

## 2021 ODAC Outdoor Track &amp; Field Championships - 4/30/2021 to 5/2/2021

## University of Lynchburg

## Results - Friday

## Women 100 Meter Dash

Conf Rec: 11.63 \$ 2017

Amber Celen

Meet Rec: 11.98 # 2010

Jaleesa Osborne

Name	School	Prelims
<b>Preliminaries</b>		
1 Coleman, Adalia	Bridgewater	# 11.94Q1.8
2 Gamble, Katelyn	Washington a	12.30Q-0.9
3 Measell, Kaitlin	Shenandoah	12.70Q4.2
4 Seward, Aniya	Lynchburg	12.41q 1.8
5 Hamlin, Haleigh	Bridgewater	12.78q 4.2
6 Poole, Taylor	Roanoke	12.79q 1.8
7 Oguamena, Kendra	Eastern Menn	12.92q 4.2
8 Gheen, Savannah	Roanoke	12.99q 1.8
9 Perry, Destautia	Lynchburg	13.01 -0.9
10 Birle, Susannah	Washington a	13.04 -0.9
11 Alexander, Saja	Roanoke	13.59 1.8
12 Taylor, Keyazia	Hollins	14.14 4.2
13 Scott, Savannah	Hollins	14.27 -0.9
14 Boyer, Cindi	Eastern Menn	14.28 4.2
15 Pitts, Zarea	Guilford	14.96 1.8
16 Geiger, Shai	Shenandoah	15.42 1.8
--- Russell, Paige	Hollins	FS -0.9
--- Lane, Jaylyn	Virginia Wes	FS 4.2

## Women 200 Meter Dash

Conf Rec: 23.87 \$ 2017

Amber Celen

Meet Rec: 24.72 # 2010

Robin Yerkes

Name	School	Prelims
<b>Preliminaries</b>		
1 Coleman, Adalia	Bridgewater	24.62Q2.6
2 Gamble, Katelyn	Washington a	25.46Q-0.4
3 Hooker, Kacee	Bridgewater	25.85Q-0.6
4 Lane, Jaylyn	Virginia Wes	25.87Q-0.3
5 Barnes, Vuronika	Lynchburg	25.95Q4.2
6 Gamble, Haylee	Roanoke	25.92q -0.4
7 Oliver, Cassidy	Bridgewater	26.16q 2.6
8 Poole, Taylor	Roanoke	26.22q -0.3
9 Lippert, Lily	Roanoke	26.25 4.2
10 Lacy, Maya	Lynchburg	26.28 -0.4
11 Birle, Susannah	Washington a	26.41 4.2
12 Cammarata, Jessica	Lynchburg	26.45 2.6
13 Hefferon, Mikayla	Roanoke	26.51 -0.6
14 Palethorpe, Jordynn	Washington a	26.61 -0.3
15 Brewer, Taylor	Guilford	26.73 -0.3
16 Crocker, Niya	Virginia Wes	26.73 4.2
17 Casto, Bailey	Lynchburg	26.88 -0.6
18 Oguamena, Kendra	Eastern Menn	27.02 -0.6
19 Stedman, Casey	Virginia Wes	27.62 2.6
20 Rankin, Meredyth	Bridgewater	28.02 2.6
21 Adams, Grace	Virginia Wes	28.22 -0.3
22 Hamlin, Haleigh	Bridgewater	28.24 -0.4
23 Hurst, Anna	Washington a	28.39 4.2
24 Philleo, Kaillee	Roanoke	28.59 -0.4
25 Alexander, Saja	Roanoke	28.61 -0.6
26 Nicely, Emma	Shenandoah	29.02 -0.3

27 Camden, Caroline	Lynchburg	29.06 4.2
28 Moore, Jennifer	Randolph	29.60 -0.6
29 King, Kyra	Hollins	29.69 -0.4
30 Russell, Paige	Hollins	30.30 2.6
31 Thorpe, Yasmin	Emory & Henr	30.32 2.6
32 Boyer, Cindi	Eastern Menn	30.37 -0.4
33 Scott, Savannah	Hollins	30.51 -0.6
34 Weldon, Darice	Hollins	31.88 -0.3
35 Geiger, Shai	Shenandoah	32.07 4.2

## Women 400 Meter Dash

Conf Rec: 54.78 \$ 2009

Robin Yerkes

Meet Rec: 56.03 # 2015

Aleese Kinney

Name	School	Prelims
<b>Preliminaries</b>		
1 Hefferon, Mikayla	Roanoke	58.98Q
2 Barnes, Vuronika	Lynchburg	59.06Q
3 Gamble, Haylee	Roanoke	1:00.03Q
4 Casto, Bailey	Lynchburg	1:00.55Q
5 Ball, Emily	Roanoke	59.42q
6 Brewer, Taylor	Guilford	1:00.36q
7 Palethorpe, Jordynn	Washington a	1:00.58q
8 Lippert, Lily	Roanoke	1:01.15q
9 Oliver, Cassidy	Bridgewater	1:01.29
10 Cammarata, Jessica	Lynchburg	1:02.00
11 Rocha, Jensen	Washington a	1:02.36
12 Crocker, Niya	Virginia Wes	1:02.36
13 Henson, Lauren	Roanoke	1:03.72
14 Harris, Jaia	Shenandoah	1:04.99
15 Rankin, Meredyth	Bridgewater	1:05.41
16 Nicely, Emma	Shenandoah	1:06.22
17 Moore, Jennifer	Randolph	1:07.11
18 Plowman, Mackenzie	Shenandoah	1:07.31
19 Philleo, Kaillee	Roanoke	1:07.67
20 Adams, Grace	Virginia Wes	1:07.82
21 Camden, Caroline	Lynchburg	1:07.97
22 Filley, Eleni	Washington a	1:09.05
23 King, Kyra	Hollins	1:09.93
24 Baltins, Elina	Ferrum	1:10.67
25 Thorpe, Yasmin	Emory & Henr	1:12.83
26 Forbes, Robyn	Hollins	1:14.59
27 Smith, Caylin	Hollins	1:18.40
--- Hooker, Kacee	Bridgewater	DQ

## Women 1000 Meter Run

Conf Rec: 35:05.63 \$ 2001

Casey Smith

Meet Rec: 37:58.71 # 2013

Casey Mackintosh

Name	School	Finals
<b>Finals</b>		
1 Burnett, Stephanie	Lynchburg	38:28.80 10
2 Todd, Carolyn	Washington a	38:42.79 8
3 Lagunas, Kelsey	Lynchburg	38:45.22 6
4 Miller, Emily	Shenandoah	40:03.77 5
5 Doran, Rebecca	Shenandoah	40:24.77 4
6 Shelly, Allison	Eastern Menn	40:44.16 3
7 Hatch, Bri	Washington a	41:35.38 2

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## Finals ... (Women 10000 Meter Run)

Name	School	Finals	
8 Payne, Kodi	Lynchburg	41:43.93	1
9 Miller, Elizabeth	Eastern Menn	42:40.46	
10 Hale, Hannah	Shenandoah	44:15.26	
11 Westerman, Megan	Randolph	46:46.91	

## Women 100 Meter Hurdles

Conf Rec: 14.70 \$ 2009 Sarah Witt  
Meet Rec: 14.70 # 2009 Janey Fugate

Name	School	Prelims
<b>Preliminaries</b>		
1 Seward, Aniya	Lynchburg	14.85Q-2.2
2 Lacy, Maya	Lynchburg	14.86Q-1.1
3 Koepfinger, Hannah	Roanoke	15.91q -1.1
4 Fitzpatrick, Erin	Bridgewater	15.93q -1.1
5 Winston, Cammi	Roanoke	16.39q -2.2
6 Mohnkern, Betsy	Lynchburg	16.71q -2.2
7 Wiley, Katelyn	Roanoke	16.89q -1.1
8 Hurst, Anna	Washington a	17.33q -2.2
--- Perry, Destautia	Lynchburg	DNF -1.1

## Women 400 Meter Hurdles

Conf Rec: 1:01.82 \$ 2015 Janey Fugate  
Meet Rec: 1:03.69 # 2015 Janey Fugate

Name	School	Prelims
<b>Preliminaries</b>		
1 Koepfinger, Hannah	Roanoke	1:05.32Q
2 Davis, Lizzie	Lynchburg	1:06.88Q
3 Bobst, Allison	Lynchburg	1:07.56q
4 Mohnkern, Betsy	Lynchburg	1:08.20q
5 Fitzpatrick, Erin	Bridgewater	1:08.44q
6 Tulenko, Paige	Washington a	1:08.78q
7 Antonucci, Cassidy	Lynchburg	1:10.99q
8 Wenger, Elizabeth	Lynchburg	1:12.55q
9 Teagle, Sarah	Washington a	1:12.89
10 Longood, Parker	Washington a	1:13.52
11 Henson, Lauren	Roanoke	1:18.47
12 Stedman, Casey	Virginia Wes	1:20.36

## Women 3000 Meter Steeplechase

Conf Rec: 10:50.41 \$ 2019 Calista Ariel  
Meet Rec: 11:11.53 # 2019 Calista Ariel

Name	School	Finals	
<b>Finals</b>			
1 Miller, Emily	Shenandoah	11:36.35	10
2 Atkinson, Erin	Shenandoah	12:45.44	8
3 Chambers, Samantha	Shenandoah	12:51.24	6
4 Macias, Jennifer	Shenandoah	13:21.03	5
5 Gardiner, Vanessa	Eastern Menn	13:53.89	4
6 Sullivan, Rebekah	Roanoke	14:32.11	3
7 Larcombe, Elena	Bridgewater	15:11.78	2
8 Chapman, Emma	Roanoke	15:36.98	1

## Women Pole Vault

Prog: 216 231 246 261 276 291 306 321 336 346, by 10cm

Conf Rec: 3.94m \$ 2003 Laura Rosenberger  
Meet Rec: 3.77m # 2010 Christina Rhodes

Name	School	Finals	
<b>Finals</b>			
1 Casto, Bailey	Lynchburg	3.46m	10
2 Anderson, Lauren	Lynchburg	J3.46m	8
3 Bobst, Allison	Lynchburg	3.36m	6
4 Guerra, Jillian	Lynchburg	3.21m	5
5 Trotto, Claire	Roanoke	J3.21m	4
6 Jones, Murfee	Washington a	J3.21m	3
7 Van Duyne, Chloe	Roanoke	3.06m	2
8 Fucigna, Isabella	Washington a	J3.06m	1
9 Akers, Kelly	Bridgewater	2.76m	
10 Franklin, Kailee	Eastern Menn	2.61m	
11 Antonucci, Cassidy	Lynchburg	2.46m	
12 Coffey, Skylar	Eastern Menn	2.16m	

## Women Pole Vault Jump Off

Name	School	Finals
<b>Finals</b>		
1 Casto, Bailey	Lynchburg	3.56m
--- Anderson, Lauren	Lynchburg	NH

## Women Long Jump

Conf Rec: 5.94m \$ 2010 Jaleesa Osborne  
Meet Rec: 5.94m # 2010 Jaleesa Osborne

Name	School	Finals	
<b>Finals</b>			
1 Measell, Kaitlin	Shenandoah	5.51m	10
2 Lane, Jaylyn	Virginia Wes	5.45m	8
3 Seward, Aniya	Lynchburg	5.40m	6
4 Chaffins, Meghan	Randolph	5.27m	5
5 Koepfinger, Hannah	Roanoke	5.23m	4
6 Gheen, Savannah	Roanoke	5.08m	3
7 Guerra, Jillian	Lynchburg	5.06m	2
8 Gray, Kylah	Bridgewater	5.04m	1
9 Wiley, Katelyn	Roanoke	J5.04m	0.4
10 Oliver, Cassidy	Bridgewater	5.01m	+0.0
11 Heifner, Sydney	Washington a	J5.01m	1.8
12 Hertzberg, Elizabeth	Washington a	5.00m	1.3
13 Gamble, Katelyn	Washington a	4.97m	0.9
14 Perry, Destautia	Lynchburg	4.94m	1.0
15 Longood, Parker	Washington a	4.86m	0.6
16 Winston, Cammi	Roanoke	J4.86m	-0.8
17 Hunley, Taja	Randolph	4.85m	-0.9
18 Ryman, Brooke	Roanoke	4.80m	1.2
19 Hamlin, Haleigh	Bridgewater	J4.80m	1.8
20 Brown, J'Quaycia	Bridgewater	4.77m	1.2
21 Wenger, Elizabeth	Lynchburg	4.73m	-1.1
22 Scott, Savannah	Hollins	4.42m	1.3
23 Brown, Ky'Asia	Hollins	3.72m	+0.0

## 2021 ODAC Outdoor Track &amp; Field Championships - 4/30/2021 to 5/2/2021

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## Women Shot Put

Conf Rec: 13.60m \$ 1995

Crystal Campbell

Meet Rec: 12.92m # 2006

Amanda Reynolds

Name	School	Finals
<b>Finals</b>		
1 Benefield, Elle	Lynchburg	11.28m 10
2 Fowler, Grace	Roanoke	11.12m 8
3 Morrow, Dale	Lynchburg	11.01m 6
4 Tucker, Alicia	Bridgewater	10.84m 5
5 Terrell, Cameron	Bridgewater	10.83m 4
6 Kloster, Olivia	Bridgewater	10.31m 3
7 McCaffery, Natalie	Washington a	10.24m 2
8 Andrawas, Lene	Eastern Menn	9.82m 1
9 Zehr, Lorin	Emory & Henr	9.73m
10 Kinney, Clare	Roanoke	9.62m
11 Ryan, Jamie	Shenandoah	9.59m
12 Reynolds, Megan	Roanoke	9.48m
13 Felston, Kiara	Shenandoah	9.40m
14 Helms, Carsen	Hollins	8.84m
15 Decker, Andrea	Shenandoah	8.76m
16 Shifflett, Faith	Bridgewater	8.32m
17 Lumpkin, Rose	Virginia Wes	8.00m
18 Cirillo, Emma	Hollins	7.96m
19 Blackwell, Quimia	Virginia Wes	7.96m
20 Tyler, Yasmine	Hollins	7.91m
21 Dowd, Amanda	Hollins	7.33m
22 Crum, Hannah	Hollins	6.66m
23 Lucien, Vanessa	Virginia Wes	5.24m
24 Hatter, Holly	Virginia Wes	5.17m

## Women Hammer Throw

Conf Rec: 50.69m \$ 2014

Kim Alfaro

Meet Rec: 49.66m # 2011

Whitney Fitzwater

Name	School	Finals
<b>Finals</b>		
1 Culhane, Caitlin	Roanoke	41.90m 10
2 Terrell, Cameron	Bridgewater	40.91m 8
3 Benefield, Elle	Lynchburg	40.49m 6
4 Ryan, Jamie	Shenandoah	37.96m 5
5 Fowler, Grace	Roanoke	37.72m 4
6 Gajkowski, Abbey	Roanoke	37.32m 3
7 McCaffery, Natalie	Washington a	37.22m 2
8 Kloster, Olivia	Bridgewater	36.64m 1
9 Zehr, Lorin	Emory & Henr	34.28m
10 Decker, Andrea	Shenandoah	33.99m
11 Wolde, Yoben	Randolph	31.14m
12 Felston, Kiara	Shenandoah	29.45m
13 Shifflett, Faith	Bridgewater	27.55m
14 higgins, Micheleigh	Guilford	26.75m
15 Blackwell, Quimia	Virginia Wes	26.33m
16 Tucker, Alicia	Bridgewater	23.49m
17 Lucien, Vanessa	Virginia Wes	15.91m
18 Hatter, Holly	Virginia Wes	15.71m

## Men 100 Meter Dash

Conf Rec: 10.20 \$ 2019

Davonta Womack

Meet Rec: 10.62 # 2014

Randy Lott

Name	School	Prelims
<b>Preliminaries</b>		
1 Moore, Miles	Shenandoah	10.88Q-0.6
2 Douglas, Julian	Lynchburg	10.92Q1.4
3 Crowder, William	Shenandoah	10.96Q-2.2
4 Jackson, Andre	Shenandoah	10.99Q-0.7
5 Shadhkoo, Alex	Lynchburg	10.90q -0.6
6 best, keshawn	Guilford	11.11q 1.4
7 Morin, Blake	Roanoke	11.16q -2.2
8 Ellerbe, Joshua	Ferrum	11.23q -0.7
9 McCatty, Langston	Shenandoah	11.24 -0.6
10 Brown-Flowers, Zashon	Lynchburg	11.26 -2.2
11 Crawley, Troy	Roanoke	11.29 -0.6
12 McPherson, DaMauri	Ferrum	11.35 1.4
13 Moffo, Landry	Virginia Wes	11.36 -0.7
14 Thom, Doug	Lynchburg	11.43 -0.7
15 Williams, Grant	Roanoke	11.63 -0.7
16 Holliday, Kyle	Shenandoah	11.63 -2.2
17 Langhorne, Cameron	Ferrum	11.65 1.4
18 McGlone, Orryn	Emory & Henr	11.66 1.4
19 Anderson, Christopher	Ferrum	11.69 1.4
20 Goins, Kesean	Emory & Henr	11.77 -0.7
21 Johnson, Aaron	Virginia Wes	11.79 -2.2
22 Ayers, Jerrick	Ferrum	11.79 -0.6
23 Mohabir, Lamont	Randolph	11.87 -2.2
24 Alston, Ki'van	Virginia Wes	12.09 -0.7
25 Banks, James	Ferrum	12.18 1.4
26 Johnson, Darrian	Ferrum	12.18 -2.2
27 little, Jayard	Guilford	12.27 -0.6
28 Cottonham, Zavien	Shenandoah	12.57 -0.6

## Men 200 Meter Dash

Conf Rec: 21.10 \$ 2012

Johnathan Smith

Meet Rec: 21.55 # 2014

Randy Lott

Name	School	Prelims
<b>Preliminaries</b>		
1 Crawford, Samuel	Roanoke	21.88Q0.2
2 Johnson, Alijah	Eastern Menn	21.94Q1.5
3 Morin, Blake	Roanoke	21.94Q3.1
4 Shadhkoo, Alex	Lynchburg	21.95Q2.1
5 Harrison, Dazon	Ferrum	22.11Q2.3
6 Moore, Miles	Shenandoah	22.37Q-1.9
7 Avalos, Kaegan	Bridgewater	22.21q 2.3
8 Kwakye, Gabriel	Lynchburg	22.25q 3.1
9 best, keshawn	Guilford	22.27 3.1
10 McCatty, Langston	Shenandoah	22.42 1.5
11 Jackson, Andre	Shenandoah	22.44 0.2
12 Raya, Nekolas	Lynchburg	22.65 -1.9
13 Justice, Brandon	Roanoke	22.71 3.1
14 Jones, Darnell	Guilford	22.74 -1.9
15 Anderson, Kobe	Lynchburg	22.78 2.3
16 Arndt, Ethan	Shenandoah	22.79 1.5

## 2021 ODAC Outdoor Track &amp; Field Championships - 4/30/2021 to 5/2/2021

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## Preliminaries ... (Men 200 Meter Dash)

Name	School	Prelims
17 Williams, Grant	Roanoke	22.91 3.1
18 Crawley, Troy	Roanoke	22.97 2.3
19 Douglas, Julian	Lynchburg	23.02 2.1
20 Moffo, Landry	Virginia Wes	23.10 -1.9
21 Harris, Cameron	Roanoke	23.16 0.2
22 Thom, Doug	Lynchburg	23.17 -1.9
23 Jacobs, Zachary	Lynchburg	23.22 2.1
24 Abdur-Rahim, Amir	Guilford	23.28 2.3
25 Dugan, Sam	Washington a	23.40 2.1
26 hunter, Jamaal	Guilford	23.44 3.1
27 Johnson, Aaron	Virginia Wes	23.44 0.2
28 Mohabir, Lamont	Randolph	23.58 2.3
29 Cornett, Greyson	Roanoke	23.59 0.2
30 Goins, Kesean	Emory & Henr	23.68 0.2
31 Burdette, John	Bridgewater	23.83 1.5
32 McGlone, Orryn	Emory & Henr	24.14 2.1
33 Langhorne, Cameron	Ferrum	24.18 1.5
34 Alston, Ki'van	Virginia Wes	24.50 1.5
35 little, Jayard	Guilford	25.48 2.3
36 Cottonham, Zavien	Shenandoah	25.64 2.1
37 Spratley, Quvadás	Ferrum	26.37 -1.9
38 Atkins, Chris	Bridgewater	42.48 2.1

## Men 400 Meter Dash

Conf Rec: 46.74 \$ 1978

Jesse Thomas

Meet Rec: 47.66 # 2014

Zander Tallman

Name	School	Prelims
<b>Preliminaries</b>		
1 Harrison, Dazon	Ferrum	48.45Q
2 Crawford, Samuel	Roanoke	48.66Q
3 Avalos, Kaegan	Bridgewater	50.12Q
4 Johnson, Alijah	Eastern Menn	51.32Q
5 Nevarez, Bobby	Lynchburg	50.54q
6 Atkins, Chris	Bridgewater	50.56q
7 Kwakye, Gabriel	Lynchburg	50.74q
8 Jones, Darnell	Guilford	50.88q
9 Sheets, Michael	Bridgewater	51.27
10 Philpot, Dominick	Ferrum	51.47
11 Caines, Alexander	Washington a	51.51
12 Diggs, London	Lynchburg	51.55
13 Harris, Cameron	Roanoke	51.68
14 Anderson, Kobe	Lynchburg	52.43
15 Justice, Brandon	Roanoke	52.51
16 Raya, Nekolas	Lynchburg	52.87
17 Short, Jordan	Lynchburg	53.14
18 Weaver, Max	Washington a	53.46
19 Arndt, Ethan	Shenandoah	53.47
20 Shaffer, Seth	Ferrum	53.83
21 Gaydon, Jackson	Guilford	54.04
22 Pineiro, Alberto	Ferrum	54.11
23 Katterhagen, Spencer	Washington a	54.18
24 Burdette, John	Bridgewater	54.50
25 McGlone, Orryn	Emory & Henr	55.51
26 hunter, Jamaal	Guilford	56.34

27 Powers, Andrew Virginia Wes 57.07

## Men 1000 Meter Run

Conf Rec: 29:37.97 \$ 2021

Frank Csorba

Meet Rec: 31:44.88 # 2018

Jamie Hiegel

Name	School	Finals
<b>Finals</b>		
1 Csorba, Frank	Lynchburg	31:45.87 10
2 Sparks, Maximillian	Lynchburg	32:01.56 8
3 Marx, Freddie	Washington a	32:14.32 6
4 Smith, Peter	Roanoke	32:27.51 5
5 Roberts, Hayden	Washington a	32:44.41 4
6 Armstrong, Tyrell	Lynchburg	33:19.23 3
7 Zulauf, Chamberlain	Roanoke	33:31.73 2
8 Jacobs, Jackson	Washington a	33:38.26 1
9 Clarke, Kyle	Washington a	34:07.64
10 Davis, Bryce	Lynchburg	34:21.47
11 Hodge, Austin	Lynchburg	34:25.37
12 Dye, Mason	Randolph	34:30.54
13 Davis, Reed	Shenandoah	34:31.14
14 Graham, Sam	Lynchburg	34:34.67
15 Kinkema, Connor	Roanoke	34:48.78
16 Leo, Vincent	Bridgewater	35:02.01
17 Hanna, Christian	Washington a	36:16.45
18 Yoder, Nathan	Eastern Menn	36:18.78
19 Hulleman, Alexander	Bridgewater	36:25.59
20 Cadle, Anthony	Bridgewater	36:33.11
21 Kaufman, Clay	Eastern Menn	36:54.69
22 Stanford, Clayton	Ferrum	37:00.81
23 Cochran, Tanner	Randolph	37:21.78
24 King, Christopher	Shenandoah	37:44.50
25 Hoffstaetter, Timothy	Roanoke	37:49.96
26 Hostetler, Caleb	Eastern Menn	38:39.66
27 Scott, Aaron	Randolph	38:50.62
28 Smith, Tyler	Shenandoah	39:06.62
29 Ramassini, Zachary	Roanoke	42:30.09
--- Munoz, Zach	Eastern Menn	DNF

## Men 110 Meter Hurdles

Conf Rec: 14.30 \$ 1987

Andy White

Meet Rec: 14.54 # 1988

Andy White

Name	School	Prelims
<b>Preliminaries</b>		
1 Fore, Ryan	Lynchburg	15.02Q2.0
2 O'Connor, Joe	Washington a	15.35Q0.5
3 Moffo, Landry	Virginia Wes	15.07q 2.0
4 Watters, Seamus	Washington a	15.77q 2.0
5 Gatling, Michael	Virginia Wes	16.01q 2.0
6 Klocke, Matthew	Shenandoah	16.08q 0.5
7 Kavounis, Corey	Lynchburg	16.09q 2.0
8 Cornett, Greyson	Roanoke	16.17q 2.0
9 Holliday, Kyle	Shenandoah	16.32 0.5
10 Romsdahl, Isaiah	Lynchburg	16.51 0.5
--- Harvey, Malik	Lynchburg	DNF 0.5

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## Men 400 Meter Hurdles

Conf Rec: 51.35 \$ 2018

Connor Faint

Meet Rec: 53.67 #

R. Davis &amp; C. Faint

Name	School	Prelims
<b>Preliminaries</b>		
1	Brothers, Isaiah	Lynchburg 55.97Q
2	Fore, Ryan	Lynchburg 56.01Q
3	McGhie, Elias	Shenandoah 57.01Q
4	Waller, Mark	Washington a 57.41q
5	Klocke, Matthew	Shenandoah 57.84q
6	Kavounis, Corey	Lynchburg 58.31q
7	Blackstone, David	Lynchburg 58.52q
8	Rogers, Aaron	Roanoke 58.64q
9	Powell, Ty	Washington a 59.33
10	McCarthy, Tyler	Shenandoah 59.48
11	Skutt, Charlie	Lynchburg 1:00.58
12	Warren, Tyrone	Bridgewater 1:01.26
13	Torres, Cole	Randolph 1:02.55
14	Romsdahl, Isaiah	Lynchburg 1:07.59
15	Thomas-Talley, Eric	Bridgewater 1:08.35

## Men 3000 Meter Steeplechase

Conf Rec: 9:09.71 \$ 2016

Harrison Toney

Meet Rec: 9:21.67 # 2016

Harrison Toney

Name	School	Finals
<b>Finals</b>		
1	Neeble, Cooper	Roanoke 9:34.92 10
2	Johnson, Andrew	Lynchburg 9:38.18 8
3	McCarthy, Tyler	Shenandoah 9:45.02 6
4	Fowler, William	Lynchburg 9:53.90 5
5	Turbeville, Clint	Lynchburg 9:59.84 4
6	Allen, Justice	Eastern Menn 10:04.68 3
7	Moench, Jason	Lynchburg 10:10.85 2
8	Allinger, Jeremy	Shenandoah 10:11.43 1
9	Thomas-Talley, Eric	Bridgewater 10:11.60
10	Lattuca, Skyler	Virginia Wes 10:16.01
11	AndreaS, Isaac	Eastern Menn 10:17.64
12	Howell, Noah	Bridgewater 10:23.16
13	Miller, Jansen	Eastern Menn 10:33.36
14	Robinson, Holden	Washington a 10:55.29
15	Bradley, Caleb	Bridgewater 11:03.42
16	McGhie, Elias	Shenandoah 11:15.83
17	Hoye, Robert	Roanoke 12:16.32

## Men Pole Vault

Prog: 308 323 338 353 368 383 398 413 428 438, by 10cm

Conf Rec: 5.02m \$ 2007

Andy Rollins

Meet Rec: 5.02m # 2007

Andy Rollins

Name	School	Finals
<b>Finals</b>		
1	O'Connor, Joe	Washington a 4.86m 10
2	Wilson, Marques	Lynchburg 4.13m 8
3	Repko, Easton	Bridgewater 3.98m 6
4	Powell, Julian	Lynchburg J3.98m 5
5	Skutt, Charlie	Lynchburg 3.68m 4

---	Johnson, Brice	Virginia Wes	NH
---	Charecky, Michael	Lynchburg	NH

## Men Long Jump

Conf Rec: 7.67m \$ 2015

Evan Truman

Meet Rec: 7.42m # 1998

Dave Lichtenstein

Name	School	Finals
<b>Finals</b>		
1	Roberts, Geni	Virginia Wes 7.19m 10
2	Douglas, Julian	Lynchburg 6.77m 8
3	Brothers, Isaiah	Lynchburg 6.62m 6
4	Perkey, Chase	Lynchburg 6.60m 5
5	Gatling, Michael	Virginia Wes 6.56m 4
6	Blackstone, David	Lynchburg 6.46m 3
7	White, Jason	Shenandoah J6.46m 2
8	Bissec, Aymar	Shenandoah 5.88m 1
9	Warren, Tyrone	Bridgewater 5.74m 1.4
10	hunter, Jamaal	Guilford 5.45m 0.3
11	Johnson, Aaron	Virginia Wes 5.29m -0.1

## Men Shot Put

Conf Rec: 17.22m \$ 2008

Nathan Turner

Meet Rec: 16.69m # 2008

Nathan Turner

Name	School	Finals
<b>Finals</b>		
1	Kindig, John	Shenandoah 14.26m 10
2	Schannauer, Wyatt	Shenandoah 13.56m 8
3	Govan, Cosray	Virginia Wes 13.20m 6
4	Rajner, Edward	Emory & Henr 12.84m 5
5	Knave, James	Shenandoah 12.74m 4
6	Fulton, Peter	Bridgewater 12.46m 3
7	Pinnix, Donovan	Emory & Henr 12.43m 2
8	Hall, Wyatt	Bridgewater 12.41m 1
9	Patterson, Reginald	Bridgewater 12.38m
10	Fields, Brody	Emory & Henr 12.11m
11	Stott, Christopher	Lynchburg 12.04m
12	Doss, Mitchell	Randolph 12.01m
13	Mefford, Isaiah	Washington a 11.96m
14	Wilson, Seth	Shenandoah 11.65m
15	Roy, Adam	Washington a 11.56m
16	McNutt, Jake	Bridgewater 11.43m
17	Dalmasi, AJ	Guilford 11.36m
18	Brown, Justin	Emory & Henr J11.36m
19	Masters, Sam	Lynchburg 10.88m
20	Taylor, Andrew	Virginia Wes 10.64m
21	Soto-Ventura, Jorge	Washington a 9.36m
22	Perry, Gabe	Washington a 9.14m
23	Chrisco, Nick	Guilford 8.64m
24	Fyffe, Keive	Virginia Wes 8.62m
25	Bass, Sha-Ron	Randolph 8.11m
26	Gilliam, Jordan	Virginia Wes 7.97m

**2021 ODAC Outdoor Track & Field Championships - 4/30/2021 to 5/2/2021****University of Lynchburg****Results - Friday****Men Hammer Throw**

Conf Rec: 55.63m \$ 2010 Dan Reid

Meet Rec: 55.63m # 2010 Dan Reid

Name	School	Finals
<b>Finals</b>		
1 Kindig, John	Shenandoah	51.06m 10
2 Hall, Wyatt	Bridgewater	43.21m 8
3 McNutt, Jake	Bridgewater	43.04m 6
4 Doss, Mitchell	Randolph	41.76m 5
5 Smith, Matthew	Shenandoah	41.47m 4
6 Patterson, Reginald	Bridgewater	38.81m 3
7 Knave, James	Shenandoah	38.38m 2
8 Fulton, Peter	Bridgewater	38.29m 1
9 Govan, Cosray	Virginia Wes	37.89m
10 Ruff, Michael	Lynchburg	37.19m
11 Schannauer, Wyatt	Shenandoah	37.14m
12 Rajner, Edward	Emory & Henr	36.45m
13 Masters, Sam	Lynchburg	34.37m
14 Bass, Sha-Ron	Randolph	33.92m
15 Dalmasi, AJ	Guilford	33.24m
16 Stott, Christopher	Lynchburg	30.95m
17 Taylor, Andrew	Virginia Wes	29.11m
18 Brooks, Andriquez	Guilford	28.50m
19 Chrisco, Nick	Guilford	24.08m
20 Gilliam, Jordan	Virginia Wes	23.11m
21 Fyffe, Keive	Virginia Wes	18.83m
22 Perry, Gabe	Washington a	18.58m

**Women - Team Rankings - 6 Events Scored**

1) Lynchburg	76
2) Shenandoah	53
3) Roanoke	42
4) Bridgewater (Va.)	24
5) Washington and Lee	18
6) Virginia Wesleyan	8
6) Eastern Mennonite	8
8) Randolph	5

**Men - Team Rankings - 6 Events Scored**

1) Lynchburg	79
2) Shenandoah	48
3) Bridgewater (Va.)	28
4) Washington and Lee	21
5) Virginia Wesleyan	20
6) Roanoke	17
7) Emory & Henry	7
8) Randolph	5
9) Eastern Mennonite	3