

VHSL Region 5D Championships - 6/9/2021

Harrisonburg High School

Results

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Woods, Ayanna	North Staffo	12.37 10
2 Johnson, Iyana	Brooke Point	12.79 8
3 Hawkins, Kaydence	Albemarle	12.85 6
4 Bayard, Nella	Mountain Vie	12.89 5
5 Watson, Ayeshia	William Flem	13.02 4
6 Pendleton, Amaya	Albemarle	13.05 3
7 Anderson, Janelle	Mountain Vie	13.05 2
8 Garvin, Tynia	Patrick Henr	13.21 1
9 Bigger, Nia	Brooke Point	13.25
10 Dogan, Sadie	Patrick Henr	13.27
11 Pickens, Leilani	Patrick Henr	13.45
12 Burnett, Nevaeha	Brooke Point	13.48
13 McNamara, Alexia	North Staffo	13.49
14 Baugh, Eliana	Mountain Vie	13.62
15 Grooms, Ja'Nya	Albemarle	13.97

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 McGinnis, Megan	Patrick Henr	25.69 10
2 Cornelius, Raichelle	North Staffo	25.95 8
3 Johnson, Iyana	Brooke Point	26.15 6
4 Pendleton, Amaya	Albemarle	26.80 5
5 Anderson, Janelle	Mountain Vie	27.04 4
6 Bigger, Nia	Brooke Point	27.24 3
7 Watson, Ayeshia	William Flem	27.72 2
8 Hawkins, Kaydence	Albemarle	27.77 1
9 Johnson, JyKieria	Patrick Henr	28.01
10 Downing, Latoya	North Staffo	28.29
11 Paddyfote, Shauna	Patrick Henr	28.39
12 Baugh, Eliana	Mountain Vie	28.58
13 Klosek, Stella	Albemarle	28.63
14 Salvanera, Keira	Mountain Vie	28.78
15 Bullock, Abigail	Brooke Point	29.80
16 Siler, Nyla	North Staffo	30.04
17 Sharhabeel, Enas	Harrisonburg	30.51
18 Smith, Haylee	Harrisonburg	30.81

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 McGinnis, Megan	Patrick Henr	58.60 10
2 Duffy, Skylar	Stafford Hig	1:00.81 8
3 Cornelius, Raichelle	North Staffo	1:00.89 6
4 Yoder, Sophia	Harrisonburg	1:02.09 5
5 Bayard, Nella	Mountain Vie	1:03.98 4
6 Downing, Latoya	North Staffo	1:10.92 3
7 Grooms, Ja'Nya	Albemarle	1:11.54 2
8 Vance, Abby	Harrisonburg	1:12.35 1
9 Cathey, Tess	Albemarle	1:16.75
--- Dogan, Sadie	Patrick Henr	DNF

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Owens, Karrington	Mountain Vie	2:22.36 10
1:12.574 (1:12.574)	2:22.357 (1:09.784)	
2 Anderson, Madelyn	Mountain Vie	2:22.52 8
1:13.055 (1:13.055)	2:22.517 (1:09.462)	
3 Hughlett, Caroline	Albemarle	2:23.84 6
1:11.722 (1:11.722)	2:23.840 (1:12.119)	
4 Peterson, Laura	Mountain Vie	2:24.02 5
1:12.099 (1:12.099)	2:24.015 (1:11.917)	
5 Yirmibesoglu, Aylin	Patrick Henr	2:34.69 4
1:17.009 (1:17.009)	2:34.689 (1:17.680)	
6 Poirot, Annie	Harrisonburg	2:40.06 3
1:16.859 (1:16.859)	2:40.055 (1:23.197)	
7 Meriwether, Savannah	Albemarle	2:45.64 2
1:23.167 (1:23.167)	2:45.637 (1:22.470)	
8 Pineiro, Abigail	North Staffo	2:53.93 1
1:22.515 (1:22.515)	2:53.930 (1:31.415)	
9 Richards, Kathryn	North Staffo	2:54.42
1:21.289 (1:21.289)	2:54.417 (1:33.129)	
10 Sonen, Bella	Albemarle	2:57.12
1:22.989 (1:22.989)	2:57.119 (1:34.130)	
11 Bill, Holly	Harrisonburg	2:57.94
1:24.035 (1:24.035)	2:57.935 (1:33.900)	
12 Nyatso, Larie	North Staffo	3:09.23
1:23.865 (1:23.865)	3:09.222 (1:45.357)	

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 DeBoer, Arianna	Albemarle	5:14.96 10
1:19.314 (1:19.314)	2:39.062 (1:19.749)	4:00.644 (1:21.582)
5:14.952 (1:14.309)		
2 Hughlett, Caroline	Albemarle	5:23.61 8
1:19.549 (1:19.549)	2:39.434 (1:19.885)	4:00.932 (1:21.499)
5:23.601 (1:22.669)		
3 Simmons, Rebekah	Mountain Vie	5:32.85 6
1:20.732 (1:20.732)	2:45.037 (1:24.305)	4:10.624 (1:25.587)
5:32.841 (1:22.217)		
4 Perez, Adalyn	Mountain Vie	5:34.86 5
1:21.751 (1:21.751)	2:46.119 (1:24.369)	4:10.979 (1:24.860)
5:34.859 (1:23.880)		
5 Kingston, Natalie	Mountain Vie	5:40.93 4
1:21.894 (1:21.894)	2:47.356 (1:25.462)	4:15.374 (1:28.019)
5:40.929 (1:25.555)		
6 Gypson, Madelyn	Albemarle	5:42.61 3
1:22.217 (1:22.217)	2:47.926 (1:25.709)	4:18.196 (1:30.270)
5:42.606 (1:24.410)		
7 Elchenko, Brenna	Stafford Hig	5:49.42 2
1:21.457 (1:21.457)	2:48.282 (1:26.825)	4:19.379 (1:31.097)
5:49.412 (1:30.034)		
8 Kirwan, Kate	Harrisonburg	5:58.76 1
1:22.252 (1:22.252)	2:48.894 (1:26.642)	4:22.621 (1:33.727)
5:58.754 (1:36.134)		

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Results

Finals ... (Girls 1600 Meter Run)

Name	School	Finals
9 Sherman, Alice	Patrick Henr	6:05.06
1:28.003 (1:28.003)	3:02.513 (1:34.510)	4:36.766 (1:34.254)
6:05.058 (1:28.292)		
10 Reynolds, Shae	Brooke Point	6:05.34
1:26.948 (1:26.948)	3:02.188 (1:35.240)	4:38.513 (1:36.325)
6:05.336 (1:26.824)		
11 Blagg, Lena	Harrisonburg	6:12.12
1:25.879 (1:25.879)	3:00.984 (1:35.105)	4:39.378 (1:38.394)
6:12.111 (1:32.734)		
12 Pineiro, Abigail	North Staffo	6:32.63
1:28.881 (1:28.881)	3:08.483 (1:39.602)	4:54.374 (1:45.892)
6:32.621 (1:38.247)		
13 Richards, Kathryn	North Staffo	6:33.26
1:30.139 (1:30.139)	3:11.824 (1:41.685)	4:56.686 (1:44.862)
6:33.253 (1:36.567)		
14 Nyatso, Larie	North Staffo	7:27.11
1:30.986 (1:30.986)	3:22.959 (1:51.974)	5:29.414 (2:06.455)
7:27.104 (1:57.690)		

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 DeBoer, Arianna	Albemarle	11:18.44 10
1:20.930 (1:20.930)	2:43.708 (1:22.778)	4:08.707 (1:24.999)
5:36.162 (1:27.455)	7:04.099 (1:27.938)	8:32.383 (1:28.284)
9:58.808 (1:26.425)	11:18.432 (1:19.624)	
2 Guyton, Cassidy	Albemarle	11:30.16 8
1:21.145 (1:21.145)	2:44.223 (1:23.078)	4:08.913 (1:24.690)
5:36.373 (1:27.460)	7:04.639 (1:28.267)	8:33.824 (1:29.185)
10:03.379 (1:29.555)	11:30.152 (1:26.773)	
3 Coleman, Jenna	Albemarle	12:01.22 6
1:21.339 (1:21.339)	2:44.527 (1:23.188)	4:09.623 (1:25.097)
5:41.672 (1:32.049)	7:18.944 (1:37.273)	8:53.187 (1:34.243)
10:30.729 (1:37.543)	12:01.217 (1:30.488)	
4 Wunderly, Emma	Mountain Vie	12:08.64 5
1:21.802 (1:21.802)	2:48.259 (1:26.458)	4:19.193 (1:30.934)
5:52.742 (1:33.549)	7:26.902 (1:34.160)	9:01.894 (1:34.993)
10:36.510 (1:34.617)	12:08.633 (1:32.123)	
5 Dahlstom, Madison	Mountain Vie	13:09.72 4
1:34.835 (1:34.835)	3:15.188 (1:40.353)	4:56.077 (1:40.889)
6:34.869 (1:38.793)	8:15.110 (1:40.242)	9:57.103 (1:41.993)
11:38.160 (1:41.058)	13:09.718 (1:31.558)	
6 Dover, Ella	Stafford Hig	13:19.67 3
1:25.044 (1:25.044)	2:57.867 (1:32.823)	4:35.307 (1:37.440)
6:19.147 (1:43.840)	8:06.345 (1:47.199)	9:54.338 (1:47.993)
11:41.367 (1:47.029)	13:19.669 (1:38.303)	
7 Carlisle, Madison	Mountain Vie	13:31.25 2
1:37.585 (1:37.585)	3:18.727 (1:41.142)	5:00.529 (1:41.803)
6:42.943 (1:42.414)	8:25.277 (1:42.334)	10:07.562 (1:42.285)
11:50.778 (1:43.217)	13:31.249 (1:40.472)	

Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Woods, Ayanna	North Staffo	15.42 10
2 Pickens, Leilani	Patrick Henr	15.70 8
3 Vinzant, Callie	Albemarle	17.34 6
4 Jones, Kimora	William Flem	17.88 5
5 Tershak, Elizabeth	Patrick Henr	18.61 4
6 Amin, Suhani	Mountain Vie	19.25 3
7 McNamara, Alexia	North Staffo	19.32 2
8 Hevel-Lynch, Madison	Brooke Point	19.82 1
9 Carter, Leilani	Stafford Hig	20.40
10 Opoku-Mensah, Candence	Mountain Vie	21.77
--- McKinney-Forbes, Camilla	Brooke Point	DQ

Girls 300 Meter Hurdles

Name	School	Finals
Finals		
1 Elchenko, Brenna	Stafford Hig	50.71 10
2 Tershak, Elizabeth	Patrick Henr	51.34 8
3 Vinzant, Callie	Albemarle	52.76 6
4 Shults, Caroline	Stafford Hig	53.30 5
5 Burnett, Nevaeha	Brooke Point	53.66 4
6 Jones, Kimora	William Flem	55.65 3
7 Amin, Suhani	Mountain Vie	56.43 2
8 Beauzieux, Mia	Harrisonburg	56.61 1
9 Opoku-Mensah, Candence	Mountain Vie	57.88
10 Wilcher, Gabriella	William Flem	57.94
11 McKinney-Forbes, Camilla	Brooke Point	59.55

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 North Stafford	A	49.93 10
1) Downing, Latoya	2) McNamara, Alexia	
3) Woods, Ayanna	4) Cornelius, Raichelle	
2 Patrick Henry	A	50.90 8
1) Garvin, Tynia	2) McGinnis, Megan	
3) Paddyfote, Shauna	4) Pickens, Leilani	
3 Albemarle	A	51.37 6
1) Vinzant, Callie	2) Pendleton, Amaya	
3) Hawkins, Kaydence	4) Hall, Zada	
4 Mountain View	A	51.46 5
1) Anderson, Janelle	2) Bayard, Nella	
3) Baugh, Eliana	4) Salvanera, Keira	
5 William Fleming	A	54.55 4
1) Jones, Kimora	2) Watson, Ayeshia	
3) Wilcher, Gabriella	4) Morris, Camaree	
6 Harrisonburg	A	54.70 3
1) Sharhabeel, Enas	2) Gonzalez-Trejo, Nicole	
3) Ibrahim, Nemah	4) Beauzieux, Mia	

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Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Mountain View	A	4:05.83 10
1) Peterson, Laura	2) Simmons, Rebekah	
3) Anderson, Madelyn	4) Owens, Karrington	
2:05.833 (2:05.833)	3:06.605 (1:00.773)	4:05.826 (59.222)
2 Brooke Point	A	4:17.94 8
1) Johnson, Iyana	2) Spencer-Hamm, Amalie	
3) Hawes, Malye	4) Bigger, Nia	
2:15.381 (2:15.381)	3:17.378 (1:01.997)	4:17.934 (1:00.557)
3 Patrick Henry	A	4:25.30 6
1) Yirmibesoglu, Aylin	2) Sherman, Alice	
3) Branscom, Thea	4) Smeltzer, Elizabeth	
2:11.483 (2:11.483)	3:18.296 (1:06.814)	4:25.293 (1:06.997)
4 Harrisonburg	A	4:27.78 5
1) Yoder, Sophia	2) Gonzalez-Trejo, Nicole	
3) Beauzieux, Mia	4) Ibrahim, Nemah	
2:17.036 (2:17.036)	3:23.124 (1:06.088)	4:27.774 (1:04.650)
5 Albemarle	A	4:35.00 4
1) Hughlett, Caroline		
2:16.434 (2:16.434)	3:26.850 (1:10.417)	4:34.998 (1:08.148)

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Stafford	A	10:13.45 10
1) Berck, Grace	2) Elchenko, Brenna	
3) Stocks, Olivia	4) Duffy, Skylar	
2:38.009 (2:38.009)	5:10.145 (2:32.137)	7:47.774 (2:37.629)
10:13.448 (2:25.674)		
2 Mountain View	A	10:17.23 8
1) Peterson, Laura	2) Anderson, Madelyn	
3) Hudson, Maylie	4) Collette, Elise	
2:42.669 (2:42.669)	5:05.805 (2:23.137)	7:39.432 (2:33.627)
10:17.228 (2:37.797)		
3 Harrisonburg	A	10:22.68 6
1) Poirot, Annie	2) Blagg, Lena	
3) Kirwan, Clare	4) Kirwan, Kate	
2:35.395 (2:35.395)	5:13.189 (2:37.794)	7:47.998 (2:34.809)
10:22.674 (2:34.677)		
4 Albemarle	A	10:35.06 5
1) Meriwether, Savannah	2) Weaver, Eva	
3) Coleman, Jenna	4) Sonen, Bella	
2:31.512 (2:31.512)	5:14.532 (2:43.020)	7:58.319 (2:43.788)
10:35.055 (2:36.737)		
5 Patrick Henry	A	10:44.78 4
1) Yirmibesoglu, Aylin	2) Sherman, Alice	
3) Branscom, Thea	4) Smeltzer, Elizabeth	
2:33.039 (2:33.039)	5:23.704 (2:50.665)	8:10.438 (2:46.734)
10:44.775 (2:34.338)		

Girls High Jump

Name	School	Finals
Finals		
1 Epperson, Sophia	Brooke Point	4-10.00 10
2 Roy, Desiree	North Staffo	J4-10.00 8
3 Opoku-Mensah, Candence	Mountain Vie	4-08.00 6
4 Opoku-Mensah, Casandra	Mountain Vie	4-04.00 4.5
4 Tershak, Elizabeth	Patrick Henr	4-04.00 4.5
6 McKinney-Forbes, Camilla	Brooke Point	J4-04.00 3
7 Vinzant, Callie	Albemarle	4-02.00 1.5
7 Smith, Haylee	Harrisonburg	4-02.00 1.5
--- Nyatso, Larie	North Staffo	NH

Girls Pole Vault

Name	School	Finals
Finals		
1 Askelson, Amber	Brooke Point	10-06.00 10
2 Hall, Zada	Albemarle	J10-06.00 8
3 Gillenwater, Grace	Albemarle	10-00.00 6
4 Vinzant, Tara	Albemarle	6-06.00 5
--- Sarco, Maya	Harrisonburg	NH
--- Bush, Grace	Harrisonburg	NH

Girls Long Jump

Name	School	Finals
Finals		
1 Woods, Ayanna	North Staffo	15-08.50 10
2 Jones, Kimora	William Flem	15-03.50 8
3 Watson, Ayeshia	William Flem	15-02.75 6
4 Pendleton, Amaya	Albemarle	15-02.25 5
5 Paddyfote, Shauna	Patrick Henr	14-08.50 4
6 Siler, Nyla	North Staffo	14-08.25 3
7 Pickens, Leilani	Patrick Henr	14-04.00 2
8 Adam Elnail, Grace	Harrisonburg	13-02.50 1
9 Amin, Suhani	Mountain Vie	13-01.25
10 Johnson, JyKieria	Patrick Henr	12-08.25
11 Morris, Camaree	William Flem	12-04.50
12 Klosek, Stella	Albemarle	11-10.75
--- Hawes, Malye	Brooke Point	FOUL
--- Cornelius, Raichelle	North Staffo	FOUL
--- Opoku-Mensah, Casandra	Mountain Vie	FOUL

Girls Triple Jump

Name	School	Finals
Finals		
1 Paddyfote, Shauna	Patrick Henr	34-02.00 10
2 Cornelius, Raichelle	North Staffo	32-08.75 8
3 Yoder, Sophia	Harrisonburg	31-07.50 6
4 Watson, Ayeshia	William Flem	31-07.00 5
5 Opoku-Mensah, Casandra	Mountain Vie	31-00.25 4
6 Jones, Kimora	William Flem	30-05.50 3
7 Adam Elnail, Grace	Harrisonburg	29-02.25 2
8 Amin, Suhani	Mountain Vie	28-11.50 1
9 Garvin, Tynia	Patrick Henr	28-03.50
10 Klosek, Stella	Albemarle	25-00.75

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Girls Shot Put

Name	School	Finals
Finals		
1 Figueroa, Gabrielle	North Staffo	37-08.50 10
2 Mensah, Elizabeth	Mountain Vie	33-05.50 8
3 Dunbar, Kayla	Mountain Vie	33-02.75 6
4 Hevel-Lynch, Madison	Brooke Point	32-01.50 5
5 Grooms, Samantha	Stafford Hig	30-07.00 4
6 Sharpe, Kaiyah	Brooke Point	J30-07.00 3
7 Sabatino, Brianna	North Staffo	28-05.50 2
8 Pendleton, Amaya	Albemarle	27-05.00 1
9 Anderson, Karessa	Mountain Vie	26-06.25
10 Sarco, Maya	Harrisonburg	24-02.00
11 Krebs, Emily	Brooke Point	22-07.50
12 Gotay, Lizzie	Harrisonburg	21-03.50
13 Rivera-Rivas, Marelyn	Harrisonburg	21-01.00
14 Martin, Miyah	Patrick Henr	J21-01.00
15 Collier, Alayna	Albemarle	20-09.00

Girls Discus Throw

Name	School	Finals
Finals		
1 Figueroa, Gabrielle	North Staffo	101-00 10
2 Sabatino, Brianna	North Staffo	95-09 8
3 Roy, Desiree	North Staffo	88-00 6
4 Mensah, Elizabeth	Mountain Vie	84-08 5
5 Dunbar, Kayla	Mountain Vie	84-04 4
6 Sharpe, Kaiyah	Brooke Point	83-04 3
7 Anderson, Karessa	Mountain Vie	72-03 2
8 Sarco, Maya	Harrisonburg	68-00 1
9 Gotay, Lizzie	Harrisonburg	65-01
10 Collier, Alayna	Albemarle	61-02
11 Martin, Miyah	Patrick Henr	58-01
12 McKinney-Forbes, Camilla	Brooke Point	57-01
13 Rivera-Rivas, Marelyn	Harrisonburg	56-07
14 Krebs, Emily	Brooke Point	49-01

Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Jones, Micah	William Flem	10.92 10
2 Chacon, Javante	Harrisonburg	11.08 8
3 Bond, Vincent	Mountain Vie	11.08 6
4 Davis, Clifton	North Staffo	11.09 5
5 Brown, Hezekiah	North Staffo	11.31 4
6 Martinez, Nigel	North Staffo	11.42 3
7 Boni, Jean-Bandama	Stafford Hig	11.50 2
8 Dillard, Kam'ron	William Flem	11.54 1
9 Penn, Steven	Patrick Henr	11.55
10 Ocetnik, Colton	Mountain Vie	11.69
11 Jones, Amadre	Brooke Point	11.72
12 Coles, Daniel	Brooke Point	11.73
13 Long, Erik	Albemarle	11.82
14 Sanders, Kamauri	Brooke Point	11.89
15 Blackstock, Savion	Albemarle	11.92

16 Pearson, Jaden	Mountain Vie	11.96
17 Alonzo, Daniel	Patrick Henr	12.02
18 Serfass, Dallas	Patrick Henr	12.03
19 Harrington, Xavier	William Flem	12.08
20 Swann, Rashard	Albemarle	12.20

Boys 200 Meter Dash

Name	School	Finals
Finals		
1 Davis, Clifton	North Staffo	22.29 10
2 Gaymon, Ronald	Stafford Hig	22.47 8
3 Bond, Vincent	Mountain Vie	22.69 6
4 Chacon, Javante	Harrisonburg	23.03 5
5 Billings, Aidan	Mountain Vie	23.14 4
6 Estes, Daveon	Brooke Point	23.34 3
7 Ivey, Joshua	North Staffo	23.35 2
8 Penn, Steven	Patrick Henr	23.46 1
9 Pride-Home, Lyric	Stafford Hig	23.77
10 Long, Erik	Albemarle	23.93
11 Sanders, Kamauri	Brooke Point	24.01
12 Dillard, Kam'ron	William Flem	24.18
13 Taylor, Christopher	North Staffo	24.53
14 Lichti, Jesse	Harrisonburg	24.80
15 Pearson, Jaden	Mountain Vie	24.90
16 Carter, Nathan	Albemarle	24.95
17 Alonzo, Daniel	Patrick Henr	25.14
18 Edwards, Dante	Harrisonburg	25.21
19 Vant'Kruys, Shon	Albemarle	25.75
20 Lam, Hung	William Flem	26.64
21 McGeorge, Joaquin	William Flem	26.84

Boys 400 Meter Dash

Name	School	Finals
Finals		
1 Davis, Clifton	North Staffo	50.20 10
2 Billings, Aidan	Mountain Vie	51.36 8
3 Gaymon, Ronald	Stafford Hig	51.54 6
4 Richardson, Elias	Mountain Vie	53.19 5
5 Johnson, Daryl	North Staffo	53.67 4
6 Lane, Nathan	Brooke Point	55.58 3
7 Leftwich, Tyrece	William Flem	55.64 2
8 Minor, Braylen	North Staffo	55.93 1
9 Burton, Donovan	Stafford Hig	56.21
10 Thomas, Ahmir	Albemarle	57.19
11 Porras, Alex	Patrick Henr	57.32
12 Thomas, Jordell	Brooke Point	57.47
13 Bunn, Nathaniel	Harrisonburg	59.86
14 Schmidt, Patrick	Albemarle	1:18.51

Boys 800 Meter Run

Name	School	Finals
Finals		
1 Beck, David	Harrisonburg	2:01.45 10
59.136 (59.136)	2:01.448 (1:02.312)	
2 Polcha, Justin	Stafford Hig	2:04.00 8
1:02.858 (1:02.858)	2:03.998 (1:01.140)	

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Finals ... (Boys 800 Meter Run)

Name	School	Finals	
3 Teweles, Brian	Albemarle	2:04.17	6
1:02.546 (1:02.546)	2:04.163 (1:01.617)		
4 Swain, Craig	Mountain Vie	2:04.77	5
1:02.696 (1:02.696)	2:04.770 (1:02.074)		
5 Hartogensis, Jake	Albemarle	2:06.65	4
1:02.588 (1:02.588)	2:06.650 (1:04.062)		
6 Williams, Edward	Patrick Henr	2:07.51	3
1:02.961 (1:02.961)	2:07.505 (1:04.544)		
7 Pons, Diego	Mountain Vie	2:11.37	2
1:04.238 (1:04.238)	2:11.368 (1:07.130)		
8 Wiley, Misha	Patrick Henr	2:13.12	1
1:06.376 (1:06.376)	2:13.120 (1:06.744)		
9 Ramos, Logan	Brooke Point	2:16.22	
1:05.675 (1:05.675)	2:16.220 (1:10.545)		
10 Cann, Charles	Mountain Vie	2:17.25	
1:06.390 (1:06.390)	2:17.248 (1:10.859)		
11 Drumheller, Austin	Albemarle	2:17.67	
1:08.060 (1:08.060)	2:17.663 (1:09.604)		
12 Andros, Logan	Brooke Point	2:19.56	
1:08.826 (1:08.826)	2:19.556 (1:10.730)		
13 Hulleman, Calvin	Harrisonburg	2:19.73	
1:07.841 (1:07.841)	2:19.723 (1:11.882)		
14 Valencia, Jeriah	North Staffo	2:20.62	
1:08.781 (1:08.781)	2:20.613 (1:11.832)		
15 Rush, Matthew	Harrisonburg	2:20.70	
1:07.950 (1:07.950)	2:20.693 (1:12.744)		
16 Kerr, Riley	Patrick Henr	2:21.76	
1:09.008 (1:09.008)	2:21.760 (1:12.752)		
17 Meyers, Benjamin	North Staffo	2:26.11	
1:09.261 (1:09.261)	2:26.105 (1:16.844)		

Boys 1600 Meter Run

Name	School	Finals	
1 Yakulis Jr., Samuel	North Staffo	4:32.20	10
1:02.590 (1:02.590)	2:10.702 (1:08.112)	3:20.992 (1:10.290)	
4:32.195 (1:11.204)			
2 LeCain, Noah	North Staffo	4:38.65	8
1:03.817 (1:03.817)	2:14.992 (1:11.175)	3:28.745 (1:13.754)	
4:38.642 (1:09.897)			
3 Polcha, Justin	Stafford Hig	4:45.65	6
1:07.092 (1:07.092)	2:17.413 (1:10.322)	3:28.398 (1:10.985)	
4:45.645 (1:17.247)			
4 Swain, Craig	Mountain Vie	4:45.67	5
1:06.578 (1:06.578)	2:19.983 (1:13.405)	3:35.023 (1:15.040)	
4:45.665 (1:10.642)			
5 Zartler, Eric	Albemarle	5:03.54	4
1:08.723 (1:08.723)	2:27.662 (1:18.939)	3:49.607 (1:21.945)	
5:03.540 (1:13.934)			
6 Rush, Matthew	Harrisonburg	5:07.38	3
1:09.877 (1:09.877)	2:29.280 (1:19.404)	3:49.317 (1:20.037)	
5:07.377 (1:18.060)			

7 Hulleman, CJ	Harrisonburg	5:11.36	2
1:13.283 (1:13.283)	2:33.188 (1:19.905)	3:55.408 (1:22.220)	
5:11.360 (1:15.952)			
8 Pearl, Garrett	Brooke Point	5:14.52	1
1:11.033 (1:11.033)	2:31.052 (1:20.019)	3:52.938 (1:21.887)	
5:14.512 (1:21.574)			
9 Andros, Logan	Brooke Point	5:17.86	
1:14.472 (1:14.472)	2:35.373 (1:20.902)	3:58.540 (1:23.167)	
5:17.855 (1:19.315)			
10 Batchelor, Derrick	Brooke Point	5:17.88	
1:16.410 (1:16.410)	2:39.740 (1:23.330)	4:04.262 (1:24.522)	
5:17.875 (1:13.614)			
11 Chinyavong, Trey	Mountain Vie	5:22.60	
1:14.933 (1:14.933)	2:36.793 (1:21.860)	4:01.568 (1:24.775)	
5:22.598 (1:21.030)			
12 Harmon, Daniel	Patrick Henr	5:24.98	
1:16.928 (1:16.928)	2:40.643 (1:23.715)	4:09.142 (1:28.499)	
5:24.980 (1:15.839)			
13 Kundu, Ninad	Albemarle	5:27.18	
1:16.897 (1:16.897)	2:40.425 (1:23.529)	4:08.383 (1:27.959)	
5:27.180 (1:18.797)			
14 Grant, Sebastian	Mountain Vie	5:27.54	
1:14.502 (1:14.502)	2:33.585 (1:19.084)	4:01.095 (1:27.510)	
5:27.535 (1:26.440)			
15 Brubaker, Zeke	Albemarle	5:37.84	
1:08.315 (1:08.315)	2:28.253 (1:19.939)	3:58.715 (1:30.462)	
5:37.833 (1:39.119)			

Boys 3200 Meter Run

Name	School	Finals	
1 Webb, Joshua	North Staffo	9:56.45	10
1:11.954 (1:11.954)	2:28.360 (1:16.407)	3:42.900 (1:14.540)	
4:57.600 (1:14.700)	6:12.240 (1:14.640)	7:27.682 (1:15.442)	
8:43.339 (1:15.658)	9:56.449 (1:13.110)		
2 Yakulis Jr., Samuel	North Staffo	10:06.19	8
1:11.593 (1:11.593)	2:27.764 (1:16.172)	3:42.520 (1:14.757)	
4:57.928 (1:15.408)	6:16.172 (1:18.244)	7:38.519 (1:22.348)	
8:57.739 (1:19.220)	10:06.189 (1:08.450)		
3 LeCain, Noah	North Staffo	10:07.29	6
1:11.507 (1:11.507)	2:28.118 (1:16.612)	3:43.382 (1:15.264)	
4:59.154 (1:15.773)	6:17.563 (1:18.409)	7:38.054 (1:20.492)	
8:58.233 (1:20.179)	10:07.288 (1:09.055)		
4 Kirwan, Hayden	Harrisonburg	10:07.68	5
1:13.522 (1:13.522)	2:32.584 (1:19.063)	3:49.760 (1:17.177)	
5:07.180 (1:17.420)	6:25.732 (1:18.552)	7:45.018 (1:19.287)	
9:00.792 (1:15.774)	10:07.672 (1:06.880)		
5 Putka, Ben	Stafford Hig	10:08.60	4
1:14.840 (1:14.840)	2:32.337 (1:17.497)	3:49.365 (1:17.029)	
5:06.845 (1:17.480)	6:25.500 (1:18.655)	7:44.583 (1:19.083)	
9:00.562 (1:15.979)	10:08.599 (1:08.038)		
6 Schilling, Charles	Mountain Vie	10:46.58	3
1:17.302 (1:17.302)	2:39.168 (1:21.867)	4:00.014 (1:20.847)	
5:20.863 (1:20.849)	6:42.644 (1:21.782)	8:06.387 (1:23.743)	
9:30.167 (1:23.780)	10:46.573 (1:16.407)		

VHSL Region 5D Championships - 6/9/2021

Harrisonburg High School

Results

Finals ... (Boys 3200 Meter Run)

Name	School	Finals
7 Wightman, Liam	Harrisonburg	10:47.44 2
1:14.553 (1:14.553)	2:35.095 (1:20.543)	3:56.454 (1:21.359)
5:19.222 (1:22.768)	6:43.467 (1:24.245)	8:07.202 (1:23.735)
9:30.357 (1:23.155)	10:47.437 (1:17.080)	
8 Pellissier, Chris	Albemarle	11:08.02 1
1:16.933 (1:16.933)	2:41.478 (1:24.545)	4:04.908 (1:23.430)
5:32.192 (1:27.284)	6:58.365 (1:26.174)	8:24.234 (1:25.869)
9:49.265 (1:25.032)	11:08.015 (1:18.750)	
9 Godsey, Nathan	Stafford Hig	11:29.84
1:17.487 (1:17.487)	2:40.472 (1:22.985)	4:05.772 (1:25.300)
5:35.109 (1:29.338)	7:04.492 (1:29.383)	8:33.607 (1:29.115)
10:04.145 (1:30.539)	11:29.839 (1:25.694)	
10 Jacobs, Aaron	Brooke Point	11:49.05
1:22.174 (1:22.174)	2:52.410 (1:30.237)	4:20.934 (1:28.524)
5:51.993 (1:31.059)	7:24.227 (1:32.234)	8:56.935 (1:32.709)
10:29.490 (1:32.555)	11:49.044 (1:19.554)	
11 Saini, Simrat	Albemarle	11:58.85
1:18.669 (1:18.669)	2:45.529 (1:26.860)	4:16.335 (1:30.807)
5:49.373 (1:33.038)	7:21.340 (1:31.968)	8:57.199 (1:35.859)
10:32.893 (1:35.694)	11:58.843 (1:25.950)	
12 Baileys, Aidan	Mountain Vie	12:16.68
1:21.895 (1:21.895)	2:53.030 (1:31.135)	4:23.658 (1:30.628)
5:58.715 (1:35.058)	7:34.023 (1:35.308)	9:10.943 (1:36.920)
10:48.800 (1:37.858)	12:16.673 (1:27.873)	
13 Addis, Jay	Mountain Vie	12:21.04
1:22.243 (1:22.243)	2:54.108 (1:31.865)	4:28.503 (1:34.395)
6:03.080 (1:34.578)	7:38.187 (1:35.107)	9:13.255 (1:35.069)
10:50.674 (1:37.419)	12:21.037 (1:30.363)	
14 Braun, Hayden	Brooke Point	12:47.65
1:16.112 (1:16.112)	2:49.155 (1:33.044)	4:25.317 (1:36.162)
6:02.865 (1:37.549)	7:42.920 (1:40.055)	9:28.802 (1:45.882)
11:12.883 (1:44.082)	12:47.644 (1:34.762)	
--- Grubbs, Adrian	Albemarle	DNF
1:13.315 (1:13.315)	2:34.362 (1:21.047)	3:58.537 (1:24.175)
5:26.444 (1:27.908)	6:56.875 (1:30.432)	8:26.095 (1:29.220)
--- Pearl, Gabriel	Brooke Point	DNF
1:23.753 (1:23.753)	2:57.270 (1:33.518)	

Boys 110 Meter Hurdles

Name	School	Finals
1 Jones, Micah	William Flem	15.31 10
2 Penn, John	Patrick Henr	16.13 8
3 Burgess, Jadon	Harrisonburg	17.21 6
4 Nontong, Nayton	Brooke Point	17.21 5
5 Dolak, Ben	Albemarle	17.25 4
6 Anderson, Jady	Brooke Point	17.88 3
7 Sabatino, Vincent	North Staffo	18.92 2
8 Brown, Micah	North Staffo	19.16 1
9 Skromans, Arturs	Patrick Henr	22.04
10 Clarke, Jamison	Mountain Vie	22.04

Boys 300 Meter Hurdles

Name	School	Finals
1 Jones, Micah	William Flem	39.99 10
2 Forde, Wesley	Brooke Point	42.35 8
3 Brown, Micah	North Staffo	43.31 6
4 Penn, John	Patrick Henr	43.49 5
5 Nelson, Christopher	William Flem	44.11 4
6 Boni, Jean-Bandama	Stafford Hig	44.96 3
7 Sabatino, Vincent	North Staffo	45.86 2
8 Nontong, Nayton	Brooke Point	46.21 1
9 Dolak, Ben	Albemarle	46.44
10 Burgess, Jadon	Harrisonburg	46.77
11 Skromans, Arturs	Patrick Henr	49.25
12 Delozier, Landon	Stafford Hig	50.46
13 Clarke, Jamison	Mountain Vie	54.41
14 Smith, Will	Albemarle	56.15

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Mountain View	A	44.42 10
1) Ocetnik, Colton	2) Bond, Vincent	
3) Richardson, Elias	4) Pearson, Jaden	
2 Patrick Henry	A	45.60 8
1) Serfass, Dallas	2) Penn, Steven	
3) Alonzo, Daniel	4) Penn, John	
3 Albemarle	A	45.81 6
4 Brooke Point	A	45.82 5
1) Coles, Daniel	2) Jones, Amadre	
3) Estes, Daveon	4) Breeden, Jackson	
5 North Stafford	A	47.31 4
1) Brown, Hezekiah	2) Conteh, Yayah	
3) Ivey, Joshua	4) Stevens, Isaiah	
6 William Fleming	A	49.17 3
1) Harrington, Xavier	2) Dillard, Kam'ron	
3) McCoy, Darren	4) Poindexter, Tylertryiq	
--- Harrisonburg	A	DQ
1) Geisler, Evan	2) Lichti, Jesse	
3) Edwards, Dante	4) Foster, Tyrell	

Boys 4x400 Meter Relay

Team	Relay	Finals
1 North Stafford	A	3:34.11 10
1) Brown, Hezekiah	2) Conteh, Yayah	
3) Johnson, Daryl	4) Ivey, Joshua	
1:47.124 (1:47.124)	2:40.606 (53.483)	3:34.104 (53.498)
2 Mountain View	A	3:37.72 8
1) Billings, Aidan	2) Richardson, Elias	
3) Alabre, Vanes	4) Pearson, Jailen	
1:53.263 (1:53.263)	2:46.951 (53.689)	3:37.715 (50.764)

VHSL Region 5D Championships - 6/9/2021

Harrisonburg High School

Results

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals	
3 Brooke Point	A	3:40.33	6
1) Lane, Nathan	2) Zelaya, Giovanni		
3) Estes, Daveon	4) Coles, Daniel		
1:50.890 (1:50.890)	2:46.195 (55.305)	3:40.328 (54.133)	
4 Albemarle	A	3:42.15	5
1) Dolak, Ben	2) Hartogensis, Jake		
3) Teweles, Brian	4) Drumheller, Austin		
1:54.204 (1:54.204)	2:48.940 (54.737)	3:42.146 (53.207)	
5 Stafford	A	3:42.97	4
1) Sepulveda, Thomas	2) Burton, Donovan		
3) Pittman, Joseph	4) Pride-Horne, Lyric		
1:51.686 (1:51.686)	2:46.221 (54.535)	3:42.965 (56.744)	
6 Patrick Henry	A	3:53.89	3
1) Williams, Edward	2) Wiley, Misha		
3) Porras, Alex	4) Harmon, Daniel		
1:58.281 (1:58.281)	2:55.525 (57.244)	3:53.889 (58.364)	
7 William Fleming	A	4:03.04	2
1) Nelson, Christopher	2) Leftwich, Tyrece		
3) McCoy, Darren	4) Harrington, Xavier		
1:52.961 (1:52.961)	3:00.918 (1:07.957)	4:03.040 (1:02.123)	
8 Harrisonburg	A	4:05.59	1
1) Lichti, Jesse	2) Bunn, Nathaniel		
3) Edwards, Dante	4) Geisler, Evan		
2:02.770 (2:02.770)	3:06.379 (1:03.609)	4:05.584 (59.205)	

Boys 4x800 Meter Relay

Team	Relay	Finals	
1 Albemarle	A	8:37.50	10
1) Zartler, Eric	2) Teweles, Brian		
3) Brubaker, Zeke	4) Hartogensis, Jake		
2:08.429 (2:08.429)	4:15.400 (2:06.972)	6:19.973 (2:04.573)	
8:37.499 (2:17.527)			
2 Stafford	A	8:41.67	8
1) Reeves, Kamren	2) Gaymon, Ronald		
3) Putka, Ben	4) Polcha, Justin		
2:15.294 (2:15.294)	4:27.269 (2:11.975)	6:36.510 (2:09.242)	
8:41.666 (2:05.157)			
3 Harrisonburg	A	8:43.85	6
1) Hulleman, Calvin	2) Hulleman, CJ		
3) Wightman, Liam	4) Kirwan, Hayden		
2:17.126 (2:17.126)	4:27.341 (2:10.215)	6:40.201 (2:12.860)	
8:43.844 (2:03.643)			
4 Mountain View	A	8:44.37	5
1) Cann, Charles	2) Pons, Diego		
3) Fernengel, Jon	4) Hayes, William		
2:13.566 (2:13.566)	4:27.954 (2:14.388)	6:39.421 (2:11.468)	
8:44.363 (2:04.942)			
5 Patrick Henry	A	8:54.06	4
1) Williams, Edward	2) Wiley, Misha		
3) Porras, Alex	4) Harmon, Daniel		
2:11.393 (2:11.393)	4:22.150 (2:10.758)	6:36.598 (2:14.448)	
8:54.059 (2:17.462)			

6 Brooke Point	A	9:07.09	3
1) Andros, Liam	2) Andros, Logan		
3) Ramos, Logan	4) Pearl, Garrett		
2:14.546 (2:14.546)	4:33.673 (2:19.127)	6:49.251 (2:15.579)	
9:07.081 (2:17.830)			
7 North Stafford	A	9:07.99	2
1) Webb, Joshua	2) Valencia, Jeriah		
3) Johnson, Daryl	4) Mott, William		
2:25.885 (2:25.885)	4:38.698 (2:12.813)	7:00.989 (2:22.292)	
9:07.983 (2:06.994)			
8 William Fleming	A	12:25.80	1
1) Leftwich, Tyrece	2) McCoy, Darren		
3) McGeorge, Joaquin	4) Lam, Hung		
2:25.289 (2:25.289)	5:09.175 (2:43.887)	8:39.674 (3:30.499)	
12:25.800 (3:46.127)			

Boys High Jump

Name	School	Finals	
Finals			
1 Andros, Liam	Brooke Point	6-02.00	10
2 Andros, Logan	Brooke Point	6-00.00	8
3 Gadsden, Calvin	North Staffo	5-10.00	6
4 Penn, John	Patrick Henr	5-08.00	5
5 Brown, Hezekiah	North Staffo	J5-08.00	4
6 Atkinson, Skilayr	Stafford Hig	J5-08.00	3
7 Jones, Micah	William Flem	5-06.00	2
8 Alabre, Vanes	Mountain Vie	J5-06.00	1
9 Pearson, Jailen	Mountain Vie	5-02.00	
--- Smith, Will	Albemarle	NH	
--- Swann, Rashard	Albemarle	NH	
--- Coles, Daniel	Brooke Point	NH	
--- Skromans, Arturs	Patrick Henr	NH	

Boys Pole Vault

Name	School	Finals	
Finals			
1 Ocetnik, Colton	Mountain Vie	13-06.00	10
2 Nelson, Connor	Albemarle	13-00.00	8
3 Pearson, Jaden	Mountain Vie	12-06.00	6
4 Drumheller, Austin	Albemarle	10-06.00	5
5 Baylor, Byron	Patrick Henr	10-00.00	4
6 Armstrong, Samuel	North Staffo	8-00.00	2.5
6 Richardson, Elias	Mountain Vie	8-00.00	2.5
8 Killings, Shaquille	North Staffo	J8-00.00	1
9 Bornschein, Cole	Stafford Hig	7-06.00	
--- Porras, Alex	Patrick Henr	NH	

Boys Long Jump

Name	School	Finals	
Finals			
1 Brown, Hezekiah	North Staffo	20-10.75	10
2 Richardson, Elias	Mountain Vie	20-01.50	8
3 Tellez, Devin	Patrick Henr	19-11.00	6
4 Riley, Michael	Brooke Point	19-08.00	5
5 Bond, Vincent	Mountain Vie	19-06.50	4
6 Serfass, Dallas	Patrick Henr	19-01.75	3

VHSL Region 5D Championships - 6/9/2021

Harrisonburg High School

Results

Finals ... (Boys Long Jump)

Name	School	Finals	
7 Nelson, Christopher	William Flem	18-10.25	2
8 Killings, Shamar	North Staffo	18-07.75	1
9 Alabre, Vanes	Mountain Vie	18-06.50	
10 Conteh, Yayah	North Staffo	18-01.50	
11 McCoy, Darren	William Flem	17-06.50	
12 Thomas, Ahmir	Albemarle	17-05.50	
13 Johnson, Camren	Brooke Point	16-08.25	
14 Carter, Nathan	Albemarle	16-08.00	
--- Estremera, Bennett	Albemarle	FOUL	
--- Jones, Micah	William Flem	FOUL	

Boys Triple Jump

Name	School	Finals	
1 Brown, Hezekiah	North Staffo	44-07.00	10
2 Tellez, Devin	Patrick Henr	42-09.50	8
3 Richardson, Elias	Mountain Vie	41-02.50	6
4 Nelson, Christopher	William Flem	41-00.50	5
5 Riley, Michael	Brooke Point	39-06.00	4
6 Conteh, Yayah	North Staffo	39-05.50	3
7 Alabre, Vanes	Mountain Vie	39-03.50	2
8 Johnson, Camren	Brooke Point	39-02.25	1
9 Burgess, Jadon	Harrisonburg	38-04.00	
10 Brown, Micah	North Staffo	37-08.25	
11 Swann, Rashard	Albemarle	37-00.00	
12 Thomas, Ahmir	Albemarle	36-02.50	
13 Estremera, Bennett	Albemarle	34-08.25	
--- McCoy, Darren	William Flem	FOUL	

Boys Shot Put

Name	School	Finals	
1 Poindexter, Tylertyriq	William Flem	46-04.00	10
2 Mensah, Eric	Mountain Vie	44-01.50	8
3 Lewis, Jayson	North Staffo	41-01.75	6
4 Weddle, Dylan	Brooke Point	39-09.50	5
5 Donaldson, Thomas	Stafford Hig	39-02.75	4
6 Riley, Michael	Brooke Point	39-01.50	3
7 Alvarado, Joel	Harrisonburg	38-01.50	2
8 Jaredic, Kevin	Albemarle	37-00.75	1
9 Floyd, Quintarius	Brooke Point	36-09.00	
10 Harrington, Xavier	William Flem	34-02.00	
11 Nelson, Connor	Albemarle	32-11.75	
12 Murphy, EJ	Patrick Henr	32-06.50	
13 Portillo, Gio	Harrisonburg	32-06.00	
14 Asiedu, Ambrose	North Staffo	31-03.25	
15 Tate, Dalton	Albemarle	30-03.50	
16 Garrett, Jahmil	Mountain Vie	28-03.50	

Boys Discus Throw

Name	School	Finals	
1 Mensah, Eric	Mountain Vie	138-03	10
2 Lewis, Jayson	North Staffo	129-04	8

3 Riley, Michael	Brooke Point	103-09	6
4 Alvarado, Joel	Harrisonburg	102-00	5
5 Floyd, Quintarius	Brooke Point	100-04	4
6 Vinson, Giovanni	Brooke Point	94-10	3
7 Asiedu, Ambrose	North Staffo	89-07	2
8 Tate, Dalton	Albemarle	85-06	1
9 Garrett, Jahmil	Mountain Vie	84-02	
10 Murphy, EJ	Patrick Henr	83-04	
11 Jaredic, Kevin	Albemarle	75-11	
12 Portillo, Gio	Harrisonburg	73-09	

Women - Team Rankings - 17 Events Scored

1) Mountain View	132.5
2) Albemarle	123.5
3) North Stafford	115
4) Patrick Henry	83.5
5) Brooke Point	64
6) Stafford	42
7) William Fleming	40
8) Harrisonburg	36.5

Men - Team Rankings - 17 Events Scored

1) North Stafford	161.5
2) Mountain View	124.5
3) Brooke Point	87
4) William Fleming	62
5) Patrick Henry	59
6) Stafford	56
7) Harrisonburg	55
7) Albemarle	55