

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Girls 55 Meter Dash

Facility: 6.77 1/19/2018 Thelma Davies

Name	School	Finals
1 #7 Na'Taja Ballard	Western Bran	7.10
2 #401 Aaliyah Pyatt	Massaponax	7.17
3 #68 Amiya Johnson	C.D. Hylton	7.35
4 #129 Alicia Thorpe	Highland Spr	7.40
5 #56 Felicia Hewitt	Elizabeth Se	7.43
6 #103 Dahja Price	Louisa Count	7.44
7 #46 Dasia Hardy	Midlothian H	7.52
8 #149 Halie Wynter	Manchester H	7.53
9 #119 Shaneece Smith	Highland Spr	7.54
10 #91 Alaysia Oakes	Heritage (Ly	7.56
11 #64 Savannah Jackson	Colonial For	7.57
12 #104 Elissa Pryer	Tallwood	7.58
13 #69 Haniyyah Johnson	Prince Edwar	7.63
14 #5 Sky Austin	Elizabeth Se	7.64
14 #132 Kailynn Tyson	Brooke Point	7.64
16 #74 Jade Lane	E.C. Glass	7.65
17 #128 Asharee Thomas	Western Bran	7.76
18 #12 Tya Blake	Heritage (Ly	7.76
19 #114 Katie Saunders	John Champe	7.78
20 #53 Kyla Hayes	Jefferson Fo	7.78
21 #93 Fealiam Ofili	Elizabeth Se	7.84
22 #11 Nirel Blake	Highland Spr	7.85
23 #30 Hailey Darrington	Manchester H	7.89
24 #146 Nuntiah Wotorson	Elizabeth Se	7.90
25 #102 Amia Poe	Heritage (Ly	7.91
26 #18 Elizabeth Burns	Charlottesvi	7.91
27 #106 Madelyn Radtke	Midlothian H	7.92
28 #33 Madison Evans	Tallwood	7.92
29 #10 Nia Bigger	Brooke Point	7.93
30 #66 Channie Jefferson	Highland Spr	7.94
31 #31 Sohmer Davis	Colonial For	7.95
32 #120 Trinity Smith	Manchester H	7.95
33 #130 Asia Turner	Midlothian H	7.98
34 #109 Claudia Reyes	Brooke Point	8.01
34 #116 Eliza Schock	Charlottesvi	8.01
36 #82 Aaliyah Mahone	Stafford Hig	8.01
37 #86 Hannah Miller	Northside Hi	8.03
38 #22 Isabelle Cavins	Liberty (Bea	8.03
39 #140 Mikayla Williams	John Champe	8.03
40 #72 Alexis Lacy	Heritage (Ly	8.04
41 #20 Dezmajia Carter	Louisa Count	8.05
42 #107 Neisha Ragland	Louisa Count	8.06
43 #37 Caeleigh Freeman	Stuarts Draf	8.07
44 #131 Tanaiya Turner	Midlothian H	8.08
45 #52 Kaelynn Hawkins	Heritage (Ly	8.08
46 #123 Jordyn Sutton	Massaponax	8.09
47 #139 Dayaa Williams	Western Bran	8.09
48 #57 Myanna Hinman	Midlothian H	8.13
49 #16 Lauren Brown	Manchester H	8.13
50 #67 Shania Jennings	Prince Edwar	8.13
51 #101 Alyssa Pinn	Heritage (Ly	8.15

52 #17 Jazmyne Bunn	Highland Spr	8.16
53 #144 Naomi Woolfolk	C.D. Hylton	8.16
54 #58 KeAsia Hogan	Tallwood	8.17
54 #15 Kristen Brown	Manchester H	8.17
56 #90 Harlowe Nigh	John Champe	8.19
57 #148 Hayla Wymer	Jefferson Fo	8.19
58 #122 Kylan Socha	Blacksburg H	8.20
59 #99 Ashari Pendleton	Highland Spr	8.22
60 #127 Charlotte TeKrony	John Champe	8.25
61 #105 Bianca Purpura	Liberty (Bea	8.26
62 #63 Makenzie Jackson	Manchester H	8.27
62 #115 Taliyah Saunders	Tallwood	8.27
64 #55 Becky Helm	Blacksburg H	8.27
65 #39 Afton Fults	Maggie Walke	8.29
66 #87 Aisha Moobe	John Champe	8.29
67 #4 Kaitlyn Antonacci	John Champe	8.30
68 #76 Brianna Leech	Jefferson Fo	8.31
69 #77 Gwendolyn Lewis	Massaponax	8.32
70 #59 Zamari Holley	Stafford Hig	8.33
71 #78 Isabel Li	Maggie Walke	8.33
72 #51 Jaelynn Hawkins	Heritage (Ly	8.35
73 #14 YaDeja Britton	Tallwood	8.37
74 #45 Aliyah Hackett	Highland Spr	8.39
75 #35 Kayla Ford	Heritage (Ly	8.41
75 #121 Elianna Smith-Rodrigue	Massaponax	8.41
77 #118 Emoni Smith	Highland Spr	8.42
78 #71 Kimora King	Highland Spr	8.43
79 #23 Lily Charles	Manchester H	8.43
80 #28 Jamiyah Crawford	Highland Spr	8.45
81 #40 Amaya Gaskins	Liberty (Bea	8.45
82 #70 Emma Kelley	Northside Hi	8.46
83 #41 Grace Gibson	Wilson Memor	8.46
84 #138 Amaya Williams	Blacksburg H	8.47
85 #44 Morgan Gregory	Louisa Count	8.48
86 #100 Olivia Pink	Millbrook	8.48
87 #117 Madison Serttas	Liberty (Bea	8.49
87 #50 Jacqueline Haskins	Stafford Hig	8.49
89 #36 Tayla Ford	Heritage (Ly	8.50
90 #34 Nia Flood	Jefferson Fo	8.51
91 #113 Kamari Ruth	L.C. Bird	8.52
91 #94 Jordan Ortigosa	Spotswood	8.52
91 #54 Jasmine Hefner	Northside Hi	8.52
94 #43 Tatiana Greaves	Highland Spr	8.59
95 #141 Ryane Williams	Elizabeth Se	8.59
96 #38 Sanaiah Fuller	Tallwood	8.64
97 #32 Cydney Downin	Orange Count	8.65
98 #96 Mikeala Parker	Woodside	8.67
99 #48 Zoi Harris	Orange Count	8.67
100 #1268 Shaley Jones	Elizabeth Seton	8.68
101 #143 Ty'Asia Williams	Highland Spr	8.70
102 #89 Chloe Moss	Maggie Walke	8.70
103 #142 Saniya Williams	Highland Spr	8.71
104 #2 Ashley Altizer	Spotswood	8.71
105 #6 Margaret Ayivor	Elizabeth Se	8.71
106 #49 Taryn Harvey	Jefferson Fo	8.71
107 #97 Faith Patton	Millbrook	8.72

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## Finals ... (Girls 55 Meter Dash)

Name	School	Finals
108 #25 Dalia Coffman	Tallwood	8.79
109 #75 Kenya Lee	Manchester H	8.79
110 #112 Abby Russell	Spotswood	8.84
111 #19 Molly Cametas	Maggie Walke	8.87
112 #65 Makayla James	Heritage (Ly	8.93
113 #147 Delora Wymer	Jefferson Fo	8.98
114 #13 Raniya Bright	Orange Count	9.03
115 #8 Trinity Barnett	Jefferson Fo	9.07
116 #110 Kyla Richburg	Heritage (Ly	9.10
117 #27 Karringtyn Craig	Spotswood	9.19
118 #21 SaQuoya Carter	Highland Spr	9.26
119 #135 Logan Vencill	Staunton Riv	9.27
120 #60 Amy Huggett	Millbrook	9.52
121 #95 Amaya Otero	Manchester H	9.62
122 #24 Gina Coca-Membreno	Millbrook	9.64
123 #26 Emmie Copeland	Spotswood	9.71
124 #81 Aayanna Lweis-Taylor	Wilson Memor	9.73
125 #136 Leuna White	Tallwood	9.76
126 #73 Sabrina Lamb	Millbrook	10.03
127 #1 Maha Afridi	Spotswood	10.29
128 #84 Jennifer Malone	Heritage (Ly	10.62

## Girls 300 Meter Dash

Facility: 37.71 1/18/2019 Britton Wilson

Name	School	Finals
1 #343 Emily Catlett	Massaponax	41.50
2 #56 Felicia Hewitt	Elizabeth Se	41.72
3 #46 Dasia Hardy	Midlothian H	41.77
4 #387 Trinity McCall	Massaponax	42.15
5 #340 L'Nya Carpenter	L.C. Bird	42.37
6 #132 Kailynn Tyson	Brooke Point	42.56
7 #369 Fatmata Jalloh	Brooke Point	42.72
8 #104 Elissa Pryer	Tallwood	43.03
9 #68 Amiya Johnson	C.D. Hylton	43.07
10 #419 Markayla Taylor	Highland Spr	43.16
11 #335 Virginia Beringer	James Monroe	43.20
12 #395 Tia Moye	Elizabeth Se	43.35
13 #64 Savannah Jackson	Colonial For	43.52
14 #5 Sky Austin	Elizabeth Se	43.69
15 #328 Iyanna Anderson	Colonial For	43.94
16 #355 Yazmine Goodrich	Western Bran	44.10
17 #422 Amalia Ventre	Charlottesvi	44.30
18 #341 Candace Carter	Manchester H	44.37
19 #413 Spencer Settle	Elizabeth Se	44.42
20 #421 Ivana Turkson	C.D. Hylton	44.66
21 #397 Sheyenne Nichols	Western Bran	44.80
22 #18 Elizabeth Burns	Charlottesvi	44.88
23 #370 Suraya John	Tallwood	44.89
24 #139 Dayaa Williams	Western Bran	45.20
25 #382 Brianna Lovett	L.C. Bird	45.20
26 #380 Malaysia Latimer	Elizabeth Se	45.28
27 #427 Jaida White-Diaz	L.C. Bird	45.38
28 #10 Nia Bigger	Brooke Point	45.44

29 #344 Allesha Coleman	Highland Spr	45.45
30 #119 Shaneece Smith	Highland Spr	45.49
31 #349 Courtney Diggs	C.D. Hylton	45.49
32 #389 Torrie McCray	Highland Spr	45.61
33 #106 Madelyn Radtke	Midlothian H	45.65
34 #368 Iyana Jackson	Western Bran	45.83
35 #366 Morgan Hughes	Massaponax	45.88
36 #332 Rebekah Bautista	Massaponax	45.92
37 #400 Sarah Purdy	Millbrook	45.97
38 #375 Naomi Jones	Prince Edwar	46.13
39 #116 Eliza Schock	Charlottesvi	46.21
40 #93 Fealiam Ofili	Elizabeth Se	46.23
41 #146 Nuntiah Wotorson	Elizabeth Se	46.37
42 #33 Madison Evans	Tallwood	46.48
43 #372 Victoria Johnson	Heritage (Ly	46.51
44 #348 Taylor Day	Colonial For	46.52
45 #16 Lauren Brown	Manchester H	46.58
46 #386 Dionne Mayfield	Colonial For	46.66
47 #420 Nykira Thompson	Highland Spr	46.66
48 #379 Kayla Kosco	Massaponax	46.68
49 #57 Myanna Hinman	Midlothian H	46.74
50 #330 Bianca Barahona Jr	Massaponax	46.83
51 #365 Ghamani Hogue	Maggie Walke	46.85
52 #342 Tanaye Carter	Highland Spr	46.93
53 #99 Ashari Pendleton	Highland Spr	47.09
54 #12 Tya Blake	Heritage (Ly	47.13
55 #345 Erin Crawford	Blacksburg H	47.25
56 #22 Isabelle Cavins	Liberty (Bea	47.55
57 #130 Asia Turner	Midlothian H	47.57
58 #105 Bianca Purpura	Liberty (Bea	47.63
59 #339 Jade Buckles	Brooke Point	47.63
60 #78 Isabel Li	Maggie Walke	47.75
61 #120 Trinity Smith	Manchester H	47.81
62 #390 Emani McIntosh	Tallwood	47.88
63 #327 Lindsey Altizer	Spotswood	47.90
64 #405 Charlotte Ream	Maggie Walke	47.93
65 #71 Kimora King	Highland Spr	47.96
66 #373 Brandalyn Jones	Elizabeth Se	48.03
67 #374 Caroline Jones	Blacksburg H	48.08
68 #391 Paige Miller	Wilson Memor	48.12
69 #52 Kaelynn Hawkins	Heritage (Ly	48.23
70 #417 Shae'un Smith	Manchester H	48.29
71 #82 Aaliyah Mahone	Stafford Hig	48.40
72 #14 YaDeja Britton	Tallwood	48.41
73 #428 Addie Wisskirchen	Jefferson Fo	48.56
74 #351 Denver Farrish	Stafford Hig	48.59
75 #407 Jolie Rice	Blacksburg H	48.59
76 #17 Jazmyne Bunn	Highland Spr	48.63
77 #381 Olivia Liang	Maggie Walke	48.66
78 #76 Brianna Leech	Jefferson Fo	48.71
79 #123 Jordyn Sutton	Massaponax	48.75
80 #429 Maggie Zier	Blacksburg H	48.78
81 #364 Cheyanna Hill	Manchester H	48.80
82 #398 Rachael Paul	Jefferson Fo	48.83
83 #122 Kylan Socha	Blacksburg H	48.84
84 #36 Tayla Ford	Heritage (Ly	48.94

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## Finals ... (Girls 300 Meter Dash)

Name	School	Finals
85 #121 Elianna Smith-Rodrigue	Massaponax	48.96
86 #77 Gwendolyn Lewis	Massaponax	48.98
87 #359 Lily Harr	Woodside	49.02
88 #131 Tanaiya Turner	Midlothian H	49.06
89 #383 Alaina Marquis	Blacksburg H	49.09
90 #412 Anisa Scott	Western Bran	49.11
91 #423 Sidni Vernon	Elizabeth Se	49.20
92 #94 Jordan Ortigosa	Spotswood	49.22
93 #72 Alexis Lacy	Heritage (Ly	49.31
94 #58 KeAsia Hogan	Tallwood	49.34
95 #414 Cierra Shimp	Manchester H	49.45
96 #44 Morgan Gregory	Louisa Count	49.48
97 #59 Zamari Holley	Stafford Hig	49.52
98 #4 Kaitlyn Antonacci	John Champe	49.54
99 #388 Lauren McCluskey	Maggie Walke	49.65
100 #117 Madison Serttas	Liberty (Bea	49.66
101 #352 Mariah Gaines	Louisa Count	49.68
102 #41 Grace Gibson	Wilson Memor	49.69
103 #145 Paige Woolfolk	C.D. Hylton	49.72
104 #15 Kristen Brown	Manchester H	49.73
105 #354 Jasmyn Glaze	Orange Count	49.75
106 #404 Savannah Ray	Louisa Count	49.76
107 #331 Paige Baucom	Wilson Memor	49.83
108 #350 Haley Faison	Manchester H	49.88
109 #392 Abigail Montgomery	Maggie Walke	49.93
110 #75 Kenya Lee	Manchester H	50.02
111 #45 Aliyah Hackett	Highland Spr	50.03
112 #396 Hannah Ness	E.C. Glass	50.03
113 #325 Kaitlyn Agble	Stafford Hig	50.04
114 #357 Brianna Gunn	Elizabeth Se	50.11
115 #2 Ashley Altizer	Spotswood	50.37
116 #336 Carlisah Binbow	Highland Spr	50.39
117 #89 Chloe Moss	Maggie Walke	50.52
118 #338 Amari Brooks	Manchester H	50.66
119 #97 Faith Patton	Millbrook	50.78
120 #100 Olivia Pink	Millbrook	50.83
121 #118 Emoni Smith	Highland Spr	50.86
122 #113 Kamari Ruth	L.C. Bird	51.06
123 #1268 Shaleya Jones	Elizabeth Seton	51.09
124 #112 Abby Russell	Spotswood	51.10
125 #415 Alyson Smith	Colonial For	51.17
126 #384 Lamiyah Martinez	Highland Spr	51.18
127 #43 Tatiana Greaves	Highland Spr	51.19
128 #143 Ty'Asia Williams	Highland Spr	51.19
129 #337 Haley Bortner	Blacksburg H	51.26
130 #409 Tori Robinson	Louisa Count	51.38
131 #50 Jacqueline Haskins	Stafford Hig	51.45
132 #377 Makayla Jump	Heritage (Ly	51.62
133 #28 Jamiyah Crawford	Highland Spr	51.67
134 #367 Olivia Hurley	Louisa Count	51.80
135 #361 Destiny Hensley	Spotswood	51.86
136 #27 Karringtyn Craig	Spotswood	51.97
137 #403 Candace Randall-Gaines	Orange Count	52.04
138 #378 Eve Keesecker	Charlottesvi	52.07

139 #108 Arian Reid	Elizabeth Se	52.25
140 #142 Saniya Williams	Highland Spr	52.26
141 #8 Trinity Bartnett	Jefferson Fo	52.27
142 #96 Mikeala Parker	Woodside	52.44
143 #38 Sanaiah Fuller	Tallwood	52.58
144 #393 Cali Morris	Stuarts Draf	52.61
145 #406 Megan Reeves	Staunton Riv	52.65
146 #333 Carol Bedolla	Orange Count	52.99
147 #65 Makayla James	Heritage (Ly	53.25
148 #399 Zoe Perry	Stuarts Draf	53.64
149 #35 Kayla Ford	Heritage (Ly	53.89
150 #358 Fiona Hall	Stuarts Draf	54.02
151 #21 SaQuoya Carter	Highland Spr	54.27
152 #135 Logan Vencill	Staunton Riv	54.32
153 #425 Emily Vinson	Staunton Riv	54.95
154 #136 Leauna White	Tallwood	54.96
155 #353 Kaylynn Garcia	Stuarts Draf	56.49
156 #346 Ana Czar	Blacksburg H	56.79
157 #362 Destiny Hernandez	Tallwood	58.35
158 #26 Emmie Copeland	Spotswood	58.44
--- #51 Jaelynn Hawkins	Heritage (Ly	DNF

## Girls 500 Meter Dash

Facility: 1:10.61 1/19/2019 Charokee Young

Name	School	Finals
1 #577 Ariel Fletcher	Tallwood	1:15.19
2 #340 L'Nya Carpenter	L.C. Bird	1:18.50
3 #609 Jana Riley	Colonial For	1:19.27
4 #335 Virginia Beringer	James Monroe	1:19.92
5 #595 Kylie Litke	Jefferson Fo	1:22.56
6 #575 Jordyn Evans	C.D. Hylton	1:23.62
7 #611 Kathleen Russo	Maggie Walke	1:24.13
8 #590 Aaliyah King	Highland Spr	1:24.20
9 #567 Deziree Conklin	Tallwood	1:24.22
10 #604 Iyana Orneval	Brooke Point	1:24.27
11 #574 Skylar Duffy	Stafford Hig	1:24.35
12 #606 True Oten	Manchester H	1:24.51
13 #599 Isabella McNulty	Midlothian H	1:24.79
14 #427 Jaida White-Diaz	L.C. Bird	1:24.89
15 #372 Victoria Johnson	Heritage (Ly	1:24.93
16 #614 Adela Sinerova	Midlothian H	1:25.21
17 #582 Sarah Handel	E.C. Glass	1:25.41
18 #579 Justice Fox	Manchester H	1:25.72
19 #602 Jamie Milby	Spotswood	1:25.80
20 #605 Jacinta Orzehowski	Tallwood	1:26.23
21 #617 Kylie Taylor	Tallwood	1:26.64
22 #379 Kayla Kosco	Massaponax	1:26.86
23 #594 Faith Leslie	Louisa Count	1:27.12
24 #593 Sophia Krouscas	Blacksburg H	1:27.13
25 #620 Maya Turner	Liberty (Bea	1:27.20
26 #332 Rebekah Bautista	Massaponax	1:27.21
27 #566 Keziah Buford	Colonial For	1:27.51
28 #607 Maddox Pleasants	Louisa Count	1:27.67
29 #623 Alyssa Wright	Maggie Walke	1:27.77
30 #615 Kendall Sneed	C.D. Hylton	1:27.91

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## Results

## Finals ... (Girls 500 Meter Dash)

Name	School	Finals
31 #587 Sha'kerra Jerome	E.C. Glass	1:28.41
32 #410 Sophia Roney	John Champe	1:28.78
33 #603 Christina Mulroy	Midlothian H	1:29.01
34 #588 Samiyah Jones	Western Bran	1:29.09
35 #622 Saye Woodard	Prince Edwar	1:29.21
36 #578 Ellie Flower	Millbrook	1:30.62
37 #619 Trinitey Tran	Colonial For	1:30.96
38 #613 Koryn Shaw	L.C. Bird	1:30.97
39 #583 Annabelle Harris	Stafford Hig	1:30.98
40 #576 Jaelynn Ferguson	Staunton Riv	1:32.44
41 #596 Anneke Marciniak	Manchester H	1:32.69
42 #592 Trinity King	Orange Count	1:32.92
43 #581 Amber Glover	E.C. Glass	1:33.04
44 #598 Sarah Maslen	Staunton Riv	1:33.80
45 #610 Sarah Ruotolo	Midlothian H	1:33.93
46 #428 Addie Wisskirchen	Jefferson Fo	1:34.11
47 #412 Anisa Scott	Western Bran	1:34.44
48 #601 Madison Metz	Louisa Count	1:34.60
49 #378 Eve Keesecker	Charlottesvi	1:34.73
50 #584 Autumn Hiller	Charlottesvi	1:36.73
51 #570 Madison Cunningham	Highland Spr	1:36.79
52 #621 Lily Walsh	Maggie Walke	1:36.91
53 #331 Paige Baucom	Wilson Memor	1:37.76
54 #423 Sidni Vernon	Elizabeth Se	1:37.88
55 #565 Ciara Ballard	Manchester H	1:38.77
56 #608 Elodie Price	Charlottesvi	1:39.98
57 #572 Alexis Downey	Louisa Count	1:42.29
58 #571 Anna Dabaghyan	Spotswood	1:42.30
59 #564 Jessica Abraham	Charlottesvi	1:42.36
60 #597 Kacey Marshall	Elizabeth Se	1:43.05
61 #108 Arian Reid	Elizabeth Se	1:46.25
62 #402 Kylie Quick	Wilson Memor	1:51.26
63 #612 Christina Santiago	Stuarts Draf	1:52.72

## Girls 1000 Meter Run

Facility: 2:41.98 1/27/2018 Rachel Pocratsky

Name	School	Finals
1 #696 Caroline Bowe	Midlothian H	2:57.13
2 #723 Audrey Link	Blacksburg H	3:02.90
3 #747 Paityn Walker	Colonial For	3:03.98
4 #730 Mary Milby	Spotswood	3:04.19
5 #698 Tanyiah Brownridge	Western Bran	3:08.64
6 #725 Mythri Madireddy	John Champe	3:10.41
7 #715 Marianne Jayaraj	John Champe	3:13.43
8 #710 Annika Griggs	Blacksburg H	3:13.62
9 #699 Iena Caffall	Midlothian H	3:13.71
10 #749 Nylah Wiggins	Western Bran	3:15.05
11 #709 Josie Greer	Maggie Walke	3:15.12
12 #719 Mary Kemp	Maggie Walke	3:15.75
13 #724 Brenna Luczak	Maggie Walke	3:16.27
14 #746 Mackenzie Walker	Northside Hi	3:16.67
15 #722 Ashley Laneve	Jefferson Fo	3:19.58
16 #690 Evelyn Anderson	Orange Count	3:20.45

17 #727 Chloe Martin	Midlothian H	3:20.60
18 #708 Hannah Gentrup	John Champe	3:22.36
19 #707 Kalina Frick	Colonial For	3:22.54
20 #712 Mahina Hagans	C.D. Hylton	3:22.78
21 #703 Eliza Dana	Wilson Memor	3:23.10
22 #748 Millie Weinhold	Midlothian H	3:25.57
23 #721 Anne Knutson	Maggie Walke	3:28.70
24 #729 Maria Mejia Villalon	Millbrook	3:28.91
25 #744 Lindsay TeKrony	John Champe	3:28.93
26 #735 Ellie Nuckols	Manchester H	3:29.85
27 #736 Reagan Patterson	Heritage (Ly	3:30.02
28 #856 Kathryn Lamm	Spotswood	3:33.66
29 #704 Angela Dojcek	Millbrook	3:36.24
30 #743 Natalie Taylor	Liberty (Bea	3:36.29
31 #728 Kaitlyn McMillan	L.C. Bird	3:36.73
32 #732 Malanie Myaing	E.C. Glass	3:37.60
33 #714 Dulaney Hudgins	Blacksburg H	3:38.02
34 #716 Cailey Johnson	Millbrook	3:39.40
35 #739 Leah Seilbah	E.C. Glass	3:40.17
36 #720 Megan Knight	E.C. Glass	3:40.28
37 #1086 Emma Cooper	Jefferson Fo	3:40.60
38 #737 Sania Peterson	Manchester H	3:40.63
39 #692 Savannah Barsoom	Tallwood	3:41.16
40 #733 Maeve Myers	Louisa Count	3:41.82
41 #616 Amalie Spencer-Hamm	Brooke Point	3:42.39
42 #695 Adriane Boerth	Blacksburg H	3:43.65
43 #359 Lily Harr	Woodside	3:43.92
44 #713 Katlyn Hubbard	Staunton Riv	3:46.23
45 #711 Norah Griggs	Blacksburg H	3:46.68
46 #726 Sofia Marano	Jefferson Fo	3:47.32
47 #693 Allison Billie	L.C. Bird	3:48.27
48 #613 Koryn Shaw	L.C. Bird	3:49.35
49 #847 Sara Castro	Spotswood	3:50.34
50 #697 Anna Bowman	Millbrook	3:56.87
51 #717 Laila Jones	Prince Edwar	3:57.09
52 #705 Emily Duncan	Staunton Riv	3:57.50
53 #734 Yelena Nguyen	Louisa Count	4:14.51
54 #740 Charlotte Sellers	Wilson Memor	4:14.70

## Girls 1600 Meter Run

Facility: 5:03.31 1/5/2019 Lily Snow

Name	School	Finals
1 #852 Mary Caroline Heinen	Maggie Walke	5:12.18
2 #715 Marianne Jayaraj	John Champe	5:21.71
3 #862 Madison Murphy	Millbrook	5:22.18
4 #849 Gabriella Garcia	Midlothian H	5:22.25
5 #846 Kylie Bonser	Midlothian H	5:27.44
6 #851 Angelina Guerrero	Millbrook	5:30.33
7 #850 Taylor Gibson	John Champe	5:32.44
8 #866 Annabel Schepker	Midlothian H	5:33.06
9 #703 Eliza Dana	Wilson Memor	5:39.83
10 #858 Ally Marmo	Midlothian H	5:42.64
11 #857 Kendall Loescher	Colonial For	5:43.96
12 #868 Shauna Skow	Jefferson Fo	5:44.14
13 #864 Beall Roberts	Jefferson Fo	5:46.00

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## Results

## Finals ... (Girls 1600 Meter Run)

Name	School	Finals
14 #869 Katelyn Taylor	L.C. Bird	5:49.37
15 #729 Maria Mejia Villalon	Millbrook	5:50.71
16 #735 Ellie Nuckols	Manchester H	5:50.79
17 #872 Lauren Vossen	Jefferson Fo	5:52.16
18 #861 Emily McMahon	John Champe	5:58.00
19 #704 Angela Dojcak	Millbrook	5:59.19
20 #716 Cailey Johnson	Millbrook	5:59.33
21 #736 Reagan Patterson	Heritage (Ly	6:00.90
22 #395 Tia Moyer	Elizabeth Se	6:05.46
23 #875 Lilly Wingo	Liberty (Bea	6:05.70
24 #859 Gabriela Mayorga	Brooke Point	6:07.63
25 #359 Lily Harr	Woodside	6:13.73
26 #871 Cameron Unice	Maggie Walke	6:14.72
27 #874 Lily Wielar	Charlottesvi	6:15.94
28 #728 Kaitlyn McMillan	L.C. Bird	6:17.28
29 #873 Julia Wallace	Blacksburg H	6:18.94
30 #867 Dezara Seward	Heritage (Ly	6:19.32
31 #860 Anna McKinney	Spotswood	6:24.11
32 #848 Niyah Claytor	C.D. Hylton	6:29.00
33 #865 Hannah Ruisi	Maggie Walke	6:29.94
34 #853 Reade Henley	Maggie Walke	6:33.76
35 #854 Emma Knight	Western Bran	6:37.16
36 #863 Katie Ownby	E.C. Glass	6:46.16
37 #844 Samantha Arthurs	E.C. Glass	6:46.37
38 #845 Makayla Blair	Louisa Count	7:00.87
39 #855 Amanda Kolandjian	Colonial For	7:02.83
40 #734 Yelena Nguyen	Louisa Count	7:04.51
41 #740 Charlotte Sellers	Wilson Memor	7:26.80

## Girls 3200 Meter Run

Facility: 10:51.08 2/18/2017 Libby Davidson

Name	School	Finals
1 #849 Gabriella Garcia	Midlothian H	11:13.53
2 #862 Madison Murphy	Millbrook	11:42.94
3 #851 Angelina Guerrero	Millbrook	11:42.98
4 #850 Taylor Gibson	John Champe	11:46.35
5 #948 Mia Jones	Blacksburg H	11:55.05
6 #951 Nicole Quiram	Midlothian H	11:56.19
7 #947 Cherry Gonzolez	Jefferson Fo	12:09.04
8 #949 Olivia Lecker	John Champe	12:10.95
9 #944 Rebecca Edlich	Millbrook	12:23.80
10 #869 Katelyn Taylor	L.C. Bird	12:26.29
11 #943 Emma Chun	Maggie Walke	12:36.45
12 #953 Hannah Wheeler	Northside Hi	12:55.95
13 #945 Grace Gardner	Spotswood	13:09.33
14 #950 Christina Metric	Staunton Riv	13:19.29
15 #946 Emily Garloff	Maggie Walke	13:24.38
16 #873 Julia Wallace	Blacksburg H	13:30.99
17 #952 Riley Surratt	Maggie Walke	13:44.39
18 #954 Morgan Williams	Staunton Riv	14:01.02
19 #942 Ella Bryant	Northside Hi	14:02.01

## Girls 55 Meter Hurdles

Facility: 7.69 1/19/2019 Shadajah Ballard

Name	School	Finals
1 #1038 Ltamra Weeks	Western Bran	8.54
2 #408 Jaslyne Robinson	Manchester H	8.54
3 #380 Malaysia Latimer	Elizabeth Se	8.74
4 #413 Spencer Settle	Elizabeth Se	8.88
5 #1036 Isha Sesay	Brooke Point	8.89
6 #30 Hailey Darrington	Manchester H	8.90
7 #397 Sheyenne Nichols	Western Bran	9.00
8 #567 Deziree Conklin	Tallwood	9.06
9 #749 Nylah Wiggins	Western Bran	9.16
10 #1031 Sophie Karney	Louisa Count	9.18
11 #381 Olivia Liang	Maggie Walke	9.29
12 #617 Kyla Taylor	Tallwood	9.30
13 #365 Ghamani Hogue	Maggie Walke	9.32
14 #1022 Dekaila Dillard	Heritage (Ly	9.35
15 #357 Brianna Gunn	Elizabeth Se	9.39
16 #394 Makayla Morris	Prince Edwar	9.42
17 #605 Jacinta Orzechowski	Tallwood	9.44
18 #400 Sarah Purdy	Millbrook	9.49
19 #85 Kandace McIvor	Jefferson Fo	9.55
20 #391 Paige Miller	Wilson Memor	9.57
21 #370 Suraya John	Tallwood	9.68
22 #383 Alaina Marquis	Blacksburg H	9.75
23 #1269 Hannah Pettyjohn	Jefferson Fo	9.79
24 #390 Emani McIntosh	Tallwood	9.84
25 #15 Kristen Brown	Manchester H	9.86
26 #37 Caeleigh Freeman	Stuarts Draf	9.98
27 #698 Taniyah Brownridge	Western Bran	10.04
28 #344 Allesha Coleman	Highland Spr	10.04
29 #93 Fealiam Ofili	Elizabeth Se	10.13
30 #354 Jasmyn Glaze	Orange Count	10.17
31 #133 Jâ€™naya Vaughan	Highland Spr	10.27
32 #1017 Sydney Bayne	Millbrook	10.27
33 #1019 Sydney Cherry	Louisa Count	10.29
34 #1028 Marina Jeirles	Jefferson Fo	10.31
35 #367 Olivia Hurley	Louisa Count	10.41
36 #342 Tanaye Carter	Highland Spr	10.42
37 #1024 Miracle Fuller	Elizabeth Se	10.48
38 #340 L'Nya Carpenter	L.C. Bird	10.65
39 #382 Brianna Lovett	L.C. Bird	10.66
40 #1032 Danae Marshall	Northside Hi	10.75
41 #341 Candace Carter	Manchester H	10.76
42 #407 Jolie Rice	Blacksburg H	10.84
43 #568 Kaila Corprew	Highland Spr	10.90
44 #564 Jessica Abraham	Charlottesvi	11.02
45 #414 Cierra Shimp	Manchester H	11.03
46 #1034 Chelsea Parham	Highland Spr	11.06
47 #1020 Arianna Colson	Orange Count	11.09
48 #1018 Lauren Branch	Midlothian H	11.15
49 #388 Lauren McCluskey	Maggie Walke	11.15
50 #350 Haley Faison	Manchester H	11.16
51 #586 Cailyn Ingram	Orange Count	11.23

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Girls 55 Meter Hurdles)**

Name	School	Finals
52 #608 Elodie Price	Charlottesvi	11.37
53 #358 Fiona Hall	Stuarts Draf	11.40
54 #1026 Piper Guiffre	Charlottesvi	11.70
55 #338 Amari Brooks	Manchester H	11.76
56 #1030 Lilly Jordan	Louisa Count	11.98
57 #336 Carlisah Binbow	Highland Spr	12.24
58 #612 Christina Santiago	Stuarts Draf	12.40
59 #425 Emily Vinson	Staunton Riv	12.51
60 #580 Mary Ghee	Highland Spr	13.56
61 #1037 Madelyn Venable	Midlothian H	13.62
62 #1025 Cynthia Glidewell	Manchester H	13.76
63 #1029 Caroline Johnson	Maggie Walke	16.53

**Girls 4x200 Meter Relay**

Facility: 1:35.39 1/20/2018 Bullis School

Team	Relay	Finals
<b>Finals</b>		
1 Elizabeth Se		1:46.50
1) #56 Felicia Hewitt	2) #380 Malaysia Latimer	
3) #1070 Sanaa Virgil	4) #5 Sky Austin	
2 Highland Springs		1:47.13
1) #119 Shaneece Smith	2) #66 Channie Jefferson	
3) #129 Alicia Thorpe	4) #11 Nirel Blake	
3 Elizabeth Se	B	x1:49.31
1) #413 Spencer Settle	2) #146 Nuntiah Wotorsen	
3) #376 Rachel Jones	4) #1062 Anyae Lindsay	
4 Heritage (Lynchburg)		1:50.13
1) #12 Tya Blake	2) #52 Kaelynn Hawkins	
3) #91 Alaysia Oakes	4) #101 Alyssa Pinn	
5 Midlothian H		1:50.43
1) #106 Madelyn Radtke	2) #1060 Grace Jackson	
3) #1037 Madelyn Venable	4) #46 Dasia Hardy	
6 Brooke Point		1:51.39
1) #10 Nia Bigger	2) #604 Iyana Orneval	
3) #132 Kailynn Tyson	4) #1036 Isha Sesay	
7 Louisa Count		1:51.51
1) #1031 Sophie Karney	2) #107 Neisha Ragland	
3) #103 Dahja Price	4) #1057 Madison Chandler	
8 C.D. Hylton		1:51.78
1) #68 Amiya Johnson	2) #421 Ivana Turkson	
3) #145 Paige Woolfolk	4) #349 Courtney Diggs	
9 Charlottesville		1:52.13
1) #18 Elizabeth Burns	2) #422 Amalia Ventre	
3) #608 Elodie Price	4) #116 Eliza Schock	
10 Western Bran		1:52.56
1) #1058 Angel Clinton	2) #368 Iyana Jackson	
3) #128 Asharee Thomas	4) #139 Dayaa Williams	
11 Manchester H		1:53.46
1) #120 Trinity Smith	2) #30 Hailey Darrington	
3) #15 Kristen Brown	4) #16 Lauren Brown	
12 Maggie Walker		1:53.53
1) #381 Olivia Liang	2) #1016 Kaitlyn Baker	
3) #365 Ghamani Hogue	4) #1068 Ashley Trinh	

13 John Champe		1:53.60
1) #90 Harlowe Nigh	2) #140 Mikayla Williams	
3) #127 Charlotte TeKrony	4) #114 Katie Saunders	
14 Prince Edwar		1:54.53
1) #394 Makayla Morris	2) #375 Naomi Jones	
3) #67 Shania Jennings	4) #69 Haniyyah Johnson	
15 Massaponax	B	1:54.61
1) #123 Jordyn Sutton	2) #121 Elianna Smith-Rodriguez	
3) #77 Gwendolyn Lewis	4) #330 Bianca Barahona Jr	
16 Heritage (Lynchburg)	B	x1:54.86
1) #51 Jaelynn Hawkins	2) #72 Alexis Lacy	
3) #102 Amia Poe	4) #36 Tayla Ford	
1:54.854 (1:54.854)		
17 Brooke Point	B	x1:55.09
1) #339 Jade Buckles	2) #369 Fatmata Jalloh	
3) #600 Iliana Mendoza	4) #109 Claudia Reyes	
1:55.088 (1:55.088)		
18 Tallwood		1:55.29
1) #14 YaDeja Britton	2) #390 Emani McIntosh	
3) #38 Sanaiah Fuller	4) #33 Madison Evans	
19 Jefferson Forest		1:55.58
1) #3 Maria Anaebonam	2) #53 Kyla Hayes	
3) #85 Kandace McIvor	4) #148 Hayla Wymer	
20 Highland Springs	B	x1:57.79
1) #118 Emoni Smith	2) #342 Tanaye Carter	
3) #133 Jâ€™naya Vaughan	4) #43 Tatiana Greaves	
1:57.784 (1:57.784)		
21 Manchester H	B	x1:59.33
1) #364 Cheyanna Hill	2) #414 Cierra Shimp	
3) #606 True Oten	4) #417 Shae'un Smith	
1:59.322 (1:59.322)		
22 Liberty (Bea		1:59.42
1) #40 Amaya Gaskins	2) #105 Bianca Purpura	
3) #117 Madison Serttas	4) #22 Isabelle Cavins	
23 Blacksburg H		1:59.59
1) #138 Amaya Williams	2) #55 Becky Helm	
3) #429 Maggie Zier	4) #383 Alaina Marquis	
24 Louisa Count	B	x1:59.78
1) #352 Mariah Gaines	2) #1054 Tyanna Brooks	
3) #44 Morgan Gregory	4) #409 Tori Robinson	
25 Millbrook		1:59.99
1) #100 Olivia Pink	2) #400 Sarah Purdy	
3) #1017 Sydney Bayne	4) #578 Ellie Flower	
26 Highland Springs	C	x2:01.10
1) #344 Allesha Coleman	2) #420 Nykira Thompson	
3) #17 Jazmyne Bunn	4) #143 Ty'Asia Williams	
27 Highland Springs	E	x2:01.28
1) #142 Saniya Williams	2) #389 Torrie McCray	
3) #45 Aliyah Hackett	4) #28 Jamiyah Crawford	
28 Maggie Walker	B	x2:01.32
1) #1029 Caroline Johnson	2) #360 Jessica Hendricks	
3) #388 Lauren McCluskey	4) #392 Abigail Montgomery	
29 Northside High School		2:01.97
1) #1061 Kora Kemp	2) #70 Emma Kelley	
3) #86 Hannah Miller	4) #1032 Danae Marshall	

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Girls 4x200 Meter Relay)**

Team	Relay	Finals
30 Highland Springs	D	x2:03.02
1) #99 Ashari Pendleton	2) #125 Paris Taylor	
3) #1064 Jasmine Mark	4) #71 Kimora King	
31 Tallwood	B	x2:07.32
1) #92 Amanni Odum	2) #25 Dalia Coffman	
3) #115 Taliyah Saunders	4) #58 KeAsia Hogan	
2:07.316 (2:07.316)		
32 Blacksburg H	B	x2:08.10
1) #334 Lily Belleville	2) #1059 Martha Crawford	
3) #1072 Rebecca Webster	4) #346 Ana Czar	
33 Louisa Count	C	x2:08.49
1) #1056 NyAsia Carter	2) #347 Angel David	
3) #1030 Lilly Jordan	4) #411 Katelyn Sain	
34 Stuarts Draft		2:16.30
1) #358 Fiona Hall	2) #393 Cali Morris	
3) #399 Zoe Perry	4) #353 Kaylynn Garcia	
35 Heritage (Lynchburg)	C	x2:18.40
1) #377 Makayla Jump	2) #65 Makayla James	
3) #84 Jennifer Malone	4) #29 Whitney Culpepper	

**Girls 4x400 Meter Relay**

Facility: 3:39.60 1/19/2018 Bullis School

Team	Relay	Finals
<b>Finals</b>		
1 Massaponax		4:00.80
1) #343 Emily Catlett	2) #387 Trinity McCall	
3) #401 Aaliyah Pyatt	4) #379 Kayla Kosco	
28.931 (28.931)	1:01.175 (32.244)	1:29.205 (28.030)
2:02.023 (32.818)	2:31.973 (29.950)	3:06.255 (34.282)
3:31.863 (25.608)	4:00.793 (28.930)	
2 Tallwood		4:07.30
1) #577 Ariel Fletcher	2) #567 Deziree Conklin	
3) #605 Jacinta Orzechowski	4) #617 Kylia Taylor	
3 Highland Springs	C	4:08.97
1) #419 Markayla Taylor	2) #11 Nirel Blake	
3) #129 Alicia Thorpe	4) #66 Channie Jefferson	
4:08.965 (4:08.965)		
4 Western Bran		4:11.36
1) #7 Na'Taja Ballard	2) #1038 Ltamra Weeks	
3) #1075 Allison Clark	4) #355 Yazmine Goodrich	
5 Manchester H		4:13.40
1) #341 Candace Carter	2) #579 Justice Fox	
3) #408 Jaslyne Robinson	4) #149 Halie Wynter	
4:13.395 (4:13.395)		
6 Brooke Point		4:17.44
1) #369 Fatmata Jalloh	2) #604 Iyana Orneval	
3) #1074 Dominicia Ancar	4) #1079 Melody Medina	
7 C.D. Hylton		4:18.16
1) #349 Courtney Diggs	2) #575 Jordyn Evans	
3) #712 Mahina Hagans	4) #421 Ivana Turkson	
8 John Champe		4:18.64
1) #127 Charlotte TeKrony	2) #140 Mikayla Williams	
3) #114 Katie Saunders	4) #725 Mythri Madiredddy	
4:18.635 (4:18.635)		

9 Maggie Walker		4:20.35
1) #719 Mary Kemp	2) #611 Kathleen Russo	
3) #1016 Kaitlyn Baker	4) #724 Brenna Luczak	
4:20.345 (4:20.345)		
10 Spotswood		4:24.72
1) #602 Jamie Milby	2) #730 Mary Milby	
3) #327 Lindsey Altizer	4) #860 Anna McKinney	
11 Louisa Count		4:25.71
1) #594 Faith Leslie	2) #607 Maddox Pleasants	
3) #1077 Chloe Fritz	4) #1031 Sophie Karney	
12 Maggie Walker	B	x4:27.39
1) #623 Alyssa Wright	2) #852 Mary Caroline Heinen	
3) #721 Anne Knutson	4) #1068 Ashley Trinh	
13 Stafford High School		4:29.55
1) #351 Denver Farrish	2) #574 Skylar Duffy	
3) #583 Annabelle Harris	4) #591 Aiyanna King	
14 Midlothian H		4:29.71
1) #599 Isabella McNulty	2) #610 Sarah Ruotolo	
3) #603 Christina Mulroy	4) #614 Adela Sinerova	
15 Highland Springs		x4:33.57
1) #568 Kaila Corprew	2) #389 Torrie McCray	
3) #570 Madison Cunningham	4) #590 Aaliyah King	
16 Jefferson Forest		4:33.71
1) #595 Kylie Litke	2) #398 Rachael Paul	
3) #428 Addie Wisskirchen	4) #726 Sofia Marano	
17 Colonial Forge		4:33.77
1) #386 Dionne Mayfield	2) #609 Jana Riley	
3) #747 Paityn Walker	4) #328 Iyanna Anderson	
18 Manchester H	B	x4:35.25
1) #364 Cheyanna Hill	2) #606 True Oten	
3) #596 Anneke Marciniak	4) #735 Ellie Nuckols	
19 Millbrook		4:39.51
1) #1017 Sydney Bayne	2) #578 Ellie Flower	
3) #704 Angela Dojcek	4) #729 Maria Mejia Villalon	
20 Louisa Count	B	x4:42.94
1) #1057 Madison Chandler	2) #733 Maeve Myers	
3) #404 Savannah Ray	4) #107 Neisha Ragland	
21 Blacksburg H		4:43.06
1) #948 Mia Jones	2) #723 Audrey Link	
3) #710 Annika Griggs	4) #711 Norah Griggs	
22 Blacksburg H	B	x4:44.93
1) #593 Sophia Krouscas	2) #374 Caroline Jones	
3) #407 Jolie Rice	4) #122 Kylan Socha	
23 Highland Springs	B	x4:47.14
1) #336 Carlisah Binbow	2) #580 Mary Ghee	
3) #585 Timia Holloway	4) #1034 Chelsea Parham	
24 Wilson Memorial		4:47.24
1) #331 Paige Baucom	2) #703 Eliza Dana	
3) #41 Grace Gibson	4) #391 Paige Miller	
25 Blacksburg H	C	x4:47.80
1) #345 Erin Crawford	2) #714 Dulaney Hudgins	
3) #718 Katja Kehlenbeck	4) #695 Adriane Boerth	
26 Staunton Riv		4:48.23
1) #705 Emily Duncan	2) #576 Jaelynn Ferguson	
3) #713 Katlyn Hubbard	4) #598 Sarah Maslen	

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Girls 4x400 Meter Relay)**

Team	Relay	Finals
27 Prince Edwar		4:51.37
1) #622 Saye Woodard	2) #426 Kiera Walker	
3) #375 Naomi Jones	4) #717 Laila Jones	

**Girls 4x800 Meter Relay**

Facility: 9:16.08 1/25/2019 Elon University

Team	Relay	Finals
<b>Finals</b>		
1 Midlothian H		10:07.42
1) #699 Iena Caffall	2) #727 Chloe Martin	
3) #866 Annabel Schepker	4) #748 Millie Weinhold	
2 Jefferson Forest		10:48.74
1) #864 Beall Roberts	2) #868 Shauna Skow	
3) #872 Lauren Vossen	4) #722 Ashley Laneve	
3 C.D. Hylton		10:55.07
1) #575 Jordyn Evans	2) #615 Kendall Sneed	
3) #712 Mahina Hagans	4) #848 Niyah Claytor	
4 Brooke Point		11:03.17
1) #1074 Dominicia Ancar	2) #616 Amalie Spencer-Hamm	
3) #859 Gabriela Mayorga	4) #1079 Melody Medina	
5 E.C. Glass		11:09.70
1) #582 Sarah Handel	2) #720 Megan Knight	
3) #732 Malanie Myaing	4) #739 Leah Seilhah	
6 Spotswood		11:26.13
1) #856 Kathryn Lamm	2) #945 Grace Gardner	
3) #571 Anna Dabaghyan	4) #847 Sara Castro	
7 Staunton Riv		11:57.83
1) #705 Emily Duncan	2) #713 Katlyn Hubbard	
3) #950 Christina Metric	4) #954 Morgan Williams	

**Girls High Jump**

Facility: 6-00 1/19/2019 Shelby Tyler

Name	School	Finals
<b>Finals</b>		
1 #1106 Makala Purifoy	Colonial For	5-02.00
2 #394 Makayla Morris	Prince Edwar	J5-02.00
3 #1108 Nayome Shipp	Colonial For	J5-02.00
4 #1077 Chloe Fritz	Louisa Count	5-00.00
5 #372 Victoria Johnson	Heritage (Ly	J5-00.00
6 #588 Samiyah Jones	Western Bran	J5-00.00
7 #418 Ellie St. Martin	Blacksburg H	J5-00.00
8 #391 Paige Miller	Wilson Memor	4-10.00
8 #602 Jamie Milby	Spotswood	4-10.00
8 #415 Alyson Smith	Colonial For	4-10.00
8 #1103 Amanic Brown	E.C. Glass	4-10.00
8 #30 Hailey Darrington	Manchester H	4-10.00
13 #718 Katja Kehlenbeck	Blacksburg H	4-08.00
13 #408 Jaslyne Robinson	Manchester H	4-08.00
13 #848 Niyah Claytor	C.D. Hylton	4-08.00
13 #1062 Anyae Lindsay	Elizabeth Se	4-08.00
13 #355 Yazmine Goodrich	Western Bran	4-08.00
13 #1022 Dekaila Dillard	Heritage (Ly	4-08.00
13 #690 Evelyn Anderson	Orange Count	4-08.00
20 #567 Deziree Conklin	Tallwood	4-06.00

20 #37 Caeleigh Freeman	Stuarts Draf	4-06.00
20 #622 Saye Woodard	Prince Edwar	4-06.00
20 #112 Abby Russell	Spotswood	4-06.00
20 #331 Paige Baucom	Wilson Memor	4-06.00
20 #615 Kendall Sneed	C.D. Hylton	4-06.00
26 #140 Mikayla Williams	John Champe	4-04.00
26 #421 Ivana Turkson	C.D. Hylton	4-04.00
26 #422 Amalia Ventre	Charlottesvi	4-04.00
26 #617 Kylie Taylor	Tallwood	4-04.00
26 #337 Haley Bortner	Blacksburg H	4-04.00
26 #735 Ellie Nuckols	Manchester H	4-04.00
26 #41 Grace Gibson	Wilson Memor	4-04.00
26 #133 Jâ€™naya Vaughan	Highland Spr	4-04.00
34 #336 Carlisah Binbow	Highland Spr	4-02.00
34 #608 Elodie Price	Charlottesvi	4-02.00
34 #378 Eve Keesecker	Charlottesvi	4-02.00
34 #1034 Chelsea Parham	Highland Spr	4-02.00
--- #141 Ryane Williams	Elizabeth Se	NH
--- #580 Mary Ghee	Highland Spr	NH
--- #342 Tanaye Carter	Highland Spr	NH
--- #1102 Alexis Beasley	Orange Count	NH
--- #50 Jacqueline Haskins	Stafford Hig	FAIL
--- #606 True Oten	Manchester H	FAIL
--- #1104 Eva Fushee	Orange Count	FAIL

**Girls Pole Vault**

Facility: 14-01.25 2/2/2019 Bridget Guy

Name	School	Finals
<b>Finals</b>		
1 #1134 jamie Macecevic	North Staffo	12-10.00
2 #1136 Alyssa Rice	Lee-Davis	12-00.00
3 #1127 Amber Askelson	Brooke Point	11-00.00
4 #1140 Jennifer Wagner	York	J11-00.00
5 #1137 Hannah Richardson	Langley	J11-00.00
6 #1016 Kaitlyn Baker	Maggie Walke	10-06.00
6 #1269 Hannah Pettyjohn	Jefferson Fo	10-06.00
8 #1077 Chloe Fritz	Louisa Count	J10-06.00
9 #49 Taryn Harvey	Jefferson Fo	9-06.00
10 #365 Ghamani Hogue	Maggie Walke	8-06.00
11 #429 Maggie Zier	Blacksburg H	8-00.00
11 #381 Olivia Liang	Maggie Walke	8-00.00
13 #1138 Riely Smith	Louisa Count	7-00.00
13 #1130 Sarah Eltablyhi	Colonial For	7-00.00
13 #334 Lily Belleville	Blacksburg H	7-00.00
13 #1129 Rachel Clark	Louisa Count	7-00.00
13 #361 Destiny Hensley	Spotswood	7-00.00
13 #1133 Abby Grove	Louisa Count	7-00.00
13 #601 Madison Metz	Louisa Count	7-00.00
20 #1128 Samantha Brown	E.C. Glass	6-00.00
20 #1139 Chloe Turnbow	E.C. Glass	6-00.00
20 #1059 Martha Crawford	Blacksburg H	6-00.00
--- #1132 Madison Fry	Colonial For	NH
--- #1135 Emily Martin	Blacksburg H	NH



## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Girls Long Jump 3 JUMPS AND

Facility: 20-03.50 2/23/2018 Sabina Allen

Name	School	Finals
<b>Finals</b>		
1	#91 Alaysia Oakes	Heritage (Ly 16-10.50
2	#1062 Anyae Lindsay	Elizabeth Se 16-09.00
3	#394 Makayla Morris	Prince Edwar 16-07.25
4	#1073 Sequoia Wynn	E.C. Glass 16-06.75
5	#12 Tya Blake	Heritage (Ly 16-02.50
6	#69 Haniyyah Johnson	Prince Edwar 15-10.25
7	#372 Victoria Johnson	Heritage (Ly 15-09.50
8	#20 Dezmajia Carter	Louisa Count 15-09.00
9	#577 Ariel Fletcher	Tallwood 15-08.75
10	#30 Hailey Darrington	Manchester H 15-07.00
11	#1110 Diymond Brooks	Louisa Count 15-06.50
12	#85 Kandace McIvor	Jefferson Fo 15-06.00
13	#698 Taniyah Brownridge	Western Bran 15-05.75
13	#103 Dahja Price	Louisa Count 15-05.75
15	#1024 Miracle Fuller	Elizabeth Se 15-02.50
16	#53 Kyla Hayes	Jefferson Fo 15-02.00
17	#376 Rachel Jones	Elizabeth Se 15-01.75
18	#344 Allesha Coleman	Highland Spr 15-00.75
19	#39 Afton Fults	Maggie Walke 14-11.50
20	#1060 Grace Jackson	Midlothian H 14-09.00
21	#400 Sarah Purdy	Millbrook 14-08.25
22	#597 Kacey Marshall	Elizabeth Se 14-08.00
23	#1018 Lauren Branch	Midlothian H 14-07.75
24	#397 Sheyenne Nichols	Western Bran 14-06.50
25	#66 Channie Jefferson	Highland Spr 14-06.00
26	#117 Madison Serttas	Liberty (Bea 14-05.75
27	#51 Jaelynn Hawkins	Heritage (Ly 14-05.25
28	#106 Madelyn Radtke	Midlothian H 14-04.00
28	#52 Kaelynn Hawkins	Heritage (Ly 14-04.00
30	#23 Lily Charles	Manchester H 14-03.25
31	#1070 Sanaa Virgil	Elizabeth Se 14-01.25
32	#17 Jazmyne Bunn	Highland Spr 14-01.00
32	#364 Cheyanna Hill	Manchester H 14-01.00
34	#131 Tanaiya Turner	Midlothian H 14-00.00
35	#6 Margaret Ayivor	Elizabeth Se 13-11.00
36	#145 Paige Woolfolk	C.D. Hylton 13-10.50
37	#118 Emoni Smith	Highland Spr 13-10.00
38	#1268 Shaleya Jones	Elizabeth Seton 13-09.50
39	#339 Jade Buckles	Brooke Point 13-08.75
40	#116 Eliza Schock	Charlottesvi 13-08.25
41	#101 Alyssa Pinn	Heritage (Ly 13-07.50
42	#1022 Dekaila Dillard	Heritage (Ly 13-07.00
42	#366 Morgan Hughes	Massaponax 13-07.00
44	#570 Madison Cunningham	Highland Spr 13-06.25
45	#330 Bianca Barahona Jr	Massaponax 13-05.50
46	#420 Nykira Thompson	Highland Spr 13-04.75
47	#421 Ivana Turkson	C.D. Hylton 13-04.50
48	#576 Jaelynn Ferguson	Staunton Riv 13-04.25
49	#40 Amaya Gaskins	Liberty (Bea 13-03.50
49	#1104 Eva Fushee	Orange Count 13-03.50
51	#35 Kayla Ford	Heritage (Ly 13-03.00

52	#373 Brandalyn Jones	Elizabeth Se 13-02.75
53	#94 Jordan Ortigosa	Spotswood 13-02.00
54	#105 Bianca Purpura	Liberty (Bea 13-01.50
55	#32 Cydney Downin	Orange Count 13-01.25
56	#622 Saye Woodard	Prince Edwar 13-01.00
56	#33 Madison Evans	Tallwood 13-01.00
58	#419 Markayla Taylor	Highland Spr 13-00.50
59	#102 Amia Poe	Heritage (Ly 13-00.00
60	#16 Lauren Brown	Manchester H 12-10.00
60	#1078 Tishae Garrett	Heritage (Ly 12-10.00
62	#389 Torrie McCray	Highland Spr 12-09.50
63	#58 KeAsia Hogan	Tallwood 12-09.25
64	#18 Elizabeth Burns	Charlottesvi 12-08.00
65	#1111 Amore' Burch	Northside Hi 12-05.00
66	#122 Kylan Socha	Blacksburg H 12-04.00
67	#331 Paige Baucom	Wilson Memor 12-03.75
68	#141 Ryane Williams	Elizabeth Se 12-03.00
69	#36 Tayla Ford	Heritage (Ly 12-02.50
70	#705 Emily Duncan	Staunton Riv 12-02.00
71	#1072 Rebecca Webster	Blacksburg H 12-00.75
72	#377 Makayla Jump	Heritage (Ly 11-08.25
73	#110 Kyla Richburg	Heritage (Ly 11-04.25
---	#142 Saniya Williams	Highland Spr FOUL
---	#399 Zoe Perry	Stuarts Draf FOUL
---	#25 Dalia Coffman	Tallwood FOUL
---	#136 Leauna White	Tallwood FOUL
---	#393 Cali Morris	Stuarts Draf FOUL
---	#138 Amaya Williams	Blacksburg H FOUL
---	#1054 Tyanna Brooks	Louisa Count FOUL
---	#417 Shae'un Smith	Manchester H FOUL
---	#1056 NyAsia Carter	Louisa Count FOUL
---	#21 SaQuoya Carter	Highland Spr FOUL
---	#121 Elianna Smith-Rodrigue	Massaponax FOUL

## Girls Triple Jump 3 JUMPS AND

Facility: 44-01.25 2/24/2018 Sabina Allen

Name	School	Finals
<b>Finals</b>		
1	#12 Tya Blake	Heritage (Ly 37-00.00
2	#74 Jade Lane	E.C. Glass 36-00.50
3	#91 Alaysia Oakes	Heritage (Ly 35-08.50
4	#20 Dezmajia Carter	Louisa Count 35-00.00
5	#30 Hailey Darrington	Manchester H 34-06.50
6	#1106 Makala Purifoy	Colonial For 34-04.75
7	#370 Suraya John	Tallwood 34-03.50
8	#1024 Miracle Fuller	Elizabeth Se 33-09.25
9	#394 Makayla Morris	Prince Edwar 33-05.75
10	#85 Kandace McIvor	Jefferson Fo 33-04.50
11	#1110 Diymond Brooks	Louisa Count 32-09.00
11	#52 Kaelynn Hawkins	Heritage (Ly 32-09.00
13	#374 Caroline Jones	Blacksburg H 31-11.25
14	#339 Jade Buckles	Brooke Point 31-10.00
15	#18 Elizabeth Burns	Charlottesvi 31-07.50
16	#101 Alyssa Pinn	Heritage (Ly 31-07.25
17	#23 Lily Charles	Manchester H 31-05.75
17	#349 Courtney Diggs	C.D. Hylton 31-05.75

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Girls Triple Jump 3 JUMPS AND)**

Name	School	Finals
19 #116 Eliza Schock	Charlottesvi	31-04.75
20 #6 Margaret Ayivor	Elizabeth Se	31-00.75
21 #590 Aaliyah King	Highland Spr	31-00.50
22 #1070 Sanaa Virgil	Elizabeth Se	30-11.00
22 #366 Morgan Hughes	Massaponax	30-11.00
24 #330 Bianca Barahona Jr	Massaponax	30-08.50
25 #622 Saye Woodard	Prince Edwar	30-07.50
26 #51 Jaelynn Hawkins	Heritage (Ly	30-05.00
27 #576 Jaelynn Ferguson	Staunton Riv	30-04.25
28 #373 Brandalyn Jones	Elizabeth Se	30-02.75
29 #132 Kailynn Tyson	Brooke Point	30-00.50
30 #1061 Kora Kemp	Northside Hi	29-09.75
31 #597 Kacey Marshall	Elizabeth Se	29-06.50
31 #364 Cheyanna Hill	Manchester H	29-06.50
33 #36 Tayla Ford	Heritage (Ly	29-06.00
34 #148 Hayla Wymer	Jefferson Fo	29-04.50
35 #1078 Tishae Garrett	Heritage (Ly	29-01.00
36 #35 Kayla Ford	Heritage (Ly	28-10.75
37 #1111 Amore' Burch	Northside Hi	28-07.00
38 #404 Savannah Ray	Louisa Count	28-02.00
39 #1032 Danae Marshall	Northside Hi	27-04.75
--- #377 Makayla Jump	Heritage (Ly	FOUL
--- #63 Makenzie Jackson	Manchester H	FOUL
--- #1054 Tyanna Brooks	Louisa Count	FOUL

**Girls Shot Put 3 THROWS AND**

Facility: 52-09.50 2/10/2018 Galissia Cause

Name	School	Finals
1 #1222 Alexis Estep	Manchester H	39-11.50
2 #1256 Kaylee Sloss	Blacksburg H	36-07.50
3 #1239 Kalei Memmer	Salem (Roano	34-09.25
4 #83 Laura Major	Wilson Memor	34-07.50
5 #1204 I'Kira Athy	Highland Spr	34-01.50
6 #1203 Graysen Arnold	Heritage (Ly	33-00.50
7 #144 Naomi Woolfolk	C.D. Hylton	32-03.00
8 #87 Aisha Moobe	John Champe	31-04.50
9 #149 Halie Wynter	Manchester H	30-09.00
10 #1232 Jayla Johnson	Maggie Walke	30-05.25
11 #1213 Faith Carter	Staunton Riv	29-11.00
12 #1200 Ayomide Akinkaude	L.C. Bird	29-07.00
13 #1202 Skyler Anderson	Heritage (Ly	29-05.00
14 #1223 Michaiiah Everett	Staunton Riv	29-00.25
15 #1257 Morgan Snead	E.C. Glass	28-11.00
16 #1263 Alicia Woodfolk	Louisa Count	28-07.00
17 #1215 Amya Claytor	Staunton Riv	28-01.00
18 #1221 Yanai Cotton-Wilson	Colonial For	27-07.00
19 #1244 Chloe Owings	Millbrook	27-05.00
20 #1250 Kya Rucker	E.C. Glass	27-04.00
21 #1205 Aaliyah Bell	Prince Edwar	26-06.00
22 #1243 Claire Morton	Blacksburg H	26-04.50
23 #1261 Quenya Warrick	Tallwood	26-04.00
24 #37 Caeleigh Freeman	Stuarts Draf	26-02.75
25 #1254 KeiAjha Shelton	Louisa Count	26-02.25

26 #1235 Kat Kibler	Millbrook	25-11.50
26 #1218 Maria Cristina Cole	John Champe	25-11.50
26 #28 Jamiyah Crawford	Highland Spr	25-11.50
29 #1249 E'Kajah Rose	E.C. Glass	25-10.00
30 #68 Amiya Johnson	C.D. Hylton	25-09.25
31 #1242 Khloe Morse	E.C. Glass	25-09.00
32 #9 Rachel Baucom	Wilson Memor	25-08.50
33 #1246 Alexis Price	Louisa Count	25-05.50
34 #1220 Taniyah Cotton	Heritage (Ly	25-02.25
35 #1248 Marianna Rivera-Diaz	Massaponax	25-00.50
36 #1201 Amani Alexander	Heritage (Ly	24-10.50
37 #1212 Amanda Carlin	Jefferson Fo	24-09.00
38 #1233 Allison Jones	Manchester H	24-08.50
39 #1135 Emily Martin	Blacksburg H	24-08.00
40 #1207 Jay Bottenfield	Stuarts Draf	24-05.25
41 #1258 Martha Taah	Colonial For	24-04.75
42 #1236 Austin Ligon	Manchester H	24-01.00
43 #1260 Taaliyah Thompson	Louisa Count	23-06.75
44 #1241 Michelle Mines	L.C. Bird	23-04.00
45 #1251 McKenzie Saddington	Midlothian H	22-11.00
46 #1231 Amani Jefferson	L.C. Bird	22-07.50
47 #1229 Shayla Holliday	Louisa Count	21-08.25
48 #1225 Cayla Grant	L.C. Bird	21-02.25
49 #1253 Serenity Scott	Heritage (Ly	20-11.75
50 #1208 Shauna Bowers	Orange Count	20-09.00
51 #1210 Veronica Buchanna	Midlothian H	20-07.75
52 #45 Aliyah Hackett	Highland Spr	20-02.50
53 #1206 Zhanae Blizzard	Manchester H	20-02.00
54 #1214 Gabrielle Chasse	Blacksburg H	19-11.25
55 #1255 Kara Shiflett	Millbrook	19-10.25
56 #1217 Allyssa Cole	Jefferson Fo	19-09.00
57 #26 Emmie Copeland	Spotswood	19-08.75
58 #1259 Destiny Taylor	L.C. Bird	19-04.00
59 #1209 Logan Brown	Manchester H	19-03.75
60 #1228 Niyahna Hawley	Manchester H	18-10.00
61 #1238 Arianna Mazzieeri	Midlothian H	17-11.50
62 #43 Tatiana Greaves	Highland Spr	17-06.50
63 #1219 Layla Cooper	Manchester H	16-11.50
64 #1025 Cynthia Glidewell	Manchester H	16-02.00
65 #1 Maha Afridi	Spotswood	15-10.25
66 #1226 Tyler Graves	Blacksburg H	15-10.00
67 #81 Aayanna Lweis-Taylor	Wilson Memor	15-05.75
68 #1247 Selena Ramirez	Wilson Memor	13-06.75
69 #1230 Amy Jablonski	E.C. Glass	13-06.50
--- #384 Lamiyah Martinez	Highland Spr	FOUL
--- #143 Ty'Asia Williams	Highland Spr	FOUL

**Boys 55 Meter Dash**

Facility: 6.33 1/19/2019 Nick Cross

Name	School	Finals
1 #220 Jalen Hinton	Western Bran	6.57
2 #162 Jaelan Black	Colonial For	6.61
3 #305 Kamari Trotz	DeMatha Cath	6.64
4 #232 Jackson Kennedy	John Champe	6.70
5 #302 Issac Thompson	Brooke Point	6.70

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys 55 Meter Dash)

Name	School	Finals			
6 #294 Chris Smith	Northside Hi	6.71	60	#314 Alex Westcott	John Champe 7.16
7 #231 Max Karen	John Champe	6.72	61	#210 Daylan Gregory	L.C. Bird 7.16
8 #252 Damauri McPherson	Manchester H	6.80	62	#290 Kamauri Sanders	Brooke Point 7.16
9 #224 Abdul-Raheem Johnson	Prince Edwar	6.83	63	#205 Roemell Garcia	Manchester H 7.17
10 #192 Kenneth Crawford	Heritage (Ly	6.84	64	#315 Gunner White	Tallwood 7.20
11 #198 Cole Dunlap	Blacksburg H	6.84	65	#271 Jarvin Perkins	Prince Edwar 7.20
12 #296 Stephen Snow	John Champe	6.86	66	#182 Gerald Campbell	DeMatha Cath 7.21
13 #312 Devon Watts	Jefferson Fo	6.88	66	#275 Andrew Qi	Jefferson Fo 7.21
14 #261 Jaquin Myers	Heritage (Ly	6.88	68	#215 Justice Hawkins	Manchester H 7.21
15 #187 Mitchell Coates	John Champe	6.91	69	#207 Markevus Graves	E.C. Glass 7.22
16 #244 Wesley Matthews	DeMatha Cath	6.92	70	#257 George Moore	Western Bran 7.24
17 #168 Kalebh Boone	L.C. Bird	6.94	71	#274 Bobby Pridgen	Tallwood 7.24
18 #249 Jordan McDowney	Highland Spr	6.94	72	#158 Donovan Backus	DeMatha Cath 7.25
19 #297 Zack Steele	Heritage (Ly	6.96	73	#209 Darkarius Greene	Orange Count 7.26
20 #287 Alexander Saint-Victor	DeMatha Cath	6.96	74	#277 Michael Riley	Brooke Point 7.26
21 #301 Delvon Teachey	DeMatha Cath	6.98	75	#159 Peter Barrent	Manchester H 7.27
21 #263 Douglas Newsome	Orange Count	6.98	76	#193 Michael Crawford	Heritage (Ly 7.27
23 #321 Brendan Wyatt	DeMatha Cath	6.98	77	#308 Thomas Walker	Prince Edwar 7.28
23 #214 Jason Hart	Highland Spr	6.98	78	#186 Bryson Coates	John Champe 7.28
25 #292 Tyrek Shelton	Louisa Count	6.98	79	#280 Tivonte Robinson	Prince Edwar 7.28
26 #223 Quentin Jackson	DeMatha Cath	6.98	80	#267 Tristan Parson	John Champe 7.28
27 #204 Kaleb Floyd	Manchester H	6.99	81	#178 Kameron Burns	Heritage (Ly 7.28
28 #212 Ben Hager	Blacksburg H	6.99	82	#179 Liam Callahan	Manchester H 7.30
29 #236 Colby Kynard	Colonial For	7.00	83	#279 Brandon Robinson	Heritage (Ly 7.30
30 #309 Michael Wallace	Midlothian H	7.00	84	#256 Kerlin Miles	L.C. Bird 7.30
31 #273 Paul Poirier	Orange Count	7.00	85	#1267 Gabe Pulver	Jefferson Fo 7.32
32 #174 Alex Brown	Highland Spr	7.00	86	#217 Jaelyn Hawthorne	Highland Spr 7.33
33 #310 Alex Washington	Louisa Count	7.01	87	#285 Cobey Rothgeb	Wilson Memor 7.33
34 #169 Jordan Borders	Colonial For	7.02	88	#161 Ezechiel Benissan	C.D. Hylton 7.34
35 #246 Elom Mawussi	Tallwood	7.03	89	#165 Jean-Bandama Boni	Stafford Hig 7.35
36 #276 Blake Riddlebarger	Jefferson Fo	7.03	90	#181 Xavier Calloway	Heritage (Ly 7.35
37 #324 Travis Zywicki	John Champe	7.04	91	#250 Isaac McGinnis	DeMatha Cath 7.35
38 #228 Jamareeh Jones	Highland Spr	7.04	92	#253 Cadiel Medina	Millbrook 7.35
39 #211 Pierre Gresham	Highland Spr	7.05	93	#240 Christian Lewis	Highland Spr 7.36
40 #322 Giovanni Zelaya	Brooke Point	7.05	94	#195 Jaxon Dewitt	Manchester H 7.36
41 #216 Therman Hawkins III	DeMatha Cath	7.05	95	#170 Nicholas Braden	C.D. Hylton 7.37
42 #306 Avion Tucker	E.C. Glass	7.05	95	#316 Aston Williams	Manchester H 7.37
43 #283 Sai Rodda	John Champe	7.06	97	#160 Ross Bazzichi	Maggie Walke 7.38
44 #272 Joe Pinn	Heritage (Ly	7.07	98	#237 Tyler Lam	Millbrook 7.38
45 #323 Jesus Zenquis	Northside Hi	7.07	99	#295 Jayson Smoot	Jefferson Fo 7.39
46 #318 Julius Wilson	Tallwood	7.07	100	#227 Seth Johnson	Spotswood 7.39
47 #177 Jay Burdett	Midlothian H	7.07	101	#245 Caleb Mattocks	Jefferson Fo 7.40
48 #243 Jamez Lynch Jr.	Charlottesvi	7.08	102	#264 Ude Nwakor	Jefferson Fo 7.44
49 #255 Josh Mihill	Millbrook	7.08	103	#194 Mike Crowe	Blacksburg H 7.44
49 #269 Adryan Payne	Woodside	7.08	104	#184 Sean Casey	Northside Hi 7.44
51 #286 Nathan Royster	Midlothian H	7.09	105	#284 Benjamin Roth	Spotswood 7.45
52 #282 DeRon Rockingham	Maggie Walke	7.10	106	#172 Pierce Britt	Manchester H 7.47
53 #233 Miles Kershner	Charlottesvi	7.10	107	#153 Tre'Shawn Anderson	Heritage (Ly 7.48
54 #239 Zamarion Larkins	Woodside	7.10	108	#251 Donnie McKinney	Maggie Walke 7.49
55 #219 Jordan Hillman	Western Bran	7.11	109	#307 Dominant Turner	Maggie Walke 7.50
56 #299 Micah Tarry	Highland Spr	7.11	110	#226 Donovan Johnson	Blacksburg H 7.50
57 #270 Brandon Pearson	E.C. Glass	7.12	111	#222 Adrien Istre	Midlothian H 7.52
58 #171 Camren Briggs	Western Bran	7.14	112	#225 Braylon Johnson	Highland Spr 7.53
59 #173 Nasiah Brooks	Louisa Count	7.15	113	#238 Ryan Lane	Millbrook 7.57
			114	#201 Ethan Eshelman	Manchester H 7.58
			114	#150 Carter Ackerman	Blacksburg H 7.58

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys 55 Meter Dash)

Name	School	Finals
116 #304 Jimmy Trice	Massaponax	7.59
117 #189 James Cook	Blacksburg H	7.60
117 #289 Cairon Sanders	Tallwood	7.60
119 #281 Hunter Rockhill	Jefferson Fo	7.61
120 #183 Lawrence Cary	Highland Spr	7.63
121 #180 Alexander Callo	Stuarts Draf	7.65
122 #241 Levi Lindauer	Jefferson Fo	7.65
123 #258 Jimmy Moore	Massaponax	7.65
124 #317 Nasir Williams	E.C. Glass	7.66
125 #199 Jared Dutt	Spotswood	7.68
126 #154 Anthony Argiro	Wilson Memor	7.69
127 #152 Linden Ambrose	Blacksburg H	7.75
128 #191 Angel Cortez	Liberty (Bea	7.77
129 #221 Christian Howell	C.D. Hylton	7.78
130 #176 Tyshawn Brown	Heritage (Ly	7.79
131 #313 Brendan Weeks	Wilson Memor	7.80
132 #260 Ben Muraskin	Spotswood	7.81
133 #156 Sahapat Athichaiwattana	Liberty (Bea	7.81
134 #247 Peyton McCoy	DeMatha Cath	7.87
135 #291 Nived Sanjay	Maggie Walke	7.87
136 #303 Khourtney Tremble	Woodside	7.94
137 #206 Zahir Gatlin	Tallwood	7.95
138 #311 Kameron Watson	Highland Spr	7.97
139 #248 Tramel McCrea	Heritage (Ly	8.10
140 #319 Jordan Winston	Highland Spr	8.13
141 #155 Sean Asbrand	Blacksburg H	8.13
142 #234 Darrius King	Stuarts Draf	8.17
143 #166 Joshua Booker	Manchester H	8.26
144 #185 Brayden Cline	Stuarts Draf	8.26
145 #151 Owen Albertson	Spotswood	8.30
146 #254 Matthew Medlin	Spotswood	8.45
147 #265 Fernando Otzoy	Spotswood	8.50
148 #268 Jaleel Patterson	L.C. Bird	8.59
149 #196 Connor Dight	Spotswood	8.68
150 #218 Samuel Helton	Blacksburg H	8.72
151 #293 miguel Shogun	Stuarts Draf	8.81
152 #197 Ryan Duncan	Spotswood	9.37

## Boys 300 Meter Dash

Facility: 32.64 1/19/2018 Brian Herron

Name	School	Finals
1 #553 Brian West	DeMatha Cath	35.43
2 #231 Max Karen	John Champe	35.52
3 #465 Ronald Gaymon	Stafford Hig	35.82
4 #503 Patrick McCray	Jefferson Fo	35.99
5 #463 Keith Frasier	Western Bran	36.21
6 #555 Jeremiah Wilks	L.C. Bird	36.22
7 #305 Kamari Trotz	DeMatha Cath	36.47
8 #478 Addison Hilton	Jefferson Fo	36.52
9 #466 Aaron Goggins	Western Bran	36.55
10 #439 Danteas Braxton	Jefferson Fo	36.59
11 #446 Theodore Brown	Massaponax	36.73
12 #561 Kevin Winston	DeMatha Cath	36.75

13 #499 Quinton Massie	Western Bran	36.87
14 #549 Ja'Kobe Ward	Highland Spr	37.15
15 #296 Stephen Snow	John Champe	37.21
16 #491 Gabriel Kwakye	C.D. Hylton	37.26
17 #269 Adryan Payne	Woodside	37.27
18 #233 Miles Kershner	Charlottesvi	37.32
19 #232 Jackson Kennedy	John Champe	37.44
20 #526 Evan Powell	L.C. Bird	37.45
21 #461 Roland Evans	Western Bran	37.52
22 #441 DeAnte Bridges	Western Bran	37.64
23 #524 Marcus Phifer	Woodside	37.66
24 #212 Ben Hager	Blacksburg H	37.77
25 #214 Jason Hart	Highland Spr	37.92
26 #518 Demi Ojuronbe	DeMatha Cath	38.03
27 #287 Alexander Saint-Victor	DeMatha Cath	38.04
28 #507 Zahn Middleton	Stafford Hig	38.05
29 #219 Jordan Hillman	Western Bran	38.19
30 #540 Jaylan Stevens	Western Bran	38.21
31 #1274 Conner Hachet	Manchester H	38.21
31 #532 Jamari Roper	L.C. Bird	38.21
33 #464 Xavier Gary	DeMatha Cath	38.22
34 #519 Jordan Osborne	Stafford Hig	38.29
35 #263 Douglas Newsome	Orange Count	38.33
36 #437 Ivin Biju	L.C. Bird	38.34
37 #158 Donovan Backus	DeMatha Cath	38.36
38 #168 Kalebh Boone	L.C. Bird	38.38
39 #257 George Moore	Western Bran	38.47
40 #536 Jayden Shorter	Western Bran	38.57
41 #435 Khari Barnes	Tallwood	38.59
42 #301 Delvon Teachey	DeMatha Cath	38.60
43 #249 Jordan McDowney	Highland Spr	38.60
44 #458 Raphael Espinoza	Millbrook	38.63
45 #434 Landon Baker	Millbrook	38.66
46 #506 Zach Middleton	Stafford Hig	38.71
47 #239 Zamarion Larkins	Woodside	38.73
48 #523 McKinley Pennix	Heritage (Ly	38.81
49 #554 Clinton Wiggins	DeMatha Cath	38.83
50 #529 Lyric Pride-Horne	Stafford Hig	38.85
51 #510 Derek Montgomery	Western Bran	38.88
52 #290 Kamauri Sanders	Brooke Point	38.91
53 #272 Joe Pinn	Heritage (Ly	38.92
54 #283 Sai Rodda	John Champe	38.96
55 #228 Jamareeh Jones	Highland Spr	39.04
56 #538 Anthony Smith	Louisa Count	39.05
57 #256 Kerlin Miles	L.C. Bird	39.15
58 #173 Nasiah Brooks	Louisa Count	39.15
59 #174 Alex Brown	Highland Spr	39.18
60 #448 Wayon Cherry	Western Bran	39.19
61 #453 Michael Dixon	DeMatha Cath	39.35
62 #521 Daniel Patino	DeMatha Cath	39.39
63 #546 Terry Travis	Massaponax	39.42
64 #320 Deontray Woodson	Prince Edwar	39.42
65 #186 Bryson Coates	John Champe	39.57
66 #517 Sironsi Ntaanzi	Colonial For	39.59
67 #209 Darkarius Greene	Orange Count	39.67
68 #545 Elijah Tolton	Charlottesvi	39.67

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys 300 Meter Dash)

Name	School	Finals			
69 #485 Jamel Johnson	Highland Spr	39.70	123 #541 Tristan Taylor	Stafford Hig	41.97
70 #182 Gerald Campbell	DeMatha Cath	39.72	124 #251 Donnie McKinney	Maggie Walke	42.03
71 #194 Mike Crowe	Blacksburg H	39.77	125 #226 Donovan Johnson	Blacksburg H	42.04
72 #321 Brendan Wyatt	DeMatha Cath	39.78	126 #238 Ryan Lane	Millbrook	42.15
73 #315 Gunner White	Tallwood	39.87	127 #183 Lawrence Cary	Highland Spr	42.21
74 #216 Therman Hawkins III	DeMatha Cath	39.90	128 #211 Pierre Gresham	Highland Spr	42.24
75 #460 Daveon Estes	Brooke Point	39.90	129 #472 Seth Harding	Spotswood	42.39
76 #474 Jeremiah Heath	DeMatha Cath	39.95	130 #495 Trevor Lundgren	Maggie Walke	42.62
77 #314 Alex Westcott	John Champe	40.01	131 #444 Tristan Brooks	Western Bran	42.66
78 #210 Daylan Gregory	L.C. Bird	40.02	132 #161 Ezechiel Benissan	C.D. Hylton	42.67
79 #223 Quentin Jackson	DeMatha Cath	40.04	133 #438 Mekhi Booker	Highland Spr	42.71
80 #459 Juan Esquivel	Woodside	40.10	134 #451 Tyler Crews	Liberty (Bea	42.80
81 #180 Alexander Callo	Stuarts Draf	40.11	135 #154 Anthony Argiro	Wilson Memor	42.80
82 #445 Reshaud Brown	Prince Edwar	40.13	136 #456 Richard Dzerke	Stafford Hig	42.83
83 #449 Davion Cole	L.C. Bird	40.17	137 #318 Julius Wilson	Tallwood	42.89
84 #484 Darrian Johnson	Northside Hi	40.25	138 #176 Tyshawn Brown	Heritage (Ly	42.94
85 #548 Brent Wallace	Louisa Count	40.32	139 #515 Joseph Nelson	E.C. Glass	42.96
86 #661 James Johnson	Massaponax	40.33	140 #240 Christian Lewis	Highland Spr	42.99
87 #497 Conner Mackey	Spotswood	40.40	141 #528 Eric Price	Millbrook	43.04
88 #292 Tyrek Shelton	Louisa Count	40.52	141 #467 Henry Goldschmidt	Blacksburg H	43.04
88 #534 Nazhon Savage	Tallwood	40.52	143 #156 Sahapat Athichaiwattana	Liberty (Bea	43.06
90 #440 Jackson Breeden	Brooke Point	40.53	144 #284 Benjamin Roth	Spotswood	43.07
91 #274 Bobby Pridgen	Tallwood	40.55	145 #303 Khourtney Tremble	Woodside	43.28
92 #217 Jaelyn Hawthorne	Highland Spr	40.57	146 #551 Jeremiah Waters	Tallwood	43.39
93 #193 Michael Crawford	Heritage (Ly	40.61	147 #311 Kameron Watson	Highland Spr	43.40
93 #479 Armani Hinman	Midlothian H	40.61	148 #487 Xavier Johnson	Highland Spr	43.59
95 #250 Isaac McGinnis	DeMatha Cath	40.62	149 #221 Christian Howell	C.D. Hylton	43.66
96 #492 Carlos Lamoso	Tallwood	40.67	150 #514 Taeon Mosby	E.C. Glass	43.79
97 #159 Peter Barrent	Manchester H	40.87	151 #153 Tre'Shawn Anderson	Heritage (Ly	43.96
98 #199 Jared Dutt	Spotswood	40.88	152 #450 Bryce Cook	Staunton Riv	43.99
99 #477 Risher Hedgepeth	Blacksburg H	40.90	153 #206 Zahir Gatlin	Tallwood	44.01
100 #280 Tivonte Robinson	Prince Edwar	40.93	154 #522 Rowlander Patterson	Highland Spr	44.01
101 #486 Matthew Johnson	Northside Hi	40.94	155 #509 Chance Mitchell	Tallwood	44.16
102 #308 Thomas Walker	Prince Edwar	40.96	156 #172 Pierce Britt	Manchester H	44.16
103 #454 Josh Drinkwine	John Champe	40.99	157 #235 Dylan King	Stafford Hig	44.57
104 #243 Jamez Lynch Jr.	Charlottesvi	41.05	158 #313 Brendan Weeks	Wilson Memor	44.83
105 #535 Will Shi	Blacksburg H	41.06	159 #151 Owen Albertson	Spotswood	45.13
106 #432 Carter Atkins	Spotswood	41.22	160 #558 Tashaun Williams	Heritage (Ly	45.25
107 #511 Scott Montgomery	Millbrook	41.22	161 #230 Khalil Jones	Louisa Count	45.30
108 #513 Giovanni Morris	Millbrook	41.24	162 #476 Azat Hedgepeth	Blacksburg H	45.41
109 #297 Zack Steele	Heritage (Ly	41.29	163 #500 Nick May	Stuarts Draf	45.47
110 #470 Zach Haines	Colonial For	41.30	164 #490 Sam Klapak	Louisa Count	45.61
111 #299 Micah Tarry	Highland Spr	41.32	165 #557 Nehemiah Williams	Woodside	45.96
112 #552 Marc Watson	DeMatha Cath	41.32	166 #291 Nived Sanjay	Maggie Walke	46.09
113 #181 Xavier Calloway	Heritage (Ly	41.48	167 #483 Antonio Javier	Tallwood	46.23
114 #225 Braylon Johnson	Highland Spr	41.48	168 #248 Tramel McCrea	Heritage (Ly	47.11
115 #525 Marquise Phifer	Woodside	41.60	169 #455 Alexander Durso	Wilson Memor	47.11
116 #504 Dylan McDonald	Blacksburg H	41.60	170 #433 Jonathan Baker	Woodside	47.50
117 #469 Deven Gray	Manchester H	41.62	171 #234 Darius King	Stuarts Draf	47.84
118 #170 Nicholas Braden	C.D. Hylton	41.68	172 #258 Jimmy Moore	Massaponax	47.85
119 #322 Giovanni Zelaya	Brooke Point	41.71	173 #481 Zach Hodgen	Wilson Memor	48.27
120 #307 Dominant Turner	Maggie Walke	41.74	174 #562 William Winston	Highland Spr	49.17
121 #489 Sean Karney	Louisa Count	41.94	175 #436 Brady Bell	Stuarts Draf	49.44
122 #150 Carter Ackerman	Blacksburg H	41.96	176 #505 Luke McWhorter	Wilson Memor	50.36
			177 #443 Jackson Britt	Wilson Memor	50.65
			178 #531 Justin Riddle	Wilson Memor	51.40

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Boys 500 Meter Dash

Facility: 1:01.35 1/26/2019 Alejandro Perlaza Zapata

Name	School	Finals
<b>Finals</b>		
1	#686 Jayson Ward	L.C. Bird 1:07.04
2	#553 Brian West	DeMatha Cath 1:07.49
3	#526 Evan Powell	L.C. Bird 1:08.55
4	#669 Alexander Mitchell	Tallwood 1:08.89
5	#675 Vance Ruiz	Blacksburg H 1:08.93
6	#437 Ivin Biju	L.C. Bird 1:09.28
7	#555 Jeremiah Wilks	L.C. Bird 1:09.33
8	#684 Kam'ryn Thomas	DeMatha Cath 1:09.96
9	#627 Cy Alderman	Spotswood 1:09.96
10	#457 Darryl Edmonds	L.C. Bird 1:10.02
11	#632 Ben Blanchard	Maggie Walke 1:10.19
12	#269 Adryan Payne	Woodside 1:10.31
13	#631 Daniel Blagooee	DeMatha Cath 1:10.32
14	#624 Samuel Ageyman	C.D. Hylton 1:10.33
15	#446 Theodore Brown	Massaponax 1:10.50
16	#674 Austin Rome	DeMatha Cath 1:10.79
17	#532 Jamari Roper	L.C. Bird 1:11.29
18	#689 Aiden Wilson	Woodside 1:11.92
19	#682 Corenson Terry	DeMatha Cath 1:12.04
20	#518 Demi Ojuronbe	DeMatha Cath 1:12.12
21	#628 Matthew Anderson	Liberty (Bea 1:12.24
22	#471 Jaleal Hamlett	Heritage (Ly 1:12.61
23	#635 Logan Burton	Northside Hi 1:12.82
24	#661 James Johnson	Massaponax 1:12.90
25	#647 Da'Saun Dill-Simmons	Brooke Point 1:13.11
26	#554 Clinton Wiggins	DeMatha Cath 1:13.18
27	#283 Sai Rodda	John Champe 1:13.49
28	#671 Imani Patterson	Western Bran 1:13.80
29	#670 Shane Nalls	Midlothian H 1:13.85
30	#646 Joseph Del Priore	Brooke Point 1:13.95
31	#638 Daniel Celeste	Stafford Hig 1:14.15
32	#679 Quinton Smith	Tallwood 1:14.27
33	#634 Alex Broening	Maggie Walke 1:14.36
34	#678 Desmond Smith	Highland Spr 1:14.37
35	#314 Alex Westcott	John Champe 1:14.66
36	#654 Malakhi Gregory	Staunton Riv 1:14.68
37	#650 Silas Fowler	Spotswood 1:14.71
38	#626 Tolulope Akadiri	Manchester H 1:14.81
39	#449 Davion Cole	L.C. Bird 1:14.83
40	#630 Robert Black	Colonial For 1:14.85
41	#1084 Landon Epperson	Jefferson Fo 1:14.90
42	#459 Juan Esquivel	Woodside 1:14.97
43	#474 Jeremiah Heath	DeMatha Cath 1:15.01
44	#642 Austin Condoyiannis	Tallwood 1:15.35
45	#521 Daniel Patino	DeMatha Cath 1:15.39
46	#454 Josh Drinkwine	John Champe 1:15.46
47	#645 Kysean Curry	Tallwood 1:15.59
48	#683 Jordell Thomas	Brooke Point 1:15.62
49	#640 Joshua Clark	Colonial For 1:16.36
50	#665 Joseph Lane	Brooke Point 1:16.44
51	#289 Cairon Sanders	Tallwood 1:16.81

52	#496 Jashua Lundy	Western Bran 1:17.21
53	#546 Terry Travis	Massaponax 1:17.38
54	#629 Dawson Baker	DeMatha Cath 1:17.39
55	#643 Dylan Craft	Prince Edwar 1:17.75
56	#648 Andrew Estes	Louisa Count 1:17.93
57	#637 William Cash	Wilson Memor 1:18.72
58	#552 Marc Watson	DeMatha Cath 1:19.10
59	#558 Tashaun Williams	Heritage (Ly 1:19.16
60	#511 Scott Montgomery	Millbrook 1:20.16
61	#664 Russell Kramer	Spotswood 1:20.24
62	#500 Nick May	Stuarts Draf 1:21.49
63	#652 Ole Galgano	Spotswood 1:21.91
64	#453 Michael Dixon	DeMatha Cath 1:22.18
65	#633 Darren Brewer	Louisa Count 1:22.47
66	#246 Elom Mawussi	Tallwood 1:22.68
67	#304 Jimmy Trice	Massaponax 1:23.25
68	#625 Noah Ahrens	E.C. Glass 1:23.37
69	#681 Aidan Stone	Liberty (Bea 1:23.38
70	#666 Andrew Lin	Northside Hi 1:23.90
71	#668 Arolda Mendez	E.C. Glass 1:24.02
72	#1043 Malique Gross	Louisa Count 1:24.17
73	#663 Alexander Knick	Wilson Memor 1:25.90
74	#660 Christopher Johnson	Highland Spr 1:27.55
75	#501 Ron McCargo	Prince Edwar 1:28.94
76	#649 Andrew Foltz	Spotswood 1:29.13
77	#303 Khourtney Tremble	Woodside 1:29.48
78	#455 Alexander Durso	Wilson Memor 1:30.95
79	#443 Jackson Britt	Wilson Memor 1:32.38
80	#505 Luke McWhorter	Wilson Memor 1:33.98
81	#688 Zander Weber	Blacksburg H 1:34.34
82	#673 Nick Perry	Staunton Riv 1:36.76
83	#436 Brady Bell	Stuarts Draf 1:37.88
84	#655 Jared Hall	Louisa Count 1:40.51
---	#680 Savion Spencer	Highland Spr DQ
---	#659 Jahsani Jean-Baptiste	Western Bran DQ

## Boys 1000 Meter Run

Facility: 2:21.89 1/27/2018 Neil Gourley

Name	School	Finals
<b>Finals</b>		
1	#814 Sam Rodman	Liberty (Bea 2:29.66
2	#809 Jacob Plummer*	L.C. Bird 2:31.57
3	#832 Bowen Varney	Louisa Count 2:31.82
4	#754 Benjamin Barnett	E.C. Glass 2:39.36
5	#824 Aidan Sheahan	Spotswood 2:39.63
6	#766 Landon Dinkel	Blacksburg H 2:43.25
7	#786 Christian Jackson	Colonial For 2:43.47
8	#761 Oscar Coddington	Blacksburg H 2:43.95
9	#524 Marcus Phifer	Woodside 2:44.10
10	#837 Grant Williams	Tallwood 2:44.52
11	#756 Zachary Bibeau	Blacksburg H 2:47.34
12	#820 Ben Schmitt	Blacksburg H 2:48.22
13	#780 Dawson Grogan	DeMatha Cath 2:48.58
14	#789 Hayat Khan	Prince Edwar 2:49.62
15	#788 Lance Jonzen	Jefferson Fo 2:49.96
16	#790 Kyle Lauffenberger	John Champe 2:49.99

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys 1000 Meter Run)

Name	School	Finals
17 #819 Charleston Schemm	John Champe	2:50.53
18 #769 Nicholas Emmert	Louisa Count	2:50.78
19 #787 Michael Johnson	Northside Hi	2:51.46
20 #840 Ian Yansack	Massaponax	2:51.61
21 #753 Buck Arthur	Jefferson Fo	2:52.41
22 #836 Sean Whitfield	DeMatha Cath	2:53.01
23 #525 Marquise Phifer	Woodside	2:53.10
24 #827 Kyler Soriano	Louisa Count	2:53.52
25 #772 Matthew Fitchett	Maggie Walke	2:53.77
26 #771 Hugh Feehan	Maggie Walke	2:53.96
27 #647 Da'Saun Dill-Simmons	Brooke Point	2:55.05
28 #784 Elliot Howard	Blacksburg H	2:55.19
29 #798 C.J. Mierchuk	Midlothian H	2:55.35
30 #768 Ethan Duncan	Spotswood	2:55.57
31 #822 Thomas Sepulveda	Stafford Hig	2:55.67
32 #839 Michael Wunderlich	Midlothian H	2:55.80
33 #750 Ashaz Ahmed	John Champe	2:55.97
34 #775 Ryan Gallagher	E.C. Glass	2:56.00
35 #838 Jonathan Wiseman	Millbrook	2:56.40
36 #785 Ross Iudica	Spotswood	2:56.81
37 #799 Jack Muldowney	Millbrook	2:58.10
38 #807 Wolfgang Ploch	E.C. Glass	2:58.15
39 #470 Zach Haines	Colonial For	2:58.22
40 #818 Kayden Ryder	Staunton Riv	2:58.27
41 #626 Tolulope Akadiri	Manchester H	2:58.30
42 #765 Zach Davis	Blacksburg H	2:58.76
43 #883 Tyler Church	Spotswood	2:59.12
44 #755 Blake Berkley	L.C. Bird	2:59.36
45 #795 Miles Mayhew	Spotswood	2:59.44
46 #815 Conner Rogers	Liberty (Bea	2:59.74
47 #834 Gavin Weddington	DeMatha Cath	2:59.79
48 #796 Ben McCormack	Midlothian H	3:00.60
49 #811 Konnor Rafferty	Tallwood	3:00.89
50 #808 Grayson Plummer	Manchester H	3:01.79
51 #800 Nolan Myers	Millbrook	3:02.33
52 #760 Jacob Clevenger	E.C. Glass	3:02.71
53 #803 Matthew Paratore	Liberty (Bea	3:02.99
54 #467 Henry Goldschmidt	Blacksburg H	3:03.44
55 #759 Caden Brooks	Massaponax	3:03.52
56 #829 Edison Tennant	Charlottesvi	3:03.75
57 #804 Nicholas Pearce	Woodside	3:04.54
58 #841 Rodney Zummo	Orange Count	3:04.83
59 #813 Jonas Roach	Blacksburg H	3:05.50
60 #816 Javier Roldan	Orange Count	3:06.04
61 #835 Gabe Wheaton	Staunton Riv	3:06.14
62 #792 Micah Litchford	E.C. Glass	3:06.68
63 #751 Jeremiah Ali	C.D. Hylton	3:06.86
64 #805 Johnathan Perez	Jefferson Fo	3:07.56
65 #774 Rudie Galbert	John Champe	3:08.34
66 #806 Jacob Phelps	Liberty (Bea	3:09.28
67 #764 Clark Dana	Wilson Memor	3:09.50
68 #665 Joseph Lane	Brooke Point	3:09.58
69 #797 Jacob McCoy	Liberty (Bea	3:11.52
70 #821 Gabe Sealock	Liberty (Bea	3:11.71

71 #476 Azat Hedgepeth	Blacksburg H	3:11.89
72 #637 William Cash	Wilson Memor	3:11.91
73 #782 Wyatt Hambrick	Millbrook	3:12.18
74 #1265 Donovan Burton	Stafford Hig	3:13.61
75 #828 Dean Tennant	Charlottesvi	3:14.72
76 #777 James Gilhood	L.C. Bird	3:14.77
77 #783 Nathan Hamilton	Prince Edwar	3:15.01
78 #793 Trevor Lloyd	Millbrook	3:15.25
79 #752 Owen Arnold	Millbrook	3:15.38
80 #825 Brody Sigmon	Spotswood	3:15.39
81 #791 Nate Lehman	Blacksburg H	3:19.00
82 #763 Josh Cox	Stuarts Draf	3:20.07
83 #762 Jaime Contreras	C.D. Hylton	3:22.20
84 #778 Carson Gilmore	Blacksburg H	3:23.66
85 #794 Avery Lupton	Heritage (Ly	3:24.15
86 #802 Kevin Overstreet	Staunton Riv	3:28.20
87 #433 Jonathan Baker	Woodside	3:36.81
88 #557 Nehemiah Williams	Woodside	3:45.54
89 #823 Alex Shade	Tallwood	3:52.57

## Boys 1600 Meter Run

Facility: 4:18.99 1/12/2018 Theo Woods

Name	School	Finals
1 #891 William Gay	John Champe	4:33.77
2 #766 Landon Dinkel	Blacksburg H	4:34.19
3 #790 Kyle Lauffenberger	John Champe	4:34.68
4 #916 Joseph Morris	Battlefield	4:35.08
5 #890 Will Gardner	Midlothian H	4:35.97
6 #919 Nathan Notgrass	Stafford Hig	4:36.02
7 #769 Nicholas Emmert	Louisa Count	4:36.33
8 #894 El-Amir Hanafi	L.C. Bird	4:42.12
9 #933 Brian Tavenner	Midlothian H	4:43.68
10 #789 Hayat Khan	Prince Edwar	4:46.05
11 #905 Saad Khan	Prince Edwar	4:46.09
12 #918 Miles Nardi	Maggie Walke	4:46.45
13 #914 Reece McKee	Charlottesvi	4:48.48
14 #939 Mason White	Manchester H	4:49.07
15 #900 Carter Johnson	Millbrook	4:49.18
16 #941 Ethan Wrye	Massaponax	4:51.33
17 #840 Ian Yansack	Massaponax	4:52.32
18 #929 Ryder Rose	Orange Count	4:54.66
19 #904 Sergio Keyes	Charlottesvi	4:57.73
20 #921 Cy Pabis	E.C. Glass	4:59.68
21 #757 Kevin Bill	Manchester H	4:59.71
22 #767 Jack Donovan	Manchester H	5:00.49
23 #896 James Hudson	DeMatha Cath	5:00.86
24 #827 Kyler Soriano	Louisa Count	5:01.13
25 #755 Blake Berkley	L.C. Bird	5:01.54
26 #887 Jack Ereio	Midlothian H	5:01.56
27 #884 Chance Crosen	Millbrook	5:01.69
28 #917 Jackson Murray	John Champe	5:01.71
29 #915 Daniel Merriman	Stafford Hig	5:01.87
30 #895 Nicholas Hayden	Millbrook	5:02.45
31 #902 Spencer Kearns	Staunton Riv	5:03.14
32 #937 James Wallace	Blacksburg H	5:03.45

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys 1600 Meter Run)

Name	School	Finals
33 #938 Karsten Weeks	Midlothian H	5:05.22
34 #838 Jonathan Wiseman	Millbrook	5:05.76
35 #800 Nolan Myers	Millbrook	5:05.82
36 #931 Conner Rutherford	Blacksburg H	5:07.46
37 #926 Kamren Reeves	Stafford Hig	5:07.56
38 #899 Alex Johnson	Massaponax	5:07.91
39 #901 Kai Johnson	Millbrook	5:08.48
40 #813 Jonas Roach	Blacksburg H	5:12.62
41 #882 Roman Chenoweth	Maggie Walke	5:12.78
42 #940 Owen Widrick	Midlothian H	5:13.63
43 #876 Avery Austin	C.D. Hylton	5:14.02
44 #920 Simeon Omorodian	Colonial For	5:14.67
45 #764 Clark Dana	Wilson Memor	5:15.52
46 #804 Nicholas Pearce	Woodside	5:16.38
47 #935 Kyle Varney	Manchester H	5:17.39
48 #922 Gavin Paye	Blacksburg H	5:17.40
49 #782 Wyatt Hambrick	Millbrook	5:19.34
50 #759 Caden Brooks	Massaponax	5:20.02
51 #913 Teagan McCluskey	Maggie Walke	5:21.69
52 #930 Jonas Ruebke	Spotswood	5:22.83
53 #663 Alexander Knick	Wilson Memor	5:23.48
54 #880 Leo Callo	Stuarts Draf	5:23.59
55 #925 Zachary Reed	Western Bran	5:24.23
56 #752 Owen Arnold	Millbrook	5:26.30
57 #924 Ben Putka	Stafford Hig	5:26.99
58 #877 Aldrin Bitor	Tallwood	5:28.85
59 #793 Trevor Lloyd	Millbrook	5:30.95
60 #783 Nathan Hamilton	Prince Edwar	5:31.75
61 #791 Nate Lehman	Blacksburg H	5:32.04
62 #892 Harrison Givens	Jefferson Fo	5:33.71
63 #830 Harrison Tracy	Blacksburg H	5:35.38
64 #885 Daniel Diaczyszyn	Colonial For	5:35.48
65 #910 William Madelle	Staunton Riv	5:36.30
66 #778 Carson Gilmore	Blacksburg H	5:37.14
67 #927 Brady Rennyson	E.C. Glass	5:38.64
68 #878 Hayden Braun	Brooke Point	5:41.12
69 #923 Richard Promin	Manchester H	5:41.18
70 #936 Alex Vaughan	Tallwood	5:43.48
71 #893 Wesley Gordon	Tallwood	5:44.12
72 #908 Sam Laneve	Jefferson Fo	5:52.18
73 #794 Avery Lupton	Heritage (Ly	5:54.00
74 #888 Everette Flora	Maggie Walke	5:54.02
75 #911 Nathaniel Magalis	Spotswood	5:54.67
76 #912 Adam Marcell	C.D. Hylton	5:58.89
77 #881 Conner Champney	Jefferson Fo	6:00.78
78 #886 Kaden Ellison	Tallwood	6:12.29
79 #557 Nehemiah Williams	Woodside	6:12.50
80 #909 David Ludwig	Millbrook	6:13.71
81 #433 Jonathan Baker	Woodside	6:13.73

## Boys 3200 Meter Run

Facility: 9:23.59 2/18/2017 Alec Schrank

Name	School	Finals
1 #990 Branden Wood	Louisa Count	9:44.97
2 #955 Luke Affolder	L.C. Bird	9:50.80
3 #988 Brendan Taylor	L.C. Bird	9:54.19
4 #958 Michael Arner	Colonial For	9:55.47
5 #933 Brian Tavenner	Midlothian H	10:00.83
6 #894 El-Amir Hanafi	L.C. Bird	10:05.09
7 #985 Ethan Pettyjohn	Orange Count	10:13.51
8 #914 Reece McKee	Charlottesvi	10:17.37
9 #975 Matt Klapak	Louisa Count	10:17.71
10 #980 Ben Neuwirth	Maggie Walke	10:18.14
11 #890 Will Gardner	Midlothian H	10:18.34
12 #900 Carter Johnson	Millbrook	10:21.34
13 #956 Conner Amberg	Spotswood	10:27.29
14 #906 Timothy Krone	Jefferson Fo	10:27.90
15 #972 Cade Green	Blacksburg H	10:27.93
16 #905 Saad Khan	Prince Edwar	10:34.28
17 #957 Jacob Amberg	Spotswood	10:38.88
18 #962 Andrew Choffel	Louisa Count	10:40.07
19 #937 James Wallace	Blacksburg H	10:49.17
20 #941 Ethan Wrye	Massaponax	10:53.03
21 #974 Keith Johnson	Staunton Riv	10:53.68
22 #987 Jacob Smith	Maggie Walke	10:53.81
23 #989 Sam Weddle	Staunton Riv	10:55.24
24 #984 Thomas Parsons	DeMatha Cath	10:58.52
25 #932 Tim Slater	Prince Edwar	11:05.82
26 #899 Alex Johnson	Massaponax	11:07.26
27 #970 Jonathan Goerlich	Blacksburg H	11:11.37
28 #966 Zachary Ermann	Blacksburg H	11:11.40
29 #973 Connor Hicks	Colonial For	11:12.79
30 #977 Dylan Lam	Spotswood	11:14.99
31 #931 Conner Rutherford	Blacksburg H	11:25.30
32 #982 Jonah Packer	Jefferson Fo	11:32.80
33 #921 Cy Pabis	E.C. Glass	11:36.02
34 #922 Gavin Paye	Blacksburg H	11:41.16
35 #880 Leo Callo	Stuarts Draf	11:50.93
36 #965 Brennan Dillard	Colonial For	11:51.28
37 #983 Ian Parsons	DeMatha Cath	11:52.67
38 #981 Ian Novotne	Charlottesvi	11:53.74
39 #960 Vincent Brunet	Manchester H	12:21.68
40 #986 Joe Roberts	Manchester H	12:28.49
41 #991 Richard Zhai	Maggie Walke	12:31.66
42 #959 Rylan Bohidar	Manchester H	12:45.69
43 #968 Tyler Foust	Orange Count	13:04.02

## Boys 55 Meter Hurdles

Facility: 7.13 1/14/2017 Cory Poole

Name	School	Finals
1 #499 Quinton Massie	Western Bran	7.99
2 #549 Ja'Kobe Ward	Highland Spr	8.00
3 #1012 Trevor Thomas	Colonial For	8.01



**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Boys 55 Meter Hurdles)**

Name	School	Finals
4 #1015 Ethan Young	Blacksburg H	8.04
5 #463 Keith Frasier	Western Bran	8.10
6 #519 Jordan Osborne	Stafford Hig	8.13
7 #448 Wayon Cherry	Western Bran	8.19
8 #1003 Jordan Miller	Colonial For	8.20
9 #1002 Caleb McGirt	Western Bran	8.23
10 #997 Carl Gaines	C.D. Hylton	8.28
11 #475 Ryan Heck	Manchester H	8.40
12 #672 Nicolas Pedersen	Charlottesvi	8.56
13 #441 DeAnte Bridges	Western Bran	8.57
14 #645 Kysean Curry	Tallwood	8.64
15 #1013 Aaron Vincent	Maggie Walke	8.73
16 #540 Jaylan Stevens	Western Bran	8.76
17 #1006 Judah Praise	Jefferson Fo	8.82
18 #659 Jahsani Jean-Baptiste	Western Bran	8.95
19 #547 Benedict Uzochukwu	Manchester H	9.05
20 #479 Armani Hinman	Midlothian H	9.10
21 #993 Allan Brinly	Jefferson Fo	9.12
22 #669 Alexander Mitchell	Tallwood	9.15
23 #1004 Nayton Nontong	Brooke Point	9.18
24 #244 Wesley Matthews	DeMatha Cath	9.20
25 #679 Quinton Smith	Tallwood	9.24
26 #523 McKinley Pennix	Heritage (Ly	9.31
27 #449 Davion Cole	L.C. Bird	9.65
28 #1008 Daniel Price	Jefferson Fo	9.68
29 #542 Aiden Terry	Northside Hi	9.69
30 #543 David Thomas	Manchester H	9.72
31 #545 Elijah Tolton	Charlottesvi	9.74
32 #1014 Evan Wolff	Maggie Walke	9.81
33 #633 Darren Brewer	Louisa Count	9.85
34 #1005 Powhatan Potts	Tallwood	9.93
35 #642 Austin Condoyiannis	Tallwood	9.94
36 #438 Mekhi Booker	Highland Spr	10.04
37 #998 Nathaniel Kim	Charlottesvi	10.12
38 #201 Ethan Eshelman	Manchester H	10.29
39 #671 Imani Patterson	Western Bran	10.31
40 #1000 D'Avon Manson	Prince Edwar	10.33
41 #996 Kunal Chand	Maggie Walke	10.44
42 #430 Benjamin Apple	Wilson Memor	10.56
43 #487 Xavier Johnson	Highland Spr	10.59
44 #992 Will Bowersox	Wilson Memor	10.61
45 #1001 Emilio Mas	Brooke Point	10.66
46 #1009 Nathan Richardson	Northside Hi	10.69
47 #1010 Jace Stading	Louisa Count	10.85
48 #450 Bryce Cook	Staunton Riv	10.88
49 #522 Rowlander Patterson	Highland Spr	14.26

**Boys 4x200 Meter Relay**

Facility: 1:25.60 1/19/2019 Bullis School

Team	Relay	Finals
1 Western Bran		1:30.25
	1) #466 Aaron Goggins	2) #220 Jalen Hinton
	3) #1044 Nazir Imhotep	4) #1002 Caleb McGirt

2 DeMatha Cath		1:31.96
1) #561 Kevin Winston	2) #287 Alexander Saint-Victor	
3) #464 Xavier Gary	4) #321 Brendan Wyatt	
3 John Champe		1:33.72
1) #187 Mitchell Coates	2) #296 Stephen Snow	
3) #232 Jackson Kennedy	4) #231 Max Karen	
4 Manchester H		1:34.56
1) #475 Ryan Heck	2) #252 Damauri McPherson	
3) #1042 Devin Daye-Schafer	4) #205 Roemell Garcia	
5 Highland Springs	B	1:34.63
1) #249 Jordan McDowney	2) #214 Jason Hart	
3) #549 Ja'Kobe Ward	4) #508 Keyandre Midgett	
6 DeMatha Cath	B	x1:34.77
1) #223 Quentin Jackson	2) #305 Kamari Trotz	
3) #684 Kam'ryn Thomas	4) #158 Donovan Backus	
7 Colonial Forge	B	1:34.79
1) #236 Colby Kynard	2) #1051 Mike Vinson	
3) #169 Jordan Borders	4) #1049 Christian Stringer	
8 Northside High School		1:35.25
1) #635 Logan Burton	2) #323 Jesus Zenquis	
3) #294 Chris Smith	4) #484 Darrian Johnson	
9 Blacksburg H		1:35.96
1) #212 Ben Hager	2) #1015 Ethan Young	
3) #198 Cole Dunlap	4) #194 Mike Crowe	
10 Charlottesville		1:36.84
1) #233 Miles Kershner	2) #243 Jamez Lynch Jr.	
3) #829 Edison Tennant	4) #672 Nicolas Pedersen	
11 Louisa Count		1:37.57
1) #292 Tyrek Shelton	2) #310 Alex Washington	
3) #173 Nasiah Brooks	4) #538 Anthony Smith	
12 Brooke Point		1:37.58
1) #302 Issac Thompson	2) #322 Giovanni Zelaya	
3) #290 Kamauri Sanders	4) #493 Nathan Lane	
13 Heritage (Lynchburg)		1:38.00
1) #192 Kenneth Crawford	2) #261 Jaquin Myers	
3) #297 Zack Steele	4) #272 Joe Pinn	
14 Highland Springs		x1:38.09
1) #211 Pierre Gresham	2) #485 Jamel Johnson	
3) #174 Alex Brown	4) #217 Jaelyn Hawthorne	
15 Orange County		1:38.22
1) #263 Douglas Newsome	2) #1046 Addison Kell	
3) #1045 Mark Johnson	4) #656 Jeremiah Hartley	
16 Maggie Walker		1:38.73
1) #996 Kunal Chand	2) #1013 Aaron Vincent	
3) #1014 Evan Wolff	4) #282 DeRon Rockingham	
17 Prince Edwar		1:39.03
1) #224 Abdul-Raheem Johnson	2) #271 Jarvin Perkins	
3) #280 Tivonte Robinson	4) #308 Thomas Walker	
18 Brooke Point	B	x1:39.40
1) #460 Daveon Estes	2) #277 Michael Riley	
3) #646 Joseph Del Priore	4) #493 Nathan Lane	
19 Manchester H	B	x1:39.86
1) #179 Liam Callahan	2) #195 Jaxon Dewitt	
3) #215 Justice Hawkins	4) #543 David Thomas	

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

Finals ... (Boys 4x200 Meter Relay)		
Team	Relay	Finals
20 Tallwood	B	1:40.01
1) #435 Khari Barnes	2) #206 Zahir Gatlin	
3) #494 Daris Langley	4) #246 Elom Mawussi	
21 Millbrook		1:40.34
1) #255 Josh Mihill	2) #237 Tyler Lam	
3) #458 Raphael Espinoza	4) #434 Landon Baker	
22 Heritage (Lynchburg)	B	x1:40.65
1) #178 Kameron Burns	2) #288 Patrick Sales	
3) #279 Brandon Robinson	4) #181 Xavier Calloway	
23 C.D. Hylton		1:41.62
1) #491 Gabriel Kwakye	2) #997 Carl Gaines	
3) #221 Christian Howell	4) #161 Ezechiele Benissan	
24 Tallwood		x1:41.92
1) #163 Dennis Blacknall	2) #645 Kysean Curry	
3) #315 Gunner White	4) #435 Khari Barnes	
25 Spotswood		1:43.16
1) #227 Seth Johnson	2) #284 Benjamin Roth	
3) #199 Jared Dutt	4) #497 Conner Mackey	
26 Stafford High School		1:44.26
1) #529 Lyric Pride-Horne	2) #456 Richard Dzerke	
3) #235 Dylan King	4) #1039 Jean Benjamin Junior	
27 Louisa Count	B	x1:44.76
1) #1047 Logan McGhee	2) #548 Brent Wallace	
3) #1043 Malique Gross	4) #230 Khalil Jones	
28 Louisa Count	C	x1:45.84
1) #489 Sean Karney	2) #1010 Jace Stading	
3) #490 Sam Klapak	4) #995 Miguel Castells	
29 Blacksburg H	B	x1:45.93
1) #226 Donovan Johnson	2) #535 Will Shi	
3) #504 Dylan McDonald	4) #155 Sean Asbrand	
30 Maggie Walker	B	x1:46.01
1) #251 Donnie McKinney		
31 Highland Springs	C	x1:46.17
1) #183 Lawrence Cary	2) #240 Christian Lewis	
3) #487 Xavier Johnson	4) #319 Jordan Winston	
32 Stuarts Draft		1:48.57
1) #180 Alexander Callo	2) #185 Brayden Cline	
3) #234 Darius King	4) #1048 Logan Perry	
33 Blacksburg H	C	x1:49.19
1) #189 James Cook	2) #477 Risher Hedgepeth	
3) #539 Ethan St. Martin	4) #218 Samuel Helton	
34 Wilson Memorial		1:51.39
1) #154 Anthony Argiro	2) #1052 Skyler Whiting	
3) #313 Brendan Weeks	4) #285 Cobey Rothgeb	
--- Colonial Forge		DNF
1) #162 Jaelan Black	2) #213 Shaun Harris	
3) #1003 Jordan Miller	4) #442 Jaden Brinson	

Boys 4x400 Meter Relay			
	Facility:	3:11.22	1/21/2017 St. Augustine's Univ.
Team	Relay	Finals	
<b>Finals</b>			
1 L.C. Bird			3:26.25
1) #686 Jayson Ward	2) #437 Ivin Biju		
3) #457 Darryl Edmonds	4) #526 Evan Powell		
2 Western Bran			3:29.13
1) #499 Quinton Massie	2) #441 DeAnte Bridges		
3) #1002 Caleb McGirt	4) #463 Keith Frasier		
3 Jefferson Forest			3:31.40
1) #478 Addison Hilton	2) #439 Danteas Braxton		
3) #1085 Joseph Whaley	4) #503 Patrick McCray		
4 DeMatha Cath			3:32.52
1) #684 Kam'ryn Thomas	2) #639 Micah Ciccel		
3) #244 Wesley Matthews	4) #464 Xavier Gary		
5 Blacksburg H			3:35.23
1) #1015 Ethan Young	2) #820 Ben Schmitt		
3) #675 Vance Ruiz	4) #761 Oscar Coddington		
6 Spotswood			3:38.46
1) #627 Cy Alderman	2) #824 Aidan Sheahan		
3) #650 Silas Fowler	4) #482 Aidan Ischinger		
7 DeMatha Cath	B		x3:38.71
1) #553 Brian West	2) #682 Corenson Terry		
3) #561 Kevin Winston	4) #674 Austin Rome		
8 Stafford High School			3:39.16
1) #507 Zahn Middleton	2) #638 Daniel Celeste		
3) #506 Zach Middleton	4) #465 Ronald Gaymon		
9 Colonial Forge			3:40.07
1) #1003 Jordan Miller	2) #786 Christian Jackson		
3) #1049 Christian Stringer	4) #213 Shaun Harris		
10 Massaponax			3:41.04
1) #446 Theodore Brown	2) #473 Connor Hatchett		
3) #556 Jason Williams	4) #546 Terry Travis		
11 Maggie Walker			3:42.89
1) #1013 Aaron Vincent	2) #632 Ben Blanchard		
3) #282 DeRon Rockingham	4) #1014 Evan Wolff		
12 C.D. Hylton			3:43.80
1) #491 Gabriel Kwakye	2) #624 Samuel Ageyman		
3) #751 Jeremiah Ali	4) #762 Jaime Contreras		
13 Northside High School			3:44.34
1) #635 Logan Burton	2) #787 Michael Johnson		
3) #486 Matthew Johnson	4) #294 Chris Smith		
14 Tallwood			3:45.06
1) #669 Alexander Mitchell	2) #318 Julius Wilson		
3) #679 Quinton Smith	4) #289 Cairon Sanders		
15 Blacksburg H	B		x3:45.56
1) #504 Dylan McDonald	2) #535 Will Shi		
3) #784 Elliot Howard	4) #756 Zachary Bibeau		
16 Staunton Riv			3:47.65
1) #818 Kayden Ryder	2) #810 Samuel Puente		
3) #902 Spencer Kearns	4) #654 Malakhi Gregory		
17 Midlothian H			3:47.77
1) #177 Jay Burdett	2) #667 Severin McNulty		
3) #309 Michael Wallace	4) #670 Shane Nalls		

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Boys 4x400 Meter Relay)**

Team	Relay	Finals
18 Brooke Point		3:48.61
1) #683 Jordell Thomas	2) #646 Joseph Del Priore	
3) #493 Nathan Lane	4) #460 Daveon Estes	
19 Millbrook		3:50.06
1) #513 Giovanni Morris	2) #511 Scott Montgomery	
3) #458 Raphael Espinoza	4) #434 Landon Baker	
20 Manchester H		3:50.37
1) #159 Peter Barrent	2) #179 Liam Callahan	
3) #195 Jaxon Dewitt	4) #469 Deven Gray	
21 Prince Edwar		3:51.88
1) #445 Reshaud Brown	2) #643 Dylan Craft	
3) #662 Bradley Jones	4) #320 Deontray Woodson	
22 Louisa Count		3:53.58
1) #832 Bowen Varney	2) #769 Nicholas Emmert	
3) #1081 Joel Chavez	4) #1047 Logan McGhee	
23 Highland Springs		4:00.31
1) #485 Jamel Johnson	2) #680 Savion Spencer	
3) #660 Christopher Johnson	4) #678 Desmond Smith	
24 Spotswood	B	x4:03.51
1) #472 Seth Harding	2) #432 Carter Atkins	
3) #795 Miles Mayhew	4) #664 Russell Kramer	
25 Louisa Count	B	x4:05.46
1) #648 Andrew Estes	2) #1043 Malique Gross	
3) #230 Khalil Jones	4) #538 Anthony Smith	
26 Wilson Memorial		4:11.74
1) #637 William Cash	2) #764 Clark Dana	
3) #779 Ben Gordon	4) #663 Alexander Knick	
27 Spotswood	C	x4:12.19
1) #883 Tyler Church	2) #260 Ben Muraskin	
3) #649 Andrew Foltz	4) #652 Ole Galgano	
28 Blacksburg H	C	x4:15.60
1) #765 Zach Davis	2) #970 Jonathan Goerlich	
3) #972 Cade Green	4) #688 Zander Weber	
29 Louisa Count	C	x4:32.99
1) #447 Ryland Burgess	2) #489 Sean Karney	
3) #548 Brent Wallace	4) #677 Brandon Smith	

**Boys 4x800 Meter Relay**

Facility: 7:40.57 1/25/2019 Lipscomb University

Team	Relay	Finals
1 L.C. Bird		8:09.97
1) #955 Luke Affolder	2) #809 Jacob Plummer*	
3) #988 Brendan Taylor	4) #686 Jayson Ward	
2 DeMatha Cath		8:41.70
1) #780 Dawson Grogan	2) #836 Sean Whitfield	
3) #896 James Hudson	4) #903 Jayden Keels	
3 Liberty (Bea		8:45.99
1) #628 Matthew Anderson	2) #815 Conner Rogers	
3) #797 Jacob McCoy	4) #814 Sam Rodman	
4 Staunton Riv		8:51.85
1) #974 Keith Johnson	2) #902 Spencer Kearns	
3) #810 Samuel Puente	4) #818 Kayden Ryder	

5 Spotswood		8:53.11
1) #824 Aidan Sheahan	2) #977 Dylan Lam	
3) #768 Ethan Duncan	4) #472 Seth Harding	
6 Woodside		8:54.58
1) #525 Marquise Phifer	2) #689 Aiden Wilson	
3) #524 Marcus Phifer	4) #459 Juan Esquivel	
7 Midlothian H		9:05.53
1) #798 C.J. Mierchuk	2) #667 Severin McNulty	
3) #796 Ben McCormack	4) #839 Michael Wunderlich	
8 E.C. Glass		9:07.79
1) #1090 Benjamin Barnet	2) #760 Jacob Clevenger	
3) #775 Ryan Gallagher	4) #807 Wolfgang Ploch	
9 Western Bran		9:19.77
1) #461 Roland Evans	2) #1044 Nazir Imhotep	
3) #496 Jashua Lundy	4) #510 Derek Montgomery	
10 Spotswood	B	x9:20.62
1) #795 Miles Mayhew	2) #785 Ross Iudica	
3) #957 Jacob Amberg	4) #930 Jonas Ruebke	
11 DeMatha Cath	B	x9:27.54
1) #984 Thomas Parsons	2) #834 Gavin Weddington	
3) #631 Daniel Blagooee	4) #629 Dawson Baker	
12 Jefferson Forest		9:27.93
1) #788 Lance Jonzen	2) #753 Buck Arthur	
3) #964 Bryce Davis	4) #982 Jonah Packer	
13 Brooke Point		9:29.30
1) #961 Andrew Caley	2) #647 Da'Saun Dill-Simmons	
3) #878 Hayden Braun	4) #665 Joseph Lane	
14 Louisa Count		9:31.47
1) #1081 Joel Chavez	2) #677 Brandon Smith	
3) #648 Andrew Estes	4) #773 Thomas Furgurson	
15 Northside High School		9:39.64
1) #1092 Aiden Meritt	2) #1091 Andrew Binns-Loveman	
3) #967 Azriel Estrada	4) #666 Andrew Lin	
16 C.D. Hylton		9:44.60
1) #876 Avery Austin	2) #912 Adam Marcell	
3) #762 Jaime Contreras	4) #751 Jeremiah Ali	
17 Spotswood	C	x9:51.51
1) #883 Tyler Church	2) #650 Silas Fowler	
3) #825 Brody Sigmon	4) #911 Nathaniel Magalis	

**Boys High Jump**

Facility: 7-03 2/2/2019 Brenton Foster

Name	School	Finals
1 #1012 Trevor Thomas	Colonial For	6-06.00
2 #1006 Judah Praise	Jefferson Fo	6-00.00
3 #231 Max Karen	John Champe	5-10.00
4 #243 Jamez Lynch Jr.	Charlottesvi	J5-10.00
5 #1088 Liam Andros	Brooke Point	5-08.00
6 #1089 Logan Andros	Brooke Point	J5-08.00
7 #272 Joe Pinn	Heritage (Ly	5-04.00
8 #497 Conner Mackey	Spotswood	5-02.00
8 #445 Reshaud Brown	Prince Edwar	5-02.00
8 #547 Benedict Uzochukwu	Manchester H	5-02.00
11 #624 Samuel Ageyman	C.D. Hylton	5-00.00
11 #438 Mekhi Booker	Highland Spr	5-00.00

**Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019**

**Liberty University Lynchburg, Va**

**Results**

**Finals ... (Boys High Jump)**

Name	School	Finals
11 #176 Tyshawn Brown	Heritage (Ly	5-00.00
11 #492 Carlos Lamoso	Tallwood	5-00.00
11 #645 Kysean Curry	Tallwood	5-00.00
--- #680 Savion Spencer	Highland Spr	NH
--- #829 Edison Tennant	Charlottesvi	NH
--- #241 Levi Lindauer	Jefferson Fo	NH
--- #179 Liam Callahan	Manchester H	NH
--- #679 Quinton Smith	Tallwood	NH
--- #509 Chance Mitchell	Tallwood	NH

**Boys Pole Vault**

Facility: 18-08.75 2/10/2018 Scott Houston

Name	School	Finals
1 #1126 Braden Underwood	Lafayette	15-00.00
2 #1114 Nate Benson	Lafayette	14-00.00
3 #1124 Colton Ocetnik	Mountain Vie	J14-00.00
4 #1122 Tyler Lynch	Battlefield	13-06.00
5 #996 Kunal Chand	Maggie Walke	12-06.00
6 #1117 Jonas Davidson	Battlefield	J12-06.00
7 #1115 Ben Bowling	Hanover	12-00.00
8 #1116 Lucas Cash	Louisa Count	11-00.00
9 #1013 Aaron Vincent	Maggie Walke	10-06.00
10 #1119 Christian Giles	Highland Spr	10-00.00
11 #486 Matthew Johnson	Northside Hi	9-00.00
12 #152 Linden Ambrose	Blacksburg H	8-00.00
12 #260 Ben Muraskin	Spotswood	8-00.00
12 #1120 Owen Helm	E.C. Glass	8-00.00

**Boys Long Jump 3 JUMPS AND**

Facility: 25-04.50 1/26/2019 Erik Eckleben

Name	School	Finals
1 #232 Jackson Kennedy	John Champe	21-02.50
2 #187 Mitchell Coates	John Champe	20-07.00
3 #461 Roland Evans	Western Bran	20-05.50
4 #302 Issac Thompson	Brooke Point	20-04.25
5 #527 Gary Powers Jr.	Western Bran	19-11.75
6 #263 Douglas Newsome	Orange Count	19-09.75
7 #270 Brandon Pearson	E.C. Glass	19-07.25
7 #224 Abdul-Raheem Johnson	Prince Edwar	19-07.25
9 #536 Jayden Shorter	Western Bran	19-05.00
10 #445 Reshaud Brown	Prince Edwar	19-04.50
11 #473 Connor Hatchett	Massaponax	19-03.00
12 #306 Avion Tucker	E.C. Glass	19-01.75
12 #277 Michael Riley	Brooke Point	19-01.75
14 #273 Paul Poirier	Orange Count	19-01.50
15 #243 Jamez Lynch Jr.	Charlottesvi	18-11.75
16 #523 McKinley Pennix	Heritage (Ly	18-10.50
16 #271 Jarvin Perkins	Prince Edwar	18-10.50
18 #252 Damauri McPherson	Manchester H	18-10.00
19 #215 Justice Hawkins	Manchester H	18-08.00
20 #211 Pierre Gresham	Highland Spr	18-05.50
21 #267 Tristan Parson	John Champe	18-04.00

21 #485 Jamel Johnson	Highland Spr	18-04.00
23 #464 Xavier Gary	DeMatha Cath	18-01.75
24 #1264 Jolon Carthorne	Heritage (Ly	18-01.00
24 #294 Chris Smith	Northside Hi	18-01.00
24 #275 Andrew Qi	Jefferson Fo	18-01.00
27 #471 Jaleal Hamlett	Heritage (Ly	18-00.75
28 #261 Jaquin Myers	Heritage (Ly	18-00.25
29 #210 Daylan Gregory	L.C. Bird	18-00.00
30 #150 Carter Ackerman	Blacksburg H	17-11.50
31 #679 Quinton Smith	Tallwood	17-11.25
32 #1101 Zach Moreau	Midlothian H	17-09.50
33 #227 Seth Johnson	Spotswood	17-08.75
34 #654 Malakhi Gregory	Staunton Riv	17-07.50
35 #487 Xavier Johnson	Highland Spr	17-06.00
36 #1099 Camren Johnson	Brooke Point	17-03.25
37 #310 Alex Washington	Louisa Count	17-02.00
38 #1006 Judah Praise	Jefferson Fo	17-01.75
39 #322 Giovanni Zelaya	Brooke Point	17-01.00
40 #435 Khari Barnes	Tallwood	17-00.00
41 #307 Dominant Turner	Maggie Walke	16-10.00
42 #179 Liam Callahan	Manchester H	16-08.75
42 #246 Elom Mawussi	Tallwood	16-08.75
44 #183 Lawrence Cary	Highland Spr	16-04.75
45 #323 Jesus Zenquis	Northside Hi	16-02.00
46 #178 Kameron Burns	Heritage (Ly	16-01.75
47 #318 Julius Wilson	Tallwood	16-01.50
48 #233 Miles Kershner	Charlottesvi	16-01.00
49 #992 Will Bowersox	Wilson Memor	15-11.75
50 #501 Ron McCargo	Prince Edwar	15-11.25
51 #180 Alexander Callo	Stuarts Draf	15-10.75
52 #176 Tyshawn Brown	Heritage (Ly	15-08.50
53 #274 Bobby Pridgen	Tallwood	15-07.50
54 #438 Mekhi Booker	Highland Spr	15-04.00
55 #447 Ryland Burgess	Louisa Count	14-08.25
56 #153 Tre'Shawn Anderson	Heritage (Ly	14-05.75
57 #226 Donovan Johnson	Blacksburg H	13-11.25
58 #660 Christopher Johnson	Highland Spr	13-10.00
59 #522 Rowlander Patterson	Highland Spr	12-03.50
--- #751 Jeremiah Ali	C.D. Hylton	FOUL

**Boys Triple Jump 3 JUMPS 9 TO**

Facility: 52-05.25 2/3/2018 Olu Olamigoke

Name	School	Finals
1 #1042 Devin Daye-Schafer	Manchester H	47-07.00
2 #294 Chris Smith	Northside Hi	42-08.50
3 #187 Mitchell Coates	John Champe	42-01.75
4 #1100 Xavier Jones	Colonial For	41-06.50
5 #243 Jamez Lynch Jr.	Charlottesvi	40-00.75
6 #168 Kalebh Boone	L.C. Bird	40-00.50
7 #277 Michael Riley	Brooke Point	39-08.75
8 #1101 Zach Moreau	Midlothian H	39-06.75
9 #669 Alexander Mitchell	Tallwood	39-05.00
10 #267 Tristan Parson	John Champe	39-04.00
11 #1264 Jolon Carthorne	Heritage (Ly	39-03.50
12 #457 Darryl Edmonds	L.C. Bird	39-03.25

## Commonwealth Games Indoor Track Invitational 2019 - 12/21/2019

## Liberty University Lynchburg, Va

## Results

## Finals ... (Boys Triple Jump 3 JUMPS 9 TO)

Name	School	Finals
13 #1098 Damien Anderson	Colonial For	38-10.50
14 #543 David Thomas	Manchester H	38-05.00
15 #261 Jaquin Myers	Heritage (Ly	38-01.00
16 #445 Reshaud Brown	Prince Edwar	37-10.50
17 #1099 Camren Johnson	Brooke Point	37-09.00
18 #271 Jarvin Perkins	Prince Edwar	37-07.00
19 #183 Lawrence Cary	Highland Spr	37-04.75
19 #523 McKinley Pennix	Heritage (Ly	37-04.75
21 #215 Justice Hawkins	Manchester H	36-08.00
22 #1271 Jaylen Calloway	Jefferson Fo	36-00.25
22 #654 Malakhi Gregory	Staunton Riv	36-00.25
24 #473 Connor Hatchett	Massaponax	35-11.50
25 #829 Edison Tennant	Charlottesvi	35-07.75
26 #176 Tyshawn Brown	Heritage (Ly	34-09.25
27 #995 Miguel Castells	Louisa Count	34-08.50
28 #1004 Nayton Nontong	Brooke Point	32-10.00
29 #652 Ole Galgano	Spotswood	32-08.25
30 #178 Kameron Burns	Heritage (Ly	31-11.50
--- #224 Abdul-Raheem Johnson	Prince Edwar	FOUL
--- #1094 Jake Hicks	Jefferson Fo	FOUL
--- #323 Jesus Zenquis	Northside Hi	FOUL
--- #179 Liam Callahan	Manchester H	FOUL

## Boys Shot Put 3 THROWS AND

Facility: 60-00.50 1/13/2017 Aaron Wilkerson

Name	School	Finals
1 #1146 Michael Calhoun	Gate City Hi	53-01.50
2 #1190 Raeshon Smith	Highland Spr	47-07.25
3 #1051 Mike Vinson	Colonial For	45-10.00
4 #1194 Triston Ward	DeMatha Cath	43-05.50
5 #1148 Keshawn Colbert	Heritage (Ly	42-10.00
6 #160 Ross Bazzichi	Maggie Walke	41-04.50
7 #268 Jaleel Patterson	L.C. Bird	40-07.00
8 #1150 Desmond Cook	Colonial For	40-04.00
9 #1162 Lowell Johnson	Louisa Count	39-06.00
10 #1199 Nick Zywicki	John Champe	38-08.00
11 #1151 Matteo DeLuca	Maggie Walke	38-01.00
12 #1158 Colton Hawkins	Staunton Riv	38-00.00
13 #207 Markevus Graves	E.C. Glass	37-11.00
14 #1141 Omarion Allen	Prince Edwar	37-07.25
15 #1145 Edgar Briones	Stuarts Draf	37-07.00
16 #1189 Jalin Smith	E.C. Glass	37-06.25
17 #1042 Devin Daye-Schafer	Manchester H	36-05.00
18 #211 Pierre Gresham	Highland Spr	36-01.00
19 #1195 Dylan White	Jefferson Fo	36-00.50
20 #1164 Kayden Knight	Stuarts Draf	35-09.00
21 #1169 Tyleek McCoy	Manchester H	35-04.75
22 #1161 John Jarels	Blacksburg H	35-04.00
23 #1183 Javar Saunders	Heritage (Ly	35-02.50
23 #489 Sean Karney	Louisa Count	35-02.50
25 #1266 Tyler Hirata	Stafford Hig	35-00.00
26 #1198 Marcus Williams	Staunton Riv	34-06.00
27 #1167 Arthur Lucia	Blacksburg H	34-05.50

28 #1196 George Williams	Heritage (Ly	34-05.25
29 #1182 Brody Rice	Jefferson Fo	33-09.00
30 #265 Fernando Otzoy	Spotswood	33-06.00
31 #317 Nasir Williams	E.C. Glass	33-04.50
32 #547 Benedict Uzochukwu	Manchester H	33-03.00
33 #1184 Latlek Savoy	Manchester H	31-11.25
34 #1050 Jacob Taberner	Louisa Count	31-11.00
35 #1193 Isaiah Waller	E.C. Glass	31-09.00
36 #1187 nathan simmons	Jefferson Fo	31-06.00
37 #1166 Daven Langhorne	Prince Edwar	30-07.00
38 #1142 Devonte Anderson	Louisa Count	30-04.50
39 #1185 Jackson Scott	Jefferson Fo	30-02.75
40 #562 William Winston	Highland Spr	29-10.00
40 #1155 Ashton Hancock	Staunton Riv	29-10.00
42 #1147 Nathan Cash	Wilson Memor	29-07.00
43 #1157 Coree Harvey	DeMatha Cath	28-11.50
44 #1163 Jun Kam	E.C. Glass	28-09.50
45 #222 Adrien Istre	Midlothian H	28-06.00
46 #1153 Harrison Fields	DeMatha Cath	28-04.50
47 #196 Connor Dight	Spotswood	28-04.00
48 #1175 Vander Murray	Highland Spr	28-03.25
49 #254 Matthew Medlin	Spotswood	28-00.00
50 #197 Ryan Duncan	Spotswood	27-11.00
51 #1172 Ray Milo	Manchester H	27-10.50
52 #1160 Xavier Jackson	Heritage (Ly	27-09.00
53 #234 Darrius King	Stuarts Draf	27-05.00
54 #1192 Johnathan Surface	Blacksburg H	27-02.50
55 #1143 Seth Boehringer	Blacksburg H	26-04.25
56 #1177 Vincent O'Connor	Blacksburg H	26-03.00
57 #1179 Tyler Poss	Manchester H	26-02.50
58 #1113 Toby Barnes	Charlottesvi	25-05.00
59 #1186 Parker Showalter	Wilson Memor	24-10.00
60 #483 Antonio Javier	Tallwood	23-04.25
61 #1174 Lukas Mongold	Wilson Memor	21-06.00
62 #1168 Pierce Martin	E.C. Glass	18-08.00

## Women - Team Rankings - 2 Events Scored

1) Heritage (Lynchburg)	19
2) Manchester High School	14
3) Blacksburg High School	8
3) E.C. Glass	8
5) Salem (Roanoke)	6
6) Wilson Memorial	5
6) Louisa County High School	5
8) Highland Springs	4
9) Colonial Forge	3
10) C.D. Hylton	2
10) Tallwood	2
12) Elizabeth Seton High School	1
12) John Champe High School	1