

## Potomac Falls vs. Stone Bridge - 5/19/2021

## Potomac Falls High School

## Results

**Girls 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Bould, Madison	Potomac Fall	13.93
2 Jack, Veronika	Stone Bridge	14.13
3 Freck, Riley	Potomac Fall	14.49
4 Colwell, Taylor	Potomac Fall	14.71
5 Session, Alayna	Stone Bridge	15.01
6 Shelton, Alexa	Stone Bridge	15.51
7 Peralta, Joseffa	Potomac Fall	15.71
8 Stoute, Aniyah	Stone Bridge	15.73
9 Ortiz, Ana	Potomac Fall	16.17
10 Regan, Beatrix	Potomac Fall	16.22
11 Campbell, Anna-Claire	Potomac Fall	17.18

**Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Colwell, Taylor	Potomac Fall	30.35
2 O'Grady, Cecelia	Potomac Fall	31.39
3 Shelton, Alexa	Stone Bridge	32.96
4 Regan, Beatrix	Potomac Fall	33.67
5 Castor, Sophie	Potomac Fall	33.80
6 Ortiz, Ana	Potomac Fall	34.05
7 Campbell, Anna-Claire	Potomac Fall	36.13

**Girls 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Bould, Madison	Potomac Fall	1:10.58
2 Peralta, Joseffa	Potomac Fall	1:11.52
3 Campbell, Anna-Claire	Potomac Fall	1:20.75

**Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Casler, Sophia	Stone Bridge	2:37.49
2 Sagen, Caroline	Potomac Fall	2:40.63
3 Crichton, Emily	Stone Bridge	2:45.54
4 DeWitt, Zoe	Stone Bridge	2:46.15
5 Olia, Kaitlyn	Potomac Fall	2:48.79
6 Rasinski, Alyssa	Stone Bridge	2:51.54
7 Lefgren, Anna	Stone Bridge	3:01.25

**Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Sagen, Caroline	Potomac Fall	5:42.23
2 Belogay, Izi	Potomac Fall	5:44.58
3 Gay, Christina	Potomac Fall	5:57.19

**Girls 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Belogay, Izi	Potomac Fall	12:29.43

**Girls 100 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Faour, Leila	Potomac Fall	19.48
2 Simpson, Brooke	Potomac Fall	19.54

**Girls 300 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Simpson, Brooke	Potomac Fall	55.19
--- Goldbranson, Kathryn	Potomac Fall	DNF

**Girls 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Potomac Falls	A	54.62
1) Faour, Leila	2) Bould, Madison	
3) Freck, Riley	4) Colwell, Taylor	
--- Stone Bridge	A	DQ
1) O'Neil, Indira	2) Mial, Natalie	
3) Robertson, Lois	4) Callan, Jenna	

**Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Potomac Falls	A	4:53.10
1) Olia, Kaitlyn	2) O'Grady, Cecelia	
3) Faour, Leila	4) Peralta, Joseffa	
--- Potomac Falls	B	X4:56.78
1) Freck, Riley	2) Gay, Christina	
3) Sagen, Caroline	4) Castor, Sophie	

**Girls High Jump**

Name	School	Finals
<b>Finals</b>		
1 Green, Julia	Stone Bridge	4-10.00
2 Mial, Natalie	Stone Bridge	4-06.00
2 Callan, Jenna	Stone Bridge	4-06.00
4 O'Grady, Cecelia	Potomac Fall	4-04.00
--- Annexstad, Catherine	Stone Bridge	NH

**Girls Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Callan, Jenna	Stone Bridge	18-05.00
2 Sandler, Helena	Stone Bridge	17-05.00
3 Simpson, Brooke	Potomac Fall	15-09.00
4 Colwell, Taylor	Potomac Fall	14-09.00
5 Mehta, Tia	Stone Bridge	14-07.00

**Girls Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Sandler, Helena	Stone Bridge	35-03.00
2 Mehta, Tia	Stone Bridge	32-05.00
3 Green, Julia	Stone Bridge	31-09.00

## Potomac Falls vs. Stone Bridge - 5/19/2021

## Potomac Falls High School

## Results

## Girls Shot Put

Name	School	Finals
<b>Finals</b>		
1 Callan, Jenna	Stone Bridge	25-11.00
2 O'Grady, Cecelia	Potomac Fall	25-06.00
3 Stoute, Aniyah	Stone Bridge	23-05.50
4 Regan, Beatrix	Potomac Fall	20-08.00
5 Session, Alayna	Stone Bridge	20-07.00
6 Shelton, Alexa	Stone Bridge	14-10.00
7 Jadhav, Alisha	Stone Bridge	13-09.50

## Girls Discus Throw

Name	School	Finals
<b>Finals</b>		
1 Stoute, Aniyah	Stone Bridge	62-00
2 Shelton, Alexa	Stone Bridge	32-02
3 Session, Alayna	Stone Bridge	28-07
4 Jadhav, Alisha	Stone Bridge	26-10

## Boys 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Galloway, Kyle	Stone Bridge	12.02
2 Dieng, Mamadou	Potomac Fall	12.20
3 Guzman, Armaniz	Potomac Fall	12.28
4 Diehl, Jacob	Stone Bridge	12.42
5 Liang, Jeff	Stone Bridge	12.56
6 Gantz, Carter	Potomac Fall	12.84
7 Kanchev, Martin	Potomac Fall	13.08
8 Engle, Jacob	Stone Bridge	13.11
9 Mendoza, Diego	Potomac Fall	13.18
10 Bruley, Nathan	Stone Bridge	13.69
11 Roemersma, Evan	Stone Bridge	15.31
12 Ludwig, Brian	Stone Bridge	15.83

## Boys 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Dieng, Mamadou	Potomac Fall	24.62
2 Diehl, Jacob	Stone Bridge	25.23
3 Guzman, Armaniz	Potomac Fall	25.24
4 White, Chandler	Potomac Fall	25.29
5 Liang, Jeff	Stone Bridge	25.58
6 Horner, Nathaniel	Stone Bridge	26.12
7 Gantz, Carter	Potomac Fall	26.26
8 Perkins, Avery	Potomac Fall	26.27
9 Bruley, Nathan	Stone Bridge	26.61
10 Engle, Jacob	Stone Bridge	26.93
11 Kanchev, Martin	Potomac Fall	27.12
12 Mendoza, Diego	Potomac Fall	27.71
13 Yang, Justin	Potomac Fall	27.90

## Boys 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Campbell, Ian	Stone Bridge	54.88

2 Leipzig, Thomas	Potomac Fall	57.70
3 Humphreys, Austin	Stone Bridge	58.01
4 Ernest, Joseph	Potomac Fall	1:01.74
5 Njuguna, Ian	Stone Bridge	1:01.85
6 Horrigan, Robert	Stone Bridge	1:03.73
7 Manning, Jackson	Stone Bridge	1:06.80

## Boys 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Arrington, David	Stone Bridge	2:09.76
2 Gray, Nicholas	Stone Bridge	2:09.88
3 Ryan, Matthew	Stone Bridge	2:10.87
4 McMichael, Connor	Stone Bridge	2:11.62
5 Little, Sam	Stone Bridge	2:12.88
6 Barth, Hudson	Potomac Fall	2:13.30
7 Tussey, Kalen	Stone Bridge	2:14.20
8 Duncan, Logan	Stone Bridge	2:19.84
9 Lenahan, Patrick	Stone Bridge	2:20.85
10 Chung, Alexander	Potomac Fall	2:29.92
11 Elieson, Ben	Potomac Fall	2:44.94
12 Aslam, Camren	Potomac Fall	2:51.23

## Boys 1600 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Barth, Hudson	Potomac Fall	4:37.84
2 Sanchez, Nicholas	Potomac Fall	4:55.47
3 Allibahl-Mawani, Essam	Potomac Fall	4:56.48
4 Gerhart, Thomas	Stone Bridge	5:30.13
5 Franzen, Nicholas	Stone Bridge	5:31.11
6 Palmer, Matthew	Stone Bridge	5:33.85
7 Scranton, Austin	Stone Bridge	5:34.54
8 Lee, David	Stone Bridge	5:36.43
9 Kasabian, Joshua	Stone Bridge	5:46.01
10 Elieson, Ben	Potomac Fall	5:48.69
11 Roeder, Ian	Stone Bridge	5:49.25
12 Kotwal, Karwaan	Potomac Fall	5:49.57
13 Mason, Jonathan	Potomac Fall	6:00.54
14 Aslam, Camren	Potomac Fall	6:06.10

## Boys 3200 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Burd, Bradley	Stone Bridge	11:19.89
2 McQuinn, Declan	Potomac Fall	11:23.62
3 Gralton, James	Stone Bridge	11:24.66
4 Devine, Patrick	Stone Bridge	11:52.20

## Boys 110 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 White, Chandler	Potomac Fall	18.67
2 Chesson, Aaron	Potomac Fall	21.12

## Potomac Falls vs. Stone Bridge - 5/19/2021

## Potomac Falls High School

## Results

## Boys 300 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 Yang, Justin	Potomac Fall	52.97

## Boys 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Stone Bridge	A	45.52
1) Foster, Andrew	2) Johar, Bhavya	
3) Smalls, Christopher	4) Krablin, Jack	
--- Potomac Falls	A	DNF
1) Guzman, Armaniz	2) Dieng, Mamadou	
3) Ferguson, Dylan	4) White, Chandler	

## Boys 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Stone Bridge	B	3:54.36
2 Potomac Falls	B	3:57.13
1) Ferguson, Dylan	2) Leipzig, Thomas	
3) Perkins, Avery	4) Pilaro, Jack	
3 Potomac Falls	A	3:59.07
1) Allibahl-Mawani, Essam	2) Sanchez, Nicholas	
3) Barth, Hudson	4) Chung, Alexander	
4 Potomac Falls	C	4:41.66
1) Kotwal, Karwaan	2) Mengistu, Elias	
3) Mason, Jonathan	4) Elieson, Ben	

## Boys 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Potomac Falls	A	10:29.28
1) Chung, Alexander	2) Kotwal, Karwaan	
3) Mason, Jonathan	4) Mengistu, Elias	
2 Stone Bridge	A	10:38.08
1) Hart, Brantley	2) Duncan, Shayne	
3) Donohue, William	4) Rizley, Tommy	
--- Stone Bridge	B	X10:41.91
1) Belay, Kidus	2) Sandil, Amogh	
3) Wallner, Noah	4) Seidel, Benjamin	

## Boys High Jump

Name	School	Finals
<b>Finals</b>		
1 Perkins, Avery	Potomac Fall	5-02.00
2 Johar, Bhavya	Stone Bridge	J5-02.00
3 McQuinn, Declan	Potomac Fall	5-00.00
4 White, Chandler	Potomac Fall	J5-00.00
5 Diehl, Jacob	Stone Bridge	J5-00.00
6 Ferguson, Dylan	Potomac Fall	4-10.00
7 Hable, Aaron	Potomac Fall	4-08.00
--- Yang, Justin	Potomac Fall	NH

## Boys Long Jump

Name	School	Finals
<b>Finals</b>		
1 Krablin, Jack	Stone Bridge	17-10.00
2 Johar, Bhavya	Stone Bridge	17-08.00
3 Foster, Andrew	Stone Bridge	17-05.00
4 Smalls, Christopher	Stone Bridge	17-01.00
5 Chesson, Aaron	Potomac Fall	15-10.00
6 Hable, Aaron	Potomac Fall	15-05.00
7 Ernest, Joseph	Potomac Fall	13-03.00

## Boys Triple Jump

Name	School	Finals
<b>Finals</b>		
1 Smalls, Christopher	Stone Bridge	33-09.00
2 Krablin, Jack	Stone Bridge	33-04.00
3 Diehl, Jacob	Stone Bridge	32-11.00

## Boys Shot Put

Name	School	Finals
<b>Finals</b>		
1 Musselman, Alex	Stone Bridge	33-04.00
2 Smith, Micah	Potomac Fall	J33-04.00
3 Roemersma, Evan	Stone Bridge	27-08.00
4 Zlacki Johnson, Kadin	Stone Bridge	27-02.00
5 Elieson, John	Potomac Fall	26-06.00

## Boys Discus Throw

Name	School	Finals
<b>Finals</b>		
1 Elieson, John	Potomac Fall	91-05
2 Musselman, Alex	Stone Bridge	82-08
3 Smith, Micah	Potomac Fall	75-08
4 Roemersma, Evan	Stone Bridge	59-02
5 Zlacki Johnson, Kadin	Stone Bridge	57-03

## Women - Team Rankings - 15 Events Scored

1) Potomac Falls	67
2) Stone Bridge	51

## Men - Team Rankings - 16 Events Scored

1) Stone Bridge	72
2) Potomac Falls	61