

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Girls 55 Meter Dash Open

National HS: 6.68 # 1996

A. Latimer, A. Williams

Facility: 6.77 * 2018

Thelma Davies

Name	School	Prelims
Preliminaries		
1 Reid, Alana	Hydel Group	6.99q
2 Perrow, Victoria	Bullis Schoo	7.03q
3 Hasberry, Junyce	Maury High S	7.06q
4 Anderson, Layla	Churchland	7.06q
5 Hill, Kerrica	Hydel Group	7.06q
6 Hart, Jahzara	Southeast Ra	7.07q
7 Black, Zariyah	Eastern Guil	7.09q
8 Thomas, Alicia	Potomac Seni	7.10q
9 Jarrett, Makhia	Salem (Virgi	7.11
10 Bonnick, Kayla	St. Jago Hig	7.17
11 Snow, Morgan	North Staffo	7.17
12 Love, Lia	Jordan	7.17
13 Razzak, Khalilah	Reagan	7.18
14 Reid, Joanne	St. Jago Hig	7.21
15 Alexander, Diamond	Richard Mont	7.28
16 Thompson Rowe, Alyssa	Lexington	7.28
17 Johnson, Amiya	C.D. Hylton	7.30
18 Judd, Ani	Southeast Ra	7.30
19 Buckner, Janasia	River Hill H	7.32
20 Fashina, Ronke	St. John's C	7.32
21 Armstrong, Eleyah	Bethel	7.33
22 Bryant, Azariyah	Lak. East	7.35
23 Johnson, Moriah	Wester. Cent	7.35
23 Teasley, Victoria	Cuthbertson	7.35
25 Smith, Shaneece	Highland Spr	7.36
26 Udoeye, Nneka	Southeast Ra	7.39
27 Evans, Destini	Maury High S	7.40
28 Pierre, Jada	Bullis Schoo	7.40
29 Price, Dahja	Louisa Count	7.40
30 Seetoo, Emma	Westfield	7.41
31 Johnson, Taylor	Bullis Schoo	7.42
32 Davis, Breanna	Norview	7.42
33 Hall, Heaven	Maury High S	7.42
34 Smith, Jada	Glen Allen H	7.42
35 Omitowaju, Araoluwa	River Hill H	7.43
36 Clarke, Lauryn	Damascus Hig	7.43
37 Koger, Dianna	Bowie High S	7.43
38 Stafford, Ayannah	Gah. Lincoln	7.45
38 Addo, Rakyia	Dunbar High	7.45
40 Bryant, Nataja	Norview	7.45
41 Sharps, Malea	Old Mill Hig	7.46
42 Sirleaf, Ayana	Dunbar High	7.47
43 Thomas, Abigail	Hickory Ridg	7.48
44 Lee, Kayla	Kings Fork	7.49
45 Mayes, Shamauri	I.C. Norcom	7.49
46 Cross, Ni-Ann	St. John's C	7.49
47 Calvin, Ziavia	Lexington	7.50
48 White, Quiyana	Bethel	7.50
49 Johnson, Haniyyah	Prince Edwar	7.51
50 Greene, Dauntazia	Woodrow Wils	7.51

51 Powell, Asia	Kings Fork	7.52
52 Bah, Silvia	Green Hope	7.53
53 Powell, Leah	Northern-Cal	7.54
54 Kennedy, Raven	Westlake Hig	7.54
55 Pierre, Garcelle	Mt. Hebron H	7.54
56 Rolle, Jacquelyn	Cuthbertson	7.54
57 Woodruff, Aniya	Hickory Ridg	7.55
58 Sims, Erynn	Riverdale Ba	7.56
59 Cummings, Nyia	St. Stephen'	7.56
60 Ward, Deja	Kings Fork	7.56
61 Thomas, Ashley	Bullis Schoo	7.57
62 Bell, Kianna	Forest Park	7.57
63 Hadley, Lauren	DC Internati	7.58
64 Rey, Caroline	Woodrow Wils	7.58
65 Grant, Maia	Reagan	7.58
66 Benz, Addison	Cuthbertson	7.58
67 Jackson, Kaloni	Freedom (Woo	7.58
68 Lee, Micah	Eastern View	7.59
69 Lowe, Arci	South County	7.60
70 Rutledge, Shaina	Gah. Lincoln	7.60
71 Akala, Ayokami	Richard Mont	7.60
71 Simmons, Saniya	Henry A. Wis	7.60
73 Limpin, Marainna	Prince Georg	7.60
74 Brown, Briyel	Paul VI HS	7.62
75 Prinston, Neomie	Bullis Schoo	7.62
76 Chisolm, Chelsea	Patriot High	7.62
77 Virgil, Sanaa	Elizabeth Se	7.62
78 Moore, Makinna	West Potomac	7.63
79 Wells, Trinity	Dudley	7.64
80 Chukwu, Janice	Severna Park	7.64
80 Lewis, Diamond	Northern-Cal	7.64
82 Johnson, Kendall	Millbrook	7.65
83 Kargbo, Miriama	Potomac Seni	7.65
84 Habib, Malaika	Damascus Hig	7.65
85 Tucker-Hall, Ameree	Stone Bridge	7.65
86 Rankin, Victoria	South County	7.67
87 Asante, Princess	Paint Branch	7.67
88 Harris, Skylar	Paul VI HS	7.67
89 Harrod, Alyssa	Henry A. Wis	7.68
90 Thomas, Asharee	Western Bran	7.68
90 Foster, Jordan	Mt. Hebron H	7.68
90 Brendle, Renecca	Mills Godwin	7.68
93 Jenkins, Peyton	Cosby	7.69
94 James, Taylor	Cosby	7.69
95 Holloway, Khia	Hanover	7.70
96 Wotorson, Nuntiah	Elizabeth Se	7.70
97 Farmer, Alexandra	Springbrook	7.71
98 Johnson, Courtney	Kings Fork	7.71
99 Miller, Madison	Bishop McNam	7.71
100 Spearman, Falon	Providence D	7.71
101 Sampson, Elizabeth	Northwood Hi	7.72
101 Sanchez, Danielle	Millbrook	7.72
103 Abdus-Salaam, Zuri	Germantown F	7.72
104 Coates, Emily	Rustburg	7.72
104 Callan, Jenna	Stone Bridge	7.72
106 Blount, Yazmine	Smithfield	7.72

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Preliminaries ... (Girls 55 Meter Dash Open)

Name	School	Prelims					
107	Barrow, Kyndall	Dudley	7.72	161	Locke, Daiyana	Nansemond Ri	7.89
108	Hilton, Dawn	Lak. East	7.73	162	Michelitch, Sarah	Stone Bridge	7.90
108	Wynter, Halie	Manchester H	7.73	163	Baker, Meah	Bishop McNam	7.90
110	Pierce, Alysa	Bethel	7.73	164	Whittier, Brooke	Western Albe	7.90
111	Miner, Gabbey	Prince Georg	7.73	165	Carter, Tanaye	Highland Spr	7.90
112	Blair, Nyla	Tabb	7.74	166	Fyffe, Jada	Brookville H	7.91
113	Dyer, Danielle	Bullis Schoo	7.74	167	McMillan, Sydni	Southeast Gu	7.91
114	Buckner, Larasia	River Hill H	7.75	168	Bridgett, Kymia	Woodrow Wils	7.91
115	Jones, Simone	Potomac Seni	7.76	168	Jones, Kimora	William Flem	7.91
116	Baker, Chelsea	River Hill H	7.76	170	Smith, Trinity	Manchester H	7.92
117	Armstead, Love'Vanna	Massaponax	7.76	171	Williams, Dayaa	Western Bran	7.92
118	Yuille, Jailyn	South Garner	7.76	172	Stinson, Caitlin	Battlefield	7.93
119	Jones, Emma	Northside Hi	7.76	173	Guyo, Chi Chi	Wester. Cent	7.93
120	Spellings, Abigail	Cuthbertson	7.77	174	Sutton, Jordyn	Massaponax	7.94
121	Miranda, Jalcia	Eastern View	7.77	175	Wilson, Kyra	Loudoun Vall	7.94
122	Taliaferro, Ansolei	Nansemond Ri	7.78	176	Polk, Kyra	Riverdale Ba	7.94
123	Green, SeMore	Mills Godwin	7.78	177	Bucci, Kaitlin	Glen Allen H	7.94
124	Kinard, Gabrielle	Riverdale Ba	7.79	178	Fortenberry, Iyanna	James River	7.95
125	Gallman, Casandra	Mt. Hebron H	7.79	179	Grooms, Jasmine	Elizabeth Se	7.96
126	Moss, Zion	Glen Allen H	7.79	180	Bell, Madeline	Winston Chur	7.96
127	Diggs, Kasey	Freedom (Woo	7.79	181	Blake, Tya	Heritage (Ly	7.97
128	Thibodeau, Amaya	Osborn Park	7.79	182	McQuillan, Abby	Battlefield	7.97
129	Blake, Nirel	Highland Spr	7.79	183	Morgenstern, Sydney	Walter Johns	7.97
130	Adebambo, Iyinoluwa	Western Bran	7.80	184	Hawkins, Rebecca	Brookville H	7.97
131	Aldridge, Adrie	Mills Godwin	7.80	184	Pugh, Alexia	West Springf	7.97
132	Haythe, Sanai'	Bishop McNam	7.80	186	McIntosh, Aquariah	Lexington	7.98
133	Pender, Cameron	Grassfield	7.81	187	Domecq, Cat	Western Albe	7.99
134	Madden, Lauren	Mt. Hebron H	7.81	188	Muniz, Jahnasia	Churchland	7.99
135	Slavich, Elyssa	Haverford To	7.82	189	Squire, Ava	Deep Run	7.99
136	Smith, Kerra	Amherst Coun	7.82	190	Toogood, Kalin	Central High	8.00
137	Jefferson, Channie	Highland Spr	7.82	191	Ferrer, Dairam	Deep Run	8.00
138	McCoy, Bria	Churchland	7.82	192	Mosley, Tijjah	Tallwood	8.01
139	Euzebio, Emilly	Sun Valley	7.83	193	Tyme, Kennedy	Laurel High	8.01
139	Rivera, Natasha	Battlefield	7.83	194	Kraft, Anna	Cosby	8.01
141	Tucker, Ciara	James River	7.83	194	Houston, Kyla	Sun Valley	8.01
142	Wike-Newsome, Aisha	Woodrow Wils	7.83	196	Bunn, Jazmyne	Highland Spr	8.02
143	Andrews, Zakiya	Elizabeth Se	7.83	197	Alleyne, Faith	Landmark Chr	8.03
144	Hudson, Sage	Woodrow Wils	7.84	198	Akinbi, Jadesola	Osborn Park	8.03
144	Greenfield, Janiya	Westlake Hig	7.84	199	Pitzer, Haley	Rockbridge C	8.04
146	Watson, Ayeshia	William Flem	7.84	200	Taliaferro-Brunn, Amirah	Woodrow Wils	8.04
147	Lausen, Skylar Tatiayna	Cuthbertson	7.85	201	Galvis, Stephany	Loudoun Vall	8.05
147	Jackson, Iyana	Western Bran	7.85	202	Bagby, Kayvon	Hanover	8.06
149	Fleck, Kate	Mt. Hebron H	7.85	202	Gillis, Jayla	Bethel	8.06
150	Jackson, Jordan	Cosby	7.85	204	Socha, Kylan	Blacksburg H	8.06
151	Smith, Kendra	Amherst Coun	7.85	205	Perkins, Akeilah	Woodrow Wils	8.07
152	Coleman, Jermanie	Woodrow Wils	7.85	205	Degboe, Mildred	Damascus Hig	8.07
153	Fuller, Miracle	Elizabeth Se	7.86	207	Athreya, Uma	Deep Run	8.07
154	Rogers, Xaveria	James River	7.86	208	Young, Daiyanna	Franklin Cou	8.08
155	Martin, Aminah	St. John's C	7.86	209	Muse, Ebony	Franklin Cou	8.08
156	Moss, Faith	Glen Allen H	7.87	210	Hsia, Anna	Winston Chur	8.08
157	Williams, Amari	Western Bran	7.87	211	Ward, Jasmine	New Albany	8.10
158	Njingang, Leslie	Northwood Hi	7.88	212	Elgazar, Sara	South County	8.10
159	Mosley, Maya	Battlefield	7.88	213	Camp, Tayler	Woodrow Wils	8.10
160	Callender, Alicia	Osborn Park	7.88	214	Randolph, Jah'Kei	Elizabeth Se	8.10
				215	Gee, Kyla	Eastern View	8.12
				216	Triano, Hope	Green Hope	8.12

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Name	School	Prelims
217 Biwott, Leah	West Potomac	8.13
218 Perrello, Yvonna	James River	8.13
219 Crittenden, Alani	Bethel	8.15
220 Henry, Desirae	Bethel	8.16
221 Pearson, Sydia	Rockbridge C	8.16
222 Smith-Rodriguez, Elianna	Massaponax	8.16
223 Pendleton, Ashari	Highland Spr	8.17
224 Rullo, Samantha	Central Reg	8.17
225 Taylor, Phoenix	Woodrow Wils	8.18
226 Romano, Sam	Glen Allen H	8.18
227 Anderson, Laila	Bullis Schoo	8.18
228 Brown, Lauren	Manchester H	8.20
229 Myles, Sevyn	Bullis Schoo	8.20
230 Krouscas, Sophia	Blacksburg H	8.21
231 Conly, Kaitlyn	McLean	8.21
232 Saligan Ensaido, Itzel	Millbrook	8.21
233 Bowles, Charlotte	Brookville H	8.22
234 Lawrence, Aaniyah	Bethel	8.22
235 Sutte, Tymeisha	Rockbridge C	8.22
236 Williams, Amaya	Blacksburg H	8.23
237 Mathieu, Christa	Elizabeth Se	8.24
238 Isola, Emelia	Walter Johns	8.24
239 Samuels, Aysia	James Hubert	8.25
240 Hughes, Jayden	Mt. Hebron H	8.25
241 Mayer, Alexa	Blacksburg H	8.27
242 Harvey, Clare	Bullis Schoo	8.28
243 Scott, Anisa	Western Bran	8.29
244 Edmondson, Olivia	James Hubert	8.29
245 Ruhland, McKinsey	Brookville H	8.29
246 Mehta, Tia	Stone Bridge	8.31
247 Eick, Jasmine	McLean	8.32
248 Kodiaga, Chelsea	Oakton	8.32
249 Clifton, Asiyah	Woodrow Wils	8.33
250 McKnight, Mikahya	Elizabeth Se	8.33
251 Harris, Cherylanne	Blacksburg H	8.34
252 Wilson, Courtney	Nansemond Ri	8.35
253 Umbarger, Gracie	Marion	8.35
254 White, Tannia	James Hubert	8.37
254 King, Kimora	Highland Spr	8.37
256 Boyd, Christina	Landmark Chr	8.40
257 Weston, Cassia	Central Reg	8.40
258 Camo, Andrea	James River	8.42
259 Simpson, Spencer	Brookville H	8.42
260 Helm, Becky	Blacksburg H	8.43
261 Alyegusl, Gabrielle	Laurel High	8.44
262 Morrison, Anasha	Northwood Hi	8.44
263 Malue, Maddie	Lord Botetou	8.47
264 Bell, Kamille	Cuthbertson	8.49
265 Robinson, Kyra	Warren Count	8.50
266 Herbst, Gracyn	Lord Botetou	8.53
267 Montemurro, Olivia	James River	8.57
268 Lark, Lenaysia	William Flem	8.57
269 Czar, Ana	Blacksburg H	8.64
270 Gjata, Feidra	Blacksburg H	8.73

271 Brown-Pettway, Armani	Bethel	8.74
272 Williams, Saniya	Highland Spr	8.74
273 Simmons, SaNon	Bethel	8.81
274 Salmon, Emily	James River	8.83
275 Phillips, Emalee	Alleghany	8.84
276 Nicholson, Alyssia	James River	8.85
277 Lonon, Makayla	Elizabeth Se	8.87
278 Carter, SaQuoya	Highland Spr	8.88
279 Man, Rachel	James River	8.91
280 Webster, Rebecca	Blacksburg H	8.92
281 Gibson, Amari	Woodrow Wils	8.98
282 Waller, Viktoriya	Brookville H	8.98
283 Lim, Heewon	Blacksburg H	9.01
284 Lewis, Mila	James River	9.08
285 Hudson, Natalie	Brookville H	9.13
286 Schiltz, Taylor	Altavista Co	9.20
287 Flowers, Katelyn	Elizabeth Se	9.27
288 Basham, Emma	Brookville H	9.30
289 Watson, Aria	Elizabeth Se	9.33
290 Ruppert, Haleigh	Woodrow Wils	9.45
291 Bost, Latarsha	Suitland Hig	9.64
292 Girardeau-Montaut, Camille	Blacksburg H	9.69
293 Upton, Tania	Bethel	10.67
--- Sykes, Knylah	Bethel	FS

Girls 300 Meter Dash Open

National HS: 36.82 # 2017

Sydney McLaughlin

Facility: 37.71 * 2019

Britton Wilson

Name	School	Finals
Finals		
1 Hall, Heaven	Maury High S	40.78
2 Thomas, Abigail	Hickory Ridg	40.90
3 Wiggins, Nylah	Western Bran	40.91
4 Cummings, Nyia	St. Stephen'	41.29
5 Gray-Williams, Ai'yana	Parkland Mag	41.30
6 Walker, Fredericka	Westfield	41.57
7 Fashina, Ronke	St. John's C	41.71
8 Nelson, Chris-Ann	Meadowbrook	41.72
9 Brownridge, Taniyah	Western Bran	41.77
10 Taylor, Camryn	Providence D	41.83
11 Taylor, Markayla	Highland Spr	41.85
12 Wilson, Rachael	Fairfax	41.89
13 Clarke, Lauryn	Damascus Hig	41.94
14 Pierre, Garcelle	Mt. Hebron H	41.97
15 Joiner, Makenzie	Hanover	42.02
16 Smith, Noa	Bullis Schoo	42.07
17 Teasley, Victoria	Cuthbertson	42.12
18 Sanchez, Danielle	Millbrook	42.18
19 Robinson, Brooklyn	Prince Georg	42.22
20 Kuzma, Elly	Fairfax Chri	42.31
21 King, Lailah	St. John's C	42.32
22 Razzak, Khalilah	Reagan	42.34
23 Moore, LaTia	Bethel	42.44
24 Smith, Saniya	Mallard Cree	42.45
25 Holloway, Khia	Hanover	42.47
26 Wynter, Halie	Manchester H	42.48

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Finals ... (Girls 300 Meter Dash Open)

Name	School	Finals			
27 Pryer, Elissa	Tallwood	42.52	81	Sims, Erynn	Riverdale Ba 43.73
28 Beringer, Virginia	James Monroe	42.55	82	Jones, Samiyah	Western Bran 43.77
29 McLain, Jade	Cuthbertson	42.56	83	Spady, Jayla	Western Bran 43.78
30 Jackson, Jalen	Elizabeth Se	42.58	84	Campbell, Lily	Westfield 43.80
31 Austin, Sky	Elizabeth Se	42.59	85	Calvin, Ziavia	Lexington 43.82
32 Austin, Trinity	Winston Chur	42.67	86	Goodrich, Yazmine	Western Bran 43.84
33 Jammeh, Amie	Millbrook	42.71	87	Spellings, Abigail	Cuthbertson 43.84
34 Windham, Jaelyn	Menchville	42.72	88	Aldridge, Adrie	Mills Godwin 43.90
35 Johnson, Maya	Elizabeth Se	42.78	89	Jones, Cassidy	Southeast Ra 43.91
36 Omitowoju, Araoluwa	River Hill H	42.79	90	Mckinnon, Taylor	Cardinal Gib 43.92
37 Ellis, Sydney	Nansemond Ri	42.81	91	Burgoyne, MacKenzie	W.T. Woodson 43.94
38 Baker, Chelsea	River Hill H	42.84	92	Soly, Maria	Loudoun Vall 43.94
39 Jenkins, Nytrinitey	Reagan	42.89	93	Russell, Arianna	Pinecrest 43.97
40 Epstein, Elizabeth	George C. Ma	42.91	94	Kennedy, Raven	Westlake Hig 44.02
41 Jones, Kayla	Wester. Cent	42.93	95	Felicione, Tara	Springbrook 44.03
41 Graham, Clarkson	Charlotte Co	42.93	96	Dubose, Oteria	Mount Tabor 44.03
43 Moye, Tia	Elizabeth Se	42.94	97	Gaines, Dorian	Atlee 44.03
44 Evans, Raven	C.D. Hylton	42.96	98	Jackson, Savannah	Colonial For 44.06
45 Orzehowski, Jacinta	Tallwood	42.96	99	Mancinelli, Kristen	Battlefield 44.12
46 Outlaw, Tia	Southeast Ra	42.96	100	Riley, Jana	Colonial For 44.18
47 Rufus, ShaMiyah	Woodrow Wils	42.98	101	Oten, True	Manchester H 44.19
48 Jefferson, Channie	Highland Spr	43.00	102	Freitas, Julie	Mills Godwin 44.20
49 Lasker, Makayla	Nansemond Ri	43.02	103	Rolison, Jasmyn	West Springf 44.21
50 Fields, Janiyah	Panther Cree	43.03	104	Sharps, Malea	Old Mill Hig 44.25
51 Leak, Alyssa	Rancocas Val	43.03	105	Lewis, Diamond	Northern-Cal 44.27
52 Woodruff, Aniya	Hickory Ridg	43.05	106	Locke, Daiyana	Nansemond Ri 44.27
53 Coates, Emily	Rustburg	43.06	107	Rey, Caroline	Woodrow Wils 44.29
54 Sampson, Elizabeth	Northwood Hi	43.07	108	Martin, Iyana	Dudley 44.31
55 Chin, Anabella	Rancocas Val	43.13	109	Mosley, Maya	Battlefield 44.35
56 Rolle, Jacquelyn	Cuthbertson	43.14	110	Bille, Sharon	Paint Branch 44.37
57 Mayes, Shamauri	I.C. Norcom	43.19	111	Green, SeMore	Mills Godwin 44.38
58 Bigelow, Ryan	Bullis Schoo	43.22	111	Blake, Nirel	Highland Spr 44.38
59 Spellman, Sydney	Mallard Cree	43.23	113	Clark, Allison	Western Bran 44.38
60 Clark, Jessica	Millbrook	43.23	114	Ramsey, A'Nya	Bishop McNam 44.39
61 Bir, Sayda R	George C. Ma	43.27	115	Callan, Jenna	Stone Bridge 44.42
62 Johnson, Moriah	Wester. Cent	43.30	116	Stinson, Caitlin	Battlefield 44.44
63 Perry, Sanaa	Bowie High S	43.31	117	Nichols, Sheyenne	Western Bran 44.49
64 McMillan, Sydni	Southeast Gu	43.32	118	Ryan, Mia	Broadway 44.49
65 Oakes, Alaysia	Heritage (Ly	43.41	119	Davis, Sohmer	Colonial For 44.50
66 washington, mariah	Prince Georg	43.44	120	Turkson, Ivana	C.D. Hylton 44.50
67 Primas, Maya	Rancocas Val	43.45	121	Hadley, Lauren	DC Internati 44.51
68 Brendle, Renecca	Mills Godwin	43.45	122	John, Jasmine	Maury High S 44.51
69 Evans, Destini	Maury High S	43.50	123	Morris, Kayla	Nansemond Ri 44.53
70 Bah, Silvia	Green Hope	43.52	124	Akala, Ayokami	Richard Mont 44.55
71 Worf, Presley	Cuthbertson	43.54	125	Fortenberry, Iyanna	James River 44.62
72 Thomas, Asharee	Western Bran	43.54	126	Wilkinson, Liana	Walter Johns 44.62
73 Carter, Candace	Manchester H	43.55	127	Wilkinson, Ashleigh	Cardinal Gib 44.63
74 Farmer, Alexandra	Springbrook	43.58	128	Carter, Tanaye	Highland Spr 44.63
75 Johnson, Kendall	Millbrook	43.63	129	Rivera, Natasha	Battlefield 44.68
76 Hoyle, Kacie	Northern-Cal	43.65	130	Blair, Nyla	Tabb 44.71
77 McGregor, Sadiyah	Dudley	43.67	131	Brown, Ny'Lasia	Lexington 44.74
78 Trent, M'Kaia	Gah. Lincoln	43.67	132	Michelitch, Sarah	Stone Bridge 44.76
79 Yuille, Jaily	South Garner	43.69	133	Ritz, Kylie	St. John's C 44.76
80 Habib, Malaika	Damascus Hig	43.70	134	Ofil, Fealiam	Elizabeth Se 44.78
			135	Chukwu, Janice	Severna Park 44.81
			136	Hudson, Sage	Woodrow Wils 44.84

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Finals ... (Girls 300 Meter Dash Open)

Name	School	Finals					
137	Fox, Justice	Manchester H	44.85	191	Giron, Paola	Wakefield Hi	45.88
138	Taliafero, Ansolei	Nansemond Ri	44.94	192	Clinton, Angel	Western Bran	45.90
139	Guyo, Chi Chi	Wester. Cent	44.96	193	Kodiaga, Abba	Oakton	46.00
140	Griffin, Nia	West Springf	44.97	194	Smith, Trinity	Manchester H	46.01
141	Stringer, Lauren	Gah. Lincoln	44.98	195	Doggett, Christina	Cardinal Gib	46.02
142	Clark, Shiyenne	Old Mill Hig	44.98	196	Lee, Kiara	Suitland Hig	46.04
143	Deluca, Sophia	Cardinal Gib	45.01	197	Kothari, Emma	Walter Johns	46.04
144	Wingate, Ashleigh	Battlefield	45.04	197	Yager, Trinity	Loudoun Vall	46.04
145	Rodgers, Alicia	Millbrook	45.06	199	Baggett, Elizabeth	Winston Chur	46.05
146	Mitchell, Tai	Riverdale Ba	45.07	200	Hawkins, Rebecca	Brookville H	46.11
147	Perkins, Akeilah	Woodrow Wils	45.09	201	McIntosh, Aquariah	Lexington	46.12
148	Jackson, Kaloni	Freedom (Woo	45.12	202	Whitehorn-Coriz, Alexis	Damascus Hig	46.12
149	Lewis, Kira	Reagan	45.13	203	Lee, Claire J	George C. Ma	46.15
150	Diggs, Kasey	Freedom (Woo	45.19	204	Grooms, Jasmine	Elizabeth Se	46.19
151	Lovett, Brianna	L.C. Bird	45.22	205	Euzebio, Emilly	Sun Valley	46.20
152	Fyffe, Jada	Brookville H	45.22	206	Wilson, Courtney	Nansemond Ri	46.25
153	Whittier, Brooke	Western Albe	45.23	207	Greenfield, Janiya	Westlake Hig	46.27
154	Williams, Dayaa	Western Bran	45.24	208	Brown, Lauren	Manchester H	46.29
155	Coleman, Briana	L.C. Bird	45.28	209	Jones, Naomi	Prince Edwar	46.31
156	Brooks, Raja'e	Wakefield Hi	45.28	210	Balmer, Erin	Suitland Hig	46.33
157	Lewis, Natalie	Mt. Hebron H	45.32	211	Johnson, Zenobia	St. John's C	46.34
158	Croft, Alexis	Mt. Hebron H	45.33	212	Johnson, Keziah	James River	46.34
159	Hayes, Martyria	Maury High S	45.36	213	Castellon-Ramon, Alondra	Parkland Mag	46.39
160	Mulitalo, Fa'aletupu	Rockbridge C	45.37	214	Kinard, Gabrielle	Riverdale Ba	46.42
161	Langston, Tatianna	Smithfield	45.38	215	Romano, Sam	Glen Allen H	46.43
162	Tarutani, Avery L	George C. Ma	45.38	216	Cross, Ni-Ann	St. John's C	46.46
163	Diggs, Courtney	C.D. Hylton	45.44	217	Johnson, Cayla	Riverdale Ba	46.48
164	Clark, Kayla	Elizabeth Se	45.44	218	Stubbs, Sierra	Richard Mont	46.50
165	McQuillan, Abby	Battlefield	45.45	219	Stanley, Kyndall	Christiansbu	46.56
166	Ashford, Isabella	West Springf	45.46	220	Degboe, Mildred	Damascus Hig	46.59
167	Walker, Jordyn	Springbrook	45.49	221	Holt, Demi	Suitland Hig	46.59
168	McCray, Torrie	Highland Spr	45.49	222	Hollinger, Jonaisah	Bethel	46.59
169	Purdy, Sarah	Millbrook	45.52	223	Saltsburg, Madison	Northern	46.64
170	Reilly, Gabrielle	Walter Johns	45.52	224	Toogood, Kalin	Central High	46.64
171	Lawrence, Malissa	West Springf	45.56	225	Acosta, Elyssa	Northside Hi	46.65
172	Thomas, Alisha	Western Bran	45.56	226	Harrison, Zyna	Jamestown	46.66
173	Elgazar, Sara	South County	45.56	227	Green, Makayla	West Springf	46.67
174	Dallo, Faith	Paint Branch	45.57	227	Coleman, Allesha	Highland Spr	46.67
175	Harvey, Jordan	Hanover	45.61	229	Tucker-Hall, Amercee	Stone Bridge	46.73
176	Biwott, Leah	West Potomac	45.62	230	Altmon, Amora	Bishop McNam	46.74
177	Zito, Jessica	Walter Johns	45.64	231	Tucker, Ciara	James River	46.77
178	Martin, Aminah	St. John's C	45.64	232	Foss, Jessica	West Potomac	46.80
179	Pendleton, Ashari	Highland Spr	45.65	233	Curran, Veronica S	George C. Ma	46.84
180	Rogers, Xaveria	James River	45.68	234	Blackie, Jonecia	Laurel High	46.86
181	Thompson, Nykira	Highland Spr	45.69	235	Coldren, Sydney	Wakefield Hi	46.89
182	Lewis, Destiny	Northern-Cal	45.71	236	Whale, Samantha	Herndon	46.89
183	Brown, Campbell	W.T. Woodson	45.71	237	McGehee, Grace	Blacksburg H	46.92
184	Ylagan, Jillian	West Potomac	45.71	238	Merz, Casey	St. John's C	46.97
185	Keeling, Mackenzie	Stone Bridge	45.71	239	Shaw, Koryn	L.C. Bird	47.00
186	Stevenson-Damon, Jadai	Parkland Mag	45.73	240	Hsia, Anna	Winston Chur	47.00
187	Awoseye, Princess	Bishop McNam	45.76	241	Garland, Ava	Bishop McNam	47.03
188	Wotorson, Nuntiah	Elizabeth Se	45.80	242	Bowles, Charlotte	Brookville H	47.09
189	Jackson, Iyana	Western Bran	45.82	243	Isola, Emelia	Walter Johns	47.10
190	Bell, Madeline	Winston Chur	45.83	244	Marshall, Kacey	Elizabeth Se	47.10
				245	Booth, Ikai	Woodrow Wils	47.11
				246	Domecq, Cat	Western Albe	47.12

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Girls 300 Meter Dash Open)

Name	School	Finals					
247	Webb, Bryana	Herndon	47.14	301	Becker, Nicola J	George C. Ma	48.78
248	King, Kimora	Highland Spr	47.16	302	Perrello, Yvonna	James River	48.79
249	Bridgett, Kymia	Woodrow Wils	47.17	303	Muslim, Zariyah	Suitland Hig	48.79
250	Davis, Desiree	Suitland Hig	47.20	304	Findley, Lysie	Liberty	48.90
251	Adebambo, Iyinoluwa	Western Bran	47.24	305	Bloodgood, Zoe	Central Reg	48.91
252	Helal, Olivia	West Potomac	47.24	306	Andrews, Zakiya	Elizabeth Se	48.94
252	Srinivasan, Ava	Central Reg	47.24	307	McNabb, Torri E	George C. Ma	48.98
254	McCoy, Bria	Churchland	47.30	308	Ruhland, McKinsey	Brookville H	49.00
255	Trotter, Gabby	Franklin Cou	47.30	309	White, Tianna	James Hubert	49.05
256	Alleyne, Faith	Landmark Chr	47.30	310	Kodiaga, Chelsea	Oakton	49.07
257	Scott, Jasmine	Bishop McNam	47.35	311	Maslich, Analiese	Hidden Valle	49.09
258	Pinkney, Kailah	Riverdale Ba	47.43	312	Mihalic, Lauren	Churchland	49.12
259	Harshaw, Anastasia	Parry McClue	47.50	313	Rosetti, Janet	Northwood Hi	49.15
260	Muniz, Jahnasia	Churchland	47.50	314	Saligan Ensaido, Itzel	Millbrook	49.16
261	Handley, Kayla	Springbrook	47.55	315	Alyegusl, Gabrielle	Laurel High	49.19
262	West, Camille	Fairfax	47.55	316	Rice, Jolie	Blacksburg H	49.21
263	Fugate, Amy	Blacksburg H	47.56	317	Turner, Amyra	Suitland Hig	49.27
264	Pereira, Grace	James River	47.57	318	Khan, Ayana	Paint Branch	49.28
265	Williams, Amari	Western Bran	47.61	319	Wynn, Nadia	Bishop McNam	49.36
266	Beatty, Sela	William Byrd	47.67	320	Mayer, Alexa	Blacksburg H	49.39
267	Germeroth, Susanne	Brookville H	47.70	321	Morgenstern, Sydney	Walter Johns	49.48
268	Jones, Rachel	Elizabeth Se	47.71	322	Williams, Kimberly	Suitland Hig	49.54
269	Nkansah, Maureen	Laurel High	47.75	323	Mathieu, Christa	Elizabeth Se	49.56
270	Hughes, Morgan	Massaponax	47.75	324	Hinton, Peyton	St. John's C	49.61
271	Agnew, Serena	George C. Ma	47.76	325	Ray, Alexandra	West Potomac	49.68
272	Wike-Newsome, Aisha	Woodrow Wils	47.85	326	Kehlenbeck, Katja	Blacksburg H	49.70
273	Ranney, Nicole	Warren Count	47.88	327	Montemurro, Olivia	James River	49.71
274	Bryson, Briana	Potomac Seni	47.91	328	Ward, Jasmine	New Albany	49.94
275	Dubensky, Maya	Richard Mont	47.91	329	Mehta, Tia	Stone Bridge	49.95
276	Bucci, Kaitlin	Glen Allen H	47.93	330	Johnson, Nolah	Suitland Hig	49.97
277	Haythe, Sanai'	Bishop McNam	47.99	331	Edmond, Makayla	Parkland Mag	50.07
278	Jones, Greer	West Potomac	48.01	332	Lissouck, Christale	James Hubert	50.34
279	Baker, Meah	Bishop McNam	48.06	333	Simpson, Spencer	Brookville H	50.44
280	Njingang, Leslie	Northwood Hi	48.06	334	Gunn, Brianne	Elizabeth Se	50.56
281	Walsh, Callie	West Potomac	48.10	335	Mangene, Gabby	Warren Count	50.61
282	Kline, Erin	Haverford To	48.14	336	Somerville, Darrah	Bishop McNam	50.61
283	Friedman, Anna	West Potomac	48.24	337	Gjata, Feidra	Blacksburg H	50.86
284	Torres, Hannarose	Springbrook	48.25	338	Camo, Andrea	James River	50.97
285	Sullivan, Caroline A	George C. Ma	48.25	339	Maignan, Tori	Bishop McNam	51.07
286	Randolph, Jah'Kei	Elizabeth Se	48.28	340	Verniel, Riley	Blacksburg H	51.14
287	McRae, Jordan	Pinecrest	48.28	341	Boyd, Christina	Landmark Chr	51.17
288	Bunn, Jazmyne	Highland Spr	48.29	342	Clifton, Asiyah	Woodrow Wils	51.17
289	Jammeh, Sainabou	Millbrook	48.32	343	Belleville, Lily	Blacksburg H	51.21
290	Scott, Anisa	Western Bran	48.37	344	Boerth, Michelle	Blacksburg H	51.55
291	Barrington, Crystal	Nansemond Ri	48.42	345	Robinson, Kyra	Warren Count	51.77
292	Boyd, Aliana	Sun Valley	48.42	346	Dudley, Raleigh	Liberty	51.96
293	Smith, Elisa	Deep Run	48.50	347	Reid, Arian	Elizabeth Se	52.01
294	Agnew, Sierra	Riverdale Ba	48.50	348	Phillips, Emalee	Alleghany	52.13
295	Williams, Amaya	Blacksburg H	48.51	349	Watlington, Kaila	Parkland Mag	52.28
296	Bell, Kamille	Cuthbertson	48.51	350	Wilkins, Makeia	Woodrow Wils	52.47
297	Thompson, Zoe B	George C. Ma	48.67	351	Matlock, Nubiya	Elizabeth Se	52.58
298	Birch, Reanna	Middletown H	48.70	352	Tharpe, Keyona	Suitland Hig	52.82
299	Gadson, Marcea	Suitland Hig	48.72	353	Lewis, Mila	James River	52.85
300	Hackett, Aliyah	Highland Spr	48.73	354	Carter, SaQuoya	Highland Spr	53.00
				355	Salmon, Emily	James River	53.13
				356	Lim, Heewon	Blacksburg H	53.21

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Girls 300 Meter Dash Open)

Name	School	Finals
357 Cowen, Isabella	James River	53.23
358 Lattimore, Aiyana	Suitland Hig	53.27
359 Williams, Kelani	Suitland Hig	53.76
360 Kelly, Byriana	Northwood Hi	54.40
361 Nicholson, Alyssia	James River	55.47
362 Girardeau-Montaut, Camille	Blacksburg H	57.31
363 Dixon, McKenzie	Suitland Hig	58.28
364 Man, Rachel	James River	1:00.08
365 Miller, Chloe	Warren Count	1:08.07
--- Goode, Anyha	Mallard Cree	DQ
--- Salley, Nyah	Maury High S	DQ

Girls 1600 Meter Run Open

Facility: 4:57.58 * 2020

Bethany Graham

Name	School	Finals
1 Weber, Abby	Chapel Hill	5:12.80
2 Senfaute, Isabelle	Walter Johns	5:14.49
3 Murphy, Madison	Millbrook	5:14.57
4 Leach, Sarah	Albemarle	5:15.37
5 Long, Kirsten	Jamestown	5:16.36
6 King, Meredith	Ocean Lakes	5:17.25
7 Mason, Alyssa	Hil. Davidso	5:18.38
8 Mayberry, Rachel	West Springf	5:20.72
9 McDaniel, Farah	Battlefield	5:20.81
10 Jones, Caitlyn	Hil. Davidso	5:21.05
11 Gehring, Keagan	Hil. Davidso	5:21.39
12 Guerrero, Angelina	Millbrook	5:21.40
13 Steele, Makenzie	Deep Run	5:21.61
14 Reed, Maggie	Ocean Lakes	5:22.46
15 Hughlett, Caroline	Albemarle	5:23.27
16 Heft, Austin	Ocean Lakes	5:23.52
17 Bergeron, Madeline	Herndon	5:24.10
18 Roberts, Alice	Loudoun Vall	5:24.27
19 Daley, Nora	Chapel Hill	5:24.33
20 Preisano, Alyssa	Cuthbertson	5:24.57
21 Tran, Brigitte	Westfield	5:24.73
22 Macdonald, Anna	Germantown F	5:24.80
23 Talley, Ally	Loudoun Vall	5:25.06
24 Smith, Justine	Hil. Davidso	5:26.08
25 Fetterolf, Scarlet	Loudoun Vall	5:26.21
26 Mudd, Rachel	Atlee	5:27.00
27 Troup, Samantha	Reagan	5:27.04
28 Bobo, Anaiya	Northwood Hi	5:27.45
29 Petranek, Lauren	Stone Bridge	5:27.74
30 Marcelis, Annika	Germantown F	5:27.82
31 Nasta, Lillian	Cuthbertson	5:28.08
32 Fowler, Lilly	Langley	5:28.31
33 Engle, Allie	Northern	5:29.00
34 Nicely, Ava	Woodrow Wils	5:29.00
35 Mullings, Britana	Hydel Group	5:29.25
36 Walters, Sidney	Deep Run	5:30.09
37 Lavrador, Julia	Satellite Hi	5:30.33
38 Snyder, Leah	Loudoun Vall	5:30.54

39 Frantz, Emerson	Davie County	5:30.82
40 Cambon, Grace	Severna Park	5:30.95
41 Kirwan, Kate	Harrisonburg	5:31.10
42 O'Neill, Kelsie	Severna Park	5:31.14
43 Hastings-Crummey, Emma	Radford High	5:31.39
44 Spoden, Haley E	George C. Ma	5:31.55
45 Smith, Sydney M	George C. Ma	5:31.61
46 Macken, Ellie	Cardinal Gib	5:31.63
47 Fetterolf, Cecelia	Loudoun Vall	5:31.65
48 Gage, Caroline	Severna Park	5:31.96
49 Nuckols, Ellie	Manchester H	5:32.10
50 Geary, Meghan	Richard Mont	5:32.27
51 Hopewell, Erin	W.T. Woodson	5:32.36
52 Carpenter, Maribel	Germantown F	5:32.37
53 Jenkins, Riley	Westfield	5:32.60
54 Flint, Natalie	McLean	5:32.76
55 Richardson, Elise	Ocean Lakes	5:33.48
56 Kitzinger, Katherine	River Hill H	5:34.22
57 Baquie, Rosemary	Old Mill Hig	5:34.27
58 Sweetman, Dillon	Hil. Davidso	5:34.64
59 Schindel*, Riley	Deep Run	5:34.90
60 Whitehorn-Coriz, Alexis	Damascus Hig	5:34.99
61 Setzfand, Abigail	Northern-Cal	5:35.48
62 Vinci, Lizzie	Bishop O'Con	5:35.61
63 Suitte, Alayna	Southeast Ra	5:35.67
64 Robinson, Molly	Sherando	5:35.98
65 Gesick, Isabella	Ocean Lakes	5:36.11
66 Edlich, Rebecca	Millbrook	5:36.15
67 Vokus, Sydney	Lord Botetou	5:36.36
68 Cole, Sarah	South County	5:36.41
69 Rosemond, Olivia	Northwood Hi	5:36.55
70 Burris, Saylor	Western Bran	5:37.38
71 Hamrick, Caroline	West Johnsto	5:37.39
72 Weaver, Katherine	Walter Johns	5:37.94
73 Winston, Eva	Sherando	5:37.98
74 Massey, Lauren	Glen Allen H	5:38.43
75 Preda, Paula	Deep Run	5:38.63
76 Finn, Anna	Northern-Cal	5:38.74
77 Edwards, Ainsley	Reagan	5:39.34
78 Bolen, Samantha	Loudoun Vall	5:39.60
79 Ducker, Maya	Northwood Hi	5:39.61
80 Jones, Mia	Blacksburg H	5:40.44
81 Griggs, Annika	Blacksburg H	5:41.89
82 Takahashi, Koharu	Hil. Davidso	5:42.24
83 Kinsler, Aaliyah	Glen Allen H	5:42.65
84 Smith, Ryan	Ocean Lakes	5:42.70
85 Flynn, Riley	Loudoun Vall	5:42.97
86 Christ, Courtney	West Johnsto	5:43.41
87 Slovak, Katherine	Bishop O'Con	5:43.63
88 Henisz, Katya	Germantown F	5:44.07
89 Brooks*, Eva	Deep Run	5:44.10
90 Pommerenk, Sophia	Ocean Lakes	5:44.45
91 Saxton, E'Moni	New Albany	5:44.85
92 Weber, Hannah	Battlefield	5:45.45
93 Gagne, Camille	Walter Johns	5:45.49
94 Marrero, Alexandra	Fairfax Chri	5:45.66

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Girls 1600 Meter Run Open)

Name	School	Finals				
95 Herzog, Jessica	Reagan	5:45.72	149	Timmes, Karalyn	Rockbridge C	5:56.67
96 Sanchez, Justine	Millbrook	5:45.82	150	Burgess, Emma	Central Reg	5:56.86
97 Devine, Julia	Northern-Cal	5:46.06	151	Castle, Allyson	Pulaski Coun	5:56.95
98 Taylor, Katelyn	L.C. Bird	5:46.10	151	Kemp, Rachel	North Brunsw	5:56.95
99 Burrell, Elizabeth	Patriot High	5:46.18	153	Ercolino, Alex	Cardinal Gib	5:57.17
100 Partner, Courtney	Stone Bridge	5:46.24	154	Odom, Carly	Oakton	5:58.18
101 Colavito, Maya	Richard Mont	5:46.36	155	Farishian, Courtney	Cardinal Gib	5:58.23
102 Pingel, Anna	Oakton	5:46.56	156	Boerth, Adriane	Blacksburg H	5:58.40
103 Eben, Gaby	Hil. Davidso	5:46.76	157	Doyle, Rachel	Stone Bridge	5:58.76
104 Edmonds, Calla	Hil. Davidso	5:46.86	158	Dojcek, Angela	Millbrook	5:58.96
105 Harris, Mary	Jamestown	5:46.91	159	Smith, Audrey	Cardinal Gib	5:59.13
105 Curb, Cordelia	West Springf	5:46.91	160	Khoury, Rebecca	Woodrow Wils	5:59.23
107 Malone, Rachel	Cosby	5:47.06	161	Hoover, Anna	Lord Botetou	5:59.45
108 Waggoner, Lauren	Glen Allen H	5:47.71	162	Phelps, Kate	Oakton	5:59.55
109 McDaniel, Reagan	Green Hope	5:47.99	163	Calisto, Mia	Deep Run	6:00.04
110 Sommer, Kaitlyn	Atlee	5:48.52	164	Young, TataYiana	Woodrow Wils	6:00.98
111 Hill, Abigail	Winston Chur	5:48.69	165	Gorman, Parker	Cardinal Gib	6:01.26
112 Andrews, Heidi	Liberty	5:48.93	166	Tong, Margaret	Oakton	6:01.65
113 Zarzyski, Madelyne	Albemarle	5:48.96	167	Claytor, Niyah	C.D. Hylton	6:02.23
114 Knowles, Madeline	Jamestown	5:49.06	168	Timmes, Megan	Rockbridge C	6:02.71
115 Harris, Julia	Wakefield Hi	5:49.06	169	Rolon, Grace	Rockbridge C	6:02.79
116 Hoersten, Ava	Hil. Davidso	5:49.16	170	Stowers, Kareena	Wakefield Hi	6:03.00
117 Muller, Mareli	Stone Bridge	5:49.20	171	Martin, Kayla	Churchland	6:03.32
118 Willich, Sydney	Winston Chur	5:49.27	172	Schuler, Meredith	Deep Run	6:03.63
119 Duff, Lauren	Lord Botetou	5:49.33	173	Vosler, Seven	Western Bran	6:03.90
120 Stewart, Anneliese	Radford High	5:49.43	174	Casler, Sophia	Stone Bridge	6:05.10
121 McLain, Bailey	Battlefield	5:49.65	175	Ahmed, Serina	South County	6:06.21
122 Wallis, Lydia	Stone Bridge	5:49.79	176	Buskill, Ellie	Radford High	6:06.43
123 Korosheva, Kanykei	Oakton	5:49.92	177	Angell, Zoe	Satellite Hi	6:06.77
124 James, Hannah	Maury High S	5:50.05	178	Kucheralapati, Gayatri	Deep Run	6:07.72
125 Abdous, Iman	Maury High S	5:50.06	179	Lin, Angie	Radford High	6:08.28
126 Mejia Villalon, Maria	Millbrook	5:50.55	180	Harrod, Aalayah	Henry A. Wis	6:08.29
127 Overton, Emma	Pinecrest	5:50.65	181	Baly, Kendall	James River	6:09.27
128 Khurana, Shreya	Mt. Hebron H	5:51.11	182	Walk, Sophia	Hil. Davidso	6:09.68
129 Brooks, Robin	Deep Run	5:51.38	183	Cross, Katie	Lord Botetou	6:10.55
130 Ward, Anastasia	Jamestown	5:51.64	184	Michael, Rach	Hil. Davidso	6:11.18
131 Borland, Katie	Millbrook	5:52.01	185	Jackson, Brielle	Lord Botetou	6:11.62
132 Michael, Allison	Hil. Davidso	5:52.23	186	Hudgins, Dulaney	Blacksburg H	6:11.93
133 Woolwine, Madison	Pulaski Coun	5:52.62	187	O'Bryan, Annabelle	West Potomac	6:12.08
134 McAnally, Ava	Haverford To	5:52.78	188	Glebocki, Cameron	Severna Park	6:13.77
135 Kraver, Kaylee	Satellite Hi	5:54.38	189	Moranta, Ana	Cardinal Gib	6:14.65
136 Craig, Anna	Satellite Hi	5:54.64	190	Dowdy, Nicole	Central Reg	6:15.18
137 Lindblom, Emery	West Potomac	5:54.67	191	Doyon, Whitley	Warren Count	6:15.35
138 Newman, Isabella	West Potomac	5:54.95	192	Kocher, Cari	Cardinal Gib	6:15.60
139 Howard, Bri	Deep Run	5:55.26	193	Mathews, Sophia	Hil. Davidso	6:15.79
140 Bailey, Aerin	Glen Allen H	5:55.30	194	Babino, Jessica	Central Reg	6:15.97
141 Campano, Michelle	Richard Mont	5:55.34	195	LaFleur, Grace	West Potomac	6:16.00
142 Messina, Ellie	West Potomac	5:55.88	196	Lin, Alice	Radford High	6:16.23
143 McClung, Elizabeth	Rockbridge C	5:55.92	197	Spaulding, Cadence	Christiansbu	6:16.36
144 Johnson, Cailey	Millbrook	5:55.98	198	Patrinicola, Olivia	Jamestown	6:16.63
145 Lewis, Anna	Oakton	5:56.02	199	Szura, Maggie	Cardinal Gib	6:17.02
146 Furco, Maggie	Ocean Lakes	5:56.17	200	Henderson, Madison	Western Bran	6:17.03
147 Barry, Alice	Green Hope	5:56.47	201	Shapiro, Madelyn	Woodrow Wils	6:17.25
148 Schuurman, Lucy	Maury High S	5:56.48	202	Conley, Jayce	Hil. Davidso	6:17.63
			203	Burris, Caleigh	Western Bran	6:18.34
			204	Zakhary, Christa	Galileo High	6:18.77

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Girls 1600 Meter Run Open)

Name	School	Finals
205 Shaughnessy, Tenney	West Potomac	6:19.38
206 Chiappetta, Olivia	Bishop O'Con	6:19.42
207 Jeletic, Jenna	Elizabeth Se	6:19.97
208 Miciek, Katrina	Haverford To	6:21.65
209 Griggs, Norah	Blacksburg H	6:22.72
210 Quick, Savannah	Central Reg	6:23.51
211 Guglielmo, Lily	Cardinal Gib	6:23.81
212 Nissly, Claire	Deep Run	6:23.93
213 Barron, Gracie	Lord Botetou	6:24.10
214 Funk, Mirabella	Richard Mont	6:25.23
215 Treadwell, Noelle	Stone Bridge	6:25.36
216 Hong, Alice	Western Bran	6:27.16
217 Bruen, Jackie	Bishop O'Con	6:27.52
218 Smith, Lena G	George C. Ma	6:27.80
219 Parker, Hannah	Christiansbu	6:29.65
220 Natalucci, Alessia	Bishop O'Con	6:30.30
221 Fox-Bland, Elena	Woodrow Wils	6:30.51
222 Arthurs, Samantha	E.C. Glass	6:31.24
223 Palmtag, Adela	Cardinal Gib	6:32.04
224 Mazingo, Cloey	Parry McClue	6:47.16
225 Ownby, Katie	E.C. Glass	6:55.79
226 Hong, Grace	Western Bran	6:57.95

Girls 55 Meter Hurdles Open

National HS: 7.46 # 2016

Tonea Marshall

Facility: 7.69 * 2019

Shadajah Ballard

Name	School	Prelims
1 Ballard, Na'Taja	Western Bran	7.84q
2 Williams, Velesia	Hydel Group	7.92q
3 Phillips, Leah	Bullis Schoo	7.98q
4 Cooper, Rosealee	St. Jago Hig	8.00q
5 Black, Zariyah	Eastern Guil	8.06q
6 Wallace, Ashley	Bullis Schoo	8.07q
7 Thompson Rowe, Alyssa	Lexington	8.11q
8 Mckinnon, Taylor	Cardinal Gib	8.15q
9 Clemens, Sydney	Western Guil	8.26
10 Weeks, Ltamra	Western Bran	8.27
11 Saunders, Jahnelle	Bethel	8.27
12 Spearman, Falon	Providence D	8.36
13 Dunbar, KayaRae	Paint Branch	8.39
14 Stapleton, Tess	Fairfield Lu	8.40
15 Spearman, Santana	Providence D	8.41
16 Yeboah-Kodie, Lauren	Colgan High	8.45
17 Jones, Lauren	South County	8.45
18 Garozzo, Aliya Rae	Paul VI HS	8.53
19 Hasberry, Junyce	Maury High S	8.56
20 Johnson, Cayla	Riverdale Ba	8.58
21 Shivers, Zyra	Olympic	8.68
22 Robinson, Jaslyne	Manchester H	8.70
23 Foreman, Jada	Atlee	8.77
24 McCounts, Mekhia	Maury High S	8.79
25 Jones, Treasure	Forest Park	8.83
26 Lyons, Mikaela	Bullis Schoo	8.83

27 Conklin, Deziree	Tallwood	8.85
28 Salley, Nyah	Maury High S	8.86
29 Elliott, Tatianna	Henry A. Wis	8.86
30 Gellner, Tyashia	Radford High	8.86
31 Lewis, Kendall	Christiansbu	8.86
32 Chin, Anabella	Rancocas Val	8.91
33 Taylor, Kyliya	Tallwood	8.94
34 Cummings, Nyia	St. Stephen'	8.95
35 Outlaw, Tia	Southeast Ra	8.97
36 Smith, Noa	Bullis Schoo	8.98
37 Vaughan, Já€™naya	Highland Spr	9.00
38 Darrington, Hailey	Manchester H	9.00
39 Nichols, Sheyenne	Western Bran	9.00
40 Bagby, Kayvon	Hanover	9.03
41 Arnold, Kelsey	Pulaski Coun	9.05
41 James, Taylor	Cosby	9.05
43 Wooten, Cassie	Cuthbertson	9.05
44 Walker, Jordyn	Springbrook	9.07
45 Ritz, Kylie	St. John's C	9.09
46 Remalia, Sierrah	St. John's C	9.12
47 Karney, Sophie	Louisa Count	9.15
48 Purdy, Sarah	Millbrook	9.16
49 Reid, Azariah	Bullis Schoo	9.17
50 Harvey, Jordan	Hanover	9.18
51 Cassata, Bridget	W.T. Woodson	9.19
52 Clark, Jessica	Millbrook	9.20
53 Wilson, Kyra	Loudoun Vall	9.23
54 Summerville, Thalia	Digital Harb	9.26
55 Greene, Dauntazia	Woodrow Wils	9.28
56 Hodson, Baylee	Cave Spring	9.32
57 Wilkinson, Liana	Walter Johns	9.34
58 Shaw, Zahria	Woodrow Wils	9.35
59 Martin, Aminah	St. John's C	9.36
60 Pettyjohn, Hannah	Jefferson Fo	9.40
61 Marquis, Alaina	Blacksburg H	9.46
62 Settle, Spencer	Elizabeth Se	9.47
63 Russell, Arianna	Pinecrest	9.48
64 Thomas, Stephanie	Southeast Ra	9.53
65 Coleman, Allesha	Highland Spr	9.60
66 Churchill, Alanna	Cuthbertson	9.62
67 Bigelow, Ryan	Bullis Schoo	9.62
68 Lutz, Abigail	Paul VI HS	9.63
69 Kraft, Anna	Cosby	9.64
70 Gunn, Brianne	Elizabeth Se	9.68
71 Coleman, Grace	Cuthbertson	9.68
72 Dubensky, Maya	Richard Mont	9.69
73 Green, Makayla	West Springf	9.72
74 Ebanks, Imani	Henry A. Wis	9.73
75 Rowland, Kendall	Cardinal Gib	9.74
75 Macosko, Karina	Reagan	9.74
77 Landsman, Serena	Winston Chur	9.76
78 Brown, Kharonay	Rancocas Val	9.78
79 Amouzou, Benita	Westfield	9.79
80 Hurley, Olivia	Louisa Count	9.79
81 Taylor, Phoenix	Woodrow Wils	9.85
82 Martin, Presley	Pulaski Coun	9.87

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Results - Friday

Preliminaries ... (Girls 55 Meter Hurdles Open)			
Name	School		Prelims
83	Brown, Kristen	Manchester H	9.87
83	Keeling, Mackenzie	Stone Bridge	9.87
85	Holloway, Timia	Highland Spr	9.93
86	Haythe, Sanai'	Bishop McNam	9.94
87	Massey, Kori	New Kent	9.96
88	Murray, Norah	New Kent	9.98
89	Porter, Meghan	Mt. Hebron H	9.98
90	Kim, Suzie	Blacksburg H	10.01
91	Grau, Audrey	McLean	10.02
92	Grau, Eva	McLean	10.03
93	Corprew, Kaila	Highland Spr	10.05
94	McIvor, Kandace	Jefferson Fo	10.06
95	Rosetti, Janet	Northwood Hi	10.06
96	Harper, Anaiya	Churchland	10.07
97	Foster, Jordan	Mt. Hebron H	10.18
98	Bridgett, Kymia	Woodrow Wils	10.23
99	Kline, Erin	Haverford To	10.25
100	Cherry, Sydney	Louisa Count	10.26
101	Agnew, Serena	George C. Ma	10.35
102	Lewis, Kyla	Reagan	10.38
103	Andrews, Aneka	McLean	10.44
104	Malue, Maddie	Lord Botetou	10.49
105	Saravanan, Gitika	Mt. Hebron H	10.56
106	Camp, Tayler	Woodrow Wils	10.63
107	Lewis, Gwendolyn	Massaponax	10.71
108	McNabb, Torri E	George C. Ma	10.72
109	Ofili, Fealiam	Elizabeth Se	10.72
110	Morgenstern, Sydney	Walter Johns	10.79
111	Kindler, Keagan	Cuthbertson	10.82
112	Rice, Jolie	Blacksburg H	10.84
113	Price, Elodie	Charlottesvi	10.90
114	Leedy, Katerina	Blacksburg H	10.95
115	Agnew, Sierra	Riverdale Ba	10.97
116	Suitte, Aliyah	Southeast Ra	10.99
117	Boutsikaris, Marquella	Central Reg	11.00
118	Herbst, Gracyn	Lord Botetou	11.09
119	Parham, Chelsea	Highland Spr	11.12
120	Barrington, Crystal	Nansemond Ri	11.17
121	Dow, Olivia	Franklin Cou	11.51
122	Kekel, Hannah	Warren Count	13.02
123	Saunders, Alia	Radford High	13.16
---	Cardwell, Eliza	Providence D	DNF

Girls 4x55 Meter Shuttle Hurdle Open

National HS: 30.44 # 2018 Bullis

Harris, Russell, Phillips, Pyles

Facility: 33.22 * 2019 Tallwood HS

Team	Relay	Finals
1	Providence Day School	A 34.08
2	Cuthbertson	A 36.91
3	Tallwood	A 36.99
4	Louisa Count	A 37.90
5	Blacksburg H	A 39.27

6	Highland Springs	A	39.95
Girls High Jump Open			
National HS: 6-06.25 # 2016		Vashti Cunningham	
Facility: 6-00 * 2019		Shelby Tyler	
Name	School	Finals	
Finals			
1	Johnson, Victoria	Heritage (Ly	5-02.00
2	Emery, Alexis	Bullis Schoo	5-00.00
2	Turner, Taylor	Apex Friends	5-00.00
2	Jones, Samiyah	Western Bran	5-00.00
5	McLaughlin, Tiffany	Salem (Roano	15-00.00
6	Goldstein, Parker	Rustburg	15-00.00
6	Droneberger, Allie	Northern-Cal	15-00.00
8	Smith, Caroline	Cuthbertson	15-00.00
9	Johnson, Cayla	Riverdale Ba	15-00.00
9	Robinson, Jaslyne	Manchester H	15-00.00
9	Claytor, Niyah	C.D. Hylton	15-00.00
12	Pettyjohn, Hannah	Jefferson Fo	4-10.00
12	Lewis, Kendall	Christiansbu	4-10.00
12	Goodrich, Yazmine	Western Bran	4-10.00
12	Perrello, Yvonna	James River	4-10.00
12	Packer, Maddie	Charlottesvi	4-10.00
12	Graham, Kamille	Henry A. Wis	4-10.00
12	McFarland, Mikaya	Bullis Schoo	4-10.00
12	Jones, Greer	West Potomac	4-10.00
12	Esser, Mahala	Stone Bridge	4-10.00
12	Smith, Alyson	Colonial For	4-10.00
12	Grant, Emily	Grassfield	4-10.00
12	DeCaria, Sara	Cuthbertson	4-10.00
24	Werth, Hannah	Eastern View	4-08.00
24	Borgelt, Karynn	Cuthbertson	4-08.00
24	Hamilton, Halyana	Rockbridge C	4-08.00
24	Geiger, Shai	Warren Count	4-08.00
24	Patterson, Amari	Franklin Cou	4-08.00
24	Hecker, Maddy	McLean	4-08.00
24	Levering, Isabella	Apex Friends	4-08.00
24	Wilkinson, Liana	Walter Johns	4-08.00
24	Blythe, Artemisia	Blacksburg H	4-08.00
24	Howard, Aanya	Varina	4-08.00
34	Garrigus, Madison	Atholton Hig	4-06.00
34	Bortner, Haley	Blacksburg H	4-06.00
34	Vaughan, Jâ€™Mnaya	Highland Spr	4-06.00
34	Sow, Sammie	Potomac Seni	4-06.00
34	Darrington, Hailey	Manchester H	4-06.00
34	Shultz, Faith	Warren Count	4-06.00
34	Kehlenbeck, Katja	Blacksburg H	4-06.00
34	Cabel, Cyanna	Amherst Coun	4-06.00
34	Lewis, Mila	James River	4-06.00
34	Doherty, Kelly	Eastern View	4-06.00
34	Tinsley, Ayonnah	Westfield	4-06.00
34	Lowry, Grace	Deep Run	4-06.00
46	Chen, Gracie	Westfield	4-04.00
46	Hodson, Baylee	Cave Spring	4-04.00
46	Grau, Audrey	McLean	4-04.00
46	Silkowitz, Jesse	W.T. Woodson	4-04.00

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Results - Friday

Finals ... (Girls High Jump Open)

Name	School	Finals
--- Fritz, Chloe	Louisa Count	NH
--- Fagbuyi, Promise	Elizabeth Se	NH
--- Fleck, Kate	Mt. Hebron H	NH
--- Saravanan, Gitika	Mt. Hebron H	NH
--- McKnight, Mikahya	Elizabeth Se	NH
--- Royer, E'Lize	Elizabeth Se	NH
--- Fulcher, Alexis	Appomattox C	NH
--- Hughes, Morgan	Massaponax	NH
--- Halloran, Claudia	Deep Run	NH
--- Wallace, Jaida	Churchland	NH
--- Atkinson, Kristina	Franklin Cou	NH
--- Parham, Chelsea	Highland Spr	NH
--- Holloway, Timia	Highland Spr	NH

Girls Pole Vault Open

National HS: 14-09 # 2019 Chloe Cunliffe
 Facility: 14-01.25 * 2019 Bridget Guy

Name	School	Finals
Finals		
1 Askelson, Amber	Brooke Point	11-00.00
2 Lucy, Lauren	Collegiate	10-06.00
3 Harvey, Taryn	Jefferson Fo	9-06.00
4 Moles, Maddie	Christiansbu	J9-06.00
4 Smith, Charlotte	Collegiate	J9-06.00
6 D'Ambrosia, Ashley	Collegiate	J9-06.00
7 Fritz, Chloe	Louisa Count	J9-06.00
8 Elder, Bella	Liberty	9-00.00
9 MacMoyle, Jordan	Central Reg	8-06.00
9 Rudolph, Amy	New Kent	8-06.00
11 Phillips, Maddie	Eastern View	8-00.00
11 Wilson, Amelia	Amherst Coun	8-00.00
11 Lloyd, Allie	Christiansbu	8-00.00
11 Zier, Maggie	Blacksburg H	8-00.00
15 Serafin, Piper	Westfield	7-06.00
16 Williams, Hannah	Oakton	7-00.00
16 Waltemire, Taylor	Middletown H	7-00.00
16 Belleville, Lily	Blacksburg H	7-00.00
19 Guadagno, Gianna	Central Reg	6-06.00
--- Leo, Gloria	Western Albe	NH
--- Hudgins, Dulaney	Blacksburg H	NH
--- Martin, Emily	Blacksburg H	NH
--- Halloran, Cierra	Western Albe	NH

Girls Triple Jump Open

National HS: 44-06.75 # 2007 Ke'Nyia Richardson
 Facility: 44-01.25 * 2018 Sabina Allen

Name	School	Finals
Finals		
1 Carr, Sydney	Potomac Seni	36-03.25
2 Abraham, Dana	Jamestown	36-02.50
3 Harris, Raven	New Kent	35-11.00
4 Jackson, Amber	Ardrey Kell	35-09.00
5 Greene, Dauntazia	Woodrow Wils	35-08.25
6 Sorrells, Ennessey	Churchland	35-05.25

7 Lindsay, Anyae	Elizabeth Se	35-03.75
7 Harvey, Jordan	Hanover	35-03.75
9 Love, Lia	Jordan	35-03.00
10 Wooten, Maya	Battlefield	35-01.00
11 Gaines, Dorian	Atlee	35-00.25
12 Hawkins, Kaelynn	Heritage (Ly	34-10.50
13 Shaw, Zahria	Woodrow Wils	34-07.50
14 Arnold, Kelsey	Pulaski Coun	34-06.75
15 Darrington, Hailey	Manchester H	34-05.25
16 John, Suraya	Tallwood	34-05.00
17 Small, Taylor	South County	34-04.75
18 Miller, Madison	Bishop McNam	34-04.00
19 Tinsley, Ayonnah	Westfield	34-02.50
20 Seetoo, Emma	Westfield	34-02.00
21 Garland, Diana	Panther Cree	34-01.00
22 Carter, Dezmajia	Louisa Count	34-00.50
22 Shen, Stella	McLean	34-00.50
24 Brown, Arianna	Mallard Cree	33-11.00
25 Hinton-Ayodele, Niomi	Bowie High S	33-10.50
26 Spearman, Santana	Providence D	33-09.50
27 Fuller, Miracle	Elizabeth Se	33-09.25
28 Srinivasan, Ava	Central Reg	33-08.25
29 Purifoy, Makala	Colonial For	33-06.00
30 Morris, Makayla	Prince Edwar	33-05.25
31 Hamilton, Kaedance	Westfield	33-03.50
32 Lee, Amanda	Gah. Lincoln	33-00.00
33 Jackson, Avery	Asheville Ch	32-09.00
34 Brooks, Diymond	Louisa Count	32-08.00
35 Jones, Caroline	Blacksburg H	32-05.75
36 Miranda, Jalicia	Eastern View	32-04.75
37 Bailey, Morgan	Bishop McNam	32-03.75
38 Jones, Treasure	Forest Park	32-03.25
39 Hill, Cheyenne	Manchester H	32-02.75
40 McGauley, Erin	Central Reg	32-02.00
41 Anderson*, Alyssa	Deep Run	32-00.75
42 Wright, Cydney	Bowie High S	32-00.25
43 Hughes, Morgan	Massaponax	31-11.00
44 Muse, Sara	Liberty	31-10.25
45 MacMoyle, Jordan	Central Reg	31-09.50
45 Navares, Flora	Winston Chur	31-09.50
47 Lin, Lucy	Winston Chur	31-08.75
48 Mehta, Tia	Stone Bridge	31-07.50
48 Hawkins, Jaelynn	Heritage (Ly	31-07.50
50 Jones, Kimora	William Flem	31-04.75
51 Chen, Gracie	Westfield	31-03.00
52 Hayes, Maiya	Cuthbertson	31-01.25
53 Barahona Jr, Bianca	Massaponax	31-00.75
54 Holley, Brianna	Pinecrest	30-11.50
55 Washington-Brown, Kameron	William Flem	30-11.00
56 Coleman, Briana	L.C. Bird	30-10.00
57 Drakeford, Yvette	L.C. Bird	30-08.00
58 Harper, Anaiya	Churchland	30-06.50
--- Matlock, Nubiya	Elizabeth Se	ND
--- Czar, Ana	Blacksburg H	ND
--- King, Aaliyah	Highland Spr	ND
--- Lawrence, Malissa	West Springf	ND

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Results - Friday

Finals ... (Girls Triple Jump Open)

Name	School	Finals
--- Martin, Presley	Pulaski Coun	ND
--- Marshall, Kacey	Elizabeth Se	ND
--- Virgil, Sanaa	Elizabeth Se	ND
--- Moreno Chaza, Jimena	Winston Chur	ND
--- Spangler, Melissa	New Kent	ND
--- Dobias, Emma	Maury High S	ND
--- Gary, Maya	Meadowbrook	ND
--- Johnson, Lyric	L.C. Bird	ND
--- Porter, Meghan	Mt. Hebron H	ND
--- Doherty, Kelly	Eastern View	ND

Girls 3000 Meter Race Walk Open

National HS: 13:24.76 # 2019

Taylor Ewert

Facility: 13:24.76 * 2019

Taylor Ewert

Name	School	Finals
1 Ewert, Taylor	Beavercreek	13:00.56#
2 Redmond, Sophie	E.C. Glass	22:54.90
--- Zolper, Charlotte	South County	DNF

Girls 200 Meter Dash Invitational

National HS: 22.97 # 2007

Bianca Knight

Facility: 23.62 * 2019

Kayla Davis

Name	School	Finals
1 Smalls, Morgan	Panther Cree	24.46
2 Bernard, Mirai	Bullis Schoo	25.09
3 Koger, Dianna	Bowie High S	25.34
4 Perrow, Victoria	Bullis Schoo	25.40
5 Hewitt, Felicia	Elizabeth Se	25.50
6 Pittman, Tiffani Rae	Bullis Schoo	25.57
7 Kannon, Madyson	Battlefield	25.71
8 Oridedi, Rashidat	Bullis Schoo	25.74
9 Hinton, Sage	Bullis Schoo	25.80
10 Bryant, Azariyah	Lak. East	25.85
11 Thomas, Alicia	Potomac Seni	25.95
12 Clarke, Lauryn	Damascus Hig	26.18
13 Spearman, Falon	Providence D	26.19
14 Johnson, Taylor	Bullis Schoo	26.21
15 Franklin, Trinity	Bullis Schoo	26.36
16 Thomas, Ashley	Bullis Schoo	26.36
17 Coates, Emily	Rustburg	26.36
18 Jackson, Jalen	Elizabeth Se	26.39
19 Brown, Chandler	Riverdale Ba	26.56
20 Johnson, Haniyyah	Prince Edwar	26.56
21 Eismann, Arabella	Richard Mont	26.58
22 Lindsay, Anyae	Elizabeth Se	26.70
23 James, Camiyah	Lak. East	26.75
24 Prinston, Neomie	Bullis Schoo	26.78
25 Austin, Sky	Elizabeth Se	26.80
26 Price, Dahja	Louisa Count	26.81
27 Sims, Erynn	Riverdale Ba	26.86
28 Evans, Naiyae	Bullis Schoo	26.87
29 Leak, Alyssa	Rancocas Val	26.96

30 Johnson, Maya	Elizabeth Se	27.05
31 Armstead, Love'Vanna	Massaponax	27.06
32 Primas, Maya	Rancocas Val	27.29
33 Habib, Malaika	Damascus Hig	27.31
34 Hilton, Dawn	Lak. East	27.40
35 Anderson, Laila	Bullis Schoo	27.54
36 Abdus-Salaam, Zuri	Germantown F	27.60
37 Morris, Kayla	Nansemond Ri	28.06
38 Madden, Lauren	Mt. Hebron H	28.08
39 Awoseye, Princess	Bishop McNam	28.37
40 Ramsey, A'Nya	Bishop McNam	28.42
41 Dyer, Danielle	Bullis Schoo	28.47
42 Mitchell, Tai	Riverdale Ba	28.61
43 Kinard, Gabrielle	Riverdale Ba	28.67
44 Scott, Jasmine	Bishop McNam	28.87
45 Garland, Ava	Bishop McNam	28.89
46 McLaughlin, Annie	Germantown F	28.94
47 Yum, Jillian	Germantown F	29.10
48 Jones-Suggs, Makayla R	George C. Ma	29.11
49 Baker, Meah	Bishop McNam	29.30
50 Polk, Kyra	Riverdale Ba	29.43
51 Agnew, Sierra	Riverdale Ba	29.45
52 Altmon, Amora	Bishop McNam	29.45
53 Bailey, Morgan	Bishop McNam	29.76
54 Hughes, Jayden	Mt. Hebron H	30.04
55 Vincent, Asha	Germantown F	30.24
56 Somerville, Darrah	Bishop McNam	30.27
57 Ward, Jasmine	New Albany	30.29
58 Bennett, Camryn	Bishop McNam	30.74

Girls 300 Meter Dash Invitational

National HS: 36.82 #

Sydney McLaughlin

Facility: 37.71 * 2019

Britton Wilson

Name	School	Finals
1 Bobb, Caitlyn	Harford Tech	38.61
2 Jarrett, Makhia	Salem (Virgi	38.78
3 Mcannuff, Oneika	Hydel Group	39.22
4 Gelli, Caia	Richard Mont	39.42
5 Holman, Ziyah	Georgetown D	39.55
6 Snow, Morgan	North Staffo	39.68
7 O'Neil, Mia	Landstown Hi	39.71
8 Fletcher, Ariel	Tallwood	39.75
9 Hart, Jahzara	Southeast Ra	39.80
10 Thorpe, Alicia	Highland Spr	40.20
11 Black, Zariyah	Eastern Guil	40.54
12 Matthews, Sierrah	Mt. Hebron H	40.78
13 Bir, Grace E	George C. Ma	40.78
14 Harrison, Nyah	Nansemond Ri	40.82
15 Catlett, Emily	Massaponax	40.91
16 Hewitt, Felicia	Elizabeth Se	41.09
17 Kannon, Madyson	Battlefield	41.44
18 Townsend, Mackenzie	Cuthbertson	41.56
19 Etchison, Ziyah	Parkland Mag	41.77
20 Jones, Lauren	South County	41.77
21 Bradley, Joi	Gah. Lincoln	41.78

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Results - Friday

Finals ... (Girls 300 Meter Dash Invitational)

Name	School	Finals
22 Judd, Ani	Southeast Ra	41.92
23 Brown, Chandler	Riverdale Ba	42.43
24 Benz, Addison	Cuthbertson	42.73
25 Thigpen, Alexis	Gah. Lincoln	42.82
26 Small, Taylor	South County	44.42

Girls 1 Mile Run Invitational

National HS: 4:28.25 # 2013 Mary Cain
 Facility: 4:51.66 * 2017 Carol Stroock

Name	School	Finals
Finals		
1 Hutchins, Jenna	Science Hill	4:57.16
2 Alder, Carmen	Pinecrest	4:58.64
3 Stull, Lindsay	Hil. Davidso	5:00.19
4 Gordon, Ava	Loudoun Vall	5:01.18
5 Graham, Bethany	John Champe	5:06.40
6 Stiles, Maeve	Maury High S	5:08.46
7 Crytser, Alli	Hanover	5:08.86
8 Frost, Hope	Stonebridge	5:10.03
9 Hoersten, Sophia	Hil. Davidso	5:10.61
10 Spada, Sophie	Charlotte Co	5:10.75
11 Silva, Avril	South County	5:10.81
12 Alder, Vanessa	Pinecrest	5:10.97
13 Gaul, Ella	Walter Johns	5:11.31
14 Castro, Gabriella	Cuthbertson	5:11.79
15 Dennison, Savannah	Mentor	5:12.95
16 Olson, Oakley	Northern-Cal	5:13.22
17 Mack, Hannah	Northern-Cal	5:13.30
18 Link, Audrey	Blacksburg H	5:13.53
19 Herrema, Amy	West Springf	5:14.04
20 Hill, Madeline	Cuthbertson	5:14.36
21 Goldberg, Jenna	Walter Johns	5:14.89
22 Jayaraj, Marianne	John Champe	5:15.57
23 Orchard, Katie	West Springf	5:16.09
24 Holland, Hannah	Loudoun Vall	5:16.43
25 Bushee, Gillian	Herndon	5:16.45
26 Fetterolf, Ricky	Loudoun Vall	5:16.61
27 Holland, Kyra	Loudoun Vall	5:18.83
28 Sanborn, Janie	Deep Run	5:19.63
29 Mullaney, Brenna	Severna Park	5:21.39
30 DeBoer, Arianna	Albemarle	5:21.65
31 Whitworth, Frances	Mount Tabor	5:21.67
32 Meininger, Faith	River Hill H	5:22.21
33 Mosley, Aniya	Ocean Lakes	5:22.24
34 Maughan, Amelia	Chapel Hill	5:22.27
35 Yentz, Hailey	Patriot High	5:22.78
36 Turesson, Charlotte	Richard Mont	5:23.06
37 Davidson, Jette	E.C. Glass	5:25.66
38 Crytser, Rachel	Hanover	5:26.70
39 Helms, Leah	Cuthbertson	5:27.91
40 Combs, Allysa	Severna Park	5:28.34
41 Fegans, Erin	Landmark Chr	5:28.36
42 Muller, Suzie	Stone Bridge	5:29.13
43 Parks, Gwen	Reagan	5:30.16

44 Abrams, Kathleen Weddington H 5:36.37

Girls 4x400 Meter Relay Invitational

National HS: 3:38.91 # 2004 Poly, CA

Harris, Lee, Woods, Solomon

Facility: 3:39.60 * 2018 Bullis HS

Team	Relay	Finals
Finals		
1 Bullis School	A	3:44.15
2 Western Bran	A	3:49.07
3 Westfield	A	3:59.99
4 Gah. Lincoln	A	4:01.76
5 Henry A. Wis	A	4:05.08

Girls Distance Medley Invitational

National HS: 11:34.54 # 2017 Lake Braddock, VA

Browning, Davidson, Schwers, Murphy

Facility: 11:34.54 * 2017 Lake Braddock HS

Team	Relay	Finals
Finals		
1 Western Albemarle	A	12:46.13
2 Weddington H	A	12:52.78
3 Walter Johns	A	13:00.15
4 St. John's C	A	13:04.02
5 Apex Friendship	A	13:35.01
6 Jefferson Forest	A	13:43.32
7 Warren County	A	14:49.12

Girls High Jump Invitational

National HS: 6-06.25 # 2016

Vashti Cunningham

Facility: 6-00 * 2019 Shelby Tyler

Name	School	Finals
Finals		
1 Smalls, Morgan	Panther Cree	6-00.00*
2 Jackson, Amber	Ardrey Kell	5-06.00
3 Saunders, Jahnelle	Bethel	5-04.00
4 Walker, Kambi	Paul VI HS	J5-04.00
4 Boyce, Olivia	Haverford To	J5-04.00
6 Shipp, Nayome	Colonial For	5-02.00
7 Morris, Makayla	Prince Edwar	J5-02.00
8 Purifoy, Makala	Colonial For	J5-02.00
--- Foreman, Jada	Atlee	NH
--- Murray, Amiyah	Dunbar High	NH

Girls Pole Vault Invitational

National HS: 14-09 # 2019

Chloe Cunliffe

Facility: 14-01.25 * 2019 Bridget Guy

Name	School	Finals
Finals		
1 Pafford, Emory	Liberty	12-06.00
2 Tershak, Abby	Patrick Henr	11-08.00
3 Mitchem, Jace	Spr. Shawnee	11-00.00
4 Upright, Elizabeth	Oakton	10-06.00
5 Pettyjohn, Hannah	Jefferson Fo	J10-06.00
6 Boggs, Abigail	Rancocas Val	J10-06.00
7 Adams, Sarah	Severna Park	J10-06.00

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Results - Friday

Finals ... (Girls Pole Vault Invitational)

Name	School	Finals
8 Garrigus, Madison	Atholton Hig	10-00.00
9 Allen, Susannah	Liberty (Bed	9-06.00

Girls Triple Jump Invitational

National HS: 44-06.75 # 2007 Ke'Nyia Richardson
 Facility: 44-05.25 * 2018 Sabina Allen

Name	School	Finals
Finals		
1 Smalls, Morgan	Panther Cree	42-10.00
2 Williams, Velecta	Hydel Group	41-08.00
3 Jones, Lauren	South County	37-11.00
4 Evans, Naiyae	Bullis Schoo	37-08.00
5 Mumford, Ija	Parkland Mag	37-05.75
6 Cardwell, Eliza	Providence D	37-00.00
7 Boddie, Joidon	Enloe	36-11.00
8 Bradley, Mya	Bishop McNam	36-10.50
9 McCounts, Mekhia	Maury High S	36-10.00
10 Reid, Azariah	Bullis Schoo	36-05.50
11 Blake, Tya	Heritage (Ly	35-10.50
12 Smith, Kelly	Panther Cree	35-05.00
12 McLain, Jade	Cuthbertson	35-05.00
14 Oakes, Alaysia	Heritage (Ly	33-05.00

Girls 60 Meter Dash AAU

National HS: 7.22 # 1997 Aleisha Latimer
 Facility: 7.38 * 2018 Maiya Davies

Name	School	Finals
Finals		
1 Diggs, Talitha	Unattached (7.46
2 Jackson, Shawnti	Unattached (7.51
3 Harris, Kimberly	Unattached (7.56
4 Ross, Jonah	Unattached (7.57
5 Fields, Milan	Unattached (7.72
6 Stelly, Zamia	Tallwood	7.89
7 Deloatch, Imari	Unattached (8.84

Girls 500 Meter Dash AAU

National HS: 1:10.30 # 2008 Chanelle Price
 Facility: 1:10.61 * 2019 Charokee Young

Name	School	Finals
Finals		
1 Mu, Athing	Unattached (1:10.22#
2 Davis, Kayla	Unattached (1:12.28
3 Rose, Michaela	Unattached (1:12.64
4 Pyatt, Aaliyah	Unattached (1:12.87
5 White, Garriel	Unattached	1:13.39
6 Conyers, Aly	Unattached (1:22.00

Boys 55 Meter Dash Open

National HS: 6.08 # 2012 Marvin Bracy
 Facility: 6.33 * 2019 Nick Cross

Name	School	Prelims
Preliminaries		
1 Wright, Jaylen	Southern Dur	* 6.32q

2 Johnson Jr, Malcolm	St. Stephen'	6.36q
3 McBryde, Alonzo	Paint Branch	6.39q
4 Harding, Javonte'	Prince Georg	6.40q
5 Thorogood, Trei	Freedom (Woo	6.44q
6 Robinson Jr, Terrell	Mount Tabor	6.47q
7 Cole, Olufemi	Providence D	6.48q
8 Horry, Jaylen	Research Tri	6.55q
9 Moore, Ali	Maury High S	6.55
10 Heath, Rodney	Lak. East	6.55
11 Jackson, Keylin	Cosby	6.56
11 Hawkins, Daiyaan	The Haverfor	6.56
13 Garman, Garrett	Franklin Cou	6.56
14 Jackson, Doniven	Reynoldsbu	6.57
15 King, Ashton	Eastern View	6.57
15 Moyer Jr, Daniel	Reagan	6.57
17 Persinger, Isaiah	Salem (Roano	6.58
18 Attucks, Cameron	Atkins	6.58
19 Ruffin, Christian	Southeast Ra	6.60
20 Evans, Trondrick	South Garner	6.60
21 Tann, Syncere	James River	6.60
22 Woods, Tazhae	Reagan	6.61
23 Gumbs, Jaeden	Glen Allen H	6.63
24 Winborne, Camron	Old Mill Hig	6.63
24 Austin, Kameron	Southern Gui	6.63
26 Smith, Xavier	Jordan	6.64
27 Bishop, Jamil	Henry A. Wis	6.64
28 Parker, Irshad	Granby	6.64
29 Vick, Brahmira	Middletown H	6.65
30 Reynolds, Daniel	Fork Union	6.65
31 Price-Whitehead, Jaden	Upper Dublin	6.65
32 Phifer, Michael	Norview	6.69
33 Odette, Michael	Green Hope	6.69
34 Jones, Micah	William Flem	6.70
35 Mays, Mason	Fairfax	6.71
36 Davis, Dion	Norview	6.72
37 Dobbin, Zachary	Enloe	6.72
38 White, Jaylen	Phoebus	6.73
39 Winfield Jr., Kamel	Old Mill Hig	6.74
40 McGriff, Wyne	Parkwood	6.75
41 Peal, Sydney	Bullis Schoo	6.75
42 Jackson, Sean	South County	6.76
43 Baronette, Tysean	Middletown H	6.76
44 Harvin, Daequan	Dunbar High	6.78
45 Henson, James	Severna Park	6.78
46 Haworth, Charles Javier	West Springf	6.78
46 Smith, Chris	Northside Hi	6.78
48 Taylor, Devante	William Flem	6.78
48 Parker, Byron	Smithfield	6.78
50 Dwayne, Glaze	Prince Georg	6.79
50 Sims, Antonio	Riverdale Ba	6.79
52 Demba, Mamadou	Western Guil	6.79
52 Love, Reginald	Jordan	6.79
54 Williams, Nicholas	Walter Johns	6.80
55 Allen, Timothy	William Flem	6.81
55 White, Travis	Bishop McNam	6.81
57 McPherson, Damauri	Manchester H	6.81

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Preliminaries ... (Boys 55 Meter Dash Open)

Name	School	Prelims					
58	Kolb, Erik	Mills Godwin	6.82	112	Rose, Tyler	Liberty	6.96
59	Kellman, Terron	Henry A. Wis	6.82	112	Mitchell, Jaden	Bethel	6.96
60	Moore, Tyler	Dudley	6.82	112	Sloan, Devin	Maury High S	6.96
61	McDowney, Jordan	Highland Spr	6.82	115	Abdelsamad, Youssef	Oakton	6.96
62	Belcher, Elijah	Franklin Cou	6.83	116	Clark, Brandon	Glen Allen H	6.97
63	Burgess, Malcolm	Riverdale Ba	6.83	116	Goodwine, Joshua	Dunbar High	6.97
64	Williams, James	Bowie High S	6.84	116	Koerner, Jacob	Cuthbertson	6.97
65	Barnes, Khari	Tallwood	6.84	119	Mishkin, David	Winston Chur	6.97
65	Gundy, Chris	Smithfield	6.84	120	Shorter, Jayden	Western Bran	6.97
67	Beckett, Galen	Battlefield	6.84	121	Holmes, Zion	Mt. Hebron H	6.97
67	Dedrick, Craig	Sun Valley	6.84	122	Cromwell, Brian	Franklin Cou	6.97
69	Jacobs, Melvin	Riverdale Ba	6.85	123	Hatchett, Connor	Massaponax	6.98
70	Tucker, Jahmil	Cardinal Gib	6.85	124	Kennedy, Jason	Springbrook	6.98
70	Mazero, Matthew	Paul VI HS	6.85	125	Armstrong, Jamare	Dunbar High	6.98
72	Cutler, Marcus	Churchland	6.86	126	Vailes, Houston	Riverdale Ba	6.98
73	Victoria, Lamont	Prince Georg	6.86	127	Ruble, Trenton	Lord Botetou	6.99
74	Harvey, K'Vonta	Westlake Hig	6.86	128	Taylor, Raphael	Eastern View	6.99
74	Thornhill, Joshua	Lak. East	6.86	129	Hudson, Nicholas	Millbrook	6.99
76	Sargent, Gianni	Academy Park	6.87	130	Jones, Jamareeh	Highland Spr	6.99
77	Riche, Michael	Westfield	6.87	131	Williams, Brian	Southeast Ra	6.99
77	Holland, Earnest	Bishop McNam	6.87	132	Emmons-Mayo, Jeremiah	Lord Botetou	7.00
79	Dunlap, Cole	Blacksburg H	6.87	133	Ibarra, Fernando	Walter Johns	7.00
80	Romero, Harold	Herndon	6.87	134	Marshall, Jaylyn	Brookville H	7.01
81	Estevadeordal, Aleix	Winston Chur	6.87	134	Gregory, Ethan	Oakton	7.01
82	Johnson, Ahsan	Norview	6.88	134	Hart, Jason	Highland Spr	7.01
82	Obrimah, Efe	Atlee	6.88	134	Porter, Quemaar	Pulaski Coun	7.01
84	Crawford, Kenneth	Heritage (Ly	6.88	138	Cherry, Wayon	Western Bran	7.02
85	Moss, Xavier	Glen Allen H	6.88	138	Luster Jr, Antuon	Bethel	7.02
86	Sellers, Marlon	Nansemond Ri	6.88	140	Whigham, Colby	Bishop McNam	7.02
87	Richards, Ari	Cuthbertson	6.89	141	Williams, MacAllister	Nansemond Ri	7.03
88	Lewis, Armonte	Pulaski Coun	6.89	142	Hamilton, Jermaine	Phoebus	7.03
89	Tabi, Wilson	Springbrook	6.89	142	Washington, Demari	Bishop McNam	7.03
90	Cooper, Julian	West Springf	6.89	144	Leach, Marvin	West Potomac	7.03
90	Cuffee, Kadari	Grassfield	6.89	144	Ortel, Austin	West Potomac	7.03
92	Presley, Dashuan	Eastern View	6.90	146	Mihill, Josh	Millbrook	7.04
93	Frye, Jack	Pinecrest	6.90	147	Bridgeman, Darien	Sherando	7.04
93	Biggs, Rashard	Woodrow Wils	6.90	148	Luttrell, Jolonie	South County	7.04
95	Petties, Jurrell	Potomac Seni	6.91	148	Gresham, Pierre	Highland Spr	7.04
96	Moss, Cherish	Glen Allen H	6.91	148	Sickels, Jordan	Battlefield	7.04
97	Taylor, Anthony	Prince Georg	6.93	151	Brooks, Tristan	Western Bran	7.05
98	Miller, Jahari	Woodrow Wils	6.93	152	Franco, Andrew	Oakton	7.05
99	Diggs, London	Churchland	6.93	153	Shotwell, Maverick	Cardinal Gib	7.05
99	Mawussi, Elom	Tallwood	6.93	153	Wood, Zavion	Salem (Roano	7.05
101	Logan, Adrian	Reynoldsburg	6.94	155	Alston, Kivan	South County	7.05
102	Belinga, Joshua	Woodrow Wils	6.95	156	Stevens, Jaylan	Western Bran	7.05
102	Moore, Tremaine	James River	6.95	156	Beamon, Khalil	Grassfield	7.05
102	Magino, Hazael	Walter Johns	6.95	158	Stokes, Isaiah	Loudoun Vall	7.05
105	Isaacs, Joey	Lord Botetou	6.95	159	Kola-Adewuyi, Bolade	Bishop McNam	7.06
106	Somori, Joseph	River Hill H	6.95	160	Graham, Adam	A.C. Reynold	7.06
107	Leech, Grant	Sun Valley	6.95	160	Reavis, Sean	James River	7.06
108	Coppock, Jerrell	Western Bran	6.95	162	Holloway, Chris	James River	7.06
108	Ashby-Phan, Jamarei	Salem (Virgi	6.95	162	Buenviaje, Ethan	Grassfield	7.06
110	Walker, Timothy	Mills Godwin	6.96	164	Wright, Jeremiah	Osborn Park	7.06
111	Nichols, Caleb	Landmark Chr	6.96	165	Travis, Derek	Mills Godwin	7.06
				166	Gray, Darius	John Marshal	7.07
				167	Teasley, Myles	Cuthbertson	7.07

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Results - Friday

Preliminaries ... (Boys 55 Meter Dash Open)

Name	School	Prelims					
168	Anderson, Gavin	Battlefield	7.07	221	Hicks, Joel	Bethel	7.21
169	Seagraves, Nahjiir	Pincrest	7.07	223	Carter, Brandon	James River	7.22
170	Jones, Henry	Landmark Chr	7.08	224	Hawthorne, Jaelyn	Highland Spr	7.22
171	Dwyer, Dilan	Marion	7.08	225	Jackson, Quentin	DeMatha Cath	7.24
171	Sherman, Tristan	Sherando	7.08	225	Wint, Chasen	Haverford To	7.24
173	Roundtree, Izaiah	Brookville H	7.08	227	Balasubramanian, Prakash	Mt. Hebron H	7.25
173	Degn, William	Loudoun Vall	7.08	228	Heffernan, Jordan	Walter Johns	7.26
175	Kola-Adewuy, Kolade	Bishop McNam	7.08	229	Flowers, Brian	Nansemond Ri	7.26
176	Miller, Mason	Loudoun Vall	7.09	230	Moore, Blake	Loudoun Vall	7.26
177	Akolo, Samuel	River Hill H	7.09	230	Byun, Caleb	Blacksburg H	7.26
178	Bundu, Bala	Mt. Hebron H	7.09	232	Lam, Chris	W.T. Woodson	7.27
179	Hampton, ViJon	Fork Union	7.10	233	Erickson, Liam	St. John's C	7.29
180	Brewer, Deondre	South Garner	7.10	234	Burruss, Boyd	Virginia Epi	7.30
181	Hillman, Jordan	Western Bran	7.10	235	Kamara, Abubakar	Laurel High	7.33
181	Jones, Jaquallen	Altavista Co	7.10	236	Carlisle, Geoffrey	Battlefield	7.33
183	Hayes, Trevon	Phoebus	7.10	237	Redfern, Reginald	Asheville	7.34
184	Doane, Travis	Marion	7.11	238	Boakye-Boaten, Barfuo	Asheville	7.36
185	Floyd, Kaleb	Manchester H	7.11	239	Trice, Jimmy	Massaponax	7.36
186	Steele, Zach	Heritage (Ly	7.11	239	Cowan, Robert	Blacksburg H	7.36
187	Xu, Adam	Oakton	7.11	241	Crowell III, Richard	Bethel	7.37
188	Bracey, Joseph	Grassfield	7.11	242	Lam, Tyler	Millbrook	7.38
189	Garnett, Jacob	James River	7.12	243	Nayfeh, Omar	George C. Ma	7.38
190	Mazero, Michael	Paul VI HS	7.12	244	Lockhart, Daniel	Kings Fork	7.39
191	Eldridge, Christian	Westlake Hig	7.12	245	Johnson, Donovan	Blacksburg H	7.40
191	Omohundro, Grant	James River	7.12	246	Fisher, Jax	Landmark Chr	7.40
193	Hanks, Graysen	Mills Godwin	7.12	247	Henry, Preston	Mt. Hebron H	7.40
194	Lewis, Christian	Highland Spr	7.13	248	Jackson, Carl	James Hubert	7.40
195	Lomax, James	Bishop McNam	7.13	249	Greenhow, Darrius	Battlefield	7.41
196	Wright, Dominick	Western Bran	7.13	250	Kennedy, Keyante	Pulaski Coun	7.41
197	Amankwah, William	River Hill H	7.13	251	Stow, Samuel	Mills Godwin	7.42
198	Stevens, Raymon	Woodrow Wils	7.13	252	Vogel, Fritz	McLean	7.42
199	Christian, Caleb	Brookville H	7.14	253	Xereas, John	Battlefield	7.43
200	Towler, Joseph	Riverdale Ba	7.14	254	Weaver, Matthew Don	James River	7.44
201	Campbell, Gerald	DeMatha Cath	7.14	255	Foster, Joshua	Asheville	7.45
202	Harris, Elijah	Eastern View	7.14	256	Jeffrey, Roger	Riverdale Ba	7.47
203	Henderson, Logan	Brookville H	7.14	257	Ediale, Osi	Landmark Chr	7.47
204	Etti, William	St. John's C	7.14	258	St. Martin, Ethan	Blacksburg H	7.47
205	Dowd, Xavier	Pincrest	7.15	259	Cary, Lawrence	Highland Spr	7.48
206	Moore, Anthony	Liberty	7.15	260	Juntima, Napat	W.T. Woodson	7.50
207	Xereas, Elias	Battlefield	7.15	261	Hawk, Demyo	Suitland Hig	7.51
208	Bradford, Cason	Northern-Cal	7.16	262	Newcomer, Jaiden	Blacksburg H	7.52
209	Scott, Abram	Blacksburg H	7.16	263	Pauley, Steven	Brookville H	7.54
210	Petrov, Victor	Mills Godwin	7.17	264	Steele, Vance	Radford High	7.56
211	Link, Rowen	Mills Godwin	7.17	265	Green, Garrett	Lord Botetou	7.59
212	Calhoun, Robert	Pincrest	7.17	266	Polk, Ashton	Warren Count	7.59
213	Lupunga-Phillips, Katala	Walter Johns	7.17	267	Davis, Tyson	Altavista Co	7.59
214	Boiteux, Lucas	Walter Johns	7.18	268	Ackerman, Carter	Blacksburg H	7.63
215	Robles, Stephen	St. John's C	7.18	269	Shultzaberger, John	Warren Count	7.63
216	Kung, Ian	McLean	7.19	270	Cole, Justin	Massaponax	7.63
217	Alvarado, Carlos	Wakefield Hi	7.19	271	Deverin, Jack	Blacksburg H	7.64
218	La, Ben	James Hubert	7.20	272	Moore, Jimmy	Massaponax	7.66
219	Collins, JeanMarc	Woodrow Wils	7.20	272	Miller, James	Brookville H	7.66
220	Teachey, Delvon	DeMatha Cath	7.21	274	Clark, Jonah	Lord Botetou	7.70
221	Hill, D'Marco	Salem (Virgi	7.21	275	Virgin, Ronald	Bethel	7.70
				276	Cole, Jordon	Massaponax	7.71
				277	Griffith, Dalton	Alleghany	7.72

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Results - Friday

Preliminaries ... (Boys 55 Meter Dash Open)

Name	School	Prelims
278 Bradshaw, Kaleb	Bethel	7.76
279 Angeli, Michael	Green Hope	7.77
280 Cook, James	Blacksburg H	7.77
281 Hunt, Antonio	Brookville H	7.78
282 Watson, Kameron	Highland Spr	7.83
283 Davis, Jack	Radford High	7.86
284 Winston, Jordan	Highland Spr	7.88
285 Roberson, Caleb	James River	7.90
286 Asbrand, Sean	Blacksburg H	7.91
287 Thach, Paron	James River	7.92
288 Alonzo, Cody	Warren Count	8.03
289 Blathers, Jaylin	Highland Spr	8.04
290 Storck, Sam	Landmark Chr	8.09
291 Varvel, Jake	James River	8.12
292 Tonkins, Josiah	James River	8.18
293 Gilmore, Thuriel	Riverdale Ba	8.19
294 Cornell, Bryson	Landmark Chr	8.24
295 Mckinney, Antonio	Riverdale Ba	8.28
296 Sponaugle, Kellen	Alleghany	8.36
297 Khedliev, Yusuf	James River	8.45
298 Wright, Jaylen	James River	8.72
299 Pickett, Evan	Landmark Chr	8.89
300 Cooper-Berthe, Aidan	Woodrow Wils	9.92
301 Salmon, Lloyd Cole	James River	9.99
--- Keophanboua, Lance	Osborn Park	FS
--- Hill, Jasper	Woodrow Wils	FS
--- Kpognon, David	Woodrow Wils	FS
--- Moore, George	Western Bran	FS
--- Lyman III, John	Pulaski Coun	FS

Boys 300 Meter Dash Open

National HS: 32.64 # 2018

Brian Herron

Facility: 32.64 * 2018

Brian Herron

Name	School	Finals
1 Hinton, Jalen	Western Bran	34.55
2 Ruffin, Christian	Southeast Ra	34.66
3 Guy, Jarrell	Mallard Cree	35.04
4 McDaniel, Mordecai	St. John's C	35.12
5 Johnson, Brandon	East Forsyth	35.22
6 Austin, Kameron	Southern Gui	35.35
7 Frasier, Keith	Western Bran	35.43
8 Daye-Schafer, Devin	Manchester H	35.51
9 Bellamy, Elijah	Forest Park	35.55
10 Dropik, Marcus	Fairfax	35.58
11 Unknown, Male	Old Mill Hig	35.61
12 Waller, Kaden	Battlefield	35.64
13 Sims, Antonio	Riverdale Ba	35.67
14 McGirt, Caleb	Western Bran	35.87
15 Oluokin, Temitayo	Central High	35.87
16 Asare, Henry	Fork Union	35.89
17 Moyer Jr, Daniel	Reagan	35.93
18 Evans, Trondrick	South Garner	35.94
19 Mitchell, Camren	Salem (Virgi	36.01

20 Jordan, Bryce	Maury High S	36.01
21 Leacock, Dillion	Millbrook	36.06
22 Fontanelle, Amarii	Laurel High	36.08
23 Newman, Nick	Freedom (Woo	36.09
24 Jackson, Sean	South County	36.15
25 Hay, Kymali	Bloomfield H	36.17
26 Wall-Davis, Charles	Nansemond Ri	36.18
27 Ansah, James	Freedom (Woo	36.20
28 Adams, Josiah	Pick. Centra	36.25
29 Schroeder, Luke	West Potomac	36.27
30 Beckford, Malcolm	Bloomfield H	36.30
31 Brown, Theodore	Massaponax	36.31
32 White, Devontae	Phoebus	36.32
33 Winston, Kevin	DeMatha Cath	36.33
34 Koerner, Jacob	Cuthbertson	36.37
35 Sims, Alonzo	Riverdale Ba	36.40
36 Wingate, Savion	Nansemond Ri	36.41
37 Monroe, Larry	Dudley	36.41
38 Lazaro, Anthony	Hermitage	36.44
39 Wilks, Jeremiah	L.C. Bird	36.44
40 Steadman, Alex	River Hill H	36.44
41 Abdur Rahim, Yasin	Northwood Hi	36.46
42 Woods, Tazhae	Reagan	36.46
43 Braxton, Danteas	Jefferson Fo	36.51
44 Mays, Mason	Fairfax	36.52
45 Homere, David	Osborn Park	36.53
46 Strong, Dorian	Henry A. Wis	36.55
47 Thornhill, Joshua	Lak. East	36.56
48 Evans, Justin	Mt. Hebron H	36.58
49 Petties, Jurrell	Potomac Seni	36.61
50 Mosley, Ruben	West Springf	36.61
51 Littlejohn, James	Hickory Ridg	36.63
52 Strader, Keilan	Southern Dur	36.65
53 Kwakye, Gabriel	C.D. Hylton	36.66
54 Wall, Mehki	Dudley	36.71
55 Obrimah, Efe	Atlee	36.73
56 Aldridge, James	Menchville	36.75
57 Livingstone, David	Springbrook	36.76
58 Mims, Joshua	James Hubert	36.80
59 McElroy Jr, Carnell	I.C. Norcom	36.81
60 Love, Reginald	Jordan	36.88
61 Ward, Ja'Kobe	Highland Spr	36.90
62 Morgan, Blake	Broadway	36.94
63 Babers, Zachary	Winston Chur	36.95
64 Mefford, Isaiah	Wakefield Hi	36.96
65 Hilton, Addison	Jefferson Fo	36.96
66 Diggs, London	Churchland	36.97
67 Tabi, Wilson	Springbrook	36.98
68 Smith, Sean	Bishop McNam	37.00
69 Ross, Zachary	Cuthbertson	37.00
70 Harris, Levi	Asheville	37.00
71 Robinson Jr, Terrell	Mount Tabor	37.04
72 Hardy, Deondre	Nansemond Ri	37.08
73 Kobziak, Ryan	Cuthbertson	37.09
74 Phifer, Michael	Norview	37.09
75 Beckett, Galen	Battlefield	37.10

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Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 300 Meter Dash Open)

Name	School	Finals					
76	Johnson, Ahsan	Norview	37.11	130	McDowney, Jordan	Highland Spr	37.79
77	Bell, Jayson	Westfield	37.13	131	Richards-Baker, Painter	Christ Schoo	37.80
78	Rice, Austin	Battlefield	37.13	132	Terry, Corenson	DeMatha Cath	37.82
79	Page, Paul	Cardinal Gib	37.13	133	Burkhart, Ryan	Cardinal Gib	37.84
80	Gumbs, Jaeden	Glen Allen H	37.16	133	Halliburton, Jordan	Bowie High S	37.84
81	Smith, Xavier	Jordan	37.16	135	Bundu, Bala	Mt. Hebron H	37.84
82	Thomas, Kam'ryn	DeMatha Cath	37.17	136	White, Travis	Bishop McNam	37.84
83	Reed, Caleb	The Haverfor	37.19	137	Conway, Landon	James River	37.85
84	Stevens, Jaylan	Western Bran	37.19	138	Crawford, Kenneth	Heritage (Ly	37.85
85	Creadon, Reese	Wakefield Hi	37.20	139	Pinn, Joe	Heritage (Ly	37.88
86	Ibarra, Fernando	Walter Johns	37.22	140	Smith, Quinton	Tallwood	37.89
87	Walker, Timothy	Mills Godwin	37.26	141	Coppock, Jerrell	Western Bran	37.89
88	Estevadeordal, Aleix	Winston Chur	37.27	142	Paris, Ryan	Suitland Hig	37.90
89	Boyer, Sebastian	Northwood Hi	37.28	143	Jones, Landon	Southeast Ra	37.91
90	Snyder, Bryce	Westfield	37.28	144	Wright, Dominick	Western Bran	37.92
91	Bridges, DeAnte	Western Bran	37.29	145	Broiles, Winston	Battlefield	37.94
92	Gardner, Miles	Christ Schoo	37.30	146	Halterman-Mitchell, Noah	Herndon	37.97
93	Dedrick, Craig	Sun Valley	37.32	147	Calhoun, Robert	Pinecrest	38.01
94	Crosswell, Domenic	Maury High S	37.35	148	Xereas, Elias	Battlefield	38.05
95	Supplee, Colin	Loudoun Vall	37.36	149	Henson, James	Severna Park	38.05
96	Ottey, Elijah	Phoebus	37.40	150	Burchett, Andrew	Asheville	38.06
97	Singleton, Jalil	Westlake Hig	37.42	151	Richards, Ari	Cuthbertson	38.07
98	Akolo, Samuel	River Hill H	37.43	152	Lanigan, Daniel	Westfield	38.08
99	Williams, Nicholas	Walter Johns	37.43	153	Hart, Jason	Highland Spr	38.08
100	Sarnovsky, Adam	George C. Ma	37.43	154	Franco, Andrew	Oakton	38.11
101	Wright, Darius	West Potomac	37.49	155	Anderson, Jalen	South Garner	38.12
101	Walker, James	Riverdale Ba	37.49	156	Mitchell, Ervin	Westlake Hig	38.12
103	Harari, Jackson	Wakefield Hi	37.50	157	Espinoza, Raphael	Millbrook	38.13
104	Edwards, Amarri	Salem (Roano	37.52	158	Waltrip, Carlton	Jamestown	38.14
105	Massie, Quinton	Western Bran	37.52	159	Moore, Tyler	Dudley	38.14
106	Moore, George	Western Bran	37.54	160	Johnson, Darrian	Northside Hi	38.14
107	Burgess, Malcolm	Riverdale Ba	37.55	161	Williams, MacAllister	Nansemond Ri	38.17
108	Reid, Khalil	Hanover	37.56	162	Leech, Grant	Sun Valley	38.18
109	Henry, Brandon	Suitland Hig	37.57	163	Gregory, Ethan	Oakton	38.20
110	Dewey, Nate	Liberty	37.57	164	Carter, Daron	Bishop McNam	38.21
111	Frye, Jack	Pinecrest	37.63	165	Webster, Ethan	Lord Botetou	38.21
112	Campbelle, Omarie	Bishop McNam	37.64	166	Teasley, Myles	Cuthbertson	38.22
113	Belinga, Joshua	Woodrow Wils	37.65	167	Blake, Jahee	Heritage (Ly	38.23
114	Mishkin, David	Winston Chur	37.65	168	Johnson, Keenan	Suitland Hig	38.23
115	Hunter, Myles	Paint Branch	37.66	169	Miller, Jahari	Woodrow Wils	38.23
116	Elmore, Kenneth	Granby	37.67	170	Roberts, Arlyne	North Brunsw	38.25
117	Major, Langston	Winston Chur	37.67	171	Lockhart, Daniel	Kings Fork	38.27
118	Djan, Peter	Potomac Seni	37.68	172	Towler, Joseph	Riverdale Ba	38.27
119	Jones, Marcus	Laurel High	37.68	173	Imhotep, Nazir	Western Bran	38.29
120	Kobasko, Andrew	Mentor	37.68	174	Willette, Max	Maury High S	38.29
121	Hanford, John	W.T. Woodson	37.70	175	Abdelsamad, Youssef	Oakton	38.30
122	Jacobs, Melvin	Riverdale Ba	37.73	176	Hart, Jackson	West Potomac	38.30
123	Miller, Max	Cardinal Gib	37.74	177	Flowers, Brian	Nansemond Ri	38.31
124	Dodoo, Jacob	West Potomac	37.75	178	Bethune, Michael	Laurel High	38.32
125	Nayfeh, Omar	George C. Ma	37.76	179	McRae, Jacobe	Dudley	38.35
126	McCarthy, Steven	Battlefield	37.77	180	Carlisle, Geoffrey	Battlefield	38.35
127	Sellers, Marlon	Nansemond Ri	37.77	181	Pelote, Shawn	Bishop McNam	38.36
128	Lapp, Jeremiah	Broadway	37.78	182	Bowers, Samuel	Parkland Mag	38.36
129	Tann, Syncere	James River	37.79	183	Burton, Joseph	Fairfax	38.36
				184	Cherry, Wayon	Western Bran	38.38
				185	Dest, Simon	West Springf	38.39

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 300 Meter Dash Open)

Name	School	Finals					
186	Martin, Derek	James Hubert	38.41	240	Brown, Karentae	Churchland	39.17
187	Ade, Alfred	Potomac Seni	38.42	241	Harris, Michael	Westlake Hig	39.19
188	Logan, Adrian	Reynoldsborg	38.43	242	Laoufir, Mohammedali	Wakefield Hi	39.19
188	Amarillas, Ryan R	George C. Ma	38.43	243	Hawthorne, Jaelyn	Highland Spr	39.20
190	Hillman, Jordan	Western Bran	38.45	244	Nichols, Caleb	Landmark Chr	39.21
191	Huggins, Daniel	Hanover	38.46	245	McPherson, Damauri	Manchester H	39.21
192	Thomas, David	Manchester H	38.50	246	Montgomery, Derek	Western Bran	39.22
193	Smith, Patrick A	George C. Ma	38.50	247	Savage, Jahmari	Churchland	39.23
194	Dobbin, Zachary	Enloe	38.53	248	Moore, Tremaine	James River	39.27
195	Armentrout, Evan	Broadway	38.53	249	Magino, Hazael	Walter Johns	39.27
196	Baker, Landon	Millbrook	38.54	250	Omohundro, Grant	James River	39.28
197	Obispo, Jared	Springbrook	38.55	251	Link, Rowen	Mills Godwin	39.29
198	Johnson, James	Massaponax	38.56	252	Stubbs, Logan	Glen Allen H	39.30
199	Holmes, Zion	Mt. Hebron H	38.58	253	Morris, Giovanni	Millbrook	39.30
200	Luttrell, Jolonie	South County	38.59	254	McCoy, Robert	Smithfield	39.31
201	Allen, JT	Davie County	38.60	255	Cox, Tanner	Altavista Co	39.38
202	Kolb, Erik	Mills Godwin	38.61	256	Degn, William	Loudoun Vall	39.38
203	Oranubu, Nna	Walter Johns	38.61	257	Garnett, Jacob	James River	39.39
203	Petrov, Victor	Mills Godwin	38.61	258	Brooks, Nick	Altavista Co	39.41
205	Holland, Earnest	Bishop McNam	38.62	259	Pitt, John	Mt. Hebron H	39.41
206	Brewer, Deondre	South Garner	38.63	260	Jean-Baptiste, Jahsani	Western Bran	39.41
207	Anderson, Gavin	Battlefield	38.64	260	Patterson, Zach	Western Albe	39.41
208	Flowers, John Ross	Academy Park	38.65	262	Malouche, Aziz	McLean	39.42
209	Harvey, K'Vonta	Westlake Hig	38.68	263	Dipasupil, Dylan	W.T. Woodson	39.44
210	Boiteux, Lucas	Walter Johns	38.70	264	Ramos, Aries	Granby	39.44
211	Peters, Alex	Fairfax	38.71	265	Giron Martinez, Edwin	Springbrook	39.46
212	Shaw-Watson, Caleb	Fork Union	38.73	266	Kennedy, Jason	Springbrook	39.49
213	Brown, Kentwon	Reynoldsborg	38.74	267	Jones, Jamareeh	Highland Spr	39.51
214	Travis, Terry	Massaponax	38.74	268	Webb, Logan	Liberty	39.55
215	Nitzsche, Ben	Western Albe	38.78	268	Argentieri, Garrett	West Potomac	39.55
216	Moore, Blake	Loudoun Vall	38.78	270	Hill, Jasper	Woodrow Wils	39.56
217	Humphreys, Austin	Stone Bridge	38.79	271	Seeney, Christian	Brookville H	39.61
218	Joseph, Mervin	Green Hope	38.80	272	Carter, Brandon	James River	39.62
219	Stokes, Isaiah	Loudoun Vall	38.80	273	Lawrence, Amare	Bishop McNam	39.64
220	Wilson, Jeremiah	Salem (Roano	38.88	274	Mihill, Josh	Millbrook	39.65
221	Whigham, Colby	Bishop McNam	38.90	275	Borsum, Sean	Richard Mont	39.67
222	Lonon, Brian	Suitland Hig	38.90	276	Robles, Daniel	Herndon	39.69
223	Blount, Christopher	Nansemond Ri	38.91	277	Patterson, Imani	Western Bran	39.71
224	Stow, Samuel	Mills Godwin	38.91	278	Rabenda, Brandon	Deep Run	39.74
225	Barber, AJ	Northern-Cal	38.92	279	Absolu, McJuby	West Potomac	39.76
226	Mckensey, Dequane	John Marshal	38.93	280	Oluigbo, David	St. John's C	39.76
227	Elgin, Joseph	Herndon	38.95	281	Greenhow, Jordan	Glen Allen H	39.77
228	Vailes, Houston	Riverdale Ba	38.96	282	Uzochukwu, Benedict	Manchester H	39.79
229	Roberts, Javar-Malik	Bishop McNam	38.97	283	Bradford, Cason	Northern-Cal	39.81
230	Schalk, Julian	West Springf	38.98	284	Smith, Seth	Woodrow Wils	39.84
231	Brooks, Tristan	Western Bran	39.00	285	Hanks, Graysen	Mills Godwin	39.89
232	Barnett, Trevor	Millbrook	39.01	286	Johns, Tre	Damascus Hig	39.89
233	Stevens, CeQue	Suitland Hig	39.03	287	White, Kenyon	Suitland Hig	39.90
234	Junior Ndam, Cavour El Mou	Wakefield Hi	39.05	288	Morgan, Andrew	Massaponax	39.91
235	Xu, Adam	Oakton	39.06	289	Heffernan, Jordan	Walter Johns	39.94
236	Bell, David	Fork Union	39.06	290	Quinn, Zephan	Brookville H	39.98
237	Poulson, George	West Potomac	39.12	291	Tolbert, Malachi	Suitland Hig	39.98
238	Weber, Zachary	Westfield	39.13	292	Himes, Ethan	McLean	40.03
239	Ludwig, Cooper	South County	39.16	293	Elliot, Darius	Woodrow Wils	40.07
				294	Burruss, Boyd	Virginia Epi	40.08
				295	Harrington, Jason	George C. Ma	40.09

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 300 Meter Dash Open)

Name	School	Finals					
296	Reid, Nick	Parry McClue	40.10	350	Perry, Malachi	Suitland Hig	41.57
297	Bailey, David	Bishop McNam	40.13	351	Mills, Roman	St. John's C	41.58
298	Augustus, Tyrone	Suitland Hig	40.15	352	Merritt, Danny	Woodrow Wils	41.59
299	Backus, Donovan	DeMatha Cath	40.15	353	Reed, Zachary	Western Bran	41.66
300	Reavis, Sean	James River	40.16	354	Kum, Atsemformbi	James Hubert	41.68
301	Etti, William	St. John's C	40.22	355	Cary, Lawrence	Highland Spr	41.70
302	Le, Brian	Winston Chur	40.25	356	Gardner, Bennet	Haverford To	41.77
303	Jones, Brandon	Suitland Hig	40.25	357	Jennings, Makai	Churchland	41.78
304	Hurst, Cambel	Western Bran	40.28	358	Xereas, John	Battlefield	41.85
305	Christian, Caleb	Brookville H	40.29	358	Branch, Ellis	New Kent	41.85
306	Tarry, Micah	Highland Spr	40.30	360	Lloyd, Tyler	Battlefield	41.88
307	Rattigan, Sam	Asheville	40.30	361	Breimann, Kevin	Brookville H	41.93
308	Erickson, Liam	St. John's C	40.31	362	Ryder, Paul J	George C. Ma	41.99
309	Kegley, Roy	New Kent	40.36	363	Stephens, Tollam	Landmark Chr	41.99
310	Lavine, David	Fork Union	40.36	364	Luchtefeld, Marc	St. John's C	42.07
311	Dilworth, Parker	Riverdale Ba	40.37	365	Weaver, Matthew Don	James River	42.09
312	Hedgepeth, Risher	Blacksburg H	40.38	366	De'Leon, Nishan	Hidden Valle	42.12
313	Grace, Ethan S	George C. Ma	40.41	367	Lewis, Christian	Highland Spr	42.12
314	Carter, John	Pinecrest	40.45	368	Jones, Henry	Landmark Chr	42.19
315	Perry, Malique	Suitland Hig	40.47	369	Bridgwater, Jared	Liberty	42.27
316	Cole, Justin	Massaponax	40.47	370	Adamson, Nahseem	Suitland Hig	42.33
317	Greenhow, Darrius	Battlefield	40.52	371	Shultzaberger, John	Warren Count	42.37
318	Sun, Jonah	Haverford To	40.53	372	Foster, Denziel	Brookville H	42.41
319	Joyner, Bryson	Liberty	40.56	373	O'Brien, Gerald	Haverford To	42.45
320	Story, Christian	Landmark Chr	40.60	374	Curry, Kieran	Haverford To	42.47
321	Burton, Alexander	Washington L	40.64	375	Hayes Miller, Elijah	Woodrow Wils	42.49
322	Holloway, Chris	James River	40.65	376	Tompkins, Drew	Virginia Epi	42.53
323	Mansaray, Suliaman	Potomac Seni	40.66	377	Winston, Jordan	Highland Spr	42.54
324	Sledge, Solomon	Phoebus	40.68	378	Recinos-Baltodano, Jeremiah	Damascus Hig	42.58
325	Shi, Will	Blacksburg H	40.72	379	Padgett, Shane	Northside Hi	42.66
326	Prather, Logan	Pinecrest	40.76	380	Watson, Kameron	Highland Spr	42.68
327	Smith, David	Jamestown	40.79	381	Black, Ocir	Parkland Mag	42.74
328	Anderer, Maxwell	West Potomac	40.83	382	Thach, Paron	James River	42.76
329	Parker, Tristen	St. John's C	40.88	383	Jeffrey, Roger	Riverdale Ba	42.77
330	Clark, Caleb	Suitland Hig	40.89	384	Cook, James	Blacksburg H	42.78
331	Van Cleave, Joseph	Pinecrest	40.94	385	Roberts, Gardea	Suitland Hig	42.92
332	Zoellner, Mason	Blacksburg H	40.94	386	Argueta, Kelvin	Damascus Hig	43.06
333	Goins, Kevin	Marion	40.97	387	Shackelford, Haliym	Parkland Mag	43.16
334	Harris, Jeffrey	Alleghany	40.97	388	Brown, Kamion	Phoebus	43.23
335	Jones, Devin	Churchland	41.04	389	Polk, Ashton	Warren Count	43.28
336	Cole, Kristian	Suitland Hig	41.05	390	Powell, Nazir	Suitland Hig	43.38
337	Buckley, Josh	Virginia Epi	41.06	391	Redick, Ryan	Landmark Chr	43.38
338	Lewis, Spencer D	George C. Ma	41.18	392	Recinos-Baltodano, Nicholas	Damascus Hig	43.42
339	Lewin, Fabian	Woodrow Wils	41.25	393	Griffith, Dalton	Alleghany	43.43
340	Mayfield, Miles	Fork Union	41.27	394	Griffin, Malcolm	Suitland Hig	43.76
341	Davis, Keith	Suitland Hig	41.28	395	Cole, Jordon	Massaponax	43.76
342	Nyamu, Ethan	Potomac Seni	41.29	396	Herbert, David	Virginia Epi	44.00
343	Leach, Marvin	West Potomac	41.34	397	Trice, Jimmy	Massaponax	44.29
343	Dasher, Saed	Fork Union	41.34	398	Jones, Jordan	James River	44.34
345	Floriano, Giovanni	Western Bran	41.39	399	Newell, Christian	Suitland Hig	44.47
346	Whitmore, Levaughn	Suitland Hig	41.39	400	Deverin, Jack	Blacksburg H	44.50
347	Whorley, Christian	Liberty	41.42	401	Watts, Liam B	George C. Ma	44.80
348	St. Martin, Ethan	Blacksburg H	41.44	402	Roberson, Caleb	James River	44.86
349	Robles, Stephen	St. John's C	41.46	403	Dodson, Richard	Suitland Hig	45.01
				404	Tillman, Diollo	Suitland Hig	45.06
				405	Pauley, Steven	Brookville H	45.33

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 300 Meter Dash Open)

Name	School	Finals
406 Purdie, JeMar	Suitland Hig	45.48
407 Hobbs, Karon	Suitland Hig	45.60
408 Asbrand, Sean	Blacksburg H	46.01
409 Ross, Jackson	Alleghany	46.07
410 Varvel, Jake	James River	46.21
411 Mowles, Lewis	Hidden Valle	46.37
412 Moore, Jimmy	Massaponax	46.88
413 Ford, Zavad	Highland Spr	47.18
414 Alonzo, Cody	Warren Count	47.23
415 Blathers, Jaylin	Highland Spr	47.79
416 Hazoume, Glory	Suitland Hig	48.14
417 Powers, Bradley	Landmark Chr	48.47
418 Tonkins, Josiah	James River	48.50
419 Wright, Jaylen	James River	48.96
420 Khedliev, Yusuf	James River	49.12
421 Storck, Sam	Landmark Chr	49.32
422 Gilmore, Thuriel	Riverdale Ba	54.21
423 Salmon, Lloyd Cole	James River	56.35
424 Ediale, Osi	Landmark Chr	57.00
--- Hatchett, Connor	Massaponax	NT
--- Travis, Derek	Mills Godwin	NT
--- Edmonds, Nasir	Churchland	NT
--- Washington, Devin	Henry A. Wis	NT

Boys 1600 Meter Run Open

Facility: 4:15.87 * 2020

Daniel O' Brien

Name	School	Finals
1 Gilbertson, Zack	Pinecrest	4:25.67
2 Applebaum, Elias	Richard Mont	4:25.98
3 Sylvia, Tyler	First Flight	4:26.34
4 Taylor, Joseph	Western Albe	4:27.08
5 Muldoon, Jack	Severna Park	4:27.78
6 Beck, David	Harrisonburg	4:28.05
7 Stern, Josh	Satellite Hi	4:28.28
8 Vogel, John	Jamestown	4:28.68
9 Dennison, James	Severna Park	4:28.69
10 Serrano, Casper	Panther Cree	4:29.41
11 Myers, Cole	Hanover	4:29.43
12 Archer, Adrian	Pinecrest	4:29.61
13 Gugs, Yabsira	Paint Branch	4:29.62
14 Goldenberg-Hart, Aidan	Richard Mont	4:29.65
15 Smith, Devin	Westlake Hig	4:29.70
16 Borden, Ryan	Freedom (Sou	4:29.70
17 Lamberson, Luke	James River	4:29.72
18 Kleckner, Elliott	Croatan	4:29.83
19 Malave, Sebastian N	George C. Ma	4:30.04
20 Barron, David	Westfield	4:30.39
21 Hayes, Justin	Panther Cree	4:30.55
22 Arner, Michael	Colonial For	4:30.59
23 Morse, Zachary	Oakton	4:30.61
24 Ellinger, Jackson	Langley	4:30.67
25 Fair, Silas	Fairfax Chri	4:30.73
26 Emmert, Nicholas	Louisa Count	4:30.85

27 Boyce, Timothy	Northwood Hi	4:31.10
28 Esatto, Timothy	Loudoun Vall	4:31.11
29 Engleman, Nick	Severna Park	4:31.21
30 Steinau, Hunter	Annapolis Ar	4:31.47
31 Buttrey, Bryce	Oakton	4:31.70
32 Daggett, Josh	Riverbend Hi	4:31.77
33 Spiva, Oliver	Washington L	4:31.88
34 Kraver, Josh	Satellite Hi	4:31.98
35 May, Dylan	Parry McClue	4:32.10
36 Pisa, Corey	L.C. Bird	4:32.10
37 Babyak, Johnny	Smithfield	4:32.34
38 Lebahn, Kyle	Westfield	4:32.48
39 Taylor, Daron	Harford Tech	4:32.58
40 Arellano, Christian	Loudoun Vall	4:32.58
41 Brosius, Jack	Pope John Pa	4:32.64
42 Eshetu, Henok	Northwood Hi	4:32.66
43 Schihl, Mickey	Cuthbertson	4:32.69
44 Weldon, Kyle	Potomac Seni	4:32.75
45 Hagerich, Ben	Glen Allen H	4:32.96
46 Fofana, Lamine	Northwood Hi	4:33.02
47 Mussmon, Graham	Loudoun Vall	4:33.07
48 Marks, Jacob	Walter Johns	4:33.43
49 Von Ville, Michael	Hudson	4:33.54
50 Hewitt, Alex	Battlefield	4:33.68
51 Taylor, Michael	Green Hope	4:34.03
52 Schell, Andrew	Walter Johns	4:34.40
53 Hauf, Jacob	Mt. Hebron H	4:34.60
54 Pendergast, Ryan	Heritage (Le	4:34.65
55 Nichols, Colter	Providence D	4:34.76
56 Ackley, Connor	Hil. Davidso	4:35.17
57 Johnson, Colton	Paul VI HS	4:35.49
58 Bendura*, Jordan	Deep Run	4:35.60
59 Good, Luke	Hudson	4:35.65
60 Concepcion, Kenneth	Deep Run	4:35.72
61 Zebrowski*, Connor	Deep Run	4:35.74
62 Smith, Stephen	Albemarle	4:36.09
63 Naseh, Harris	Albemarle	4:36.11
64 Rodriguez, Jayson	Grassfield	4:36.18
65 King, Wendesen	Reynoldsborg	4:36.27
66 Pohlsander, Nate	West Springf	4:36.34
67 Clark, Zachary	Cleveland Hi	4:36.78
68 Johnson, Patrick	New Kent	4:36.88
69 Sterne, Row	Virginia Epi	4:36.97
70 Swinton, Akel	Bethel	4:37.07
71 Kelley, Stephen	Ocean Lakes	4:37.12
72 Uwimana, Yves	Glen Allen H	4:37.30
73 Carter, Wade	Glen Allen H	4:37.36
74 Davis, Seth	Reynoldsborg	4:37.42
75 Morris, Joseph	Battlefield	4:37.55
76 Sullivan, Eddie	Severna Park	4:37.62
77 Leath, Jared	Bullis Schoo	4:37.92
78 MacKnight, J.D.	Albemarle	4:38.23
79 Sanford, AJ	The Haverfor	4:38.24
80 Taylor, Zachary	Harford Tech	4:38.35
81 Winslow, Lleyton	The Haverfor	4:38.73
82 Bezuneh, Nathan	St. Stephen'	4:38.76

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 1600 Meter Run Open)

Name	School	Finals					
82	Blumenthal, Dylan	Woodrow Wils	4:38.76	137	Lozano, Chris	West Springf	4:45.41
84	Gilbert, Nate	Hil. Davidso	4:39.01	138	Staton, Dj	Warren Count	4:45.42
85	Price, Taylor	Smithfield	4:39.03	139	Kozlowski, Nick	Mentor	4:45.71
86	Gomez, Eric	Springbrook	4:39.26	140	Walsh, William	Cuthbertson	4:45.98
87	Baldwin, Spencer	Reagan	4:39.45	141	Dickinson, Luke	Satellite Hi	4:46.09
88	Gallo, Xavier	Hil. Davidso	4:39.48	142	Hawkins, Luke	West Springf	4:46.26
89	Tomlin, Trevor	Parry McClue	4:39.62	143	Puhl, Nick	Hil. Davidso	4:46.35
90	Morris, Justin	St. Peter's	4:39.69	144	White, Mason	Manchester H	4:46.68
91	Coleman, Ethan	Hanover	4:39.82	145	McKee, Reece	Charlottesvi	4:46.75
92	Underwood, David	West Potomac	4:39.86	146	Ryan, Alexander	Stone Bridge	4:46.79
93	Desai, Milan	Panther Cree	4:39.97	147	Rigsby, Cameron	Mentor	4:46.82
94	Amisano, Gabe	Northern-Cal	4:40.08	148	Hudnall, Jesse	Christiansbu	4:47.06
95	Dinkel, Landon	Blacksburg H	4:40.19	149	Cook, Bryson	Lord Botetou	4:47.27
96	Rosin, Ben	Germantown F	4:40.20	150	Bangser, Seth	Walter Johns	4:47.38
97	O'Donnell, John	West Springf	4:40.21	151	Montrey, Casey	Washington L	4:47.52
98	Wilson, Lamar	Northwood Hi	4:40.26	152	Steger, Colby	Satellite Hi	4:47.63
99	Riolo, Andrew	Providence D	4:40.42	153	Anthony, Duncan	Herndon	4:47.65
100	McGrath, Tucker	Harrisonburg	4:40.72	154	Johnson, Carter	Millbrook	4:47.69
101	King, Cameron	Northern-Cal	4:40.83	155	Hudson, Alex	Hil. Davidso	4:47.81
102	Simhony, Yariv	Walter Johns	4:40.90	156	Simonelli, Christopher	Millbrook	4:47.82
103	Burd, Henry	Winston Chur	4:41.12	157	Williams, Connor	Nansemond Ri	4:47.98
104	Habas, Adam	Providence D	4:41.19	158	Sterling, Eli	Blacksburg H	4:48.19
105	Kallen, Thomas	Western Albe	4:41.94	159	Henning, George	Atlee	4:48.29
106	Toole, Roan	Langley	4:42.03	160	Sokoll, Johnny	St. Peter's	4:48.39
107	Huq, Elham	Oakton	4:42.09	161	Snyder, Nicholas	Mt. Hebron H	4:48.46
108	Khan, Hayat	Prince Edwar	4:42.24	162	Green, Cade	Blacksburg H	4:48.53
109	Cale, Ben	Green Hope	4:42.46	163	Carter, Paul	Mt. Hebron H	4:48.54
110	Jaje, Alex	Academy Park	4:42.60	164	Bendura, Joshua	Deep Run	4:48.55
111	Stephenson, Tafari	Bowie High S	4:42.63	165	Sanders, Sean P	George C. Ma	4:48.56
112	Sagrilla, RJ	Hil. Davidso	4:42.65	166	Kelley, Yakob	Bishop O'Con	4:48.62
113	Lynam, Bobby	Germantown F	4:42.65	167	Martin, Damon	Old Mill Hig	4:48.70
114	Himmelfarb, Joe	Woodrow Wils	4:42.92	168	Espinola, Martin	South County	4:48.77
115	Bonner, Will	Western Albe	4:42.96	169	Corea, Lucas	Richard Mont	4:48.90
116	Hoyer, Zachery	Salem (Roano	4:43.10	170	Hoffman, Bradley	River Hill H	4:48.99
117	Scott, Alex	Walter Johns	4:43.11	171	Fulcher, Garreth	Reagan	4:49.00
118	McManus, Charles	Germantown F	4:43.17	172	Lin, Kevin	Reagan	4:49.08
119	Burns, Graeme	Satellite Hi	4:43.32	173	Myaing, Dylan	E.C. Glass	4:49.17
120	Goldberg, Matthew	Germantown F	4:43.38	174	Basford, Nathaniel	Satellite Hi	4:49.23
121	Wilkins, Dominic	Forest Park	4:43.56	174	Julapalli, Sumedh	Freedom (Sou	4:49.23
122	Yeager, Clay	Juniaata	4:43.67	176	Dalseth, Lucien	Germantown F	4:49.34
123	Teter, Chris	St. John's C	4:43.71	177	Weisberg, Alexander	Patriot High	4:49.39
124	McBride, Liam	Green Hope	4:43.95	178	Kretzer, Rory	West Potomac	4:49.41
125	Colford, Brady	Cardinal Gib	4:44.05	179	Messer, Mitchell	Hil. Davidso	4:49.48
126	Chandler, Kedryn	Parry McClue	4:44.22	180	Bolger, Aidan	Ocean Lakes	4:49.48
127	Williams, Jeriel	Springbrook	4:44.29	181	Richardson, Tyler	Old Mill Hig	4:49.61
128	Moyer, Braedon	Mt. Hebron H	4:44.30	182	Lindsay, Owen	Deep Run	4:49.62
129	Pease, Noah	Hil. Davidso	4:44.38	183	Lawson, Anthony	Haverford To	4:49.63
130	Simmons, Lucas	Western Bran	4:44.53	184	Whipp, Aidan	Oakton	4:49.72
131	Burns, Willie	Potomac Seni	4:44.53	185	Misura, Andrew	Winston Chur	4:49.74
132	Kleckner, Cooper	Croatan	4:44.65	186	Verchick, Curt	Union Pines	4:49.91
133	Craig, Dillon	Christiansbu	4:44.83	187	Sivils, Trent	Stonebridge	4:49.97
134	Hanaf, El-Amir	L.C. Bird	4:45.18	188	Hull, Evan	Pulaski Coun	4:49.97
135	Weber, Reid	Northern	4:45.28	189	Stevens, Zachary	James River	4:50.06
136	Tirrell, Jackson	Battlefield	4:45.36	190	Montes, Jett	Fork Union	4:50.21
				191	Gray, Nathaniel	Walter Johns	4:50.23
				192	Frew, Quin	McLean	4:50.23

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 1600 Meter Run Open)

Name	School	Finals					
193	Counts, Levi	Alleghany	4:50.33	247	Gigrich, Thomas	South County	4:57.42
194	Lykins, Spencer	Pincrest	4:50.48	248	Formica, Hayden	McLean	4:57.43
195	Cavanagh, Drew	Ocean Lakes	4:50.60	249	Lawson, Patrick	Haverford To	4:57.57
196	Wiseman, Jonathan	Millbrook	4:50.85	250	Smith, John Alfred	Providence D	4:57.58
197	Keeley, Jay	Reagan	4:51.00	251	Martin, Bryce	Pulaski Coun	4:57.60
198	Vorster*, Matthew	Deep Run	4:51.25	252	McGehee, Spencer	Blacksburg H	4:57.71
199	Ryan, Jonathan	Cosby	4:51.27	253	Good, Matt	Hudson	4:57.92
200	Murray, Ryan	Haverford To	4:51.30	254	Hurst, Cooper	Western Bran	4:57.96
201	Kifle, Nahome	Potomac Seni	4:51.34	255	Whitney, Zach	Hil. Davidso	4:58.12
202	Pascali, Ajibu	Northwood Hi	4:51.38	256	Cook, Eli	Charlottesvi	4:58.14
203	Porter, Jacob	Radford High	4:51.39	257	Strauch, Benjamin	Winston Chur	4:58.23
204	Adams, Jake	West Springf	4:51.52	258	Ryan, Matthew	Stone Bridge	4:58.45
205	Tompkins, Luke	Jamestown	4:51.61	259	Kurak, Jacob	Green Hope	4:58.73
206	Donaldson, Andrew	James River	4:51.66	260	Foltz, Sam	Northern-Cal	4:58.92
207	Doran, Colin	Patriot High	4:51.70	261	Poff, Evan	Lord Botetou	4:59.04
208	Bibeau, Zachary	Blacksburg H	4:51.75	262	Young, Ryan	Deep Run	4:59.10
209	Sowers, Maxton	West Potomac	4:51.87	263	Negron, Joseph	Cosby	4:59.15
210	Walsh, Colin	Virginia Epi	4:51.96	264	Scharfe, Brayden	Ocean Lakes	4:59.16
211	Hulleman, Calvin	Harrisonburg	4:52.04	265	Buckley, Colin	Hil. Davidso	4:59.18
212	Barnett, Benjamin	E.C. Glass	4:52.10	266	Myers, Nolan	Millbrook	4:59.25
213	Hassen, Hayrenzy Redi	Springbrook	4:52.37	267	Rigsby, Cole	Mentor	4:59.55
214	Hayden, Nicholas	Millbrook	4:52.39	268	Gidley, Jack	Cardinal Gib	4:59.56
215	Woodward, Ethan	Richard Mont	4:52.51	269	Fisher, Noah	Richard Mont	4:59.65
216	Frick, Dorian	Glen Allen H	4:52.81	270	Sanders, Aiden	George C. Ma	4:59.74
217	Palmer, Mitchell	Stone Bridge	4:52.96	271	Holland, Parker	Glen Allen H	4:59.80
218	Jones III, Michael	Western Bran	4:53.06	272	Harris, Ryan	Granby	5:00.06
219	Hewitt, Ian	Battlefield	4:53.18	273	Casey, Harper	West Potomac	5:00.33
220	Ververs, Ryan	Mt. Hebron H	4:53.23	274	Bill, Kevin	Manchester H	5:00.64
221	Daniels, Kyle	Deep Run	4:53.95	275	Byrne, Henry	Hil. Davidso	5:00.65
222	Ballinger, Cameron	Nansemond Ri	4:54.30	276	Roop, Landon	Radford High	5:00.78
223	Scheeres, Erik	Green Hope	4:54.32	277	Lulseged, Robel	Fork Union	5:00.81
224	Hansen, Rocky	Christ Schoo	4:54.33	278	Hawkins, Alex	Lord Botetou	5:00.87
225	Demisse, Kuma	Paint Branch	4:54.42	279	Edmondson, Liam	St. John's C	5:00.88
226	Mason, Aidan	Satellite Hi	4:54.45	280	Pabis, Cy	E.C. Glass	5:00.97
227	Larsen, Jakob	Glen Allen H	4:54.53	281	Kiewel, Julius	Oakton	5:01.17
228	Coddington, Oscar	Blacksburg H	4:54.53	282	Melanson, Evan	Smithfield	5:01.48
229	Coello, JC	Stone Bridge	4:54.53	283	Lowry, Johnny	Blacksburg H	5:01.50
230	Kaye, Henry	Richard Mont	4:54.56	284	Mbuashu-Ndip, Joshua	Laurel High	5:01.65
231	Mostoufi, Kian	River Hill H	4:54.67	285	Martin, William	Battlefield	5:01.69
232	Reeves, Dawson	Christ Schoo	4:54.77	286	Woodhouse, Bradford	Oakton	5:01.72
233	Pemmaraju, Vinamr	Richard Mont	4:54.88	287	Hayes, Nate	Reagan	5:01.97
234	Mirabello, Rob	Washington L	4:54.93	288	Tennant, Edison	Charlottesvi	5:01.99
235	Lydon, Zachary	West Potomac	4:55.08	289	Crosen, Chance	Millbrook	5:02.10
236	Rai, Valmik	South County	4:55.21	290	Lewis, Zach	Hil. Davidso	5:02.13
237	Weeks, Tyler	West Springf	4:55.31	291	Rivera, Allanzo	Jamestown	5:02.14
238	Ferro, Josh	Deep Run	4:55.65	292	Roach, Jonas	Blacksburg H	5:02.15
239	Goerlich, Jonathan	Blacksburg H	4:55.76	293	Johnson, Kai	Millbrook	5:02.28
240	Perez, Luke	Hil. Davidso	4:55.83	294	Hancock, Prinvio	Norview	5:02.41
241	Vorster, Mark	Deep Run	4:56.14	295	Slovak, Nicholas	Bishop O'Con	5:02.48
242	Higgins, Julien	Winston Chur	4:56.35	296	O'Donnell, Liam	Cardinal Gib	5:02.75
243	Lanzilotta, Matthew	Ocean Lakes	4:56.50	297	Lucas, Christopher	Bishop O'Con	5:02.80
244	Davis, Marsellis	Reynoldsbu	4:56.81	298	Chung, Jay	Hil. Davidso	5:02.87
245	Slater, Tim	Prince Edwar	4:57.09	299	O'Donnell, Aidan	Cardinal Gib	5:03.06
246	Schmitt, Ben	Blacksburg H	4:57.34	300	Honaker, Erik	Alleghany	5:03.14
				301	Maloney, Connor	Oakton	5:03.26
				302	Kelly, Chris	St. Peter's	5:03.27

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 1600 Meter Run Open)

Name	School	Finals					
303	Rutherford, Conner	Blacksburg H	5:03.31	357	McMichael, Connor	Stone Bridge	5:16.98
304	King, Wes	Pulaski Coun	5:03.33	358	Poore, Carson	Sun Valley	5:17.10
305	Rodriguez, Cesar	McLean	5:03.38	359	Newsom, Lennon	Jamestown	5:17.34
306	Castillo, Jacob	Phoebus	5:03.57	360	Barhart, Wilhelm	Altavista Co	5:17.35
307	McCue, Evan	Western Bran	5:03.93	361	Paye, Gavin	Blacksburg H	5:17.40
308	Brooks, Harrison	Deep Run	5:04.32	362	Surakov, Alex	Oakton	5:17.50
309	Siegfried, Robbie	Cosby	5:05.20	363	Whitside, Brady	Hil. Davidso	5:17.58
310	McCue, Logan	Western Bran	5:05.47	364	Cheng, Mitchell	Stone Bridge	5:18.15
311	Ryan, Quentin	Haverford To	5:05.52	365	Schindler, Josh	Virginia Epi	5:18.18
312	Duncan, Logan	Stone Bridge	5:05.62	366	Schnipke, Owen	Hil. Davidso	5:18.39
313	Scalf, Evan	Pinecrest	5:05.91	367	Elivert 2nd, Roosevelt	Bishop McNam	5:18.82
314	Viener, Adam	Deep Run	5:05.93	368	Stevens, Gavin	Northern-Cal	5:19.17
315	Donovan, Simon	Germantown F	5:05.94	369	Ouderkerk, Thomas	Western Bran	5:19.24
316	Lim, Josiah	Damascus Hig	5:06.02	370	Deschler, Randall	Alleghany	5:19.84
317	Davis, Zach	Blacksburg H	5:06.64	371	Metty, Jackson	North Brunsw	5:20.01
318	Green, Cashion	James River	5:06.87	372	Trout, Eric	Hil. Davidso	5:20.59
319	Cook, Thomas	Virginia Epi	5:07.03	373	Pearsall, Owen	Northern-Cal	5:20.99
320	Hunt, Chasen	Brookville H	5:07.21	374	Khan, Saad	Prince Edwar	5:21.21
321	Thomas-Jordan, Rhayquan	Woodrow Wils	5:07.36	375	Chebochok, Brian	Central High	5:21.27
322	Munro, Luke	Deep Run	5:07.40	376	Tussey, Kalen	Stone Bridge	5:21.59
323	DeSilva, Nick	Hil. Davidso	5:07.44	377	Lenahan, Patrick	Stone Bridge	5:21.71
324	Hickey, Michael	Bishop O'Con	5:07.54	378	Glass, Glenn	Jamestown	5:22.60
325	Jones, Conner	Reagan	5:07.76	379	Salaani, Yousef	Hil. Davidso	5:23.60
326	Clark, Ryan	Hil. Davidso	5:07.85	380	Brownfield, Tyshawn	Westlake Hig	5:23.79
327	Stine, Derrick	Northern	5:08.11	381	Robinson, Patrick	St. John's C	5:23.79
328	Gates, Evan	Lord Botetou	5:08.45	382	Swartzwelder, Zach	Blacksburg H	5:23.81
329	Mitchell, Jaime	Woodrow Wils	5:08.79	383	Kafka, Alexander	Hil. Davidso	5:24.50
330	Hayes, Hudson	Union Pines	5:09.17	384	Loar, Michael	Western Bran	5:25.31
331	Baker, Christopher	Woodrow Wils	5:09.22	385	Weltens, Thomas	Radford High	5:25.35
332	Hepner, Jaden	Northern	5:09.27	386	Fitzpatrick, Michael	Asheville	5:25.53
333	Robinson, Everett	Louisa Count	5:09.44	387	D'Ascoli, Samuel	Deep Run	5:26.33
334	Sweeney, Thomas P	George C. Ma	5:10.12	388	Rennyson, Brady	E.C. Glass	5:27.06
335	Horton, William	Winston Chur	5:10.15	389	Schmid, Spencer T	George C. Ma	5:27.52
336	shepard, brandon	Prince Georg	5:10.48	390	Klug, Ryan	Wakefield Hi	5:27.60
337	Galligan, John	Haverford To	5:10.60	391	Patrissy, Thomas	St. Peter's	5:27.87
338	Ferrante, Matthew	Fairfax Chri	5:11.17	392	Gosser, Richard	Woodrow Wils	5:28.34
339	Gorman, Peter	Deep Run	5:11.34	393	DeCanio, Michael	St. Peter's	5:28.70
340	Landis, Noah	James River	5:11.51	394	Banks, Toby	Hil. Davidso	5:28.77
341	Templeton, Gabe	Stone Bridge	5:11.73	395	Hasty, Caleb	Western Bran	5:28.86
342	Wallace, James	Blacksburg H	5:11.78	396	Hedgepeth, Azat	Blacksburg H	5:29.11
343	Alsko, Adam	Hil. Davidso	5:11.88	397	Naughton, Henry	Oakton	5:29.14
344	Cozart, Tyler	Southern Dur	5:11.95	398	Hergenton, Sam	Altavista Co	5:31.77
345	Ermann, Zachary	Blacksburg H	5:12.00	399	Hodnett, Jacob	Lord Botetou	5:32.69
346	Durr, Justin	Western Bran	5:12.69	400	Recinos-Baltodano, Nicholas	Damascus Hig	5:33.15
347	Lampert, Reid	Jamestown	5:13.39	401	Hand, Nathan	Hil. Davidso	5:33.35
348	Sink, Connor	Cosby	5:13.48	402	Salks, Jeremy	Marion	5:34.78
349	Williams, Bela	Blacksburg H	5:14.36	403	Bishop, Kellen	Radford High	5:35.03
350	Lehman, Nate	Blacksburg H	5:14.94	404	Recinos-Baltodano, Jeremiah	Damascus Hig	5:37.67
351	Lewis, Derek	Oakton	5:15.67	405	Cross, Jack	Christ Schoo	5:39.08
352	Stageman, Allen	Asheville	5:15.91	406	Kenney, Tyler	Woodrow Wils	5:42.07
353	Kenny, Isaiah	Deep Run	5:16.27	407	Hinks, Parker	New Kent	5:45.03
354	Lewis, Nathan	Blacksburg H	5:16.30	408	Yogish, Archith	Hil. Davidso	5:45.49
355	Tesfay, Efeson	West Potomac	5:16.51	409	Butler, Alex	Satellite Hi	5:52.89
356	De Lude, Daniel	St. John's C	5:16.60	410	Schmidt, Tyler	Hil. Davidso	5:54.77
				411	Rudolph, Abel	James River	5:56.32
				412	Desilva, Zach	Hil. Davidso	6:06.98

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 1600 Meter Run Open)

Name	School	Finals
413 Miller, Gabe	Alleghany	6:38.73

Boys 55 Meter Hurdles Open

National HS: 6.88 # 2017 Trey Cunningham
Facility: 7.13 * 2017 Cory Poole

Name	School	Prelims
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Preliminaries

1 Vick, Brahmir	Middletown H	7.31q
2 Bourne, Michael	Cosby	7.43q
3 Evans, Roland	Western Bran	7.47q
4 Wilson, Marcus	Patriot High	7.51q
5 Midgett, Keyandre	Highland Spr	7.59q
6 Thomas, Kevin	The Haverfor	7.60q
7 Imhotep, Nazir	Western Bran	7.69q
8 Getzen, Shawn	Digital Harb	7.73q
9 Wilson, Jeremiah	Salem (Roano	7.74
10 Thomas, Trevor	Colonial For	7.79
11 Hardy, Deondre	Nansemond Ri	7.80
12 Bullock, Jieem	North Brunsw	7.82
13 Alexander, Dominique	Millbrook	7.84
14 Brown, Eric	Enloe	7.87
15 Kirk, Jaquez	Salem (Virgi	7.88
16 Wynder-Hill, Camren	Norview	7.88
17 Allen, Timothy	William Flem	7.90
17 Paul, Mario	Paul Dunbar	7.90
19 Slack, Curry	Smithfield	7.91
20 Wall, Mehki	Dudley	7.92
21 Blake, Jahee	Heritage (Ly	7.95
22 Smith, Julian	Paint Branch	7.95
23 Grimes, Garrett	Green Hope	7.99
24 Lightbourne Jr., Ryan	Maury High S	8.05
25 Goggins, Aaron	Western Bran	8.06
26 Sullivan, Henry	Western Albe	8.07
27 Cherry, Wayon	Western Bran	8.11
28 Miller, Mason	Loudoun Vall	8.12
29 Broiles, Winston	Battlefield	8.13
30 Johnson, James	Massaponax	8.13
31 Djan, Peter	Potomac Seni	8.14
32 Norris, Mitchell	Asheville	8.14
33 Hall, Ajuani	Paint Branch	8.15
34 Franklin, Chase	Old Mill Hig	8.16
35 Phillips, Sage	DeMatha Cath	8.17
36 Agard, Eldon	Sherando	8.17
37 Young, Ethan	Blacksburg H	8.19
38 Shorter, Jayden	Western Bran	8.19
39 Gardner, Miles	Christ Schoo	8.20
40 Aiken, Jahmir	Bethel	8.22
41 Burks, Marquise	Bowie High S	8.29
42 Magino, Hazael	Walter Johns	8.33
43 Thompson, Joshua	St. John's C	8.33
44 Luster Jr, Antuon	Bethel	8.34
45 Praise, Judah	Jefferson Fo	8.35
46 Idore, Isaiah	Amherst Coun	8.36
47 Carlisle, Geoffrey	Battlefield	8.36

48 Jones, Micah	William Flem	8.39
49 Adarkwa, Derek	Potomac Seni	8.41
50 Obispo, Jared	Springbrook	8.42
51 Alleyne, Carlos	Salem (Roano	8.42
52 Mercurio, Steven	Loudoun Vall	8.47
53 McRae, Jacobe	Dudley	8.48
54 Prestidge, Casey	McLean	8.50
55 Emmons-Mayo, Jeremiah	Lord Botetou	8.52
56 Roberts, Javar-Malik	Bishop McNam	8.55
57 Haigood, Tysean	West Springf	8.56
58 Bin-Shimkeya, Raiyan	South County	8.57
59 Heck, Ryan	Manchester H	8.58
60 Gaines, Carl	C.D. Hylton	8.59
61 Myers, Cameron	Sherando	8.60
62 Morgan, Lamar	Old Mill Hig	8.62
63 Sanders, Christopher	Bethel	8.64
64 Dailey, Brandon	Westfield	8.66
65 Asare, Henry	Fork Union	8.67
66 Ligons, Gahques	Reagan	8.71
67 Uzochukwu, Benedict	Manchester H	8.74
68 Agyei, Stephen	Laurel High	8.75
69 Suthers, Layne	Pulaski Coun	8.78
69 Cavaleri, Chris	Paul VI HS	8.78
71 Crawford, Leon	Grassfield	8.78
72 Oluigbo, David	St. John's C	8.80
73 Schalk, Julian	West Springf	8.82
74 Standfield, Christian	Mt. Hebron H	8.86
75 Bradford, Cason	Northern-Cal	8.91
76 Crowe, Mike	Blacksburg H	8.92
77 Tolton, Elijah	Charlottesvi	8.96
78 Stevens, Jaylan	Western Bran	9.05
79 Moore, Kai	Liberty	9.05
80 Watts, Liam B	George C. Ma	9.06
81 Jean-Baptiste, Jahsani	Western Bran	9.08
82 Creadon, Reese	Wakefield Hi	9.09
83 Bell, Jayson	Westfield	9.11
84 Delgado, Justin	Wakefield Hi	9.14
85 Kouassi-Brou, N'Sikan	Fork Union	9.15
86 Patterson, Imani	Western Bran	9.29
87 Clark, Jonah	Lord Botetou	9.29
88 Reid, Khalil	Hanover	9.29
89 Carter, Daron	Bishop McNam	9.37
90 Greenhow, Darrius	Battlefield	9.37
91 McConaghie, Shane	Westfield	9.39
92 Windsor, Lennox	Cuthbertson	9.46
93 Humphries, Matthew	Winston Chur	9.62
94 Terry, Aiden	Northside Hi	9.68
95 McGraw, Erik	Woodrow Wils	9.79
96 Booker, Mekhi	Highland Spr	9.86
97 Billingslea, Marcus	Fork Union	9.86
98 Howard, Zach	William Byrd	10.06
99 Skipwith, Chris	Potomac Seni	10.14
100 Hotung-Davidsen, Magnus	Oakton	10.31
101 Dilworth, Parker	Riverdale Ba	10.40
102 Lee, GiAndre	Digital Harb	10.42
103 Lloyd, Tyler	Battlefield	10.45

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Preliminaries ... (Boys 55 Meter Hurdles Open)

Name	School	Prelims
104 Wilson, DaRon	Salem (Roano	10.61
105 Richards-Baker, Painter	Christ Schoo	10.80
106 Johnson, Xavier	Highland Spr	11.26
107 Ford, Zavad	Highland Spr	11.49
108 Patterson, RJ	Highland Spr	14.16
109 Desta, Simon	West Springf	14.28
110 Johnson, Brandon	East Forsyth	15.67
--- Ojo, Isaac	Laurel High	FS
--- Jones, Ky'eve	Granby	DNF

Boys 4x55 Meter Shuttle Hurdle Open

National HS: 28.62 # 2017 East Orange, NJ

Lindo, Poole, Dunson, Fobay

Facility: 30.26 * 2018 Oscar Smith HS

Team	Relay	Finals
1 Digital Harb	A	32.16
2 Western Bran	B	33.42

Boys Long Jump Open

National HS: 26-06.50 # 1989 Dion Bentley

Facility: 25-04.50 * 2019 Erik Eckleben

Name	School	Finals
1 Wilkins, VJ	Reagan	22-05.00
2 Gaddy, T Jaden	Pinecrest	21-07.50
3 Buenviaje, Ethan	Grassfield	21-04.50
4 Green, Josh	Reagan	21-02.50
5 White, Jaylen	Phoebus	21-02.00
6 Walker, Nile	Middletown H	21-01.00
7 Lamb, Antonio	Churchland	21-00.00
8 Purvis, Jordan	Southern Dur	20-11.50
8 Williams, Brandon	Old Mill Hig	20-11.50
10 Phelps, Christian	Cuthbertson	20-09.75
11 Folorunso, Oluwatobi	River Hill H	20-09.00
12 Morgan, James	Dudley	20-08.00
13 Lloyd, Trey	Brookville H	20-07.50
13 Revels, Shavon	Reagan	20-07.50
15 Poag, Ivan	Davie County	20-05.25
16 Harari, Jackson	Wakefield Hi	20-05.00
17 Smith, Joshua	Landmark Chr	20-04.75
18 Redman, Rodney	Westfield	20-03.25
19 Ferguson, Tahj	Bloomfield H	20-02.50
20 Wood, Zavion	Salem (Roano	20-02.25
21 Becker, Bryce	Liberty	20-01.50
22 Sickels, Jordan	Battlefield	20-01.00
23 Thompson, Joshua	St. John's C	20-00.50
24 Shorter, Jayden	Western Bran	20-00.00
25 Cuthrell, Isaiah	Davie County	19-11.50
26 Brown, Reshaud	Prince Edwar	19-11.00
26 Dowd, Xavier	Pinecrest	19-11.00
28 West, Eli	William Byrd	19-10.50
29 Gregory, Ethan	Oakton	19-10.00
29 Russell, Todd	Battlefield	19-10.00

29 Huang, Ian	Oakton	19-10.00
32 Matthews, Wesley	DeMatha Cath	19-09.75
33 Land, Cevion	Maury High S	19-09.50
34 Bellinga, Joshua	Woodrow Wils	19-09.25
35 Barber, Isaac	New Kent	19-08.75
36 Bauman, Josh	Northern-Cal	19-08.00
37 Hatchett, Connor	Massaponax	19-07.25
38 Miller, Mason	Loudoun Vall	19-06.00
38 Cromwell, Brian	Franklin Cou	19-06.00
38 McDowney, Jordan	Highland Spr	19-06.00
41 Lupunga-Phillips, Katala	Walter Johns	19-04.50
42 Sales, Patrick	Heritage (Ly	19-04.25
43 Scott, Abram	Blacksburg H	19-04.00
44 Gregory, Daylan	L.C. Bird	19-03.75
45 Teasley, Myles	Cuthbertson	19-02.50
46 Sigel, Nathan	McLean	19-01.00
46 Hairston, Jovonnee	Maury High S	19-01.00
48 Wright, Jeremiah	Osborn Park	19-00.00
48 Bowers, Samuel	Parkland Mag	19-00.00
50 Mosley, Ruben	West Springf	18-11.75
51 Robinson, Bryson	Davie County	18-10.00
51 Harris Jr., Wade	Pinecrest	18-10.00
51 Vaughn, J'Sai	South Garner	18-10.00
51 Gary, Xavier	DeMatha Cath	18-10.00
55 Kola-Adewuy, Kolade	Bishop McNam	18-09.25
56 Dasher, Abdur	Fork Union	18-09.00
56 Morgan, Lamar	Old Mill Hig	18-09.00
58 Jingle, Eric	Pinecrest	18-08.75
59 Corpuz, Noah	Fairfax	18-06.00
59 Hampton, Vi'Jon	Fork Union	18-06.00
59 Black, Ocir	Parkland Mag	18-06.00
62 McEachin, Marcus	South Garner	18-05.00
63 Bowser, Angelo	Old Mill Hig	18-04.00
64 Gaines, Amir	Phoebus	18-03.50
65 Savage, Jahmari	Churchland	18-03.00
65 Alston, Marvin	Dunbar High	18-03.00
67 Gresham, Pierre	Highland Spr	18-02.50
68 Jones, Jarleel	Smithfield	18-01.00
68 Rice, Austin	Battlefield	18-01.00
70 Sisson, Dakota	Christiansbu	18-00.50
70 Wilson, Leslie	Grassfield	18-00.50
72 Walker, Aaron	New Kent	18-00.00
73 Hill, Justin	Westfield	17-11.00
74 Golden, Tyga	Potomac Seni	17-10.50
75 Onibudo, Nathan	South County	17-09.50
75 Torres, Justin	Pinecrest	17-09.50
77 Page, Cj	DeMatha Cath	17-08.50
78 Branch, Ellis	New Kent	17-08.00
79 Abreu, Juan	St. John's C	17-06.00
80 Hawthorne, Jaelyn	Highland Spr	17-05.00
81 McPherson, Damauri	Manchester H	17-04.50
82 Hawkins, Justice	Manchester H	17-04.00
82 Mizusawa, Eric	McLean	17-04.00
84 Cumberbatch, Devonte	Laurel High	17-03.00
84 Butler, Nikolas	Bishop McNam	17-03.00
86 Miller, Jakob	West Springf	17-02.00

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys Long Jump Open)

Name	School	Finals
87 Charecky, Michael	West Springf	16-10.50
88 Booker, Mekhi	Highland Spr	16-09.50
88 Winston, Jordan	Highland Spr	16-09.50
90 Dunlap, Cole	Blacksburg H	16-07.00
91 Johnson, Xavier	Highland Spr	16-05.75
92 Kamara, Abubakar	Laurel High	16-03.00
93 Bell, Jayson	Westfield	15-08.00
93 Anderson, Tristan	South County	15-08.00
95 Kelsey, Min	St. John's C	15-06.50
96 Cary, Lawrence	Highland Spr	15-06.00
97 Mills, Roman	St. John's C	15-01.00
98 Wilt, Isaiah	Warren Count	14-09.50
--- Standfield, Christian	Mt. Hebron H	FOUL
--- Person, Darren	Dudley	FOUL
--- Porter-Ervin, Zion	Phoebus	FOUL

Boys Shot Put Open

National HS: 77-02.75 # 2011

Ryan Crouser

Facility: 60-00.50 * 2017

Stipe Zunic

Name	School	Finals
1 Gainous, Rodney	Henry A. Wis	46-06.50
2 Wint, Chasen	Haverford To	46-04.00
3 Wallace, Zavery	Parry McClue	46-03.50
4 Mefford, Isaiah	Wakefield Hi	45-01.50
5 Staton, Colton	Parry McClue	45-00.00
6 Olverson, Andrew	Radford High	44-11.50
7 Gaertner, Thomas	Loudoun Vall	44-10.50
8 Beisser, Luke	Liberty	44-05.25
9 Palmer, Thadius	Westfield	44-00.50
10 Vinson, Mike	Colonial For	44-00.00
10 Ward, Triston	DeMatha Cath	44-00.00
12 Gallant, Austin	Battlefield	43-09.00
13 Conley, Brendon	Parry McClue	43-08.00
14 Gough, Billy	Hermitage	43-04.00
15 Savage, Justin	Hermitage	43-01.00
16 Chrisman, Bryson	Franklin Cou	42-10.00
17 McKenzie, Jestdon	Highland Spr	42-09.00
18 Denegall, Joshua	Bishop McNam	42-08.50
19 Tanz, Eric	Haverford To	42-07.00
20 Florian-Grant, Josue	Wakefield Hi	42-06.00
20 Yates, Jordan	Eastern View	42-06.00
22 Fletcher, William	Sherando	42-05.00
23 Hayes, Trevon	Phoebus	42-01.00
24 Lawhorne, Noah	Rockbridge C	42-00.00
25 Akers, Jacob	Pulaski Coun	41-11.00
26 Aliaga, Luis	Wakefield Hi	41-01.00
27 Conner, Isacc	Rockbridge C	40-07.50
28 Johnson, Marcus	Woodrow Wils	40-04.50
29 Surber, Zeke	Pulaski Coun	40-00.50
30 White, Xavier	Fork Union	39-08.50
31 Barrett, Xavier	Woodrow Wils	39-07.00
31 Perdue, Spencer	Radford High	39-07.00
33 Cumberbatch, Devonte	Laurel High	39-04.50

34 Hyson, Gregory	Fork Union	39-03.25
35 Johnson, Daniel	Woodrow Wils	38-07.00
36 Herod, Joshua	Bethel	38-04.00
37 Heath, Ben	Marion	38-02.00
38 Chambers, Denmar	Sun Valley	38-01.00
38 miles, dalair	Maury High S	38-01.00
40 Rose, Jaellen	James River	38-00.00
40 Bowden, Tristen	Pulaski Coun	38-00.00
40 Leslie, Jordan	Liberty	38-00.00
43 Hill, Conner	Liberty	37-10.00
44 Powel, micheal	Haverford To	37-08.50
45 Gresham, Pierre	Highland Spr	37-02.50
46 Lampro, Nick	Fork Union	37-01.50
47 Poff, Jon	Liberty	37-00.00
48 Morris, Nate	Glen Allen H	36-02.00
49 Muse, Marshaun	Franklin Cou	36-01.00
50 Wray, Donut	Maury High S	35-08.50
51 Davidick, Josh	Lord Botetou	34-10.00
52 Hayes, John	Radford High	34-09.50
53 Houston, Jake	Oakton	34-06.50
54 Reese, Aaron	Fork Union	34-03.00
55 Verett, Brady	Union Pines	34-01.00
56 McKay, Finn	St. John's C	34-00.00
56 Jordan, Nick	St. Peter's	34-00.00
58 Biggs, Rashard	Woodrow Wils	33-10.50
59 Turnage, Aaron	James River	33-02.00
60 Tatem, Ahmad	Bishop McNam	32-11.00
61 Jarels, John	Blacksburg H	32-09.00
62 Vasileiadis, Kosta	Haverford To	32-02.50
63 Westbrook, Daimond	James River	32-01.50
64 Lucia, Arthur	Blacksburg H	32-00.00
65 Winston, William	Highland Spr	31-09.00
66 Crawford, Rob	St. John's C	31-06.00
67 Bomar, Caleb	Liberty	31-02.00
68 Wilt, Isaiah	Warren Count	29-05.00
69 Pizzaro, Avion	James River	29-04.50
70 Valentine, Gavin	Glen Allen H	29-02.00
71 O'Connor, Vincent	Blacksburg H	29-00.00
71 Murray, Vander	Highland Spr	29-00.00
73 Veney, Izajah	Bethel	28-10.50
74 Griffith, Wyatt	Alleghany	28-09.00
75 Sarpong, Jaden	James River	28-06.00
76 Opuku-Arthur, Michael	Potomac Seni	28-04.50
76 Shultzaberger, John	Warren Count	28-04.50
78 Terry, Owen	James River	27-07.00
79 Buck, Shawn	James River	26-08.50
80 Jones, Eli	James River	26-02.00
81 Cooper-Berthe, Aidan	Woodrow Wils	25-11.00
82 Tosser, Eddie	Potomac Seni	25-10.25
83 Pai, Isaiah	Bethel	25-01.50
84 Mckinney, Antonio	Riverdale Ba	24-02.00
85 Petties, Daron	Potomac Seni	23-11.50
86 Pace, Ben	James River	22-06.00
87 Bey, Elihu	Haverford To	21-08.00
--- Johnson, Lowell	Louisa Count	ND
--- Hairston, William	Franklin Cou	ND

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys Shot Put Open)

Name	School	Finals
--- Madagan, Connor	Sherando	FOUL
--- Alexander-Goldsmith, Josh	Westfield	FOUL
--- Campbell, Emperor	Woodrow Wils	FOUL
--- Richlin, Alex	Oakton	FOUL

Boys 1 Mile Race Walk Open

National HS: 6:03.46 # 2010

Trevor Barron

Facility: 7:33.12 * 2017

Henry Kilbourne

Name	School	Finals
1 Gronemeyer, Paine	Wakefield Hi	8:21.76
2 Goldslager, Abe	Hudson	8:42.96
3 Arthur, Buck	Jefferson Fo	8:48.99
4 Goldman, Justin	Maggie Walke	9:00.98
5 Wawrzyniak, Josh	Rockbridge C	9:19.79
6 Pabis, Cy	E.C. Glass	11:04.90
7 Pierce, Colin	New Kent	11:48.41
8 Ahrens, Noah	E.C. Glass	11:52.91
9 Myaing, Dylan	E.C. Glass	12:05.36
--- Tirrell, Jackson	Battlefield	DQ

Boys 200 Meter Dash Invitational

National HS: 20.63 # 2016

Noah Lyles

Facility: 21.03 * 2018

Rodney Rowe

Name	School	Finals
1 Nya, Brandon	Bowie High S	21.48
2 Johnson Jr, Malcolm	St. Stephen'	21.72
3 Brown, Nick	Meadowbrook	22.32
4 Cummings, Kai	Germantown F	22.34
5 Cole, Olufemi	Providence D	22.37
6 Simmonds, Doval	West Potomac	22.52
7 Hawkins, Daiyaan	The Haverfor	22.71
8 King, Ashton	Eastern View	22.73
9 Heath, Rodney	Lak. East	22.76
10 Gallant, Austin	Battlefield	22.80
11 Balde, Oumar	Bowie High S	22.81
12 Sims, Antonio	Riverdale Ba	22.82
13 Dula, Adrian	Bethel	22.94
14 Johnson, Maurice	Christ Chape	23.03
15 Peal, Sydney	Bullis Schoo	23.17
16 Martino, Matt	Paul VI HS	23.18
17 Baronette, Tysean	Middletown H	23.18
18 Mazer, Matthew	Paul VI HS	23.24
19 Mazer, Michael	Paul VI HS	23.36
20 Smith, Isaiah	Bethel	23.42
21 Williams, Nicholas	Walter Johns	23.43
22 Waller, Kaden	Battlefield	23.46
22 Jacobs, Melvin	Riverdale Ba	23.46
24 White, Travis	Bishop McNam	23.46
25 Sims, Alonzo	Riverdale Ba	23.49
26 Butler, Nikolas	Bishop McNam	23.52
27 Politi, Michael	St. Peter's	23.52
28 Burgess, Malcolm	Riverdale Ba	23.57

29 Parker, Irshad	Granby	23.62
30 Harding Iii, Alfonso	St. Peter's	23.63
31 Perry, Da'Quante	Granby	23.78
32 Carter, Daron	Bishop McNam	23.79
33 Carter, Keyontae	Granby	24.02
34 Walker, James	Riverdale Ba	24.08
35 Walsh, Rj	Paul VI HS	24.37
35 Gubler, Frank	Paul VI HS	24.37
37 Whigham, Colby	Bishop McNam	24.38
38 Washington, Demari	Bishop McNam	24.41
39 Holland, Earnest	Bishop McNam	24.44
40 Prince, Chris	St. Peter's	24.61
41 Wint, Chasen	Haverford To	24.74
42 Towler, Joseph	Riverdale Ba	24.82
43 Lawrence, Amare	Bishop McNam	24.89
44 Balasubramanian, Prakash	Mt. Hebron H	24.90
45 Kola-Adewuyi, Bolade	Bishop McNam	25.07
46 Lomax, James	Bishop McNam	25.28
47 Bailey, David	Bishop McNam	25.38
48 Abedin, Aaron	Mt. Hebron H	25.46
49 Curry, Kieran	Haverford To	25.47
50 Henry, Preston	Mt. Hebron H	25.87
51 Gray, Malcolm	Riverdale Ba	28.83

Boys 300 Meter Dash Invitational

National HS: 32.64 # 2018

Brian Herron

Facility: 32.64 * 2018

Brian Herron

Name	School	Finals
1 Nya, Brandon	Bowie High S	33.75
2 Karen, Max	John Champe	34.38
3 Cummings, Kai	Germantown F	34.45
4 Harding, Javonte'	Prince Georg	34.50
5 Alexander, Dominique	Millbrook	34.54
6 Simmonds, Doval	West Potomac	34.84
7 Moore, Ali	Maury High S	34.84
8 Lee, Donny	Thomas Ediso	34.86
9 Freeman, Lewis	Osborn Park	34.89
10 Rivers, Elijah	L.C. Bird	34.96
11 Williams, Brian	Southeast Ra	35.05
12 Burke, Jaeden	Paint Branch	35.16
13 McNally, Aidan	Cuthbertson	35.18
14 West, Brian	DeMatha Cath	35.18
15 Jackson, Doniven	Reynoldsburg	35.26
16 McCray, Patrick	Jefferson Fo	35.28
17 Attucks, Cameron	Atkins	35.28
18 Pierce, Eric	Hermitage	35.38
19 Osuji, Chukwumdi	Paint Branch	35.39
20 Gallant, Austin	Battlefield	35.44
21 Reeves, Dashon	Stonewall Ja	35.50
22 Wynder-Hill, Camren	Norview	35.80
23 Paul, Mario	Paul Dunbar	36.27
24 Martin, Robert	William Flem	36.35
25 McGriff, Wyne	Parkwood	36.84
26 Hammond, Dorsey Omari	Landmark Chr	37.09
27 Francis, Ian	Academy Park	37.16

2020 VA Showcase - 1/17/2020 to 1/19/2020

Liberty Indoor Track Complex

Results - Friday

Finals ... (Boys 300 Meter Dash Invitational)

Name	School	Finals
--- Barringer, Jaylen	Freedom (Woo	DNF

Boys 1 Mile Run Invitational

National HS: 3:57.81 # 2016 Drew Hunter
Facility: 4:04.45 * 2019 Amon Kemboi

Name	School	Finals
1 Brown, Caleb	Shelby	4:15.19
2 Jemison, Xavier	McLean	4:18.31
3 Shultz, Carlos	Loudoun Vall	4:18.55
4 Smith, Matthew	Loudoun Vall	4:19.51
5 Haughton, Tim	Apex Friends	4:19.72
6 Carlson, Kevin	Loudoun Vall	4:19.94
7 Vo, Thomas	Green Hope	4:20.66
8 Rooney, Jack	Broughton	4:20.89
9 Karavianis, Nicholas	Bullis Schoo	4:20.96
10 Tewalt, Luke	Washington L	4:20.96
11 Weeks, Chris	West Springf	4:21.68
12 Suhr, Garrett	Richard Mont	4:21.91
13 Burcham*, Colby	Deep Run	4:22.17
14 Barreto, Mateo	Loudoun Vall	4:22.27
15 Mussmon, Jeremiah	Loudoun Vall	4:23.01
16 Rich, Sam	Lakeside, Ev	4:23.19
17 Truitt, Zack	Landmark Chr	4:24.11
18 Ferrante, Nathanael	Fairfax Chri	4:24.16
19 Williams, Carson	Cardinal Gib	4:24.28
20 McCauley, Colin	Herndon	4:24.34
21 Sloat, Carson	Severna Park	4:24.45
22 Snyder, Tamrat	Damascus Hig	4:24.63
23 Fantaw, Ayalew	Northwood Hi	4:25.27
24 Hasle, Kellen	Loudoun Vall	4:25.41
25 Wilson, Trey	Christiansbu	4:25.55
26 Tull*, Michael	Deep Run	4:25.89
27 Puleo, Gabe	Phoenixville	4:26.04
28 Lillie, Dwayne	A.C. Reynold	4:26.61
29 Montague, Gabriel	Satellite Hi	4:27.36
30 Pritchard, Sam	West Springf	4:28.43
31 Lipps, Owen	Ocean Lakes	4:28.87
32 Hamacher, Jacob	Patriot High	4:28.96
33 Kennedy, David	Battlefield	4:29.22
34 Hopkins, Daniel	Lincolnton	4:29.66
35 Rodman, Sam	Liberty (Bea	4:29.88
36 Johnson, Devin	Glen Allen H	4:30.15
37 Landis, Christian	Providence D	4:31.40
38 Jones, William	Mt. Hebron H	4:31.43
39 Krell, Jason	Providence D	4:31.97
40 Ehemann, Kenny	Cary Academy	4:32.03
41 Bauer, Matthew	Pinecrest	4:32.36
42 Collie, Reece	Asheville Ch	4:34.07
43 Wulfhurst, Alex	North Lincol	4:35.59
44 Williams, Aj	Pinecrest	4:37.10
45 Ladd, Harrison	Ocean Lakes	4:38.06
46 Wilson, Justin	Satellite Hi	4:38.20
47 Jackson, Kameron	Landmark Chr	4:38.94

48 Phillips, Miles North Lincol 4:40.32

Boys 4x400 Meter Relay Invitational

National HS: 3:12.53 # 2019 Bullis, MD
Facility: 3:11.22 * 2017 St. Augustine's Univ.

Team	Relay	Finals
Finals		
1 Western Bran	A	3:23.03
2 Haverford Township HS	A	3:26.93
3 Bowie High School	A	3:27.07
4 Bethel	A	3:27.16
5 DeMatha Cath	A	3:27.45

Boys Distance Medley Invitational

National HS: 9:54.41 # 2019 Loudoun Valley, VA

Hunter, Simms, Wells, Affolder

Facility: 9:57.30 * 2019 Lipscomb Univ.

Team	Relay	Finals
Finals		
1 L.C. Bird	A	10:19.40
2 Haverford Township HS	A	10:35.50
3 River Hill H	A	10:39.57
4 Harrison High School	A	10:42.92
5 Springbrook	A	10:46.55
6 St. John's C	A	10:47.28
7 Weddington H	A	10:53.22
8 Tallwood	A	11:10.74
9 Apex Friendship	A	11:14.56
10 Jefferson Forest	A	11:33.53
11 Salem (Virgi	A	11:42.67
12 Northside High School	A	12:14.34

Boys Long Jump Invitational

National HS: 26-06.50 # 1989 Dion Bentley
Facility: 25-04.50 * 2019 Erik Eckleben

Name	School	Finals
Finals		
1 Bullock, Jieem	North Brunsw	24-00.00
2 Daye-Schafer, Devin	Manchester H	23-02.00
3 Price-Whitehead, Jaden	Upper Dublin	23-00.50
4 Wynder-Hill, Camren	Norview	22-01.00
5 Brown, Eric	Enloe	21-07.25
6 Midgett, Keyandre	Highland Spr	21-05.50
7 Garman, Garrett	Franklin Cou	21-04.50
8 Thomas, Trevor	Colonial For	21-01.25
9 Sims, Sir-Jonathan	J.R. Tucker	20-09.75
9 Ramos, Aries	Granby	20-09.75
11 Steele, Corey	Bloomfield H	20-09.00
12 Jones, Micah	William Flem	18-11.75
--- Bristow, Jalen	Mount Tabor	FOUL
--- Johnson, Abdul-Raheem	Prince Edwar	FOUL

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Liberty Indoor Track Complex

Results - Friday

Boys Shot Put Invitational

National HS: 77-02.75 # 2011

Ryan Crouser

Facility: 60-00.50 * 2017

Aaron Wilkerson

Name	School	Finals
Finals		
1 Williams, Atrell	Grassfield	53-05.25
2 Lewis, Anthony	Grassfield	52-08.00
3 Penegar, Lance	Metrolina Ch	52-01.00
4 Swepson, Matthew	Research Tri	48-06.00
5 Shean, Alfred	Christiansbu	48-05.50
6 Smith, Chrystian	Jordan	45-11.00
6 Hulse, Brent	Broadway	45-11.00
8 Gatti, Alessandro	George C. Ma	45-06.50
9 Palmer, Tyler	Grassfield	45-05.00
10 Grate, Timothy	Dunbar High	42-06.75
--- Alexander, Carlos	Hermitage	FOUL

Boys 300 Meter Dash AAU

National HS: 32.64 # 2018

Brian Herron

Facility: 32.64 * 2018

Brian Herron

Name	School	Finals
Finals		
1 Rose, Cameron	Unattached (32.84
2 Robinson, Justin	Unattached (32.87
3 Moyer, Trevin	Unattached (34.83
4 Gammons, Mekhi	Unattached (35.13