4
1) Harrower, Ethan	2) Klocke, Matthew	
3) McGhie, Elias	4) Allinger, Jeremy	
3:24.663 (3:24.663)	4:18.245 (53.582)	6:20.612 (2:02.367)
10:56.829 (4:36.217)		
6 Randolph	A	10:58.31 3
1) Thompson, Cody	2) Brown, Tory	
3) Mason, Luken	4) Cochran, Tanner	
3:17.969 (3:17.969)	4:08.876 (50.907)	6:15.273 (2:06.397)
10:58.301 (4:43.028)		
7 Roanoke	A	10:58.35 2
1) Fretwell, Josh	2) Justice, Brandon	
3) Birdsall, Robert	4) Hoffstaetter, Timothy	
3:24.064 (3:24.064)	4:17.397 (53.333)	6:18.717 (2:01.320)
10:58.342 (4:39.625)		
8 Ferrum	A	11:39.22 1
1) Stanford, Clayton	2) Swaney, Noah	
3) Tate Jr., Kevin	4) Shaffer, Seth	
3:45.241 (3:45.241)	4:39.622 (54.381)	6:47.083 (2:07.461)
11:39.216 (4:52.133)		
9 Virginia Wesleyan	A	11:56.28
1) Johnson, James	2) Massey, Robert	
3) Powers, Andrew	4) Cravens, Ethan	
3:43.209 (3:43.209)	4:41.293 (58.084)	7:02.765 (2:21.472)
11:56.277 (4:53.512)		
--- Guilford	A	DNF
1) Davis, Jacob	2) Williams-Mclaren, Kemar	
3) Abdur-Rahim, Amir	4) Warden, Nate	

## ODAC Indoor Track &amp; Field Championships - 2/26/2022 to 2/27/2022

## Cregger Center

## Results - Saturday Order of Events

## Men High Jump

ODAC Rec: 2.13m # 1997 DaVon Lewis  
 Meet Rec: 2.05m \$ 2014 Jordan King

Name	School	Finals
<b>Finals</b>		
1 Williams, Cee Jay	Lynchburg	1.93m 10
2 Waller, Mark	Washington a	1.90m 8
3 Bohon, Hunter	Roanoke	1.82m 6
4 Lothorpe, Elijah	Roanoke	J1.82m 4
4 Hostetter, Daniel	Roanoke	J1.82m 4
4 O'Connor, Joe	Washington a	J1.82m 4
7 Apgar, Brendan	Eastern Menn	J1.82m 2
8 Moon, Aaron	Bridgewater	1.77m 1
9 Brothers, Isaiah	Lynchburg	J1.77m
10 McIntyre, Jared	Roanoke	1.72m
11 Avalos, Kaegan	Bridgewater	J1.72m
12 McNeil, Zach	Roanoke	1.67m
--- Gatling, Michael	Virginia Wes	NH

## Men Long Jump

ODAC Rec: 7.43m # 2001 James Goss  
 Meet Rec: 7.36m \$ 2020 Davonta Womack

Name	School	Finals
<b>Finals</b>		
1 Roberts, Geni	Virginia Wes	7.26m 10
2 Moon, Aaron	Bridgewater	6.86m 8
3 Clanton, Kyle	Bridgewater	6.70m 6
4 Williams, Cee Jay	Lynchburg	6.69m 5
5 Roeschley, Eli	Eastern Menn	6.68m 4
6 Douglas, Julian	Lynchburg	6.54m 3
7 Apgar, Brendan	Eastern Menn	6.48m 2
8 Barber, Isaac	Washington a	6.43m 1
9 Blackstone, David	Lynchburg	6.38m
10 Cobb, Hampton	Shenandoah	6.29m
11 Bohon, Hunter	Roanoke	6.22m
12 alexander, trevel	Guilford	5.98m
13 Gatling, Michael	Virginia Wes	5.84m
14 Payne, Rah'Quan	Ferrum	5.82m
15 Li, David	Washington a	5.75m
16 Jacobs, Julius	Virginia Wes	5.59m
17 McNeil, Zach	Roanoke	5.11m
--- Bisbeck, Aymar	Shenandoah	FOUL

## Men Weight Throw

ODAC Rec: 17.91m # 2020 Michael Lotts  
 Meet Rec: 17.35m \$ 2014 Greg Wilson

Name	School	Finals
<b>Finals</b>		
1 Kindig, John	Shenandoah	17.64m\$ 10
2 Fulton, Peter	Bridgewater	15.93m 8
3 Schannauer, Wyatt	Shenandoah	15.47m 6
4 Smith, Michael	Bridgewater	14.92m 5
5 Nesslerodt, Tony	Bridgewater	14.64m 4
6 Young, Jacob	Shenandoah	14.56m 3
7 Patterson, Reginald	Bridgewater	13.74m 2

## Finals ... (Men Weight Throw)

Name	School	Finals
8 Smith, Matthew	Shenandoah	13.34m 1
9 Ruff, Michael	Lynchburg	13.29m
10 Novak, Evan	Washington a	12.18m
11 McNutt, Jake	Bridgewater	12.14m
12 Labriny, Youssef	Roanoke	12.08m
13 Soto-Ventura, Jorge	Washington a	12.06m
14 Roy, Adam	Washington a	11.94m
15 Carson, Jermane	Lynchburg	10.91m
16 Bass, Sha-Ron	Randolph	10.67m
17 Krause, Curtiss	Roanoke	10.35m
18 Davis, Jalen	Virginia Wes	9.25m
19 Gilliam, Jordan	Virginia Wes	9.15m
20 Brooks, Andriquez	Guilford	8.52m
--- Stott, Christopher	Lynchburg	FOUL
--- Fyffe, Keive	Virginia Wes	FOUL
--- Sarsfield, James	Roanoke	FOUL

## Women - Team Rankings - 5 Events Scored

1) Lynchburg	50
2) Roanoke	41.5
3) Shenandoah	29
4) Washington and Lee	21.5
5) Randolph	15
6) Virginia Wesleyan	12
7) Bridgewater	11
8) Eastern Mennonite	9
9) Hollins	6

## Men - Team Rankings - 5 Events Scored

1) Lynchburg	47
2) Bridgewater	39
3) Washington and Lee	27
4) Shenandoah	24
4) Roanoke	24
6) Eastern Mennonite	20
7) Virginia Wesleyan	10
8) Randolph	3
9) Ferrum	1