

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

Girls 60 Meter Dash High School

Name	School	Prelims
Preliminaries		
1 Badal, Taejha	Unattached	7.61q
2 Whyte, Madison	Unattached	7.72q
3 Geiser, Abby	Unattached	7.76q
4 Ellis, Jada	Unattached	7.84q
5 Powell, Leah	Unattached	7.87q
6 Foss, Noelle	Unattached	7.90q
7 Saunders, Marissa	Ohio Speed A	7.98q
7 Evans, Raven	Mvp League	7.98q
9 Hebron, Sanaa	Unattached	7.98
10 Creary, Jalaia	Unattached	8.00
11 Booker, Taliyah	Philadelphia	8.01
12 Hudson, Deianna	Dale City Li	8.03
13 Gooden, Lena	Dale City Li	8.04
14 Lemelin, Annie	Unattached	8.07
15 Joyner-Plata, Ciara	River Runner	8.12
16 Irlan, Erin	Mvp League	8.12
17 Cornelius, Raichelle	Dale City Li	8.12
18 Bernard, Anissa	Unattached	8.13
19 Pryer, Elissa	F.I.A. Lions	8.14
20 Harrison, Nyah	War TC	8.15
21 Kannon, Madyson	Unattached	8.16
22 Alexander, Kailyn	River Runner	8.17
23 Sharpe, Arianna	Sharpe Athle	8.17
24 Bentley, Camden	Ohio Speed A	8.18
25 Burnett, Jordan	Real Trainin	8.19
26 Ferrer, Alepha	Island Expre	8.21
27 Wallace, Maeghan	Unattached	8.22
28 Ruffener, Katie	Ohio Speed A	8.22
29 Hannah, Tyliyah	Unattached	8.23
30 James, Seaá™Airá	Unattached	8.26
30 Kelley, Taniyah	Sprint Athle	8.26
32 Abbott-Joyner, Terrianna	Track 757	8.27
33 Fox, Aaliyah	Sharpe Athle	8.29
34 Kirmon, Amani	Img Elite	8.29
35 Sharpe, Amirah	Sharpe Athle	8.30
36 Hunter, Grace	Nova AC	8.32
37 Winslow, Sade	Sprint Athle	8.35
38 Hoggard, Timira	Unattached	8.36
39 Mosley, Maya	Unattached	8.38
40 Cromwell, Tianna	River Runner	8.40
41 Mcilwain, Arie	Unattached	8.42
42 Hammonds, Gabrielle	Ohio Speed A	8.42
43 Gripper, Trinity	All American	8.43
44 Asante, Princess	Usa-Ja	8.45
45 Hawk, Skylar	Real Trainin	8.48
46 Dallo, Faith	Usa-Ja	8.48
47 Garland, Ava	Bishop McNam	8.52
48 Freeman, August	Unattached	8.52
49 Taliaferro, Ansolei	War TC	8.52
50 Lucas, Trinity	War TC	8.54
51 Wright, Peyton	War TC	8.58
52 Haythe, Sanai'	Bishop McNam	8.59

53 Solomon, Naaema	Usa-Ja	8.64
54 Hilliard, Tyra	Panthers Eli	8.64
55 Curtis, Gabrielle	Unattached	8.73
56 Upshaw, Alyssa	Dale City Li	8.73
57 Galvis, Stephany	Nova AC	8.74
58 Fogg, Cierra	Unattached	8.76
59 Williams, Daaya	Western Bran	8.76
60 Naysmith, Grace	Real Trainin	8.77
61 Abebambo, Iyinolowa	Western Bran	8.81
62 Robinson, Aaliyah	Real Trainin	8.82
63 McMichael, Lela	Unattached	8.83
64 Stubbs, Anastasia	Nova AC	8.84
65 Smith, Gracie	Ohio Speed A	8.85
66 figueroa, Abbey	Ohio Speed A	9.01
67 Levine, Tamia	War TC	9.03
68 Heo, Eilene	Real Trainin	9.25
69 Johnson, Julia	Sun City Har	9.27
70 Wilson, Courtney	War TC	9.29
71 Thorpe, Syanne	Usa-Ja	9.32

Girls 200 Meter Dash High School

Name	School	Prelims
Preliminaries		
1 Douglas, Hannah	Img Elite	24.03q
2 Whyte, Madison	Unattached	24.19q
3 Ballard, Na'Taja	Western Bran	24.67q
4 Badal, Taejha	Unattached	24.74q
5 O'Neil, Mia	Virginia Bea	24.81q
6 Hebron, Sanaa	Unattached	24.99q
7 Stelly, Zamia	Virginia Bea	25.03
8 Booker, Taliyah	Philadelphia	25.28
9 Geiser, Abby	Unattached	25.36
10 Sharpe, Arianna	Sharpe Athle	25.38
11 Morris, Sanaa	Img Elite	25.48
12 Creary, Jalaia	Unattached	25.57
13 Fletcher, Ariel	Unattached	25.58
14 Lemelin, Annie	Unattached	25.78
15 Wilson, Kadence	Track 757	25.86
16 Saunders, Marissa	Ohio Speed A	25.90
17 Effiong, Columba	Img Elite	25.91
18 Foss, Noelle	Unattached	25.94
19 Thomas, Abigail	Unattached	26.01
20 Francis, Jaden	Img Elite	26.05
21 Clemens, Cassidy	All American	26.08
22 Irlan, Erin	Mvp League	26.20
23 Burnett, Jordan	Real Trainin	26.22
24 Evans, Raven	Mvp League	26.31
25 Solomon, Naaema	Usa-Ja	26.31
26 Ellis, Jada	Unattached	26.34
27 Wiggins, Nylah	Western Bran	26.39
28 Rollins, Peyton	Metro-Cobras	26.43
29 Sims, Erynn	Riverdale Ba	26.47
30 Evans, Jordyn	Mvp League	26.51
31 Bentley, Camden	Ohio Speed A	26.56
32 Winslow, Sade	Sprint Athle	26.74
33 Fox, Aaliyah	Sharpe Athle	26.78

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Preliminaries ... (Girls 200 Meter Dash High School)

Name	School	Prelims
34 Coles, Viana	Mvp League	26.85
35 Alexander, Kailyn	River Runner	26.87
36 Joyner-Plata, Ciara	River Runner	26.91
37 Kirmon, Amani	Img Elite	26.94
38 Sadler, Ashley	Usa-Ja	26.99
39 Smith, Tiarra	All American	27.03
40 Parham, Madison	Baltimore Wh	27.07
41 Cornelius, Raichelle	Dale City Li	27.08
42 Hawk, Skylar	Real Trainin	27.14
43 Brownridge, Taniyah	Western Bran	27.16
44 Brennan, Abby	Ohio Speed A	27.18
45 Wise, Akata	Baltimore Wh	27.28
46 Goodrich, Yasmine	Western Bran	27.32
47 Driscoll, Llyric	Western Bran	27.40
48 Brown, Chandler	Riverdale Ba	27.41
49 Ruffener, Katie	Ohio Speed A	27.43
50 Hunter, Grace	Nova AC	27.66
51 Carroll, Kathryn	Real Trainin	27.80
52 Asante, Princess	Usa-Ja	27.81
53 Hammonds, Gabrielle	Ohio Speed A	27.82
54 Kelley, Taniyah	Sprint Athle	27.84
55 Baker, Meah	Bishop McNam	27.87
56 Long, Ashley	Ohio Speed A	27.87
57 Williams, Kayli	Unattached	27.91
58 Diasabeygunawardena, M:	Real Trainin	27.97
59 Gripper, Trinity	All American	27.99
60 Wallace, Maeghan	Unattached	28.02
61 Freeman, August	Unattached	28.12
62 Dallo, Faith	Usa-Ja	28.25
63 Moore, Emily	Ohio Speed A	28.29
64 Cherry, Nyla	Unattached	28.36
65 Hoggard, Timira	Unattached	28.37
66 O'Neal, Taylor	Unattached	28.55
67 Curtis, Gabrielle	Unattached	28.61
68 Ritter, Laila	Unattached	28.62
69 Stroope, Devin	New England	28.65
70 Fogg, Cierra	Unattached	28.70
71 Lytle, Nicole	DC Select Tr	28.71
72 Nichols, Sheyenne	Western Bran	28.74
73 Hilliard, Tyra	Panthers Eli	28.90
74 Duren, Janessa	New England	28.93
75 Naysmith, Grace	Real Trainin	29.06
76 Melican, Samantha	Ohio Speed A	29.07
77 McMichael, Lela	Unattached	29.17
78 Upshaw, Alyssa	Dale City Li	29.22
79 Robinson, Aaliyah	Real Trainin	29.30
80 Huck, Claire	New England	29.45
81 Jones, Synai	Sprint Athle	29.72
82 Scott, Kaia	DC Select Tr	29.78
83 Monroe, Sydney	Fort Washing	29.85
84 Lionel, Carleen	Fort Washing	29.91
85 Smith, Gracie	Ohio Speed A	29.94
86 Abebambo, Iyinolowa	Western Bran	30.13
87 Singleton, Raniah	Dale City Li	30.74

88 Johnson, Julia	Sun City Har	30.82
89 Heo, Eilene	Real Trainin	31.58
90 Thorpe, Syanne	Usa-Ja	32.44

Girls 400 Meter Dash High School

Name	School	Finals
Finals		
1 Douglas, Hannah	Img Elite	55.37
25.933 (25.933)	55.361 (29.428)	
2 O'Neil, Mia	Virginia Bea	56.08
26.771 (26.771)	56.079 (29.308)	
3 James, Taylor	Real Trainin	56.20
26.789 (26.789)	56.197 (29.408)	
4 Hebron, Sanaa	Unattached	56.34
26.649 (26.649)	56.335 (29.686)	
5 Paige, Makayla	Unattached	56.73
26.455 (26.455)	56.725 (30.270)	
6 Sharpe, Amirah	Sharpe Athle	57.08
27.111 (27.111)	57.075 (29.964)	
7 Booker, Taliyah	Philadelphia	57.34
26.943 (26.943)	57.335 (30.392)	
8 Fletcher, Ariel	Unattached	57.96
26.886 (26.886)	57.960 (31.074)	
9 Morris, Sanaa	Img Elite	58.03
27.482 (27.482)	58.022 (30.540)	
10 Sharpe, Arianna	Sharpe Athle	58.23
26.919 (26.919)	58.229 (31.310)	
11 Nagle, Sonja	Unattached	58.32
27.713 (27.713)	58.313 (30.600)	
12 Oi, Sara	Img Elite	58.96
27.923 (27.923)	58.951 (31.028)	
13 Francis, Jaden	Img Elite	59.16
27.003 (27.003)	59.159 (32.156)	
14 Evans, Jordyn	Mvp League	59.37
28.429 (28.429)	59.365 (30.936)	
15 Burnett, Jordan	Real Trainin	59.49
28.317 (28.317)	59.487 (31.170)	
16 Gooden, Lena	Dale City Li	59.63
28.561 (28.561)	59.621 (31.060)	
17 Wiggins, Nylah	Western Bran	59.93
27.063 (27.063)	59.925 (32.862)	
18 Coles, Viana	Mvp League	59.93
28.171 (28.171)	59.927 (31.756)	
19 Brownridge, Taniyah	Western Bran	1:00.14
28.899 (28.899)	1:00.139 (31.240)	
20 Parham, Madison	Baltimore Wh	1:00.30
28.186 (28.186)	1:00.294 (32.108)	
21 Smith, Tiarra	All American	1:00.60
28.859 (28.859)	1:00.595 (31.736)	
22 Hudson, Deianne	Dale City Li	1:00.63
28.171 (28.171)	1:00.623 (32.452)	
23 Creary, Jalaia	Unattached	1:00.65
27.986 (27.986)	1:00.648 (32.662)	
24 Bellamy-Reid, Trinity	Philadelphia	1:01.10
29.537 (29.537)	1:01.097 (31.560)	

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Name	School	Finals
25 Hawk, Skylar 28.751 (28.751) 1:01.135 (32.384)	Real Trainin	1:01.14
26 Brennan, Abby 28.508 (28.508) 1:01.598 (33.090)	Ohio Speed A	1:01.60
27 Winslow, Sade 29.548 (29.548) 1:01.866 (32.318)	Sprint Athle	1:01.87
28 Brown, Chandler 28.881 (28.881) 1:02.211 (33.330)	Riverdale Ba	1:02.22
29 Barnes, Amia 28.570 (28.570) 1:02.344 (33.774)	F.I.A. Lions	1:02.35
30 Mosley, Maya 29.798 (29.798) 1:02.456 (32.658)	Unattached	1:02.46
31 Gaston, Terri 29.484 (29.484) 1:02.470 (32.986)	Unattached	1:02.47
32 Mickelson, Kara 30.041 (30.041) 1:02.693 (32.652)	Sun City Har	1:02.70
33 Thomas, Abigail 27.992 (27.992) 1:02.758 (34.766)	Unattached	1:02.76
34 Lapp, Cadence 29.710 (29.710) 1:02.834 (33.124)	Real Trainin	1:02.84
35 Kannon, Madyson 27.858 (27.858) 1:03.176 (35.318)	Unattached	1:03.18
36 Sims, Erynn 30.496 (30.496) 1:03.278 (32.782)	Riverdale Ba	1:03.28
37 Ritter, Laila 30.167 (30.167) 1:03.425 (33.258)	Unattached	1:03.43
38 James, Sea™ Aira 28.152 (28.152) 1:03.442 (35.290)	Unattached	1:03.45
39 Goodrich, Yazmin 28.226 (28.226) 1:03.614 (35.388)	Western Bran	1:03.62
40 Long, Ashley 29.050 (29.050) 1:03.664 (34.614)	Ohio Speed A	1:03.67
41 Clark, Allison 30.223 (30.223) 1:03.881 (33.658)	Western Bran	1:03.89
42 Melican, Sam 29.899 (29.899) 1:04.111 (34.212)	Ohio Speed A	1:04.12
43 Cornelius, Raichelle 29.789 (29.789) 1:04.279 (34.490)	Dale City Li	1:04.28
44 Moore, Emily 29.181 (29.181) 1:04.307 (35.126)	Ohio Speed A	1:04.31
45 Madine, Kendall 30.027 (30.027) 1:04.463 (34.436)	Real Trainin	1:04.47
46 Carroll, Kathryn 29.859 (29.859) 1:04.601 (34.742)	Real Trainin	1:04.61
47 Galvis, Stephany 30.415 (30.415) 1:04.613 (34.198)	Nova AC	1:04.62
48 Baker, Meah 28.872 (28.872) 1:04.914 (36.042)	Bishop McNam	1:04.92
49 Nichols, Sheyenne 30.081 (30.081) 1:05.009 (34.928)	Western Bran	1:05.01
50 Diasabeygunawardena, M 30.024 (30.024) 1:05.012 (34.988)	Real Trainin	1:05.02
51 Sadler, Ashley 29.791 (29.791) 1:05.281 (35.490)	Usa-Ja	1:05.29

52 Frank, Maeci 30.938 (30.938) 1:05.284 (34.346)	Crozet Crew	1:05.29
53 Guerrero, Ariana 30.487 (30.487) 1:05.365 (34.878)	Unattached	1:05.37
54 Eason, Armony 29.215 (29.215) 1:05.489 (36.274)	Western Bran	1:05.49
55 Monroe, Sydney 30.634 (30.634) 1:05.588 (34.954)	Fort Washing	1:05.59
56 Umlauf, Anna 30.788 (30.788) 1:05.614 (34.826)	Unattached	1:05.62
57 Mulroy, Christina 30.854 (30.854) 1:05.824 (34.970)	Unattached	1:05.83
58 Stroope, Devin 29.529 (29.529) 1:06.017 (36.488)	New England	1:06.02
59 Thomas, Alisha 30.830 (30.830) 1:06.250 (35.420)	Western Bran	1:06.25
60 Mosley, Tijjah 29.329 (29.329) 1:06.803 (37.474)	F.I.A. Lions	1:06.81
61 Taylor, Ella 31.469 (31.469) 1:07.229 (35.760)	Crozet Crew	1:07.23
62 McMichael, Lela 30.963 (30.963) 1:07.829 (36.866)	Unattached	1:07.83
63 Hodson, Hailey 31.927 (31.927) 1:07.903 (35.976)	Crozet Crew	1:07.91
64 Lionel, Carleen 31.749 (31.749) 1:08.259 (36.510)	Fort Washing	1:08.26
65 Jones, Synai 32.465 (32.465) 1:09.237 (36.772)	Sprint Athle	1:09.24
66 Fox, Aaliyah 30.219 (30.219) 1:10.277 (40.058)	Sharpe Athle	1:10.28
67 Johnson, Julia 32.751 (32.751) 1:10.465 (37.714)	Sun City Har	1:10.47
68 Driscoll, Llyric 29.707 (29.707) 1:10.829 (41.122)	Western Bran	1:10.83
69 Williams, Daaya 30.098 (30.098) 1:11.444 (41.346)	Western Bran	1:11.45
70 Abebambo, Iyinolowa 33.243 (33.243) 1:13.419 (40.176)	Western Bran	1:13.42
71 Singleton, Raniah 31.489 (31.489) 1:14.797 (43.308)	Dale City Li	1:14.80
72 Smith, Lily 33.300 (33.300) 1:15.352 (42.052)	Crozet Crew	1:15.36
73 Graham, Kyla 34.275 (34.275) 1:15.679 (41.404)	Western Bran	1:15.68
74 Ebron, Kyden 31.734 (31.734) 1:21.266 (49.532)	Archbishop C	1:21.27

Girls 800 Meter Run High School

Name	School	Finals
1 Lapp, Cadence	Real Trainin	2:20.36
2 Kezal, Mia-Claire	Unattached	2:20.61
3 Lovuolo, Ava	Unattached	2:20.78
4 Rose, Michailyn	F.I.A. Lions	2:20.79
5 Zamrowski, Grace	Unattached	2:21.52
6 Byrne, Katherine	Unattached	2:21.79

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Finals ... (Girls 800 Meter Run High School)

Name	School	Finals
7 Nicholson, Carly	Unattached	2:21.85
8 Brent, Alexandra	New England	2:22.18
9 Madine, Kendall	Real Trainin	2:23.43
10 Wyatt, Jahmei	Unattached	2:24.51
11 Wright, Ariana	Unattached	2:25.39
12 Wills, Grace	Unattached	2:25.89
13 Emin, Sophie	Easton Area	2:26.20
14 McLean, Lucy	New England	2:26.30
15 Fetterolf, Scarlet	Unattached	2:28.10
16 Schriefer, Julia	Unattached	2:28.58
17 White, Elizabeth	New England	2:30.94
18 Ramsey, A'Nya	Bishop McNam	2:31.00
19 Riley, Hannah	Unattached	2:31.31
20 Slovak, Katherine	Unattached	2:33.51
2:33.510 (2:33.510)		
21 Doerschner, Grace	Prolific Per	2:33.54
2:33.534 (2:33.534)		
22 Archuleta, Ansley	Unattached	2:34.60
23 Umlauf, Anna	Unattached	2:36.76
24 Hawk, Skylar	Real Trainin	2:37.53
25 Clark, Allison	Western Bran	2:38.34
26 Thomas, Alisha	Western Bran	2:38.90
27 Ross, Maya	Real Trainin	2:42.42
28 Scott, Kaia	DC Select Tr	2:44.24
2:44.240 (2:44.240)		
29 Mulroy, Christina	Unattached	2:47.34
2:47.336 (2:47.336)		
30 Graham, Kyla	Western Bran	2:59.52
2:59.520 (2:59.520)		
31 Gage, Elise	Dale City Li	3:01.97
3:01.962 (3:01.962)		
32 Walker, Joel	DC Select Tr	3:13.76
3:13.760 (3:13.760)		
33 Ebron, Kyden	Archbishop C	3:28.54

Girls 1000 Meter Run High School

Name	School	Finals
1 Bowe, Caroline	Unattached	2:51.89
33.510 (33.510)		
1:08.850 (35.340)		1:44.794 (35.944)
2:19.090 (34.296)		2:51.884 (32.794)
2 Mosley, Aniya	Unattached	2:55.77
33.806 (33.806)		1:08.658 (34.852)
1:44.638 (35.980)		
2:20.002 (35.364)		2:55.764 (35.762)
3 Pugsley, Cecelia	Unattached	3:00.00
34.362 (34.362)		1:10.534 (36.172)
1:47.444 (36.910)		
2:24.676 (37.232)		2:59.992 (35.316)
4 Schramm, Kayla	Unattached	3:00.02
34.178 (34.178)		1:10.914 (36.736)
1:48.370 (37.456)		
2:25.490 (37.120)		3:00.018 (34.528)
5 Stutzman, Jenna	Crozet Crew	3:03.97
35.232 (35.232)		1:11.764 (36.532)
1:48.822 (37.058)		
2:26.180 (37.358)		3:03.962 (37.782)

6 Turk, Katie	Unattached	3:04.73
34.414 (34.414)		1:11.168 (36.754)
1:48.680 (37.512)		
2:26.668 (37.988)		3:04.726 (38.058)
7 Nicholson, Carly	Unattached	3:05.71
34.724 (34.724)		1:11.262 (36.538)
1:49.414 (38.152)		
2:28.102 (38.688)		3:05.704 (37.602)
8 Davi, Ryan	Unattached	3:07.48
34.008 (34.008)		1:09.628 (35.620)
1:46.888 (37.260)		
2:26.052 (39.164)		3:07.472 (41.420)
9 Simonds, Finleigh	New England	3:07.91
1:15.855 (1:15.855)		1:16.309 (0.454)
1:55.819 (39.510)		
2:33.691 (37.872)		3:07.907 (34.216)
10 Frank, Maeci	Crozet Crew	3:09.22
37.771 (37.771)		1:14.789 (37.018)
1:53.255 (38.466)		
2:31.579 (38.324)		3:09.217 (37.638)
11 Costantino, Alexandria	New England	3:09.30
37.629 (37.629)		1:15.439 (37.810)
1:54.279 (38.840)		
2:32.939 (38.660)		3:09.291 (36.352)
12 Pommerenk, Sophia	New Energy S	3:09.72
38.345 (38.345)		1:16.003 (37.658)
1:55.219 (39.216)		
2:33.809 (38.590)		3:09.719 (35.910)
13 Budzinski, Anya	New England	3:09.81
37.233 (37.233)		1:14.891 (37.658)
1:53.149 (38.258)		
2:31.853 (38.704)		3:09.805 (37.952)
14 Mui, Jennifer	Unattached	3:10.05
37.951 (37.951)		1:15.081 (37.130)
1:53.773 (38.692)		
2:32.459 (38.686)		3:10.047 (37.588)
15 Spillane, Megan	New Energy S	3:10.38
38.055 (38.055)		1:15.327 (37.272)
1:54.049 (38.722)		
2:32.039 (37.990)		3:10.377 (38.338)
16 Richardson, Elise	New Energy S	3:10.71
38.177 (38.177)		1:15.685 (37.508)
1:54.951 (39.266)		
2:34.067 (39.116)		3:10.707 (36.640)
17 Ratcliffe, Kate	Crozet Crew	3:10.75
37.898 (37.898)		1:16.966 (39.068)
1:56.930 (39.964)		
2:35.336 (38.406)		3:10.742 (35.406)
18 Dailey, Marissa	Unattached	3:12.01
36.646 (36.646)		1:16.486 (39.840)
1:57.192 (40.706)		
2:36.776 (39.584)		3:12.004 (35.228)
19 Riley, Hannah	Unattached	3:15.71
34.546 (34.546)		1:12.186 (37.640)
1:53.384 (41.198)		
2:36.152 (42.768)		3:15.710 (39.558)
20 Stone, Jordan	Crozet Crew	3:16.68
38.122 (38.122)		1:17.186 (39.064)
1:57.266 (40.080)		
2:37.164 (39.898)		3:16.676 (39.512)
21 Mickelson, Kara	Sun City Har	3:16.93
38.469 (38.469)		1:15.895 (37.426)
1:54.647 (38.752)		
2:34.951 (40.304)		3:16.929 (41.978)
22 Weinhold, Millie	Unattached	3:17.10
37.652 (37.652)		1:16.726 (39.074)
1:56.744 (40.018)		
2:37.598 (40.854)		3:17.096 (39.498)
23 Richardson, Sophia	New Energy S	3:17.55
37.482 (37.482)		1:16.582 (39.100)
1:56.104 (39.522)		
2:36.932 (40.828)		3:17.550 (40.618)

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

Finals ... (Girls 1000 Meter Run High School)

Name	School	Finals
24 Bauer, Claire	Greater Will	3:19.69
38.340 (38.340)	1:17.818 (39.478)	1:58.566 (40.748)
2:39.492 (40.926)	3:19.690 (40.198)	
25 Rogers, Evelyn	Roadrunners	3:20.45
38.769 (38.769)	1:17.325 (38.556)	1:58.081 (40.756)
2:40.237 (42.156)	3:20.441 (40.204)	
26 Archuleta, Ansley	Unattached	3:20.59
37.199 (37.199)	1:15.783 (38.584)	1:55.665 (39.882)
2:38.365 (42.700)	3:20.583 (42.218)	
27 Ramsey, A'Nya	Bishop McNam	3:20.61
34.208 (34.208)	1:11.462 (37.254)	1:50.778 (39.316)
2:34.084 (43.306)	3:20.606 (46.522)	
28 Umlauf, Anna	Unattached	3:21.08
36.284 (36.284)	1:16.322 (40.038)	1:58.732 (42.410)
2:43.170 (44.438)	3:21.074 (37.904)	
29 Hodson, Hailey	Crozet Crew	3:21.21
38.450 (38.450)	1:18.104 (39.654)	1:59.278 (41.174)
2:41.590 (42.312)	3:21.208 (39.618)	
30 White, Elizabeth	New England	3:21.54
38.243 (38.243)	1:15.865 (37.622)	1:55.953 (40.088)
2:37.623 (41.670)	3:21.531 (43.908)	
31 Edwards, Hannah	Unattached	3:22.17
39.322 (39.322)	1:21.232 (41.910)	2:02.956 (41.724)
2:43.252 (40.296)	3:22.160 (38.908)	
32 Nunziata, Lucy	Unattached	3:22.20
39.338 (39.338)	1:21.510 (42.172)	2:03.772 (42.262)
2:44.472 (40.700)	3:22.200 (37.728)	
33 Taylor, Ella	Crozet Crew	3:24.59
38.748 (38.748)	1:18.202 (39.454)	1:59.096 (40.894)
2:41.630 (42.534)	3:24.590 (42.960)	
34 Cook, Grace	Crozet Crew	3:24.88
40.028 (40.028)	1:22.254 (42.226)	2:04.272 (42.018)
2:46.022 (41.750)	3:24.872 (38.850)	
35 Jones, Caroline	Crozet Crew	3:30.27
40.618 (40.618)	1:22.820 (42.202)	2:05.938 (43.118)
2:49.788 (43.850)	3:30.270 (40.482)	
36 Leddy, Kate	Goon Squad T	3:32.44
38.663 (38.663)	1:18.211 (39.548)	2:01.331 (43.120)
2:47.887 (46.556)	3:32.433 (44.546)	
37 Juhas, Cailan	Unattached	3:46.34
42.514 (42.514)	1:27.034 (44.520)	2:14.718 (47.684)
3:02.970 (48.252)	3:46.334 (43.364)	
38 Bailey, Kendall	New Energy S	3:54.30
43.044 (43.044)	1:29.904 (46.860)	2:19.312 (49.408)
3:08.984 (49.672)	3:54.300 (45.316)	
39 Kelly, Savannah	New Energy S	4:00.65
43.694 (43.694)	1:30.730 (47.036)	2:21.112 (50.382)
3:14.250 (53.138)	4:00.646 (46.396)	
40 Westlake, Isabelle	Unattached	4:09.36
49.338 (49.338)	1:40.946 (51.608)	2:32.440 (51.494)
3:23.642 (51.202)	4:09.360 (45.718)	
41 McLaughlin, Kylee	Unattached	4:14.51
49.802 (49.802)	1:41.530 (51.728)	2:35.204 (53.674)
3:27.982 (52.778)	4:14.508 (46.526)	

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

42	LaRoche, Reilly	Unattached	4:41.67
	52.326 (52.326)	1:48.796 (56.470)	2:47.414 (58.618)
	3:47.444 (1:00.030)	4:41.662 (54.218)	

Girls 1 Mile Run High School

Name	School	Finals
Finals		
1 Wennersten, Camryn	Garden State	4:53.22
		1:11.878 (1:11.878) 2:27.220 (1:15.342) 3:41.802 (1:14.582)
		4:53.216 (1:11.414)
2 Gordon, Ava	Unattached	4:55.18
		1:12.048 (1:12.048) 2:27.642 (1:15.594) 3:42.662 (1:15.020)
		4:55.178 (1:12.516)
3 Petersen, Campbell	Unattached	4:58.72
		1:12.740 (1:12.740) 2:28.334 (1:15.594) 3:46.202 (1:17.868)
		4:58.714 (1:12.512)
4 Haas, Olivia	Unattached	4:58.98
		1:12.200 (1:12.200) 2:28.020 (1:15.820) 3:46.052 (1:18.032)
		4:58.980 (1:12.928)
5 James, Taylor	Real Trainin	5:00.69
		1:09.068 (1:09.068) 2:25.872 (1:16.804) 3:45.736 (1:19.864)
		5:00.690 (1:14.954)
6 Mosley, Aniya	Unattached	5:00.97
		1:11.632 (1:11.632) 2:27.080 (1:15.448) 3:45.382 (1:18.302)
		5:00.970 (1:15.588)
7 Altieri, Kathryn	Island Expre	5:05.50
		1:13.014 (1:13.014) 2:29.950 (1:16.936) 3:47.468 (1:17.518)
		5:05.500 (1:18.032)
8 Gillooly, Ali	New England	5:07.38
		1:16.134 (1:16.134) 2:34.018 (1:17.884) 3:51.364 (1:17.346)
		5:07.372 (1:16.008)
9 Duffy, Kiera	Unattached	5:08.89
		1:15.740 (1:15.740) 2:33.916 (1:18.176) 3:51.618 (1:17.702)
		5:08.888 (1:17.270)
10 Till, Madeline	Unattached	5:09.85
		1:15.836 (1:15.836) 2:34.150 (1:18.314) 3:52.486 (1:18.336)
		5:09.846 (1:17.360)
11 Ielfield, Hannah	Unattached	5:11.96
		1:12.962 (1:12.962) 2:31.468 (1:18.506) 3:52.762 (1:21.294)
		5:11.960 (1:19.198)
12 Aguilera, Kristen	Island Expre	5:13.62
		1:16.704 (1:16.704) 2:35.384 (1:18.680) 3:54.288 (1:18.904)
		5:13.612 (1:19.324)
13 Simonds, Finleigh	New England	5:14.27
		1:18.928 (1:18.928) 2:39.278 (1:20.350) 4:00.538 (1:21.260)
		5:14.264 (1:13.726)
14 Goeson, Tiani	Pacific Coas	5:14.59
		1:14.928 (1:14.928) 2:33.878 (1:18.950) 3:53.888 (1:20.010)
		5:14.584 (1:20.696)
15 Piombino, Sonia	Unattached	5:15.10
		1:13.444 (1:13.444) 2:31.758 (1:18.314) 3:53.502 (1:21.744)
		5:15.100 (1:21.598)
16 Stutzman, Jenna	Crozet Crew	5:15.26
		1:17.730 (1:17.730) 2:37.530 (1:19.800) 3:58.562 (1:21.032)
		5:15.254 (1:16.692)

Finals ... (Girls 1 Mile Run High School)

Name	School	Finals
17 Mack, Hannah	Unattached	5:15.35
		1:16.948 (1:16.948) 2:36.884 (1:19.936) 3:57.356 (1:20.472)
		5:15.350 (1:17.994)
18 Lapp, Cadence	Real Trainin	5:15.78
		1:16.520 (1:16.520) 2:34.862 (1:18.342) 3:54.008 (1:19.146)
		5:15.776 (1:21.768)
19 Fetterolf, Scarlet	Unattached	5:15.86
		1:17.400 (1:17.400) 2:36.800 (1:19.400) 3:57.452 (1:20.652)
		5:15.854 (1:18.402)
20 Bauer, Caroline	Greater Will	5:16.02
		1:17.932 (1:17.932) 2:37.598 (1:19.666) 3:57.542 (1:19.944)
		5:16.016 (1:18.474)
21 Heft, Austin	New Energy S	5:16.92
		1:18.632 (1:18.632) 2:38.496 (1:19.864) 3:59.736 (1:21.240)
		5:16.912 (1:17.176)
22 Albergo, Anna	Unattached	5:17.09
		1:17.626 (1:17.626) 2:37.690 (1:20.064) 3:59.320 (1:21.630)
		5:17.082 (1:17.762)
23 Costantino, Alexandria	New England	5:17.93
		1:17.364 (1:17.364) 2:37.346 (1:19.982) 3:59.060 (1:21.714)
		5:17.926 (1:18.866)
24 Pickett, Elizabeth	Unattached	5:18.03
		1:19.330 (1:19.330) 2:38.062 (1:18.732) 3:59.134 (1:21.072)
		5:18.030 (1:18.896)
25 Keller, Mackenzie	Unattached	5:18.48
		1:17.602 (1:17.602) 2:39.554 (1:21.952) 4:03.446 (1:23.892)
		5:18.476 (1:15.030)
26 Pendleton, Emmaline	Unattached	5:19.85
		1:19.748 (1:19.748) 2:41.392 (1:21.644) 4:05.364 (1:23.972)
		5:19.842 (1:14.478)
27 Madine, Kendall	Real Trainin	5:20.04
		1:18.262 (1:18.262) 2:38.204 (1:19.942) 3:59.038 (1:20.834)
		5:20.034 (1:20.996)
28 Murphy, Madison	Frederick Co	5:20.67
		1:18.202 (1:18.202) 2:40.672 (1:22.470) 4:03.142 (1:22.470)
		5:20.668 (1:17.526)
29 Vanderkolk, Kaitlyn	Unattached	5:20.96
		1:12.914 (1:12.914) 2:33.104 (1:20.190) 3:58.464 (1:25.360)
		5:20.954 (1:22.490)
30 Collins, Caroline	New England	5:21.45
		1:18.446 (1:18.446) 2:40.448 (1:22.002) 4:03.036 (1:22.588)
		5:21.442 (1:18.406)
31 Morley, Caroline	Unattached	5:21.83
		1:16.282 (1:16.282) 2:38.908 (1:22.626) 4:02.644 (1:23.736)
		5:21.830 (1:19.186)
32 McDaniel, Farah	Unattached	5:22.00
		1:16.970 (1:16.970) 2:38.752 (1:21.782) 4:01.372 (1:22.620)
		5:21.996 (1:20.624)
33 Boonshaft, Morgan	Providence D	5:22.72
		1:19.112 (1:19.112) 2:39.898 (1:20.786) 4:01.746 (1:21.848)
		5:22.712 (1:20.966)
34 Mui, Jennifer	Unattached	5:25.71
		1:17.666 (1:17.666) 2:40.270 (1:22.604) 4:04.830 (1:24.560)
		5:25.706 (1:20.876)

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

35	Jappe, Olivia	Unattached	5:26.80
	1:17.206 (1:17.206)	2:41.004 (1:23.798)	4:04.958 (1:23.954)
	5:26.796 (1:21.838)		
36	Gibson, Taylor	Xc-Elite	5:27.19
	1:17.854 (1:17.854)	2:40.222 (1:22.368)	4:04.428 (1:24.206)
	5:27.186 (1:22.758)		
37	Turk, Katie	Unattached	5:27.70
	1:17.340 (1:17.340)	2:38.888 (1:21.548)	4:02.884 (1:23.996)
	5:27.700 (1:24.816)		
38	Pavese, Lexi	Unattached	5:27.83
	1:19.764 (1:19.764)	2:41.498 (1:21.734)	4:06.328 (1:24.830)
	5:27.824 (1:21.496)		
39	Byrne, Katherine	Unattached	5:29.48
	1:17.194 (1:17.194)	2:36.552 (1:19.358)	4:01.176 (1:24.624)
	5:29.478 (1:28.302)		
40	Haworth, Allison	Garden State	5:29.79
	1:17.888 (1:17.888)	2:40.862 (1:22.974)	4:06.974 (1:26.112)
	5:29.786 (1:22.812)		
41	Smith, Maddie	Unattached	5:29.99
	1:21.136 (1:21.136)	2:45.034 (1:23.898)	4:10.106 (1:25.072)
	5:29.986 (1:19.880)		
42	Schriefer, Julia	Unattached	5:30.10
	1:19.080 (1:19.080)	2:40.922 (1:21.842)	4:05.900 (1:24.978)
	5:30.098 (1:24.198)		
43	Reed, Maggie	New Energy S	5:30.36
	1:21.454 (1:21.454)	2:44.508 (1:23.054)	4:10.272 (1:25.764)
	5:30.358 (1:20.086)		
44	Weaver, Michelle	Ellicott Cit	5:32.11
	1:20.714 (1:20.714)	2:42.358 (1:21.644)	4:06.188 (1:23.830)
	5:32.104 (1:25.916)		
45	Dailey, Marissa	Unattached	5:32.33
	1:18.124 (1:18.124)	2:40.368 (1:22.244)	4:06.504 (1:26.136)
	5:32.322 (1:25.818)		
46	Marmo, Ally	Unattached	5:34.00
	1:21.602 (1:21.602)	2:46.622 (1:25.020)	4:11.250 (1:24.628)
	5:33.996 (1:22.746)		
47	Garber, Madison	Unattached	5:35.18
	1:19.140 (1:19.140)	2:43.080 (1:23.940)	4:09.782 (1:26.702)
	5:35.176 (1:25.394)		
48	Ratcliffe, Kate	Crozet Crew	5:36.34
	1:19.608 (1:19.608)	2:44.092 (1:24.484)	4:12.878 (1:28.786)
	5:36.336 (1:23.458)		
49	Nutt, Kaiti	Unattached	5:36.37
	1:20.706 (1:20.706)	2:45.086 (1:24.380)	4:11.894 (1:26.808)
	5:36.362 (1:24.468)		
50	Talanova, Katerina	Ellicott Cit	5:36.57
	1:16.074 (1:16.074)	2:36.274 (1:20.200)	4:07.930 (1:31.656)
	5:36.562 (1:28.632)		
51	Zamrowski, Grace	Unattached	5:36.70
	1:21.408 (1:21.408)	2:45.274 (1:23.866)	4:12.000 (1:26.726)
	5:36.698 (1:24.698)		
52	Liu, Victoria	Unattached	5:37.12
	1:18.684 (1:18.684)	2:41.654 (1:22.970)	4:08.930 (1:27.276)
	5:37.118 (1:28.188)		

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

Finals ... (Girls 1 Mile Run High School)

Name	School	Finals
53 Kasargod, Aanchal	Ellicott Cit	5:37.23
1:16.284 (1:16.284)	2:37.232 (1:20.948)	4:06.342 (1:29.110)
5:37.228 (1:30.886)		
54 Graham, Lillia	Xc-Elite	5:37.50
1:20.138 (1:20.138)	2:44.530 (1:24.392)	4:11.712 (1:27.182)
5:37.492 (1:25.780)		
55 Wills, Grace	Unattached	5:39.99
1:18.870 (1:18.870)	2:40.038 (1:21.168)	4:09.858 (1:29.820)
5:39.984 (1:30.126)		
56 Fetterolf, Cecelia	Unattached	5:41.71
1:19.536 (1:19.536)	2:44.100 (1:24.564)	4:13.372 (1:29.272)
5:41.702 (1:28.330)		
57 Doerschner, Grace	Prolific Per	5:42.41
1:26.359 (1:26.359)	2:52.709 (1:26.350)	4:22.111 (1:29.402)
5:42.405 (1:20.294)		
58 Lamberson, Megan	Unattached	5:42.82
1:25.163 (1:25.163)	2:51.253 (1:26.090)	4:19.393 (1:28.140)
5:42.819 (1:23.426)		
59 Dillard, Sadie	Unattached	5:44.34
1:20.318 (1:20.318)	2:44.486 (1:24.168)	4:13.908 (1:29.422)
5:44.338 (1:30.430)		
60 Stone, Jordan	Crozet Crew	5:45.60
1:22.484 (1:22.484)	2:49.972 (1:27.488)	4:18.860 (1:28.888)
5:45.592 (1:26.732)		
61 Rogers, Evelyn	Roadrunners	5:46.08
1:23.194 (1:23.194)	2:50.490 (1:27.296)	4:18.336 (1:27.846)
5:46.072 (1:27.736)		
62 Seeley, Julia	Unattached	5:47.34
1:25.803 (1:25.803)	2:52.093 (1:26.290)	4:22.083 (1:29.990)
5:47.337 (1:25.254)		
63 Brown, Faith	Unattached	5:47.58
1:25.891 (1:25.891)	2:52.593 (1:26.702)	4:22.431 (1:29.838)
5:47.573 (1:25.142)		
64 Lackey, Eryn	Unattached	5:48.72
1:27.191 (1:27.191)	2:56.659 (1:29.468)	4:30.169 (1:33.510)
5:48.715 (1:18.546)		
65 Brown, Madison	Unattached	5:50.44
1:13.972 (1:13.972)	2:43.180 (1:29.208)	4:18.822 (1:35.642)
5:50.438 (1:31.616)		
66 Jarama, Leila	Xc-Elite	5:50.87
1:25.523 (1:25.523)	2:51.749 (1:26.226)	4:21.803 (1:30.054)
5:50.869 (1:29.066)		
67 Ross, Maya	Real Trainin	5:52.43
1:26.903 (1:26.903)	2:56.387 (1:29.484)	4:30.137 (1:33.750)
5:52.425 (1:22.288)		
68 Archuleta, Ansley	Unattached	5:53.24
1:20.784 (1:20.784)	2:45.782 (1:24.998)	4:17.200 (1:31.418)
5:53.240 (1:36.040)		
69 Neff, Hannah	Greater Will	5:55.30
1:28.307 (1:28.307)	2:58.683 (1:30.376)	4:28.745 (1:30.062)
5:55.295 (1:26.550)		
70 Galbraith, Rebecca	Unattached	5:56.39
1:26.920 (1:26.920)	2:59.556 (1:32.636)	4:31.818 (1:32.262)
5:56.382 (1:24.564)		

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Results - Friday

71	Loewe, Morgan	Unattached	5:57.90
	1:22.248 (1:22.248)	2:49.878 (1:27.630)	4:23.220 (1:33.342)
	5:57.896 (1:34.676)		
72	Stiltner, Julia	Unattached	6:03.38
	1:28.339 (1:28.339)	2:58.695 (1:30.356)	4:33.299 (1:34.604)
	6:03.373 (1:30.074)		
73	Jones, Caroline	Crozet Crew	6:13.85
	1:27.859 (1:27.859)	3:00.009 (1:32.150)	4:39.119 (1:39.110)
	6:13.843 (1:34.724)		
74	Smith, Lily	Crozet Crew	6:17.04
	1:33.571 (1:33.571)	3:10.613 (1:37.042)	4:46.817 (1:36.204)
	6:17.031 (1:30.214)		
75	Boyer, Ava	Greater Will	6:18.11
	1:31.167 (1:31.167)	3:05.911 (1:34.744)	4:45.825 (1:39.914)
	6:18.103 (1:32.278)		
76	Gage, Elise	Dale City Li	6:40.34
	1:30.947 (1:30.947)	3:05.671 (1:34.724)	4:55.143 (1:49.472)
	6:40.335 (1:45.192)		
77	Vosler, Seven	Chesapeake D	6:55.91
	1:38.443 (1:38.443)	3:24.675 (1:46.232)	5:13.061 (1:48.386)
	6:55.905 (1:42.844)		

Girls 60 Meter Hurdles High School

Name	School	Prelims
Preliminaries		
1	Stelly, Zamia	Virginia Bea 8.62q
2	Ballard, Na'Taja	Western Bran 8.71q
3	Duren, Katharine	New England 8.82q
4	Bentley, Camden	Ohio Speed A 8.84q
5	Saunders, Marissa	Ohio Speed A 8.89q
6	Rollins, Peyton	Metro-Cobras 8.90q
7	Lemelin, Annie	Unattached 8.96q
8	Clemens, Cassidy	All American 9.12q
9	Shivers, Zyra	Unattached 9.15
10	Schweitzer, Mariella	Unattached 9.24
11	Williams, Kayli	Unattached 9.24
12	Ellis, Sydney	War TC 9.31
13	Conklin, Desiree	F.I.A. Lions 9.32
14	Brown, Shayla	Track 757 9.33
15	Ruffener, Katie	Ohio Speed A 9.33
16	Jacobs, Nadia	Track 757 9.42
17	Mcilwain, Arie	Unattached 9.51
18	Fredrick, Deonni	F.I.A. Lions 9.70
19	Cherry, Nyla	Unattached 9.78
20	Brent, Alexandra	New England 9.84
21	Duren, Janessa	New England 9.87
22	Nichols, Sheyenne	Western Bran 9.87
23	Haythe, Sanai'	Bishop McNam 10.09
24	Huck, Claire	New England 10.15
25	Bernard, Anissa	Unattached 10.18
26	Pettyjohn, Hannah	Unattached 10.18
27	Smith, Gracie	Ohio Speed A 10.20
28	Jones, Synai	Sprint Athle 10.59
29	Lytle, Nicole	DC Select Tr 10.67
30	Goodrich, Yazmin	Western Bran 10.77
31	Morris, Kayla	War TC 11.05

Preliminaries ... (Girls 60 Meter Hurdles High School)

Name	School	Prelims
32	Venable, Madelyn	Unattached 11.38
33	Garland, Ava	Bishop McNam 12.05
34	Hammonds, Gabrielle	Ohio Speed A 12.62
35	Graham, Kyla	Western Bran 12.95

Girls 4x200 Meter Relay High School

Team	Relay	Prelims
Preliminaries		
1	Track 757	A 1:44.53q
	52.345 (52.345)	1:18.211 (25.866) 1:44.521 (26.310)
2	Ohio Speed A	A 1:45.60q
	1) Bentley, Camden	2) Saunders, Marissa
	3) Ruffener, Katie	4) Hammonds, Gabrielle
	53.147 (53.147)	1:20.307 (27.160) 1:45.597 (25.290)
3	Sharpe Athletics	A 1:45.70q
	54.555 (54.555)	1:20.911 (26.356) 1:45.697 (24.786)
4	Real Training	A 1:48.31q
	1) Hawk, Skylar	2) Rudolph, Julia
	3) Diasabeygunawardena, Marg	4) Burnett, Jordan
	54.583 (54.583)	1:21.379 (26.796) 1:48.307 (26.928)
5	F.I.A. Lions	A 1:49.44q
	1) Conklin, Desiree	2) Fredrick, Deonni
	3) John, Suraya	4) Britton, YaDeja
	54.159 (54.159)	1:22.457 (28.298) 1:49.439 (26.982)
6	Nova AC	A 1:53.86q
	1) Hunter, Grace	2) Stubbs, Anastasia
	3) Slovak, Katherine	4) Galvis, Stephany
	56.915 (56.915)	1:26.143 (29.228) 1:53.853 (27.710)
7	War TC	A 1:55.16
	55.815 (55.815)	1:25.283 (29.468) 1:55.159 (29.876)

Girls 4x400 Meter Relay High School

Team	Relay	Finals
Finals		
1	War TC	A 4:06.60
	1:03.320 (1:03.320)	2:01.677 (58.357) 3:04.945 (1:03.268)
	4:06.597 (1:01.652)	
2	Ohio Speed A	A 4:08.51
	1) Brennan, Abby	2) Long, Ashley
	3) Melican, Sam	4) Moore, Emily
	1:03.213 (1:03.213)	2:07.181 (1:03.969) 3:07.169 (59.988)
	4:08.501 (1:01.332)	

Girls High Jump High School

Name	School	Finals
Finals		
1	Cox, Kacy	Greenbrier C 5-02.00
2	Cherry, Nyla	Unattached 5-00.00
3	Pettyjohn, Hannah	Unattached J5-00.00
4	Conklin, Desiree	F.I.A. Lions 4-10.00
5	Hilliard, Tyra	Panthers Eli J4-10.00
6	Miller, Madison	Bishop McNam 4-08.00
7	Britton, YaDeja	F.I.A. Lions J4-08.00
---	Stone, Eliza	Unattached NH

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--- Guerrero, Ariana Dunbar High NH

Girls Pole Vault High School

Name	School	Finals
Finals		
1 Timberg, Chloe	Unattached	13-06.25
2 Hart, Meghan	Unattached	11-01.00
3 Pettyjohn, Hannah	Unattached	J11-01.00
4 Hoffman, Kirstin	Unattached	J11-01.00
5 Illieva, Natalia	Img Elite	J11-01.00
5 Askelson, Amber	Unattached	J11-01.00
7 Baker, Kaitlyn	Unattached	J11-01.00
8 Leduff, Logan	Img Elite	10-07.00
9 Lucy, Lauren	Unattached	J10-07.00
10 Perlmutter, Lena	Unattached	10-01.00
11 D'Ambrosia, Ashley	Unattached	9-07.00
12 Herman, Louise	Unattached	J9-07.00
13 Oâ€™mara, Bridget	Unattached	J9-07.00
14 Strobach, Elizabeth	Balance Club	9-01.00
--- Fuddy, Megan	Unattached	NH
--- Smith, Charlotte	Unattached	NH
--- Moyer, Grady	Img Elite	NH
--- Knowles, Lily	Unattached	NH

Girls Long Jump High School

Name	School	Finals
Finals		
1 Seetoo, Emma	Mvp League	19-11.50
2 Robson, Stephanie	Mvp League	18-09.25
3 Geiser, Abby	Unattached	18-08.75
4 Gooden, Lena	Dale City Li	18-01.25
5 Robson, Alyssa	Mvp League	17-11.00
6 Schweitzer, Mariella	Unattached	17-10.50
7 Rawlings, Brianna	Img Elite	17-07.50
8 Cherry, Nyla	Unattached	16-11.25
9 Carroll, Kathryn	Real Trainin	16-09.75
10 Guerrero, Ariana	Unattached	16-09.25
11 Miller, Madison	Bishop McNam	16-09.00
12 Sadler, Ashley	Usa-Ja	J16-09.00
13 Emery, Alexis	Unattached	16-08.75
14 Wallace, Maeghan	Unattached	16-04.75
15 Wise, Akata	Baltimore Wh	16-02.00
16 Bernard, Anissa	Unattached	16-00.00
17 Hoggard, Timira	Unattached	15-10.75
18 Nichols, Sheyenne	Western Bran	15-10.25
19 Rivera, Ana Cecilia	Img Elite	15-08.25
20 Goodrich, Yazmin	Western Bran	15-07.25
21 Cox, Kacy	Greenbrier C	15-06.00
22 Diasabeygunawardena, M	Real Trainin	15-02.25
23 Naysmith, Grace	Real Trainin	14-09.00
24 Robinson, Aaliyah	Real Trainin	14-08.00
25 Heo, Eilene	Real Trainin	14-04.00
26 figueroa, Abbey	Ohio Speed A	13-05.25
27 Keomanivong, Kylie	Unattached	12-07.00
--- Bailey, Morgan	Bishop McNam	FOUL
--- Driscoll, Llyric	Western Bran	FOUL

Girls Triple Jump High School

Name	School	Finals
Finals		
1 Seetoo, Emma	Mvp League	39-10.25
2 Robson, Stephanie	Mvp League	39-08.00
3 Bernard, Anissa	Unattached	38-02.25
4 Ward, Nyah	Greater Will	38-01.75
5 Robson, Alyssa	Mvp League	37-09.00
6 Abraham, Dana	Greater Will	37-03.75
7 Miller, Madison	Bishop McNam	36-08.00
8 Venable, Madelyn	Unattached	35-07.00
9 Rivera, Ana Cecilia	Img Elite	35-04.25
10 John, Suraya	F.I.A. Lions	35-02.00
11 Wise, Akata	Baltimore Wh	34-06.25
12 Rawlings, Brianna	Img Elite	33-09.25
13 Carroll, Kathryn	Real Trainin	33-06.25
14 Bailey, Morgan	Bishop McNam	33-03.50
15 Naysmith, Grace	Real Trainin	32-11.25
16 Robinson, Aaliyah	Real Trainin	32-06.50
17 Diasabeygunawardena, M	Real Trainin	32-03.75
18 Fredrick, Deonni	F.I.A. Lions	30-02.25
19 Heo, Eilene	Real Trainin	29-07.50
20 Keomanivong, Kylie	Unattached	29-03.00
--- Emery, Alexis	Unattached	FOUL

Girls Shot Put High School

Name	School	Finals
Finals		
1 Campbell, DeMya	Unattached	37-05.00
2 Pettyjohn, Hannah	Unattached	36-07.75
3 Brown, Sytieia	Baltimore Wh	36-04.75
4 Hope, Naliah	Panthers Eli	36-04.50
5 Wiley, Kaitlin	Commonwealth	34-05.50
6 Athy, I'Kira	Commonwealth	33-11.25
7 Gunn, Gabrielle	Western Bran	33-07.00
8 Ring, Alexia	Commonwealth	32-00.50
9 Long, Nia	Unattached	32-00.25
10 Kingsburr, Alexia	Western Bran	30-05.00
11 Oakley, Jaykala	Western Bran	28-01.25
12 Terry, Hannah	Western Bran	28-00.75
13 Deglau, Gabi	Commonwealth	27-11.75
14 Walker, Joel	DC Select Tr	27-01.75
15 Lytle, Nadia	DC Select Tr	26-09.00
16 Singleton, Raniah	Dale City Li	25-02.25
17 Cherry, Nyla	Unattached	24-05.00

Boys 60 Meter Dash High School

Name	School	Prelims
Preliminaries		
1 Harbor, Nyckoles	Archbishop C	6.97q
2 Staats, Shavar	Milford Mill	6.98q
3 Whittle, Shamali	Trenton TC	7.00q
4 White, Carlson	Unattached	7.06q
5 Small, Almond	Unattached	7.06q
6 Roberts, Jamir	Quick 6	7.06q

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7	Price-Whitehead, Jaden	Unattached	7.06q
8	Hairston, Corey	FK Elite	7.07q
9	Adekoya, Christopher	Island Expre	7.07
10	Johnson, Jalen	Track 757	7.08
11	Scarnato, Dylan Parker	Mvp League	7.08
12	Carmichael, Xavier	Spartan Chos	7.09
13	Sherman, Zac	Ohio Speed A	7.10
14	Brown, Marcus	Archbishop C	7.12
14	Arbogast, Alex	Unattached	7.12
16	Tuten, Bhayshul	Sharpe Athle	7.13
17	Saunders, Kaden	Ohio Speed A	7.16
18	Stocker, D'Angelo	Malvern Prep	7.17
19	Sims, Antonio	Riverdale Ba	7.19
20	Wigfield, Breez	Milford Mill	7.20
21	Barnes, Khari	F.I.A. Lions	7.21
22	Richards, Nickory	Golden Eagle	7.21
23	Sapp, Keshon	All American	7.24
24	Brown, Jaden	Greater Norr	7.24
25	Hinton, Malachi	River Runner	7.24
26	Hildreth, Elijah	Greater Norr	7.25
27	Baker, Ronnie	Panthers Eli	7.25
28	Simpson, Chance	Macon County	7.26
29	Bey, Ky'Mani	Unattached	7.27
30	Sen, Arun	Unattached	7.27
31	Stokes, Isaiah	Unattached	7.36
32	Lincoln IV, Judson	Bullseye Run	7.36
33	Williams, Marcus	Flight	7.37
34	Young, Donovan	Unattached	7.39
35	Johnson, Taylor	Unattached	7.40
36	Page, Nicholas	Unattached	7.40
37	Moore, Blake	Unattached	7.41
37	Warmington, Kyle	Usa-Ja	7.41
39	Okerson, Samuel	Unattached	7.42
40	Dargie, Kyle	New England	7.42
41	Vecchiarelli, Giovanni	Unattached	7.44
42	Xue, Andrew	Corentyne Co	7.46
43	Oyeniran, Jubelo	Unattached	7.48
44	Carter, Daron	Bishop McNam	7.49
45	Washington, Demari	Bishop McNam	7.52
46	Whaley, Marcus	Ohio Speed A	7.53
47	McDonald, Nasir	Cumberland H	7.55
48	McClinton-El, Tyrese	Real Trainin	7.55
49	Mawussi, Elom	F.I.A. Lions	7.55
50	Kelsey, Min	Unattached	7.56
51	Ayodele, Opemipo	Unattached	7.57
51	Gordon, Devin	Unattached	7.57
53	Tate, Braelon	Real Trainin	7.58
54	Korman, William	Img Elite	7.58
55	raynor, aaron	Norfolk Real	7.59
56	Christiansen, Aidan	Real Trainin	7.59
57	Roberts, Javar-Malik	Bishop McNam	7.59
58	Terrell Jr, Roberto	Unattached	7.60
59	McGinnis, Isaac	DeMatha Cath	7.60
60	Flowers, Brian	War TC	7.62
61	Asabare, Emmanuel	Ohio Speed A	7.63
62	Robinson, Tyrel	Dale City Li	7.66

Preliminaries ... (Boys 60 Meter Dash High School)

Name	School	Prelims
63	Curtis, Kaden	Unattached 7.67
64	Parker, Cole	301 Panthers 7.68
65	Coles, David	Spartan Chos 7.68
66	Carter, Keyontae	Empire 7.69
67	Jamison, Nathaniel	Ohio Speed A 7.71
68	Smith, Koven	Prominent At 7.74
69	Dowdell, Brian	DeMatha Cath 7.75
70	Brooks, Tyá™John	Empire 7.86
71	Jones, Nicolas	Unattached 7.88
72	Kouassi-brou, N'Sikan	Corentyne Co 7.90
73	Frazer, Ian	Dale City Li 7.93
74	Cheng, Devon	Corentyne Co 8.05
75	Murphy, Brendan	Real Trainin 8.06
76	Peace, Johnnie	Unattached 8.26
77	Phillips, Luke	301 Panthers 8.53
---	Saint-Victor, Alexander	DeMatha Cath FS

Boys 200 Meter Dash High School

Name	School	Prelims
Preliminaries		
1	Slade, Jaylen	Img Elite 20.97q
2	Harbor, Nyckoles	Archbishop C 21.36q
3	Whittle, Shamali	Trenton TC 21.63q
4	Sapp, Keshon	All American 21.95q
5	Beckford, Malcolm	DeMatha Cath 22.14q
6	Landen, Adam	Img Elite 22.16q
7	Brown, Marcus	Archbishop C 22.28
8	Monroe, Isaiah	All American 22.32
9	Tritto, Dominic	New England 22.37
10	Lincoln IV, Judson	Bullseye Run 22.52
11	Scarnato, Dylan Parker	Mvp League 22.53
12	Hinton, Malachi	River Runner 22.59
13	Warmington, David	Archbishop C 22.60
14	Parker, Christian	All American 22.60
15	Miller, Jahari	NextGen 22.64
16	Hilton, Addison	Unattached 22.65
17	Sims, Antonio	Riverdale TC 22.70
18	Wigfield, Breez	Milford Mill 22.76
19	Small, Almond	Unattached 22.77
19	Williams, Jalen	Archbishop C 22.77
21	Morgan, Christian	Panthers Eli 22.78
22	Staats, Shavar	Milford Mill 22.82
23	Simpson, Chance	Macon County 22.83
24	Arbogast, Alex	Unattached 22.86
25	Adekoya, Christopher	Island Expre 22.89
26	Temoney, Reece	Archbishop C 22.91
27	Young, Jarrett	New England 22.93
28	Flaker, Jayden	Unattached 22.94
29	Long, James	DeMatha Cath 22.96
30	Atkins, Talil	Baltimore Wh 22.99
31	Sherman, Zac	Ohio Speed A 22.99
32	Johnson, Taylor	Unattached 23.08
33	Feldenkirchen, Bennett	Unattached 23.12
34	Bryan, Shane	Golden Eagle 23.13

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Results - Friday

35	Parker, Chris	Sprint Athle	23.13
36	Phillips, Sage	DeMatha Cath	23.14
37	Morris, Tyler	Western Bran	23.21
38	Sims, Alonzo	Riverdale TC	23.22
39	Bey, Ky'Mani	Unattached	23.24
40	ohenhen, vincent	Unattached	23.25
41	Quainoo, Justice	Usa-Ja	23.29
42	Major, Langston	Corentyne Co	23.33
43	Nobrega, Kaiden	New England	23.33
44	Eggleston, AJ	Ohio Speed A	23.39
45	Dargie, Kyle	New England	23.39
46	Brown, Jaden	Greater Norr	23.42
47	Sen, Arun	Unattached	23.49
48	Edmonds, Erone	Western Bran	23.51
49	Hairston, Korey	FK Elite	23.58
50	Richards, Nickory	Golden Eagle	23.61
51	Curtis, Kaden	Unattached	23.69
52	James, Jordan	Baltimore Wh	23.71
53	Saint-Victor, Alexander	DeMatha Cath	23.72
54	Korman, William	Img Elite	23.74
55	Little, Jaryen	Unattached	23.78
56	Ojurongbe, Demi	DeMatha Cath	23.80
57	Waterman, Anthony	DeMatha Cath	23.84
58	Tuten, Bhayshul	Sharpe Athle	23.85
59	Terrell Jr, Roberto	Unattached	23.90
60	Whaley, Marcus	Ohio Speed A	23.91
61	Hall, Aidan	Mvp League	23.93
62	Hildreth, Elijah	Greater Norr	23.97
63	Moore, George	Western Bran	24.04
64	Vecchiarelli, Giovanni	Unattached	24.05
65	Ransone, Will	Unattached	24.06
66	Okerson, Samuel	Unattached	24.08
67	McClinton-El, Tyrese	Real Trainin	24.11
68	Jackson, Devin	Sprint Athle	24.11
69	Gordon, Devin	Unattached	24.17
70	Kelsey, Min	Unattached	24.17
71	Baker, Ronnie	Panthers Eli	24.18
72	Lee, Joseph	Unattached	24.19
73	Christiansen, Aidan	Real Trainin	24.26
74	Harder, Quinn	Unattached	24.35
75	Vaughn, Star	Golden Eagle	24.38
76	Oyeniran, Jubelo	Unattached	24.39
77	Xue, Andrew	Corentyne Co	24.45
78	Dowdell, Brian	DeMatha Cath	24.47
79	Butler, Nicholas	DeMatha Cath	24.55
80	Ransone, Alex	Unattached	24.60
81	Robinson, Tyrel	Dale City Li	24.81
82	Hinton, Micah	Western Bran	24.84
83	Tate, Braelon	Real Trainin	24.85
84	Cook, Isaiah	Island Expre	24.97
85	Owens, Christopher	Unattached	24.97
86	DeRosier, Chancellor	Prolific Per	24.97
87	Parker, Cole	301 Panthers	25.02
88	Rose, Caleb	Fort Washing	25.04
89	Warmington, Kyle	Usa-Ja	25.06
90	Clemmons-Parker, Tristen	Unattached	25.11

Preliminaries ... (Boys 200 Meter Dash High School)

Name	School	Prelims
91	Jamison, Nathaniel	Ohio Speed A 25.12
92	Iv, Ramon Valentine	Baltimore Wh 25.32
93	Backus, Donovan	DeMatha Cath 25.32
94	Ayodele, Opemipo	Unattached 25.33
95	Bradford, Cason	Unattached 25.50
96	Murphy, Brendan	Real Trainin 25.76
97	John, Ivan	Sprint Athle 26.03
98	Frazer, Ian	Dale City Li 26.20
99	Long, Conner	Unattached 26.86
100	Walker, Morris	DC Select Tr 26.95
101	Gresham, Joshua	Fort Washing 26.95
102	Grable, Connor	Golden Eagle 27.43
103	Haroutunian, Joseph	New England 27.72
104	Peace, Johnnie	Unattached 27.84
105	Frillici, Lucas	Unattached 28.24
106	Stokes, Isaiah	Unattached 28.51
107	Alavi, Giovanni	Corentyne Co 29.75

Boys 400 Meter Dash High School

Name	School	Finals
Finals		
1	Slade, Jaylen	Img Elite 47.84
	22.265 (22.265)	47.836 (25.572)
2	Parker, Christian	All American 49.51
	23.909 (23.909)	49.509 (25.600)
3	Lincoln IV, Judson	Bullseye Run 49.65
	23.350 (23.350)	49.649 (26.299)
4	Landen, Adam	Img Elite 50.03
	22.966 (22.966)	50.021 (27.055)
5	Sims, Alonzo	Riverdale Ba 50.13
	23.666 (23.666)	50.125 (26.459)
6	Monroe, Isaiah	All American 50.29
	23.126 (23.126)	50.282 (27.157)
7	Sims, Antonio	Riverdale Ba 50.80
	23.793 (23.793)	50.799 (27.007)
8	Eggleston, AJ	Ohio Speed A 51.02
	23.870 (23.870)	51.014 (27.144)
9	Temoney, Reece	Archbishop C 51.07
	23.588 (23.588)	51.070 (27.483)
10	Hilton, Addison	Unattached 51.27
	24.011 (24.011)	51.263 (27.252)
11	Broiles, Winston	Unattached 51.32
	24.221 (24.221)	51.320 (27.099)
12	Atkins, Talil	Baltimore Wh 51.40
	23.867 (23.867)	51.392 (27.525)
13	Miller, Jahari	NextGen 51.42
	23.676 (23.676)	51.416 (27.740)
14	Morris, Tyler	Western Bran 51.57
	23.356 (23.356)	51.564 (28.208)
15	Feldenkirchen, Bennett	Unattached 51.66
	23.743 (23.743)	51.655 (27.913)
16	Rose, Michail	F.I.A. Lions 51.68
	24.717 (24.717)	51.675 (26.958)

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Results - Friday

				Finals ... (Boys 400 Meter Dash High School)			
				Name	School	Finals	
17	Johnson, Taylor	Unattached	51.76	45	Butler, Nicholas	DeMatha Cath	55.43
	24.410 (24.410)	51.752 (27.342)			25.176 (25.176)	55.426 (30.250)	
18	Phillips, Sage	DeMatha Cath	51.82	46	Smith, Koven	Prominent At	55.45
	23.942 (23.942)	51.813 (27.872)			25.290 (25.290)	55.450 (30.160)	
19	Jackson, Devin	Sprint Athle	52.10	47	Owens, Christopher	Unattached	55.57
	23.864 (23.864)	52.096 (28.232)			24.721 (24.721)	55.561 (30.840)	
20	Farrell, Ryan	Unattached	52.42	48	Toomer, Christopher	DeMatha Cath	55.64
	24.277 (24.277)	52.413 (28.137)			26.502 (26.502)	55.636 (29.134)	
21	Harder, Quinn	Unattached	52.49	49	DeRosier, Chancellor	Prolific Per	55.86
	24.616 (24.616)	52.486 (27.870)			26.226 (26.226)	55.856 (29.630)	
22	Okerson, Samuel	Unattached	52.69	50	Robinson, Tyrel	Dale City Li	56.16
	24.546 (24.546)	52.684 (28.138)			26.144 (26.144)	56.158 (30.014)	
23	Quainoo, Justice	Usa-Ja	52.71	51	Henry, Nickoy	Golden Eagle	56.19
	23.983 (23.983)	52.708 (28.725)			26.236 (26.236)	56.182 (29.946)	
24	Whaley, Marcus	Ohio Speed A	53.14	52	Cooper, Israel	DeMatha Cath	56.30
	24.505 (24.505)	53.136 (28.632)			26.998 (26.998)	56.292 (29.294)	
25	Frasier, David	Western Bran	53.16	53	Clemmons-Parker, Tristen	Unattached	56.34
	24.749 (24.749)	53.151 (28.402)			25.718 (25.718)	56.338 (30.620)	
26	Stocker, D'Angelo	Malvern Prep	53.35	54	McClinton-El, Tyrese	Real Trainin	56.35
	23.612 (23.612)	53.342 (29.730)			24.215 (24.215)	56.343 (32.128)	
27	raynor, aaron	Norfolk Real	53.72	55	Hinton, Micah	Western Bran	56.43
	24.307 (24.307)	53.715 (29.408)			25.569 (25.569)	56.427 (30.858)	
28	Montgomery, Derek	Western Bran	53.76	56	Waddle, Aiden	Sun City Har	57.15
	24.935 (24.935)	53.753 (28.818)			26.853 (26.853)	57.145 (30.292)	
29	Jason, Xaiver	DeMatha Cath	53.77	57	Reeves, Gregory	F.I.A. Lions	57.19
	24.724 (24.724)	53.764 (29.040)			27.135 (27.135)	57.185 (30.050)	
30	Bryan, Shane	Golden Eagle	53.82	58	Hansford, Michael	DeMatha Cath	57.19
	24.263 (24.263)	53.817 (29.554)			25.840 (25.840)	57.188 (31.348)	
31	Hall, Aidan	Mvp League	53.85	59	Iv, Ramon Valentine	Baltimore Wh	57.28
	25.087 (25.087)	53.843 (28.756)			26.468 (26.468)	57.272 (30.804)	
32	Morgan, Christian	Panthers Eli	54.03	60	Mills, Evan	Real Trainin	57.91
	24.441 (24.441)	54.026 (29.585)			26.633 (26.633)	57.903 (31.270)	
33	Ransone, Alex	Unattached	54.09	61	Carter, Keyontae	Empire	58.00
	25.539 (25.539)	54.081 (28.542)			25.749 (25.749)	57.991 (32.242)	
34	Armstead, Lawrence	Sprint Athle	54.14	62	Murphy, Brendan	Real Trainin	58.46
	24.415 (24.415)	54.135 (29.720)			26.277 (26.277)	58.459 (32.182)	
35	Lee, Joseph	Unattached	54.18	63	Gresham, Joshua	Fort Washing	58.47
	24.210 (24.210)	54.180 (29.970)			27.661 (27.661)	58.461 (30.800)	
36	Baker, Dawson	DeMatha Cath	54.27	64	Vaughn, Star	Golden Eagle	58.63
	24.045 (24.045)	54.261 (30.216)			28.274 (28.274)	58.628 (30.354)	
37	Moore, George	Western Bran	54.34	65	Bhatia, Haresh	Golden Eagle	58.86
	24.011 (24.011)	54.333 (30.322)			28.009 (28.009)	58.859 (30.850)	
38	Ransone, Will	Unattached	54.45	66	Haroutunian, Joseph	New England	1:01.92
	24.896 (24.896)	54.444 (29.548)			28.669 (28.669)	1:01.915 (33.246)	
39	Emonds, Erone	Western Bran	54.56	67	Dixon, Michael	DeMatha Cath	1:01.94
	24.547 (24.547)	54.553 (30.006)			26.346 (26.346)	1:01.934 (35.588)	
40	Ojuronbe, Demi	DeMatha Cath	54.59	68	Wells, Jaron	Baltimore Wh	1:02.23
	24.680 (24.680)	54.586 (29.906)			28.253 (28.253)	1:02.223 (33.970)	
41	Waterman, Anthony	DeMatha Cath	54.75	---	Pelote, Shawn	Bishop McNam	DNF
	25.016 (25.016)	54.746 (29.730)			26.785 (26.785)		
42	Weddington, Gavin	DeMatha Cath	54.75				
	25.563 (25.563)	54.749 (29.186)					
43	Smith, Sean	Bishop McNam	54.99				
	24.063 (24.063)	54.990 (30.927)					
44	Jackson, Xavier	DeMatha Cath	55.39				
	25.067 (25.067)	55.387 (30.320)					

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

Boys 800 Meter Run High School

Name	School	Finals
Finals		
1 Smith, Matthew	Unattached	1:55.90
2 Lombardo, Alexander	Unattached	1:55.99
3 Pratt, Korey	Jcp Performa	1:58.59
4 Chaikowsky, Matthew	Unattached	1:58.65
5 Grogan, Dawson	DeMatha Cath	1:58.77
6 Dailey, Tyler	Unattached	1:59.04
7 Raudabaugh, Joseph	Unattached	1:59.04
8 Vanderkolk, Kevin	Unattached	1:59.52
9 Pett, Owen	Unattached	1:59.79
10 Voyles, Noah	Unattached	2:01.98
11 Butler, Eian	Unattached	2:02.94
12 McGuire, Matthew	Unattached	2:03.10
13 Stephenson, Tafari	Unattached	2:03.34
14 Harvey, Jonah	Ne-Bayxc	2:03.42
15 Wallace, Andrew	Unattached	2:03.45
16 Gamble, Jeremiah	Fort Washing	2:03.64
17 Rau, Will	Unattached	2:04.67
18 Harder, Quinn	Unattached	2:04.75
19 Tavenner, Brian	Unattached	2:04.80
20 Dachos, Alexander	Unattached	2:04.88
21 Jones, Michael	Chesapeake D	2:04.97
22 Nathan, Aidan	Xc-Elite	2:05.22
23 McGuire, Daniel	Unattached	2:05.28
24 Toomer, Christopher	DeMatha Cath	2:05.29
25 Kerlin, Aiden	F.I.A. Lions	2:05.37
26 Williams, Grant	F.I.A. Lions	2:06.01
27 Smith, Sean	Bishop McNam	2:06.06
28 Keels, Jayden	DeMatha Cath	2:06.16
29 Armstead, Lawrence	Sprint Athle	2:06.39
30 Mills, Evan	Real Trainin	2:07.03
31 Patel, Dylan	Unattached	2:08.19
32 Turner, Rajan	Unattached	2:09.45
33 Hampton, HaMir	Jcp Performa	2:10.18
34 Weddington, Gavin	DeMatha Cath	2:10.24
35 Mierchuk, C.J.	Unattached	2:10.47
36 Montgomery, Derek	Western Bran	2:11.64
37 Rose, Caleb	Fort Washing	2:12.15
38 Blakely, Alex	Unattached	2:13.13
39 Pelote, Shawn	Bishop McNam	2:13.36
40 Lovelace, Logan	F.I.A. Lions	2:13.72
41 Shakur, Sayid	DeMatha Cath	2:14.71
42 Shaia, Alexander	Unattached	2:14.89
43 Stowers-DeWolfe, Maxim	DC Select Tr	2:15.13
44 Burdock, James	Frederick Co	2:16.48
45 Henry, Nickoy	Golden Eagle	2:21.03
46 Gresham, Joshua	Fort Washing	2:22.86
47 Burdock, Landon	Frederick Co	2:24.01
48 Jean-Baptiste, Jahsani	Western Bran	2:26.68
49 Harris, Tarik	Prolific Per	2:27.50
50 Hill, James	Dale City Li	2:30.06
51 Wells, Jaron	Baltimore Wh	2:31.55

Boys 1000 Meter Run High School

Name	School	Finals
Finals		
1 Schulties, Isaiah	Unattached	2:30.18
28.759 (28.759)	59.551 (30.792)	1:30.285 (30.734)
2:00.497 (30.212)	2:30.175 (29.678)	
2 Coleman, Ethan	Hanover Elit	2:31.50
29.101 (29.101)	59.853 (30.752)	1:30.481 (30.628)
2:00.565 (30.084)	2:31.495 (30.930)	
3 Nichols, Colter	Providence D	2:32.86
29.857 (29.857)	1:00.659 (30.802)	1:32.077 (31.418)
2:02.703 (30.626)	2:32.855 (30.152)	
4 Rodriguez-King, Michael	Island Expre	2:33.11
29.325 (29.325)	1:00.155 (30.830)	1:31.313 (31.158)
2:02.981 (31.668)	2:33.103 (30.122)	
5 Soto, Aidan	Unattached	2:33.81
29.539 (29.539)	1:00.403 (30.864)	1:31.663 (31.260)
2:03.281 (31.618)	2:33.801 (30.520)	
6 Mussmon, Graham	Unattached	2:33.96
29.999 (29.999)	1:00.915 (30.916)	1:32.701 (31.786)
2:04.091 (31.390)	2:33.951 (29.860)	
7 Wedding, Jeffrey	Unattached	2:34.09
30.695 (30.695)	1:01.705 (31.010)	1:32.985 (31.280)
2:04.361 (31.376)	2:34.085 (29.724)	
8 Mathis, Ethan	Unattached	2:35.94
31.239 (31.239)	1:02.017 (30.778)	1:32.779 (30.762)
2:04.385 (31.606)	2:35.933 (31.548)	
9 Taylor, Joseph	Unattached	2:37.46
30.521 (30.521)	1:01.807 (31.286)	1:33.409 (31.602)
2:05.889 (32.480)	2:37.457 (31.568)	
10 Dailey, Tyler	Unattached	2:37.95
29.297 (29.297)	1:00.229 (30.932)	1:32.331 (32.102)
2:05.207 (32.876)	2:37.943 (32.736)	
11 Scott, Alex	Unattached	2:38.02
30.045 (30.045)	1:00.603 (30.558)	1:32.411 (31.808)
2:04.799 (32.388)	2:38.015 (33.216)	
12 Tompkins, Luke	Greater Will	2:39.27
31.835 (31.835)	1:03.709 (31.874)	1:34.533 (30.824)
2:06.127 (31.594)	2:39.269 (33.142)	
13 Grogan, Dawson	DeMatha Cath	2:39.77
30.241 (30.241)	1:01.105 (30.864)	1:32.811 (31.706)
2:06.165 (33.354)	2:39.765 (33.600)	
14 Wallace, Andrew	Unattached	2:41.49
31.187 (31.187)	1:02.727 (31.540)	1:34.617 (31.890)
2:08.001 (33.384)	2:41.481 (33.480)	
15 Simmons, Lucas	Chesapeake D	2:42.26
32.119 (32.119)	1:05.221 (33.102)	1:38.535 (33.314)
2:10.727 (32.192)	2:42.259 (31.532)	
16 Hurst, Cooper	Chesapeake D	2:43.00
32.647 (32.647)	1:05.775 (33.128)	1:39.609 (33.834)
2:13.663 (34.054)	2:42.997 (29.334)	
17 Atienza, Johnny	Unattached	2:43.19
32.373 (32.373)	1:05.473 (33.100)	1:39.291 (33.818)
2:12.741 (33.450)	2:43.183 (30.442)	

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

18	Lanzilotta, Matthew	New Energy S	2:43.72
	32.203 (32.203)	1:04.251 (32.048)	1:36.879 (32.628)
	2:11.025 (34.146)	2:43.719 (32.694)	
19	Rimmel, Jake	Unattached	2:44.10
	32.523 (32.523)	1:05.569 (33.046)	1:38.765 (33.196)
	2:11.587 (32.822)	2:44.093 (32.506)	
20	Abdalla, Tariq	Island Expre	2:45.67
	31.579 (31.579)	1:03.637 (32.058)	1:36.097 (32.460)
	2:11.265 (35.168)	2:45.665 (34.400)	
21	Gamble, Jeremiah	Fort Washing	2:45.89
	30.321 (30.321)	1:03.219 (32.898)	1:37.351 (34.132)
	2:11.333 (33.982)	2:45.881 (34.548)	
22	Waddle, Aiden	Sun City Har	2:46.47
	32.423 (32.423)	1:05.525 (33.102)	1:38.749 (33.224)
	2:12.365 (33.616)	2:46.461 (34.096)	
23	Keels, Jayden	DeMatha Cath	2:49.33
	30.551 (30.551)	1:03.527 (32.976)	1:37.569 (34.042)
	2:11.515 (33.946)	2:49.321 (37.806)	
24	Shahbazian, Will	New England	2:49.72
	32.593 (32.593)	1:06.433 (33.840)	1:40.519 (34.086)
	2:13.835 (33.316)	2:49.711 (35.876)	
25	Bowers, Gabe	Unattached	2:51.20
	33.049 (33.049)	1:06.891 (33.842)	1:41.631 (34.740)
	2:18.297 (36.666)	2:51.197 (32.900)	
26	McCue, Evan	Chesapeake D	2:51.84
	32.943 (32.943)	1:05.955 (33.012)	1:40.455 (34.500)
	2:16.567 (36.112)	2:51.833 (35.266)	
27	Bushey, Nate	New Energy S	2:51.85
	34.887 (34.887)	1:09.861 (34.974)	1:45.009 (35.148)
	2:19.771 (34.762)	2:51.847 (32.076)	
28	Parker, Javari	Jcp Performa	2:52.90
	32.463 (32.463)	1:05.979 (33.516)	1:40.275 (34.296)
	2:17.147 (36.872)	2:52.893 (35.746)	
29	Arthur, Buck	Unattached	2:53.23
	31.931 (31.931)	1:03.475 (31.544)	1:36.507 (33.032)
	2:13.429 (36.922)	2:53.225 (39.796)	
30	Shakur, Sayid	DeMatha Cath	2:58.68
	35.469 (35.469)	1:10.933 (35.464)	1:46.079 (35.146)
	2:22.051 (35.972)	2:58.675 (36.624)	
31	Hambrick, Wyatt	Frederick Co	2:58.73
	36.223 (36.223)	1:12.495 (36.272)	1:50.583 (38.088)
	2:28.185 (37.602)	2:58.729 (30.544)	
32	Green, Bryson	Unattached	2:59.58
	35.843 (35.843)	1:12.071 (36.228)	1:48.873 (36.802)
	2:27.411 (38.538)	2:59.573 (32.162)	
33	Shaia, Alexander	Unattached	3:02.14
	31.847 (31.847)	1:06.199 (34.352)	1:42.397 (36.198)
	2:21.543 (39.146)	3:02.135 (40.592)	
34	Harris, Tarik	Prolific Per	3:07.37
	35.937 (35.937)	1:12.295 (36.358)	1:50.369 (38.074)
	2:29.861 (39.492)	3:07.363 (37.502)	
35	Abdalla, Tamir	New Energy S	3:07.94
	36.505 (36.505)	1:12.895 (36.390)	1:50.747 (37.852)
	2:29.831 (39.084)	3:07.935 (38.104)	

Finals ... (Boys 1000 Meter Run High School)

Name	School	Finals
36 Haney, Preston	New Energy S	3:10.19
36.299 (36.299)	1:12.735 (36.436)	1:51.115 (38.380)
2:31.347 (40.232)	3:10.189 (38.842)	

Boys 1 Mile Run High School

Name	School	Finals
Finals		
1 Reilly, Marcus	Unattached	4:17.92
1:06.373 (1:06.373)	2:10.727 (1:04.354)	3:16.165 (1:05.438)
4:17.915 (1:01.750)		
2 Merchant, Tristian	Alaska Runni	4:17.93
1:06.641 (1:06.641)	2:11.125 (1:04.484)	3:16.339 (1:05.214)
4:17.929 (1:01.590)		
3 McDonnell, Declan	Unattached	4:19.68
1:06.915 (1:06.915)	2:11.749 (1:04.834)	3:16.753 (1:05.004)
4:19.675 (1:02.922)		
4 Donnelly, Patrick	Unattached	4:19.85
1:06.541 (1:06.541)	2:11.209 (1:04.668)	3:16.657 (1:05.448)
4:19.843 (1:03.186)		
5 Jones, William	Unattached	4:20.42
1:06.283 (1:06.283)	2:10.467 (1:04.184)	3:16.269 (1:05.802)
4:20.411 (1:04.142)		
6 Plummer, Myles	Unattached C	4:21.45
1:06.581 (1:06.581)	2:10.915 (1:04.334)	3:16.393 (1:05.478)
4:21.443 (1:05.050)		
7 Barnhill, Aiden	Unattached	4:21.54
1:07.207 (1:07.207)	2:11.607 (1:04.400)	3:16.695 (1:05.088)
4:21.535 (1:04.840)		
8 Giffin, Brogan	Xc-Elite	4:21.66
1:06.358 (1:06.358)	2:11.150 (1:04.792)	3:17.912 (1:06.762)
4:21.656 (1:03.744)		
9 Wedding, Zachary	Unattached	4:21.74
1:07.213 (1:07.213)	2:11.511 (1:04.298)	3:17.259 (1:05.748)
4:21.735 (1:04.476)		
10 Mussmon, Graham	Unattached	4:23.69
1:06.314 (1:06.314)	2:11.264 (1:04.950)	3:17.708 (1:06.444)
4:23.688 (1:05.980)		
11 McKeever, Mack	Unattached	4:23.96
1:06.920 (1:06.920)	2:12.320 (1:05.400)	3:20.286 (1:07.966)
4:23.952 (1:03.666)		
12 Goldberg, Josh	Unattached	4:24.07
1:06.386 (1:06.386)	2:11.636 (1:05.250)	3:18.202 (1:06.566)
4:24.070 (1:05.868)		
13 Ptack, James	Unattached	4:24.23
1:06.832 (1:06.832)	2:12.158 (1:05.326)	3:18.390 (1:06.232)
4:24.228 (1:05.838)		
14 Barry, Zachary	Unattached	4:24.49
1:06.542 (1:06.542)	2:11.892 (1:05.350)	3:18.354 (1:06.462)
4:24.490 (1:06.136)		
15 Perazzo, Joseph	Island Expre	4:24.70
1:06.805 (1:06.805)	2:12.737 (1:05.932)	3:18.695 (1:05.958)
4:24.693 (1:05.998)		

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Results - Friday

16	Sowers, Maxton	Unattached	4:24.71
	1:07.178 (1:07.178)	2:12.914 (1:05.736)	3:19.380 (1:06.466)
	4:24.702 (1:05.322)		
17	Wedding, Jeffrey	Unattached	4:24.85
	1:06.710 (1:06.710)	2:12.498 (1:05.788)	3:19.848 (1:07.350)
	4:24.844 (1:04.996)		
18	Lopez, Nathan	New England	4:25.34
	1:07.179 (1:07.179)	2:13.263 (1:06.084)	3:20.071 (1:06.808)
	4:25.339 (1:05.268)		
19	Young, Ryan	New England	4:26.58
	1:07.551 (1:07.551)	2:13.665 (1:06.114)	3:20.619 (1:06.954)
	4:26.575 (1:05.956)		
20	Baranoski, Kevin	Unattached	4:26.73
	1:07.560 (1:07.560)	2:13.352 (1:05.792)	3:20.044 (1:06.692)
	4:26.724 (1:06.680)		
21	Collins, Freddy	New England	4:27.77
	1:10.011 (1:10.011)	2:18.757 (1:08.746)	3:25.501 (1:06.744)
	4:27.763 (1:02.262)		
22	Coleman, Frederick	New England	4:28.01
	1:09.601 (1:09.601)	2:17.931 (1:08.330)	3:24.421 (1:06.490)
	4:28.009 (1:03.588)		
23	Taylor, Joseph	Unattached	4:28.57
	1:09.387 (1:09.387)	2:17.043 (1:07.656)	3:23.049 (1:06.006)
	4:28.567 (1:05.518)		
24	Martin, Zach	Unattached	4:28.95
	1:07.468 (1:07.468)	2:13.628 (1:06.160)	3:20.546 (1:06.918)
	4:28.942 (1:08.396)		
25	Soto, Aidan	Unattached	4:29.78
	1:09.643 (1:09.643)	2:16.961 (1:07.318)	3:22.495 (1:05.534)
	4:29.777 (1:07.282)		
26	Long, Weber	Unattached	4:30.21
	1:06.626 (1:06.626)	2:13.690 (1:07.064)	3:22.914 (1:09.224)
	4:30.210 (1:07.296)		
27	Vanderkolk, Kevin	Unattached	4:31.01
	1:07.057 (1:07.057)	2:13.287 (1:06.230)	3:22.667 (1:09.380)
	4:31.005 (1:08.338)		
28	Raudabaugh, Joseph	Unattached	4:31.63
	1:08.289 (1:08.289)	2:18.279 (1:09.990)	3:29.063 (1:10.784)
	4:31.625 (1:02.562)		
29	Galindo, Joshua	Unattached	4:32.43
	1:06.331 (1:06.331)	2:12.517 (1:06.186)	3:21.939 (1:09.422)
	4:32.421 (1:10.482)		
30	Holbrook, Alex	Unattached	4:32.51
	1:07.666 (1:07.666)	2:18.172 (1:10.506)	3:28.544 (1:10.372)
	4:32.504 (1:03.960)		
31	Nichols, Colter	Providence D	4:33.73
	1:09.473 (1:09.473)	2:16.883 (1:07.410)	3:25.735 (1:08.852)
	4:33.723 (1:07.988)		
32	Hayden, Nick	Frederick Co	4:33.90
	1:09.885 (1:09.885)	2:17.713 (1:07.828)	3:24.687 (1:06.974)
	4:33.891 (1:09.204)		
33	Brady, William	Unattached	4:34.57
	1:09.407 (1:09.407)	2:18.395 (1:08.988)	3:27.597 (1:09.202)
	4:34.565 (1:06.968)		

Finals ... (Boys 1 Mile Run High School)			
Name	School	Finals	
34 Ryan, John	Unattached	4:35.33	
	1:10.279 (1:10.279)	2:17.487 (1:07.208)	3:25.533 (1:08.046)
	4:35.325 (1:09.792)		
35 Stephenson, Tafari	Unattached	4:35.99	
	1:08.725 (1:08.725)	2:18.339 (1:09.614)	3:28.693 (1:10.354)
	4:35.983 (1:07.290)		
36 Hendricks, Sean	Unattached	4:36.02	
	1:09.943 (1:09.943)	2:18.699 (1:08.756)	3:27.815 (1:09.116)
	4:36.011 (1:08.196)		
37 Adams, Brannon	Forest Runni	4:36.51	
	1:08.038 (1:08.038)	2:18.444 (1:10.406)	3:29.608 (1:11.164)
	4:36.508 (1:06.900)		
38 Joyce, James (Jay)	Marshfield T	4:36.63	
	1:09.087 (1:09.087)	2:18.017 (1:08.930)	3:26.069 (1:08.052)
	4:36.623 (1:10.554)		
39 Ewing, Clay	Unattached	4:36.92	
	1:08.312 (1:08.312)	2:19.504 (1:11.192)	3:29.974 (1:10.470)
	4:36.920 (1:06.946)		
40 Dawkins, Ezekiel	Unattached	4:37.02	
	1:03.508 (1:03.508)	2:13.152 (1:09.644)	3:25.506 (1:12.354)
	4:37.014 (1:11.508)		
41 Woshner, Nathaniel	Frederick Co	4:37.11	
	1:09.524 (1:09.524)	2:20.096 (1:10.572)	3:32.844 (1:12.748)
	4:37.104 (1:04.260)		
42 Connelly, Keith	Island Expre	4:37.20	
	1:08.280 (1:08.280)	2:19.110 (1:10.830)	3:29.264 (1:10.154)
	4:37.196 (1:07.932)		
43 Scott, Alex	Unattached	4:37.55	
	1:09.215 (1:09.215)	2:18.149 (1:08.934)	3:27.083 (1:08.934)
	4:37.547 (1:10.464)		
44 Moseman, Benjamin	Unattached	4:37.72	
	1:08.648 (1:08.648)	2:19.312 (1:10.664)	3:30.222 (1:10.910)
	4:37.720 (1:07.498)		
45 Siebenhaar, Mason	Unattached	4:38.17	
	1:07.436 (1:07.436)	2:17.958 (1:10.522)	3:29.308 (1:11.350)
	4:38.164 (1:08.856)		
46 Tarapchak, Ryan	Unattached	4:38.32	
	1:08.634 (1:08.634)	2:19.132 (1:10.498)	3:31.134 (1:12.002)
	4:38.316 (1:07.182)		
47 Rimmel, Jake	Unattached	4:39.35	
	1:09.220 (1:09.220)	2:20.734 (1:11.514)	3:33.062 (1:12.328)
	4:39.346 (1:06.284)		
48 Park, Justin	Unattached	4:40.48	
	1:08.818 (1:08.818)	2:20.442 (1:11.624)	3:33.048 (1:12.606)
	4:40.474 (1:07.426)		
49 McGuire, Daniel	Unattached	4:41.12	
	1:07.494 (1:07.494)	2:15.538 (1:08.044)	3:28.986 (1:13.448)
	4:41.118 (1:12.132)		
50 White, Christopher	Frederick Co	4:41.49	
	1:08.458 (1:08.458)	2:19.770 (1:11.312)	3:32.666 (1:12.896)
	4:41.482 (1:08.816)		
51 Valentine, Nico	Unattached	4:41.55	
	1:03.850 (1:03.850)	2:14.902 (1:11.052)	3:27.912 (1:13.010)
	4:41.548 (1:13.636)		

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Virginia Beach Sports Center

Results - Friday

52	Marwaha, Ayush	Xc-Elite	4:42.12
	1:09.572 (1:09.572)	2:21.596 (1:12.024)	3:34.154 (1:12.558)
	4:42.120 (1:07.966)		
53	Mills, Evan	Real Trainin	4:42.20
	1:08.514 (1:08.514)	2:19.830 (1:11.316)	3:32.306 (1:12.476)
	4:42.200 (1:09.894)		
54	Tavener, Brian	Unattached	4:42.48
	1:08.712 (1:08.712)	2:19.520 (1:10.808)	3:32.566 (1:13.046)
	4:42.474 (1:09.908)		
55	Arthur, Buck	Unattached	4:42.51
	1:09.282 (1:09.282)	2:20.166 (1:10.884)	3:31.348 (1:11.182)
	4:42.506 (1:11.158)		
56	Mitchell, Zach	Xc-Elite	4:42.58
	1:09.540 (1:09.540)	2:21.290 (1:11.750)	3:33.922 (1:12.632)
	4:42.576 (1:08.654)		
57	Wallace, Andrew	Unattached	4:42.98
	1:10.222 (1:10.222)	2:22.264 (1:12.042)	3:35.212 (1:12.948)
	4:42.980 (1:07.768)		
58	Keels, Jayden	Fort Washing	4:43.77
	1:09.038 (1:09.038)	2:21.074 (1:12.036)	3:33.554 (1:12.480)
	4:43.770 (1:10.216)		
59	Sangster, Tucker	Goon Squad T	4:43.90
	1:11.204 (1:11.204)	2:23.236 (1:12.032)	3:34.258 (1:11.022)
	4:43.894 (1:09.636)		
60	Duran, Cai	Unattached	4:45.37
	1:10.087 (1:10.087)	2:19.057 (1:08.970)	3:29.779 (1:10.722)
	4:45.365 (1:15.586)		
61	Wells, Rylan	Unattached	4:46.16
	1:09.870 (1:09.870)	2:21.942 (1:12.072)	3:34.968 (1:13.026)
	4:46.154 (1:11.186)		
62	Butler, Eian	Unattached	4:46.76
	1:07.916 (1:07.916)	2:18.764 (1:10.848)	3:31.706 (1:12.942)
	4:46.754 (1:15.048)		
63	Blizzard, James	Unattached	4:46.80
	1:06.082 (1:06.082)	2:11.216 (1:05.134)	3:20.568 (1:09.352)
	4:46.796 (1:26.228)		
64	Chelidona, Zachary	Goon Squad T	4:48.04
	1:10.982 (1:10.982)	2:22.948 (1:11.966)	3:35.470 (1:12.522)
	4:48.040 (1:12.570)		
65	McGuire, Matthew	Unattached	4:50.86
	1:10.557 (1:10.557)	2:21.075 (1:10.518)	3:34.857 (1:13.782)
	4:50.859 (1:16.002)		
66	Brenn, Dylan	New England	4:51.16
	1:12.716 (1:12.716)	2:25.740 (1:13.024)	3:41.196 (1:15.456)
	4:51.158 (1:09.962)		
67	Crosen, Chance	Frederick Co	4:51.78
	1:10.606 (1:10.606)	2:22.758 (1:12.152)	3:35.948 (1:13.190)
	4:51.778 (1:15.830)		
68	Krone, Timothy	Forest Runni	4:51.95
	1:11.474 (1:11.474)	2:24.530 (1:13.056)	3:39.624 (1:15.094)
	4:51.942 (1:12.318)		
69	Myers, Nolan	Frederick Co	4:52.50
	1:14.274 (1:14.274)	2:26.638 (1:12.364)	3:41.684 (1:15.046)
	4:52.492 (1:10.808)		

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

Finals ... (Boys 1 Mile Run High School)

Name	School	Finals
70 Wood, Ethan	New England	4:53.13
1:13.510 (1:13.510)	2:27.064 (1:13.554)	3:43.124 (1:16.060)
4:53.128 (1:10.004)		
71 Merchant, Preston	Alaska Runni	4:53.94
1:12.166 (1:12.166)	2:25.228 (1:13.062)	3:41.344 (1:16.116)
4:53.934 (1:12.590)		
72 Mierchuk, C.J.	Unattached	4:53.97
1:11.582 (1:11.582)	2:24.770 (1:13.188)	3:39.342 (1:14.572)
4:53.962 (1:14.620)		
73 Rathbun, Harry	Unattached	4:54.58
1:12.301 (1:12.301)	2:29.561 (1:17.260)	3:44.881 (1:15.320)
4:54.579 (1:09.698)		
74 Martin, Josh	Xc-Elite	4:54.85
1:12.448 (1:12.448)	2:25.926 (1:13.478)	3:42.472 (1:16.546)
4:54.842 (1:12.370)		
75 Johnson, Carter	Frederick Co	4:55.19
1:14.386 (1:14.386)	2:26.298 (1:11.912)	3:41.558 (1:15.260)
4:55.184 (1:13.626)		
76 Wethington, Preston	Unattached	4:55.66
1:07.780 (1:07.780)	2:16.026 (1:08.246)	3:33.050 (1:17.024)
4:55.652 (1:22.602)		
77 Dachos, Alexander	Unattached	4:55.94
1:10.315 (1:10.315)	2:19.635 (1:09.320)	3:35.491 (1:15.856)
4:55.935 (1:20.444)		
78 Enis, Jaden	Unattached	4:56.98
1:08.002 (1:08.002)	2:19.028 (1:11.026)	3:37.440 (1:18.412)
4:56.974 (1:19.534)		
79 Garcia, Alec	Xc-Elite	4:57.20
1:13.505 (1:13.505)	2:30.437 (1:16.932)	3:44.803 (1:14.366)
4:57.195 (1:12.392)		
80 Johnson, Kai	Frederick Co	4:57.80
1:15.392 (1:15.392)	2:29.932 (1:14.540)	3:46.038 (1:16.106)
4:57.796 (1:11.758)		
81 Cooper, Jett	Xc-Elite	5:00.90
1:13.789 (1:13.789)	2:31.293 (1:17.504)	3:47.421 (1:16.128)
5:00.895 (1:13.474)		
82 Mueller, Billy	Unattached	5:02.15
1:12.781 (1:12.781)	2:31.087 (1:18.306)	3:48.061 (1:16.974)
5:02.145 (1:14.084)		
83 Frayler, Jake	Island Expre	5:02.58
1:12.476 (1:12.476)	2:25.578 (1:13.102)	3:42.124 (1:16.546)
5:02.572 (1:20.448)		
84 Stowers-DeWolfe, Maxim	DC Select Tr	5:03.24
1:12.539 (1:12.539)	2:30.373 (1:17.834)	3:47.209 (1:16.836)
5:03.231 (1:16.022)		
85 Turner, Rajan	Unattached	5:03.80
1:12.651 (1:12.651)	2:30.009 (1:17.358)	3:46.657 (1:16.648)
5:03.795 (1:17.138)		
86 Quindoza, Ian	Unattached	5:04.77
1:12.970 (1:12.970)	2:30.100 (1:17.130)	3:49.620 (1:19.520)
5:04.762 (1:15.142)		
87 Burdock, James	Frederick Co	5:06.27
1:13.005 (1:13.005)	2:30.721 (1:17.716)	3:48.441 (1:17.720)
5:06.265 (1:17.824)		

East Coast Invitational - 2/5/2021 to 2/6/2021

Virginia Beach Sports Center

Results - Friday

88	Sivils, Trent	Chesapeake D	5:11.97
	1:14.551 (1:14.551)	2:31.823 (1:17.272)	3:50.275 (1:18.452)
	5:11.963 (1:21.688)		
89	Shakur, Sayid	Fort Washing	5:13.12
	1:13.956 (1:13.956)	2:27.312 (1:13.356)	3:46.146 (1:18.834)
	5:13.114 (1:26.968)		
90	Pelczar, Jack	Unattached	5:16.14
	1:13.949 (1:13.949)	2:31.485 (1:17.536)	3:51.193 (1:19.708)
	5:16.137 (1:24.944)		
91	Burdock, Landon	Frederick Co	5:20.89
	1:15.375 (1:15.375)	2:35.525 (1:20.150)	3:58.627 (1:23.102)
	5:20.887 (1:22.260)		
92	Hill, James	Dale City Li	5:36.99
	1:14.991 (1:14.991)	2:40.125 (1:25.134)	4:11.151 (1:31.026)
	5:36.983 (1:25.832)		
93	John, Brandon	Chesapeake D	6:17.54
	1:38.873 (1:38.873)	3:14.779 (1:35.906)	4:51.401 (1:36.622)
	6:17.531 (1:26.130)		

Boys 60 Meter Hurdles High School

Name	School	Prelims
Preliminaries		
1	Coles, Vannie	Mvp League 8.02q
2	Imhotep, Nazir	Western Bran 8.09q
3	Hardy, Deondre	War TC 8.23q
4	Warmington, David	Archbishop C 8.23q
5	Broiles, Winston	Unattached 8.29q
6	Pinnock, Devoy	Golden Eagle 8.31q
7	Flaker, Jayden	Unattached 8.38q
8	Wingate, Savion	War TC 8.50q
9	Frasier, David	Western Bran 8.56
10	Jones, Ky'eve	Empire 8.56
11	Shorter, Jayden	Western Bran 8.60
12	Wall-Davis, Charles	War TC 8.81
13	Parker, Chris	Sprint Athle 8.92
14	Roberts, Javar-Malik	Bishop McNam 8.95
15	Morgan, Chrisitan	Panthers Eli 9.11
16	Kouassi-brou, N'Sikan	Corentyne Co 9.11
17	McLaughlin, Aiden	Unattached 9.17
18	Mitchell, Jayden	Track 757 9.28
19	Carter, Mario	Cumberland H 9.81
20	Phillips, Cole	301 Panthers 10.25
21	DeRosier, Chancellor	Unattached 10.52
22	Carter, Daron	Bishop McNam 11.48
23	Peace, Johnnie	Unattached 12.22

Boys 4x200 Meter Relay High School

Team	Relay	Prelims
Preliminaries		
1	Ohio Speed A	A 1:33.62q
	1) Eggleston, AJ	2) Jamison, Nathaniel
	3) Sherman, Zac	4) Whaley, Marcus
	46.502 (46.502)	1:10.856 (24.354) 1:33.620 (22.764)

Preliminaries ... (Boys 4x200 Meter Relay High School)

Team	Relay	Prelims
2	F.I.A. Lions	A 1:34.23q
	1) Barnes, Khari	2) Evans, Logan
	3) Mawussi, Elom	4) Rose, Michail
	47.021 (47.021)	1:09.599 (22.578) 1:34.225 (24.626)
3	Track 757	A 1:34.25q
	46.429 (46.429)	1:10.403 (23.974) 1:34.243 (23.840)
4	Sprint Athletics	A 1:34.88q
	1) John, Ivan	2) Parker, Christopher
	3) Armstead, Lawrence	4) Jackson, Devin
	47.985 (47.985)	1:11.457 (23.472) 1:34.873 (23.416)
5	Nova AC	A 1:37.06q
	1) Moore, Blake	2) Stokes, Isaiah
	3) Jones, Nic	4) Lyth, John
	48.748 (48.748)	1:13.584 (24.836) 1:37.054 (23.470)
6	Real Training	A 1:38.17q
	1) Christiansen, Aidan	2) McClinton-El, Tyrese
	3) Tate, Braelon	4) Murphy, Brendan
	48.350 (48.350)	1:12.602 (24.252) 1:38.164 (25.562)
7	New England	A 1:38.86
	1) Tritto, Dominic	2) Nobrega, Kaiden
	3) Dargie, Kyle	4) Young, Jarrett
	50.392 (50.392)	1:15.964 (25.572) 1:38.860 (22.896)
8	DeMatha Cath	A 1:40.15
	47.886 (47.886)	1:12.650 (24.764) 1:40.146 (27.496)
---	Corentyne Coasters	A DNF
	1) Cheng, Devon	2) Kouassi-brou, N'Sikan
	3) Major, Langston	4) Xue, Andrew
	55.977 (55.977)	

Boys 4x400 Meter Relay High School

Team	Relay	Finals
Finals		
1	New England	A 3:21.99
	1) Tritto, Dominic	2) Griffin, Matthew
	3) Young, Jarrett	4) Nobrega, Kaiden
	50.756 (50.756)	1:40.854 (50.098) 2:31.130 (50.276)
	3:21.986 (50.856)	
2	F.I.A. Lions	A 3:25.73
	1) Barnes, Khari	2) Kerlin, Aiden
	3) Rose, Michail	4) Voyles, Noah
	53.022 (53.022)	1:42.328 (49.306) 2:34.166 (51.838)
	3:25.724 (51.558)	
3	War TC	A 3:29.06
	53.928 (53.928)	1:45.546 (51.618) 2:38.716 (53.170)
	3:29.054 (50.338)	
4	Kent Island TC	A 3:31.16
	53.444 (53.444)	1:46.774 (53.330) 2:37.452 (50.678)
	3:31.158 (53.706)	

Boys High Jump High School

Name	School	Finals
Finals		
1	Thomas, Kiaeem	Track 757 6-08.00
2	Stratford, Alfred	Unattached 6-04.00

East Coast Invitational - 2/5/2021 to 2/6/2021

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Results - Friday

3	Rose, Michail	F.I.A. Lions	J6-04.00
4	Ryle, Isaiah	Unattached	6-02.00
5	Brandstadter, Henry Banks	Springside C	J6-02.00
6	Carmichael, Xavier	Spartan Chos	5-10.00
6	Coles, David	Spartan Chos	5-10.00
8	McLaughlin, Aiden	Unattached	5-08.00
---	Jones, Terric	Track 757	NH

Boys Pole Vault High School

Name	School	Finals
Finals		
1	Amore, Frank	Unattached 16-00.00
2	Benson, Nate	Unattached 15-00.00
3	Miles, Jack	Unattached 14-06.00
4	Moore, Nick	Balance Club 14-00.00
5	Helm, Owen	Balance Club 13-06.00
6	Robinson, Max	Unattached J13-06.00
7	Davidson, Jonas	Unattached 13-00.00
8	DiBassinga, Brian	Unattached 12-00.00
---	Strobach, Luke	Balance Club NH
---	Van Kirk, Walker	Unattached NH
---	Daley, Matthew	Unattached NH

Boys Long Jump High School

Name	School	Finals
Finals		
1	Price-Whitehead, Jaden	Unattached 23-02.25
2	Stephens, Caleb	Unattached 21-10.50
3	Green, Josh	Unattached 21-08.50
4	Baker, Ronnie	Panthers Eli 21-03.50
5	Tate, Braelon	Real Trainin 21-00.75
6	Shorter, Jayden	Western Bran 20-08.75
7	Law-Jernigan, Izayah	Empire 20-07.75
8	DiBassinga, Brian	Unattached 20-03.25
9	Pinnock, Devoy	Golden Eagle 20-02.50
10	Bowser, Angelo	Unattached 19-11.75
11	Coles, David	Spartan Chos 19-10.00
12	Parker, Cole	301 Panthers 19-09.75
13	Christiansen, Aidan	Real Trainin 19-09.50
14	Ayodele, Opemipo	Unattached 19-08.25
15	Butler-Simpson, Nikolas	Bishop McNam 19-06.50
16	Vecchiarelli, Giovanni	Unattached 19-03.50
17	Asabare, Emmanuel	Ohio Speed A 19-02.75
18	DeRosier, Chancellor	Unattached 18-11.50
19	Young, Donovan	Unattached 18-06.00
20	Phillips, Cole	301 Panthers 18-02.00
21	Hinton, Micah	Western Bran 18-01.75
22	Johnson, Armani	NextGen 17-10.25
22	Page, Nicholas	Unattached 17-10.25
24	James, Jordan	Baltimore Wh 17-06.50
25	McDonald, Nasir	Cumberland H 17-04.25
26	Peace, Johnnie	Unattached 13-10.75
---	Washington, Demari	Bishop McNam FOUL
---	Brandstadter, Henry Banks	Springside C FOUL
---	Ryle, Isaiah	Unattached FOUL

Boys Triple Jump High School

Name	School	Finals
Finals		
1	Price-Whitehead, Jaden	Unattached 48-08.00
2	Green, Josh	Unattached 46-07.75
3	Erekosima, Emi	Unattached 46-06.00
4	Young, Donovan	Unattached 46-01.75
5	DiBassinga, Brian	Unattached 45-02.25
6	Morris, Tyler	Western Bran 43-01.75
7	Coles, David	Spartan Chos 43-00.00
8	Bowser, Angelo	Unattached 42-08.25
9	Butler-Simpson, Nikolas	Bishop McNam 41-06.75
10	Asabare, Emmanuel	Ohio Speed A 41-03.00
11	Washington, Demari	Bishop McNam 41-00.50
12	James, Jordan	Baltimore Wh 39-10.75
13	McDonald, Nasir	Cumberland H 38-05.75
14	Carter, Mario	Cumberland H 37-02.25
---	Johnson, Armani	NextGen FOUL

Boys Shot Put High School

Name	School	Finals
Finals		
1	Hickel, Mason	Unattached 60-02.75
2	Davis, Hunter	Greenbrier C 52-01.25
3	miles, dalair	Norfolk Real 46-00.50
4	Valery, Jaylin	Western Bran 45-09.00
5	Priester, Jahzari	Western Bran 44-07.25
6	Watson, Marc	DeMatha Cath 42-06.00
7	Fletcher, William	Unattached 41-03.75
8	Finn, Mckay	Unattached 40-04.00
9	Harris, Dominick	DC Select Tr 40-00.00
10	Walker, Morris	DC Select Tr 39-05.25
11	Washington, Adrian	DeMatha Cath 39-02.75
12	Warmington, Kyle	Usa-Ja 33-02.25
13	Haroutunian, Joseph	New England 27-08.00