

Conference Carolinas - 4/30/2022

University of Mount Olive

Results

Men 100 Meter Dash

Name	School	Prelims
Preliminaries		
1	Burnette, Justen	Mount Olive 10.50Q0.7
2	Meadows, Noah	Southern Wes 10.65Q0.6
3	Origene, Jean	Lees-McRae 10.67Q0.9
4	Thomas, Jaidin	Unc Pembroke 10.87Q0.3
5	Mcfadden, Gavin	Converse 10.67q 0.6
6	Seger, Javion	Unc Pembroke 10.86q 0.9
7	Durham, Jacques	Barton 10.86q 0.7
8	Burns, Tyler	Barton 10.86q 0.9
9	Baldwin, Caleb	Unc Pembroke 10.87 0.6
10	Meekins, Jordan	North Greenv 10.90 0.3
11	Morrow, Travon	Unc Pembroke 10.90 0.9
12	Donald, Gerrard	Converse 10.91 0.3
13	Mcbride, Kavon	Erskine 10.92 0.9
14	Blue, Zion	Unc Pembroke 10.96 0.7
15	Ashe, Tim	Erskine 10.97 0.6
16	Holiday, Jaylin	Emmanuel (Ga) 11.00 0.3
17	Kimbrough, Jeremiah	Mount Olive 11.00 0.6
18	Walker, Blake	Emmanuel (Ga) 11.00 0.7
19	Stephens, Jamal	Unc Pembroke 11.01 0.3
20	Walker, Kamari	Mount Olive 11.03 0.7
21	Coker, Preston	Unc Pembroke 11.09 0.3
22	Kirby, Aaron	Lees-McRae 11.10 0.9
23	Blue, Jordan	Southern Wes 11.19 0.7
24	Summers, Jimere	Barton 11.19 0.7
25	Hammonds, Matthew	Mount Olive 11.31 0.6
26	Becton, Tyrik	Belmont Abbe 11.59 0.6
27	Smith, Dalton	Belmont Abbe 11.65 0.9
28	Thomas, Noah	King 11.82 0.3
29	Miller, Skyler	King 11.96 0.3

Men 100 Meter Dash

Name	School	Finals
Finals		
1	Burnette, Justen	Mount Olive 10.59 -0.8
2	Mcfadden, Gavin	Converse 10.77 -0.8
3	Origene, Jean	Lees-McRae 10.83 -0.8
4	Meadows, Noah	Southern Wes 10.84 -0.8
5	Seger, Javion	Unc Pembroke 10.97 -0.8
6	Durham, Jacques	Barton 11.10 -0.8
7	Burns, Tyler	Barton 11.13 -0.8
8	Thomas, Jaidin	Unc Pembroke 11.16 -0.8

Men 200 Meter Dash

Name	School	Prelims
Preliminaries		
1	Meadows, Noah	Southern Wes 21.27Q-0.3
2	Burnette, Justen	Mount Olive 21.50Q-0.5
3	Origene, Jean	Lees-McRae 21.66Q-0.7
4	Lawton, Antavious	North Greenv 22.03Q-0.9
5	Mcfadden, Gavin	Converse 21.33q -0.3
6	Bangura, Sulaimane	Emmanuel (Ga) 21.60q -0.3
7	Harvey, DaMarr	Unc Pembroke 21.74q -0.5

8	Burns, Tyler	Barton 21.87q -0.7
9	Meekins, Jordan	North Greenv 21.91 -0.3
10	Durham, Jacques	Barton 21.94 -0.3
11	Nixon, Andrew	Mount Olive 22.05 -0.9
12	Donald, Gerrard	Converse 22.13 -0.5
13	Copper, Justin	Barton 22.32 -0.5
14	Walker, Blake	Emmanuel (Ga) 22.32 -0.7
15	Mabe, Walker	Unc Pembroke 22.33 -0.9
16	Walker, Kamari	Mount Olive 22.36 -0.5
17	Coker, Preston	Unc Pembroke 22.36 -0.9
18	Mcbride, Kavon	Erskine 22.41 -0.3
19	Morrow, Travon	Unc Pembroke 22.45 -0.7
20	Green, Jayden	Lees-McRae 22.46 -0.9
21	Baldwin, Caleb	Unc Pembroke 22.48 -0.7
22	Thomas, Jaidin	Unc Pembroke 22.53 -0.9
23	Holiday, Jaylin	Emmanuel (Ga) 22.57 -0.7
24	Stephens, Jamal	Unc Pembroke 22.60 -0.5
25	Nickerson, Jeffery	Lees-McRae 22.61 -0.3
26	Coleman, Garison	Belmont Abbe 22.90 -0.5
27	Smith, Dalton	Belmont Abbe 24.06 -0.9
28	Thomas, Noah	King 24.18 -0.3
29	Miller, Skyler	King 24.72 -0.7
30	Okonne, Marvelous	Belmont Abbe 30.48 -0.9
---	Blue, Jordan	Southern Wes FS -0.7

Men 200 Meter Dash

Name	School	Finals
Finals		
1	Burnette, Justen	Mount Olive 21.09 0.1
2	Meadows, Noah	Southern Wes 21.21 0.1
3	Mcfadden, Gavin	Converse 21.53 0.1
4	Origene, Jean	Lees-McRae 21.60 0.1
5	Harvey, DaMarr	Unc Pembroke 21.69 0.1
6	Burns, Tyler	Barton 22.03 0.1
7	Lawton, Antavious	North Greenv 22.04 0.1

Men 400 Meter Dash

Name	School	Prelims
Preliminaries		
1	Bangura, Sulaimane	Emmanuel (Ga) 47.64Q
2	Thierfelder, James	Belmont Abbe 48.36Q
3	Lawton, Antavious	North Greenv 49.17Q
4	Harvey, DaMarr	Unc Pembroke 49.01q
5	Mabe, Walker	Unc Pembroke 49.30q
6	Reed, John Clayton	Erskine 49.45q
7	Williams, Corey	Mount Olive 49.62q
8	Nixon, Andrew	Mount Olive 49.96q
9	Copper, Justin	Barton 50.03
10	Almanzar, Ervin	Unc Pembroke 50.09
11	Button, Halen	Erskine 50.30
12	Henfield, Clathton	King 50.37
13	Campbell, Josiah	Emmanuel (Ga) 50.56
14	Murphy-Redd, Logan	Belmont Abbe 50.68
15	Coleman, Garison	Belmont Abbe 50.91
16	Glenn, Ryan	Converse 51.09
17	Nickerson, Jeffery	Lees-McRae 51.21

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Preliminaries ... (Men 400 Meter Dash)

Name	School	Prelims
18 Morell, Joshua	Mount Olive	51.34
19 Ketter, Tarrence	North Greenv	52.69
20 Kong, Alex	Converse	53.99
--- Aviles, Camilo	Lees-McRae	FS
--- White, Joshua	North Greenv	DNF

Men 400 Meter Dash

Name	School	Finals
1 Thierfelder, James	Belmont Abbe	48.19
2 Lawton, Antavious	North Greenv	48.37
3 Harvey, DaMarr	Unc Pembroke	48.39
4 Mabe, Walker	Unc Pembroke	48.79
5 Reed, John Clayton	Erskine	49.35
6 Williams, Corey	Mount Olive	50.56
7 Nixon, Andrew	Mount Olive	1:05.31
--- Bangura, Sulaimane	Emmanuel (Ga	DNF

Men 800 Meter Run

Name	School	Prelims
Preliminaries		
1 Hargrove, Ethan 55.302 (55.302)	Emmanuel (Ga	1:53.68Q 1:53.679 (58.378)
2 Burkhardt, Delsin 57.649 (57.649)	Unc Pembroke	1:57.05Q 1:57.041 (59.393)
3 Shellhammer, Victor 58.488 (58.488)	North Greenv	1:57.37Q 1:57.365 (58.878)
4 McIntyre, Gray 58.740 (58.740)	North Greenv	1:58.21Q 1:58.210 (59.470)
5 McCall, Amir 55.904 (55.904)	North Greenv	1:56.57q 1:56.562 (1:00.658)
6 Thierfelder, Thomas 58.288 (58.288)	Belmont Abbe	1:58.27q 1:58.269 (59.982)
7 Hernandez, Jose 57.856 (57.856)	Belmont Abbe	1:58.29q 1:58.289 (1:00.433)
8 Gilbride, Aidan 59.146 (59.146)	Mount Olive	1:58.58q 1:58.574 (59.428)
9 Ybarra, Andrew 57.687 (57.687)	Lees-McRae	1:58.90 1:58.897 (1:01.210)
10 Button, Jensen 56.254 (56.254)	Erskine	2:00.42 2:00.417 (1:04.163)
11 Guyton, DreQuan 59.015 (59.015)	Converse	2:00.51 2:00.509 (1:01.494)
12 Willcox, Riley 58.904 (58.904)	Mount Olive	2:00.80 2:00.791 (1:01.888)
13 Chalmers, Jakel 58.585 (58.585)	Unc Pembroke	2:00.93 2:00.925 (1:02.340)
14 Pearson, Tommy 57.969 (57.969)	North Greenv	2:00.97 2:00.962 (1:02.994)
15 Colas, Ludcheel 57.221 (57.221)	Southern Wes	2:01.07 2:01.064 (1:03.843)
16 Spellman, Chris 58.868 (58.868)	Unc Pembroke	2:02.92 2:02.914 (1:04.047)

17 Gibbs, Greg 56.621 (56.621)	Barton	2:03.25 2:03.249 (1:06.629)
18 Almanzar, Ervin 59.544 (59.544)	Unc Pembroke	2:03.55 2:03.548 (1:04.004)
19 Willett, Adam 58.903 (58.903)	Belmont Abbe	2:03.96 2:03.956 (1:05.054)
20 Moran, Shane 59.742 (59.742)	Mount Olive	2:05.02 2:05.012 (1:05.270)
21 Gribbins, Ben 59.274 (59.274)	Lees-McRae	2:06.23 2:06.225 (1:06.952)
22 Nunley, Brandon 1:01.916 (1:01.916)	King	2:06.30 2:06.298 (1:04.382)
23 Kirby, Spenser 59.549 (59.549)	Converse	2:07.02 2:07.018 (1:07.469)
24 Pacheco, Jesus 1:00.831 (1:00.831)	King	2:07.74 2:07.735 (1:06.904)
25 Thomas, Mason 1:00.956 (1:00.956)	King	2:09.19 2:09.190 (1:08.234)
26 Valle, Issac 59.491 (59.491)	Barton	2:11.06 2:11.060 (1:11.569)
27 Sizemore, Hunter 1:09.006 (1:09.006)	Lees-McRae	2:27.36 2:27.358 (1:18.352)

Men 800 Meter Run

Name	School	Finals
Finals		
1 Hargrove, Ethan 58.784 (58.784)	Emmanuel (Ga	1:55.06 1:55.051 (56.268)
2 McIntyre, Gray 59.310 (59.310)	North Greenv	1:55.74 1:55.735 (56.425)
3 Burkhardt, Delsin 59.360 (59.360)	Unc Pembroke	1:55.76 1:55.755 (56.395)
4 McCall, Amir 58.967 (58.967)	North Greenv	1:56.08 1:56.079 (57.112)
5 Thierfelder, Thomas 59.186 (59.186)	Belmont Abbe	1:56.54 1:56.535 (57.349)
6 Shellhammer, Victor 59.709 (59.709)	North Greenv	1:57.39 1:57.384 (57.675)
7 Hernandez, Jose 59.277 (59.277)	Belmont Abbe	2:00.29 2:00.285 (1:01.008)
8 Gilbride, Aidan 59.936 (59.936)	Mount Olive	2:02.26 2:02.255 (1:02.319)

Men 1500 Meter Run

Name	School	Prelims
Preliminaries		
1 Kopmels, Cas 44.799 (44.799)	Mount Olive	3:51.96Q 1:45.249 (1:00.450) 2:47.704 (1:02.455) 3:51.955 (1:04.252)
2 Chepkesor, Joshua 48.581 (48.581)	Unc Pembroke	4:00.41Q 1:54.724 (1:06.144) 2:59.149 (1:04.425) 4:00.408 (1:01.259)
3 Pierce, Brennan 46.207 (46.207)	Lees-McRae	4:00.87Q 1:50.600 (1:04.394) 2:56.940 (1:06.340) 4:00.867 (1:03.927)

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Preliminaries ... (Men 1500 Meter Run)

Name	School	Prelims
4 Burkhart, Delsin	Unc Pembroke	4:00.89Q
48.208 (48.208)	1:54.862 (1:06.654)	2:59.273 (1:04.412)
4:00.886 (1:01.613)		
5 Gilbride, Aidan	Mount Olive	4:01.00Q
48.079 (48.079)	1:54.641 (1:06.562)	2:59.311 (1:04.670)
4:00.996 (1:01.685)		
6 Moran, Shane	Mount Olive	4:01.22Q
46.952 (46.952)	1:51.744 (1:04.793)	2:57.253 (1:05.509)
4:01.218 (1:03.965)		
7 Shellhammer, Victor	North Greenv	4:01.37Q
47.429 (47.429)	1:54.847 (1:07.418)	2:59.881 (1:05.034)
4:01.368 (1:01.488)		
8 Nervo, Lucas	Unc Pembroke	4:02.29Q
46.870 (46.870)	1:50.753 (1:03.883)	2:57.668 (1:06.915)
4:02.284 (1:04.617)		
9 Phieffer, Jack	Unc Pembroke	4:02.86q
48.703 (48.703)	1:55.071 (1:06.368)	3:00.726 (1:05.655)
4:02.853 (1:02.128)		
10 Barrios, Felipe	Emmanuel (Ga	4:03.97q
48.268 (48.268)	1:54.833 (1:06.565)	2:59.371 (1:04.538)
4:03.963 (1:04.593)		
11 Palacios, Konner	Southern Wes	4:03.98q
46.454 (46.454)	1:50.919 (1:04.465)	2:57.510 (1:06.592)
4:03.980 (1:06.470)		
12 Dugar, Brandon	North Greenv	4:05.04q
46.685 (46.685)	1:50.968 (1:04.283)	2:57.978 (1:07.010)
4:05.032 (1:07.054)		
13 Keith, Jordan	King	4:07.59
48.932 (48.932)	1:55.772 (1:06.840)	3:02.554 (1:06.783)
4:07.588 (1:05.034)		
14 Willcox, Riley	Mount Olive	4:07.85
48.381 (48.381)	1:55.138 (1:06.758)	3:01.652 (1:06.514)
4:07.844 (1:06.193)		
15 Arendash, Silas	Lees-McRae	4:09.20
47.372 (47.372)	1:53.098 (1:05.727)	3:02.382 (1:09.284)
4:09.197 (1:06.815)		
16 Dozier, Sebastian	Converse	4:09.64
44.475 (44.475)	1:49.458 (1:04.983)	2:59.117 (1:09.659)
4:09.632 (1:10.515)		
17 Oser, Malachi	North Greenv	4:10.82
48.463 (48.463)	1:55.112 (1:06.649)	3:01.771 (1:06.659)
4:10.817 (1:09.047)		
18 Rios Brena, Luis	Converse	4:18.76
47.644 (47.644)	1:55.362 (1:07.718)	3:07.245 (1:11.884)
4:18.754 (1:11.509)		
19 Condello, Frank	Belmont Abbe	4:22.72
47.869 (47.869)	1:56.094 (1:08.225)	3:10.300 (1:14.207)
4:22.719 (1:12.419)		
20 Marci, Mattia	Mount Olive	4:27.13
49.430 (49.430)	1:58.815 (1:09.385)	3:11.918 (1:13.103)
4:27.127 (1:15.209)		
21 Lucy, Nathan	Converse	4:29.05
51.269 (51.269)	2:03.048 (1:11.779)	3:18.112 (1:15.064)
4:29.041 (1:10.929)		

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22	McDonald, Kade	King	4:29.58
	49.284 (49.284)	2:01.207 (1:11.923)	3:18.579 (1:17.373)
	4:29.573 (1:10.994)		
23	Keghlian, Christian	Belmont Abbe	4:46.16
	51.506 (51.506)	2:06.363 (1:14.858)	3:26.984 (1:20.622)
	4:46.157 (1:19.173)		

Men 1500 Meter Run

Name	School	Finals
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Finals

1	Kopmels, Cas	Mount Olive	3:55.91
	50.375 (50.375)	1:57.559 (1:07.184)	3:00.387 (1:02.829)
	3:55.902 (55.515)		
2	Chepkisir, Joshua	Unc Pembroke	3:59.55
	50.636 (50.636)	1:57.126 (1:06.490)	2:59.960 (1:02.834)
	3:59.550 (59.590)		
3	Pierce, Brennan	Lees-McRae	4:00.50
	50.880 (50.880)	1:55.309 (1:04.429)	2:59.180 (1:03.872)
	4:00.497 (1:01.318)		
4	Gilbride, Aidan	Mount Olive	4:02.15
	49.971 (49.971)	1:57.337 (1:07.367)	3:00.825 (1:03.488)
	4:02.144 (1:01.319)		
5	Moran, Shane	Mount Olive	4:02.56
	50.962 (50.962)	1:58.115 (1:07.153)	3:02.266 (1:04.152)
	4:02.554 (1:00.288)		
6	Phieffer, Jack	Unc Pembroke	4:04.17
	50.780 (50.780)	1:57.786 (1:07.007)	3:02.497 (1:04.712)
	4:04.167 (1:01.670)		
7	Shellhammer, Victor	North Greenv	4:04.84
	49.941 (49.941)	1:57.570 (1:07.629)	3:01.997 (1:04.428)
	4:04.840 (1:02.843)		
8	Burkhart, Delsin	Unc Pembroke	4:05.02
	50.699 (50.699)	1:57.792 (1:07.094)	3:01.880 (1:04.088)
	4:05.019 (1:03.139)		
9	Barrios, Felipe	Emmanuel (Ga	4:05.40
	50.490 (50.490)	1:57.526 (1:07.037)	3:01.056 (1:03.530)
	4:05.399 (1:04.343)		
10	Palacios, Konner	Southern Wes	4:06.27
	50.940 (50.940)	1:58.137 (1:07.198)	3:03.016 (1:04.879)
	4:06.270 (1:03.254)		
11	Dugar, Brandon	North Greenv	4:14.18
	51.077 (51.077)	1:58.405 (1:07.328)	3:04.509 (1:06.104)
	4:14.175 (1:09.667)		
12	Nervo, Lucas	Unc Pembroke	4:23.32
	51.359 (51.359)	1:58.707 (1:07.349)	3:09.759 (1:11.052)
	4:23.317 (1:13.559)		

Men 5000 Meter Run

Name	School	Finals
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Finals

1	Chepkisir, Joshua	Unc Pembroke	14:46.24
	32.963 (32.963)	1:45.890 (1:12.928)	2:59.225 (1:13.335)
	4:12.733 (1:13.508)	5:25.559 (1:12.827)	6:38.111 (1:12.553)
	7:50.970 (1:12.859)	9:03.204 (1:12.234)	10:14.125 (1:10.922)
	11:22.858 (1:08.733)	12:31.775 (1:08.918)	13:39.609 (1:07.834)
	14:46.234 (1:06.625)		

Finals ... (Men 5000 Meter Run)

Name	School	Finals
2	Martin, Brandon	Emmanuel (Ga 14:54.07
	34.573 (34.573)	1:48.664 (1:14.092)
	4:13.229 (1:12.423)	5:25.298 (1:12.069)
	7:51.273 (1:13.437)	9:03.465 (1:12.193)
	11:23.386 (1:09.515)	12:34.793 (1:11.407)
	14:54.070 (1:06.910)	13:47.160 (1:12.368)
3	Kopmels, Cas	Mount Olive 14:55.18
	34.064 (34.064)	1:46.135 (1:12.072)
	4:13.011 (1:13.485)	5:26.041 (1:13.030)
	7:52.075 (1:13.497)	9:03.933 (1:11.858)
	11:26.260 (1:11.048)	12:38.474 (1:12.214)
	14:55.175 (1:05.150)	13:50.025 (1:11.552)
4	Hernandez, Demarco	Emmanuel (Ga 14:56.63
	34.674 (34.674)	1:49.305 (1:14.632)
	4:13.461 (1:12.744)	5:26.280 (1:12.819)
	7:50.690 (1:12.497)	9:02.948 (1:12.258)
	11:27.774 (1:12.237)	12:39.601 (1:11.828)
	14:56.624 (1:06.228)	13:50.396 (1:10.795)
5	Levy, Hunter	Unc Pembroke 15:12.74
	36.756 (36.756)	1:50.041 (1:13.285)
	4:14.429 (1:12.205)	5:27.585 (1:13.157)
	7:53.368 (1:12.809)	9:07.765 (1:14.398)
	11:31.966 (1:12.105)	12:45.301 (1:13.335)
	15:12.740 (1:11.745)	14:00.995 (1:15.694)
6	Stephens, Griffin	Emmanuel (Ga 15:18.49
	34.964 (34.964)	1:49.131 (1:14.168)
	4:13.839 (1:12.780)	5:26.976 (1:13.138)
	7:53.126 (1:13.758)	9:07.171 (1:14.045)
	11:37.868 (1:15.717)	12:53.391 (1:15.524)
	15:18.490 (1:09.979)	14:08.511 (1:15.120)
7	Robertson, Jordan	Emmanuel (Ga 15:19.79
	34.706 (34.706)	1:48.844 (1:14.138)
	4:13.653 (1:12.737)	5:26.601 (1:12.949)
	7:52.459 (1:13.635)	9:05.578 (1:13.119)
	11:33.979 (1:14.819)	12:50.315 (1:16.337)
	15:19.789 (1:12.822)	14:06.968 (1:16.653)
8	Hernandez-Perez, Luis	Mount Olive 15:35.67
	35.760 (35.760)	1:48.971 (1:13.212)
	4:13.899 (1:12.527)	5:26.851 (1:12.953)
	7:52.848 (1:13.732)	9:07.505 (1:14.658)
	11:41.253 (1:17.338)	12:59.340 (1:18.088)
	15:35.668 (1:17.390)	14:18.278 (1:18.938)
9	Lee, Cameron	Mount Olive 15:39.24
	35.543 (35.543)	1:49.560 (1:14.018)
	4:14.883 (1:12.922)	5:28.778 (1:13.895)
	7:59.705 (1:15.665)	9:15.585 (1:15.880)
	11:50.346 (1:17.697)	13:08.735 (1:18.389)
	15:39.234 (1:12.952)	14:26.283 (1:17.548)
10	Phieffer, Jack	Unc Pembroke 15:41.90
	35.994 (35.994)	1:49.778 (1:13.784)
	4:14.141 (1:12.547)	5:27.313 (1:13.172)
	7:58.449 (1:17.648)	9:16.178 (1:17.729)
	11:52.100 (1:18.235)	13:11.013 (1:18.913)
	15:41.894 (1:12.560)	14:29.334 (1:18.322)

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11	Holcombe, Jacob	North Greenv	15:49.21
	36.851 (36.851)	1:52.378 (1:15.528)	3:08.150 (1:15.772)
	4:23.650 (1:15.500)	5:39.046 (1:15.397)	6:55.170 (1:16.124)
	8:11.827 (1:16.658)	9:31.000 (1:19.173)	10:48.981 (1:17.982)
	12:07.921 (1:18.940)	13:27.016 (1:19.095)	14:40.962 (1:13.947)
	15:49.208 (1:08.247)		
12	Burkhart, Delsin	Unc Pembroke	15:49.59
	35.829 (35.829)	1:50.848 (1:15.019)	3:04.268 (1:13.420)
	4:18.669 (1:14.402)	5:35.926 (1:17.258)	6:53.138 (1:17.212)
	8:10.111 (1:16.974)	9:27.860 (1:17.749)	10:45.140 (1:17.280)
	12:04.698 (1:19.558)	13:23.349 (1:18.652)	14:40.900 (1:17.552)
	15:49.584 (1:08.684)		
13	Junker, Norman	Unc Pembroke	15:54.39
	37.039 (37.039)	1:50.573 (1:13.534)	3:02.469 (1:11.897)
	4:15.149 (1:12.680)	5:29.025 (1:13.877)	6:43.011 (1:13.987)
	7:58.716 (1:15.705)	9:16.606 (1:17.890)	10:35.513 (1:18.907)
	11:55.465 (1:19.953)	13:17.319 (1:21.854)	14:38.084 (1:20.765)
	15:54.388 (1:16.304)		
14	Macagg, Thomas	Southern Wes	15:57.29
	35.023 (35.023)	1:48.806 (1:13.783)	3:04.200 (1:15.394)
	4:20.060 (1:15.860)	5:36.580 (1:16.520)	6:52.883 (1:16.304)
	8:12.158 (1:19.275)	9:30.587 (1:18.429)	10:49.078 (1:18.492)
	12:07.658 (1:18.580)	13:28.060 (1:20.402)	14:46.311 (1:18.252)
	15:57.290 (1:10.979)		
15	Lynch, Samuel	Belmont Abbe	16:06.36
	35.340 (35.340)	1:49.845 (1:14.505)	3:04.992 (1:15.148)
	4:21.220 (1:16.228)	5:37.176 (1:15.957)	6:54.932 (1:17.757)
	8:12.801 (1:17.869)	9:30.765 (1:17.964)	10:49.590 (1:18.825)
	12:09.725 (1:20.135)	13:32.530 (1:22.805)	14:52.857 (1:20.328)
	16:06.355 (1:13.498)		
16	Knott, Zachary	Belmont Abbe	16:06.46
	36.494 (36.494)	1:49.695 (1:13.202)	3:02.126 (1:12.432)
	4:14.370 (1:12.244)	5:28.231 (1:13.862)	6:43.470 (1:15.239)
	8:03.691 (1:20.222)	9:24.565 (1:20.874)	10:45.554 (1:20.989)
	12:05.519 (1:19.965)	13:28.121 (1:22.603)	14:49.278 (1:21.157)
	16:06.455 (1:17.178)		
17	Sanders, Mason	King	16:13.00
	35.505 (35.505)	1:50.922 (1:15.418)	3:05.773 (1:14.852)
	4:20.981 (1:15.208)	5:36.911 (1:15.930)	6:55.691 (1:18.780)
	8:13.307 (1:17.617)	9:32.378 (1:19.072)	10:52.635 (1:20.257)
	12:12.906 (1:20.272)	13:35.990 (1:23.084)	14:57.380 (1:21.390)
	16:12.991 (1:15.612)		
18	Goode, Hayden	North Greenv	16:15.28
	36.114 (36.114)	1:50.364 (1:14.250)	3:03.828 (1:13.464)
	4:19.034 (1:15.207)	5:35.675 (1:16.642)	6:54.486 (1:18.812)
	8:14.168 (1:19.682)	9:34.795 (1:20.628)	10:55.001 (1:20.207)
	12:16.296 (1:21.295)	13:38.831 (1:22.535)	14:59.384 (1:20.553)
	16:15.273 (1:15.889)		
19	Geckler, Max	Lees-McRae	16:20.81
	37.369 (37.369)	1:52.169 (1:14.800)	3:07.289 (1:15.120)
	4:22.740 (1:15.452)	5:40.801 (1:18.062)	6:59.680 (1:18.879)
	8:19.886 (1:20.207)	9:41.491 (1:21.605)	11:02.980 (1:21.489)
	12:23.053 (1:20.073)	13:45.478 (1:22.425)	15:06.611 (1:21.134)
	16:20.810 (1:14.199)		

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Results

Finals ... (Men 5000 Meter Run)

	Name	School	Finals
20	Kelbert, Ian	Lees-McRae	16:26.57
	35.237 (35.237)	1:49.643 (1:14.407)	3:04.945 (1:15.302)
	4:19.660 (1:14.715)	5:36.735 (1:17.075)	6:55.512 (1:18.778)
	8:14.557 (1:19.045)	9:36.315 (1:21.758)	10:58.461 (1:22.147)
	12:21.802 (1:23.342)	13:45.986 (1:24.184)	15:08.588 (1:22.603)
	16:26.570 (1:17.982)		
21	Tsegay, Aman	Mount Olive	16:29.96
	36.328 (36.328)	1:49.908 (1:13.580)	3:02.035 (1:12.128)
	4:14.958 (1:12.923)	5:28.744 (1:13.787)	6:48.798 (1:20.054)
	8:11.801 (1:23.004)	9:34.968 (1:23.167)	10:58.581 (1:23.614)
	12:23.084 (1:24.503)	13:46.900 (1:23.817)	15:10.444 (1:23.544)
	16:29.951 (1:19.508)		
22	Villafranco, Richard	Mount Olive	16:30.13
	34.873 (34.873)	1:50.638 (1:15.765)	3:06.667 (1:16.029)
	4:23.077 (1:16.410)	5:40.562 (1:17.485)	7:02.195 (1:21.633)
	8:24.435 (1:22.240)	9:46.343 (1:21.909)	11:08.460 (1:22.117)
	12:31.845 (1:23.385)	13:53.796 (1:21.952)	15:14.916 (1:21.120)
	16:30.122 (1:15.207)		
23	Ormsby, Ean	Unc Pembroke	16:31.28
	37.431 (37.431)	1:51.818 (1:14.387)	3:07.759 (1:15.942)
	4:25.843 (1:18.084)	5:44.595 (1:18.753)	7:04.531 (1:19.937)
	8:24.635 (1:20.104)	9:44.991 (1:20.357)	11:05.790 (1:20.799)
	12:26.954 (1:21.164)	13:49.426 (1:22.473)	15:12.190 (1:22.764)
	16:31.275 (1:19.085)		
24	Marshall, Justin	Barton	16:35.08
	34.253 (34.253)	1:47.527 (1:13.274)	3:02.990 (1:15.463)
	4:19.498 (1:16.509)	5:37.607 (1:18.109)	6:56.207 (1:18.600)
	8:16.878 (1:20.672)	9:37.662 (1:20.784)	11:05.283 (1:27.622)
	12:32.126 (1:26.843)	13:56.327 (1:24.202)	15:20.093 (1:23.767)
	16:35.076 (1:14.983)		
25	Coffman, Dominic	Belmont Abbe	16:41.98
	36.317 (36.317)	1:51.526 (1:15.209)	3:07.580 (1:16.054)
	4:24.326 (1:16.747)	5:42.270 (1:17.944)	7:01.521 (1:19.252)
	8:23.492 (1:21.972)	9:45.681 (1:22.189)	11:08.703 (1:23.023)
	12:32.382 (1:23.679)	13:55.815 (1:23.433)	15:20.936 (1:25.122)
	16:41.975 (1:21.039)		
26	Booher, Josh	King	16:47.05
	34.543 (34.543)	1:48.548 (1:14.005)	3:04.621 (1:16.073)
	4:20.441 (1:15.820)	5:36.863 (1:16.423)	6:55.956 (1:19.093)
	8:18.062 (1:22.107)	9:43.403 (1:25.342)	11:08.080 (1:24.677)
	12:31.640 (1:23.560)	13:59.816 (1:28.177)	15:29.266 (1:29.450)
	16:47.041 (1:17.775)		
27	Rios Brena, Luis	Converse	16:47.77
	36.058 (36.058)	1:52.168 (1:16.110)	3:08.051 (1:15.883)
	4:23.781 (1:15.730)	5:41.378 (1:17.598)	6:59.841 (1:18.463)
	8:20.623 (1:20.783)	9:43.138 (1:22.515)	11:07.503 (1:24.365)
	12:33.725 (1:26.222)	14:02.477 (1:28.753)	15:29.315 (1:26.838)
	16:47.767 (1:18.453)		
28	Wunder, Elliot	Belmont Abbe	16:51.66
	38.506 (38.506)	1:56.991 (1:18.485)	3:15.176 (1:18.185)
	4:31.832 (1:16.657)	5:51.395 (1:19.563)	7:11.793 (1:20.399)
	8:33.611 (1:21.818)	9:55.821 (1:22.210)	11:21.891 (1:26.070)
	12:48.117 (1:26.227)	14:13.817 (1:25.700)	15:35.818 (1:22.002)
	16:51.657 (1:15.839)		

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Results

29	Pierce, Brennan	Lees-McRae	16:57.79
	35.380 (35.380)	1:50.185 (1:14.805)	3:05.922 (1:15.738)
	4:22.823 (1:16.902)	5:42.007 (1:19.184)	7:01.868 (1:19.862)
	8:24.943 (1:23.075)	9:49.656 (1:24.713)	11:15.421 (1:25.765)
	12:41.638 (1:26.218)	14:10.570 (1:28.932)	15:35.977 (1:25.408)
	16:57.783 (1:21.807)		
30	Gilbride, Aidan	Mount Olive	17:15.25
	36.690 (36.690)	1:53.115 (1:16.425)	3:15.938 (1:22.823)
	4:39.709 (1:23.772)	6:03.174 (1:23.465)	7:24.438 (1:21.264)
	8:45.306 (1:20.869)	10:09.446 (1:24.140)	11:37.076 (1:27.630)
	13:05.400 (1:28.324)	14:32.943 (1:27.543)	15:59.520 (1:26.578)
	17:15.244 (1:15.724)		
31	Sause, Brian	Belmont Abbe	17:20.67
	38.137 (38.137)	1:56.062 (1:17.925)	3:15.123 (1:19.062)
	4:35.487 (1:20.364)	5:55.418 (1:19.932)	7:19.187 (1:23.769)
	8:42.457 (1:23.270)	10:08.086 (1:25.629)	11:35.601 (1:27.515)
	13:03.861 (1:28.260)	14:32.797 (1:28.937)	16:01.898 (1:29.102)
	17:20.667 (1:18.769)		
32	Baird, Jack	Belmont Abbe	17:28.69
	36.675 (36.675)	1:56.371 (1:19.697)	3:17.661 (1:21.290)
	4:40.528 (1:22.868)	6:04.928 (1:24.400)	7:30.637 (1:25.709)
	8:56.757 (1:26.120)	10:22.506 (1:25.749)	11:49.001 (1:26.495)
	13:17.048 (1:28.048)	14:46.020 (1:28.972)	16:13.710 (1:27.690)
	17:28.686 (1:14.977)		
33	Berrios, Nick	Belmont Abbe	17:38.84
	34.782 (34.782)	1:49.000 (1:14.218)	3:03.728 (1:14.729)
	4:19.932 (1:16.204)	5:35.393 (1:15.462)	6:51.873 (1:16.480)
	8:13.092 (1:21.219)	9:37.861 (1:24.769)	11:08.503 (1:30.643)
	12:42.211 (1:33.708)	14:19.181 (1:36.970)	15:56.221 (1:37.040)
	17:38.837 (1:42.617)		
34	Nunez, Jonathan	Converse	17:48.19
	36.107 (36.107)	1:54.346 (1:18.239)	3:14.316 (1:19.970)
	4:33.261 (1:18.945)	5:58.245 (1:24.984)	7:26.205 (1:27.960)
	8:57.677 (1:31.473)	10:29.317 (1:31.640)	12:02.301 (1:32.984)
	13:34.110 (1:31.809)	15:05.668 (1:31.559)	16:31.317 (1:25.649)
	17:48.185 (1:16.868)		
35	Ferguson, Damihj'e	Converse	17:49.27
	37.557 (37.557)	1:57.735 (1:20.178)	3:19.927 (1:22.193)
	4:44.972 (1:25.045)	6:12.521 (1:27.549)	7:41.242 (1:28.722)
	9:10.757 (1:29.515)	10:38.330 (1:27.573)	12:06.438 (1:28.109)
	13:35.332 (1:28.894)	15:05.288 (1:29.957)	16:32.766 (1:27.478)
	17:49.267 (1:16.502)		
36	Hernandez, Jose	Belmont Abbe	18:21.25
	37.025 (37.025)	1:51.685 (1:14.660)	3:10.149 (1:18.464)
	4:34.566 (1:24.418)	6:01.234 (1:26.668)	7:24.669 (1:23.435)
	8:49.658 (1:24.989)	10:23.589 (1:33.932)	11:57.145 (1:33.557)
	13:31.979 (1:34.834)	15:09.703 (1:37.724)	16:45.039 (1:35.337)
	18:21.245 (1:36.207)		
37	Casey, Adam	Barton	18:21.25
	36.883 (36.883)	1:56.616 (1:19.733)	3:15.728 (1:19.113)
	4:38.793 (1:23.065)	6:03.891 (1:25.098)	7:32.491 (1:28.600)
	9:02.930 (1:30.439)	10:35.163 (1:32.234)	12:08.745 (1:33.582)
	13:43.387 (1:34.643)	15:17.391 (1:34.004)	16:49.787 (1:32.397)
	18:21.248 (1:31.462)		

Men 10000 Meter Run

Name	School	Finals
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Finals

1	Chepkesor, Joshua	Unc Pembroke	30:12.33
	1:13.817 (1:13.817)	2:29.849 (1:16.032)	3:45.179 (1:15.330)
	4:59.865 (1:14.687)	6:12.180 (1:12.315)	7:24.651 (1:12.472)
	8:36.902 (1:12.252)	9:49.700 (1:12.798)	11:02.452 (1:12.753)
	12:14.394 (1:11.942)	13:25.900 (1:11.507)	14:37.764 (1:11.865)
	15:49.891 (1:12.128)	17:01.963 (1:12.072)	18:13.889 (1:11.926)
	19:26.157 (1:12.269)	20:38.517 (1:12.360)	21:50.849 (1:12.332)
	23:02.477 (1:11.629)	24:14.683 (1:12.206)	
	26:38.657 (1:12.818)	27:52.031 (1:13.375)	29:04.643 (1:12.612)
	30:12.326 (1:07.683)		
2	Kopmels, Cas	Mount Olive	31:31.62
	1:14.906 (1:14.906)	2:31.829 (1:16.923)	3:47.821 (1:15.993)
	5:03.764 (1:15.943)	6:19.997 (1:16.234)	7:37.272 (1:17.275)
	8:53.427 (1:16.155)	10:10.114 (1:16.687)	11:27.139 (1:17.025)
	12:44.310 (1:17.172)	14:01.407 (1:17.098)	15:18.216 (1:16.809)
	16:32.916 (1:14.700)	17:47.923 (1:15.008)	19:04.046 (1:16.123)
	20:22.474 (1:18.429)	21:38.986 (1:16.512)	22:54.957 (1:15.972)
	24:10.837 (1:15.880)	25:26.723 (1:15.886)	
	27:52.517 (1:10.415)	29:05.677 (1:13.160)	30:19.760 (1:14.083)
	31:31.617 (1:11.858)		
3	Levy, Hunter	Unc Pembroke	31:32.73
	1:15.575 (1:15.575)	2:32.477 (1:16.903)	3:48.417 (1:15.940)
	5:04.307 (1:15.890)	6:20.754 (1:16.447)	7:37.829 (1:17.075)
	8:54.164 (1:16.335)	10:10.687 (1:16.524)	11:27.471 (1:16.784)
	12:44.776 (1:17.305)	14:00.970 (1:16.195)	15:18.073 (1:17.103)
	16:33.403 (1:15.330)	17:48.400 (1:14.998)	19:04.489 (1:16.089)
	20:22.931 (1:18.443)	21:39.500 (1:16.569)	22:55.420 (1:15.920)
	24:11.329 (1:15.909)	25:27.177 (1:15.849)	
	27:54.774 (1:12.743)	29:10.751 (1:15.978)	30:29.254 (1:18.503)
	31:32.723 (1:03.469)		
4	Hernandez-Perez, Luis	Mount Olive	31:33.07
	1:15.241 (1:15.241)	2:32.249 (1:17.008)	3:48.056 (1:15.808)
	5:03.979 (1:15.923)	6:20.284 (1:16.305)	7:37.522 (1:17.239)
	8:53.677 (1:16.155)	10:10.281 (1:16.604)	11:27.372 (1:17.092)
	12:44.523 (1:17.151)	14:01.683 (1:17.160)	15:18.440 (1:16.758)
	16:33.194 (1:14.755)	17:48.163 (1:14.969)	19:04.206 (1:16.043)
	20:22.640 (1:18.435)	21:39.243 (1:16.603)	22:55.154 (1:15.912)
	24:11.109 (1:15.955)	25:26.906 (1:15.798)	
	27:55.129 (1:12.686)	29:11.014 (1:15.886)	30:29.497 (1:18.483)
	31:33.069 (1:03.572)		
5	Lynch, Samuel	Belmont Abbe	32:04.70
	1:15.814 (1:15.814)	2:33.005 (1:17.192)	3:49.162 (1:16.158)
	5:04.734 (1:15.572)	6:21.025 (1:16.292)	7:38.146 (1:17.122)
	8:54.690 (1:16.544)	10:11.219 (1:16.529)	11:27.619 (1:16.400)
	12:44.709 (1:17.090)	14:02.406 (1:17.698)	15:19.899 (1:17.493)
	16:37.400 (1:17.502)	17:55.209 (1:17.809)	19:11.771 (1:16.563)
	20:30.389 (1:18.618)	21:49.249 (1:18.860)	23:08.066 (1:18.818)
	24:27.086 (1:19.020)	25:46.880 (1:19.795)	
	28:22.271 (1:17.506)	29:40.163 (1:17.892)	30:56.571 (1:16.409)
	32:04.697 (1:08.126)		

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Results

6	Goode, Hayden	North Greenv	32:08.82
	1:15.384 (1:15.384)	2:32.549 (1:17.165)	3:48.642 (1:16.094)
	5:03.877 (1:15.235)	6:20.051 (1:16.174)	7:37.335 (1:17.284)
	8:53.995 (1:16.660)	10:10.475 (1:16.480)	11:27.230 (1:16.755)
	12:44.416 (1:17.186)	14:01.907 (1:17.492)	15:18.879 (1:16.972)
	16:35.016 (1:16.138)	17:51.983 (1:16.968)	19:08.983 (1:17.000)
	20:26.266 (1:17.283)	21:44.586 (1:18.320)	23:04.849 (1:20.263)
	24:26.009 (1:21.160)	25:47.131 (1:21.123)	
	28:26.477 (1:19.946)	29:44.400 (1:17.923)	31:01.791 (1:17.392)
	32:08.820 (1:07.029)		
7	Ormsby, Ean	Unc Pembroke	32:09.68
	1:16.387 (1:16.387)	2:33.634 (1:17.247)	3:49.352 (1:15.719)
	5:05.330 (1:15.978)	6:21.847 (1:16.518)	7:38.829 (1:16.982)
	8:55.174 (1:16.345)	10:11.765 (1:16.592)	11:29.219 (1:17.454)
	12:45.667 (1:16.449)	14:02.854 (1:17.188)	15:20.576 (1:17.722)
	16:36.954 (1:16.379)	17:55.497 (1:18.543)	19:12.351 (1:16.855)
	20:30.743 (1:18.392)	21:49.529 (1:18.786)	23:08.651 (1:19.123)
	24:27.897 (1:19.246)	25:46.463 (1:18.566)	
	28:24.843 (1:19.506)	29:43.157 (1:18.315)	31:00.109 (1:16.952)
	32:09.671 (1:09.563)		
8	Andrade-Sosa, Alexander	Emmanuel (Ga	32:10.33
	1:15.116 (1:15.116)	2:32.351 (1:17.235)	3:48.220 (1:15.869)
	5:04.212 (1:15.993)	6:20.550 (1:16.338)	7:37.632 (1:17.083)
	8:53.841 (1:16.209)	10:10.334 (1:16.493)	11:27.022 (1:16.689)
	12:43.304 (1:16.282)	14:00.867 (1:17.563)	15:18.667 (1:17.800)
	16:33.737 (1:15.070)	17:48.946 (1:15.209)	19:06.346 (1:17.400)
	20:24.800 (1:18.455)	21:44.811 (1:20.012)	23:05.097 (1:20.286)
	24:24.983 (1:19.886)	25:47.189 (1:22.206)	
	28:27.729 (1:19.803)	29:46.543 (1:18.815)	31:01.369 (1:14.826)
	32:10.323 (1:08.955)		
9	Lee, Cameron	Mount Olive	32:32.24
	1:15.049 (1:15.049)	2:32.176 (1:17.128)	3:48.236 (1:16.060)
	5:04.069 (1:15.833)	6:20.471 (1:16.403)	7:37.680 (1:17.209)
	8:53.859 (1:16.179)	10:11.070 (1:17.212)	11:28.964 (1:17.894)
	12:46.619 (1:17.655)	14:04.763 (1:18.145)	15:23.541 (1:18.779)
	16:43.603 (1:20.062)	18:03.494 (1:19.892)	19:24.100 (1:20.606)
	20:44.394 (1:20.295)	22:03.129 (1:18.735)	23:20.794 (1:17.666)
	24:38.843 (1:18.049)	25:57.883 (1:19.040)	
	28:35.957 (1:19.592)	29:56.217 (1:20.260)	31:16.300 (1:20.083)
	32:32.231 (1:15.932)		
10	Booher, Josh	King	32:38.33
	1:15.996 (1:15.996)	2:33.359 (1:17.363)	3:48.966 (1:15.608)
	5:04.809 (1:15.843)	6:21.335 (1:16.527)	7:38.359 (1:17.024)
	8:54.910 (1:16.552)	10:11.451 (1:16.542)	11:27.939 (1:16.488)
	12:44.953 (1:17.015)	14:02.056 (1:17.103)	15:19.479 (1:17.423)
	16:33.937 (1:14.459)	17:51.031 (1:17.095)	19:09.683 (1:18.652)
	20:30.617 (1:20.935)	21:49.886 (1:19.269)	23:09.623 (1:19.738)
	24:32.860 (1:23.238)	25:55.046 (1:22.186)	
	28:38.031 (1:21.472)	30:00.986 (1:22.955)	31:23.660 (1:22.675)
	32:38.326 (1:14.666)		

Finals ... (Men 10000 Meter Run)

	Name	School	Finals
11	Knott, Zachary	Belmont Abbe	32:50.65
	1:15.725 (1:15.725)	2:32.886 (1:17.162)	3:48.916 (1:16.030)
	5:04.660 (1:15.744)	6:21.181 (1:16.522)	7:38.400 (1:17.219)
	8:54.572 (1:16.173)	10:11.136 (1:16.564)	11:27.732 (1:16.597)
	12:45.189 (1:17.457)	14:02.226 (1:17.038)	15:19.141 (1:16.916)
	16:35.179 (1:16.038)	17:52.274 (1:17.096)	19:09.317 (1:17.043)
	20:26.700 (1:17.383)	21:44.220 (1:17.520)	23:04.357 (1:20.138)
	24:24.323 (1:19.966)	25:45.174 (1:20.852)	
	28:29.466 (1:24.998)	29:58.834 (1:29.369)	31:25.974 (1:27.140)
	32:50.649 (1:24.675)		
12	Junker, Norman	Unc Pembroke	32:56.40
	1:14.210 (1:14.210)	2:30.566 (1:16.357)	3:45.449 (1:14.883)
	5:00.617 (1:15.169)	6:14.811 (1:14.194)	7:30.305 (1:15.494)
	8:46.370 (1:16.065)	10:03.037 (1:16.668)	11:20.279 (1:17.242)
	12:37.734 (1:17.455)	13:55.313 (1:17.580)	15:14.263 (1:18.950)
	16:34.190 (1:19.928)	17:53.737 (1:19.548)	19:12.711 (1:18.975)
	20:33.997 (1:21.286)	21:57.469 (1:23.472)	23:20.894 (1:23.426)
	24:44.997 (1:24.103)	26:08.383 (1:23.386)	
	28:54.374 (1:22.829)	30:17.277 (1:22.903)	31:38.526 (1:21.249)
	32:56.391 (1:17.866)		
13	Kelbert, Ian	Lees-McRae	33:02.11
	1:15.972 (1:15.972)	2:33.162 (1:17.190)	3:48.687 (1:15.525)
	5:04.524 (1:15.837)	6:20.921 (1:16.398)	7:38.021 (1:17.100)
	8:54.402 (1:16.382)	10:10.954 (1:16.552)	11:28.796 (1:17.843)
	12:48.466 (1:19.670)	14:09.347 (1:20.882)	15:29.857 (1:20.510)
	16:50.649 (1:20.792)	18:10.877 (1:20.229)	19:32.714 (1:21.838)
	20:54.006 (1:21.292)	22:14.797 (1:20.792)	23:35.791 (1:20.995)
	24:56.600 (1:20.809)	26:18.526 (1:21.926)	
	29:02.603 (1:21.703)	30:24.914 (1:22.312)	31:46.526 (1:21.612)
	33:02.106 (1:15.580)		
14	Berrios, Nick	Belmont Abbe	33:13.74
	1:16.254 (1:16.254)	2:33.819 (1:17.565)	3:49.674 (1:15.855)
	5:05.117 (1:15.444)	6:21.591 (1:16.474)	7:38.554 (1:16.963)
	8:55.274 (1:16.720)	10:11.419 (1:16.145)	11:28.312 (1:16.894)
	12:45.247 (1:16.935)	14:02.791 (1:17.545)	15:20.293 (1:17.502)
	16:38.254 (1:17.962)	17:59.163 (1:20.909)	19:22.257 (1:23.095)
	20:45.449 (1:23.192)	22:08.114 (1:22.666)	23:29.603 (1:21.489)
	24:53.577 (1:23.975)	26:18.151 (1:24.575)	
	29:08.814 (1:24.695)	30:33.337 (1:24.523)	31:54.780 (1:21.443)
	33:13.734 (1:18.955)		
15	Shelton, Peyton	Southern Wes	33:30.09
	1:16.139 (1:16.139)	2:33.394 (1:17.255)	3:49.212 (1:15.819)
	5:05.060 (1:15.848)	6:21.470 (1:16.410)	7:38.650 (1:17.180)
	8:55.719 (1:17.069)	10:13.774 (1:18.055)	11:33.434 (1:19.660)
	12:55.739 (1:22.305)	14:18.706 (1:22.968)	15:41.116 (1:22.410)
	17:03.237 (1:22.122)	18:26.657 (1:23.420)	19:49.497 (1:22.840)
	21:10.537 (1:21.040)	22:33.600 (1:23.063)	23:54.989 (1:21.389)
	25:17.609 (1:22.620)	26:40.003 (1:22.395)	
	29:25.917 (1:24.098)	30:48.949 (1:23.032)	32:11.180 (1:22.232)
	33:30.086 (1:18.906)		

Conference Carolinas - 4/30/2022

University of Mount Olive

Results

16	Tsegay, Aman	Mount Olive	33:36.12
	1:15.447 (1:15.447)	2:32.755 (1:17.308)	3:48.500 (1:15.745)
	5:04.374 (1:15.874)	6:20.539 (1:16.165)	7:37.905 (1:17.367)
	8:53.824 (1:15.919)	10:10.782 (1:16.959)	11:29.531 (1:18.749)
	12:48.069 (1:18.538)	14:08.656 (1:20.588)	15:30.703 (1:22.048)
	16:53.146 (1:22.443)	18:15.800 (1:22.655)	19:43.214 (1:27.415)
	21:08.640 (1:25.426)	22:31.623 (1:22.983)	23:53.749 (1:22.126)
	25:15.674 (1:21.926)	26:38.509 (1:22.835)	
	29:26.934 (1:24.932)	30:51.329 (1:24.395)	32:15.309 (1:23.980)
	33:36.111 (1:20.803)		
17	Geckler, Max	Lees-McRae	33:59.42
	1:16.305 (1:16.305)	2:32.616 (1:16.312)	3:48.392 (1:15.777)
	5:04.176 (1:15.784)	6:19.520 (1:15.344)	7:36.224 (1:16.704)
	8:55.031 (1:18.808)	10:13.297 (1:18.267)	11:30.599 (1:17.302)
	12:51.194 (1:20.596)	14:12.971 (1:21.778)	15:35.443 (1:22.472)
	16:57.689 (1:22.246)	18:21.529 (1:23.840)	19:45.514 (1:23.986)
	21:08.269 (1:22.755)	22:32.029 (1:23.760)	23:58.420 (1:26.392)
	25:26.769 (1:28.349)	26:55.917 (1:29.149)	
	29:45.211 (1:26.855)	31:14.106 (1:28.895)	32:40.397 (1:26.292)
	33:59.417 (1:19.020)		
18	Meadows, Joshua	Erskine	34:16.38
	1:18.754 (1:18.754)	2:38.116 (1:19.363)	3:59.284 (1:21.168)
	5:20.937 (1:21.654)	6:43.330 (1:22.393)	8:04.604 (1:21.274)
	9:27.245 (1:22.642)	10:50.296 (1:23.052)	12:12.225 (1:21.929)
	13:35.121 (1:22.897)	14:56.991 (1:21.870)	16:19.097 (1:22.106)
	17:41.651 (1:22.555)	19:03.034 (1:21.383)	20:26.469 (1:23.435)
	21:48.880 (1:22.412)	23:10.557 (1:21.678)	24:33.280 (1:22.723)
	25:56.506 (1:23.226)	27:21.083 (1:24.578)	
	30:09.217 (1:24.369)	31:33.211 (1:23.995)	32:58.260 (1:25.049)
	34:16.374 (1:18.115)		
19	Heath, Matthew	North Greenv	34:38.26
	1:16.706 (1:16.706)	2:34.427 (1:17.722)	3:51.562 (1:17.135)
	5:10.814 (1:19.252)	6:31.114 (1:20.300)	7:52.890 (1:21.777)
	9:15.127 (1:22.238)	10:36.324 (1:21.197)	12:00.426 (1:24.103)
	13:24.231 (1:23.806)	14:47.421 (1:23.190)	16:13.906 (1:26.485)
	17:38.914 (1:25.009)	19:03.586 (1:24.672)	20:28.151 (1:24.566)
	21:48.509 (1:20.358)	23:11.409 (1:22.900)	24:37.866 (1:26.458)
	26:06.097 (1:28.232)	27:34.480 (1:28.383)	
	30:26.283 (1:27.452)	31:53.366 (1:27.083)	33:18.540 (1:25.175)
	34:38.251 (1:19.712)		
20	Wright, Zac	Emmanuel (Ga	34:57.97
	1:19.465 (1:19.465)	2:42.895 (1:23.430)	4:07.666 (1:24.772)
	5:33.464 (1:25.798)	7:00.852 (1:27.389)	8:27.975 (1:27.123)
	9:54.267 (1:26.293)	11:20.299 (1:26.032)	12:44.359 (1:24.060)
	14:09.040 (1:24.682)	15:34.000 (1:24.960)	16:59.217 (1:25.218)
	18:23.006 (1:23.789)	19:46.586 (1:23.580)	21:11.149 (1:24.563)
	22:33.846 (1:22.698)	23:55.911 (1:22.066)	25:18.866 (1:22.955)
	26:41.480 (1:22.615)	28:05.026 (1:23.546)	
	30:54.974 (1:25.138)	32:18.469 (1:23.495)	33:40.963 (1:22.495)
	34:57.966 (1:17.003)		

Finals ... (Men 1000 Meter Run)

	Name	School	Finals
21	Davis, Ethan	Belmont Abbe	35:03.57
	1:17.622 (1:17.622)	2:37.074 (1:19.452)	3:57.921 (1:20.848)
	5:20.496 (1:22.575)	6:43.669 (1:23.173)	8:06.825 (1:23.157)
	9:30.871 (1:24.047)	10:53.471 (1:22.600)	12:16.569 (1:23.098)
	13:40.599 (1:24.030)	15:04.879 (1:24.280)	16:29.131 (1:24.253)
	17:53.126 (1:23.995)	19:15.834 (1:22.709)	20:40.677 (1:24.843)
	22:05.486 (1:24.809)	23:30.726 (1:25.240)	24:57.003 (1:26.278)
	26:23.509 (1:26.506)	27:51.151 (1:27.643)	
	30:45.329 (1:27.675)	32:12.151 (1:26.823)	33:39.266 (1:27.115)
	35:03.569 (1:24.303)		
22	Thomas, Lee	Barton	35:07.44
	1:17.085 (1:17.085)	2:36.804 (1:19.719)	3:57.695 (1:20.892)
	5:20.234 (1:22.539)	6:43.591 (1:23.358)	8:06.639 (1:23.048)
	9:30.770 (1:24.132)	10:54.544 (1:23.774)	12:19.567 (1:25.024)
	13:44.801 (1:25.235)	15:10.243 (1:25.442)	16:35.581 (1:25.339)
	18:00.383 (1:24.802)	19:25.854 (1:25.472)	20:51.446 (1:25.592)
	22:16.706 (1:25.260)	23:43.029 (1:26.323)	25:10.229 (1:27.200)
	26:37.923 (1:27.695)	28:03.911 (1:25.989)	
	30:58.911 (1:27.498)	32:24.826 (1:25.915)	33:50.357 (1:25.532)
	35:07.431 (1:17.075)		
23	Baird, Jack	Belmont Abbe	35:33.42
	1:18.944 (1:18.944)	2:39.942 (1:20.999)	4:03.712 (1:23.770)
	5:27.542 (1:23.830)	6:52.087 (1:24.545)	8:15.946 (1:23.859)
	9:41.395 (1:25.449)	11:08.105 (1:26.710)	12:33.302 (1:25.198)
	13:59.361 (1:26.060)	15:23.011 (1:23.650)	16:47.740 (1:24.729)
	18:12.771 (1:25.032)	19:38.951 (1:26.180)	21:05.269 (1:26.318)
	22:32.440 (1:27.172)	24:00.171 (1:27.732)	25:27.320 (1:27.149)
	26:54.400 (1:27.080)	28:23.489 (1:29.089)	
	31:23.029 (1:29.932)	32:52.197 (1:29.169)	34:19.466 (1:27.269)
	35:33.414 (1:13.949)		
24	Cromer, Landon	Lees-McRae	36:20.06
	1:19.637 (1:19.637)	2:40.710 (1:21.073)	4:03.617 (1:22.908)
	5:27.481 (1:23.864)	6:51.916 (1:24.435)	8:15.996 (1:24.080)
	9:41.362 (1:25.367)	11:08.137 (1:26.775)	12:33.265 (1:25.128)
	13:59.329 (1:26.064)	15:23.169 (1:23.840)	16:47.877 (1:24.709)
	18:16.006 (1:28.129)	19:46.554 (1:30.549)	21:17.697 (1:31.143)
	22:49.151 (1:31.455)	24:19.794 (1:30.643)	25:48.157 (1:28.363)
	27:19.591 (1:31.435)	28:48.849 (1:29.258)	
	31:52.203 (1:30.778)	33:24.089 (1:31.886)	34:55.757 (1:31.669)
	36:20.060 (1:24.303)		

Men 110 Meter Hurdles

	Name	School	Prelims
Preliminaries			
1	Bargaineer, Christian	Lees-McRae	14.98Q+0.0
2	McFerrin, CJ	North Greenv	15.45Q-1.2
3	Martin, Jordan	Mount Olive	15.28q +0.0
4	Durham, Jacques	Barton	15.47q -1.2
5	Gunter, Jeffrey	Unc Pembroke	15.66q -1.2
6	Kohlhagen, Ryan	Belmont Abbe	15.80q +0.0
7	Thomason, Marcus	North Greenv	15.86q -1.2
8	Gunn, Cameron	Belmont Abbe	15.95q +0.0
---	Yeargin, Jamieryon	Converse	FS +0.0

Conference Carolinas - 4/30/2022

University of Mount Olive

Results

--- Cornwell, David Belmont Abbe DNF -1.2

Men 110 Meter Hurdles

Name	School	Finals
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Finals

1	Bargaineer, Christian	Lees-McRae	14.79 1.7
2	Gunter, Jeffrey	Unc Pembroke	15.10 1.7
3	McFerrin, CJ	North Greenv	15.11 1.7
4	Durham, Jacquez	Barton	15.20 1.7
5	Martin, Jordan	Mount Olive	15.20 1.7
6	Thomason, Marcus	North Greenv	15.42 1.7
7	Gunn, Cameron	Belmont Abbe	15.87 1.7
---	Kohlhagen, Ryan	Belmont Abbe	DQ 1.7

Men 400 Meter Hurdles

Name	School	Prelims
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Preliminaries

1	Gunn, Cameron	Belmont Abbe	56.03Q
2	Gunter, Jeffrey	Unc Pembroke	56.33Q
3	Thomason, Marcus	North Greenv	56.38Q
4	Cuthbertson, Gavan	Mount Olive	57.49q
5	McFerrin, CJ	North Greenv	57.78q
6	Barnett, Chandler	North Greenv	58.22q
7	Daniel, Isaiah	Unc Pembroke	58.23q
8	Kohlhagen, Ryan	Belmont Abbe	58.33q
9	Eatmon, Cori	Lees-McRae	58.86
10	Campbell, Josiah	Emmanuel (Ga	59.04
11	Williams, Mark	Unc Pembroke	59.47
12	Gubler, Frank	Belmont Abbe	59.49
13	Dickson, Dane	Southern Wes	59.76
14	Sellers, Joshua	Erskine	59.76
15	Medley, Donald	Converse	1:00.49
16	Holmes, Keith	Lees-McRae	1:00.61
17	Valle, Jezreel	Barton	1:02.74
18	Cornwell, David	Belmont Abbe	1:03.46
19	Aguirre, Roberto	Converse	1:04.23

Men 400 Meter Hurdles

Name	School	Finals
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Finals

1	Thomason, Marcus	North Greenv	54.53
2	Gunter, Jeffrey	Unc Pembroke	55.27
3	Gunn, Cameron	Belmont Abbe	55.92
4	Daniel, Isaiah	Unc Pembroke	57.00
5	Kohlhagen, Ryan	Belmont Abbe	57.04
6	Cuthbertson, Gavan	Mount Olive	57.28
7	McFerrin, CJ	North Greenv	57.77
8	Barnett, Chandler	North Greenv	58.76

Men 3000 Meter Steeplechase

Name	School	Finals
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Finals

1	Holcombe, Jacob	North Greenv	9:25.70
	39.827 (39.827)	1:50.910 (1:11.083)	3:04.469 (1:13.559)
	4:19.512 (1:15.044)	5:36.144 (1:16.632)	6:54.892 (1:18.749)
	8:12.547 (1:17.655)	9:25.696 (1:13.149)	

Conference Carolinas - 4/30/2022

University of Mount Olive

Results

Finals ... (Men 3000 Meter Steeplechase)

Name	School	Finals
2 Sause, Brian	Belmont Abbe	9:36.54
39.515 (39.515)	1:51.769 (1:12.254)	3:06.005 (1:14.237)
4:21.724 (1:15.719)	5:38.927 (1:17.204)	6:58.761 (1:19.834)
8:19.520 (1:20.759)	9:36.532 (1:17.013)	
3 Serbource, Corentin	Erskine	9:39.16
40.306 (40.306)	1:53.932 (1:13.627)	3:09.606 (1:15.674)
4:25.242 (1:15.637)	5:44.060 (1:18.818)	7:04.672 (1:20.613)
8:24.341 (1:19.669)	9:39.152 (1:14.812)	
4 Metcalf, Blaine	King	9:43.13
40.066 (40.066)	1:52.895 (1:12.829)	3:08.731 (1:15.837)
4:26.160 (1:17.429)	5:46.399 (1:20.239)	7:06.522 (1:20.124)
8:27.352 (1:20.830)	9:43.122 (1:15.770)	
5 Nervo, Lucas	Unc Pembroke	9:56.41
39.796 (39.796)	1:51.912 (1:12.117)	3:06.275 (1:14.363)
4:22.932 (1:16.658)	5:42.869 (1:19.937)	7:07.069 (1:24.200)
8:34.171 (1:27.103)	9:56.405 (1:22.234)	
6 Gobin, Reilly	Erskine	10:01.79
40.951 (40.951)	1:57.139 (1:16.188)	3:15.825 (1:18.687)
4:35.111 (1:19.287)	5:56.209 (1:21.098)	7:18.369 (1:22.160)
8:41.564 (1:23.195)	10:01.781 (1:20.218)	
7 Valle, Alec	Unc Pembroke	10:06.09
40.501 (40.501)	1:59.087 (1:18.587)	3:17.764 (1:18.677)
4:38.255 (1:20.492)	5:58.664 (1:20.409)	7:20.612 (1:21.949)
8:43.980 (1:23.368)	10:06.090 (1:22.110)	
8 Wunder, Elliot	Belmont Abbe	10:08.95
43.962 (43.962)	2:01.742 (1:17.780)	3:19.727 (1:17.985)
4:39.727 (1:20.000)	6:00.972 (1:21.245)	7:23.037 (1:22.065)
8:46.922 (1:23.885)	10:08.944 (1:22.022)	
9 Freeman, Rien	Lees-McRae	10:09.82
40.705 (40.705)	1:58.305 (1:17.600)	3:17.409 (1:19.104)
4:37.552 (1:20.144)	5:58.489 (1:20.937)	7:22.292 (1:23.804)
8:49.616 (1:27.324)	10:09.816 (1:20.200)	
10 Adair, Cameron	Lees-McRae	10:15.69
40.161 (40.161)	1:53.476 (1:13.315)	3:10.767 (1:17.292)
4:32.834 (1:22.067)	5:57.007 (1:24.174)	7:23.909 (1:26.902)
8:53.224 (1:29.315)	10:15.689 (1:22.465)	
11 Casteel, Ben	Belmont Abbe	10:30.88
42.732 (42.732)	2:00.507 (1:17.775)	3:20.287 (1:19.780)
4:41.476 (1:21.189)	6:06.791 (1:25.315)	7:35.295 (1:28.504)
9:06.136 (1:30.842)	10:30.872 (1:24.737)	
12 Olmstead, Ashton	Mount Olive	10:32.09
40.599 (40.599)	1:54.854 (1:14.255)	3:13.865 (1:19.012)
4:37.194 (1:23.329)	6:03.590 (1:26.397)	7:33.517 (1:29.928)
9:04.815 (1:31.298)	10:32.090 (1:27.275)	
13 Bierly, Nathanael	Mount Olive	10:35.36
44.652 (44.652)	2:03.455 (1:18.803)	3:24.141 (1:20.687)
4:46.879 (1:22.738)	6:12.805 (1:25.927)	7:39.706 (1:26.902)
9:09.045 (1:29.339)	10:35.359 (1:26.314)	
14 Baird, Thomas	Belmont Abbe	10:55.36
42.951 (42.951)	2:01.710 (1:18.759)	3:23.846 (1:22.137)
4:49.090 (1:25.244)	6:19.327 (1:30.238)	7:53.859 (1:34.532)
9:29.031 (1:35.173)	10:55.359 (1:26.328)	

15 Blackwelder, Gabriel	Unc Pembroke	10:55.45
43.680 (43.680)	2:03.964 (1:20.284)	3:26.951 (1:22.988)
4:54.485 (1:27.534)	6:24.877 (1:30.393)	7:58.601 (1:33.724)
9:32.541 (1:33.940)	10:55.449 (1:22.908)	
16 Frock, Casey	Southern Wes	11:17.54
44.410 (44.410)	2:08.387 (1:23.978)	3:34.485 (1:26.098)
5:03.497 (1:29.013)	6:34.432 (1:30.935)	8:09.457 (1:35.025)
9:46.519 (1:37.062)	11:17.537 (1:31.019)	
17 Allison, Jake	King	11:20.48
43.402 (43.402)	2:06.795 (1:23.393)	3:33.745 (1:26.950)
5:03.987 (1:30.243)	6:38.561 (1:34.574)	8:14.481 (1:35.920)
9:49.829 (1:35.348)	11:20.480 (1:30.652)	
18 Taylor, Bo	North Greenv	12:07.23
45.390 (45.390)	2:16.079 (1:30.689)	3:51.330 (1:35.252)
5:30.460 (1:39.130)	7:12.951 (1:42.492)	8:54.595 (1:41.644)
10:33.139 (1:38.544)	12:07.226 (1:34.088)	
--- Zeis, Logan	Francis Mari	DNF
45.086 (45.086)	2:09.730 (1:24.644)	3:43.227 (1:33.498)
5:21.790 (1:38.563)		

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Unc Pembroke	A	41.28
1) Seger, Javion	2) Baldwin, Caleb	
3) Thomas, Jaidin	4) Morrow, Traxon	
2 Mount Olive	A	41.46
1) Burnette, Justen	2) Walker, Kamari	
3) Kimbrough, Jeremiah	4) Nixon, Andrew	
3 Barton	A	41.64
1) Copper, Justin	2) Summers, Jimere	
3) Burns, Tyler	4) Durham, Jacques	
4 Erskine	A	41.67
1) Ashe, Tim	2) Reed, John Clayton	
3) Dotson, Darius	4) McBride, Kavon	
5 North Greenville	A	41.77
1) McFerrin, CJ	2) Meekins, Jordan	
3) Foster, Royal	4) Lawton, Antavious	
6 Emmanuel (Ga.)	A	41.78
1) Holiday, Jaylin	2) Walker, Blake	
3) Campbell, Josiah	4) Bangura, Sulaimane	
7 Converse	A	42.57
1) Donald, Gerrard	2) Mcfadden, Gavin	
3) Yeargin, Jamieryon	4) Glenn, Ryan	
8 Belmont Abbey	A	43.57
1) Becton, Tyrik	2) Gubler, Frank	
3) Smith, Dalton	4) Coleman, Garison	
9 Southern Wesleyan	A	57.25
1) Dickson, Dane	2) Frock, Casey	
3) Shelton, Peyton	4) Whittle, Chandler	
--- Lees-McRae	A	DNF
1) Nickerson, Jeffery	2) Green, Jayden	
3) Origene, Jean	4) Bargaineer, Christian	

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Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Unc Pembroke	A	3:15.25
1) Almanzar, Ervin	2) Harvey, DaMarr	
3) Stephens, Jamal	4) Mabe, Walker	
47.829 (47.829)	1:37.688 (49.859)	2:27.140 (49.452)
3:15.245 (48.105)		
2 North Greenville	A	3:16.35
1) Thomason, Marcus	2) Meekins, Jordan	
3) McIntyre, Gray	4) Lawton, Antavious	
48.401 (48.401)	1:39.793 (51.392)	2:28.467 (48.674)
3:16.347 (47.880)		
3 Belmont Abbey	A	3:17.81
1) Coleman, Garison	2) Murphy-Redd, Logan	
3) Thierfelder, Thomas	4) Thierfelder, James	
48.788 (48.788)	1:40.039 (51.251)	2:29.951 (49.912)
3:17.807 (47.856)		
4 Mount Olive	A	3:19.83
1) Nixon, Andrew	2) Williams, Corey	
3) Morell, Joshua	4) Walker, Kamari	
47.635 (47.635)	1:40.314 (52.679)	2:30.258 (49.944)
3:19.825 (49.567)		
5 Lees-McRae	A	3:23.83
1) Green, Jayden	2) Nickerson, Jeffery	
3) Ybarra, Andrew	4) Eatmon, Cori	
49.849 (49.849)	1:42.058 (52.209)	2:33.447 (51.389)
3:23.825 (50.379)		
6 Emmanuel (Ga.)	A	3:24.85
1) Barrios, Felipe	2) Hargrove, Ethan	
3) Walker, Blake	4) Campbell, Josiah	
52.894 (52.894)	1:44.657 (51.763)	2:35.970 (51.314)
3:24.847 (48.877)		
7 King	A	3:26.10
1) Henfield, Matthew	2) Metcalf, Blaine	
3) Keith, Jordan	4) Henfield, Clathton	
51.788 (51.788)	1:46.188 (54.400)	2:37.103 (50.915)
3:26.100 (48.998)		
8 Southern Wesleyan	A	3:30.79
1) Blue, Jordan	2) Colas, Ludcheel	
3) Palacios, Konner	4) Meadows, Noah	
51.091 (51.091)	1:45.929 (54.838)	2:39.023 (53.094)
3:30.788 (51.765)		
9 Converse	A	3:32.42
1) Glenn, Ryan	2) Donald, Gerrard	
3) Guyton, DreQuan	4) Mcfadden, Gavin	
52.055 (52.055)	1:47.114 (55.059)	2:40.775 (53.662)
3:32.415 (51.640)		
--- Barton	A	DNF
1) Copper, Justin	2) Eaton, Tucker	
3) Gibbs, Greg	4) Durham, Jacques	
49.234 (49.234)	1:44.225 (54.992)	

Men High Jump

Name	School	Finals
Finals		
1 Gamble, Orlandus	Unc Pembroke	2.02m
2 Burke, Jason	Emmanuel (Ga	1.99m
3 Johnson, Kamden	Mount Olive	J1.99m
4 Lavender, Demonte	Mount Olive	1.94m
5 Whittle, Chandler	Southern Wes	1.89m
6 Mitchell, Jay	Converse	J1.89m
7 Meekins, Jordan	North Greenv	1.84m
8 McCaw, Andrew	Belmont Abbe	J1.84m
9 Worley, Damon	North Greenv	J1.84m
10 Wood, Kevin	Emmanuel (Ga	1.79m
10 Pray, Nykie	Mount Olive	1.79m
12 Henfield, Matthew	King	1.74m
13 Murphy-Redd, Logan	Belmont Abbe	J1.74m
13 Lipscomb, Myke	Unc Pembroke	J1.74m
15 Cornwell, David	Belmont Abbe	1.69m
16 Fontaine, Braxton	Barton	J1.69m
--- Green, Jayden	Lees-McRae	NH
--- Hamlett, Jaleal	Mount Olive	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Smith, Tanner	Mount Olive	4.30m
2 Worley, Damon	North Greenv	4.12m
3 Downey, Quante	Barton	J4.12m
4 Hay, Kelly	Belmont Abbe	4.02m
5 Motes, Evan	Southern Wes	J4.02m
6 Hritz, Ethan	Erskine	3.42m
7 Jolley, Sam	Converse	J3.42m
--- Thomas, Cole	Unc Pembroke	NH
--- Cornwell, David	Belmont Abbe	NH

Men Long Jump

Name	School	Finals
Finals		
1 Meadows, Noah	Southern Wes	7.28m +0.0
2 Henfield, Clathton	King	7.17m +0.0
3 Gamble, Orlandus	Unc Pembroke	7.09m 1.6
4 Johnson, Kamden	Mount Olive	6.98m 0.6
5 Blue, Zion	Unc Pembroke	6.77m +0.0
6 Wood, Kevin	Emmanuel (Ga	6.54m 0.3
7 Kimbrough, Jeremiah	Mount Olive	6.46m +0.0
8 Fontaine, Braxton	Barton	6.40m 1.0
9 Burke, Jason	Emmanuel (Ga	6.36m 0.5
10 Bargaineer, Christian	Lees-McRae	6.33m 0.9
11 Lewis, Kendrick	Unc Pembroke	6.29m 1.0
12 Hamlett, Jaleal	Mount Olive	6.24m +0.0
13 McGee, Adrian	North Greenv	6.23m +0.0
14 Jackson, Elijah	Belmont Abbe	6.20m 0.4
15 Woods, Sam	Southern Wes	6.19m +0.0
16 Elmer, Orrin	Lees-McRae	6.18m +0.0
17 Pray, Nykie	Mount Olive	5.80m +0.0

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Finals ... (Men Long Jump)

Name	School	Finals
18 Smith, Dalton	Belmont Abbe	5.66m 0.6
19 Blue, Jordan	Southern Wes	5.66m 0.4
--- Foster, Royal	North Greenv	FOUL

Men Triple Jump

Name	School	Finals
Finals		
1 Hamlett, Jaleal	Mount Olive	14.06m 0.3
2 Lavender, Demonte	Mount Olive	13.72m 0.4
3 Foster, Royal	North Greenv	13.61m 1.2
4 Bargaineer, Christian	Lees-McRae	13.58m 0.7
5 Whitaker, Andrew	Unc Pembroke	13.57m 0.1
6 Pray, Nykie	Mount Olive	13.44m +0.0
7 Wood, Kevin	Emmanuel (Ga	13.36m 0.1
8 Dotson, Darius	Erskine	13.30m 0.6
9 Walker, Valante	Southern Wes	12.89m 1.7
10 Harris, Alijah	Southern Wes	12.72m +0.0
11 Bunker, David	Unc Pembroke	11.89m 0.9

Men Shot Put

Name	School	Finals
Finals		
1 Faison, Josh	Mount Olive	15.94m
2 Cloud, Nick	Mount Olive	14.95m
3 Oxendine, Bennie	Unc Pembroke	14.18m
4 Walker, Justin	Unc Pembroke	13.92m
5 Miller, Kolin	King	13.54m
6 Wojcuich, Jon	Mount Olive	13.23m
7 Ghee, Chianti	Barton	12.99m
8 Douglas, Cedric	Unc Pembroke	12.96m
9 Tolbert, Dorian	Mount Olive	12.74m
10 Thompson, Manny	Belmont Abbe	12.46m
11 Parker, Tristan	North Greenv	12.32m
12 Smith-Forte, Alex	Mount Olive	12.24m
13 Bradley, Sabastian	Unc Pembroke	12.13m
14 Gordy, Luke	Southern Wes	12.10m
15 Pendergrass, Jonah	North Greenv	11.94m
16 Schuster, James	Belmont Abbe	11.69m
17 Exum, David	Lees-McRae	10.93m
18 Hughes, Benjamin	Lees-McRae	8.63m
19 Huddleston, Cadyn	Emmanuel (Ga	8.17m
--- Crowe, Bailey	North Greenv	FOUL
--- Villarruel, Jose	Belmont Abbe	FOUL

Men Discus Throw

Name	School	Finals
Finals		
1 Faison, Josh	Mount Olive	51.72m
2 Smith-Forte, Alex	Mount Olive	46.50m
3 Tolbert, Dorian	Mount Olive	45.09m
4 Thompson, Manny	Belmont Abbe	42.93m
5 Middleton, Max	Belmont Abbe	42.19m
6 Ghee, Chianti	Barton	42.05m
7 Douglas, Cedric	Unc Pembroke	41.77m

8 Wojcuich, Jon	Mount Olive	41.73m
9 Miller, Kolin	King	41.20m
10 Howard, Ben	Mount Olive	40.45m
11 Walker, Justin	Unc Pembroke	40.07m
12 Marlowe, Greyson	Erskine	39.87m
13 Long, Israel	Mount Olive	39.20m
14 Cloud, Nick	Mount Olive	38.91m
15 Robertson, Jerry	Erskine	38.46m
16 Exum, David	Lees-McRae	38.20m
17 Villarruel, Jose	Belmont Abbe	38.14m
18 Gordy, Luke	Southern Wes	37.31m
19 Oxendine, Bennie	Unc Pembroke	35.20m
20 Pendergrass, Jonah	North Greenv	32.23m
21 Parker, Tristan	North Greenv	31.68m
22 Fontaine, Braxton	Barton	30.59m
23 Crowe, Bailey	North Greenv	30.12m
24 Huddleston, Cadyn	Emmanuel (Ga	30.08m
25 Hughes, Benjamin	Lees-McRae	25.89m

Men Hammer Throw

Name	School	Finals
Finals		
1 Wojcuich, Jon	Mount Olive	60.82m
2 Ghee, Chianti	Barton	55.46m
3 Smith-Forte, Alex	Mount Olive	53.63m
4 Miller, Kolin	King	52.56m
5 Tolbert, Dorian	Mount Olive	49.15m
6 Long, Israel	Mount Olive	48.22m
7 Campbell, Aidan	Southern Wes	45.78m
8 Walker, Gabriel	Erskine	44.90m
9 Howard, Ben	Mount Olive	42.26m
10 Faison, Josh	Mount Olive	41.40m
11 Oxendine, Bennie	Unc Pembroke	40.42m
12 Marlowe, Greyson	Erskine	40.02m
13 Exum, David	Lees-McRae	39.88m
14 Douglas, Cedric	Unc Pembroke	34.41m
15 Walker, Justin	Unc Pembroke	34.24m
--- Fernandez, Calvin	Southern Wes	FOUL

Men Javelin Throw

Name	School	Finals
Finals		
1 Thierfelder, Luke	Belmont Abbe	58.69m
2 Fernandez, Calvin	Southern Wes	58.40m
3 Gordy, Luke	Southern Wes	51.51m
4 Smith, Tanner	Mount Olive	43.58m
5 Hritz, Ethan	Erskine	43.26m
6 Carruth, Dawson	Erskine	42.78m
7 Thompson, Manny	Belmont Abbe	41.09m
8 Ghee, Chianti	Barton	40.60m
9 Rhoades, Sebastian	North Greenv	40.54m
10 Hay, Kelly	Belmont Abbe	39.56m
11 England, Christian	Francis Mari	37.01m
12 Piercy, Spencer	Lees-McRae	36.65m
13 Long, Israel	Mount Olive	35.59m
14 Douglas, Cedric	Unc Pembroke	35.19m

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Finals ... (Men Javelin Throw)

	Name	School	Finals
15	Lopez, Cristobal	Converse	34.51m
16	Bradley, Sabastian	Unc Pembroke	33.92m
17	Oxendine, Bennie	Unc Pembroke	31.23m
18	Holiday, Jaylin	Emmanuel (Ga	30.80m
19	Huddleston, Cadyn	Emmanuel (Ga	30.47m